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West Virginia Secondary School Activities Commission

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Volleyball Coaches Packet 2026-2027

Required Reading:

1. Coaches Packet
2. NFHS Rulebook
3. Interscholastic (website)

1. **Rule 127-2-15.** All coaches are required to submit an Emergency Action Plan to WVSSAC, County Board of Education and your local emergency response **agency prior to the first day of practice.** Training and practice of the plan is required.
2. **Ejections-** Player/Coach ejection is for two (2) dates not two (2) contests.
3. **Player Apparel-** Buttons, zippers, and pockets are not allowed on uniforms. All players must come on the court appropriately dressed. Uniforms are to be worn as designed. No bare midriff tops. If uniforms are designed to be tucked in, they must be. If uniforms are not designed to be tucked in, they do not have to as long as the entire stomach is covered. Shorts are not to be rolled down at the waist. Shirts worn under the uniform top must be the same color as the dominant color of the top. Compression clothing worn under the shorts must be the same color of the uniform shorts and not extend below the shorts. No glitter may be worn on the body, uniform or accessories. (see NFHS4-2 Art. 1-7)
4. **Line judges/Flags-** Line Judges are required for the regular season; They must be trained. Whenever possible, schools should use WVSSAC registered officials for this position. **Flags are required for regular season and post season play. Schools are responsible for providing flags.**
5. One volleyball scrimmage or one preview is allowed for 9th grade and middle schools. Two (2) volleyball scrimmages with **another high school** or one scrimmage and one preview may be conducted.
6. Warm-Up for the first match will be 2-6-6. Refer to **The Interscholastic.**
7. The first contest for high school can be held Wednesday of week 7. Middle school is Wednesday of week 9.

The required Middle School net height is 7 feet.

The height for High School and 9th Grade Teams is 7 feet 4 1/8 inches

Important Reminders:

1. Facilities-Coaches are to remove all floor obstacles, gym equipment, etc. from the playing area and playable areas before teams arrive. Gym floors must be swept before warm-ups begin. Coaches are responsible for instructing all team personnel to maintain cleanliness of the bench area during and after the match. Note: If clean up is required after a time-out has ended, an unnecessary delay penalty will be assessed.
2. Equipment Safety-Schools need to check padding on cranks, poles, and the official's stand to ensure all safety of all participants. Everything from the floor up to 5'. This includes the wheels on the official's stand. Team seating is limited to 16 seats. Teams may have 16 personnel seated and 6 players on the court. Additional personnel must be seated in the area available closest to the team bench but not on the floor beside the bench. All team personnel must be dressed in uniform. Note-This does not affect stated tournament admission or reimbursement (limit-18).
3. Warm-up time for the first game of the match must be 2-6-6 with the exception of the state tournament (see item #25). Thereafter, warm-up time between subsequent sets may be shortened by mutual agreement of coaches or by the tournament format. During a team's six minutes, the team is allowed to utilize the entire court and practice serving. Refer to The Interscholastic for further explanation.
4. Charleston Coliseum and Convention Center will be the site for the State Volleyball Tournament.
5. Officials (umpire and referee) for the regional and state tournaments must be registered Class I or Class II officials unless approval is given by the WVSSAC. Registered officials must be used during the regular season. No non-registered person may officiate at any level. Coaches involved in planning a regional tournament are asked to refer to the Volleyball Program (The Interscholastic) for specified dates for contracting officials.
6. Scorekeepers must be trained. Coaches should make every attempt to train more than one scorer. Each team is to have a Libro Tracker.
7. New Ball-Wilson NOVA (red/white/navy). This ball will be used for all post season play. Schools may use this ball during the regular season or other NFHS approved ball.

8. 2026-2027 Dates

High Schools:

1. **First Date of Practice: August 3, 2026**
2. **First Contest Held: August 19, 2026**
3. **Regional Tournament: October 28-November 5, 2026**
4. **State Tournament: November 10-12, 2026**

Middle Schools:

1. **First Date of Practice: August 10, 2026**
2. **First Contest Held: August 26, 2026**
3. **Season Ends: October 31, 2026**

Additional Reminders items 12-29

12. In dual competition, a player may participate in a maximum of 4 games against the same opponent if the match is 2 of 3 and 7 games if the varsity match is three of five games. A JV player can only play in 6 games per day (dual, tri or quad). Middle School (2 teams) 2 of 3 - 4 games. If a player attempts to exceed the allowed number of games, the officials should use preventative officiating and warn the coach. If the player then enters the set, she becomes an illegal substitute and action will be taken accordingly. The Special Report is to be done online and sent to the WVSSAC office. See Interscholastic.

13. Please be advised that the required Coaches'/ Officials' Rules Clinics will be held at various locations. It is mandatory for all head coaches to attend one of the state sponsored rules clinics. You CANNOT send a representative for the head coach. If the head coach is not present at said clinic, there will be a \$50.00 fine assessed. The WVSSAC Board of Directors has adopted a regulation that sport programs will be suspended if the head coach fails to attend the State Rules Clinic and the \$50.00 assessed fine is not paid. Clinic schedules and locations are online.

The clinic attendance requirement will not be granted if you are late in excess of 10 minutes.

14. The WVSSAC promotes good sportsmanship in all sport programs. We encourage you to inform parents and athletes of the importance of supporting sportsmanship. Please review sportsmanship with your team; WVSSAC guidelines and rules are located in the Rules & Regulations Handbook online.

15. Coaches are asked to carefully review the Spectator Support Information with players, fans, and parents.

16. Coaches are responsible for discussing the Bench Clearing Rule 127-4-3.7.7 with all other coaches and players prior to participation.

Rule 127-4-3.8 Code for Interscholastic Athletes - Coaches are hereby notified to carefully review this rule with their athletes.

17. Officials will issue red and yellow cards. Issuance of a red card and/ or red/ yellow together will require a Special Report to be sent to the WVSSAC.

18. Preseason Meetings: It is highly recommended that all coaches conduct preseason meetings for their players and parents. In addition to their own rules and regulations, coaches must address players on taunting, conduct and sportsmanship rules before the first regular season match.

19. Coaches, players and spectators must note that officials will be asked to strictly enforce all taunting, conduct, and sportsmanship rules.

20. Head and Neck Trauma Guidelines-Refer to the approved Return to Play/Concussion Protocol. RTP refers to return to play and return to practice. The appropriate healthcare professional will determine when a concussed athlete may return to participation.

21. Use of Performance Enhancing Substances by Athletes- It is the philosophy of the National Federation and the WVSSAC that students be encouraged and supported in their efforts to develop and maintain a healthy lifestyle. In promotion of safety and healthy lifestyles, the WVSSAC Sports Medicine Committee requests that coaches assume the responsibility of informing athletes that the uses of such substances should be discontinued especially during the times when dehydration may occur due to potential life-threatening consequences. The committee further encourages all athletic trainers to support coaches in promoting healthy lifestyles. To be better informed, please take the free NFHS Course "Appearance and Performance Enhancing Drugs and Substances".

22. Coaches are encouraged to contact their local officials board to train their scorekeepers, libero trackers, and line judges prior to the first contest. Officials can also aid in safety precaution procedures with coaches and review legal uniforms, accessories and new rules with players.

23. SEEDING-Each coach advancing to the regional tournament will be sent a ballot. Schools advancing to the regional tournament will be listed on the ballot by classification. Class AAAA schools will receive a ballot with only AAAA schools, etc. Coaches will NOT rank their own school but WILL rank the remaining schools. A ranking of one (1) will indicate the highest ranking. A school will receive points based upon each ranking they receive. Each school will have one of their highest and one of the lowest rankings eliminated. After all ballots are received and points tallied, the school with the lowest accumulated point total will receive the number one (1) seed and seeding will continue until all brackets are filled.

If two or more teams tie, the following criteria will be used to resolve the tie:

- Head-to-head competition

- Total number of wins in classification or above

- Total number of wins

- Toss of coin

24. Warm Up Time- For the state tournament, warm up time will be a total of 18 minutes, with a 6-6-6 format. For the first six minutes, teams will have access to their side of the court but are not to practice serving. At the end of six minutes, the team that won the coin toss will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. At the end of the six minutes, a horn or whistle will sound, and the opposing team will have the floor for six minutes.

Prior to the 18-minute warm up, teams may be on the court, but there cannot be any use of balls. When the clock starts for the 18-minute warm up period, the meeting with captains will be called and the six shared minutes will begin.

25. All coaches are now required by law to complete the Sudden Cardiac Arrest online course ANNUALLY as well as the Concussion Course ANNUALLY. The Heat Illness Prevention must be taken once for new coaches. links to the courses may be found on the WVSSAC Website.

26. Coaches must be trained in AED/ CPR .An AED must be available for all practices and contests.

27. Teams will not switch benches unless a coach requests to do so based on an unfair advantage. Line Judges will switch sides between sets.

28. At the state tournament, the higher seed teams will select the side of the court .

29. Beginning with the 2024-25 year, teams have the option of playing either to 25 or 15 (by two) in the third set of a 2 out of 3 set match if both teams agree prior to the start of the match.

2026-2027 Volleyball Rules Clinics:

<u>Date</u>	<u>Time</u>	<u>Location</u>
7/29/26	6pm	John Marshall High School
7/30/26	6pm	Huntington High School
8/1/26	9am	WVSSAC-Parkersburg
8/3/26	6pm	Woodrow Wilson High School
8/4/26	6pm	Herbert Hoover High School
8/6/26	6pm	East Fairmont High School
8/7/26	6pm	Spring Mills High School
8/8/26	9am	Frankfort
8/10/26	6:00pm	Make-up Clinic @WVSSAC Parkersburg

SCHOOLS: The Head Coach shall be required to attend any sports rules clinics which are sponsored by this Commission in his/her coaching assignment. Schools failing to have a head coaching position filled at the time of the clinic will be required to have a school representative present at the rules clinic. An individual can only represent one school unless he/she is head coach at both schools. In a 9-12 school, both the varsity and 9th grade coach are required to attend. Failure to have a representative at one of the above clinics will result in a \$50.00 fine.

The clinic attendance requirement will not be granted if the coach or representative is late in excess of 10 minutes.

§127-3-30. Volleyball (Girls).

30.1. Rules: Volleyball rules published by the National Federation of State High School Associations are the official rules for all interscholastic competition unless otherwise provided by Commission modification.

302. Organized Team Practice: Organized team practice will begin on Monday of Week 5 and the first contest may be played on Wednesday of Week 7.

303. Length of Season: The volleyball season will end for each team by WVSSAC tournament elimination.

30.4. Maximum Team Contest: A volleyball team will be permitted no more than 22 playing dates exclusive of sectional, regional, and state contests.

30.4.1. Dual, triangular and quadrangular matches count as one date. Matches in which five or more schools participate count as two dates.

305. In a Junior Varsity/Varsity dual competition, a student may participate in a maximum of four (4) games against the same opponent if a match is 2 of 3 games and six (6) games if the varsity match is 3 of 5 games.

30.6. Scrimmages: Two volleyball scrimmages with another high school or one scrimmage with another high school and one preview may be conducted. See Glossary.

30.7. Individual students of a team must have practiced on 12 SEPARATE days, exclusive of the day of a contest, before participating in an interscholastic contest.

30.8. A student may not play or practice on a non-school volleyball team while a member of the school team.

30.9. A student may accept awards only in WVSSAC sanctioned events during the season of that sport. These awards must be consistent with the items specified in the Awards Rule. Students may accept only this same type of award in non-sanctioned events outside the sport season.

30.10. *Middle School*- The above will apply for Middle School with the following adaptations:

30.10.1. Middle school teams will be permitted 18 playing dates.

30.10.2. Organized team practice will begin on Monday of Week 6 and the first contest may be played on Wednesday of Week 8.

30.10.3. Middle school season will be completed by Saturday of Week 17.

30.10.4. Middle school teams are permitted one (1) scrimmage or one preview. See Glossary



2026-27 VOLLEYBALL RULES CHANGES 4-2-1a, 4-2-1i(3)

(NEW), 4-2-2: Libero uniform bottoms may be any color and no longer must match the team uniform bottoms. Rationale: Allows more flexibility in the libero uniform bottoms while ensuring that the libero uniform top continues to contrast with their teammates. 5-5-3b(21): The second referee will provide a double whistle warning between sets at two minutes, 30 seconds (4:30 when intermission is used) instead of 2 minutes, 45 seconds. Rationale: Improves pace of play between sets by notifying teams earlier to make their way onto the court for the officials to administer lineup checks before the final audio signal and resumption of play. 6-4-2, 10-4-3a, 10-4-3d: A team may designate up to two liberos, but only one libero can be in the game at a time. When a team designates two liberos and one is injured/ill, a new libero may be re-designated. When a team designates two liberos and one is disqualified; the team must continue with one libero. Rationale: Allows more student-athletes to participate by creating an additional opportunity for coaches without having to utilize a substitution. 6-4 PENALTIES 1c (NEW), 12-2-8b NOTE (NEW): If non-playing teammate(s) (bench players) enter the court during play it is illegal alignment. It remains a conduct violation if a coach or team attendant (anyone not in uniform) enters the court while the ball is in play. Rationale: More appropriately assesses illegal alignment (loss of rally/point awarded to the opponent) to non-playing teammates who enter the court while the ball is in play. A player who enters the court during play may still receive a conduct violation if they engage in disconcerting acts, disrespectful language, etc. This penalty realignment allows

officials to appropriately penalize teams based on participant actions. 6-5-1: Players on the serving team are not permitted to raise their hands above their heads during service until the ball has passed beyond the net. February 5, 2026 Page No. 2
Rationale: Discourages player positioning during the serve that prevents the receiving team from viewing service contact and/or the flight of the ball and assists officials when evaluating the existence of screening. This change aligns with all other volleyball rules codes. 9-2-1 NOTE 1 (NEW): Players shall not wear any audio or video devices during the match. Rationale: Clarifies the prohibition of electronic communication with and by players during the match and aligns with other NFHS rules codes. 12-2-8m (NEW): It is an unsporting conduct violation if coaches, non-playing teammates or team attendants use props on the bench during celebrations. Rationale: Clarifies appropriate bench conduct for consistent enforcement by eliminating the use of props in bench celebrations while promoting sportsmanship and preventing disruption and potential safety concerns. 2026-27 Volleyball Editorial Changes 1-5-1, 5-2-1b, 5-4-3c(1), 5-4-4a, 7-1-1a, 7-1-1 PENALTIES 3, 7-1-2a, 7-1-4 PENALTIES 1, 9-9-1h 2026-27 Volleyball Points of Emphasis 1. Host Management Best Practices 2. Electronic Devices 3. Bench Personnel – Non-Playing Teammates 4. NFHS Authenticating Mark

Uniforms – Contrasting Colors: The NFHS Volleyball Rules not only require the libero jersey to clearly contrast from the team jersey, but also the body of the uniform number must clearly contrast from the uniform top. These rules are in place to assist officials in easily identifying the libero as well as player numbers. When the ball and players are on the move, officials must clearly see the libero's positioning when playing the ball as well as player numbers when watching for net, line, and attack faults. There are infinite color shades and combinations that schools around the country use which makes it very difficult to create rules defining which colors contrast with each other. It is important to emphasize the word "clearly." The colors should be obviously contrasting from one another in all types of gym lighting when viewing from the floor and the top of the bleachers.

Tips for selecting color combinations:

- If the jersey color is dark, the color of the number should be light or even white.
- If the jersey color is light or white, the color of the number should be dark or even black.
- If the team jersey color is dark, the libero jersey color should be light or even white.
- If the team jersey color is light or white, the libero jersey color should be dark or even black.
- Avoid too many colors on the team jersey as it limits the colors for a legal libero jersey and the uniform numbers.

NFHS VOLLEYBALL UNIFORM RULES (2026-27) RULE 4 Player Equipment and Uniform SECTION 2 LEGAL UNIFORM ART. 1 . . . All uniforms shall adhere to the following: a. Uniform tops [with the exception of the libero (4-2-2a)] shall be like-colored and uniform bottoms [with the exception of the libero(4-2-2b)] shall be like-colored; b. c. d. Uniforms shall be worn as the manufacturer intended; Uniforms shall be free of hard and unyielding items (buttons, zippers, snaps, fasteners, etc.); A single, visible manufacturer's logo and/or single school name or insignia no more than 2¼ inches are permitted on each visible undergarment; e. f. g. h. i. The school's name, nickname, logo, mascot and/or team member's name are permitted on the uniform top and/or bottom; A single partial/whole manufacturer's logo/trademark/reference, no more than 2¼ square inches with no dimension more than 2¼ inches, is permitted on each piece of the uniform provided placement does not interfere with the visibility of the player's number. Manufacturer's logo/trademark/reference restrictions do not apply to waistbands on uniform bottoms; One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity. Uniform top: 1. Bare-midriff tops are not allowed. 2. 3. The uniform top shall hang below or be tucked into the waistband of the uniform bottom when the player is standing upright. Any visible garment (t-shirt, body suits and other similar garments) worn underneath the uniform top shall be

unadorned and of a single, solid color that is similar in color to the predominant color of the uniform top or be solid black, white or gray. All team members, other than the libero, must wear the same color undershirt. Like-colored uniform bottom: 1. Multiple styles of uniform bottoms may be worn by teammates and may include: shorts, spandex, pants or skirts. 2. 3. A visible undergarment may be worn under the uniform bottom. It shall be unadorned and of a single, solid color similar to the predominant color of the uniform bottom or be solid black, white or gray and may extend below the uniform bottom. All team members must wear the same color undergarment. The libero may wear any color uniform bottom. ART. 2 . . . The libero uniform: a. The libero uniform top must clearly contrast from the predominant color(s) of the team uniform top, excluding trim. The libero's uniform top cannot be made solely of the same predominant color(s) of the team's uniform top, even if the like color(s) are placed differently on the uniform top. Numbers shall meet all specifications in Rule 4-2-4. b. The libero uniform bottom may be any color while adhering to all other uniform rules. ART. 3 . . . Each player, including the libero, shall be identified by a number on the uniform top which is not a duplicate of a teammate's number. NOTE: When a player's number changes due to blood on or damage to the uniform, the roster is corrected, and no penalty is assessed. ART. 4 . . . The number shall be: a. Permanent and clearly visible; b. Not more than two digits (0-99). Beginning July 1, 2028, numbers with a leading zero are not legal (01, 02, etc.); c. A plain, Arabic numeral of a solid color, where the body of the number (measuring not less than $\frac{3}{4}$ inch in width at its narrowest point) is a color that clearly contrasts to the color of the uniform top. A trim (contrasting border not to exceed $\frac{1}{2}$ inch in width at its widest point) or a shadow on part of the number not to exceed $\frac{1}{2}$ inch at its widest point is permitted but shall not be used to make the number clearly visible; d. Located on the upper front and back of the uniform top. Beginning July 1, 2029, the number on the front of the uniform must be centered on the upper half of the uniform top and the requirements in item f. will be eliminated; e. At least 4 inches tall on the front of the top and at least 6 inches tall on the back of the top; f. Placed so the top of the number on the front of the uniform is no more than 5 inches down from the shoulder seam; or placed so the number is centered no more than 5 inches below the bottom edge of any neckline ribbing, placket or seams on the uniform top. ART. 5 . . . If a visible number is worn on the uniform bottom, it shall be the same number as on the uniform top. ART. 6 . . . Appropriate playing shoes shall be worn. ART. 7 . . . Removal of any part of the uniform, top or bottom, while in the playing area is unsporting conduct (yellow card for first offense or red card for subsequent offense) and shall be assessed to

the coach. PENALTIES: 1. Discovery of non-compliant jewelry on a player(s) during warm-up shall result in a referee directing that player, by way of a coach, to remove the jewelry. A player(s) who does not comply shall be charged with unsporting conduct. 2. When a player, not legally equipped, attempts to enter the set, unnecessary delay (administrative yellow card for the first offense or administrative red card for subsequent offense in that set) shall be assessed to the team. The player shall not enter the set until the illegal uniform/equipment is replaced or made legal. 3. When a player, not legally equipped, is discovered in the set, unnecessary delay (administrative yellow card for the first offense or administrative red card for subsequent offense in that set) shall be assessed to the team. The player shall be removed until the uniform/equipment is replaced or immediately made legal. Following the administration of unnecessary delay, if the team has a timeout remaining it may be taken, and the player may remain in the set provided the illegal uniform/equipment is replaced or made legal during the time-out period. 4. For subsequent violations by the same team during the set, a loss of rally/point shall be awarded to the opponent. The player(s) shall be removed unless the illegal uniform/equipment is removed or made legal immediately. Following the administration of unnecessary delay, if the team has a timeout remaining, the player may remain in the set provided the illegal uniform/equipment is replaced or made legal during the time-out period. 5. When a team cannot begin the match with six players wearing legal uniforms or without body paint or glitter, a loss of rally/point shall be awarded to the opponent at the beginning of the match, and the state association shall be notified to determine further action or penalty, as deemed necessary.

To facilitate a smooth match tempo, the scorer should:

- Arrive at the site no less than 20 minutes before match time.
- Complete the match information in the scorebook/scoresheet or an electronic scoring device.
- Accept the team rosters and team lineups.
- Record each team's lineup in a scorebook/scoresheet or an electronic scoring device.
- Secure each team's lineup sheet by placing them face down on the score table.
- Collaborate with the second referee to ensure that each team's lineup is correct on the second referee's lineup card and verify that the teams are in correct starting positions on the court prior to each set.
- The scorer should establish a routine with the assistant scorer who serves as a spotter and communicates the numbers of the incoming/outgoing substitutions and replacements.
- The assistant scorer tracks each libero replacement and each substitution.
- After the substitution information has been submitted, the scorer should indicate readiness to the second referee.
- For written scoring, alternate each full rotation/round of service (all six positions from each team have served) in a contrasting color of ink.
- If there are any scoring issues, notify the second referee.
- Communicate with the second referee during time-outs and between sets.

Host Management Best Practices

Host management plays an important role in creating a positive, fun, and safe environment for the players, coaches, officials and spectators. The designated administrator on site should introduce themselves to the officials upon arrival at the facility and show them to their locker room(s). The same should be done for visiting teams as they arrive on site. Officials and coaches should be able to identify host management easily if a situation should arise.

- In addition to being present, host management should:
- Ensure that the facility is set up properly one hour before the match.
- Ensure that the net system is set up at the correct height and is padded.
- Ensure that the referee's stand is safely secure and padded.
- Assist in ensuring teams do not enter the court from both sides and do not encircle the entire court.
- Be available throughout the match(es).
- Post signage for home/visitor and/or student section. Allow fans to stand, but not on the playing surface.
- Ensure that any unsporting conduct (comments intended or designed to embarrass, ridicule or demean others) by spectators is not tolerated. It needs to be immediately addressed.
- Collaborate with the officials to suspend play for fan issues, if necessary.

The Volleyball Line Up Card

Roster and Line-Up (Rule 7-1)

- ▶ 10 minutes prior to the end of pre-match timed warm-up, a coach from each team shall submit in writing to the scorer an accurate roster giving names and uniform numbers of all players for the match. This roster must be entered into the scorebook and remain at the score table.
- ▶ 2 minutes prior to the end of pre-match timed warm-up, a coach from each team shall submit to the scorer an accurate, written line-up of the uniform numbers for the six (6) starting players in serve order. This lineup is to remain at the score table.
- ▶ Check for a Libero player - if none marked, ask coach (preventive officiating)
- ▶ The R2 will verify that the line-up has been entered correctly on the official score sheet
- ▶ Within 2 minutes following each game, a coach from each team shall submit a written, accurate numeric lineup to the scorer
- ▶ The written roster and current lineup shall remain at the officials table throughout each set and match

Lineup Card (See NFHS Volleyball Case Book)

The lineup card is a required tool to assist the R2 in carrying out their duties. The R2 has the sole responsibility to record both teams in starting floor position on his/ her lineup card. The lineups submitted to the scorer from each coach are in serve order.

The card and pencil/ marker are in their possession during the game. The card will provide the following:

***Correct serving order**

***Captains**

*** Who is serving**

***Player identification**

*** Substitutions**

*** Time-Outs**

The style/ form for a lineup card is up to the official - whatever you can make sense of and what is effective for you.

**ALL REGISTERED VOLLEYBALL OFFICIALS ARE REQUIRED TO USE A LINE-UP
CARD WHEN SERVING AS THE R2 IN A MATCH.**

NFHS Volleyball Rule Interpreters Meeting-7/17 /2008

Cheryl Gleason, Assistant Executive Director, Kansas State High School Activities Association

Team Line Up Sheet	Team Roster
Check if your team will serve or receive	Write in your team's name and check "home" or "visitor"
List numbers of the starting lineup in proper serving order to start the set on the appropriate set lineup sheet	Write each player's number and name (last name, then first name) in the space provided on the roster.
Mark the floor captain with a: "c".	The libero with two numbers shall be listed with non-libero numbers (e.g. 14/L15).
Designate the uniform number (from the team roster) of the libero player for each game in the space provided.	
Note: the lineup must be submitted to the scorer two minutes prior to the end of timed pre-match warmup.	Note: the team roster is to be turned into the scorer 10 minutes prior to the end of timed, pre-match warmup.

Team: <u>Wheatland</u> Set <u>1</u>	
Libero _____ Check one ☒ Serve ☐ Receive	
SERVE ORDER	PALYER NO.
I	4
II	6
III	7C
IV	11
V	12
VI	9

Team: <u>Douglas</u> Set: <u>1</u>	
Libero _____ Check one Serve ×Receive	
SERVE ORDER	PLAYER NO.
I	3
II	4
III	9
IV	5
V	11
VI	8

TEAM <u>Douglas</u>	
Check one Home × Visitor	
Player Number	Player Name Last/First
3	Smith, Jamie
5	Davies, Jennifer
6	Ross, Vickie
7	Jones, Kim
14/L15	Mcdonald, Lisa

LIBERO TRACKING SHEET

TEAM:		L:	
GAME	Serving Order	SP	
1	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
2	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
3	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
4	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
5	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

State Tournament Program Information

Goal: *To provide a quality program for all championship events*

What: *Volleyball State Championship Program*

Deadline: *Immediately After Regional-FINAL DUE DATE: NOVEMBER 6th @12:00pm*

Required Online Submission Only - (School Information-Roster-Schedule)

Go to www.wvssac.org click on Adm in Login in the upper left corner of homepage

Type in your Username and Password in the appropriate sections and click on Login

Click on Submit Rosters. Under Program select Senior and select **Volleyball**

Complete the School Information and head coaches' information. Click Update/ Continue

Click the Sync button and enter the information requested, then save by clicking the Update/ Save Roster button. Always view your roster for accuracy.

If you don't find a student, go to the Eligibility Certificate Form, and add the name and return to the Roster and click the Sync button.

Note: *The Sync button feature has been added to update all names on the active Eligibility Certificate Form. Check for accuracy. Save all changes to your eligibility certificate and roster.*

Required Items for a Team Page:

School/Information, Head Coach Information, Roster information. Update/ Complete Online -Publisher will use this for the Program Page. Team Picture and Individual Head Coaches' Picture.

Page Sponsor- *Please contact a business or the boosters club concerning sponsoring this page. The ad is about the size of a business card which is often used.*

Team Page Cost- \$125 - Make checks payable to WVSSAC.

Indicate sport & school in the memo section of the check.

When emailing the team/coach pictures and page sponsor, please enter the school name (No Abbreviations please) and sport in the subject line of the email.

Questions Contact:

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2875 Staunton Turnpike
Parkersburg, WV 26104
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HIGH SCHOOL ONLY

Regional Tournament Directors are to give a copy of this rooming list information sheet and the rooming list to the coach of each state qualifier.

WVSSAC STATE ROOMING LIST INFORMATION

Please complete the rooming list for this year's State Tournament. Area hotels/motels usually provide rooms at a special rate to those teams and parents attending the State Tournament. Payments for teams must be made in full by a **SCHOOL CHECK** NOT personal, for all expenses.

Reservations must be made as early as possible. When speaking with the hotel/motel contact, please be sure to identify your school name and indicate that the reservations are for the stated tournament.

Please check the website for the approved list of hotels/motels who will provide rooms for your sport state tournament.

HOTEL/MOTEL POLICY

Effective with the 2010-11 school year, member schools that are eligible to receive reimbursement for lodging at state championship sites **MUST** be housed at hotel/motel sites that participate in a cooperative agreement with the WVSSAC. ***Member schools will be notified by information posted on the WVSSAC website and material included in the sort specific coaches packets as to which lodging sites will not receive any reimbursement.**

Schools that choose to use unapproved lodging sites will not receive any reimbursement.

WVSSAC STATE TOURNAMENT ROOMING LIST

***You will need to send the following information along with your room list.**

School Name:		Sport:
Principal:	Person in charge of Supervision:	
Athletic Director:	AD Email:	AD Cell:
Coach:	Coach Email:	Coach Cell:
Hotel:	Arrival Date:	Arrival Time

1. List each person who will be staying in the room and his or her capacity (coach or player).
2. Reservations should be made ASAP.
3. The fillable form is found on our website under the sport of volleyball.



SPECTATOR SUPPORT INFORMATION FOR TOURNAMENTS

The following sport support information is provided for each specified sport. ONLY those items marked with "Yes" are allowed during tournament play (sectional, regional, and state). It is recommended that schools follow these regulations during regular season play.

Vocal cheering and support from team bench areas are encouraged, however, the items indicated on this page are for use by spectators. Schools must stress GOOD SPORTSMANSHIP when allowing any item to be used. All items must be for support of your team and not directed against the opponent.

Legend: BSK Basketball CC Cross Country SB Softball TE Tennis WR Wrestling
BB Baseball FB Football SC Soccer TR Track & Field
CH Cheer GO Golf SW Swimming VB Volleyball

SPORT	BSK	BB	CH	CC	FB	GO	SB	SC	SW	TE	TR	VB	WR
Apparel Required	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Upper/Lower Body Garments													
Balloons	No	Yes	No	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No
Banners on wall/ Stadium	No	No	No	No	No	No	No	No	No	No	No	No	No
Cheer & Band Member "Human" Tunnels	No	Yes	No	No	Yes	No	Yes	Yes	No	No	No	Yes	Yes
Permanent Signage/ Advertisement	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Senior Pictures													
Confetti/Paper Debris	No	No	No	No	No	No	No	No	No	No	No	No	No
Hand-held Signs (one holder)	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Inflatable Tunnels	No	Yes	No	No	Yes	No	Yes	Yes	No	No	No	Yes	Yes
Laser Pointer	No	No	No	No	No	No	No	No	No	No	No	No	No
Miniature sports Balls thrown to crowd	No	No	No	No	No	No	No	No	No	No	No	No	No
Noise makers (Horns, cow bells, bells, buzzers, clickers, etc.)	No	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No
Opening Prayer / Invocation	No	No	No	No	No	No	No	No	No	No	No	No	No
Paper banners for team to run through	Yes	Yes	N/A	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Pom poms	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Sprit Towels													
Recorded/taped. music over amplifying system (only pregame or halftime)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
School Band, Pep Band	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Pressurized Air Horn	No	No	No	No	No	No	No	No	No	No	No	No	No
Electronic Bull Horn													
Megaphones (as intended)	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cannons & Muskets	No	No	No	No	No	No	No	No	No	No	No	No	No
50-50 Drawing	No	No	No	No	No	No	No	No	No	No	No	No	No
Reserve Seating State Only	No	No	No	No	No	No	No	No	No	No	No	No	No



COACHING REMINDERS



Practice: Team members must have 12 practices on 12 separate days - 5 days sports specific if participating in another sport during the same sports season. A student must have 5 days of practice if coming from one sports season into the next sports season without interruption of school days. Only students enrolled in the specific member school and a member of team is allowed to practice. Rule 127-2-13.

Sunday Contests: Contests or practice on Sunday is prohibited. Practice refers to any group or individual meeting to view films or activity associated with the activity of that sports season. Rule 127-3-14.

Physical Exam: Team members must have Athletic Participation/Parental Consent/Physician's Certificate form completed and on file before beginning practice. Rule 127-3-3. (Must be on or after May 1,1.)

All-Star Competition: Any student completing athletic eligibility at the end of current school year because of age or completion of semesters of eligibility may play in one (1) all-star game upon conclusion of the season without loss of eligibility for balance of year. Rule 127-3-4.

Awards: Team members can accept awards from school sponsoring a sanctioned event or the school. Wearing apparel, championship rings, equipment, athletic goods that exceeds \$100.00 are prohibited from any source. Rule 127-3-5.

Out of Season Coaching: Coaches may not promote, initiate, organize, supervise or participate in out-of-season events involving students of the same sport as the grade level coaching assignment and preceding grade level except as specified in Rules 127-3-7.2 and 127-3-7.3. Rule 127-3-7.7.

Amateur: Any team member competing for money, receiving any award or prize of monetary value that has not been approved by the WVSSAC, capitalizing on athletic fame or signing a professional playing contract in that sport is prohibited. Rule 127-2-11.

Participation as Ineligible: Any student who participates as ineligible may forfeit eligibility for up to 365 days. Rule 127-2-12.

Non-School Participation: Participation is limited to school teams only with a few exceptions in individual sports provided the school principal approves and no school contests/ activities are missed. Participation includes but is not limited to, practice, fund raising, team pictures, tryouts, etc. Rule 127-2-10.

Sanctioning and Travel: A member school shall not enter a contest, tournament, or competition which requires sanctioning until it is approved 30 days prior to the event. Rule 127-3-16.

For complete details regarding the above regulations and those governing team memberships, scholarship, undue influence, age, semester, etc. refer to the Rules & Regulations Handbook or at www.wvssac.org.

127-2-13. Practice.

13.1. Only students enrolled and eligible to be listed on the eligibility certificate for that sport in the specific member school are allowed to participate in that school's practices. Exceptions - Rules 127-2-3.2, 127-2-3.5 and 127-2-13.6.

13.2. The frequency and length of practice is at the discretion of each member school.

13.3. Member schools of the WVSSAC may practice on any day of the year with the exception of Sunday practice. Rule 127-3-14.2 further clarifies Sunday practice.

13.4. Individual players of a team must have practiced

13.4.a. on 5 SEPARATE days before participating in an interscholastic scrimmage.

13.4.b. on 12 SEPARATE days, exclusive of the day of a contest, before participating in an interscholastic contest. The following sport(s) is exempted from the provisions of this rule: golf.

13.4.c A student athlete who is absent from practice with their team for non-medical reasons, not under a doctor care, for more than fourteen (14) consecutive days must have the required full twelve (12) practice days before resuming participation in a contest. Students participating in football must follow the practice progression as set forth in Rule 127-3-23.

13.5. A student shall not be permitted to engage in interscholastic practice until that student has filed with the principal a completed Athletic Participation/Parental Consent/Physician's Certificate Form. Rule 127-3-3 further explains this required form.

13.6. A student academically ineligible may begin practicing 15 school days immediately prior to the date of regaining full eligibility. (All other ineligible students may not practice.)

13.7. If a student has established eligibility in a sport requiring 12 separate days of practice and is continuing to participate in that sport or no school days have lapsed from one sport to another sport in a same season, the student may participate in another sport of the season after completing five separate days of sport specific practice in the second sport.

13.8. Students participating in a sport(s) in one season must have practiced 12

13.9. separate days, exclusive of the day of a contest, to be eligible to participate in a sport in the next season with the following exception: the student has continued to practice or participate in tournament play without an interruption of school days. The student must complete five separate days of sport specific practice in the second sport.

(Ejection Rule/Bench Clearing)

127-4-3 Code for Interscholastic Athletics

3.7. *Statement of Policy.* Insofar as unsportsmanlike actions by students, school administrators, officials, coaches, faculty members, and spectators are concerned, the identical items under the Sportsmanship Rule along with the following guides will be referred to by the WVSSAC:

3.7.a. The school whose coach behaves in a manner likely to have adverse influence on the attitudes of students or spectators may be provided with the choice of taking disciplinary action against that coach or having the entire school disciplined by the WVSSAC.

3.7.b. Any student who in protest lays hands or attempts to lay hands upon an official may be declared ineligible by the principal or by the WVSSAC for up to one year. Any student who strikes an opponent, coach, or a spectator during or following an athletic event may be declared ineligible by the principal or the WVSSAC for a specified period of time up to one year, depending on the seriousness of the act.

3.7.c. Any coach, student, or bench personnel ejected by an official will be suspended for the remainder of the game, match, meet or contest. The coach, student, or bench personnel ejected by an official will also be suspended in additional contest(s); the suspension will be assessed based upon ten

(10) percent of the allowed regular season contests or post season progression in a playoff tournament for each sport. Any tenth of a percentage from .1 to .4 will be a suspension equal to the whole number of the percent. Any tenth from .5 to .9 will be an additional contest added to the whole number. The suspension will include the number of indicated contests in that sport and at that level and all other sport contests in the interim at any level. A second ejection will result in the doubling of the suspension assessed for the first ejection. If an individual is ejected for a third time during the same sport season, the individual will be suspended from participating or coaching for 365 calendar days from the date of ejection. In accordance with rule 127-3-15.3, an individual ejected by an official may not appeal that ejection, or any subsequent suspension that is a consequence of the ejection by an official.

3.7.c.1. Any coach, player or bench personnel who has been ejected shall not be permitted to attend any contest(s) during said suspension. He/she shall not be affiliated with the team in any capacity. This would include but not be limited to transportation to or from the contest, meeting with the team before, during or after said contest. He/she is not permitted to be in sight or sound of said contest venue. Regular practice or team meetings not affiliated with a contest are permitted.

3.7.c.2. If suspensions are imposed to a student or bench personnel at the end of the sport season and no contest remains, the suspension is carried over to that particular sport until the next school year. In the case of a senior student, the penalty will continue to the next WVSSAC sponsored sport.

3.7.c.3. Any coach suspension that cannot be enforced during the sport season in which the ejection occurs will be enforced at the beginning of the next season of that same sport.

3.7.d. In case of spectators physically molesting an official, administrator, coach, or student, the school may be given one of two options: 1) file charges against the offender(s) or 2) accept discipline from the WVSSAC. Any person found guilty of W. Va. Code §61-2-15(a) Assault, Battery on Athletic Officials, while these individuals are working or as a result of working an athletic contest, shall be banned from all WVSSAC athletic events for a minimum of 365 days from the date of being found guilty. The school filing charges shall notify the WVSSAC of the incident and outcome of any legal action.

3.7.e. The school that does not lend complete cooperation in the host school's effort to promote the spirit of good sportsmanship may be disciplined by the WVSSAC.

3.7.f. A coach may be considered as committing unsportsmanlike conduct if they make degrading remarks about officials during or after a game either on the field of play, from the bench, or through any public news media, argues with officials, or goes through motions indicating dislike for a decision, protests the decision and actions of officials pertaining to the game during and after the contest, or detains the official on the field of play following a game to request a ruling or explanation of some phase of the game. If a coach feels he/she has a legitimate criticism of a penalty call or a request or a rule interpretation, such criticism or request should be made in the privacy of the coach's office or the official's quarters and should be made in a courteous manner.

3.7.g. A student or team attendant shall not leave the bench area, team box area, or their designated off-field area during a game or contest other than during that time permitted by game or contest rules. A coach shall not leave the bench area, team box area, or the designated off-field area during a game or contest other than during that time permitted by game or contest rules unless a student altercation is taking place and the official requests assistance. Violation of this rule shall cause the coach, student, or team attendant to be immediately ejected from the contest, team penalized according to game or contest rules and that coach, student, or team attendant will not be eligible to participate in the next contest as outlined in §127-4-2.3.

3.8. *Procedure.* Unsportsmanlike action must be reported in detail to the WVSSAC. A copy of the complaint must also be filed with the principal of the school involved. Each principal involved shall report such information or answers to the report as they deem appropriate. Upon receipt of false reports, the Executive Director and/or the Board of Directors of the WVSSAC shall investigate and adjudicate such reports in accordance with the powers afforded in §127-1-8.6 and 8.7 and §127-1-12.2 and 12.3 of the Constitution. Penalties up to and including suspension of member schools may be made in accordance with §127-4.

3.9. The following defines the different types of disciplinary action which may be assessed for violation of any WVSSAC rule by a member school, administrator, coach, athlete or contest official:

3.9.a. *Warning.* A warning may be given by the Executive Director or Assistant Executive Director. It is official notice that an inexcusable, unethical, or unsportsmanlike action has occurred, is a matter of record, and that such an occurrence must not be repeated.

3.9.b. *Probation.* Probation is a much more severe type of warning and may be expressed two ways: 1) a school, coach, student, or team attendant on probation is told that further violations will lead to a fine or suspension; and/or 2) a school on probation is on conditional WVSSAC membership but may engage in its regular schedule, sanctioned events, and all WVSSAC tournament play, providing a program is filed with the Executive Director of the WVSSAC indicating measures to be taken to alleviate this problem which caused the school to be placed on probation.

3.9.c. *Suspension.* A school/coach suspended from the WVSSAC may not meet in interscholastic competition of any kind with a WVSSAC member school or a school that is a member of another state associated with the National Federation of State High School Associations.

3.9.d. *Fine.* A fine may be levied by the Executive Director.

3.9.e. Each of these sanctions (Warning, Probation, suspension and Fine) may be imposed or levied separately, or in a combination of one or more sanctions.

3.10. *Appeals.* All cases involving disciplinary action against member schools, coaches, students, team attendants, or officials may be protested in accordance with §127-6. However, disciplinary action imposed by an official, including disciplinary action that is a consequence of a decision by an official, such as a suspension for an additional game or games as a consequence of an ejection, is governed by rule 127-3-15.3 and is not subject to appeal.

3.11. *Review of Ejections.* Disciplinary action imposed by a contest official, including disciplinary action that results in a suspension for an additional game or games as a consequence of an ejection, is not subject to appeal pursuant to Rule §127-6. However, if the individual ejected believes the ejection was improper, he/she may request a review of the ejection by his/her principal. If the principal believes there is merit in the requested review, the principal shall complete and submit the WVSSAC Ejection Review Form within 24 hours or the next business day of the ejection to the Executive Director of the WVSSAC. If a review is properly requested, the WVSSAC will review the officials' special report, the WVSSAC Ejection Review Form, and such other information as the WVSSAC deems appropriate. Upon review, the WVSSAC Executive Director or the designated Assistant Director will either sustain the ejection and any consequent suspension(s), or will determine the ejection was improper and void any consequent suspension(s). A decision by the WVSSAC upon reviewing an ejection is not subject to appeal pursuant to Rule §127-6.

