

SDCOE Health and Physical Education 2023-24 Professional Learning

Date(s) & Times	Title	Description	Registration Links
<p>Wednesday, October 11 and Wednesday, May 1</p> <p style="text-align: center;">8:30 – 12:00 FREE</p>	<p>SDCOE Health and Physical Education Advisory Meetings</p>	<p>District and site leaders are invited to a conversation re:</p> <ul style="list-style-type: none"> ● National, state & local updates ● Professional learning snapshots ● Trends and best practices ● Network with other districts & sites ● Resources 	<p>October 11: http://sdcoe.k12oms.org/1021-237555</p> <p>May 1: http://sdcoe.k12oms.org/1021-239073</p>
<p>Wednesday, August 29 or Wednesday, September 19</p> <p style="text-align: center;">8:00 - 3:00 Session 1: 8:00 - 9:30 Session 2: 9:45 - 11:15 Session 3: 11:45 - 1:15 Session 4: 1:30 - 3:00</p> <p style="text-align: center;">FREE!</p>	<p>Health Education Framework: Sessions 1-4</p>	<p>This 4-session series, based on the NEW <i>California Health Education Framework</i>, is designed to build students' knowledge and skills in the 6 content areas of Health Education. Session topics include:</p> <ul style="list-style-type: none"> ● Session 1: <i>CA Health Education Framework Overview</i> ● Session 2: <i>Nutrition & Physical Activity AND Mental, Emotional & Social Health</i> ● Session 3: <i>Growth, Development & Sexual Health AND Injury Prevention & Safety</i> ● Session 4: <i>Alcohol, Tobacco & Other Drugs AND Personal & Community Health</i> <p>Each session includes a 90-minute online module for participants to complete prior to the scheduled professional learning date.</p>	<p>September 19: http://sdcoe.k12oms.org/1021-238022</p>
<p>Tuesday, April 9</p> <p style="text-align: center;">7:00 – 2:00 \$50</p>	<p>SDCOE Exemplary Secondary Physical Education Site Visits</p>	<p>Join us as we examine "First Best Instruction" in secondary physical education in real time. Visits will feature exemplary physical education teachers and programs working their magic with students at the following schools:</p> <ul style="list-style-type: none"> ● Pacific Beach Middle School (San Diego Unified SD) 	<p>Series: http://sdcoe.k12oms.org/1021-246416</p>

		<ul style="list-style-type: none"> Valhalla High School (Grossmont Union High SD) <p>We will utilize NEW "First Best Instruction" documents created by the SDCOE Health & Physical Education Instructional Cadre to capture structures, strategies, assessments and inspiration! Debrief and Q&A time will be provided to best understand how practices can be replicated.</p>	
<p>Tuesday, April 16</p> <p>9:30 - 3:00</p> <p>\$50</p>	<p>SDCOE Exemplary Unified Physical Education Site Visits</p>	<p>Join us as we examine "First Best Instruction" in United physical education (classes that bring together general and adapted physical education students) in real time. Visits will feature exemplary physical education teachers and programs working their magic with students including:</p> <ul style="list-style-type: none"> Deirdre Fabian, Knox Middle School (San Diego Unified SD) Chris Ahrens, Patrick Henry High School (San Diego Unified SD) <p>We will utilize NEW "First Best Instruction" documents created by the SDCOE Health & Physical Education Instructional Cadre to capture structures, strategies, assessments and inspiration! Debrief and Q&A time will be provided to best understand how practices can be replicated.</p>	<p>Series:</p> <p>http://sdcoe.k12oms.org/1021-246417</p>
<p>Wednesday, April 24</p> <p>8:30 - 2:30</p> <p>\$50</p>	<p>SDCOE Exemplary Elementary Physical Education Site Visits</p>	<p>Join us as we examine "First Best Instruction" in elementary physical education in real time. Visits will feature exemplary physical education teachers and programs working their magic with students including:</p> <ul style="list-style-type: none"> Brian Nassif, Albert Einstein Charter Academy Elementary School Robbie De Perro, Perry Elementary (San Diego Unified SD) <p>We will utilize NEW "First Best Instruction" documents created by the SDCOE Health & Physical Education Instructional Cadre to capture structures, strategies, assessments and inspiration! Debrief and Q&A time will be provided to best understand how practices can be replicated.</p>	<p>Series:</p> <p>http://sdcoe.k12oms.org/1021-246420</p>