

**MID HUDSON ATHLETIC LEAGUE  
ATHLETIC DIRECTORS WORKSHOP  
Wednesday AUGUST 24,2022 - 9:30AM  
Ulster BOCES**

1. APPROVAL OF MINUTES OF LAST MEETING
2. SECTION REPORT-MR. GREG RANSOM/ JIM OSBORNE
3. PRESIDENT'S REPORT- MR TOM CASSATA
4. REGIONAL OFFICE REPORT.- MR. CHRIS MAYO
5. ATHLETIC COORDINATOR'S REPORT- MR. DENNIS BURKETT  
- APPROVE 2022-23 MHAL BY LAWS
6. Combining of Teams- Mr. Dom Zarrella
7. Modified Report- Mr. Greg Warren-
8. OLD BUSINESS
9. NEW BUSINESS
10. MOTION TO ADJOURN



# Section IX Athletics

Gregory Ransom, Executive Director

## NYSPHSAA Executive Committee Meeting Highlights

1. Dr. Robert Zayas – Executive Director
  - a. Diversity, Equity & Inclusion National Book Study  
The NFHS will launch a first-ever national book study in the Fall of 2022 in support of its focus on diversity, equity, and inclusion. The NYSPHSAA staff and interested Section Executive Directors will be invited to participate.
  - b. NFHS Football Tackling Course  
The NFHS and the National Football League have teamed up to produce a new free “Football Tackling Course” for the NFHS Learning Center, designed to assist interscholastic coaches in teaching, evaluating, and programming proper tackling techniques.
  - c. Girls Lacrosse Headgear  
The NFHS Lacrosse Committee is interested in gathering more detailed information. The NYSPHSAA Safety Committee will examine this topic at their Fall 2022 Meeting and the NYSPHSAA Girls Lacrosse Committee will discuss this topic at their next Committee Meeting on December 5, 2022.
  - d. Lacrosse Possession Clock  
The NFHS Lacrosse Committee is currently discussing the potential implementation of a possession clock in the sport of Boys and Girls Lacrosse. NYSPHSAA may seek permission from the NFHS to conduct a possession clock experiment for the 2024 season.
  - e. 2024-2025 Calendar  
NYSPHSAA continues to abide by the standard calendar of dates. The Membership should be aware of the following notable dates during the 2024-2025 school year:
    - i. Football start date (Saturday, Week #7) – August 24
    - ii. Fall Sports start date (Monday, Week #8) – August 26
    - iii. Thanksgiving (Thursday) - November 28
    - iv. Football Championships – December 6-8
    - v. Winter start date (Monday, Week #20) – November 18
    - vi. Spring start date (Monday, Week #37) – March 17
    - vii. Spring 2025 Championships (Week #49) – Championships conclude on June 14
    - viii. (Outdoor Track, Softball, Basketball, Boys & Girls Lacrosse)Attached is the Standard Calendar of Weeks – 7-Year Calendar – Fall of 2022-2028
2. Joe Altieri – Assistant Director
  - a. A reminder, the UTR mandate begins for Girls Tennis this Fall 2022. It began for Boys in Spring 2022. The mandate is for athletes to claim their profile prior to the season and schools to report results in a timely manner on the UTR website.
  - b. 100<sup>th</sup> Anniversary  
At the July 2023 Summer Meeting, NYSPHSAA will celebrate its 100<sup>th</sup> Anniversary.



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- c. NYSPHSAA Championships – 5-Year Calendar – Fall 2022 – Spring 2027 and 2022-2023 NYSPHSAA Championship Dates and Sites  
Document attached.
3. Todd Nelson – Assistant Director
  - a. School Enrollment Numbers and Classification Cut-off Numbers  
Document attached.
  - b. Dominic Murray Sudden Cardiac Arrest Prevention Act  
This law is like the requirements for the NYS Concussion Management Law. Please use the link below to obtain the following sample information from SED. SED link: <https://www.p12.ny.sed.gov/sss/schoolhealth/schoolhealthservices>
  - c. Girls Flag Football  
It will be considered an emerging sport for 2023! NYSPHSAA will form a Girls Flag Football Committee with representatives from all participating Sections. This Committee will be responsible to review the current rules being used during the Pilot Program and make any recommended changes or amendments to the Rules. The Committee will also review all NYSPHSAA Rules and Regulations and make recommendations on any additions (nights rest, max number of games, minimum number of practices, etc.) to the Executive Committee. They will also discuss and recommend any future post-season competition at the Regional or State level. The NYSPHSAA staff will be asking each participating Section to forward a representative to meet in September/October 2022.
4. Chris Watson – Director of Communications
  - a. Overtime Sports/Captains Club  
The latest edition of Overtime Sports was released recently featuring Tampa Bay Rays' strength and conditioning Coach, Joey Greany. Joey is a Valley Central graduate (Section IX). Check out the story on the NYSPHSAA YouTube page.
5. SED 2022 Updates for Physical & Health Education
  - a. Information was emailed to Athletic Directors. NYS Association for Health, Physical Education, Recreation & Dance (NYS AHPERD) Conference will be held on November 16-19, 2022, in Verona, NY.
6. Sectional Concerns
  - a. Section II – Consider approval of the addition to the NYSPHSAA Combining of Teams Rule. See attached.
7. Sportsmanship Meeting Report
  - a. The Sportsmanship Committee is recommending NYSPHSAA establish a Spectator Expectation Statement to be included in the Handbook.
  - b. The Sportsmanship Committee is recommending adding a Spectator Sportsmanship Regulation to the NYSPHSAA Handbook. This regulation would treat spectators that are removed from a contest in a similar manner as coaches and athletes.



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- c. NYSPHSAA Serious Complaint Form  
The Sportsmanship Committee supports the idea that officials and schools could file a serious complaint form directly to NYSPHSAA staff and allow NYSPHSAA staff to work with the Sections to address these concerns.
- 8. Discussion Items for the Section and the Leagues (attached)
  - a. Sportsmanship: NYSPHSAA Sportsmanship Spectator Expectation
  - b. Sportsmanship: NYSPHSAA Spectator Sportsmanship Regulation
  - c. Unified Sports: Waiver of the NYSPHSAA Representation Rule
  - d. Unified Sports: Mandate the NFHS Coaching Unified Sports Course
  - e. League Placement of Section VI Charter Schools
  - f. Cheerleading: Establish an NYSPHSAA Game Day State Championship
  - g. Boys Soccer: Increase Allowable Yellow Cards in the Post-Season
  - h. Wrestling: Extension of the Pilot Weight Classes
  - i. Softball: Request to Extend the Softball State Championship to Two (2) Days
  - j. Championship Advisory Committee: Addition of Officials at Individual Wrestling Championship

Respectfully submitted,

James Osborne  
Section IX Secretary



As of July 28, 2022

## NYSPHSAA Central Committee Meeting Recap

**Last NYSPHSAA Meeting:** July 26-27, 2022 (Central Committee)

**Next NYSPHSAA Meeting:** October 19, 2022 (Executive Committee)

### July 26-27, 2022 Central Committee Approved Items:

**Passed (A)** Consider approval of a change in the submission of the Football Officials for the NYSPHSAA Semifinals & Finals.

**Passed (A)** Consider approval of a one-year pilot program to use the standby official at the semifinal and final games as an on-field working official in the sport of Football.

**Passed (A)** Consider approval to add voting members to the NYSPHSAA Safety Committee.

**Passed (A)** Consider approval of a NYSPHSAA Tornado Policy.

**Passed (A)** Consider approval of John Doerner as the Swimming & Diving Coordinator.

**Passed (A)** Consider approval of the NYSPHSAA Strategic Plan (2022-2027).

**Passed (A)** Consider approval to add the following positions, as voting members, on the NYSPHSAA Budget/Audit committee - Two outside CPA Representatives with not-for-profit experience and one School Business Official.

**Passed (A)** Consider approval for the following sports to begin competition in six classifications starting in the 2023-2024 school year: Boys Basketball, Girls Basketball, Boys Soccer, Girls Soccer, Baseball, Softball, and Girls Volleyball.

**Passed (A)** Consider approval of Friend & Neighbor and new member schools.

**Passed (A)** Consider approval of State Sport Coordinators for a five-year term.

**Passed (A)** Consider approval to abide by the national governing body (i.e., NFHS, NCAA, USA Softball, USTA, USAG, etc.) Jewelry rule for all sports.

**Passed (A)** Consider approval to change overtime procedures in regular and post season in the sport of Girls Soccer.

**Passed (A)** Consider approval of the NFHS rules for 8-man football with waivers and NYSPHSAA specific rules.

**Passed (A)** Consider approval of revised classification cut off numbers in the sport of Football. *(Tabled at May 4<sup>th</sup> Executive Committee meeting)*

**Passed (A)** Consider approval to implement a new championship format for Boys and Girls Tennis, which eliminates consolations and adds medal playoffs for the top 8 participants.

**Passed (A)** Consider approval to revise the NYSPHSAA Handbook under Ice Hockey 13.08 Post Season Overtime.

**Passed (A)** Consider approval of a change in the NYSPHSAA Handbook under Boys Ice Hockey 13.08 #10 to read, "A maximum of TWO minutes warm-up per substitute goaltender per game shall be required."

**Passed (A)** Consider approval to revise the Gymnastics Technical Handbook related to wearing of spandex/lycra pants.

**Passed (A)** Consider approval of scoring changes in the Gymnastics Technical Handbook.

### July 26-27, 2022 Central Committee Defeated Items:

**Defeated** Consider approval of no longer differentiating between 7-10 grade students and 11-12 grade students when determining the eligibility of non-corresponding transfer students. *(Tabled at May 4<sup>th</sup> Executive Committee meeting)*

**Defeated** Consider approval to use enrollments of grades 9, 10, and 11 for the NYSPHSAA Classifications for the following school year, revising the submission process and timeline.

**Defeated** Consider approval of a waiver of the 7-Day Rule for the first two weeks of the Fall 2022 in the sport of football.

**July 26-27, 2022 Central Committee Discussion Items:**

**(D)** Consider approval of the addition of Wrestling officials at the NYSPHSAA Individual Championships.

**(D)** Consider approval to add Spectator Sportsmanship expectations to the NYSPHSAA Sportsmanship Rule.

**(D)** Consider approval to add a Spectator Sportsmanship Regulation to the NYSPHSAA Sportsmanship Rule.

**(D)** Consider approval of a one-year waiver (pilot) of the NYSPHSAA Representation Rule for Unified sports.

**(D)** Consider approval to require Unified coaches to take the NFHS Coaching Unified Sports Course.

**(D)** Consider the league placement of Section VI Charter Schools.

**(D)** Consider approval to establish a Game Day Cheerleading Championships in the Fall 2023.

**(D)** Consider approval to increase the allowable yellow cards in the Boys Soccer post season.

**(D)** Consider approval to extend the current weight class system (13 weight classes) for the 2022-2023 school year in the sport of Wrestling.

**(D)** Consider approval of a Two-Day tournament in the sport of Softball to be implemented at the 2023 state championships.

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**October 19, 2022 Executive Committee Action Items:**

**(A)** Consider approval of the addition of Wrestling officials at the NYSPHSAA Individual Championships.

**(A)** Consider approval to add Spectator Sportsmanship expectations to the NYSPHSAA Sportsmanship Rule.

**(A)** Consider approval to add a Spectator Sportsmanship Regulation to the NYSPHSAA Sportsmanship Rule.

**(A)** Consider approval of a one-year waiver (pilot) of the NYSPHSAA Representation Rule for Unified sports.

**(A)** Consider approval to require Unified coaches to take the NFHS Coaching Unified Sports Course.

**(A)** Consider the league placement of Section VI Charter Schools.

**(A)** Consider approval to establish a Game Day Cheerleading Championships in the Fall 2023.

**(A)** Consider approval to increase the allowable yellow cards in the Boys Soccer post season.

**(A)** Consider approval to extend the current weight class system (13 weight classes) for the 2022-2023 school year in the sport of Wrestling.

**(A)** Consider approval of a Two-Day tournament in the sport of Softball to be implemented at the 2023 state championships.

7/6/2022

# Standard Calendar of Weeks (NYSPPHSA State Championships- 7 Year Calendar)

NYSPPHSA Football Championship Sections Start Date (Sat)	WK #	# of Wks	Fall 2022	Fall 2023	Fall 2024	Fall 2025	Fall 2026	Fall 2027	Fall 2028
Fall Start Date High School & Modified (Monday)	7	N/A	8/20	8/19	8/24	8/23	8/22	8/21	8/19
Tennis Team Championships (Girls)	8	N/A	8/22	8/21	8/26	8/25	8/24	8/23	8/21
GameDay Cheer Regional	18	11 Wks.	11/4	11/3	11/8	11/7	11/6	11/5	11/3
Tennis Singles & Doubles Championships (Girls)	17	10 Wks.	10/29	10/28	11/2	11/3	10/31	10/30	10/28
Cross Country Championships (Girls/ Boys)	17	10 Wks.	10/27-10/29	10/26-10/28	10/31-11/2	11/1-11/3	10/29-10/31	10/28-10/30	10/26-10/28
Soccer Championships (Girls/ Boys)	19	12 Wks.	11/12	11/11	11/16	11/15	11/14	11/13	11/11
Field Hockey Championships	19	12 Wks.	11/12-11/13	11/11-11/12	11/16-11/17	11/15-11/16	11/14-11/15	11/13-11/14	11/11-11/12
Swimming & Diving Championships (Girls)	19	12 Wks.	11/12-11/13	11/11-11/12	11/16-11/17	11/15-11/16	11/14-11/15	11/13-11/14	11/11-11/12
Volleyball Championships (Boys)	20	13 Wks.	11/18-11/19	11/17-11/18	11/22-11/23	11/21-11/22	11/20-11/21	11/19-11/20	11/17-11/18
Volleyball Championships (Girls)	20	13 Wks.	11/19-11/20	11/18-11/19	11/23-11/24	11/22-11/23	11/21-11/22	11/20-11/21	11/18
Football Semifinals	21	14 Wks.	11/25-11/26	11/24-11/26	11/29-11/30	11/28-11/29	11/27-11/28	11/26-11/27	11/24-11/25
Football Championships	22	15 Wks.	12/2-12/4	12/1-12/3	12/6-12/8	12/5-12/7	12/4-12/6	12/3-12/5	12/1-12/3
Scholar-Athlete Deadline- Fall	23	N/A	12/5	12/4	12/9	12/8	12/7	12/6	12/4

Winter Start Date High School & Modified (Monday)	WK #	# of Wks	Winter 2022-23	Winter 2023-24	Winter 2024-25	Winter 2025-26	Winter 2026-27	Winter 2027-28	Winter 2028-29
Wrestling Team Duels	20	N/A	11/14/2022	11/13/2023	11/18/2024	11/17/2025	11/16/2026	11/15/2027	11/13/2028
Ice Hockey/Regional (Girls)	30	11 Wks.	1/28	1/27	2/1	1/31	1/30	1/29	1/27
Skiing Championships (Girls/ Boys)	32	13 Wks.	2/17-2/18	2/16-2/17	2/21-2/22	2/20-2/21	2/19-2/20	2/18-2/19	2/16-2/17
Gymnastics Championships	34/35	15 Wks.	2/27-2/28	2/26-2/27	2/24-2/25	2/23-2/24	2/22-2/23	2/28-2/29	2/26-2/27
Wrestling Championships	34/35	15 Wks.	3/4	3/2	3/1	2/28	2/27	3/4	3/3
Swimming & Diving Championships (Boys)	34	15 Wks.	2/24-2/25	2/23-2/24	2/28-3/1	2/27-2/28	2/26-2/27	2/25-2/26	2/23-2/24
Indoor Track Championships (Girls/ Boys)	35	16 Wks.	3/3-3/4	3/1-3/2	3/7-3/8	3/6-3/7	3/5-3/6	3/4-3/5	3/2-3/2
Competitive Cheer Championships	35	16 Wks.	3/4	3/2	3/8	3/7	3/6	3/4	3/3
Bowling Championships (Girls/ Boys)	36	17 Wks.	3/10-3/12	3/8-3/10	3/14-3/16	3/13-3/15	3/12-3/14	3/10-3/12	3/9-3/11
Ice Hockey Championships (Boys)	36	17 Wks.	3/11-3/12	3/9-3/10	3/15-3/16	3/14-3/15	3/13-3/14	3/11-3/12	3/10-3/11
Scholar-Athlete Deadline- Winter	37	N/A	3/13	3/11	3/17	3/16	3/15	3/13	3/12
Basketball Championships (Girls/ Boys)	37	18 Wks.	3/17-3/19	3/15-3/17	3/21-3/23	3/20-3/22	3/19-3/21	3/17-3/19	3/16-3/18
Federation Basketball (Girls/ Boys)	38	19 Wks.	3/24-3/26	3/22-3/24	3/28-3/30	3/27-3/29	3/26-3/28	3/24-3/26	3/23-3/25
Presidents Day			20-Feb	19-Feb	17-Feb	16-Feb	15-Feb	21-Feb	19-Feb
Easter Sunday			9-Apr	31-Mar	20-Apr	5-Apr	28-Mar	14-Apr	1-Apr

Spring Start Date High School & Modified (Monday)	Week #	# of Wks	Spring 2023	Spring 2024	Spring 2025	Spring 2026	Spring 2027	Spring 2028	Spring 2029
Scholar-Athlete Deadline- Spring	37	N/A	3/13	3/11	3/17	3/16	3/15	3/13	3/12
Tennis Singles & Doubles Championships (Boys)	47	N/A	5/22	5/20	5/26	5/25	5/24	5/22	5/21
Golf Championships (Girls)	48	12 Wks.	6/1-6/3	5/30-6/1	6/5-6/7	6/4-6/6	6/3-6/5	6/1-6/3	5/31-6/2
Boys Golf Championships (Boys)	48	12 Wks.	6/4-6/5	6/2-6/3	6/8-6/9	6/7-6/8	6/6-6/7	6/4-6/5	6/3-6/4
Lacrosse Semifinals (Boys)	48	12 Wks.	6/4-6/5	6/2-6/3	6/8-6/9	6/7-6/8	6/6-6/7	6/4-6/5	6/3-6/4
Tennis Team Championships (Boys)	29	13 Wks.	6/7	6/5	6/11	6/10	6/9	6/7	6/6
Lacrosse Championships (Girls)	49	13 Wks.	6/9	6/7	6/13	6/12	6/11	6/9	6/8
Lacrosse Championships (Boys)	49	13 Wks.	6/9-6/10	6/7-6/8	6/13-6/14	6/12-6/13	6/11-6/12	6/9-6/10	6/8-6/9
Outdoor Track Championships (Girls/ Boys)	49	13 Wks.	6/9-6/10	6/7-6/8	6/13-6/14	6/12-6/13	6/11-6/12	6/9-6/10	6/8-6/9
Baseball Championships	49	13 Wks.	6/9-6/10	6/7-6/8	6/13-6/14	6/12-6/13	6/11-6/12	6/9-6/10	6/8-6/9
Lacrosse Championships (Boys)	49	13 Wks.	6/10	6/8	6/14	6/13	6/12	6/10	6/9
Softball Championships	49	13 Wks.	6/10	6/8	6/14	6/13	6/12	6/10	6/9
Memorial Day			29-May	27-May	26-May	25-May	31-May	29-May	28-May

NYSPHSAA Championships - 5-YEAR CALENDAR - Fall 2022 thru Spring 2027

FALL		FALL 2022	FALL 2023	FALL 2024	FALL 2025	FALL 2026
Girls Tennis	Date	October 27-29, 2022	October 26-28, 2023	October 31-November 2, 2024	November 1-3, 2025	October 29-31, 2026
	Site	Sportime, Schenectady	**Sportime, Schenectady			
Cheer (Game Day-EAST)	Date	October 29, 2022	October 28, 2023	November 2, 2024	TBA	TBA
	Site	Arlington High School (option)	Arlington High School (option)			
Cheer (Game Day-WEST)	Date	October 29, 2022	October 28, 2023	November 2, 2024*	TBA	TBA
	Site	Visions FCU Veterans Mem Arena	Visions FCU Veterans Mem Arena			
Girls Tennis (Team)	Date	November 4, 2022	November 3, 2023	November 8, 2024	November 7, 2025	November 6, 2026
	Site	USTA National Tennis Center	USTA National Tennis Center			
B/G Cross Country	Date	November 12, 2022	November 11, 2023	November 16, 2024	November 15, 2025	November 14, 2026
	Site	Vernon Verona Sherrill HS	**Vernon Verona Sherrill HS			
Boys Soccer	Date	November 12-13, 2022	November 11-12, 2023	November 16-17, 2024	November 15-16, 2025	November 14-15, 2026
	Site	Middletown High School	Middletown High School	**Middletown High School		
Girls Soccer	Date	November 12-13, 2022	November 11-12, 2023	November 16-17, 2024	November 15-16, 2025	November 14-15, 2026
	Site	SUNY Cortland, TC3, Homer	**SUNY Cortland, TC3, Homer			
Field Hockey	Date	November 12-13, 2022	November 11-12, 2023	November 16-17, 2024	November 15-16, 2025	November 14-15, 2026
	Site	Centereach High School	**Centereach High School			
Girls Swimming & Diving	Date	November 18-19, 2022	November 17-18, 2023	November 22-23, 2024	November 21-22, 2025	November 20-21, 2026
	Site	Webster Aquatic Center	Webster Aquatic Center	Webster Aquatic Center		
Boys Volleyball	Date	November 19, 2022	November 18, 2023	November 23, 2024	November 22, 2025	November 21, 2026
	Site	Capital Center, Albany	Capital Center, Albany	Capital Center, Albany		
Girls Volleyball	Date	November 19-20, 2022	November 18-19, 2023	November 23-24, 2024	November 22-23, 2025	November 21-22, 2026
	Site	Cool Insuring Arena, Glens Falls	Cool Insuring Arena, Glens Falls	Cool Insuring Arena, Glens Falls		
Football EAST	Date	November 25-26, 2022	November 24-25, 2023	November 29-30, 2024	November 28-29, 2025	November 27-28, 2026
	Site	**Middletown High School	Middletown High School	Middletown High School	Middletown High School	
Football WEST	Date	November 25-26, 2022	November 24-25, 2023	November 29-30, 2024	November 28-29, 2025	November 27-28, 2026
	Site	**Union Endicott High School	Cicero North Syracuse HS	Vestal High School	Cicero North Syracuse HS	
Football FINALS	Date	December 2-4, 2022	December 1-3, 2023	December 6-8, 2024	December 5-7, 2025	December 4-6, 2026
	Site	**The JMA Wireless Dome	The JMA Wireless Dome	The JMA Wireless Dome	The JMA Wireless Dome	
WINTER		WINTER 2023	WINTER 2024	WINTER 2025	WINTER 2026	WINTER 2027
Wrestling Dual Meet	Date	January 28, 2023	January 27, 2024	February 1, 2025	January 31, 2026	January 30, 2027
	Site	SRC Arena at Onondaga CC	**SRC Arena at Onondaga CC			
Girls Ice Hockey	Date	February 17-18, 2023	February 9-10, 2024	February 14-15, 2026	February 13-14, 2026	TBA
	Site	NEXUS Center, Utica				
Wrestling	Date	February 24-25, 2023	February 23-24, 2024	February 28 - March 1, 2025	February 27-28, 2026	February 26-27, 2027
	Site	MVP Arena, Albany	MVP Arena, Albany	MVP Arena, Albany		
B/G Skiing	Date	February 27-28, 2023	February 26-27, 2024	February 24-25, 2025	February 23-24, 2026	February 22-23, 2027
	Site	Bristol Mtn/Harriett Hollister	Whiteface Mtn/Mt. Van Hoevenberg			
Boys Swimming & Diving	Date	March 3-4, 2023	March 1-2, 2024	March 7-8, 2025	March 6-7, 2026	March 5-6, 2027
	Site	Ithaca College	**Ithaca College			
Competitive Cheer	Date	March 4, 2023	March 2, 2024	March 8, 2025	March 7, 2026	March 6, 2027
	Site	Visions FCU Veterans Mem Arena	Visions FCU Veterans Mem Arena	Visions FCU Veterans Mem Arena		
Girls Gymnastics	Date	March 4, 2023	March 2, 2024	March 1, 2025	February 28, 2026	February 27, 2027
	Site	Kenmore West HS	Kenmore West HS	**Kenmore West HS		
B/G Indoor Track	Date	March 4, 2023	March 2, 2024	March 8, 2025	March 7, 2026	March 6, 2027
	Site	**Ocean Breeze Athletic Complex				
B/G Bowling	Date	March 10-12, 2023	March 8-10, 2024	March 14-16, 2025	March 13-15, 2026	March 12-14, 2027
	Site	Strike N Spare Lanes	**Strike N Spare Lanes			
Ice Hockey	Date	March 11-12, 2023	March 9-10, 2024	March 15-16, 2025	March 14-15, 2026	March 13-14, 2027
	Site	LECOM Harborcenter	LECOM Harborcenter			
Girls Basketball	Date	March 17-19, 2023	March 15-17, 2024	March 21-23, 2025	March 20-22, 2026	March 19-21, 2027
	Site	**Hudson Valley CC	**Hudson Valley CC			
Boys Basketball	Date	March 17-19, 2023	March 15-17, 2024	March 21-23, 2025	March 20-22, 2026	March 19-21, 2027
	Site	**Cool Insuring Arena, G. Falls	**Cool Insuring Arena, G. Falls			
B/G Federation Basketball	Date	March 24-26, 2023	March 22-24, 2024	March 28-30, 2025	March 27-29, 2026	March 26-28, 2027
	Site	TBA	TBA			
SPRING		SPRING 2023	SPRING 2024	SPRING 2025	SPRING 2026	SPRING 2027
Boys Tennis	Date	June 1-3, 2023	May 30 - June 1, 2024	June 5-7, 2025	June 4-6, 2026	June 3-5, 2027
	Site					
Boys Golf	Date	June 4-5, 2023	June 2-3, 2024	June 8-9, 2025	June 7-8, 2026	June 6-7, 2027
	Site	**Mark Twain Golf Course	**Mark Twain Golf Course			
Girls Golf	Date	June 4-5, 2023	June 2-3, 2024	June 8-9, 2025	June 7-8, 2026	June 6-7, 2027
	Site	Edison Club	Edison Club			
Boys Lacrosse EAST	Date	June 7, 2023	June 5, 2024	June 11, 2025	June 10, 2026	June 9, 2027
	Site	**U-Albany	**U-Albany			
Boys Lacrosse WEST	Date	June 7, 2023	June 5, 2024	June 11, 2025	June 10, 2026	June 9, 2027
	Site	**SUNY Cortland	**SUNY Cortland			
Boys Lacrosse FINALS	Date	June 10, 2023	June 8, 2024	June 14, 2025	June 13, 2026	June 12, 2027
	Site	**Hofstra University	**Hofstra University			
Boys Tennis (Team)	Date	June 9, 2023	June 7, 2024	**June 13, 2025	June 12, 2026	June 11, 2027
	Site	USTA National Tennis Center	USTA National Tennis Center			
Girls Lacrosse	Date	June 9-10, 2023	June 7-8, 2024	June 13-14, 2025	June 12-13, 2026	June 11-12, 2027
	Site	**SUNY Cortland	**SUNY Cortland			
B/G Outdoor Track	Date	June 9-10, 2023	June 7-8, 2024	June 13-14, 2025	June 12-13, 2026	June 11-12, 2027
	Site	Middletown High School	**Cicero-North Syracuse	**Middletown High School		
Baseball	Date	June 9-10, 2023	June 7-8, 2024	June 13-14, 2025	June 12-13, 2026	June 11-12, 2027
	Site	**Binghamton				
Softball	Date	June 10, 2023	June 8, 2024	June 14, 2025	June 13, 2026	June 12, 2027
	Site	**Moriches Athletic Complex	**Moriches Athletic Complex			





**2022-2023 NYSPHSAA  
Championship Dates & Sites**



**Fall 2022**

Oct 27-29 .....	Girls Tennis Individual .....	Sportime, Schenectady (2)
October 29.....	Game Day Cheer East.....	Arlington High School, Arlington (I)
October 29.....	Game Day Cheer West .....	Visions FCU Memorial Arena, Binghamton (IV)
November 4.....	Girls Tennis Team .....	USTA National Tennis Center, Flushing
Nov 12.....	B/G Cross Country .....	Vernon-Verona-Sherrill HS, Vernon (III)
Nov 12-13 .....	Girls Soccer .....	Various Sites in Cortland (III)
Nov 12-13 .....	Boys Soccer .....	Middletown High School, Middletown (IX)
Nov 12-13 .....	Field Hockey .....	Centereach High School, Centereach (XI)
Nov 18.....	Federation Cross Country .....	Bowdoin Park, Wappingers Falls (I) (Tentative)
Nov 19.....	Boys Volleyball .....	Capital Center, Albany (2)
Nov 19-20 .....	Girls Volleyball.....	Cool Insuring Arena, Glens Falls (2)
Nov 18-19 .....	Girls Swimming & Diving .....	Webster Aquatic Center, Webster (V)
Nov 25-26 .....	Football East Semifinals.....	Middletown High School, Middletown (IX)
Nov 25-26 .....	Football West Semifinals.....	Union Endicott High School, Endicott (IV)
Dec 2-4.....	Football Finals .....	The JMA Wireless Dome, Syracuse (III)

**Winter 2023**

Jan 28.....	Wrestling Dual Meet .....	SRC Arena at Onondaga CC, Syracuse (III)
February 17-18 .....	Girls Ice Hockey.....	Nexus Center, Utica (III)
Feb 24-25 .....	Wrestling Individual .....	MVP Arena, Albany (2)
Feb 27-28 .....	B/G Skiing .....	Bristol Mountain & Harriett Hollister (V)
March 3-4 .....	Boys Swimming & Diving.....	Ithaca College, Ithaca (IV)
March 4.....	Girls Gymnastics .....	Kenmore West High School, Buffalo (VI)
March 4.....	B/G Indoor Track & Field .....	Ocean Breeze Athletic Complex, Staten Island
March 4.....	Competitive Cheer.....	Visions FCU Memorial Arena, Binghamton (IV)
March 10-12 .....	B/G Bowling.....	AMF Strike-N-Spare Lanes, Syracuse (III)
March 11-12 .....	Boys Ice Hockey.....	LECOM Harborcenter, Buffalo (VI)
March 17-19 .....	Girls Basketball.....	Hudson Valley Community College, Troy (2)
March 17-19 .....	Boys Basketball.....	Cool Insuring Arena, Glens Falls (2)
March 24-26 .....	B/G Federation Basketball Tournament of Champions...	Site TBA

**Spring 2023**

June (date TBA) .....	Federation Golf Championships.....	TBA
June 1-3 .....	Boys Tennis Individual .....	USTA National Tennis Center, Flushing
June 3-5 .....	Girls Golf.....	Edison Club, Rexford (2)
June 3-5 .....	Boys Golf .....	Mark Twain Golf Course, Elmira (IV)
June 7 .....	Boys Lacrosse East Semis .....	University at Albany, Albany (2)
June 7.....	Boys Lacrosse West Semis.....	SUNY Cortland, Cortland (III)
June 9.....	Boys Tennis Team.....	USTA National Tennis Center, Flushing
June 9-10 .....	B/G Track & Field .....	Middletown High School, Middletown (IX)
June 9-10 .....	Baseball .....	Various Sites in Binghamton (IV)
June 9-10 .....	Girls Lacrosse .....	SUNY Cortland, Cortland (III)
June 10.....	Boys Lacrosse Finals .....	Hofstra University, Hempstead (VIII)
June 10 .....	Softball .....	Moriches Athletic Complex, Brookhaven (XI)



## Process for School Enrollment Numbers and Classification Cut-Off Numbers

### **VARIATION SPORTS:**

In accordance with the NYSPHSAA Handbook (Classification Variations): *"All Variation Sports will present changes to the Championship Advisory Committee (CAC) prior to proposing changes to classification cut-off numbers to the Executive Committee at the May meeting. Approved changes will not go into effect the following school year."*

### **NON-VARIATION SPORTS:**

Each October, the NYSPHSAA Executive Committee approves the school enrollment numbers and classification cut-off numbers for non-variation sports (Boys and Girls Soccer, Boys and Girl Basketball, Baseball, Softball).  
**Note:** Because Girls Volleyball will be using a sixth classification starting with the 2023 Fall season, they need their school enrollment numbers and classification cut-off numbers approved in October 2022.

The formula used to establish the classification cut-off numbers for non-variation sports will be 75 on the top (Class AAA) and 100 bottom (Class D) and equally divided the middle.

The following timeline will be used each year:

#### **August:**

- Sections will submit a current list of all teams (schools) participating in non-variation sports (*and Girls Volleyball for Fall 2022*).
- The Section submitted list will include all current/planned merged teams (schools) and the current/planned reclassification of any non-public & charter schools.

#### **September:**

- The NYSPHSAA staff will receive the final BEDS numbers from NYSED.
- A report for the following school enrollment numbers will be created and shared with all Section Executive Directors for review.
- The NYSPHSAA staff will also prepare a report for the classification cut-off numbers for non-variation sports (*and Girls Volleyball for Fall 2022*).
- The approved formula used to determine the classification cut-off will be a minimum of 75 in the highest classification (Class AAA), a minimum of 100 in the lowest classification (Class D) and equally divide the remaining classifications (Girls Volleyball – variation 60/80).
- The classifications will take into account all merged teams and reclassifications of any non-public schools.
- Reclassified non-public & charter schools will be listed at the top of the classification.

#### **October:**

- The school enrollments numbers and the classification cut-off numbers for non-variation sports (*and Girls Volleyball for Fall 2022*) will be presented to the Executive Committee for approval.
- Once school enrollment numbers and classification cut-off numbers are approved, they will be final and can only be changed due to a clerical error.
- If a non-public or charter school is moved up or down in classification, following the Executive Committee's October approval, the classification cut-off numbers will not be adjusted nor will any other school's placement be impacted (i.e., non-public school's basketball team is moved from Class AA to Class AAA in December; this will result in 76 teams in Class AAA).

- If a merger is approved following the Executive Committee's October approval, the classification cut-off numbers will not be adjusted nor will any other school's placement be impacted (i.e., two Class D schools merge in Boys Basketball in December and become a Class C Boys Basketball school; this will result in 98 schools in Class D Boys Basketball).

## Section 2 of The NYSPHSAA, Inc Sectional Concern & Proposal Form



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Action Item  
 Discussion/ Information Item

**Presenter:** Matt Ronca & Elise Britt- Male & Female Representatives

**Proposal:** Rule Change – NYSPHSAA Combining of Teams Rule

6. The 13 public school districts in the State that operate to serve students in grades K-8 only, may merge to form multiple “modified” teams. If the K-8 student who participates at the modified level, transfers to a different school with which the K-8 district contracts, the student would be subject to the NYSPHSAA Transfer Rule.

**Rationale:** The above language would meet the needs of the K-8 Modified student-athletes and would follow the existing concept from the NYSED regulations.

**Proposal Originated:** Discussions from a K-8 Public school which is a full member of both Section 2 & The NYSPHSAA. Currently they are limited to one approved merger at the modified level, resulting in one opportunity.

**Budget Impact:** No budgetary impact to the Section or the NYSPHSAA

**Notes:**

New York State Public High School Athletic Association



Central Committee Meeting – July 2

**Sportsmanship:** NYSPHSAA Sportsmanship S

This page needs to be updated by NYSPHSAA before it is sent to the Athletic Council  
Athletic Directors

- Action Item
- Discussion Item
- Informational Item

**Presenter:**  
Todd Nelson, NYSPHSAA Sportsmanship Liaison

**Proposal:**  
The NYSPHSAA Sportsmanship Committee is recommending adding the following NYSPHSAA Sportsmanship Spectator Expectation Statement to the Handbook.

*Without officials, NYSPHSAA and its member schools would not be able to provide interscholastic sports in the manner that is desired and expected by student athletes, coaches, and parents. Spectators are expected to Be Loud, Be Proud, and Be Positive." Negative comments and inappropriate behaviors by spectators are required to be addressed by all and any school supervisors and administrators, as a member of NYSPHSAA. Spectators may be prohibited from attending current and future interscholastic contests based on their behavior."*

**Effective Start Date:**  
Fall 2022

**Rationale:**  
NYSPHSAA member schools have witnessed an increase in negative behavior by spectators at interscholastic contest at all levels. This behavior is having a negative impact on students, coaches, administrators, and officials. NYSPHSAA does not currently have a Spectator Expectation statement in the NYSPHSAA handbook. This statement sets the expectations for all NYSPHSAA member schools.

**Proposal Originated:**  
NYSPHSAA Sportsmanship Committee

**Budgetary Impact:**  
Schools may have to increase supervision staff at all interscholastic contests.

**Notes:**  
None

**Attachments:**  
None

# New York State Public High School Athletic Association

Central Committee Meeting – July 26-27, 2022



## Sportsmanship: NYSPHSAA Spectator Sportsmanship Regulation

- Action Item
- Discussion Item
- Informational Item

### **Presenter:**

Todd Nelson, NYSPHSAA Sportsmanship Liaison

### **Proposal:**

The NYSPHSAA Sportsmanship Committee is recommending adding the following NYSPHSAA Sportsmanship Spectator Regulations to the Handbook.

*"Any negative, inappropriate, derogatory comments or actions that brings direct attention to a supervisor or school administrator by a spectator or group of spectators are required to be addressed by the host school, Sectional or NYSPHSAA representative in the following non-sequential order depending on the comments or behavior:*

- First warning – Directing the spectator or group of spectators to refrain from any negative comments or actions.
- Second warning – A personal discussion with the spectators or group of spectators on the above NYSPHSAA expectations and reminding the spectators or group of spectators of the next step, removal of the game or event, will be utilized if the behavior continues.
- Removal from the contest – The spectator or group of spectators will be directed to leave the facility for the remainder of the game or event. If spectators or group of spectators refuse to leave the game or event, play will be stopped until they vacate the premise.

**Penalty for being removed from a game or event:** Any spectator removed from a game or event will have a minimum penalty of completing the NFHS Parent Credential course or a one game suspension before they are allowed to attend any interscholastic event, home or away. Once the course is completed the spectator will provide a certificate of completion to the athletic department office. Schools are required to communicate with the offending spectator on the NYSPHSAA Sportsmanship Spectator Expectations.

- Depending on the severity of the behavior/comments or future disqualifications by the offending spectator NYSPHSAA and the Section may get directly involved in the situation.

**Note:** A school may take any or all these actions during or after an interscholastic contest.

### **Effective Start Date:**

Fall 2022

# New York State Public High School Athletic Association



*Central Committee Meeting – July 26-27, 2022*

**Rationale:**

NYS PH SAA Sportsmanship Committee believes the time has come to hold our spectators to the same expectations that our coaches and student athletes are held to during an interscholastic contest. If our spectators cannot meet these expectations, then just like our coaches and student athletes they will face a similar consequence to their behaviors and comments. NYS PH SAA schools have a requirement to address these types of behaviors as members of our association.

**Proposal Originated:**

NYS PH SAA Sportsmanship Committee

**Budgetary Impact:**

Schools may have to increase supervision staff at all interscholastic contests.

**Notes:**

None

**Attachments:**

None

# New York State Public High School Athletic Association

Central Committee Meeting – July 26-27, 2022



## Unified Sports: Waiver of the NYSPHSAA Representation Rule

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Todd Nelson, NYSPHSAA Unified Liaison

**Proposal:**

The NYSPHSAA Unified Committee is recommending with Section approval waiving the NYSPHSAA Representation Rule letter (e) for a one-year pilot period.

**Effective Start Date:**

2022-2023 School year

**Rationale:**

We currently have over three hundred schools participating in Unified Basketball and over 150 schools participating in Unified Bowling. Several schools are finding it difficult to recruit partners to be part of the Unified team, especially unified basketball. Schools are reporting that students that have participated in the winter basketball program are interested but the Representation Regulation is preventing them from participating. If this rule were waived these students could be beneficial to the program and team by participating. There is a concern that participation could provide an unfair advantage to a team. For this reason, the committee is asking for a one-year pilot period to examine the extent of any unfair advantage.

**Proposal Originated:**

NYSPHSAA Unified Sports Committee

**Budgetary Impact:**

None

**Notes:**

None

**Attachments:**

None



# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

## **Unified Sports: Mandate the NFHS Coaching Unified Sports Course**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Todd Nelson, NYSPHSAA Unified Liaison

**Proposal:**

The NYSPHSAA Unified Committee is recommending all Unified Sports Coaches take the NFHS Coaching Unified Sports course within the next two years. Coaches would only need to take the course one time to meet this requirement.

**Effective Start Date:**

2022-2023 School year

**Rationale:**

Coaching student athletes in Unified Sports requires a particularly good understanding of the diverse make-up of the team and the teams they will be competing against. The NFHS course provides a particularly good outline of the goals and objectives of Unified Sports and provides the coach with a great starting point. Many of our coaches have already completed the course, on their own, and the Unified Committee feels that all coaches and teams would benefit from taking the course.

**Proposal Originated:**

NYSPHSAA Unified Sports Committee

**Budgetary Impact:**

None – the course is free and can be completed on the coaches own period.

**Notes:**

None

**Attachments:**

None

# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

## League Placement of Section VI Charter Schools

- Action Item  
 Discussion Item  
 Informational Item

**Presenter:**

Robert Zayas, NYSPHSAA Executive Director

**Proposal:**

Discussion pertaining to the league placement of Section VI Charter Schools. Action is needed at October 2022 Executive Committee meeting.

**Effective Start Date:**

N/A

**Rationale:**

The NYSPHSAA Constitution states:

**“ARTICLE VI**

**League and Section Organization**

1. A school may join with other schools to form a league for the purpose of providing interschool athletic competition among schools of comparable size, similar interests, and within reasonable distance of each other. Leagues so formed shall be organized and affairs conducted in accordance with the rules of the section and of the association. If the section athletic council is unable to provide for league affiliation, they shall refer the problem to the NYSPHSAA, Inc. Executive Committee within 30 days for action.”

**Proposal Originated:**

Section VI

**Budgetary Impact:**

None

**Notes:**

The NYSPHSAA Executive Committee will need to render a decision at the October 19, 2022 Executive Committee meeting.

**Attachments:**

Request from Section VI

**From:** [DiFilippo, Mark](#)  
**To:** [Robert Zavas](#)  
**Cc:** [Brett Banker](#); [Rabey](#); [Fadelev, Beth](#)  
**Subject:** Charter Schools  
**Date:** Tuesday, June 7, 2022 9:57:56 AM

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Robert,

Please let this email serve as Section VI's official request for NYSPHSAA to place our 5 Charter Schools (Health Science, WNY Maritime, Global Concepts, Buffalo Academy of Science, and Tapestry) within one of the 5 leagues. These charter schools have been participating in Section VI since the 2009-10 school year as independents. They have tried to individually get into leagues which has been unsuccessful. They recently have requested that Section VI place them into a league since they were unsuccessful in trying to secure spots in our local leagues. President Banker formed a Charter School Placement committee back in October, with hopes that they would have a recommendation at our January Athletic Council meeting. The original request was to have the 5 charter schools in a league for the 2022-23 school year. At the January meeting the committee could not reach consensus as to their placement and asked for more time to work on it.

We continue to try to work things out locally but we still do not have consensus on their placement, therefore we are asking you to place these schools for the 2023-24 school year. Our chair, Dr. Rabey continues to work with the charters and the leagues to fill their schedules for the 2022-23 season but it is evident we need to have some sort of closure for this for the 2023-24 season.

I will have Beth from my office forward you all the information from Dr. Rabey's committee. In addition, I am more than happy to discuss with you, any other info requested.

Thank you.

Mark DiFilippo, CAA  
Section VI Executive Director  
355 Harlem Road  
West Seneca, NY 14224  
(716) 821-7092

# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

## **CHEERLEADING: Establish a NYSPHSAA Game Day State Championship**

- Action Item
- Discussion Item
- Informational Item

### **Presenter:**

Jennifer Simmons, NYSPHSAA Cheerleading State Chair

### **Proposal:**

The NYSPHSAA Cheerleading Committee is seeking approval for a NYSPHSAA Game Day State Championship in the Fall of 2023.

### **Effective Start Date:**

Fall 2023. This event would continue to take place on week #17—the same weekend as the Game Day Regional Invitational tournament sponsored by NYSPHSAA—or week #18 depending on venue availability.

### **Rationale:**

NYSPHSAA has conducted Game Day Regional Invitationals in the Fall of 2021 and will do so in the Fall of 2022. NYSPHSAA member schools will meet the NYSPHSAA Championship Philosophy criteria of 4 teams in 6 Sections prior to the 2023 season.

### **Proposal Originated:**

NYSPHSAA Cheerleading Committee at their May 2022 meeting

### **Budgetary Impact:**

There will lodging, meal and transportation costs typical with travel to any state championship.

### **Notes:**

The Cheerleading State Committee unanimously voted in favor of this proposal at its May 2022 meeting.

Currently, the invitationals are held in 4 classes (A, B, C and D). The Cheerleading Committee will make a recommendation on the number of classes and the classification cut-off numbers based on the number of teams competing in Game Day in the Fall of 2023.

### **Attachments:**

None

### **CAC Feedback:**

**No concerns at this time.**

# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

## **BOYS SOCCER – INCREASE ALLOWABLE YELLOW CARDS IN THE POSTSEASON**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Mike Andrew, NYSPHSAA Boys Soccer Chair

**Proposal:**

The NYSPHSAA Boys Soccer Committee is seeking approval to increase the allowable yellow cards received by an individual in the post season before a one-game suspension is imposed. Presently a player must sit out a one game suspension upon receiving a third yellow card in postseason matches. The committee is seeking to change from three (3) to five (5) in the Yellow Card Accumulation Policy that presently exists for the soccer post season.

**Effective Start Date:**

Fall 2022

**Rationale:**

Coordinators have pointed out that in some Sections, and in some classifications, across the State teams may play as many as eight games to reach the Semifinals. Receiving a third card has required that a player sit out either the semifinal or final game of the State Championship. The committee believes this is a harsh punishment at that stage of the tournament. For clarification, the post season begins with the first game of sectionals.

**Proposal Originated:**

NYSPHSAA Boys Soccer Committee on April 5, 2022

**Budgetary Impact:**

None

**Notes:**

The NYSPHSAA Boys Soccer Committee voted 11-0 to support this request.

**Attachments:**

None

**CAC Feedback:**

CAC had no concerns at this time.

# New York State Public High School Athletic Association

Central Committee Meeting – July 26-27, 2022



## Wrestling: Extension of the Pilot Weight Classes

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Marty Sherman, NYSPHSAA Wrestling Chairmen

**Proposal:**

The NYSPHSAA Wrestling Committee is recommending continuing the 2-year pilot program for wrestling weight classes for the 2022-2023 season.

**Effective Start Date:**

Winter 2022-23 season

**Rationale:**

Due to the cancellation of post season championships in 2020-2021 (year 1) the wrestling committee would like to use the current weight classes for two complete years before considering which NFHS weight classes to recommend in the future.

**Proposal Originated:**

NYSPHSAA Wrestling Committee

**Budgetary Impact:**

None

**Notes:**

None

**Attachments:**

None

# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

## **SOFTBALL - Request to Extend the Softball State Championships to Two Days**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Jim Wright, NYSPHSAA Softball State Chair

**Proposal:**

The NYSPHSAA Softball Committee is requesting approval to extend the Softball State Championship to two days starting in Spring 2023.

**Effective Start Date:**

June 2023

**Rationale:**

Quality of play and safety are focuses on why this event needs to be extended to two days. Although it is not the same length of a baseball game, high temperatures in June are likely thus creating heat issues for players participating in two games on one day. There have been state tournaments in recent years where the heat and humidity have caused teams with one pitcher to tire much sooner in the second game in addition to position players like catchers risking hydration issues. Additionally, often times games go extra innings in the state tournament due to outstanding pitching, case in point in 2019 when a semifinal game went 19 innings. In 2022, a Class B semifinal went to extra innings and the winning team was scheduled to play immediately after. They were offered a 30-minute break but declined and subsequently were beaten 14-2 in the final.

Although pitch count is not a factor in softball, quality of play is important in the state championship which would be significantly better if teams played one game per day and also enjoyed the experience of a two-day state tournament much like baseball and nearly all other NYSPHSAA team championships.

Transitioning to a 6th classification also prompts softball to explore a two-day event to ease the state tournament schedule. Fields at the current hosting facility are available for more games but the number of games for six classes would go from 15 games to 18 games and its more manageable for a two-day event to play 12 semifinals on day one and 6 finals to be played on day two. Keep in mind, most teams are coming in for a Friday afternoon practice already.

**Proposal Originated:**

At the June 2020 NYSPHSAA Softball Committee meeting a discussion and straw poll took place.

**Budgetary Impact:**

There will be a financial impact for schools who would have to travel in one night earlier (Thursday night) however the tournament will start on Friday afternoon of day one so teams would have time to travel in for their games. In 2022, NYSPHSAA began offering optional practices for teams and 19 out of 20 teams opted to use the practice time. NYSPHSAA would also endure only additional expenses (and

# New York State Public High School Athletic Association



## *Central Committee Meeting – July 26-27, 2022*

revenues) for awards and umpires for a two-day tournament since the Town of Brookhaven (current host) will take on added costs and the section has volunteers to work an extra day. In a two-day format, the finals would be played with two games at a time—10 am, 12 pm, and 2 pm allowing schools to get on the road much sooner than they would in a one-day tournament.

### **Notes:**

The NYSPHSAA Softball Committee voted unanimously in favor of this proposal at their June 21, 2022 meeting.

### **Attachments:**

None

### **CAC Feedback:**

No concerns at this time.



# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

## **CHAMPIONSHIP ADVISORY COMMITTEE: Addition of Officials at Individual Wrestling Championship**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Marty Sherman, NYSPHSA Wrestling Chair

**Proposal:**

The NYSPHSA Championship Advisory Committee is seeking approval to change the NYSPHSA Fees and Policies Document of having 30 officials plus 2 alternates at the same cost of 28 officials and 2 alternates for the NYSPHSA Wrestling Individual Tournament.

**Effective Start Date:**

Winter 2022-23 season

**Rationale:**

During the 2021-22 Individual Wrestling Championship two mats and 70 wrestlers were added to the championship. Those changes resulted in an increase of 136 bouts in the tournament. Both alternate officials were utilized during the tournament for a total of 28 officials. CAC is requesting to add 30 officials and 2 alternates to the NYSPHSA Fees and Policies Document for the Individual Wrestling tournament. CAC is proposing to have 30 working officials plus 2 alternates at the same cost as 28 working officials and 2 alternates. The current fee for a working official is \$602. The officials have agreed to lower the fee to \$565 per official to have 30 working officials. There would be no increased cost for NYSPHSA for having 30 working officials as opposed to 28 working officials.

**Proposal Originated:**

NYSPHSA Wrestling Committee at the May 2022 meeting

**Budgetary Impact:**

The proposal will increase the fee by \$565 (due to two ½ fees for alternates).

**Notes:**

The Wrestling Committee voted unanimously in favor of supporting this proposal at its May 2022 meeting.

**Attachments:**

None

**CAC Feedback:**

CAC voted 10-0 in favor of this proposal.

DATE REVISED: June 23, 2022

# New York State Public High School Athletic Association



Central Committee Meeting – July 26-27, 2022

**Todd Nelson**  
**Assistant Director**

## **School Enrollment Numbers and Classification Cut-Off Numbers:**

Each October, the NYSPHSAA Executive Committee approves the school enrollment numbers and classification cut-off numbers for non-variation sports (Boys and Girls Soccer, Boys and Girl Basketball, Baseball, Softball). **Note:** Because Girls Volleyball will be using a sixth classification starting with the 2023 Fall season, they need their school enrollment numbers and classification cut-off numbers approved in October 2022.

See attached document for a detailed description of the process used.

## **Dominic Murray Sudden Cardiac Arrest Prevention Act:**

The Dominic Murray Sudden Cardiac Arrest Prevention Act, Chapter 500 of the Laws of 2021, and Commissioner's regulation §136.9 are effective July 1, 2022. The Act was written to ensure that schools, students, and parents are provided with critical, lifesaving information on sudden cardiac arrest (SCA) risks, signs, and symptoms, to ensure students at risk are evaluated prior to participation in athletics, and that SCA is immediately recognized and treated to prevent death. The Act requires:

- The Commissioner of Health to develop information, in conjunction with the Commissioner of Education, relating to pupils exhibiting signs or symptoms of pending or increased risk of sudden cardiac arrest.
- Directs the Commissioner of Education to post the information on the Department's website.
- All schools must include such information<sup>1</sup> in any permission form, consent form, or similar document that may be required for a student's participation in interscholastic athletics or reference how to obtain such information from the Department and Department of Health's websites, or on the school's website, if one exists.
- The Commissioner of Education to promulgate regulations requiring that any student displaying signs or symptoms of pending or increased risk of sudden cardiac arrest shall be immediately removed from athletic activities, and shall not resume athletic activity until he or she has been evaluated by and received written and signed authorization from a licensed physician; and retain the authorization on file in the student's permanent health record.

This law is like the requirements for the NYS Concussion Management Law. Please use the link below to obtain the following sample information from SED:

- The Dominic Murray Sudden Cardiac Arrest Prevention Memo
- Sample Parent/Guardian Letter for Sudden Cardiac Arrest (SCA) Prevention
- Interval Health History for Athletics

SED Link: <https://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/>

NYSPHSAA would also encourage all coaches to take the NFHS Sudden Cardiac Syndrome Course. This is a free course on the [www.nfhslearn.com](http://www.nfhslearn.com) website.

## GIRLS SOCCER FALL 2022 Preview

1. The seeding meeting will be October 19 at 7 P M, all point cards are to be submitted by 10 AM on October 19. A few teams will have games that day. Please submit your cards on time leaving that game blank. Coaches will call in the results of that game to the committee.
2. The Play In round for Sections will start October 21 or 22.
3. The Sectional Championship dates are:
  - a. 10/24--Class D
  - b. 10/25--Class C
  - c. 10/26--Class AA
  - d. 10/27--Class A
  - e. 10/29--Class B

**All Sectional games will be played at Middletown High School.**
4. Play-In and Regional play will start November 1-6  
**Classes AA, A, B:** Section 1 will host the Preliminary Rounds. Section 4 will host the Regional Finals.  
**Classes C and D** Girls Regional Finals will be hosted by Section 9 at Newburgh Free Academy on Nov. 5<sup>th</sup>.

Thanks,  
Diane  
845-239-1097

## Section IX Game Day Cheer - Fall 2022

1. Divisions will be staying the same for this upcoming season. Girls Lacrosse numbers will be used.

DIVISIONS (based on school size)

Division A - 1060 +

Division B - 775 - 1059

Division C - 465 - 774

Division D - 464 and below

2. We are looking for schools to host Game Day invitationals. Minisink HS will be hosting in October.

3. There will be a regional competition on Saturday, October 29, 2022. The same locations will be used. Teams can choose to attend either location.

- East regional - Arlington HS
- West regional - Visions Veterans Memorial Arena in Binghamton

4. Sectionals will be held at James I. O'Neil HS on Sunday, November 6, 2022.

5. The cheerleading executive committee is looking into possibly moving up the timeline for a state competition in Game Day Cheer. It is scheduled to happen in Fall 2024, but they are looking to move it up to Fall 2023.

- 6 sections with 4 teams competing are needed to move forward.
- Right now there are at least 4 sections meeting those requirements.

6. In the near future, there will be a Game Day cheer promotional video to get more schools interested in participating in the Game Day division.



# Section IX Athletics

Gregory Ransom, Executive Director

## Section IX

### Meeting Dates/Sites

#### 2022-2023

Thursday, September 8, 2022	Orange-Ulster BOCES (In-Person)	9:30 AM
Monday, September 12, 2022	Otterkill Golf Club (In-Person) 100 Otter Road Campbell Hall, NY 10916 MANDATED WORKSHOP	8:30 AM
Tuesday, October 4, 2022	Zoom Meeting	9:30 AM
Tuesday, November 1, 2022	Zoom Meeting	9:30 AM
Wednesday, January 4, 2023	Orange-Ulster BOCES (In-Person)	9:30 AM
Tuesday, March 14, 2023	Zoom Meeting	9:30 AM
Tuesday, April 11, 2023	Zoom Meeting	9:30 AM
Tuesday, May 9, 2023	Zoom Meeting	9:30 AM
Thursday, June 15, 2023	TBA (In-Person)	8:00 AM

### NYSPHSAA Meetings

October 19, 2022

February 1, 2023

May 3, 2023

July 25-26, 2023

### Section IX Start Dates

Football – Saturday, August 20, 2022

All Other Fall Sports – Monday, August 22, 2022

All Winter Sports – Monday, November 14, 2022

All Spring Sports – Monday, March 13, 2023



## EVENTS RISK AND EMERGENCY PLAN

AUGUST 2022

### I. Philosophy

Interscholastic athletics is an integral part of the total secondary educational program. Its purpose is to offer educational experiences not otherwise provided in the curriculum which will promote the student athlete's physical, mental, moral, social and emotional well-being.

Interscholastic athletics shall be primarily for the benefit of the students who participate directly or as spectators. The interscholastic athletic program shall exist for the value which it has for students and for the benefit of the sponsoring institutions.

### II. Purpose

A. A school's academic program and athletic program need to work together to achieve the overall goals of the education system. The purpose of a school's athletic program is diverse:

1. To subordinate it to the academic program which is the basis and prime reason for establishment of an educational institution;
2. To protect the good name of the school in the community;
3. To promote the principles of good citizenship; and
4. To recognize participation in athletics is a privilege.

### III. Objectives

- A. To provide safe athletic events and a meaningful experience for student athletes, coaches and spectators alike.
- B. To prevent a crisis from beginning or escalating.
- C. To focus on risk management and emergency plan for athletic events.

#### IV. Code of Ethics

- A. It is the duty of all concerned with high school athletics:
1. TO EMPHASIZE the proper ideals of sportsmanship, ethical conduct and fair play.
  2. TO ELIMINATE all possibilities which tend to destroy the best values of the game.
  3. TO STRESS the values derived from playing the game fairly.
  4. TO SHOW cordial courtesy to visiting teams and officials.
  5. TO ESTABLISH a happy relationship between visitors and hosts.
  6. TO RESPECT the integrity and judgment of the sport officials.
  7. TO ACHIEVE a thorough understanding and acceptance of the rules of the game and standards of eligibility.
  8. TO ENCOURAGE leadership, use of incentive, and good judgment by the players on the team.
  9. TO RECOGNIZE that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well-being of the individual players.
  10. TO REMEMBER that an athletic contest is only a game...not a matter of life or death for player, coach, school, official, fan, community, state or nation.

#### V. Strategies

As a course of action, the Safety Committee has developed the following steps:

- A. Clarify chaperones' duties and expectations with regard to crowd control.
- B. Clarify police involvement at event OCIAA Championships.
- C. Construct an event checklist so as to identify potential risks and to note coverage areas.
- D. Share this developed plan and review it annually during the scheduled September Athletic Directors Workshop.

- E. Share information and review procedures annually for NYSPHSAA Thunder and Lightning Policy during the first Athletic Directors Workshop held each school year. (attached).
- F. Share the Public Access Defibrillator (PAD) program and review it annually during the scheduled September Athletic Directors Workshop.
- G. Pursuant to the Commissioner of Education and Education Law (section 136.4) regarding the requirement for AED's in Public Schools it is required that:
  - 1. Whenever an instructional school facility is used for a school sponsored or school approved curricular or extracurricular event or activity, the public school officials and administrators responsible for such facility ensure the presence of at least one staff person who is trained, pursuant to Public Health Law section 3000-b (3)(a), in the operation and use of automated external defibrillator.
  - 2. During any school-sponsored athletic contest or school-sponsored competitive athletic event held at any location, the host school shall ensure that automated external defibrillator equipment is provided on-site and that at least one staff person who is trained, pursuant to Public Health Law section 3000-b (3)(a), in its use is present during such contest or event. If an event is sponsored by the OCIAA (League Championships, multi-school events held at a neutral site, etc.), the ROIA will ensure that an automated external defibrillator is provided on-site.

## VI. Guidelines

The OCIAA provides the following general guidelines for crowd control at hosted events.

### A. Precrisis Indicators

- 1. Unusual movement is noted as:
  - a. Athletic teams or groups not moving together;
  - b. Groups of students not in their territory;
  - c. Absence of groups not in their territory; and
  - d. Sudden clustering of students.
- 2. Student attendance can point to a potential problem:
  - a. By those students who most likely would not attend; and
  - b. By those students who have been suspended.
- 3. Warning signs are suggested when:
  - a. Graffiti is increased;
  - b. Students carry items into events;
  - c. Nonprofessional staff mention hearsay; and
  - d. Rumors are not dealt with as if they are true.

### B. Chaperone and/or Crowd Control Duties

- 1. To maintain a high level of conduct by:



- a. Being courteous;
  - b. Not running to the scene of action;
  - c. Dealing with a threat as an act of violence; and
  - d. Following the chain of command.
2. To remain highly visible by:
    - a. Wearing arm bands or other identifiers;
    - b. Assisting in finding rest rooms, seats or concessions;
    - c. Enforcing event rules about spectator behavior;
    - d. Removing unruly students or spectators; and
    - e. Being able to identify associated event personnel.
  3. To keep moving by:
    - a. Not viewing or taking an active role in the athletic event;
    - b. Asking spectators to move into assigned seating areas; and
    - c. Asking spectators to not to loiter in exit or fire lanes.

#### C. Police

1. Police are essential in championship events, because they:
  - a. Add to the decorum of the contest;
  - b. Help with spectator ejection or removal;
  - c. Aid in traffic control; and
  - d. Provide a safe atmosphere.
2. Techniques that police bring to events are:
  - a. The diffusion of large crowds;
  - b. The diffusion of a possible situation;
  - c. When to call for help; and
  - d. Hands on to help.

#### D. Activating Event Safety Plan

1. Designate a site administrator or event manager. Persons authorized to take actions are chaperones, coaches and school administrators. Person in charge shall notify or direct notification as needed:
  - a. Emergency providers – police, ambulance, fire, poison ctr.
  - b. Superintendent of Schools
  - c. Building Administrator, Athletic Administrator
  - d. Site chaperones
2. Response to medical emergency will follow a sequence of steps:
  - a. Assess the injury. If life threatening to player, cancel the game;
  - b. Send contact person to activate emergency medical response personnel. If injured party is a minor, call parents;
  - c. Administer first aid. Prepare to transport to medial facility; and
  - d. Complete an injury report.
3. Response to a crowd control incident will use a four layer approach that is:
  - a. Prevent any incident from escalating;

- b. Keep crowd back;
  - c. Witness and document incident; and
  - d. Remain in the area until all is clear
4. Sequential responses will include:
- a. Monitoring of weather stations and/or scanners.
  - b. Event evacuation or cancellation instructions told during prevent announcement. Potential causes are: severe weather, fire, bomb threat, and sustained power outage.
  - c. Event rules that serve notice to no alcohol, no smoking and improper spectator behaviors and consequences told also during prevent announcement.
5. Individuals designated as site administrator, event manager, chaperone, coach or other trained individual whom has been trained in the use of AED units should:
- a. Immediately check the scene for safety, then verify sudden cardiac arrest;
  - b. Perform proper steps according to training;
  - c. Allow AED unit to analyze and determine if shock is advised;
  - d. If shock needed perform as instructed and trained;
  - e. If NO shock is advised begin CPR training skills and procedures;
  - f. Follow Post – Use Procedures.

E. Chain of Command

1. The chain of command at athletic events is defined as:
- a. OCIAA Sport Chairs or their designees;
  - b. OCIAA Athletic Coordinator;
  - c. Host site Athletic Directors or their designees;
  - g. Sponsoring Coach;
  - h. Security Personnel.

VII. Checklist of Event Risks

A. This checklist of event risks is used to pragmatically prepare for interscholastic athletic events and/or championships:

- \_\_\_\_\_ 1. Proper supervision in all areas is used
- \_\_\_\_\_ 2. Plan for the occurrence of bad weather
- \_\_\_\_\_ 3. Prevent inspection of playing and spectator access areas
- \_\_\_\_\_ 4. Facility maintenance
- \_\_\_\_\_ 5. Event announcement which covers rules and evacuation routes
- \_\_\_\_\_ 6. Injury reporting forms on hand

- \_\_\_\_\_ 7. Medical personnel and supplies arranged
- \_\_\_\_\_ 8. Officials, scorekeepers, timers and announcer in place
- \_\_\_\_\_ 9. Forms completed: insurance, pay vouchers, etc.
- \_\_\_\_\_ 10. Public address system and/or megaphones available to warn
- \_\_\_\_\_ 11. Telephone and/or cell phone available
- \_\_\_\_\_ 12. Ancillary help duties are defined for: ticket takers, custodial, etc.

VIII. The following is the recommended OCIAA Medical Emergency Action Plan for OCIAA contests and schools in which a certified approved athletic trainer is assigned. In addition, guidelines for responsibilities of an emergency care team are recommended in situations when a doctor or ambulance is not present.

Responsibilities of Emergency Care Team:

❖ Athletic Trainer:

- 1. Coordinates care
- 2. Assist injury/illness
- 3. Provide initial first aid care if necessary
- 4. Activate EMS \*911\* when necessary
- 5. Release student athlete to EMS if necessary for transport
- 6. Complete necessary accident reports

❖ Head Coach/Assistant Coach:

- 1. Send team members to assigned benches
- 2. Provide emergency medical/contact card to athletic trainer
- 3. Contact parent/guardian
- 4. Complete necessary accident report forms
- 5. Contact athletic director

❖ Security Staff:

- 1. Scene control (limit injury scene to first aid providers and move bystanders away from area)
- 2. Go to designated location to flag down emergency vehicle
- 3. Have keys to gate/doors for emergency vehicle access
- 4. Direct EMS/vehicle to injury site
- 5. Complete necessary accident report forms

A. Emergency Personnel:

Certified athletic trainer and student athletic trainers on site for practice and competitive events.

B. First Aid Equipment:

1. All interscholastic sports teams are provided with first aid kits, ice packs and CPR masks.
2. Athletic trainer has medical kit, AED, oxygen, vacuum splints, backboard, and cervical collars.

C. Communication:

1. All interscholastic sports teams have a two-way radio to communicate with athletic trainer.
2. All interscholastic sports teams have the athletic trainer's cell phone number.

D. Appropriate Medical Forms:

1. Accident reports to be completed after incident occurs.
2. Emergency Medical/Contact Information to be completed for every student athlete and given to athletic trainer.

CC: Mr. Michael Bellarosa, OCIAA President  
Mr. Tim Bult, OCIAA Safety Committee Chairperson  
Mr. David Coates, Athletic Director, Middletown  
Mr. Christopher Mayo, Interscholastic Athletic Coordinator

## 2022-2023 BOY'S TENNIS – 16 MATCHES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Tennis	Team 6	Team 6	16	3/20/2022	3/20/2022

**Practice Starts:** March 13, 2023

**Number Practices before Scrimmage:** Team: 6

**Number Practices before Game:** Team: 6

**Spring Break:** April 3-7

**OCIAA:** Tues, May 16<sup>th</sup> – Thurs., May 18<sup>th</sup>

**Sectionals:** Wed., May 24<sup>th</sup> – Thurs, May 25<sup>th</sup>

**Section IX Team Championship:** May 20th

**State Team Championship:** June 9th

**States:** June 1 - June 3, 2023 @ USTA National Tennis Center

## BOYS VARSITY TENNIS – 16 MATCHES

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>
1. Newburgh	1. Valley Central	1. Port Jervis
2. Monroe Woodbury	2. Washingtonville	2. Liberty
3. Middletown	3. Minisink	3. O'Neill
4. Kingston	4. Cornwall	4. Fallsburg
5. Pine Bush	5. Goshen	5. Burke
6. Warwick	6. Beacon	
	7. Monticello	

## BOYS JUNIOR VARSITY TENNIS – 16 MATCHES

- |                    |                 |
|--------------------|-----------------|
| 1. Newburgh        | 7. Minisink     |
| 2. Monroe-Woodbury | 8. Warwick      |
| 3. Middletown      | 9. Cornwall     |
| 4. Pine Bush       | 10. Monticello  |
| 5. Valley Central  | 11. Port Jervis |
| 6. Washingtonville | 12. Beacon      |
|                    | 13. Goshen      |

**Dates:**

**March:** 28, 30

**April:** 10, 12, 14, 17, 19, 21, 24, 26, 28

**May:** 1, 3, 5, 8, 10

Notes:

- **NOTES:** Div. 1 and 2 are large school division. Div. 3 is small school division. Div. 1 and 2 play one time in division then non-league vs. each other and Div. 3 for a total of 13-14 contests. Div. 3 plays 2x in division for 6 games then plays non-league vs. Div. 1 and 2 teams. Total matches for Div. - 3 are 13-14 contests. JV is opposite of the varsity schedule. 12 contests for JV.

**2022-2023 VARSITY & JUNIOR VARSITY BASEBALL – 20 GAMES (CLASS AA/A/B/C/D)**

**High School Spring Practice Starts: March 13<sup>th</sup>, 2023**

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
<b>Baseball</b>	Team 10	Team 10	20	<b>3/24/2023</b>	<b>3/24/2023</b>

**Practice Starts: March 13, 2023**

**Number Practices before Scrimmage: Team: 10**

**Number Practices before Game: Team: 10**

**Spring Break: April 3-7**

**Seed Meeting – May 18th, 2023**

**Sectionals: Start – May 20      Finals – May 27<sup>th</sup>**

**Regionals: May 31, 2023**

**States: June 9-10, 2023 @ Binghamton**

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>	<u>Division V</u>	<u>Division VI</u>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston	1. Pine Bush 2. Warwick 3. Valley Central 4. Washingtonville	1. Minisink 2. Cornwall 3. Goshen 4. Monticello 5. Port Jervis 6. Beacon	1. Liberty 2. O'Neill 3. Fallsburg 4. Chester	1. Sullivan West 2. Burke 3. Tri-Valley 4. S.S. Seward	1. Eldred ( <i>Var</i> ) 2. Livingston Manor( <i>Var</i> ) 3. Tuxedo ( <i>Var</i> ) 4. Chapel Field ( <i>Var</i> )

**Dates:**

**March: 29, 31**

**April: 4, 6, 11, 13, 17, 19, 21, 25, 27,**

**May: 2, 4, 6, 9, 11, 13, 16**

**NOTES:**

- Div. 1 and 2 play twice in division. and then play 2x against each other. First game is Mandatory Crossover, second game is non-league. They then play some class A teams for 14-16 games. Div. 3 plays 2x in division for 10 games, then plays up and down for 14-16 games. Division 4, 5, 6 play 2x in division for 6 games, then plays up and down for 14-16 games. Total games are 14-16 games each team.
- Chapel Field, Liv. Manor, Eldred, Tuxedo - Varsity only

2022-2023 VARSITY & JUNIOR VARSITY SOFTBALL – 20 GAMES (CLASS AA/A/B/C/D)

**High School Spring Practice Starts: March 13<sup>th</sup>, 2023**

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Softball	Team 6	Team 6	20	3/20/2023	3/20/2023

**Practice Starts: March 13, 2023**

**Number Practices before Scrimmage: Team: 6**

**Number Practices before Game: Team: 6**

**Spring Break: April 3-7**

**Seed Meeting – May 18th, 2023**

**Sectionals: Start – May 20<sup>th</sup> Finals – May 27<sup>th</sup>**

**Regionals: May 31, 2023**

**States: June 10, 2023 @ Moriches Athletic Complex**

Division I

1. Newburgh
2. Monroe-Woodbury
3. Middletown
4. Kingston

Division II

1. Pine Bush
2. Warwick
3. Valley Central
4. Washingtonville

Division III

1. Minisink
2. Cornwall
3. Goshen
4. Monticello
5. Port Jervis
6. Beacon

Division IV

1. Liberty
2. O'Neill
3. Fallsburg
4. Chester

Division V

1. Sullivan West
2. Burke
3. Tri-Valley
4. S.S. Seward

Division VI

1. Eldred
2. Liv. Manor (*Var*)
3. Chapel Field (*Var*)
- Tuxedo Independent

**Dates:**

**March: 28, 30,**

**April: 4, 6, 11, 13, 17, 19, 21, 25, 27,**

**May: 2, 4, 6, 9, 11, 15, 17,**

**NOTES:**

Div. 1 and 2 play twice in division. and then play 2x against each other. First game is Mandatory Crossover, second game is non-league. They then play some class A teams for 14-16 games. Div. 3 plays 2x in division for 10 games, then plays up and down for 14-16 games. Division 4, 5, 6 plays 2x in division for 6 games, then plays up and down for 14-16 games. All teams play two times. Total games are 14-16 games each team.

## 2022-2023 BOYS VARSITY GOLF – 16 MATCHES

**Practice Starts:** March 13, 2023

**Spring Break:** April 3-7

**OCIAA:** May 16, 2023

**Sectionals:** May 23, 25, 2023

**States:** June 3–5, 2023 @ Mark Twain Golf Course

### BOYS VARSITY GOLF – 16 MATCHES

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>
1. NFA 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Minisink 4. Warwick*  *SS Seward Shadows Warwick	1. Cornwall 2. Goshen 3. Beacon 4. Port Jervis 5. O'Neill 6. Burke	1. Monticello 2. Liberty 3. Sullivan West 4. Tri-Valley 5. Liv Manor/Roscoe 6. Fallsburg

#### Dates:

**April:** 4, 6, 11, 13, 18, 20, 25, 27,

**May:** 2, 4, 9, 11,

#### NOTES:

Schools play one time in Division for 3-5 matches, then play other divisions for 5-7 non-league matches. 10-12 contests total. Short season for Golf. One Day Division Championship Matches will be played again this year. Week of May 8-11. We should have all the same courses & they did not charge us for the Div tourney at any of the venues: Division I at Wiltwyck (Kingston); Div. II at Warwick Valley (Warwick) or Otterkill (VC); Div. III at Southern Dutchess (Beacon) & Div IV at Swan Lake (Monticello)

Weather will be a factor in course openings – Most courses will open early - mid-April. If weather is nice and courses are open in early April, schools are encouraged to move contests back in the schedule to spread out contests and get as many matches in as possible early.



## 2022-2023 GIRLS VARSITY GOLF – 16 MATCHES

**Practice Starts:** March 13, 2023

**Spring Break:** April 3-7

**Sectionals:** May 23, 25 – 2023 @ Apple Greens Golf Course - 9 am

**States:** June 3-5, 2023 @ Edison Golf Club

### GIRLS VARSITY GOLF – 16 Matches

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>	<u>Division V</u>
1. Newburgh	1. Minisink	1. Monticello	1. New Paltz	1. Marlboro
2. Monroe-Woodbury	2. Warwick	2. Liberty	2. Rondout	2. FDR
3. Middletown	3. Cornwall	3. Sullivan West	3. Highland	3. Red Hook
4. Kingston	4. Goshen	4. Roscoe/Liv. Manor	4. Ellenville	4. Lourdes
5. Pine Bush	5. O'Neill	5. Tri Valley	5. Onteora	5. Beacon
6. Valley Central	6. Port Jervis	6. Fallsburg		
7. Washingtonville	7. Burke			

### **Dates:**

**April: 11, 13, 18, 20, 25, 27,**

**May: 2, 4, 9, 11, 16,**

### **NOTES:**

Schools play 2x in division, Div. 1,2,3 play non-leaguers against each other, Division 4 and 5 play each other. Divisional Invitationals: May 2<sup>nd</sup> - Division 1 @ Kingston Wiltwyk, Division 2 @ Stony Ford or Hickory Hill, Division 3 @ Villa Roma, Division 4 @ Apple Greens, Division 5 @ Southern Dutchess CC) Last regular season match: May 16, 2023. Short season for Golf. Weather will be a factor in course openings. If weather is nice and courses are open in early April, schools are encouraged to move contests back in the schedule to spread out contests and get as many matches in as possible early.

Teams have 12-14 contests.

## 2022-2023 BOYS VARSITY LACROSSE – 16 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Lacrosse	Team 6	Team 6	16	3/20/2023	3/20/2023

**Practice Starts:** March 13, 2023

**Spring Break:** April 3-7

**Seed Meeting:** May 18, 2023

**Sectionals:** Start – May 23, 2023      Finals – May 27, 2023

**Regionals:** June 1-7, 2023

**States:** June 10, 2023 @ Hofstra University

### Dates:

<u>Division I (CLASS A)</u> (1026 and up)	<u>Division II (Class B)</u> (1025-734)	<u>Division III (Class C)</u> (733 -431)	<u>Division IV (Class D)</u> (430 and Down)
1. NFA ( <i>Var &amp; JV</i> )	1. Warwick ( <i>Var&amp;JV</i> )	1. Highland/Marlboro ( <i>Var</i> )	1. Red Hook ( <i>Var</i> )
2. Monroe-Woodbury ( <i>Var &amp; JV</i> )	2. Valley Central( <i>Var. &amp; JV</i> )	2. Goshen ( <i>Var/JV</i> )	2. Rondout ( <i>Var</i> )
3. Middletown ( <i>Var. &amp; JV</i> )	3. Washingtonville( <i>Var. &amp; JV</i> )	3. Saugerties ( <i>Var</i> )	3. O'Neill ( <i>Var</i> )
4. Kingston ( <i>Var. &amp; JV</i> )	4. Minisink ( <i>Var &amp; JV</i> )	4. New Paltz ( <i>Var</i> )	4. Millbrook ( <i>Var</i> )
5. Pine Bush ( <i>Var. &amp; JV</i> )	5. Walkill ( <i>Var &amp; JV</i> )	5. Lourdes ( <i>Var &amp; JV</i> )	
	6. Cornwall ( <i>Var/JV</i> )		Rhinebeck ( <i>JV only</i> )
			FDR ( <i>Var</i> )
			Independent

**March:** 28, 30,

**April:** 4, 6, 12, 14, 19, 21, 26, 28,

**May:** 3, 5, 10, 12, 16,

### NOTES:

Teams play one time in division. Non-league games spread out.

Teams have 10-12 contests.

JV's have 12-14 games and don't always follow varsity schedule.

\*Schools should check start times and let us know if adjustments are needed for home game times in case of playing under lights, etc.

## 2022-2023 GIRLS VARSITY LACROSSE – 16 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Lacrosse	Team 6	Team 6	16	3/20/2023	3/20/2023

**Practice Starts:** March 13, 2023

**Spring Break:** April 3-7

**Seed Meeting:** Thursday May 18, 2023

**Sectionals:** Start – May 20, 2023      Finals – May 23-24, 2023

**Regionals:** May 31 - June 3, 2023

**States:** June 9-10, 2023 @ SUNY Cortland

<u>Division I (CLASS A)</u> (1060 and up)	<u>Division II (Class B)</u> (1059-775)	<u>Division III (Class C)</u> (774-465)	<u>Division IV (Class D)</u> (464 and Down)
1. NFA (Var. & JV) 2. Monroe-Woodbury (Var & JV) 3. Middletown (Var. & JV) 4. Kingston (Var. & JV) 5. Pine Bush (Var. & JV)	1. Washingtonville (Var & JV) 2. Valley Central (Var & JV) 3. Minisink (Var & JV) 4. Warwick (Var&JV) 5. FDR (Var) 6. Cornwall (Var/JV) 7. Wallkill (Var/JV)	1. Goshen (Var/JV) 2. Saugerties (Var) 3. New Paltz (Var) 4. Beacon (Var) 5. Lourdes (Var/JV)  Chester (JV only) Rondout (JV Only)	1. Red Hook (Var) 2. Highland (Var) 3. O'Neill (Var) 4. Burke (Var) 5. Millbrook (Var)

**Dates Division 1/2:**

**March: 29, 31**

**April: 4, 6, 11, 13, 18, 20, 25, 27,**

**May: 2, 4, 9, 11, 16,**

**Dates: Division 3/4**

**March: 28, 30**

**April: 3, 5, 12, 14, 19, 21, 26, 28**

**May: 3, 5, 10, 12, 15**

**NOTES:**

Important: Games are played on varied dates by division for officials' availability. Saturdays are used a couple of times. If schools move games they will not be guaranteed officials as we have a shortage of available officials. Mondays and Thursdays are reserved for Modified girls Lacrosse. They will get priority assigning on those days to start off.

Varsity Schools in Div. 1 and 2 play 1 time in division then play each other once for a total of 10 contests. Division 3 and 4 play one time in division and then play once for 9 contests total.

Non-league games between all divisions to bring game totals to 12-14 contests.

All JV teams have 12 contests.

\*Schools should check start times and let us know if adjustments are needed for home game times in case of playing under lights, etc.

**2022-2023 BOYS AND GIRLS VARSITY SPRING TRACK – 16 MEETS**

<b>Sport</b>	<b>Practices for Scrimmage</b>	<b>Practices for Game</b>	<b>Maximum Contests</b>	<b>1<sup>st</sup> Possible Date - Scrim.</b>	<b>1<sup>st</sup> Possible Date - Game</b>
<b>Track</b>	Team 6	Team 6	16	<b>3/20/2023</b>	<b>3/20/2023</b>

**Practice Starts:** March 13, 2023

**Spring Break:** April 3-7

**OCIAA Meet:** May 20-21, 2023

**Throwers Pentathlon:** May \_\_, 2023

**Sectionals:** May 26-27, 2023

**State Qualifier:** June 2-3, 2023

**States:** June 9-10, 2023 @ Middletown HS

<b><u>Division I</u></b>	<b><u>Division II</u></b>	<b><u>Division III</u></b>	<b><u>Division IV</u></b>	<b><u>Division V</u></b>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Minisink 4. Warwick 5. Cornwall	1. Goshen 2. Beacon 3. Monticello 4. Port Jervis	1. Liberty 2. O'Neill 3. Burke 4. Fallsburg 5. Chester	1. Tri-Valley 2. Sullivan West 3. Eldred 4. Chapel Field 5. Liv. Manor 6. Homestead

**Dates:**

**March:** Div I/II - 28

**April:** Div I/II – 11, 18, 25,

**May:** Div I/II – 2, 9

Div III/IV/V - 29

Div III/IV/V – 12, 19, 26,

Div III/IV/V – 3, 10

**NOTES:**

One time in division reversed from last year where possible. 6 meets prior to OCIAA's.

## 2022-2023 MODIFIED BASEBALL (7-8) – 14 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Baseball	Team 10	Team 10	14	4/3/2023	4/3/2023

**Practice Starts:** March 20, 2023

**Number Practices before Scrimmage:** Team / Individual: 10

**Number Practices before Game:** Team / Individual: 10

**Spring Break:** April 3-7

Division 1	Division 2	Division 3	Division 4
1. Monroe-Woodbury (P) 2. Newburgh 3. Middletown 4. Pine Bush Crispell 5. Washingtonville 6. Warwick 7. Valley Central	1. Monroe-Woodbury(W) 2. Minisink 3. Port Jervis 4. Pine Bush Circleville 5. Goshen 6. Cornwall 7. Beacon	1. Florida 2. Greenwood Lake 3. O'Neill 4. Chester 5. Tuxedo 6. Chapel Field	1. Liberty 2. Fallsburg 3. Sullivan West 4. Tri-Valley 5. Eldred 6. Livingston Manor 7. Monticello

**Dates:**

**April: 11, 13, 19, 21, 25, 27,**

**May: 2, 4, 10, 12, 16, 18, 22, 24, 31**

**June: 2, 5**

**NOTES:**

Games played generally on days when varsity and JV are not playing. Will allow for field availability, bussing, and officials availability. Div. 1 and 2 opposite of each other so multiple team schools have facilities available and transportation evens out. Div. 3 and 4 play some teams 3x to get their maximum.

## 2022-2023 MODIFIED SOFTBALL (7-8) – 14 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Softball	Team 6	Team 6	14	3/28/2023	3/28/2023

**Practice Starts:** March 20, 2023

**Number Practices before Scrimmage:** Team / Individual: 6

**Number Practices before Game:** Team / Individual: 6

**Spring Break:** April 3-7

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. MW (P) 2. Newburgh 3. Middletown 4. Pine Bush Crispell 5. Washingtonville 6. Warwick 7. Valley Central	1. MW (W) 2. Port Jervis 3. Minisink 4. Pine Bush Circleville 5. Goshen 6. Cornwall 7. Beacon	1. Florida 2. Greenwood Lake 3. O'Neill 4. Chester 5. Tuxedo 6. Chapel Field	1. Liberty 2. Fallsburg 3. Sullivan West 4. Tri-Valley 5. Eldred 6. Livingston Manor 7. Monticello

**April: 11, 13, 18, 20, 26, 28,**

**May: 3, 5, 10, 12, 17, 19, 22, 24, 31**

**June: 2, 5**

### **NOTES:**

Games played generally on days when varsity and JV are not playing. Will allow for field availability and officials availability and bussing. Div. 1 and 2 opposite of each other so multiple team schools have facilities available and transportation evens out. Div. 3 and 4 play some teams 3x to get their maximum.

## 2022-2023 BOYS AND GIRLS MODIFIED TRACK (7-8) – 10 MEETS

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
<b>Track</b>	Team 6	Team 6	10	<b>3/28/2023</b>	<b>3/28/2023</b>

**Practice Starts: March 20, 2023**

**Number Practices before Scrimmage: Team / Individual: 6**

**Number Practices before Game: Team / Individual: 6**

**Spring Break: April 3-7**

<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Valley Central</li> <li>7. Washingtonville</li> <li>8. Minisink Valley</li> <li>9. Warwick</li> <li>10. Cornwall</li> <li>11. Goshen</li> </ol>	<ol style="list-style-type: none"> <li>12. Monticello</li> <li>13. Port Jervis</li> <li>14. Liberty</li> <li>15. Fallsburg</li> <li>16. Sullivan West</li> <li>17. Tri-Valley</li> <li>18. Eldred</li> <li>19. Greenwood Lake</li> <li>20. West Point</li> <li>21. Beacon</li> <li>22. Homestead School</li> </ol>
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**Dates:**

**April: 13, 20, 27,**

**May: 4, 11, 18,**

**NOTES:**

Home and away changed from 2022.

**2022-2023 BOYS MODIFIED LACROSSE – 12 games**  
**9 Minute Quarters**

<b>Sport</b>	<b>Practices for Scrimmage</b>	<b>Practices for Game</b>	<b>Maximum Contests</b>	<b>1<sup>st</sup> Possible Date - Scrim.</b>	<b>1<sup>st</sup> Possible Date - Game</b>
<b>Boys Lacrosse</b>	Team 6	Team 6	12	<b>3/28/2023</b>	<b>3/28/2023</b>

**Practice Starts: March 20, 2023**

**Number Practices before Scrimmage: Team / Individual: 6**

**Number Practices before Game: Team / Individual: 6**

**Spring Break: April 3-7**

**BOYS MODIFIED LACROSSE (7-8)**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>
1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Pine Bush 5. Warwick 6. Del. Valley Pa.	1. Valley Central 2. Washingtonville 3. Minisink Valley 4. Cornwall 5. Goshen 6. Chester	1. Kingston 2. Walkkill 3. Highland 4. Rondout 5. Saugerties 6. New Paltz

**Dates:**

**April: 11, 13, 18, 20, 25, 27**

**May: 2, 4, 9, 11, 16, 18, 23, 30,**

**June: 1,**

**NOTES:**

Teams play twice in division then play other teams for last two games to fill out 12 game schedule.



2022-2023 GIRLS MODIFIED LACROSSE – 12 games  
25 Minute Halves

<b>Sport</b>	<b>Practices for Scrimmage</b>	<b>Practices for Game</b>	<b>Maximum Contests</b>	<b>1<sup>st</sup> Possible Date - Scrim.</b>	<b>1<sup>st</sup> Possible Date - Game</b>
<b>Girls Lacrosse</b>	Team 6	Team 6	12	<b>3/29/2022</b>	<b>3/29/2022</b>

**Practice Starts: March 20, 2023**

**Number Practices before Scrimmage: Team / Individual: 6**

**Number Practices before Game: Team / Individual: 6**

**Spring Break: April 3-7**

GIRLS MODIFIED LACROSSE (7-8)

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Del. Valley Pa.	1. Warwick 2. Pine Bush 3. Valley Central 4. Washingtonville	1. Minisink Valley 2. Cornwall 3. Goshen 4. Beacon 5. Burke	1. Kingston 2. Highland 3. Rondout 4. New Paltz

**Dates:**

**April: 10, 13, 17, 20, 24, 28,**

**May: 1, 4, 8, 11, 17, 19, 22, 25, 30,**

**June: 1, 5**

**NOTES:**

Mondays/Thursdays are used since there is no varsity or JV scheduled on those day. Officials should be more available. Each team plays 2x in division then play other schools for the remainder of their games. Everyone has 12 games.

## 2022-2023 Unified Basketball

<b>Sport</b>	<b>Practices for Scrimmage</b>	<b>Practices for Game</b>	<b>Maximum Contests</b>	<b>1<sup>st</sup> Possible Date - Scrim.</b>	<b>1<sup>st</sup> Possible Date - Game</b>
<b>Unified Basketball</b>	Team 6	Team 6	-	<b>3/28/2023</b>	<b>3/28/2023</b>

### Unified Basketball

1. Cornwall	9. Pine Bush
2. Goshen	10. Valley Central
3. Warwick	11. Kingston
4. Port Jervis	12. Rondout
5. Monroe Woodbury (P)	13. Pine Plains
6. Monroe Woodbury (W)	14. Arlington
7. NFA	15. John Jay
8. Middletown	16. Beacon

DATES:

April:

May:

Notes:

Schedule not completed yet.



## HEAT INDEX PROCEDURES

**Administration of Heat Index Procedures:**

- Feels Like Temperature (Heat index) or THI using a Wet Bulb indicator on the field will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
- Download WeatherBug app to your phone or log into [www.weatherbug.com](http://www.weatherbug.com). Schools may also use a Wet Bulb indicator on the field that will be used.
- Enter zip code or city and state in the location section of the app or on-line or determine the THI by using a Wet Bulb indicator.
- If the Feels Like temperature (heat index) or the Wet Bulb Indicator is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) or Wet Bulb indicator at halftime or midway point of the contest. If the Feels Like temperature (heat index) or Wet Bulb indicator is 96 degrees (Fahrenheit) or more, the contest will be suspended.

**Please refer to the following chart to take the appropriate actions:**

	Feels Like Temp(Heat Index) or Wet Bulb Indicator under 79 degrees	Full activity. No restrictions
<b>R E C O M M E N D E D</b>	Heat Index Caution: Feels Like Temp (Heat Index) or Wet Bulb indicator 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) or Wet Bulb indicator 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) or Wet Bulb Indicator 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
<b>REQUIRED</b>	Heat Index Alert: Feels Like Temp (Heat Index) or Wet Bulb indicator 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

**NYSPHSAA**  
**THUNDER & LIGHTNING POLICY**

*(Effective 10/25/04)*  
*(Revised October 20, 2008)*

Applies to regular season through NYSPHSAA Finals:

1) Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning.

a) With your site administrator, set up a plan for shelter prior to the start of any contest.

2) When thunder is heard and/or when lightning is seen, the following procedures should be adhered to:

a) Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).

b) Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.

c) After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.

**OCIAA and MHAL  
MAXIMUM CONTESTS**

<u>HIGH SCHOOL SPORTS</u>	<u>LEAGUE MAXIMUM VARSITY/JV/FROSH)</u>
Baseball	20
Basketball (Boys / Girls)	20
Bowling	20
Cross Country (Boys /Girls)	16
Field Hockey	16
Football	10
Golf (Boys / Girls)	16
Gymnastics	16
Ice Hockey	20
Lacrosse (Boys / Girls)	16
Skiing (Boys / Girls)	16
Soccer (Boys / Girls)	16
Softball	20
Swim (Boys / Girls)	16
Tennis (Boys / Girls)	16
Track (Boys / Girls)	16
Indoor Track (Boys / Girls)	16
Volleyball	20
Wrestling	20 points

- ❖ Varsity Scrimmages - Schools should follow the most current edition of the New York State Public High School Athletic Association Handbook.
- ❖ JV/Freshmen Scrimmages – OCIAA Schools are allowed two (2) scrimmages per team.

<u>MODIFIED SPORTS</u>	<u>MAXIMUM CONTESTS</u>
Baseball	14
Basketball (Boys)	14
Basketball (Girls)	14
Cross Country (Boys)	10
Cross Country (Girls)	10
Football (Modified A)	7
Football (Modified B)	7
Lacrosse (Boys)	12
Lacrosse (Girls)	12
Soccer (Boys)	12
Soccer (Girls)	12
Softball	14
Track (Boys)	10
Track (Girls)	10
Volleyball	14
Wrestling	14 points



# Meeting Dates 2022 - 2023



MHAL	MHAL EXECUTIVE COMMITTEE	OCIAA	OCIAA EXECUTIVE COMMITTEE	SECTION IX
August 24, 2022 9:30 am Ulster BOCES	October 19, 2022 11:00 am Ulster BOCES	August 23, 2022 9:30 am Orange-Ulster BOCES	October 6, 2022 9:00 am Orange-Ulster BOCES	September 8, 2022 9:30 am Orange-Ulster BOCES In-Person
September 21, 2022 9:30 am Ulster BOCES	January 18, 2023 11:00 am Ulster BOCES	September 20, 2022 9:30 am Orange-Ulster BOCES	December 7, 2022 9:00 am Orange-Ulster BOCES	September 12, 2022 NYSPHSAA Mandated Workshop 8:30 Otterkill Golf Club In-Person
October 19, 2022 9:30 am Ulster BOCES	May 17, 2023 11:00 am Ulster BOCES	October 18, 2022 9:30 am Orange-Ulster BOCES	March 1, 2023 9:00 am Orange-Ulster BOCES	October 4, 2022 9:30 am Zoom Meeting
November 30, 2022 9:30 am Ulster BOCES		November 22, 2022 9:30 am Orange-Ulster BOCES	May 24, 2023 9:00 am Orange-Ulster BOCES	November 1, 2022 9:30 am Zoom Meeting
December 21, 2022 9:30 am Ulster BOCES		December 20, 2022 9:30 am Orange-Ulster BOCES		January 4, 2023 9:30 am Orange-Ulster BOCES In-Person
January 18, 2023 9:30 am Ulster BOCES		January 17, 2023 9:30 am Orange-Ulster BOCES		March 14, 2023 9:30 am Zoom Meeting
February 15, 2023 9:30 am Ulster BOCES		February 14, 2023 9:30 am Orange-Ulster BOCES		April 11, 2023 9:30 am Zoom Meeting
March 22, 2023 9:30 am Ulster BOCES		March 21, 2023 9:30 am Orange-Ulster BOCES		May 9, 2023 9:30 am Zoom Meeting
April 19, 2023 9:30 am Ulster BOCES		April 18, 2023 9:30 am Orange-Ulster BOCES		June 15, 2023 8:00 am TBA In-Person
May 17, 2023 9:30 am Ulster BOCES		May 18, 2023 9:30 am Orange-Ulster BOCES		
June 7, 2023 9:30 am Ulster BOCES		June 6, 2023 9:30 am Orange-Ulster BOCES		

MID HUDSON ATHLETIC LEAGUE 2022-2023 CALENDAR

<u>DATE</u>	<u>TIME</u>	<u>ACTIVITY/EVENT</u>	<u>LOCATION</u>
18 Aug (Thurs)	5:00 PM	Football Rules Interp. Meeting (Varsity/JV/Freshmen)	Middletown H.S. Capstone Room
20 Aug (Sat)		Football may start (Varsity/JV/Freshmen)	
22 Aug (Mon)		All Other Sports may start (Varsity/JV/Freshmen)	
24 Aug (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
25 Aug (Thurs)	7:00 PM	Fall Sports Rules Interp. Meeting (Varsity/JV/Mod)	Virtual
5 Sept (Mon)		Holiday (Labor Day) - Office closed	
6 Sept (Tues)		First Day - Modified Fall Sports may start	
8 Sept (Thurs)	6:00 PM	Modified Football Rules Meeting	Middletown H.S. Capstone Room
12 Sept (Mon)	9:30 AM	NYSPPHSAA Mandated Workshop	Otterkill Golf Club
21 Sept (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
26 Sept (Mon)		Holiday (Rosh Hashanah) - Office closed	
5 Oct (Wed)		Yom Kippur - Office closed	
10 Oct (Mon)		Holiday (Columbus Day) - Office closed	
19 Oct (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
19 Oct (Wed)	11:00 AM	MHAL Executive Committee Meeting	Ulster BOCES
9 Nov (Wed)	7:00 PM	Wrestling Rules Interp. Meeting	Virtual
11 Nov (Fri)		Holiday (Veterans Day) - Office closed	
14 Nov (Mon)		Winter Sports may start (Varsity/ JV)	
17 Nov (Thurs)	7:00 PM	Winter Rules Interpretation Meeting (Varsity/ JV/Mod)	Virtual
21 Nov (Mon)		Modified Winter Sports may start	
24-25 Nov (Thurs/Fri)		Thanksgiving Holiday - Office closed	
30 Nov (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
21 Dec (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
26 Dec- 2 Jan		Winter Recess	
16 Jan (Mon)		Holiday (Martin Luther King Day) - Office closed	
18 Jan (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
18 Jan (Wed)	11:00 AM	MHAL Executive Committee Meeting	Ulster BOCES
24-27 Jan (Tues-Fri)		Regents Week	
15 Feb (Tues)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
20-24 Feb (Mon-Fri)		February Recess	
13 Mar (Mon)		Spring Sports may start (Varsity/JV)	
13 Mar (Mon)	7:30 PM	Spring Rules Interpretation Meeting (Var/JV/Modified)	Virtual
20 Mar (Mon)		Modified Spring Sports may start	
22 Mar (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
Apr 3 - Apr 11		Spring Recess	
19 Apr (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
16 May (Tues)	-----	School Budget Vote Day	
17 May (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Ulster BOCES
17 May (Wed)	11:00 AM	MHAL Executive Committee Meeting	Ulster BOCES
29 May (Mon)		Holiday (Memorial Day) - Office closed	
7 June (Wed)	9:30 AM	MHAL Athletic Directors Workshop	TBA
14-23 June		Regents Exams	

<u>SECTION IX MEETING DATES</u>		<u>Section IX Start Dates - High School</u>	
Thurs. Sept. 8, 2022	Orange Ulster BOCES Carl Onken - 9:30 AM	Football - Sat., Aug. 20, 2022	
Mon. Sept. 12, 2022	Otterkill Golf Club (NYSPPHSAA Mandated Workshop) - 8:30 AM	Other Fall Sports - Mon., Aug. 22, 2022	
Tues. Oct. 4, 2022	Virtual Meeting - 9:30 AM	All Winter Sports - Mon., Nov. 14, 2022	
Tues. Nov. 1, 2022	Virtual Meeting - 9:30 AM	All Spring Sports - Mon, March 13, 2023	
Wed. Jan. 4, 2023	Orange Ulster BOCES Carl Onken - 9:30 AM		
Tues. March 14, 2023	Virtual Meeting - 9:30 AM		
Tues. April 11, 2023	Virtual Meeting - 9:30 AM		
Tues. May 9, 2023	Virtual Meeting - 9:30 AM		
Thur. June 15, 2023	TBA (In-person)		
		<u>Section IX Start Dates - Modified</u>	
		All Fall Sports - Sept. 6 or 1 <sup>st</sup> day school	
		All Winter Sports - Mon., Nov. 21, 2022	
		All Spring Sports - Mon, March 20, 2023	
<u>NYSPPHSAA Meetings:</u>	<u>SAT Test Dates</u>	<u>ACT Test Dates</u>	<u>PSAT Test Dates</u>
Oct. 19, 2022	October 1, 2022	Sept 10, 2022	Oct. 12, 2022
Feb. 1, 2023	November 5, 2022	Oct 22, 2022	Oct. 15, 2022
May 3, 2023	December 3, 2022	Dec 10, 2022	
July 25-26, 2023	March 11, 2023	Feb 11, 2023	<u>AP Exams</u>
	May 6, 2023	April 1, 2023	May 1 - 5, 2023
	June 3, 2023	June 10, 2023	May 8 - 12, 2023

SECTION IX  
CURRENT CLASSIFICATION OF SCHOOLS - BEDS NUMBERS FOR 2022-2023

SCHOOL	NYSPHSAA ENROLLMENT		FB	VB	XC	FH	B LAX	G LAX	BASK soc BB SB	Spr.Trck Wrester/Cheer	SCHOOL	NYSPHSAA ENROLLMENT		FB	VB	XC	FH	B LAX	G LAX	BASK soc BB SB	Spr.Trck Wrester/Cheer	
	SED #											SED #										
Beacon	662		A	A	B			C	A	I/II	New Paltz	542		B	B	B			C	C	A	II/II
John S. Burke	242		C	C	D		D	B/C	B/C	II/II	NFA	2784		AA	AA	A		A	A	AA	I/I	
Chapel Field	75							D	D	II/II	James I. O'Neill	378		C	B	C		D	D	B	II/II	
Chester	279		C	C			D	B	B	II/II	Onteora	318		C	C	C				B	II/II	
Cornwall	800		A	A	B		B	A	I/I	I/I	Our Lady of Lourdes	470		A	B	B	C	C	C	AA/B	II/II	
Dover	339		C	C	C			B	II/II	II/II	Pine Bush	1263		AA	AA	A	A	A	AA	I/I		
Eldred	132		D	D			D	D	D	II/II	Pine Plains ***(317)	212	**C	D	D	C				C	II/II	
Ellenville	390		C	B	C	C		B	II/II	II/II	Port Jervis	567		B	B	B				A	II/II	
Fallsburg	374		C	B	C		B	A	I/I	II/II	Red Hook	428		B	B	C	D	D	D	B	II/II	
F.D.R.	869		A	A	A		B	A	I/I	I/I	Rhinebeck ***(317)	254		C	D	C	D			C	II/II	
Goshen	698		A	A	B		C	C	A	I/II	Rondout	411		B	B	C	C	D		B	II/II	
Highland^^	386		C	B	C		A/C	D	B	II/II	Roscoe ***(123)	63		D	D					D	II/II	
Kingston	1464		AA	AA	A	A	A	A	AA	I/I	S.S Seward	165		D	D					C	II/II	
Liberty	431		B	B	C		B	B	II/II	II/II	Saugerties	545		B	B	B	C	C	C	A	II/II	
Liv. Manor*** (123)	89		D	D			D	D	D	II/II	Spackenkill	380		C	B	C	C			B	II/II	
Marlboro	459		B	B	B		B	B	II/II	II/II	Sullivan West	243		D	C	D				C	II/II	
Middletown	1995		AA	AA	A		A	AA	I/I	I/I	Tri-Valley	239		D	D					C	II/II	
Millbrook	218		D	D	D		C	C	II/II	II/II	Tuxedo	62		D	D					D	II/II	
Minisink	852		A	A	A		B	B	A	I/I	Valley Central	1002		A	AA	A	B	B	AA	I/I		
Monroe-Woodbury	1767		AA	AA	A		A	AA	I/I	I/I	Walkill	824		A	A	A	B			A	I/I	
Monticello	714		A	A	B		A	A	I/II	II/II	Warwick	1019		A	AA	A	B	B	AA	I/I		
Mount Academy	99		D	B			C/D			II/II	Washingtonville	975		A	AA	A	B	B	AA	I/I		
^^Highland merged w/ Marlboro for B Lacrosse (386 x 30%= 115 + 450 = 565)																						
* Moved by Sect IX up to B XC, C BSoc   ^ Moved by Sect IX up to C FB, B BASK   ~ Moved by Sect IX up to A FB, AA GBASK																						

\*\*\* Includes L. Manor, Rosc & Downsville ( 89 + 18 + 16 ) \*\* Pine Plains merged w/ Rhinebeck FB(254+63=317)

2022-2023 Current Sport Exceptions Classifications

SCHOOL	5 Classes		4 Classes				3 Classes				4 Classes				Individual Sports		Other
	Football	Basketball-Soccer-Baseball-Softball	Cross Country	Field Hockey	Boys Lacrosse	Girls Lacrosse	Spring Track	Ice Hockey	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling	Wrestling	
AA 950 - Up	AA 1025 - Up	AA 965 - up	A 815 - up	A 915 - Up	A 1026 - Up	A 1060 - Up	A 1000 - Up	A 915 - Up	A 1026 - Up	A 1060 - Up	A 1100 +	A 1100 +	A 1100 +	A 1100 +	A 1100 +	A 1100 +	
A 598 - 949	A 630 - 1024	A 500 - 964	B 450 - 814	B 450 - 914	B 734 - 1025	B 775 - 1059	B 450 - 914	B 450 - 914	B 734 - 1025	B 775 - 1059	Div. I	Div. I	Div. I	Div. I	Div. I	Div. I	
B 368 - 597	B 397 - 629	B 270 - 499	C 255 - 449	C 255 - 449	C 431 - 733	C 465 - 774	C 449 - Below	C 449 - Below	C 431 - 733	C 465 - 774	600 - Up	600 - Up	600 - Up	600 - Up	600 - Up	600 - Up	
C 221 - 367	C 261 - 396	C 150 - 269	D 0 - 254	D 0 - 254	D Up to 430	D 464 - Down	D 0 - 254	D 0 - 254	D Up to 430	D 464 - Down	Div. II	Div. II	Div. II	Div. II	Div. II	Div. II	
D 0 - 220	D 0 - 260	D 0 - 149									0 - 599	0 - 599	0 - 599	0 - 599	0 - 599	0 - 599	

Combining of Schools Information Class AA- 100% / Class A - 100% / Class B - 100% / Class C - 40% / Class D - 30%  
 \* Beginning with the 2018-2019 school year: The graduated scale is used for up to 3 "team" mergers and mergers with 4 or more "teams" take 100% of their BEDS; ONLY in team sports. (July 2017)  
 The percentage is dependent upon the association's "Sport Specific classification cut-off numbers" (July 2018)



## HIGH SCHOOL SPORT STANDARDS

	# of practices for Student-Athletes to Represent their school (Feb.2019)	Team and Individual Maximum Number of Contests *	Min. Time Between Contests or Scrimmages	Individual Contest Limitations Per Day	RULES	Scrimmage Limitations Per Day
<b>Sport</b>						
<u>Badminton</u>	6		1 night	3 matches 1 contest	USBA	1
<u>Baseball</u> <u>Battery</u>	10 10	20	1 night	2 contests	NFHS	2
<u>Basketball</u> <u>GIRLS/ BOYS</u>	6	20	1 night	1 contest	NF-Boys NCAA-Girls	1
<u>Bowling</u>	Training	20+	1 night	6 games	USBC	1
<u>Competitive Cheerleadin</u>	6	12	1 night	1 competition	NFHS	1
<u>Cross-country</u>	6	16	2 nights	5000meters or 3.1miles	NFHS	1
<u>Fencing</u>	6	20	1 night	3 contests	USFA	1
<u>Field Hockey</u>	6	16	1 night	1 contest	NFHS	1
<u>Football</u>	10	10	4 nights(1)	1 contest	NFHS	1
<u>Golf</u>	Training	16	1 night	1 match 2 – 9-holeM non-school days.	USGA& Local course rules	1
<u>Gymnastics</u>	10	16	1 night	6 events (boys) 4 events (girls) 1 contest	Boys- NFHS Girls- USAGJO/ Tech HB	1
<u>Ice hockey</u>	6	20	1 night	1 contest	NFHS	1
<u>Lacrosse</u>	6	16	1 night	1 contest	NFHS-Boys & Girls	1
<u>Rifle</u>	6	16	1 night	1 contest	NRA	1
<u>Skiing</u>	6	16	1 night	2 events	FIS & USSA	1
<u>Soccer</u>	6	16	1 night	1 contest	NFHS	1
<u>Softball</u>	6	20	1 night	2 contests	ASA	2
<u>Swimming/ Diving</u>	6	16+	1 night	4 events 1 contest	NFHS	1
<u>Tennis</u>	6	16	1 night	2 matches ++	USTA	1
<u>Outdoor Track</u>	6	16+	1 night	4 events 1 contest	NFHS	1
<u>Winter Track</u>	6	16+	1 night	3 events 1 contest	NFHS	1
<u>Volleyball</u>	6	20	1 night	2 matches/day	NCAA	1
<u>Wrestling</u>	10	20 points+	1 night	4 bouts 5 bouts tournament only	NFHS	1

(1) 2 nights for scrimmage

\* indicates maximum plus section, state championships and games necessary to break divisional or league ties

+ indicates maximum number of contests in which an individual competitor may participate

++ Modified scoring system must be used (see Tennis Standard)

## MODIFIED SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION

Sport	# of Practices for student to represent their school	Team and Individual Maximum No. Contests	Minimum Time Between Contests*	Individual Limitations per Day	Rules	Time and Distance Limits
Badminton	6	14	1 Night	2 Matches/ 1 Contest	USBA	
Baseball	10	14	1 Night	2 Games *	NFHS	
Baseball Pitcher	10	14	2 Nights *	1 Game	NFHS	Pitch Count Restrictions
Basketball	6	14	2 Nights	1 Game	NFHS- Boys NCAA- Girls	7 Minute Quarters
Bowling	6	14	1 Night	3 Games	USBC	
Cross Country	6	10	2 Nights	1 Meet	NFHS	
Cheerleading	6	12	1 Night	1 Competition	NFHS	
Field Hockey	6	12	2 Nights	1 Game	NFHS	25 Minute Halves
Football	10	7	4 Nights **	1 Game	NFHS	10 Minute Quarters
Golf	6	14	1 Night	1 Match	USGA & Local Course Rules	
Gymnastics	10	10	2 Nights	3 Events */ 1 Contest	NFHS- Boys USAJO- Girls	
Ice Hockey	6	14	2 Nights ***	1 Game	NFHS	13 Minute Periods
Lacrosse- Boys	6	12	2 Nights	1 Game	NFHS	9 Minute Quarters
Lacrosse- Girls	6	12	2 Nights	1 Game	NFHS/ US Lacrosse	25 Minute Halves
Skiing	6	12	2 Nights	2 Events	FIS & ESA	
Soccer	6	12	2 Nights	1 Game	NFHS	
Softball	6	14	1 Night	2 Games *	ASA	
Swimming & Diving	6	14	2 Nights	3 Events/ 1 Contest	NFHS	
Tennis	6	14	1 Night	2 Matches *	USTA	
Track & Field (Outdoor)	6	10	2 Nights	3 Events/ 1 Contest	NFHS	
Track & Field (Indoor)	6	10	2 Nights	3 Events/ 1 Contest	NFHS	
Volleyball	6	14	1 Nights	2	NCAA	
Wrestling	10	14 Pts.	2 Nights	2 Bouts *	NFHS	Max of 10 Pts. Thru 2 Pt. Contests

(\*) See details in Game Rules Section

\*Except in football and cross country, contests may be played with only one night's rest.

(\*\*) Three nights/scrimmage

(\*\*\*) In Ice Hockey, contests may be played with only one night's rest three times per season scheduling or rescheduling. See details in Game Rules section.

## GENERAL ELIGIBILITY RULES FOR THE MODIFIED PROGRAM

Situations not covered by the following specified modified rules shall be governed by the Eligibility Standards of the New York State Public High School Athletic Association, Inc.

6. EXTENDED PLAYING TIME: Eligibility for play in an extended playing time should be determined on the basis of the following participation standards:

a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time.

b) Players whose participation in the regular contest is limited, i.e., their total participation was no more than one-half of the regular playing periods/quarters shall also be eligible for play in an extended playing time.

c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute "participation" in the regulation contest.

Optional Plan for use at the league or Section level: If a team has fewer than the minimum number of players to play the five (5) period concept the following game rules will apply:

A four (4) quarter game will be played with the number of minutes being increased for each quarter (see chart below); however, no player may play more than three (3) quarters (\*see exceptions below). This will apply provided the team has a sufficient number of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see chart below).

SPORT	TIME LIMIT			MINIMUM # OF PLAYERS
	Regulation Game	5 Period Play	4 Quarter Extended Play	4 Quarter Extended Play
BASKETBALL	7 minute quarters	7 minute quarters	9 minute quarters (quarter 1-8 min)	7
FIELD HOCKEY	25 minute halves	12 minute periods	15 minute quarters	15
FOOTBALL	10 minute	10 minute quarters	12 minute quarters	19
BOYS LACROSSE	9 minute quarters	9 minute quarters	11 minute quarters	14
GIRLS LACROSSE	25 minute halves	12 minute periods	15 minute quarters	16
SOCCER	15 minute quarters	15 minute periods	18 minute quarters	15
Volleyball	3 out of 5 game matches	5 games	6 games with a max of 20 pts per game	12

\* Exceptions: In boys' and girls' lacrosse, girls' field hockey and boys & girls soccer, if a team has only one goal keeper that goal keeper may play in all periods of 4 Quarter Extended Play or in all periods of 5 Period Play. Except for the goal keeper, the "time" allocated for the game will not be extended. All players except for the goal keeper will follow the 4 quarter or 5 periods extended playing time format and are therefore only eligible to play 3 periods.



## 2022-2023

### Fall Scrimmage / Game Chart

High School Fall Practice Starts: August 22nd, 2022

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Cross Country	Team 6; Ind. 6	Team 6; Ind. 6	16	8/29/2022	8/29/2022
Field Hockey	Team 6; Ind. 6	Team 6; Ind. 6	16	8/29/2022	8/29/2022
Football	Team 10; Ind. 10	Team 10; Ind. 10	10	9/1/2022	9/1/2022
Soccer	Team 6; Ind. 6	Team 6; Ind. 6	16	8/29/2022	8/29/2022
Sideline Cheerleading	Team 6; Ind. 6	Team 6; Ind. 6	12	8/29/2022	8/29/2022
Swimming	Team 6; Ind. 6	Team 6; Ind. 6	16	8/29/2022	8/29/2022
Tennis	Team 6; Ind. 6	Team 6; Ind. 6	16	8/29/2022	8/29/2022
Volleyball	Team 6; Ind. 6	Team 6; Ind. 6	20	8/29/2022	8/29/2022

### Winter Scrimmage / Game Chart

High School Winter Practice Starts: November 14<sup>th</sup>, 2022

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Basketball	Team 6; Ind. 6	Team 6; Ind. 6	20	11/21/2022	11/21/2022
Competition Cheerleading	Team 6; Ind. 6	Team 6; Ind. 6	12	11/21/2022	11/21/2022
Gymnastics	Team 10; Ind. 10	Team 10; Ind. 10	16	11/28/2022	11/28/2022
Indoor Track	Team 6; Ind. 6	Team 6; Ind. 6	16	11/21/2022	11/21/2022
Skiing	Team 6; Ind. 6	Team 6; Ind. 6	16	11/22/2021	11/22/2021
Swimming	Team 6; Ind. 6	Team 6; Ind. 6	16	11/21/2022	11/21/2022
Wrestling	Team 10; Ind. 10	Team 10; Ind. 10	20 points	11/28/2022	11/28/2022

### Spring Scrimmage / Game Chart

High School Spring Practice Starts: March 13<sup>th</sup>, 2023

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Baseball	Team 10; Ind. 10	Team 10; Ind. 10	20	3/24/2023	3/24/2023
Baseball Battery	Team 10; Ind. 10	Team 10; Ind. 10			
Golf	Training	Training	16	3/20/2023*	3/20/2023*
Lacrosse	Team 6; Ind. 6	Team 6; Ind. 6	16	3/20/2023	3/20/2023
Softball	Team 6; Ind. 6	Team 6; Ind. 6	16	3/20/2023	3/20/2023
Tennis	Team 6; Ind. 6	Team 6; Ind. 6	20	3/20/2023	3/20/2023
Track	Team 6; Ind. 6	Team 6; Ind. 6	16	3/20/2023	3/20/2023

\*Golf - Assuming one week of Practices. NYSPHSAA Handbook states merely that practice sessions should precede first match.