



**COMMANDERS PLAN FOR SUPPORT: WEST VIRGINIA**

# PLAN FOR STATE ADOPTION:



The Washington Commanders and Pittsburgh Steelers are committed to supporting the launch and long-term growth of girls flag football in West Virginia through athlete development, coach education, and statewide efforts to sanctioning,



1

## ATHLETE DEVELOPMENT

- “Learn to Play” camps will teach girls in grades 7-12 to become comfortable with playing flag football through drills, skill development, and games.



2

## COACH EDUCATION

- Coaching Clinics and support can be both done in-person and virtually and would include coaching certification through USA Football and tools from NFL Flag.



3

## PATH TO SANCTIONING

- Building toward WVSSAC sanctioning by growing participation to 32+ schools statewide.



*The WVSSAC states that a new sport must have 32 schools playing in order to gain the status of State Sanctioned.*

# SCHEDULE & LEAGUE FORMATTING

The Steelers and Commanders are launching a multi-phase plan to introduce & grow Girls Flag Football in West Virginia beginning **Summer 2026**.



1

## LEARN TO PLAY CLINICS

The Pittsburgh Steelers and Washington Commanders will host regional Learn to Play Clinics in each county that adopts Girls Flag Football. The inaugural clinic is planned for July 2026 at Highlands Sports Complex.



2

## COACHING EDUCATION

The Steelers and Commanders will host coaching and officiating clinics for interested participants prior to the start of the Spring 2027 season. Locations will be announced at a later date.



3

## SEASON KICK OFF EVENT

The Steelers and Commanders will host a season kickoff event for participating schools ahead of the Spring 2027 season, as well as a season-ending celebration recognizing student-athletes and program achievements.



4

## SEASON FORMATTING

Participating teams will compete in a minimum eight (8) game regular season beginning in late March and concluding in late May 2027. A postseason playoff tournament will be held to determine a league champion.



5

## GIRLS FLAG COLLEGE SHOWCASE

The Steelers and Commanders will host a Girls Flag Football College Showcase featuring collegiate coaches from across the region, providing student-athletes with an opportunity to gain exposure and pursue opportunities to compete at the next level.



# SSAC WEST VIRGINIA GIRLS FLAG INITIATIVE



*The Washington Commanders and Pittsburgh Steelers are committed to growing the game of football at all levels .  
We are excited to partner and help support the launch of girls' high school flag football in West Virginia .*

## PROGRAM OVERVIEW



### FALL/SUMMER 2026 LAUNCH

The Steelers & Commanders will begin a series of camps and clinics ahead of the spring 2027 pilot season.



### SPRING 2027 PILOT SEASON

2027 will serve as a pilot season as we work toward state sanctioning and growth across West Virginia.



### FOR GIRLS IN GRADES 7TH-12TH

Programming will benefit girls in grades 7-12 as we create opportunities for the next generation of athletes.



### LEARN TO PLAY CLINICS

Teaching fundamentals of flag football through drills and skill development.



### COACHING CLINICS & SUPPORT

In-person and virtual clinics with coaching certification through USA football and tools from NFL Flag.



**FOUR CLINICS OVER TWO YEARS (2026-2027)**

## RULES & GAMEPLAY

### 40 X 100 YARD FIELD

Includes two (2)  
10-yard endzones

### 7 PLAYERS ON THE FIELD

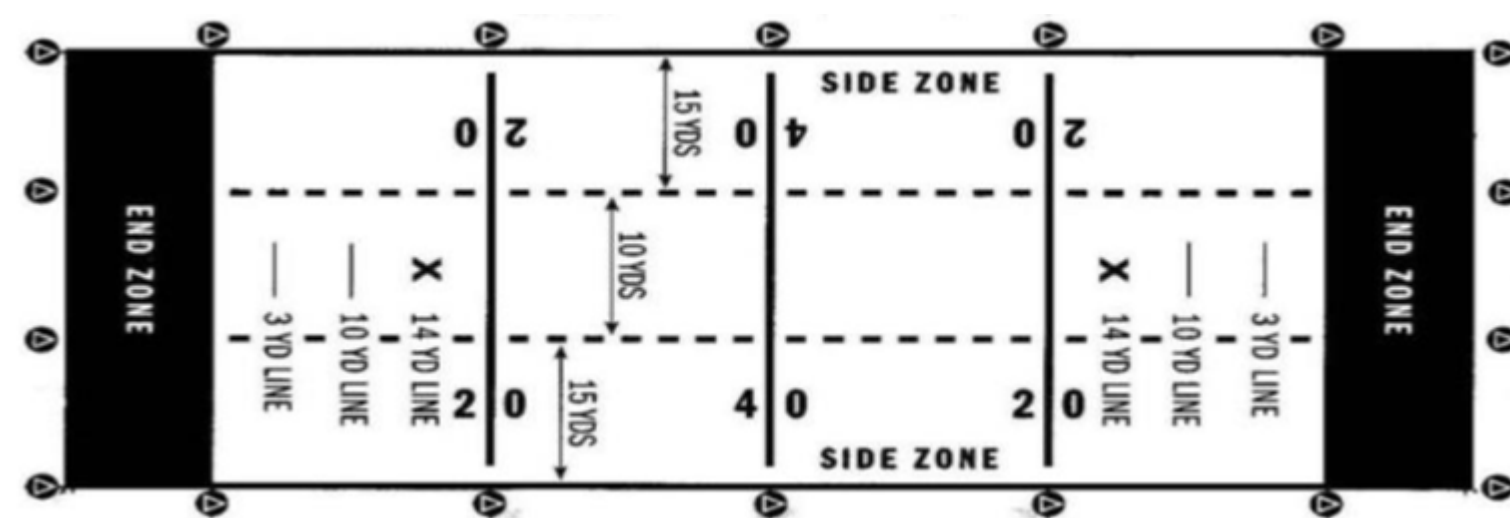
Each team is permitted  
to have 7 players on the field  
at a time

### 25 PLAYER MAX ROSTER

Maximum of 25 players  
per team

### NFHS FLAG FOOTBALL RULES

We will be using the NFHS  
Flag Football Rules



### Rules:

- We will be using the NFHS Flag Football Rules & rulebooks will be emailed.
- Please email Dan Levy ([Dan.Levy@Commanders.com](mailto:Dan.Levy@Commanders.com)) or Delbert Tyler ([TylerD@Steelers.nfl.com](mailto:TylerD@Steelers.nfl.com)) for any questions of the rules

# EQUIPMENT & APPAREL + SUPPORT

The Washington Commanders & Pittsburgh Steelers are proud to provide essential resources to support the launch & success of Girls Flag Football.



**EQUIPMENT: PROVIDED BY THE WASHINGTON COMMANDERS & PITTSBURGH STEELERS**



## **\$3,000 PER TEAM**

- Each team to receive \$3,000 directed towards Girls Flag Football in 26 & 27 School Year



## **NFL FLAG KIT INCLUDED**

- Each team will be provided by an NFL Flag Kit:
  - 10 Footballs
  - 50 Flags (Yellow and Green)
- Instructional materials on practice plans, play implementation, etc



## **CUSTOM NIKE UNIFORMS**

- Custom made for each school (designed by school)
  - 25 tops and bottoms
  - Will include Commanders “W” on collarbone



# NIKE FLAG FOOTBALL DECORATION OPTIONS



## FONTS 1 OR 2 COLORS

## BUREAU

ABCDEFGHIJKLMNOPQRSTUVWXYZ

## VAPOR STRIKE

ABCDEFGHIJKLMNOPQRSTUVWXYZ

# MICHIGAN STATE

ABCDEFGHIJKLMNOPQRSTUVWXYZ

VAPOR STRIKE ITALIC

ABCDEFGHIJKLMNOPQRSTUVWXYZ

## FULL BLOCK

ABCDEFGHIJKLMNOPQRSTUVWXYZ

ALL LEAGUE REGULAR

ABCDEFGHIJKLMNOPQRSTUVWXYZ

## NUMBERS 6" FRONT AND BACK

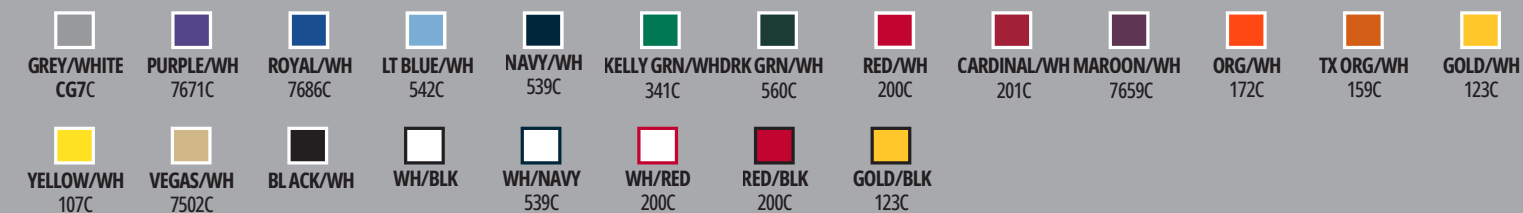
PRO BLOCK 1 COLOR

1 2 3 4 5 6 7 8 9 0



JAGUAR 2 COLOR

1 2 3 4 5 6 7 8 9 0



## MASCOT GRAPHIC

**MASCOT LOGOS CAN BE UP TO 6 COLORS.  
WE ARE ACCEPTING VECTORED GRAPHICS IN  
THE FOLLOWING FORMATS:  
.EPS, .AI, .SVG, .PDF.**



STRIPE COLORS ON JERSEYS AND SHORTS **CANNOT** BE CHANGED.

IF YOU HAVE ANY SPECIAL REQUESTS  
OR QUESTIONS, PLEASE EMAIL  
**JALEXANDER@GEARUPSPORTS.NET**

IF YOU HAVE ORDERED UNIFORMS PREVIOUSLY  
AND ARE INTERESTED IN ADDITIONAL UNIFORMS  
OR FILL INS, PLEASE CONTACT  
**JALEXANDER@GEARUPSPORTS.NET**  
FOR MORE INFORMATION.

**PLEASE CLICK HERE TO START DESIGNING YOUR NEW FLAG UNIFORM**

# FUTURE OPPORTUNITIES FOR THE W.V. STUDENT-ATHLETES

- Girls Flag Football is currently sanctioned in 23/50 states throughout the country
  - **With another 21 running pilot programming**



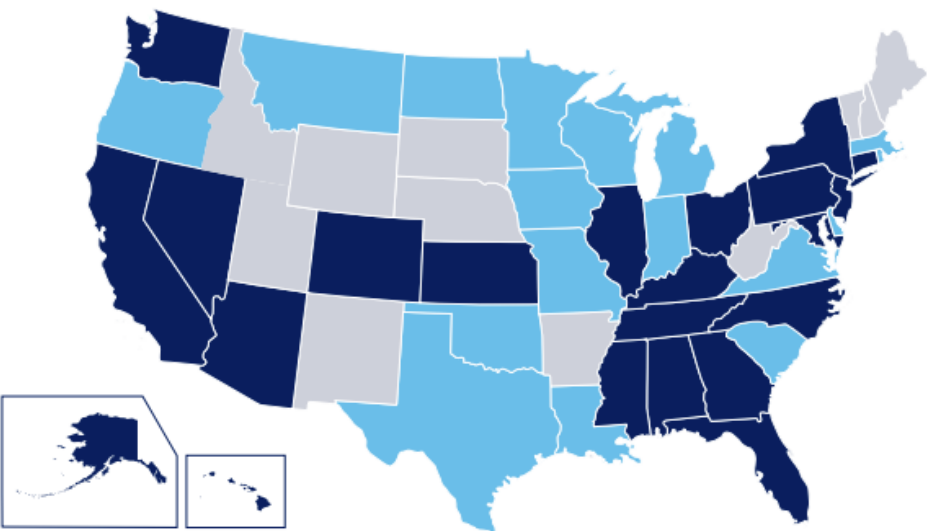
- 60+ varsity programs competing during the Spring 2026 season
- 60+ varsity programs announced plans to launch
  - 19 Division I varsity announcements to add women's flag football
  - University of Nebraska became the first Power 4 school to announce
  - Big South Conference became first Division I conference to sponsor women's flag
  - Big 12 and ACC exploring women's flag football adoption
- 100+ active club teams in women's flag football



- 40 programs competing in Spring 2026
- NAIA Invitational Tournament held at IMG Academy, May 2026
- 30+ announced programs plan to compete in the next couple of spring seasons, with additional programs expected.



- 25+ programs competing in Spring 2026
- NJCAA Invitational held at College of DuPage, May 2026
- 10+ announced programs plan to compete in the next couple of spring seasons, with additional programs expected.



- Sanctioned (23 states)  
(Includes Washington D.C.)
- Pilot Programs (17 states)

Since April, SIX state associations have voted to sanction girls high school flag football (D.C., KS, KY, MD, NC, NJ)

Over 240 colleges across the NCAA, NAIA, and NJCAA have active varsity or club women's flag programs as of Spring 2026





Let's work together to make a positive impact for the girls in West Virginia!



Questions?

Please reach out to :

Washington Commanders - Dan Levy: Director of Youth Football ([Dan.Levy@Commanders.com](mailto:Dan.Levy@Commanders.com))

Pittsburgh Steelers – Mike Marchinsky: Sr. Manager of Alumni Relations & Youth Football ([MarchinskyM@Steelers.NFL.com](mailto:MarchinskyM@Steelers.NFL.com))