Congratulations and welcome to the 7th Grade Basketball Cheer team!

# 2, 3, 4, 6, 7, 8, 11, 12, 13, 15

Welcome to the 7th Grade Basketball Cheer Team

at Roberta Road Middle School!

Congratulations - please read this completely AFTER making the team

We will start practicing tomorrow after school.

Practices:

\*Please leave when athletes are dismissed

\*Get changed into your cheer practice clothes

\*We will start by 4:10 pm until 5:30 pm in the auditorium

\*Please make sure your ride knows what time we end and is here for you on time

\*You must wear appropriate length shorts or stretch pants, t-shirt or athletic thick tank, sneakers, no jewelry, no long nails or tips, and hair must be up (these are all safety measures to keep you & your teammates safe)

\*Do not leave a mess behind in the locker room - clean up after yourself and show you care about school property

\*Bring water with you each practice

Missing practice:

\*Your parent must notify Ms. Sisco or Mrs. Martel 2 days in advance about doctors appointments that will cause you to miss practice - this will be an excused absence

\*If you have an emergency in the morning that is causing you to miss practice, we must know by homeroom - this will be an excused absence

\*If you are missing from practice without notifying Ms. Sisco, Mrs. Martel, or having a doctor’s note - this will be an unexcused absence

3 unexcused absences will result in you sitting for our halftime performance

Games:

\*Games will be Tuesdays and Thursday.

\*No concessions - parents will sign up to bring water & snacks for each game we have.

Parents, please join our remind link, this will be how I can send updates and stay in contact.

<https://www.remind.com/join/6476g6>