VALLEY FORGE ATHLETIC HALL OF FAME



May 3, 2014

Patriotism Prevails

"Ours is a heritage,
Living from age to age.
Help us thy honor bear
Through all the years.
The blue and white will be
Our bond of loyalty.
Always we cherish thee
Valley Forge High."



PROGRAM

- Opening Ceremony
- Special Thanks — Chris Medaglia
- The 1960's — Robert Boulton
  - Class Induction — Gary Maurer
- The 1970's — Deborah Malone/Nancy Fedak
  - Class Induction — Gary Maurer
- The 1980's — Joe Taylor
  - Class Induction — Gary Maurer
- The 1990's — Tom Schreiber
  - Class Induction — Gary Maurer
- Closing Remarks — Gary Maurer

A SPECIAL THANKS TO:

Janine Andrzejewski,

Norm Baker, Robert Boulton,

Nancy Fedak, Karen Horvath,

Deborah Malone, Gary Maurer,

Parma Print Shop,

Tamara Rakytiak, John Stavole,

Judy Stavole, Tom Schreiber,

Rick Schulz, Eric Steinfadt,

Joe Taylor, Terry Wandt,

Kim Webber, Your Kids in Action Inc.,

Kevin Yurik, Carla Zampedro,

Gene Zayac, School Pride Inc.

HALL OF FAME CLASS 2014

Pat Akos

Jim Bonk

Tony Fontana

Coleen Gallagher

Diane Hollish

Ann Marie Martin

Doug Molls

Sherry Pastor

Steve Rudo

John Stavole

Audrey Warnock

Gene Zayac

Woody Barry

Brett Brown

Jim Fritzsche Sr

Andy Gissinger

Jim Kovach

Ken Masica

Michelle Molls

Ryan Patton

Natalie Sako

Eric Steinfadt

Jim Wolf

1972 Wrestling Team

Kyle Bentley

Dennis Coupe

Jim Fritzsche Jr

Mark Heneghan

Bob Lade

Andy Molls

Barb Mucha

Nancy Rogers

Pat Semary

Mike Tretiakow

Rich Yurkiewicz

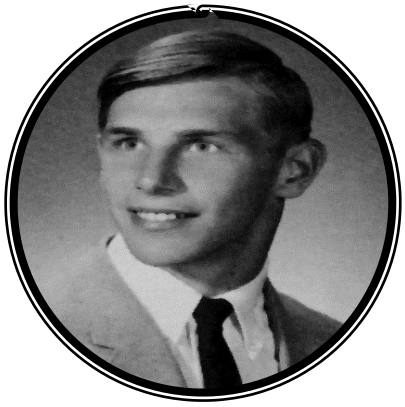
1988 Boys Basketball Team

The 60's

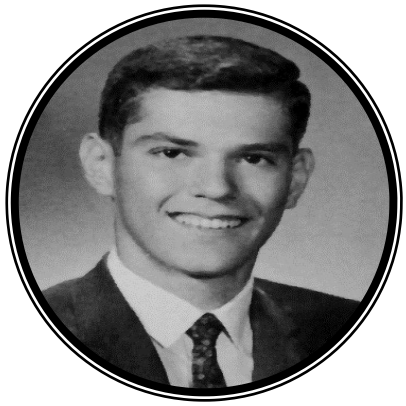






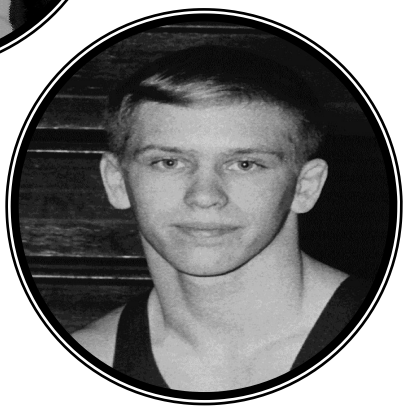


VALLEY FORGE HIGH SCHOOL
PATRIOTS EST 1961

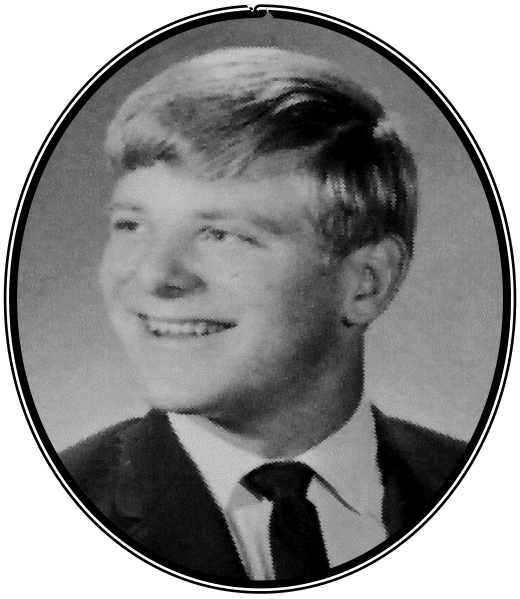












WOODY BARRY

WRESTLING

1964-1967

1967, 145lb State Champion with a record of 30-0. Was a two time District and Sectional Champion 1966 & 1967. Attended Syracuse University from 1967—1969 where he was a member of the wrestling team winning the Freshman Eastern Tournament at 152lbs. Drafted to the U.S. Army in 1971 where he served as a Physicians Assistant at an Army Hospital in Okinawa, Japan. He currently resides in Marion Ohio with his wife and two children.



JIM BONK

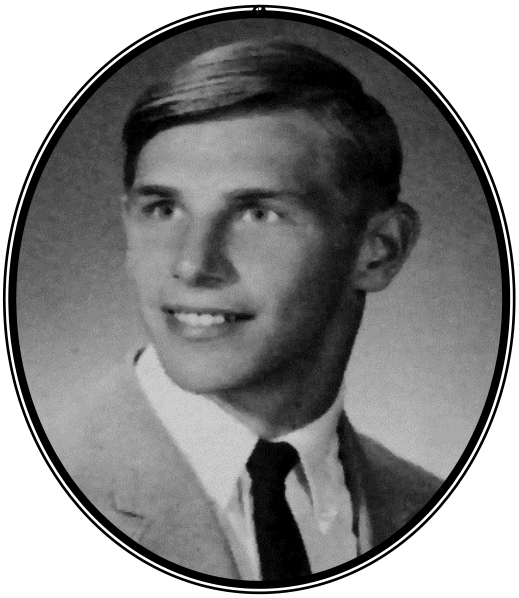
FOOTBALL

1961-1964

After graduating from Purdue, Jim began his career in 1970 as the Executive Assistant to George M. Steinbrenner III in Cleveland, with American Ship and Kinsman Marine. In the mid 1970's, he was recruited to join international management consulting firm, A.T. Kearney Inc., conducting merger and strategic "turn around" projects. In 1980, he joined the Chrysler Corporation "turnaround team" led by Lee Iacocca, to rebuild the then troubled auto maker. In 1988, he was recruited to the French cement and construction materials giant Lafarge Inc. SA as the Director of Development, for North America operations. During 1998 he founded EVP-Eagle Venture Partners, conducting business/market development, merger/ acquisition and strategic investment consulting. He has concluded 3 acquisitions, a divestiture and 4 start-up companies. During the 1990's Jim developed the 38 home sub-division Woodgate in Parma Hts. He is currently a Principal with Renaissance Partners Group, Pittsburgh, Pa.

FAMILY: Jim has been married to Jinny [Caldwell] Bonk for 43 years; they have two children, a son Jimm, with Monument Sports in DC [Washington Capitals/Washington Wizards] and a daughter, Stephanie, with ESPN Sports in NYC.

UNIVERSTIY/COMMUNITY AFFAIRS: Jim served two terms as a Director of the Purdue University Alumni Association. He participates in the Krannert Graduate School –"Executive in the Classroom", and currently serves on the Purdue Athletic Dept. - Football Advisory Council He serves as VP on the Board of Trustees for his 1,400 home Homeowners Association

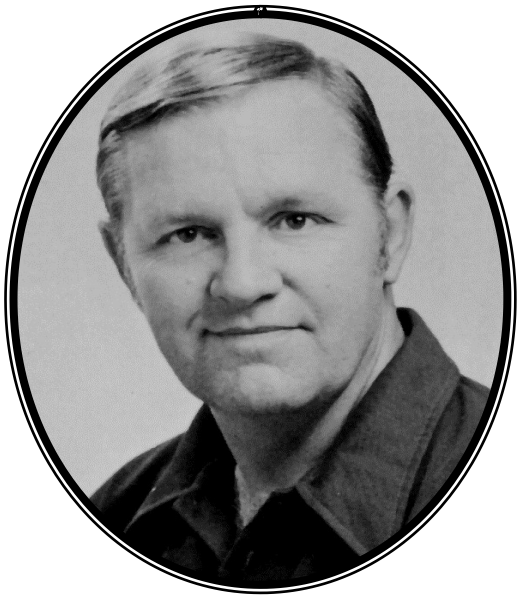


DENNIS COUPE

FOOTBALL & WRESTLING

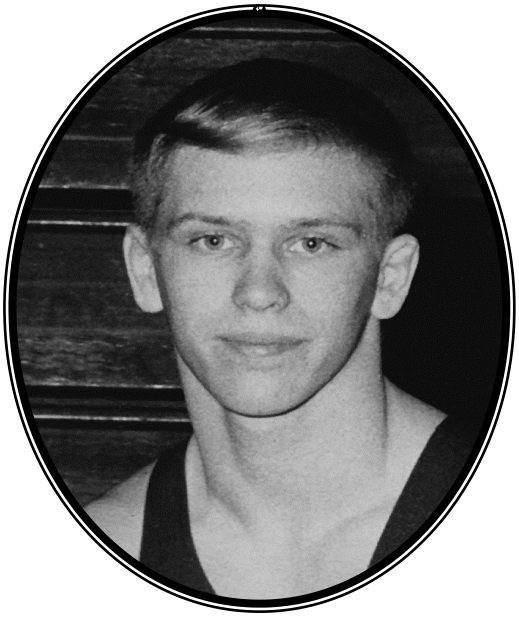
1965-1968

Graduated from The Ohio State University in 1974. Was a teacher and coach at Normandy HS, Jordan-Elbridge (NY), and Orange Schools. Married to Nancy with two children Amy and Jeremy. Has four grand children Bryce, Kiley, Brennen, and Payton. Director of operations & maintenance at Geauga Lake and member of the Cleveland Carpenter Union Local 1435—T. Allen, Inc.



JIM FRITZSCHE SR
HEAD FOOTBALL COACH
HEAD GOLF COACH
1962-1972

Played college football at The Ohio State University in 1946 & 1947. Transferred to Baldwin Wallace College in 1948. Jim played basketball (1949) and football 1949 & 1950. Was elected captain of the football team in 1950. Began his coaching career at Parma Sr. High coaching golf for ten years. In 1962 he became the Head Football Coach at Valley Forge High School where her commanded the sidelines for eleven seasons winning the Lake Erie League in 1963 and 1968. Jim also served as the Golf Coach winning three LEL titles.

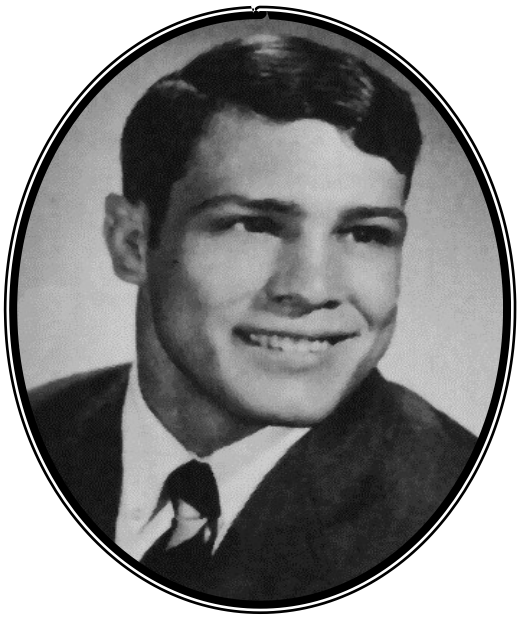


BOB LADE

WRESTLING

1965-1968

Bob Lade was a letter winner in wrestling during each of his three years at Valley Forge. He wrestled on three LEL Championship teams as well as Brecksville and Sectional Meet Championship teams. During his Junior season, Bob qualified to the Ohio State Championship Meet and earned a fourth place medal. The 1968 Patriot Wrestling Team took several Wrestlers to the Ohio State Championship Meet and Bob won the First Place Medal. Based on the depth and talent of the Valley Forge wrestlers, the Patriots earned a trophy for Second Place. After graduation, Bob served in the military in the late 1960's and is now retired .

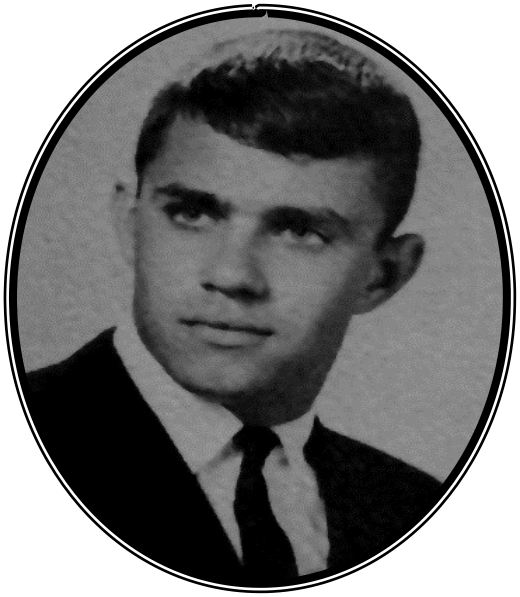


DOUG MOLLS

FOOTBALL

1967-1969

Doug was the eldest son of Eileen and Frank. Attended Valley Forge High in 1967.Member of the 1968 LEL Football Championship Team Member of the 1968 LEL Wrestling Championship Team All LEL Football his Junior and Senior Seasons Press and Plain Dealer All Scholastic Football Award his Junior and Senior Seasons Parma Post All Star 1968Northern Ohio Touchdown Club Member 1968Voted All Ohio in Football 1968Participated in Track & Field and Wrestling in 1967 & 1968Accepted a full athletic football scholarship from Purdue University 1969Started at Middle Guard for Purdue University in 1971 & 1972Still holds the school record at Purdue for most blocked extra points. Earned his Bachelor Degree in Physical Education 1973 Accepted a teaching position at Bedford High School in 1974, where he coached football and track. Accepted a teaching position at Valley Forge High School in 1975, where he coached football and track. Accepted the Head Coaching Position at Mapleton High School in 1979Accepted a teaching position at North Royalton High School in 1983Doug has a daughter Amy from Pflugerville TX, a son Douglas from Strongsville and one grandson Rylan.

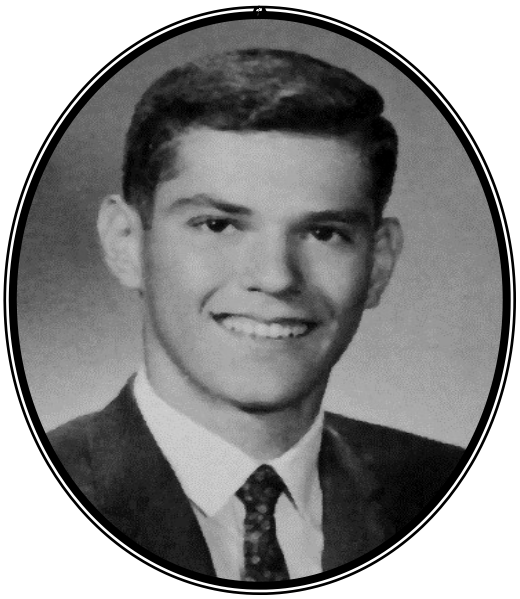


ERIC STEINFADT

CROSS COUNTRY

1963-1965

After college worked for 37 years at General Motors and officiated basketball. Wife “Sam” married 40 years with three children Kyle, Stacey, Shannon, has two grandchildren Kylie and Natalie. Son in laws Sean Jennings , Jim Beck and daughter in law Amy. With son Kyle are the only father-son combo to win a cross country race at Valley Forge.



JIM WOLF

BASKETBALL & TRACK

1964-1967

Varsity VF record 45-11 & varsity Penn record 68-13. Undefeated regular senior seasons at VF 18-0 & Penn 25-0. Cleveland Press & Cleveland Plain Dealer first team All Star 1965-66 & 1966-67, Cleveland Call & Post All Star Captain 1966-67. 40 year career record at VF with 1,047 points and high game record of 42 points. Tied VF high jump record of 6'2". Recruited by 120 colleges. Played basketball and ran track (2 years) at the University of Pennsylvania in the Ivy League. Philadelphia Big 5 Player of the Week & Ivy League Player of the Week. AP ranked 7th 1969-70 & 3rd 1970-71, undefeated in the Big 5 and Ivy League both years. Longest regular season winning streak in the nation at 43. Drafted by the NBA's Los Angelis Lakers & ABA's Carolina Cougars. Resides in Sharon, PA with spouse Susan. Has two daughters, three grand children, and retired Business Manager Sharon City School District.



GENE ZAYAC

CROSS COUNTRY & BASEBALL

1961-1964

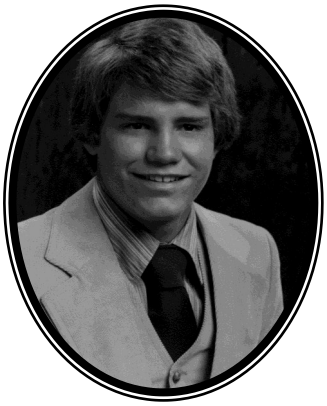
Gene Zayac was almost a lifelong Valley Forge Patriot. He was a student at Valley Forge from opening day and returned from college to teach at VF until his retirement in 2003. While a student at VF, Gene was a Letterman in Cross Country and Baseball during all three years. Gene was a key member of the1963 Cross Country Team which was the first team in the short history of Valley Forge to win an LEL Championship.

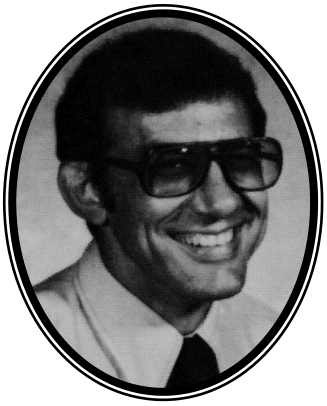
During the spring of 1964, Gene was selected to the All Greater Cleveland Team and participated in the East-West All Star Game. He attended The Ohio State University and was a member of the Buckeye NCAA Championship Baseball Team (his picture is still on display on campus).

After OSU, Gene returned to VF to teach in the Science Department and was the Softball Coach during the switch from slow pitch to fast pitch format. Gene is still active in night school programs and recreation softball.

Gene and his wife still reside in Parma.

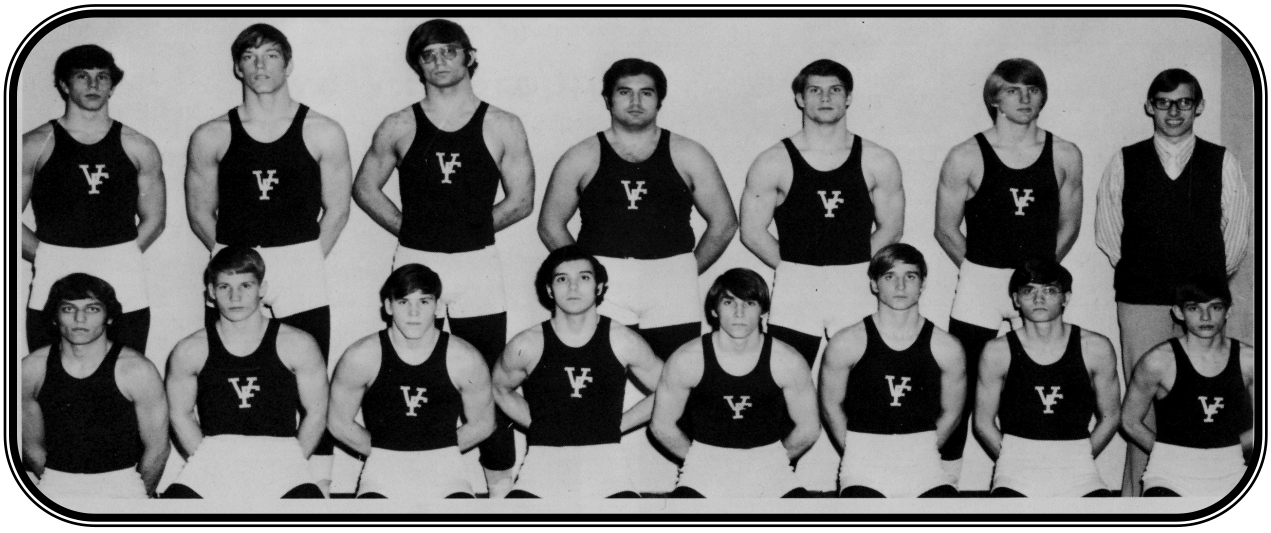
The 70's

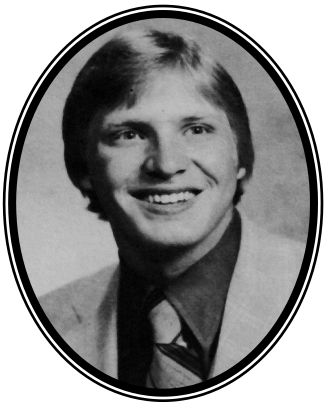






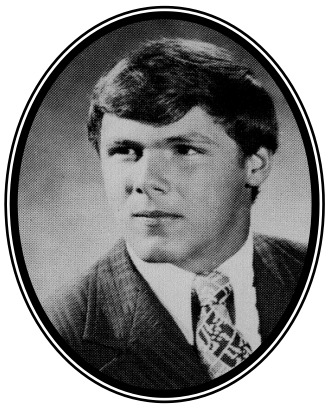


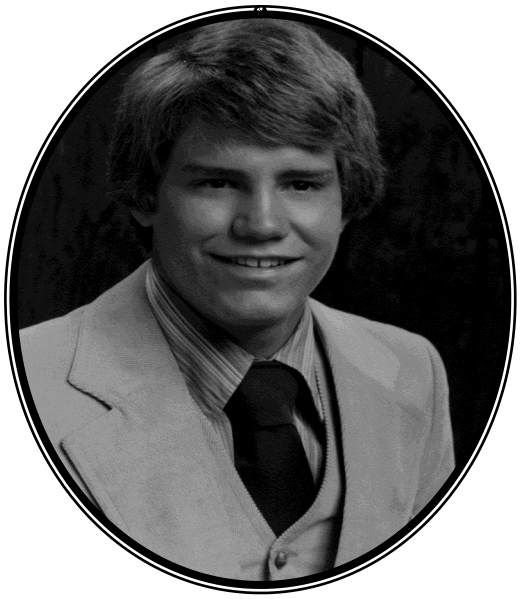












JIM FRITZSCHE JR

FOOTBALL

1975-1978

Born 1960 to Jim and Kate Fritzsche. Jim jr. grew up in the Valley Forge gymnasium with his father Coach Jim Fritzsche sr. Lettered as a offensive tackle and defensive end at VF in 1977 & 1978. Attended Purdue University on a football scholarship from 1978—1982 where he earned three letters . In 1982 was an 8th round draft choice of the Philadelphia Eagles where he played three seasons. Today he resides in Greer, SC with his wife Gabrielle and two kids Beverly and Jimmy.

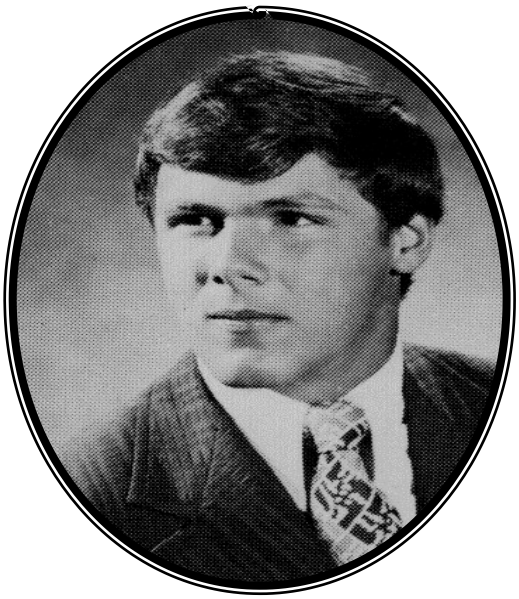


ANDY GISSINGER

FOOTBALL

1974-1977

Andy lettered in football and basketball during his three years at Valley Forge High School from 1974-1977. He was an offensive and defensive lineman as well as post player on the basketball team. He attended Syracuse University on a full scholarship where he excelled in the classroom as well as the football field. He was a four year letterman and three year starter while at Syracuse. He received the Joseph Alexander Award for excellence in academics, was named to the East Coast Conference first team, and was selected as an Eastern Academic All– American. Andy went on to the NFL playing for the “Air Coryell” San Diego Chargers from 1981-1985. He currently resides in Southern California with his family.

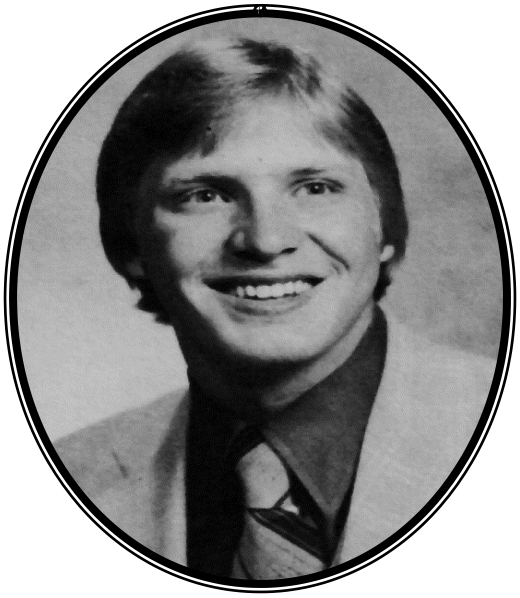


JIM KOVACH

FOOTBALL, BASKETBALL, BASEBALL

1971-1974

Dr. Jim Kovach received his medical degree while simultaneously playing in the National Football League. He attended law school at Stanford University and practiced corporate law, worked at CWRU school of Medicine, was COO of Athersys, Inc., a public biotech company, President of the Buck Institute for Age Research, and has served on the NFL Head, Neck and Spine Committee. He lives in California where he launches technology companies to deliver new product to the sports and medical marketplace.



ANDY MOLLS

FOOTBALL, BASKETBALL, TRACK

1976-1979

Whatever accolades I received throughout my life I owe to my parents and family. They were the ones who helped me develop my core values, set realistic goals and inspired me to push myself beyond limits. I guess one of the benefits of being the youngest child was attending and watching thousands of sporting events that my three brothers and sister participated in. Unfortunately the downside was trying to follow in their footsteps since they undoubtedly set the bar of success extremely high. I knew my challenge to duplicate or surpass them would take a tremendous effort. I started my athletic career competing in CYO sports (Football, Basketball, Track) from the 5th grade through 8th grade for Holy Family Church under local legendary football coaches Al Marconi, Al Heinrich and basketball coach Walt Olszewski. While attending Pleasant Valley Junior High I split time between CYO and public school competition until 9th grade, participating on as many athletic teams as possible. Attended Valley Forge High School in the fall of 1976 and officially made the Varsity Football team my sophomore year just turning 15 years old. I started out as a backup quarterback and was eventually switched to free safety and started all 10 games. In the winter of 1976 I officially made the Varsity Basketball team as a sophomore and in the spring acquired my first letter in Track. As a junior in the fall of 1977 I was a two way starter at fullback and free safety playing both ways the entire football season earning a Plain Dealer All Scholastic nomination. In the winter I was officially a starting point guard for the basketball team and eventually earned my second letter in track. Going into my senior year and final football season of 1978, I was finally moved to tailback and continued my tenure at free safety playing both ways. I ended my season with 999 yards rushing, 6 offensive rushing records, 2 Kickoff returns, Press All Scholastic, Plain Dealer All Scholastic, All LEL, MVP of the LEL and was voted to the North vs South All Star Game. Finished my basketball career as a starter under legendary coach John Stavole and earned my third letter in Track. Highly recruited, I finally accepted a full athletic scholarship from the University of Kentucky and reported to camp in July 1979 at 17 years old. Played at free safety and finally broke into the starting lineup after the third game of my freshman season which I sustained for all four years. Was name All SEC 1981, Nominated as an Press UPI All American 1981, Lead the nation in Punt Return Yardage 1981, Voted Team Captain 1982, Selected to compete in three national All Star Football Games, Hula Bowl, Japan Bowl and Blue/White Bowl 1982.Selected as a Free-Agent by the Houston Oilers in 1983 was released, Selected as a Free-Agent by the Arizona Wranglers of the USFL in 1984 was released. Graduated in 1983 with a Degree in Communications, Married my wife Linda in 1988 and have four beautiful children Audrey, Danny, Carly, Kelsey. Coached 9 years of CYO football for St Columbkille and St Albert the Great. Coached 5 years for Padua Franciscan High School Currently the Telecommunications Manager for Kent State University



MICHELLE MOLLS

VOLLEYBALL, GYMNASTICS, SOFTBALL

1973-1976

MICHELLE MOLLS WAS AMONG THE VANGUARD OF YOUNG LADIES WHO WERE ABLE TO TAKE ADVANTAGE OF TITLE IX WHICH OPENED DOORS TO WOMEN'S VARSITY SPORTS AT VALLEY FORGE HIGH SCHOOL. DURING THE FIRST 12 YEARS, VALLEY FORGE ONLY HAD INTRAMURAL ATHLETIC PROGRAMS FOR FEMALE STUDENTS. MICHELL LETTERED IN GYMNASTICS, SOFTBALL, AND VOLLEYBALL DURING HER THREE YEARS AT VALLEY FORGE. SHE WAS SELECTED AS THE FIRST OUTSTANDING FEMALE ATHLETE IN 1976. DURING HER SENIOR YEAR IN GYMNASTICS, MICHELLE WAS RECOGNIZED AS A HIGH SCHOOL ALL AMERICAN.

.



STEVE RUDO

HEAD WRESLING COACH

1961-1978

Steve Rudo achieved championships at every level in his athletic career, both as a wrestler and as a coach. In high school at West Tech he placed 3rd in the state meet in 1952 and was a member of the 1953 state championship team. In college at Ohio University, Steve was a three-time Mid-American Conference (MAC) Champion, gained All-American honors and had a 24-2-1 record in dual-match competition. He was on the Bobcats' 1955 and 1956 MAC championship teams.

Prior to Valley Forge's opening, Steve started his teaching career at Schaaf Junior High School in 1957 and volunteered as an assistant wrestling coach at Parma Senior High School. When Valley Forge High School opened in 1961, he joined the faculty as an industrial arts teacher. He began the wrestling program, which soon became one of the better high school wrestling programs in Greater Cleveland. He coached for 20 years, posting a dual-match record of 146 wins, 33 losses, 3 ties and one state championship (1972). That state championship is the only one in any sport in the history of the Parma Schools. Steve's teams were state runners-up in 1967 and in 1968.

In addition to those successes, he coached 30 state qualifiers, 3 individual state champs, won 10 Lake Erie League titles, 7 Brecksville Holiday Tournament Titles and 1 District title.

Steve also was the head baseball coach at Valley Forge for ten years, until it was decided that you were only allowed to coach one sport. He chose to continue coaching wrestling.

Steve was inducted into the Ohio University Athletic Hall of Fame in 1979 and into the Greater Cleveland Sports Hall of Fame in 1992.

After retiring from VF in 1985, he taught architectural drafting at Tri-C West for 10 years. .



PAT SEMARY

WRESTLING COACH

1966-2001

In 1966 became an assistant coach at Valley Forge under the legendary coach, Steve Rudo. He remained assistant until 1977. During that time he was privileged to be part of 10 LEL Championships, 7 Brecksville Tournament Championships, 2 State Runner—Up finishes, and a State Championship in 1972. During that time Valley Forge had 36 State Qualifiers, 16 State Placers, and 3 State Champions.

In 1978, Pat became Head Coach and held that position until 2001. As Head Coach for the Patriots, his teams had a dual meet record of 196-128, won 5 LEL Championships and were runner up several times. Won the Solon Invitational in 1972 and placed in the top 4 at the Brecksville Tournament 6 times, including Runner–Up finishes in 1984 and 1992. His teams won 2 Sectional Championships. During his tenure , VF had over 80 District Qualifiers, 15 State Qualifiers, 7 State Placers, and 2 State Champions. Pat spent 29 years in the Parma School system as an Art Teacher and Wrestling Coach.

He has been honored by the Greater Cleveland Wrestling Coaches and Officials Association Division I Coach of the Year 3 times, once in 1992, and in 2007 and again in 2013. Pat was installed in the Kent State Athletic Hall of Fame in 1994.

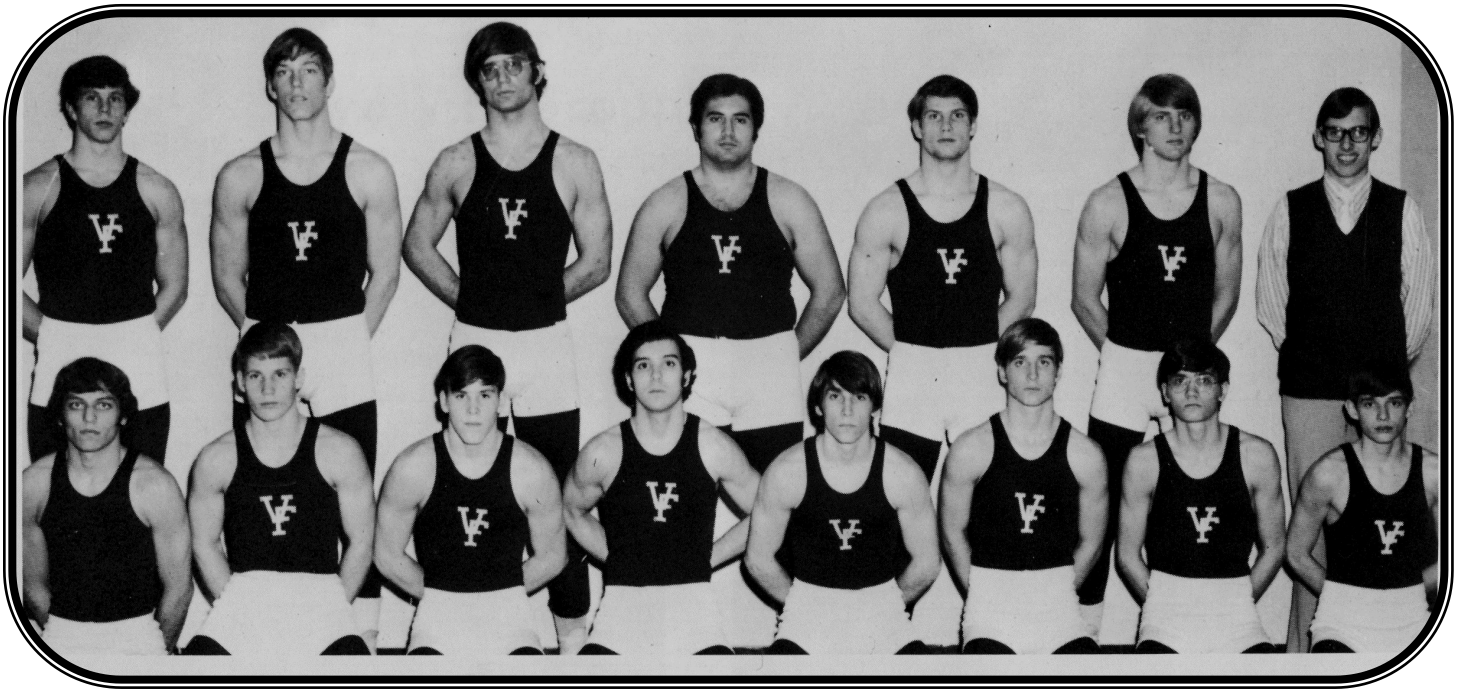


MIKE TRETIAKOW

TRACK

1972-1975

I was always racing the other kids in the neighborhood when I was young. I started competing in track and field at age 10 in the Parma Junior Olympics. By the time I was in high school I had experience in the short sprints, hurdles and the long jump, later adding the high jump. In high school, I was fortunate to have Coach Vicek mentoring me in the high hurdles. I had success in this event, winning the Knights of Columbus indoor 50 yard high hurdles with a meet record time. As a junior in high school, I was the Lake Erie league champ in the high hurdles and high jump. Our hurdle relay posted the fastest time in Ohio. I was injured as a senior but came back in time to capture the Ohio state runner-up spot with a 6'7" high jump. I continued running track at Cleveland State University. I set school records in the 110 meter high hurdles and the long jump, winning the long jump at the Pitt Invitational and the Ohio State Invitational. I earned the "Most Valuable Athlete" at the Cleveland Colleges Track and Field Championship meet, winning the high hurdles, high jump, long jump and 400 meter relay. After college, I coached at the high school and junior high levels in Parma and Berea. I was a mentor to Sherry Pastor in the hurdles who became the first female track athlete at Valley Forge to become a state champion. I currently work at University Hospitals Parma Medical Center as an cardiopulmonary exercise specialist. I continue to be active coaching my heart patients towards healthier lifestyles. Personally, I enjoy all physical activities that my body will still allow me to participate in, including commuting to work on my bicycle, mountain biking, snorkeling and hiking. Finally, I would like to thank all the great teachers of the Parma City School district who I was lucky enough to be coached by, including but not limited to Bob Vicek, David Durrell, Nancy Fedak, Terry Wandt, and Bob Ramlow. These individuals positively influenced my life and I am very grateful for this.



1972
WRESTLING
STATE CHAMPIONS

1972 Lake Erie League, Brecksville, Sectional, District,

and State Tournament Champions.

12-0

Team members:

98 Dave Cotsman, 105 Steve Kibler,

112 Dale Cerny, 119 Greg Young, 126 Sam Pace & Fred Bigenho,

132 Glenn Ferguson, 138 Bill Parker & Jim Horning,

145 Dave Steinmetz, 155 Ron Gross, 167 Skip Fair, 175 Rick Schulz,

185 Chuck Voll, HVY Dan Gurich

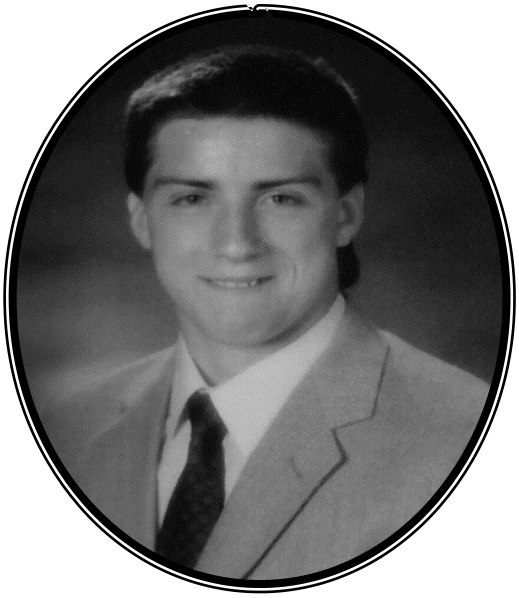
Coaches: HC Steve Rudo, Asst: Pat Semary

Trainer Craig Bollinger

The 80's



Patriotism Prevails

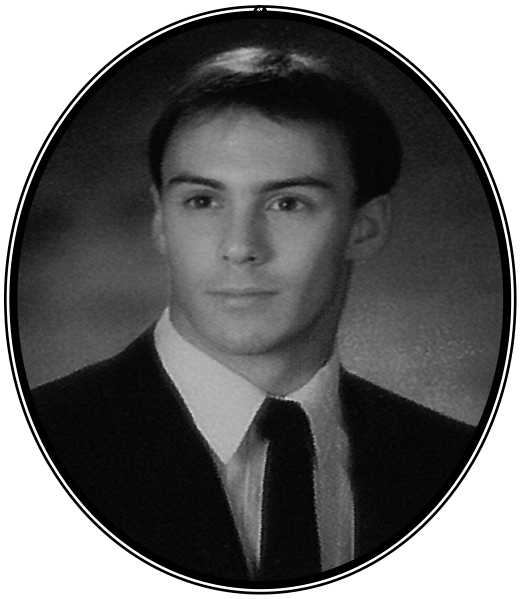


DR.PATRICK AKOS

FOOTBALL / BASKETBALL

1985-1989

Patrick's start in athletics included his brothers Mike and Denny putting him in wrestling tournaments and teaching him moves on the car ride, Al Marconi pushing him in peewee football at Holy Family, rough Nerf hoops with friends and interesting games at Tri-C, being coached by his dad at Pleasant Valley Junior high and playing against him when he coached at Parma, 5am workouts at Omni before high school, and more. After basketball and football at Valley Forge – he was an all-SEC tight end at Vanderbilt University and tried out with the Buffalo Bills. He later earned a Ph.D. in education and built a career in research in school counseling and helping youth thrive at the University of North Carolina at Chapel Hill. He is married to Sloane from Collierville, TN and now enjoys watching his daughters Dalton (volleyball, basketball) and Riley (jujitsu, softball) compete and grow into beautiful women.



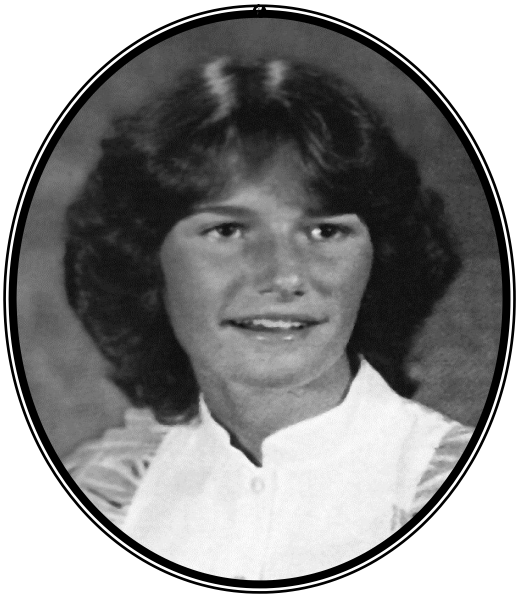
BRETT BROWN

FOOTBALL & TRACK

1985-1989

Brett graduated from Valley Forge High School in 1989 and took his next academic steps to Providence, R.I. where he attended Brown University. While at Brown, Brett excelled academically and athletically. Maintaining a 3.5 grade point average while carrying a double major in Business Economics and Organizational Business Management, he also served as a teaching assistant. He was a member of the Delta Tau Delta fraternity. Played an active role in R.I. Special Olympics (committee member), as well as, a volunteer for Habitat for Humanity and the Rhode Island schools program. He was also captain of the football team and received many awards and accolades. After Brown, Brett went to New York City to start his career as an Institutional Bond Trader. Brett started his career at Salomon Smith Barney, then on to UBS for over 10yrs and is now currently a Managing Director at the Royal Bank of Scotland, where he has been for the past 7+yrs. All in, Brett has been a Bond Trader for just over 20yrs. While in NYC Brett ran the NASP (National Alumni Schools Program) for Brown University covering the Bronx Borough , which included such schools as Bronx Science and Horace Mann. Brett also has continued his support for Brown as a Board member of both the Brown Sports Foundation and the Brown Football Association. He has also started and served on Brown committees and Boards both in NYC and Darien, CT where he currently resides. Within the Darien, CT community, Brett is also very involved. Brett has three amazing sons Carter, Chase and Connor. He coaches many of their sports within town and is also a Board Member of the Darien Junior Football League . In terms of accomplishments, Brett views his friendships and memories in many of his endeavors as some of the most important and greater then any of the accolades and or awards that he has earned. But at the end of the day, it is his three sons Carter, Chase and Connor that he is truly "Most" proud of.

Congratulations to all of the other Inductees to the Valley Forge Hall of Fame.. and GO PATRIOTS!!!!!!!!!!!.

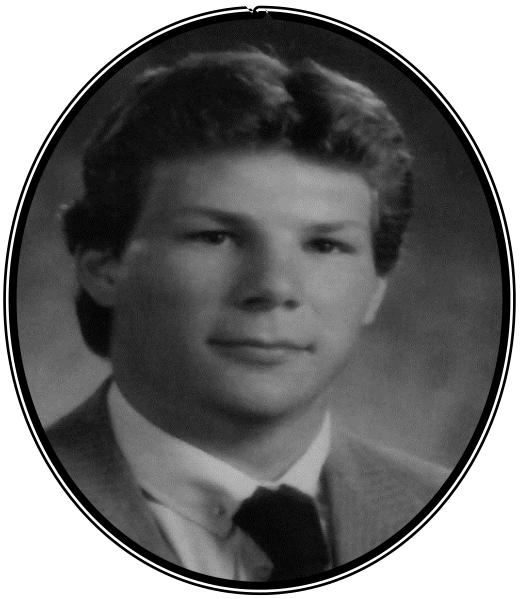


COLEEN GALLAGHER

CROSS COUNTRY, BASKETBALL, TRACK

1980-1983

Coleen Gallagher participated in cross country, basketball, and track earning 9 letters from 1980 -1983. She is among the top point leaders on the all-time scoring list, and was a key member of the Patriot teams which qualified to the regional tournament. During her Cross Country career, Coleen led the Patriots to an LEL championship and finished 3rd individually in the Ohio State Meet where she established the 5 K Patriot record time of18: 04. She is, also, the Patriot record holder in several individual and relay events. Coleen qualified for the State Track Meet in several events, earning 3rd in the 1600 M run and 5th in the 4 x 800 M relay. Coleen earned a scholarship to Villanova participating in Cross Country and Track. She is a two time All-American. Her teams won nine Big East Conference Championships and eleven teams qualified for the NCAA Championships. She earned six Big East Conference titles (including relays). The Wildcat 4x800 Relay team briefly held an indoor meet World Record. Coleen earned a law degree from Catholic University in Washington DC and now lives with her family in Potomac Maryland.



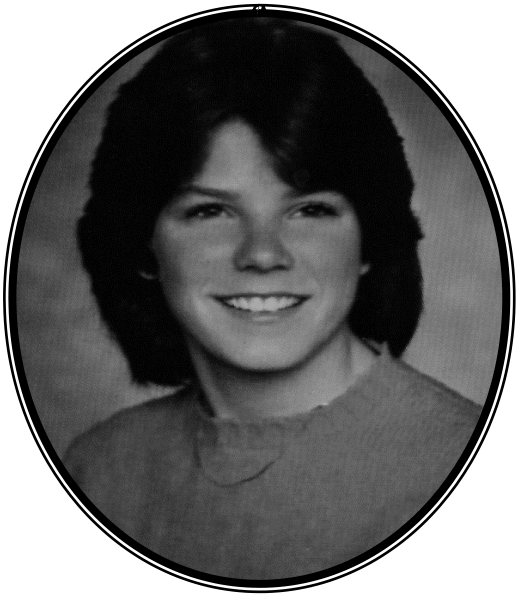
MARK HENEGHAN

FOOTBALL

1982-1986

Mark was a 3 year Varsity starter (‘83-‘85) for the Patriots. Earning Second Team All Ohio ‘85, Sun West Co-defensive MVP ‘85, Plain Dealer Northeast Ohio All-Star ‘85, and Two time All LEL First Team.

After High School, I remained in the area and live in Parma with my wife Tracy and two daughters Paige and Kaitlin. I have been working as a Pipefitter for Local 120 for 20 years. When I am not traveling for work, I spend time with my family. I have been involved with my daughters in Adventure Princesses and their sports which keeps me busy most of the year.



DIANE HOLLISH

BASKETBALL & SOFTBALL

1981-1984

Played 3years varsity basketball and softball. All Lake Erie League two years for basketball and Plain Dealer's Dream Team. Ranks 3rd all time for Valley Forge Girls Basketball with 892 points. Continued playing at The University of Akron from 1984-1988. Started and played in every single game for 4 years. A record holder of assists and scoring and inducted in 2010 to Akron' s Hall of Fame. After basketball, became sales rep. for the Campbell Soup Co. Married in '95 with 2 sons, 14 and 16 yrs. old. Coached for several years in travel and AAU leagues. Also coached at Valley Forge and Bethany Lutheran school. Currently reside in Strongsville and I substitute teach in the area.



KEN MASICA
WRESTLING
1979-1982

I am grateful for the opportunity that my public education at Valley Forge has afforded me to learn the lessons of sportsmanship in the gym and the importance of academics in the classroom. I am indebted to my Parents, Coaches, and Teachers for all of their help and for providing me an opportunity to compete in the sport of wrestling and understand the importance of hard work and perseverance. After high school, I attended Cleveland State University and earned a Bachelor's Degree in Electrical Engineering while working as an undergraduate intern at NASA and then attended graduate school at Ohio State University on a NASA research grant while earning a Master's Degree. I currently live in California and work as a Systems Engineer at Lawrence Livermore National Laboratory, working in the field of national security. I strive to apply the early lessons learned and values developed while at Valley Forge to stay active, participate in a variety of sports and outdoor activities, and volunteer my time in the communities where I have lived and worked.

Three year starter on the Wrestling Team with a 68-7 overall record, 1979-82.

Three-time Lake Erie League individual champion from 1979-82 and conference MVP in 1982.

Sectional, District, and Ohio Class-AAA / Division-I State Champion at 119 lbs. in 1982.

Padua, Twinsburg, Warrensville, and Brecksville Invitational Wrestling Tournament titles, 1980-81.

Ohio All-Star and Greater Cleveland East-West All-Star Wrestling Teams, 1982.

Cleveland Plain Dealer All Scholastic and All Sun West Wrestling Teams, 1982.

U.S. Army Reserve National Scholar/Athlete Award, 1982.



BARB MUCHA

GOLF & BASKETBALL

1977-1980

Born December 1, 1961 in Parma Hospital. Lived in Parma Hts, Ohio with father George (deceased), mother Lillian, and siblings Fran and Mike. Grew up playing all kinds of sports (softball, bowling, basketball, and golf). Played on the Boys Golf team at Valley Forge HS. Graduated in 1980 and attended University of Cincinnatti and Michigan State on a Golf scholarship . Turned professional in 1984 and played on the mini-tour (Futures Tour) and moved to Orlando, FL. Won 7 time on the Futures Tour earning full time status on LPGA in 1989 winning 5 times in the 1990's. Continued to play on the LPGA through 2010. Currently plays on the Legends Tour (Sr. Tour) with one win. Also teaches golf and mentors aspiring young pros along with volunteering her time to several organizations.



SHERRY PASTOR

TRACK & CROSS COUNTRY, GYMNASTICS

1978-1981

Sherry Pastor:

Participated in both track & field and gymnastics three years at VF from 1979-81

Earned five varsity letters, and three MVP awards

Advanced from Sectionals eight times, setting three records

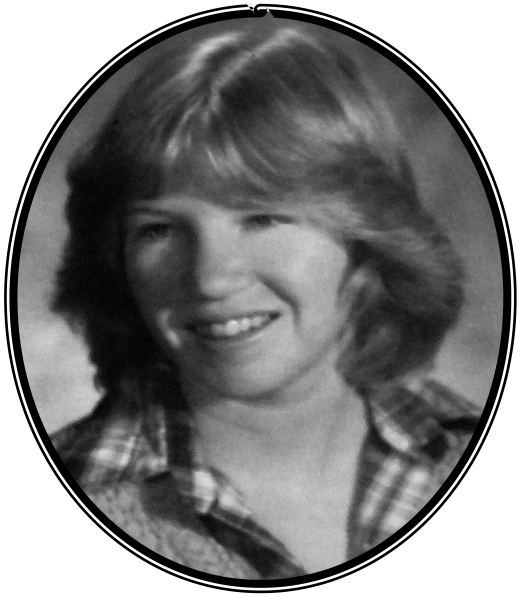
from Districts five times, setting two records

4 time State placer, including one championship

Recognized by the Lake Erie League seven times

Recognized by the OH Assoc. of Track & Cross Country Coaches two times

VF assistant girls track coach in 1988.

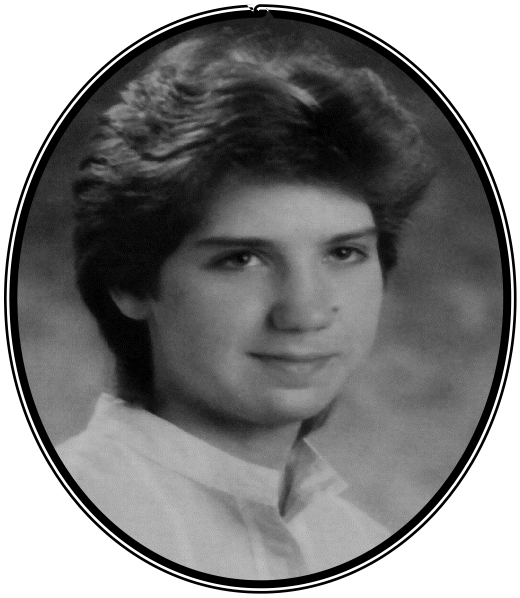


NANCY ROGERS

CROSSCOUNTRY, BASKETBALL, SOFTBALL, TRACK

1978-1981

Participated 4 sports (Cross Country, Basketball, Softball, Track) earning 10 varsity letters during her career at Valley Forge. Was District qualifier in Cross Country and All LEL in Girls Softball. In Basketball she was named the LEL Co - MVP, First team All State, Plain Dealer/Sun Post All Scholastic , Plain Dealer Dream Team, and Cleveland Press All Star. Also played on the Regional Finalist Basketball Team and named the Outstanding Female Athlete in her senior class.



AUDREY WARNOCK

BASKETBALL, SOFTBALL

1981-1985

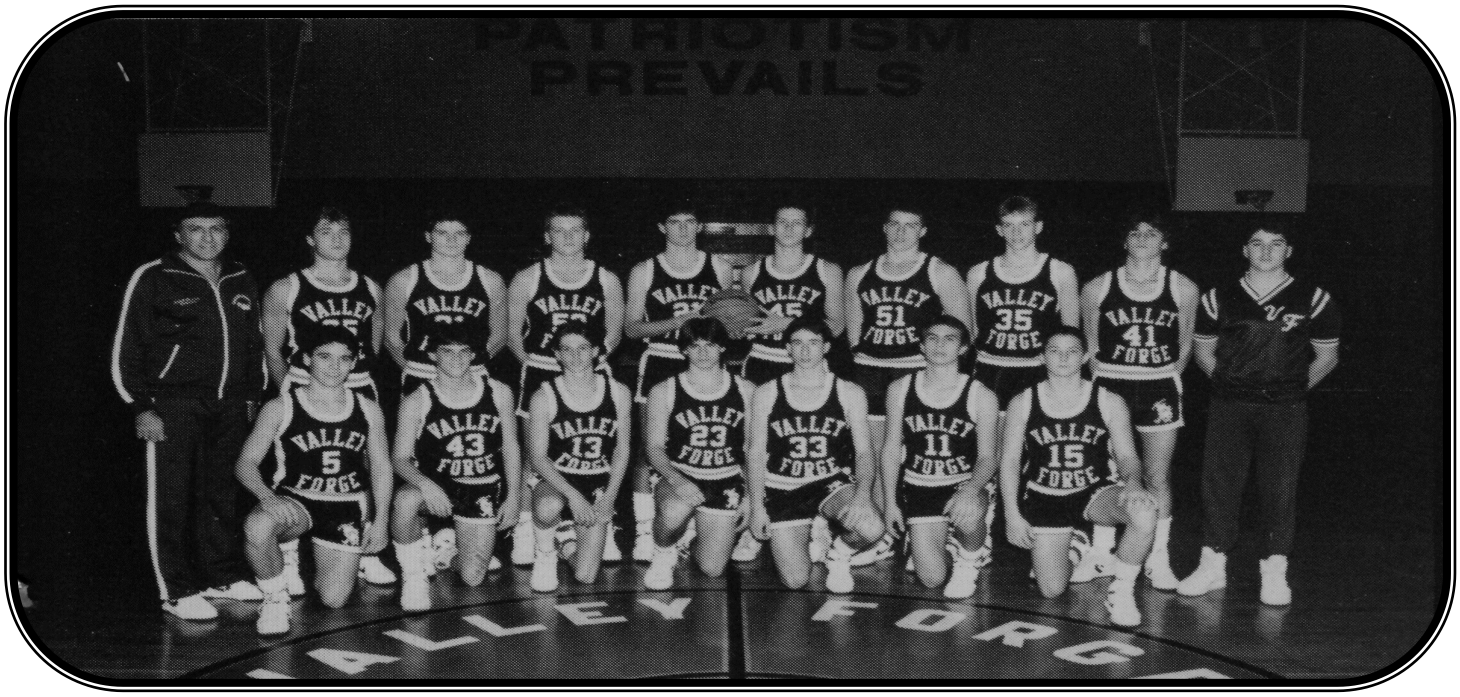
During her Patriot career (1983-1985) Audrey enjoyed success on both the volleyball and basketball court as well as on the softball diamond. Named to the All-Sun West first team in all three sports, Audrey was also selected as a three-time first team All-Lake Erie League softball player, a three-time first team All-LEL volleyball player and a first team All-LEL basketball player in 1985. The highlight of Audrey's high school career came during her senior year when she helped secure VF's very first LEL volleyball title, and was named LEL MVP/Player of the Year for her efforts.

As a John Carroll University Blue Streak, Audrey earned All-Presidents' Athletic Conference basketball honors four times and was named team MVP in 1989. At the time of her graduation she held school records for most points in a game, career free throw percentage and career field goals made. On the diamond, she was a three-time PAC softball player of the year and four-time first team all-conference selection, leading all of Division III in batting average both her junior and senior years. She was elected to the Blue Streak Athletic Hall of Fame in 1999.

After her college graduation, Audrey continued her softball pursuits, helping her teams bring a number of amateur softball triumphs home to the Cleveland area, most notably the 2000 USSSA Great Lakes National Championship (Canton, MI) and the 2000 (Midland, TX), 2001 (Phoenix, AZ) and 2004 (Orlando, FL) Majors ASA Coed National Championship. She was honored as a first-team All-American selection after each tournament.

A current resident of Valley City, Ohio, Audrey takes great pride in applying lessons learned from her athletic career to her tenure at Akron Children's Hospital. As corporate compliance and privacy officer, Audrey's professional responsibilities include ensuring the organization's compliance with regulatory healthcare law, patient privacy and human subjects' research. In her spare time, Audrey still enjoys traveling, golfing and playing softball, and volunteers for various organizations including Habitat for Humanity, The United Way and a number of local food banks and animal rescue groups.

Audrey is honored to stand amongst her fellow inductees, and wishes to acknowledge her coaches, teachers, friends, fans and the Hall of Fame Committee - without them this honor would not be possible. Audrey also wishes to express tremendous gratitude to all of her teammates, and is proud to share a page of Patriot history with each and every one of them. Most importantly, Audrey wishes to thank her family, parents Len and Marleen and brother Paul, for all of their love and support throughout the years.



1987-1988
BOYS BASKEBALL TEAM
FINAL FOUR
21-4

The top basketball team in the history of the Parma City School District, the 1987-88 team made the district's only appearance in the Final Four. The team earned a regional championship over St. Joseph and was also the district, sectional and Lake Erie League champion. The team started off 5-3 on the season before winning 16 games in a row to finish at 21-4. The team would spark a decade-long run of excellence as four other boys basketball teams reached the regionals. No other basketball teams in the Parma City School District have ever advanced into the regionals besides Stavole's Valley Forge teams.

Team Member: Pat Akos, Dave Berger, Craig Bobeck, Dave Clark, Jim Hanna, Mark Laski, Bo Lynch, Joe Markowski, Larry McEwen, Chuck Monaghan, Bill Riggle, Barry Smith, Pat Teresi, Joe Torok, Carmen Vanello.

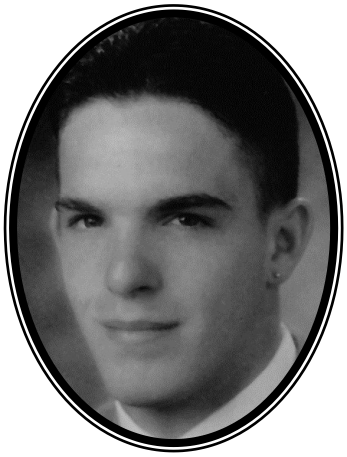
Coaches: HC John Stavole, *ASST:* Tom Moran, Mark Thomay, Bill Haas

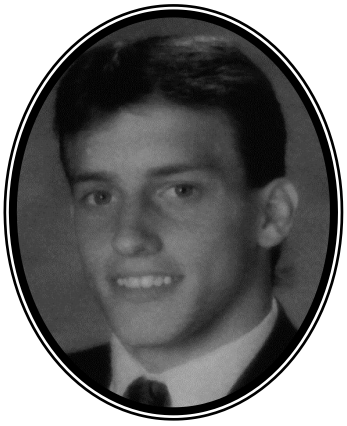
Managers: John Mikel, John Jakus

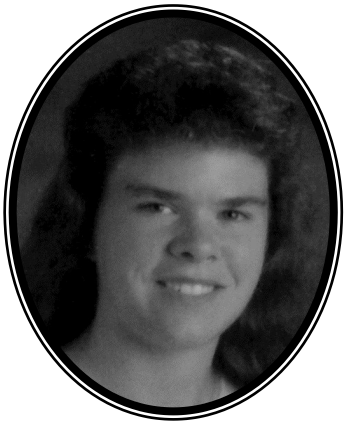
The 90's



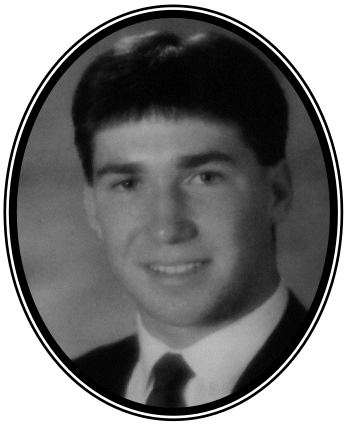


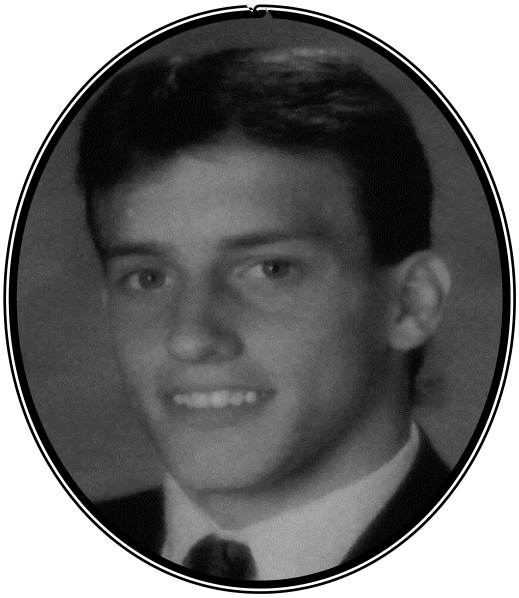












KYLE BENTLEY

WRESTLING

1988-1992

While at Valley Forge, Bentley played football and wrestled. Bentley, won a Division I State Championship at 125 pounds, wrestled at the NHSCA National tournament, placing 5th at 130 pounds, earning All American status. Bentley was also a member of the jazz band, symphonic band and orchestra. Bentley attended Kent State University and was a member of the wrestling team. While at Kent State University, Bentley earned four letters, was a four year captain, four time Mid-American Conference place winner, 2X finalist, and an NCAA national qualifier. Bentley earned a Bachelor of Science in Education and a health degree from Capital University. Bentley started his teaching career at Parma's own, Renwood Elementary and for the past eight years, Mr. Bentley has been the physical education teacher at Lincoln Elementary and head wrestling coach at Gahanna Lincoln High School. Bentley has coached 23 State qualifiers, 9 State place winners, two State Champions, including a NHSCA Senior National Champion. Bentley was voted 2003 Mid State League and 2007 Ohio Capital Conference coach of the year. Kyle currently resides in Blacklick, Ohio with his beautiful wife of 13 years Kristi (Herbst) and three children Ty, Camden and Kaylee.



ANTHONY FONTANA

BASKETBALL & BASEBALL

1993-1997

Anthony Fontana, proud husband and father of 4, graduated from Valley Forge in 1997 with numerous honors in baseball and basketball. Anthony went on to have great success in baseball at Bowling Green State University and was drafted by the Boston Red Sox in the 7th round in '00 after a junior year in which he was named 1st Team All-Mac and Rawlings 1st Team All– American. Anthony is now the Principal of a Catholic School in Burlington, VT and is close to finishing his Doctorate in Education.

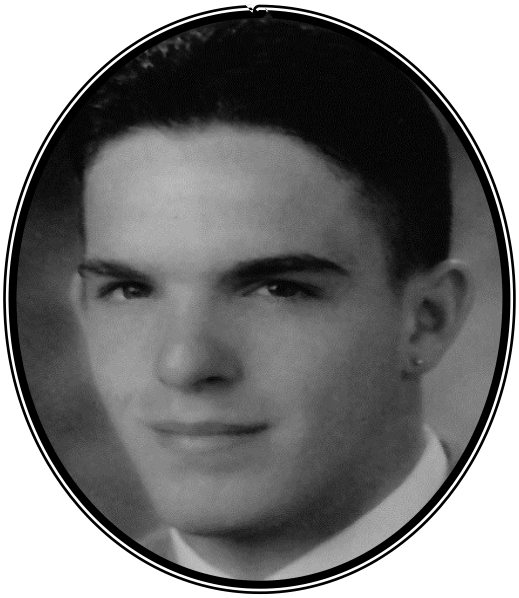


ANN MARIE MARTIN

BASKETBALL & TRACK

1990-1994

Ann Marie was born and raised in Parma with a loving and supportive family. First time she had a ball in her hands was at the tender age of 6, with her first coach ever, her dad. She has had a lot of great coaches since then. Mr. Romeo who told her to take a chance and try throwing the shot put in junior high. The first time she threw the shot put she broke the junior high record. Then at Valley Forge with coach Terry Wandt she continued her success. Also at Forge, Ken Konchan and the late great Jim Murray for basketball. Coach Murray showed her how to play in the post which helped her earn a basketball scholarship to Youngstown State University. At YSU she played for an amazing coach Ed DiGregrio and a group of women that became her 2nd Family. While at YSU she started all 4 years. In those years she was part of the team that was the 1st in men's or women's to go to the NCAA tournament. Her senior year in 1998 they became the 1st team to win in the NCAA tournament . Finishing up her career she led the team all 4 years in FG% and FT%. She currently is a comprehensive science teacher. In 2008 she was inducted into the YSU Hall of Fame. Currently she can be seen officiating the games she loves; college lacrosse, volleyball, track & field, and her favorite sport basketball.

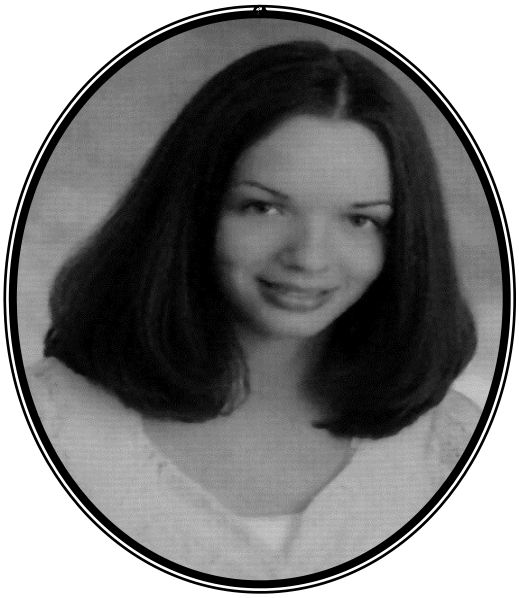


RYAN PATTON

BASKETBALL

1995-1997

Born and raised in Parma, Ohio. Attended Holy Family grade school—winning the CYO city championship in 8th grade. Played basketball with fellow Hall of Famer Tony Fontana at Holy Family and Valley Forge High School. At VF earned All LEL, All County , All Ohio, and League MVP honors. Holds the VF single season scoring average at 23.6 ppg and is 8th all time with 843 points. Played basketball at Youngstown State University and graduated with a Bachelor of Arts. Played professional basketball in Europe & Great Brittan. Coached college basketball at The University of Mount Union. Currently owns Ryan Patton Hoops 4 Health. Proud uncle of Carter, Kylie, and Quinn.



NATALIE SAKO

VOLLEYBALL, BASKETBALL, TRACK

1999-2003

A three sport athlete at Valley Forge, Natalie was a team captain and All LEL in volleyball. In high jump she was All Ohio in 2002 and 2003 D1 State Champion. At the University of Akron she was a three time MAC Champion and four time D1 All-American. She was a member of five MAC indoor/ outdoor championship teams including the first woman's triple crown team in MAC history. She jumped an Olympic trial qualifying mark of 6'-0" and was chosen to the '06 U23 Team USA. She was voted among the top 40 female athletes in the past 40 years at the U of A.

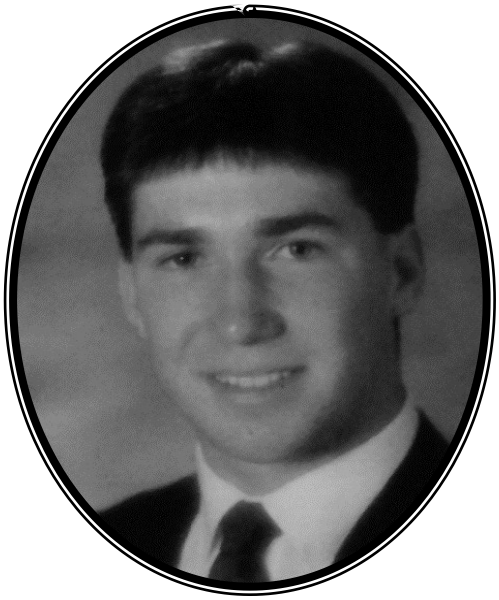


JOHN STAVOLE

HEAD BASKETBALL COACH

1979—2000

One of Valley Forge's most successful head coaches John Stavole guided the Patriots' boys' basketball program for 20 years and the softball team for seven seasons. Stavole guided his 1987-88 basketball team to the OHSAA Final Four. Numerous teams achieved a high level of success under Stavole. His 1996-97 team advanced to the regional final. Stavole's teams also appeared in the regionals in 1989, 1992 and 1995. The Patriots also earned five district championships, eight sectional championships and three conference championships under Stavole's tutelage. He is a two-time GCBCA Coach of the Year and was the 1992 Cuyahoga Country Coach of the Year. On the diamond, Stavole guided the Patriots to LEL and sectional titles in 1995. After his career at VF, Stavole was an assistant at John Carroll University for eight seasons helping the Blue Streaks earn five OAC titles and make four NCAA Division III appearances. He is also inducted into the John Carroll University Athletic, the St. Ignatius High School and the Parma Amateur Athletic Federation Hall of Fames.

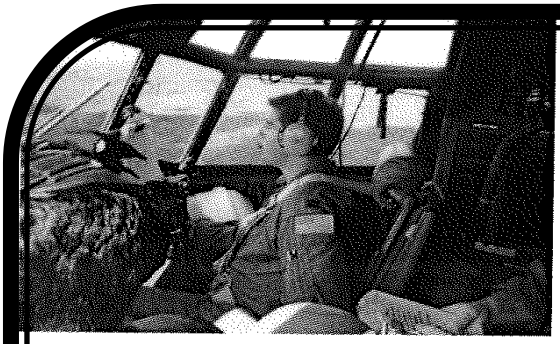


RICH YURKIEWICZ

FOOTBALL, BASEBALL,HOCKEY

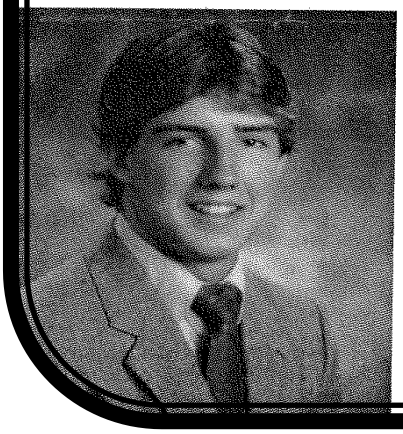
1987-1991

Athletics played a major role in my life!. I always wanted to follow in my brother, Eddie's ('85) footsteps to become the athlete he was. I have to thank my mother June, who worked two jobs to pay for me to play, to buy my sports equipment, but most of all feed me in high school. With everything I've achieved athletically, no award or accolade can make me prouder than being a dad to my son, Cole. He makes me more proud every day. Thank you for this recognition. I am honored to be a Patriot!

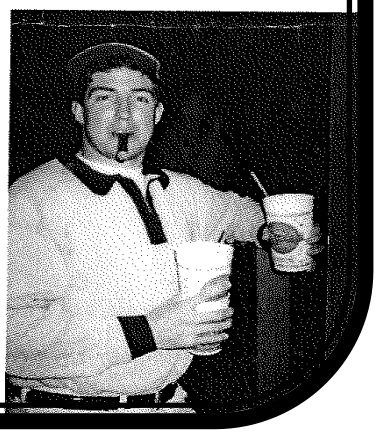




In memory of Mike Akos
Valley Forge alum 1987
All-LEL Swimmer
Major – U.S. Air Force Pilot







VALLEY FORGE PATRIOTS

WARMEST CONGRATULATIONS TO THE VALLEY FORGE ATHLETIC HALL OF FAME INDUCTEES.

WELL DESERVED!





AND...WAY TO GO NATALIE!

The Sako Family



Thanks for the Memories

A special tribute to my wife Shirley who was my backbone and my inspiration and to my son Joe & Family.

Thanks to all the administrators, teachers, non classified staff, parents, students, fans, the pep band, and cheerleaders who supported us.

Special thanks to my assistant coaches - Bill Haas, Tom Moran, Mark Thomay, Leo Cifelli, Pat Teresi, Bill Ritter, Lou Cangelosi, Denny Bodnar, Kim Weber, Molly McIntyer, Brad Hicks, and Pat Waltz. What a great supporting cast!

Finally and most importantly, to all the players, managers, and trainers. You made it Happen!

The award belongs to you.

Thanks for the memories!

Coach John Stavole

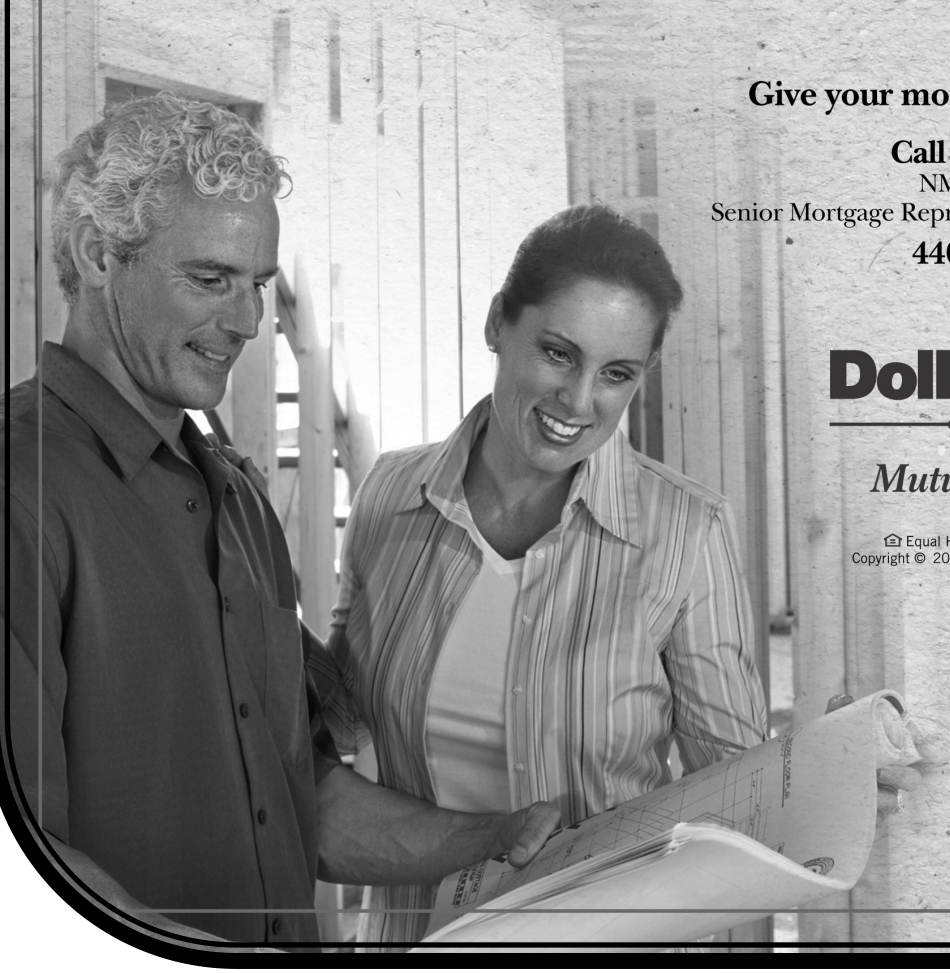
Building a new home?

Give your mortgage a home at Dollar Bank.

Our mortgage experts will make construction financing easy and Dollar Bank retains the servicing of all of our construction mortgages, so you can feel confident knowing that your mortgage is in caring and capable hands for the duration of your term.

Our Construction Mortgages Offer:

- 5/1 Adjustable Rate Mortgage and 15, 20 and 30-year Fixed Rate Mortgages.
- The process is identical to applying for any home mortgage.
- Mortgage amounts up to $1 Million.
- Make interest only payments as each construction phase is completed.
- Only one closing. Your construction mortgage will automatically convert to a permanent mortgage with the same low rate.



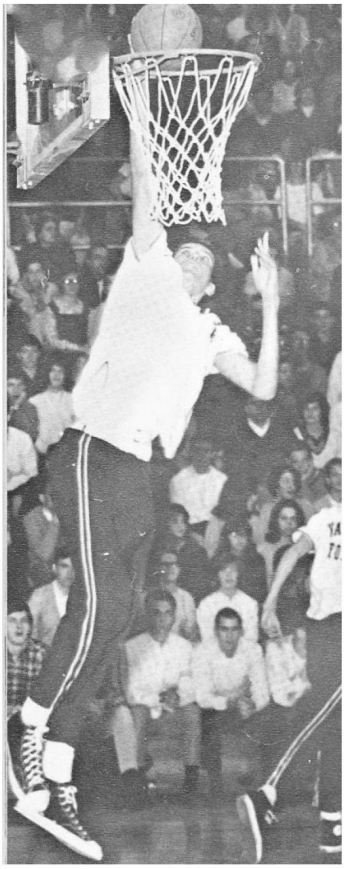
Give your mortgage a home today.

Call Kevin Yurik
NMLS# 489489
Senior Mortgage Representative, Residential Lending
440-821-0282

Dollar Bank®
Since 1855
Mutually Inspired

Equal Housing Lender. Member FDIC.
Copyright © 2014, Dollar Bank, Federal Savings Bank.

MOR263_14



Congratulations Jim Wolf!

First class into the Valley Forge Hall of Fame!

You're still a slam dunk
after 47 years!

We love you!
Susan, Rebecca, Sarah, Bob,
Cassidy, Brodie, and Heath

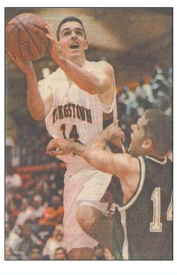
Congratulations to Ryan

and the Inaugural Hall of Fame of Valley Forge High School

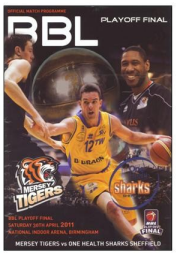
"Thanks for the Memories"

Love, Mom, Dad, KP, Shane, Connor, Meghan,
Mike, Rachael, Kim, Carter, Kylie and Quinn









Pizza Menu

	Small 6 cut - 9 in.	Medium 8 cut - 12 in.	Large 12 cut - 16 in.	1/2 Sheet 24 cut squares
Cheese (Mozzarella & Provolone)	6.50	8.75	11.15	12.65
Extra Items	1.00	1.30	1.60	1.95
Full Sheet Pizza	Cheese 17.50		Additional Items $3.50	

(30, 36, 40, and 48 Cut – 18" x 26") (24 hour notice required)

Items – Pepperoni, Sausage, Canned Mushrooms, Onions, Green & Red Peppers, Bacon, Black Olives, Ham, Jalapeño Peppers, Mild Pepper Rings, Sliced or Chopped Tomatoes, Salami, Broccoli

Specialty Items – (1 ½ Item Charge) Anchovies, Artichoke Hearts, Grilled Chicken, Meatballs, Pineapple, Crabmeat, Shrimp, Spinach, Extra Cheese

STROMBOLI **Regular, (serves 1-2)** ..... 8.50 **Large, (serves 2-4)** 11.50
Ham, salami, mild pepper rings, provolone & mozzarella cheeses, wrapped in our homemade dough served w/side of spaghetti sauce

Calzone w/choice of 2 regular pizza items 8.29

BLT Calzone Lightly sauced calzone cooked with bacon & then stuffed with lettuce, tomato & mayo 8.79

Dina's Specialty Pizzas

ASK ABOUT OUR PIZZA OF THE MONTH

	Small	Medium	Large	1/2 Sheet
BBQ Chicken Pizza BBQ sauce, diced grilled chicken, topped w/cheddar, mozzarella & provolone cheeses	8.50	11.35	14.35	16.55
Margherita Pizza (Lea's favorite) Garlic oil topped w/tomatoes, basil, mozzarella & provolone cheeses	7.50	10.05	12.75	14.60
Buffalo Chicken Pizza Ranch dressing, grilled chicken strips tossed in buffalo sauce, topped with celery, mozzarella, provolone & cheddar cheese	8.50	11.35	14.35	16.55
Dina's Delight Pizza sauce, chopped tomatoes, topped w/parmesan, mozzarella & provolone cheeses	7.50	10.05	12.75	14.60
Hawaiian Delite Lightly sauced, ham & pineapple, topped w/mozzarella & provolone cheeses	8.50	11.35	14.35	16.55
♥ **Healthier Choice Pizza** Mom's famous Italian recipe: chopped tomatoes, special herbs & spices, topped w/grated parmesan cheese (lower in fat and calories)	6.50	8.75	11.15	12.65
Hot Artichoke Pizza Pizza sauce, garlic, jalapeno peppers & artichoke hearts, topped w/mozzarella & provolone cheeses	9.50	12.65	15.95	18.50
Meat Lovers Pizza Pizza sauce, bacon, ham, pepperoni & sausage, w/mozzarella & provolone cheeses	10.50	13.95	17.55	18.50
Meatball Pizza Spaghetti sauce & you guessed it, meatballs! topped w/mozzarella & provolone cheeses	9.50	12.65	15.95	18.50
Seafood Pizza Garlic oil, shrimp, crabmeat, topped w/parmesan, mozzarella & provolone cheeses	9.50	12.65	15.95	18.50
Spinach Bianca Pizza Garlic butter, spinach, sliced tomato, parmesan, mozzarella & provolone cheese	8.50	11.35	14.35	16.55
Taco Pizza Salsa, seasoned beef, tomatoes, black olives, cheddar, mozzarella & provolone cheeses, topped w/lettuce, served w/taco sauce & sour cream	10.50	13.95	17.55	20.65
Veggie Pizza Garlic oil, marinated broccoli, cauliflower & carrots, topped w/cheddar, mozzarella & provolone cheeses	9.50	12.65	15.95	18.50
White Pizza Garlic oil w/mozzarella & provolone cheeses	6.50	8.75	11.15	12.65

Salads

Old Brooklyn's Favorite Salad 7.29
Fresh spinach & spring mix with glazed pecans, dried cranberries, fresh strawberries, cucumbers, tomatoes & croutons tossed in our fat free raspberry vinaigrette dressing

House Salad 3.29
Lettuce, cucumbers, red onion, pepperoncini, mozzarella & provolone cheese, croutons & cherry tomatoes

Large House Salad 4.59
Lettuce, cucumbers, red onion, pepperoncini, mozzarella & provolone cheese, croutons & cherry tomatoes

Pepperoni Salad 5.59
Lettuce, cucumbers, red onion, pepperoncini, mozzarella & provolone cheese topped with fried pepperoni, croutons & cherry tomatoes

Antipasto Salad 6.59
Lettuce, cucumbers, red onion, pepperoni, ham, salami, pepperoncini, mozzarella & provolone cheese, croutons & cherry tomatoes

Cobb Salad 8.99
Lettuce, cucumbers, red onion, bacon, chopped eggs, grilled chicken, pepperoncini, croutons & dry bleu cheese. Served w/poppyseed dressing & cherry tomatoes

Caesar Salad Romaine lettuce, onions, parmesan cheese, croutons & caesar dressing 6.59

Chicken Caesar Salad 7.99
Grilled chicken strips, romaine lettuce, onions, parmesan cheese, croutons & caesar dressing

Chicken Salad 6.99
Lettuce, cucumbers, red onion, pepperoncini, grilled chicken, croutons & cherry tomatoes – add cheese ....75¢

Buffalo Chicken Salad 7.99
Lettuce, cucumbers, red onion, pepperoncini, croutons, tomatoes & topped w/breaded chicken strips dipped in our mild or buffalo sauce - add cheese ....75¢

Tuna Salad 5.99
Fresh tuna salad, lettuce, cucumbers, red onion, pepperoncini, mozzarella & provolone cheese, croutons & cherry tomatoes

Turkey Salad 5.99
Sliced, smoked turkey breast, lettuce, cucumbers, red onion, pepperoncini, mozzarella & provolone cheese, croutons & cherry tomatoes

Wedge Salad 6.59
Iceburg lettuce & crispy bacon drizzled with warm bacon dressing & a side of crumbled bleu cheese

Choice of Dressings: Italian, Balsamic Vinaigrette, French, Ranch, Poppyseed, Honey Mustard, 1,000 Island, Creamy Italian, Fat Free Raspberry, Caesar, Warm Bacon, Lite Ranch, Lite Italian
Extra Dressings - **2 oz. - 30¢ 4 oz. - .50¢** Bleu Cheese, Crumbled Bleu Cheese - **2 oz. - 40¢ 4 oz. - 80¢**
Bowl of Ranch - **SM. 8 oz. - $1.00 LG. 12 oz. - $1.50**
Bowl of Bleu Cheese - **SM. 8 oz. - $1.50 LG. 12 oz. - $2.50**

Desserts

Zeppoli 6/3.29 Dozen/5.29
Deep fried dough w/powdered sugar
Vanilla or Chocolate Cheese Cake 4.99
Molten Cake 5.99
Cassata Cake 7.99 Feeds 2 People

Bottled Wing Sauce

House Mild Sauce
House Hot Sauce
6.00

Beverages

Beverages to Go 75¢/can 6/3.50
Coke, Diet Coke, Lemonade, Root Beer, Fuze Iced Tea, Sprite
Bottled Water - 1.50 Bottled Rootbeer - 2.25
Red Bull/ Sugar Free Red Bull - 3.00
2 Litre Coke, Diet Coke, Sprite, Fruit Punch - 2.50

Beer & Wine Available for Delivery



DINA'S
Pizza & Pub
(The Filling Station)

5701 Memphis Ave.
Old Brooklyn, OH 44144

We Deliver
$5 Minimum for Delivery
Limited Westside & Downtown Delivery

(216) 351-FOOD (3663)

Where Good Friends Meet For Good Food & Good Drinks

Daily Specials

Sunday - Thursday 11am - Midnight • Friday - Saturday 11am - 1am
Bar Open Daily till 2:30 am • Serving pizza till 2:00 am • 216.351.3774 (bar)

Full Service Restaurant & Bar, Delivery, Pick-up Window,
On & Off-Site Catering, Banquet Room Available

Our Sauces and Dough Are All Homemade & Made Fresh Daily

Starters

Queso Dip Multi colored tortilla chips served with a side of warm queso cheese & salsa 3.59
Steamed Broccoli 2.99
FRESH Veggie Basket 5.49
FRESH assortment of broccoli, carrots, celery & cucumbers served w/ a side of ranch dressing
FRIED Veggie Combo 5.99
Combo of deep FRIED cauliflower, mushrooms, onion rings, zucchini, mozzarella sticks & french fries served w/ a side of ranch dressing & spaghetti sauce
Celery Sticks ..... .99
W/ ranch dressing ..... 1.29 w/bleu cheese dressing 1.39
Breaded Mushrooms Served w/ ranch dressing 3.19
Onion Rings Served w/ zesty chipolte mayo 4.29
Jalapeño Poppers Cheddar & cream cheese served w/ hot raspberry sauce 5.39
Broccoli Cheese Puffs Served w/ ranch dressing 4.99
JoJo Potatoes 3.69
Seasoned potato wedges, served w/ sour cream
Loaded Potato Skins Served w/ sour cream 7.39
Chili Cheese Fries 4.99
W/ chili & melted cheese, served w/ sour cream
Loaded Fries 5.29
W/ bacon & melted cheese served w/ sour cream
French Fries 2.65
Sweet Potato Fries W/ side of cinnamon butter 2.99
Ranch Fries Tossed with cheddar cheese & ranch dressing 3.99
Seasoned Fries 3.59
Breaded Mozzarella Sticks Served w/ side of spaghetti sauce 4.10
Chicken Tenders 7.79
Served w/ BBQ, honey mustard or ranch
Buffalo Chicken Tenders 7.99
Tossed in our homemade sauce served w/ranch, (w/ bleu cheese - add .40¢)
Chicken Wings ..... (5) 3.99 (10) 7.99 (15) 11.99
House Mild, House Hot, 911, Hot Cajun, Hot Caribbean, Hot BBQ, Hot Garlic, Buffalo, Buffalo Ranch, 6 Pepper (Dry rub), 6 Pepper (Wet), Cajun, Dry Cajun, BBQ Cajun, Mild Cajun, Mild Caribbean, Dry Caribbean, Wet Caribbean, Garlic, Garlic Parmesean, BBQ, Teriyaki, Ranch, Honey Mustard, Dry Ranch
Boneless Wing Dings w/ side of any wing sauce ..... 1/2 lb. 4.59 ..... 1 lb. 8.59
Pepperoni Crisps 3.99
Deep fried pepperoni served w/ ranch dressing, (w/ bleu cheese - add .40¢)
Cheese Quesadillas (add Chicken for $1.50) 6.39
Medley of cheeses, onions, tomatoes & black olives served w/ side of sour cream & salsa
Nachos (Beef or Chicken) 7.59
Topped w/ onions, black olives, tomatoes, lettuce, sour cream, jalapenos & cheddar cheese, served w/ a side of salsa
Garlic Bread w/cheese 3.10
Side of Meatballs (3) 2.75
Chili ..... 3.35 **Chili w/cheese** ... 3.65 **Loaded** 4.20
Soup of the Day ..... 3.59 **Family Size Soup or Chili (32oz)** 10.60
French Onion Soup 4.29
Side of Pasta (angel hair, penne or spaghetti) 3.99
Side of Pierogies (3) 2.99

Pasta Dinners served w/roll, butter & dinner salad

Spaghetti, Penne Pasta or Angel Hair Pasta Served w/ homemade meat sauce 7.59
w/ Meatballs 8.99
w/ Italian Sausage 8.99
w/ Melted Provolone Cheese 8.29
Chicken Parmesan Served w/ spaghetti 10.79
Penne Chicken Alfredo 10.99
Cheese Ravioli 8.99

Dinners

Fish Fry Served w/ french fries & cole slaw ..... (Ocean Pearch) 8.99 (Cod) 9.99
Shrimp Dinner 12 piece jumbo breaded shrimp basket served w/ french fries & cole slaw 6.99
Pierogies 6 potato & cheese pierogies w/ grilled onions, served w/ cole slaw & sour cream 7.19
BBQ Baby Back Pork Ribs Our zesty ribs are charbroiled & served w/ french fries & cole slaw
1/2 Slab ..... 9.95 Full Slab 16.95

Wraps

Your choice of white or wheat wrap, served with cole slaw or potato chips & a pickle spear

Steak Wrap Grilled mushrooms & onions, lettuce & ranch dressing, white American cheese 7.59
Chicken Club Wrap Grilled chicken strips, bacon, lettuce, tomato & mayo 7.59
Buffalo Chicken Wrap Buffalo chicken, lettuce, tomato, ranch or bleu cheese 7.59
House Wrap Grilled chicken strips with our homemade mild wing sauce, lettuce, tomato, onion, cheddar, provolone cheese & ranch or bleu cheese dressing 7.59
Turkey Wrap 6.59
Fresh smoked turkey breast w/ lettuce, tomato & swiss cheese, choice of mustard, mayo or horseradish sauce
Tuna Wrap Our fresh tuna salad with yellow american cheese, lettuce & tomato 5.99

Sandwiches

MAKE IT A PLATTER!! add french fries, seasoned fries, jo jo's or onion rings

BLT Your choice of white, wheat or rye bread with bacon, onion, lettuce, tomato, white american cheese & mayo 5.29
Polish Boy (Beef) 1/4 lb. dog topped w/ fries, cole slaw & BBQ sauce 4.59
Meatball Sandwich 5.59
Toasted hoagie bun w/ spaghetti sauce, provolone & mozzarella cheese
Italian Sausage Sandwich 5.59
Toasted hoagie bun w/ peppers, onions, spaghetti sauce, provolone & mozzarella cheese
Hot Italian Sub 5.59
Toasted hoagie bun w/ ham, salami, pepperoni, provolone & mozzarella cheese, Italian dressing, onion, lettuce & tomato
Turkey Sandwich 6.59
Fresh smoked turkey breast w/ lettuce, tomato & swiss cheese, choice of mustard, mayo or horseradish sauce served on white, wheat or rye bread
Grilled Cheese Choice of white, wheat or rye bread served w/ fries 3.99
Steak Sandwich Toasted hoagie bun, w/ white American cheese, grilled mushrooms & onions 5.79
Tuna Sub Served on a hoagie bun, w/ yellow american cheese, lettuce & tomato 5.79

Chicken Sandwiches MAKE IT A PLATTER!! add french fries, seasoned fries, jo jo's or onion rings

Buffalo Chicken Sandwich 5.79
Breaded chicken breast dipped in our homemade hot sauce, topped with bleu cheese, lettuce & tomato served on a toasted bun
Breaded Chicken Breast 5.79
Served on a toasted bun, w/ white American cheese, lettuce, tomato & mayo
Dina's Grilled Chicken Sandwich 6.59
Grilled chicken, toasted hoagie bun, w/ white American cheese, grilled onions & mayo
Grilled Chicken Breast Sandwich 6.59
Served on a toasted bun, w/ lettuce, tomato & honey mustard
Tommy's Chicken 6.59
Grilled or crispy chicken breast served on a toasted bun w/ bacon, lettuce, tomato & ranch dressing
Chicken Parmesan Sandwich 6.59
Breaded chicken breast served on a toasted bun w/ melted provolone cheese & spaghetti sauce

Melts MAKE IT A PLATTER!! add french fries, seasoned fries, jo jo's or onion rings

Served on your choice of white, wheat or rye bread

Patty Melt - with grilled onions & swiss cheese 6.39
Chicken Melt - 5 oz. grilled chicken breast with grilled onions & swiss cheese 6.39
Tuna Melt - fresh tuna salad with grilled onions & swiss cheese 6.39

Build Your Own Burger

1. CHOOSE A MEAT
1/2 lb. All Beef Burger 5.50
1/2 lb. Turkey Burger 5.50
1/2 lb. Sausage Patty 6.00
5oz. Grilled Chicken Breast 6.00

2. CHOOSE A BUN
Delicious House Bun
Pretzel Bun ..... .50

3. CHEESE CHOICES
Swiss, White American, Cheddar, Yellow American, Mozzarella & Provolone ..... .50
Creamy Bleu Cheese ..... .75
Crumbled Bleu Cheese 1.00

4. NO CHARGE ADD ONS
Ketchup, Mustard, Mayonnaise, Lettuce, Tomatoes, White or Red Onions, Pickles, Italian Dressing, BBQ Sauce, Spaghetti Sauce, Honey Mustard, Cajun Seasoning, Horseradish Sauce, Ranch

5. TOPPINGS/EXTRA`S
Grilled Onions, Grilled Mushrooms, Pepperoni, Red & Green Peppers, Salami ..... 50 each
Bacon ..... .75
Fried Eggs or Avacado ..... .99

Make It a Platter
Potato Chips .50, French Fries or Onion Rings .99
Seasoned Fries, Sweet Potato Fries or JoJo Potatoes 1.49

Deluxe Platter
French Fries, Seasoned Fries or JoJo's w/ Melted Cheddar, Mozzarella & Bacon
Add Additional 1.00

- Delivery Gratuity Appreciated - Prices subject to change without notice.

The Warnock Family

Proudly Congratulates Audrey

and the

Valley Forge High School

2014 Athletic Hall of Fame Class Inductees!

“Never underestimate the power of dreams and the influence of the human spirit.
We are all the same in this notion: The potential for greatness lives within each of us.”
–Wilma Rudolph, USA gold medalist

GO PATRIOTS!

Congratulations to the Inaugural Class of the Valley Forge High School Athletic Hall of Fame

Go Patriots!

The Steinfadt, Jennings, and Beck Families

Eric, Sam, Kyle, Amy, Kylie,

Stacey, Sean, Natalie, Shannon, Jim, and Hodi

Congratulations to all of the Athletes and Coaches being installed into the VF Athletic Hall of Fame!

Coach Pat Semary



CONGRATULATIONS!!!

Mark Heneghan

We're proud of you!!

Love, Tracy, Paige, and Kaitlin





Village Barber Shop
Jim Sgro - Owner
440-871-0899
620 Dover Center Rd
Bay Village, Ohio
Haircuts For Your Family
Monday - Friday 8AM - 6PM Saturday 8AM - 5PM
Closed Sunday

Thanks to my Mother and Father, Coach Ken Konchan, and my fellow Lady Patriots for all you have done for me. Finally, Congratulations to all the Inductees. GO PATRIOTS!

Diane Hollish Berghaus

Because
every life
deserves a beautiful
remembrance
RIPEPI
FUNERAL HOME
Honor. Trust. Compassion
Louis D. Ripepi
440-888-0800
5762 Pearl Road www.ripepi.com

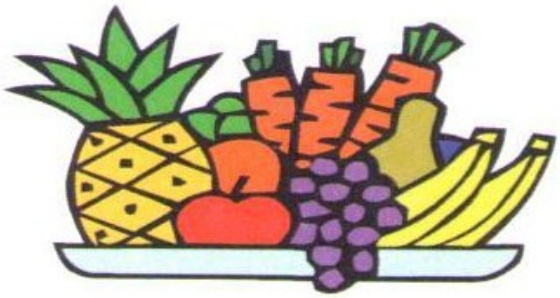


Cleveland Fitness Club would like to CONGRATULATE the 2014 Valley Forge High School Hall of Fame Inductees.

Bring in this program to receive a FREE WEEK at CFC!

** New Members Only **

Cleveland Fitness Club - 6600 W 130th St, Middleburg Heights, OH 44130
(440) 886-4545 - www.clevelandfitnessclub.com



Paul M. Chuppa
Owner
(440) 885-5000
(440) 885-5067 fax
pchuppa@
chuppasmarketplace.com
follow us on FACEBOOK

Chuppa's Market Place

5640 Pearl Road • Parma, OH 44129

Congratulations to All!

Chuppa's Market Place will be rewarding all the Hall of Famers with a $10.00 Gift Certificate for their accomplishments.

Yorktown Lanes

Open Bowling
(all prices are PER PERSON)

before 6pm	$3.75/game
after 6pm	$4.25/game
juniors/seniors	$3.00/game
toddlers (5 & under)	$2.50/game
shoe rental	$3.00
toddler shoes	$1.00

All-U-Can-Bowl Practice Specials
(all prices are PER PERSON, shoes not included)

Daytime		Evening	
SUN 9am-11:30am	$8.50	SUN 9pm-MID	$10.00
MON-SAT noon-2:30		MON 10pm-MID	$5.00
or 3-5:30	$9.00	TU-W-TH 9:30pm-MID	$10.00
		SAT MID-3am	$12.00

6218 Pearl Rd. Parma Hts (440) 886-5300 www.yorktownlanes.com



FREE
Mortgage Pre-Qualification

Gain the answers you need now that will help you get into your new home faster.

In just minutes you can:

- Find out the advantages of being pre-qualified for a mortgage.
- Learn which type of mortgage best suits your needs.
- Obtain a customized pre-qualification calculation.
- Complete the pre-qualification process and know with confidence how much home you can afford.
- Receive a pre-qualification letter, which you may use in negotiating your home purchase.

Dollar Bank's Mortgage Pre-Qualification is fast and easy!

Call Kevin Yurik
at 440-821-0282 for more information.
NMLS #: 489489

Dollar Bank®
Since 1855
dollarbank.com℠

Equal Housing Lender. Member FDIC. Copyright © 2014, Dollar Bank, Federal Savings Bank.

MOR26



Congratulations
Hall of Fame
Class of 2014!

General Contractor Since 1937

Commercial - Industrial
New Construction - Maintenance

4519 Brookpark Road | Parma, Ohio 44134
216-749-0200 | cschulzbuilding.com

Charles Schulz
Building Company

SPORTS FOCUS

SPORTING GOODS & GRAPHIC CO. INC.

6659 Pearl Road Ste 103 - Parma Heights, Ohio 44130

MIKE DUDA, President

Phone 440.884.5600 Fax 440.884.5587

ATHLETIC OUTFITTERS SCREEN PRINTING

sportsfocus@ohiocoxmail.com

NEEDLEWORKS

CUSTOM EMBROIDERY

Jane Sisley, President

PH: 440.884.5600 FAX: 440.884.5587

6659 Pearl Road Suite 103 - Parma Heights, Ohio 44130

sisleyj49@yahoo.com

Valley Forge … My Athletic Cornerstone

As a 1964 graduate of VF, I was in the first class to complete three years at VF [grades 10, 11, 12….1961 to 64]. We had opportunities as a class and individuals to be leaders, to initiate traditions, and to be the cornerstone class of a new high school. I had the opportunity to develop my athletic and life skills as part of this first VF class experience. I was also blessed to have quality coaches and mentors such as Jim Fritzsche, Stan Parrish Sr., Joe Carlo and Glenn Preising. I thank them for teaching me the values of discipline, hard work, leadership and commitment to team as key attributes to winning and success. As the first VF graduate in 1964 to earn a full Division I scholarship, I went on to play football at Purdue University. I feel most gratified to be elected to the inaugural class of the VF Athletic Hall of Fame. My three year experience at VF as a student, an athlete and a class leader contributed greatly to my future successes at Purdue, my business career and personal life.

Go Patriots! Jim Bonk

Class of 1964



Patriot Pride

Patriot Pride

Valley Forge High School
Est. 1961

With sincere appreciation to the Administration, Faculty, Coaches, and Staff of Valley Forge High School. Their dedication and professionalism has created fond memories of the past and prepared their students for the challenges of the future.

