

BY-LAW ARTICLE XXIII

Gymnastics

Girls

Sect. 1: Gymnastics for girls shall be administered by the NHIAA Gymnastics Committee. The rules of the National Federation shall govern the sport except for scoring difficulties where USA Gymnastics shall apply. (CM 11.23)

Sect. 2: Divisional Alignment

Gymnastic schools shall be aligned as one (1) division.

2026-27 Gymnastics Divisional Alignment

34 Schools

Alvirne	Goffstown	Oyster River
Bedford	Hollis/Brookline	Pelham
Bishop Guertin	Inter-Lakes	Pembroke
Bow	Keene	Pinkerton
Campbell	Lin-Wood	Plymouth
Coe-Brown	Londonderry	Salem
Concord	Man. Central	Souhegan
Derryfield	Man. Memorial	Spaulding
Dover	Merrimack	Timberlane
Exeter	Nashua North	Trinity
Farmington	Nashua South	Windham
		Winnacunnet

Sect. 3: Limitations of Meets

- A. Meets per day: A competitor shall not compete in more than one (1) meet per day.
- B. Meets per week: Not more than two (2) meets may be held per week, including scrimmages, and they may not be held on consecutive days. EXCEPTION: One (1) postponed meet may be held provided that the two-day consecutive days limitation is not violated.

Sect. 4: Events

- Floor Exercise
- Vault
- Uneven Parallel Bars
- Balance Beam

Sect. 5: State Tournaments

- A. The State Tournament shall be administered by the NHIAA Gymnastics Committee.
- B. Member schools must have competed on an interscholastic basis to be eligible to participate.
- C. A State Tournament will be held only for girls unless there are sufficient number of schools and teams for boys.

Sect. 6: Awards:

Official NHIAA championship and runner-up plaques, in addition to 20 team medals, will be awarded to the respective champion and runner-up teams. Individual medals will be awarded to: top six (6) competitors per event, top six (6) all-around competitors.