

**MID HUDSON ATHLETIC LEAGUE  
ATHLETIC DIRECTORS WORKSHOP  
DECEMBER 6, 2022 - 9:30AM  
Ulster BOCES**

1. APPROVAL OF MINUTES OF LAST MEETING
2. SECTION REPORT-MR. GREG RANSOM/ JIM OSBORNE
3. PRESIDENT'S REPORT- MR TOM CASSATA
4. REGIONAL OFFICE REPORT.- MR. CHRIS MAYO
5. ATHLETIC COORDINATOR'S REPORT- MR. DENNIS BURKETT
6. Combining of Teams- Mr. Dom Zarrella
- 7.. Modified Report- Mr. Greg Warren
  
8. OLD BUSINESS
  
9. NEW BUSINESS
  
- 10.. MOTION TO ADJOURN

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## 2023-2024 Membership Dues

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Dr. Robert Zayas, NYSPHSAA Executive Director

**Effective Start Date:**

2023-2024 School year

**Details:**

The following increase of NYSPHSAA membership dues will be included within the NYSPHSAA Budget to be voted on at the May Executive Committee meetings.

**Year 1 – 2023-2024**

**\$900 + .90/student over 300**

**Year 2 – 2024-2025**

**\$950 + .95/student over 300**

**Year 3 – 2025-2026**

**\$1000 + \$1/student over 300**

# New York State Public High School Athletic Association



Executive Committee Meeting – October 19, 2022

## Handbook Committee – Removing the NYSPHSAA Note under Mixed Competition

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Pat Pizzarelli, Handbook Chairperson

**Proposal:**

The NYSPHSAA Handbook Committee is recommending removing the following NYSPHSAA Note under Mixed Competition regulation in the NYSPHSAA Handbook.

*“NYSPHSAA Note: This clause is to meet the need of the exceptionally talented girl”.*

**Effective Start Date:**

When approved by the Executive Committee

**Rationale:**

Mixed Competition is an SED regulation. The NYSPHSAA Note is an opinion by NYSPHSAA on a regulation that we have no jurisdiction over this regulation. This could cause some issues for our member schools and NYSPHSAA if we were challenged on this language.

**Proposal Originated:**

NYSPHSAA Handbook Committee

**Budgetary Impact:**

None

**Notes:**

None.

**Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Modified Committee – Changing Soccer Mouth Guard Requirement to Recommendation**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Jim Rose, Modified Co-Coordinator

**Proposal:**

The NYSPHSAA Modified Committee is recommending changing the following language in the NYSPHSAA Handbook under the sport of soccer. “ a mouthpiece ~~shall~~ (replace with may) be worn by the soccer goalie for protective purposes”.

**Effective Start Date:**

2023-2024 season

**Rationale:**

From youth soccer all the way to professional soccer the only level that requires goalies to wear a mouth guard is the NYSPHSAA modified level. The Modified Committee feels that this should be a choice made by the school and the player. This falls in line with a change we made a few years ago regarding the soft headgear for modified soccer goalies.

**Proposal Originated:**

NYSPHSAA Modified Committee

**Budgetary Impact:**

None

**Notes:**

The NYSPHSAA Safety Committee expressed no concerns with this recommendation.

**Attachments:**

None



# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Modified Committee – Increasing Max Number of Events for Track and Field**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Jim Rose, Modified Co-Coordinator

**Proposal:**

The NYSPHSAA Modified Committee is recommending increasing the maximum number of events for a track athlete from 3 to 4 providing one of the 4 is a relay. The are also recommending eliminating the distance restrictions in the modified Track and Field regulation.

**Effective Start Date:**

2023-2024 season

**Rationale:**

This change would allow for more participation for our modified athletes. Many schools were struggling to fill relay teams because of the restriction of 3 events. The committee also feels the restriction to the distance run by the modified athletes is not needed and coaches should be able to put students in events they feel are appropriate.

**Proposal Originated:**

NYSPHSAA Modified Committee

**Budgetary Impact:**

None

**Notes:**

The NYSPHSAA Safety Committee expressed no concerns with this recommendation.

**Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **FOOTBALL – Amend Guidelines for Combined Practices for 11-Man**

- Action Item
- Discussion Item
- Informational Item

### **Presenter:**

Gary Vanderzee, NYSPHSAA Football Coordinator

### **Proposal**

The NYSPHSAA Football Committee is seeking approval of an amendment to the Combined Practice guidelines for 11-man football.

### **Effective Start Date**

August 19, 2023

### **Rationale**

In 2019 the NYSPHSAA Football State Committee established guidelines for interschool practices. Five items make up the framework of these guidelines. Items d) and e) are being proposed to be revised.

### **CURRENT GUIDELINES:**

- a) Coaches are to instruct their own players.
- b) "Full Live" contact is permitted but not required.
- c) Athletes/Teams may not participate in a combined practice unless they previously completed five (5) days of practice.
- d) While working on team situational aspects, drills may not exceed seven (7) players from either team. This will allow for teams to conduct a 7 v 7 period for skill positions or it may be designed to focus on an inside run package to emphasize offensive/defensive line play.
- e) Schools using more than seven (7) players in a team drill will be in violation of this rule.

### **PROPOSED CHANGES:**

- d) While working on team situational aspects, drills may not exceed a maximum of nine (9) players from either team. This will allow for teams to conduct a 9 v 9 period for skill positions or it may be designed to focus on an inside run package to emphasize offensive/defensive line play.  
\*\* 8-Man Football teams will only be allowed a maximum of seven (7) players from either team.
- e) 11-Man teams using more than nine (9) players in a team drill will be in violation of this rule.  
8-Man teams using more than seven (7) players in a team drill will be in violation of this rule.

The rationale for the request centers on allowing teams to work on inside run play with a full line. Currently, with the 7 v 7 rule in place, a team that uses a tight end with two running backs can't run full line drills. They would need to use 5 linemen plus the tight end and quarterback and they are already at the maximum of 7 without counting the running backs. As a result, teams are forced to go half line and not incorporate any backside linemen. Most teams utilize pulling lineman from the back side when

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*Executive Committee Meeting – October 19, 2022*

## Boys Wrestling – NFHS 1.5 % Weight Loss Plan

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Marty Sherman, Boys Wrestling Coordinator

**Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending following the NFHS 1.5% weight loss plan.

**Effective Start Date:**

2023-2024 season

**Rationale:**

Currently wrestlers are certified to a minimum wrestling weight and must weigh in 50% of their matches at the weight in which they want to compete in the post season. The 1.5% weight loss plan sets up a weight loss plan for the wrestler in which they can only lose 1.5% of their body weight each week. The plan can be given to the wrestler at the beginning of the season so they can know exactly what the minimum weight they can weigh in each week. If the student weighs in more than the minimum weight for the week the plan is recalculated. The wrestler and the coach can monitor the plan each week during the season. The 1.5% weight loss plan would replace the 50% rule.

**Proposal Originated:**

NYSPHSAA Wrestling Committee

**Budgetary Impact:**

None.

**Notes:**

The committee voted 9-1-1 to approve the recommendation. Section 4 voted against and Section 1 abstained.

**Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Boys Wrestling – Eliminate the NYSPHSAA Honor Weigh-In**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Marty Sherman, Boys Wrestling Coordinator

**Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending eliminating the NYSPHSAA honor weigh-in.

**Effective Start Date:**

2023-2024 season

**Rationale:**

Currently teams are allowed to weigh-in in the morning of a match and if the students make the weight for a particular weight class, they are given a 3lb allowance for the mat side weigh-in during the evening match. The honor weigh-ins are required to be monitored by a school administrator or their designee. There are doubts in most Sections that an administrator is monitoring the honor weigh-ins. If the 1.5% weight loss plan is approved, the practice of honor weigh-ins would allow students to keep fluctuating during the season which is not in the best interest of the student.

**Proposal Originated:**

NYSPHSAA Wrestling Committee

**Budgetary Impact:**

None.

**Notes:**

The committee voted 9-1-1 to approve the recommendation. Section 1 voted against and Section 4 abstained.

**Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## Boys Wrestling – 2023-2024 Weight Classes

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Marty Sherman, Boys Wrestling Coordinator

**Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending using the following NFHS weight classes plus a NYSPHSAA lower weight. The weight classes would be 101 (NYSPHSAA), 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215, 285.

**Effective Start Date:**

2023-2024 season

**Rationale:**

The NFHS has given the State Associations the option to select 12, 13, or 14 weight classes. The committee feels that the NFHS 12 weight classes is best suited for NYS. The committee also feels that NYS has had a lower weight class for many decades and many Sections would like to keep a lower weight class.

**Proposal Originated:**

NYSPHSAA Wrestling Committee

**Budgetary Impact:**

None, this is in line with the number of weight classes currently being offered.

**Notes:**

The committee voted 7-4 to approve this recommendation. Sections 2,3,7 and 8 were opposed.

**Attachments:**

None



# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## **Boys Wrestling – Division Cut-Off Numbers**

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Marty Sherman, Boys Wrestling Coordinator

**Proposal:**

The NYSPHSAA Boys Wrestling Committee is recommending that Boys Wrestling become a variation sport and is recommending having the Division cut-off numbers be 600 and above Division 1 and 599 and below being Division 2.

**Effective Start Date:**

2023-2024 season

**Rationale:**

The new format to determine the classification cut-off numbers for non-variation sports in two division sports is 40% of the teams in Division 1 and 60% of the teams in Division 2. The Boys Wrestling Committee is concerned with the imbalance of the two Divisions. The Boys Wrestling Committee would like to keep the divisions balanced and the cut-off numbers being 600 and above for Division 1 and 599 and below being Division 2.

**Proposal Originated:**

NYSPHSAA Wrestling Committee

**Budgetary Impact:**

None.

**Notes:**

The committee voted unanimously to approve this recommendation.

**Attachments:**

None

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executing inside run play. If the rule is modified to read a maximum of 9 players, teams could use 5 linemen, a tight end, and 2 running backs to get a true evaluation and a more productive drill.

When the state committee established these guidelines, the 7 v 7 rule was put in for two reasons:

1. There needed to be a clear distinction that these drills were not actually scrimmages with 11 on 11 so the decision was made to max out at 7 v 7 so it would be clear to all, it was not an 11 on 11 full team scrimmage. We believe modifying this rule will still accomplish that same premise while allowing for a more productive teaching period for athletes. Anyone viewing this period will still note the offense has no wide receivers and the defense has no defensive backs. It will still be evident to all that this is not an 11 on 11 situation.
2. If more than 7 v 7 was permitted, 8-Man teams would have a full line-up thus making it a scrimmage. With that, we would only be asking for this modification be implemented for 11-Man football.

It should also be noted the original decision to max at 7 v 7 had nothing to do with safety. As mentioned, it was simply put in so there was a distinction between the combined practice and a scrimmage. This change would still honor that premise.

#### **Proposal Originated**

The NYSPHSAA Football Committee on March 29, 2022

#### **Budgetary Impact:**

None

#### **Notes**

None

#### **Attachments**

None



# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## Girls Flag Football – High School Sport Standards

- Action Item  
 Discussion Item  
 Informational Item

**Presenter:**

Todd Nelson, Assistant Director

**Proposal:**

The NYSPHSAA Girls Flag Football Committee is recommending the following High School Sport Standards for Girls Flag Football.

- Minimum 6 practices to represent your school
- Maximum 16 games during the regular season
- 1 night rest between contests
- 1 contest allowed per day
- NFHS Football Rules plus NYSPHSAA Rules
- 1 scrimmage per day

**Effective Start Date:**

Spring 2023

**Rationale:**

As an emerging sport, Girls Flag Football needs to establish High School Sport Standards. These standards are the same as Girls Lacrosse Standards.

**Proposal Originated:**

NYSPHSAA Girls Flag Football Committee

**Budgetary Impact:**

None.

**Notes:**

None.

**Attachments:**

None

# New York State Public High School Athletic Association



*Executive Committee Meeting – October 19, 2022*

## Girls Flag Football – NFHS/NYSPHSAA Playing Rules

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Todd Nelson, Assistant Director

**Proposal:**

The NYSPHSAA Girls Flag Football Committee is recommending following the NFHS Football playing rules along with the NYSPHSAA Girls Flag Football Rules.

**Effective Start Date:**

Spring 2023

**Rationale:**

During the pilot program in the Spring of 2022 the participating teams used the NFHS Football rules along with NYSPHSAA Girls Flag Football Rules. The committee did review all of the rules and made minor adjustments to them for the 2023 season.

**Proposal Originated:**

NYSPHSAA Girls Flag Football Committee

**Budgetary Impact:**

None.

**Notes:**

None.

**Attachments:**

NYSPHSAA Playing Rules

# New York State Public High School Athletic Association



Executive Committee Meeting – October 19, 2022

## GIRLS FLAG FOOTBALL– ESTABLISH A STATE CHAMPIONSHIP IN 2024

- Action Item
- Discussion Item
- Informational Item

**Presenter:**

Joe Altieri, NYSPHSAA Assistant Director  
Todd Nelson, NYSPHSAA Assistant Director

**Proposal:**

The NYSPHSAA Staff and Girls Flag Football Committee is seeking to conduct a state championship starting in spring 2024.

**Effective Start Date:**

Week #48 in Spring 2024

**Rationale:**

Due to Girls Flag Football meeting the criteria of six sections with four or more programs, a state championship may be established per the NYSPHSAA Championship Philosophy.

**Proposal Originated:**

The NYSPHSAA Girls Flag Football Committee met for the first time on September 14, 2022.

**Budget Impact:**

There will be travel expenses for schools to send a flag football team to a state championship in addition to NYSPHSAA incurring expenses to rent a venue, pay for officials and awards, travel, and also pay for other associated state tournament expenses. Additionally, schools/sections/NYSPHSAA will generate revenue from admissions at local games, Section tournaments and the State Tournament to help offset budgets.

**Other**

Each section will send a representative to a Regional competition (see proposed regions below) for the right to advance to the State Semifinals/Finals. Teams will be made up of 15-30 players and follow the NFHS Football Rules supplemented by the NYSPHSAA Flag Football rules. They will also adopt all high school sports standards as published in the NYSPHSAA handbook.

The schedule is proposed as follows:

State Semifinals/Finals	Week #48 – Games on Fri & Sat <u>OR</u> Sat & Sun
Regionals	Week #47 – Games on Friday, Saturday or Sunday
Section Tournament	Week #46 – Games days to be determined by the section

Proposed Regions:      North Sections: II, III, VII, X                      South Sections: VIII, XI  
                                    West Sections: V, VI    East Sections: I, IV, IX

*\*tentative; subject to change*

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## **Venues:**

Section Tournaments and Regional game sites will be determined by sections. Regional rotations will be set up by the committee and approved by CAC and Executive Committee. The State Semifinals/Finals will be determined by a bid process at least one year prior to the event date, approved by the Executive Committee.

## **Awards:**

Certificates for Regionals, Semi-Finalists and Finals will be distributed. Championship t-shirts, 1<sup>st</sup> place medals, plaques, Final Four bracket boards and champion boards will be awarded to team champions. Finalists will be awarded medals and plaques. Semi-finalists will receive plaques. Sportsmanship shirts will be awarded to one athlete from each participating State Tournament team. A maximum number of team personnel will be established to allow for a budgeted quantities of awards.

## **Staff/Officials:**

NYSPHSAA Staff will oversee and manage the planning of this event with consultation with the state coordinator and committee. The state coordinator shall oversee gameday operations on the field with assistance from NYSPHSAA and the state committee.

Game officials will be determined using Officials Fees & Policies procedures, established by CAC, and will be similar to girls lacrosse procedures.

## **CAC Feedback:**

**No concerns at this time (discussion).**





# Section IX Athletics

Gregory Ransom, Executive Director

2023-2024

Proposed Budget

<u>EXPENDITURES:</u>		<u>SPORT</u>	<u>BOYS</u>	<u>GIRLS</u>
<b>SALARIES:</b>				
Section IX Executive Director	\$ 43,465.00	Baseball	\$ 8,400.00	
Section IX Officials Negotiator /	\$ 60,829.00	Basketball	\$ 24,000.00	\$ 24,000.00
MHAL Coordinator		Bowling	\$ 2,500.00	\$ 2,500.00
Section IX Secretary/Asst. Treasurer	\$ 36,479.00	Cheerleading (Competitive)		\$ 3,000.00
Section IX Treasurer/Asst. Secretary	\$ 21,425.00	Cheerleading (Game Day)		\$ 3,000.00
Section IX Eligibility Chairperson	\$ 6,333.00	Cross Country	\$ 3,000.00	\$ 3,000.00
Social Security/Comp/Unemployment	\$ 11,000.00	Field Hockey		\$ 3,000.00
<b>Total</b>	<b>\$ 179,531.00</b>	Football	\$ 30,000.00	\$ 3,000.00
		Golf	\$ 3,000.00	\$ 3,000.00
Office Equipment & Supplies	\$ 14,048.00	Gymnastics		\$ 3,000.00
Catering	\$ 3,000.00	Ice Hockey	\$ 3,000.00	
Travel/Conference	\$ 7,000.00	Lacrosse	\$ 5,000.00	\$ 5,000.00
Membership	\$ 2,000.00	Modified Sports	\$ 500.00	\$ 500.00
Audit	\$ 6,000.00	Softball		\$ 8,400.00
Awards	\$ 35,000.00	Skiing Alpine	\$ 3,000.00	\$ 3,000.00
Paychex Services	\$ 2,000.00	Skiing Nordic	\$ 2,000.00	\$ 2,000.00
Unified Sports	\$ 3,000.00			
Legal Fees	\$ 6,000.00	Soccer	\$ 10,800.00	\$ 10,800.00
<b>Total</b>	<b>\$ 78,048.00</b>	Swimming	\$ 8,000.00	\$ 8,000.00
		Tennis	\$ 4,500.00	\$ 4,500.00
Boys Sport Programs	\$ 140,700.00	Track & Field	\$ 8,000.00	\$ 8,000.00
Girls Sport Programs	\$ 124,500.00	Winter Track	\$ 8,000.00	\$ 8,000.00
Insurance	\$ 19,976.00	Wrestling	\$ 14,000.00	\$ 5,000.00
NYSAAA/NJAAA Dues	\$ 7,040.00	Volleyball		\$ 10,800.00
<b>Total</b>	<b>292,216.00</b>	NYSPHSAA Track	\$ 3,000.00	\$ 3,000.00
<b>Expenditure Total</b>	<b>\$ 549,795.00</b>	<b>Total</b>	<b>\$ 140,700.00</b>	<b>\$ 124,500.00</b>

**INCOME:**

Section IX Dues \$260.(per varsity team) x 901 teams	\$ 234,260.00
Section IX Gate Revenue, Spalding Contract, and Sponsors	\$ 288,519.00
Section IX Insurance per school fee \$454. x 44 schools	\$ 19,976.00
NYSAAA-NIAAA Dues per school \$160. x 44 schools	\$ 7,040.00
<b>Total Income</b>	<b>\$ 549,795.00</b>

Section IX	2013-2014		2014-2015		2015-2016		2016-2017		2017-2018	
Dues Charge per varsity team	\$315.00	-1.3%	\$250.00	-20%	\$225.00	-10%	\$225.00	0.0%	\$225.00	0.0%
Insurance Charge per District	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%
	2018-2019		2019-2020		2020-2021		2021-2022		2022-2023	
Dues Charge per varsity team	\$225.00	0.0%	\$225.00	0.0%	\$225.00	0.0%	\$200.00	-11.0%	\$225.00	+11.0%
Insurance Charge per District	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%	\$160.00	9.3%	\$160.00	0.0%	\$160.00	0.0%	\$160.00	0.0%
	2023-2024									
Dues Charge per varsity team	\$260.00	+15%								
Insurance Charge per District	\$454.00	0.0%								
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%								



SCHOOL	NYSPHSAA Enrollment BEDS #	FB	VB	XC	FH	B LAX	G LAX	BB	SB	BBSK	GBSK	B SOC	G SOC	CHEER	Spr.Trck Wrestle/
Beacon	660	B	A	B			C	A	A	A	A	A	A	2	1
John S. Burke*	233	*C^	C	D			D	C	C	B*	G	C	C	2	2
Chapel Field*	68		D	D				D	D	D	D	D	D		2
Chester	258	D	C	C			D	B	B	B	B	C	B		2
Cornwall	758	A	AA	B		B	C	AA	AA	AA	AA	AA	AA	1	1
Dover	323	C	B	C				B	B	B	B	B	B	2	2
Eldred	116	D		D				D	D	D	D	D	D		2
Ellenville	383	C	B	C	C			B	B	B	B	B	B		2
Fallsburg	383	C	B	C				B	B	B	B	B	B	2	2
F.D.R.	887	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	1	1
Goshen	743	A	A	B		B	C	AA	AA	AA	AA	AA	AA	2	1
Highland^^	387	B	B	C		C^^	D	B	B	B	B	B	B	2	2
Homestead School				D											2
Kingston	1451	AA	AAA	A	A	A	A	AAA	AAA	AAA	AAA	AAA	AAA	1	1
Liberty	539	B	A	B				A	A	A	A	A	A	2	2
Liv. Manor*** <b>(103)</b>	89	D		D				D	D	D	D		D	2	2
Marlboro	504	B	A	B				A	A	A	A	A	A	2	2
Middletown	1994	AA	AAA	A		A	A	AAA	AAA	AAA	AAA	AAA	AAA	1	1
Millbrook	218	D	C	D		D	D	C	C	C	C	C	C	2	2
Minisink	840	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	1	1
Monroe-Woodbury	1763	AA	AAA	A		A	A	AAA	AAA	AAA	AAA	AAA	AAA	1	1
Monticello	806	A	AA	B				AA	AA	AA	AA	AA	AA	1	1
Mount Academy*	105		D	*B^						D		C^	D		2
New Paltz	515	B	A	B		C	C	A	A	A	A	A	A		2
NFA	2868	AA	AAA	A		A	A	AAA	AAA	AAA	AAA	AAA	AAA	1	1
James I. O'Neill	347	C	B	C		D	D	B	B	B	B	B	B	2	2
Onteora	350	C	B	C	C			B	B	B	B	B	B		2
Our Lady of Lourdes*	506	^A*	A	B	B	C	C	A	A	*A	^AA*	A	A	2	2
Pine Bush	1280	AA	AAA	A	A	A	A	AAA	AAA	AAA	AAA	AAA	AAA	1	1
Pine Plains ** <b>(317)</b>	207	**C	C	D	C			C	C	C	C		C		2
Port Jervis	567	B	A	B				A	A	A	A	A	A	2	2
Red Hook	410	B	B	C	C	D	D	A	A	A	A	B	A		2
Rhinebeck** <b>(317)</b>	255		C	C				B	B	B	B	C	B		2
Rondout	408	B	B	C	C	D	D	A	A	A	A	B	A		2
Roscoe *** <b>(103)</b>	47	D		D				D		D	D		D	2	2
S.S Seward	161		D	D				C	C	C	C	C	C		2
Saugerties	615	B	A	B		C	C	A	A	A	A	A	A	2	1
Spackenkill	396	B	B	C				B	B	A	B	B	B		2
Sullivan West	257	D	C	C				B	B	B	B	C	B	2	2
Tri-Valley	225	D		D				C	C	B	C	C	C	2	2
Tuxedo	59		D	D						D	D				2
Valley Central	1059	AA	AA	A		A	B	AA	AA	AA	AA	AA	AA	1	1
Wallkill	729	A	A	B		C	C	AA	AA	AA	AA	AA	AA		1
Warwick	972	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	1	1
Washingtonville	1011	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	1	1
Webutuck	159		D	D				C	C	C	C	C	C		2

^Moved up by Section IX Class. Comm.  
^^Highland /Marlboro merged Boy's Lax

\*\*Rhinebeck merged with Pine Plains for FB  
\*\*\*Roscoe 47/Liv. Manor 89=103

\*Subject to Sect. IX Class. Comm Movement

**Sport Classification Numbers – 2023-2024 School Year**

<b><u>Football</u></b> (5 Classes) AA – 1025 and up A – 665 – 1024 B – 385 – 664 C – 261 – 384 D – 260 and Below	<b><u>Boys Soccer</u></b> (6 Classes) AAA – 1090 - up AA – 719-1089 A – 412-718 B – 261-411 C – 144-260 D – up to 143	<b><u>Girls Soccer</u></b> (6 Classes) AAA – 1082 + AA – 703-1081 A – 406-702 B – 251-405 C – 141-250 D – up to 140	<b><u>Girls Basketball</u></b> (6 Classes) AAA – 1113 + AA – 699-1112 A – 397-698 B – 237-396 C – 129-236 D – up to 128	<b><u>Boys Basketball</u></b> (6 Classes) AAA – 1105 + AA – 692-1104 A – 391-691 B – 222-390 C – 119-221 D – up to 118
<b><u>Baseball</u></b> (6 Classes) AAA – 1087+ AA – 704-1086 A – 398-703 B – 245-397 C – 144-244 D – up to 143	<b><u>Softball</u></b> (6 Classes) AAA – 1082 + AA – 692-1081 A – 403-691 B – 240-402 C – 152-239 D – up to 151	<b><u>Volleyball</u></b> (6 Classes) AAA – 1141 + AA – 747-1140 A – 470-746 B – 290-469 C – 182-289 D – up to 181	<b><u>Girls Lacrosse</u></b> A – 1060+ B – 775-1059 C – 465-774 D – up to 464	<b><u>Boys Lacrosse</u></b> A – 1026+ B – 734-1025 C – 431-733 D – up to 430
<b><u>Cheerleading</u></b> Div 1 – 750 + Div 2 – up to 749	<b><u>Cross Country</u></b> A – 815 + B – 450 – 814 C – 255 – 449 D – up to 254	<b><u>Spring Track</u></b> Div 1 – 600 + Div 2 – up to 599	<b><u>Wrestling</u></b> Div 1 – 600 + Div 2 – up to 599	<b><u>Field Hockey</u></b> A – 915 + B – 450 – 914 C – up to 449



## Girl's Soccer

### JCIAA

#### Class AAA (1082 +)

NFA  
Middletown  
Monroe Woodbury  
Kingston  
Pine Bush

#### Class AA (703-1081)

Valley Central  
Washingtonville  
Warwick  
Minisink  
Monticello  
Cornwall  
Goshen

#### Class A (406-702)

Beacon  
Port Jervis  
Liberty

#### Class B (251-405)

Fallsburg  
O'Neill  
Chester  
Sullivan West

#### Class C (141-250)

Burke  
Tri Valley  
S.S. Seward

#### Class D (up to 140)

Eldred  
Livingston Manor  
Chapel Field  
Roscoe

### MHAL

#### Class AA (703-1081)

FDR  
Walkkill

#### Class A (406-702)

Saugerties  
New Paltz  
Our Lady of Lourdes  
Marlboro  
Red Hook  
Rondout Valley

#### Class B (251-405)

Spackenkill  
Highland  
Ellenville  
Onteora  
Dover  
Rhinebeck

#### Class C (141-250)

Millbrook  
Pine Plains  
Webutuck

#### Class D (up to 140)

Mount Academy

## Boy's Soccer

### OCIAA

#### Class AAA (1090 +)

NFA  
Middletown  
Monroe Woodbury  
Kingston  
Pine Bush

#### Class AA (719-1089)

Valley Central  
Washingtonville  
Warwick  
Minisink  
Monticello  
Cornwall  
Goshen

#### Class A (412-718)

Beacon  
Port Jervis  
Liberty

#### Class B (261-411)

Fallsburg  
O'Neill  
Chester

#### Class C (144-260)

Sullivan West  
Burke  
Tri Valley  
S.S. Seward

#### Class D (up to 143)

Eldred  
Chapel Field

### MHAL

#### Class AA (719-1089)

FDR  
Wallkill

#### Class A (412-718)

Saugerties  
New Paltz  
Our Lady of Lourdes  
Marlboro

#### Class B (261-411)

Red Hook  
Rondout Valley  
Spackenkill  
Highland  
Ellenville  
Onteora  
Dover

#### Class C (144-260)

Rhinebeck  
Millbrook  
Pine Plains  
Webutuck  
Mount Academy

## Volleyball

<u>OCIAA</u>	<u>MHAL</u>
<p><b><u>Class AAA 1141 +</u></b>  Middletown  Monroe-Woodbury  Newburgh Free Academy  Kingston  Pine Bush</p>	<p><b><u>Class AA 747-1140</u></b>  F.D.R.</p>
<p><b><u>Class AA 747-1140</u></b>  Cornwall  Minisink  Monticello  Valley Central  Warwick Valley  Washingtonville</p>	<p><b><u>Class A 470-746</u></b>  Marlboro  New Paltz  Our Lady of Lourdes  Saugerties  Walkkill</p>
<p><b><u>Class A 470-746</u></b>  Beacon  Goshen  Liberty  Port Jervis</p>	<p><b><u>Class B 290-469</u></b>  Dover  Ellenville  Highland  Onteora  Red Hook  Rondout Valley  Spackenkill</p>
<p><b><u>Class B 290-469</u></b>  Fallsburg  James I. O'Neill</p>	<p><b><u>Class C 182-289</u></b>  Millbrook  Pine Plains  Rhinebeck</p>
<p><b><u>Class C 182-289</u></b>  John S. Burke  Chester  Sullivan West</p>	<p><b><u>Class D up to 181</u></b>  Mount Academy  Webutuck</p>
<p><b><u>Class D up to 181</u></b>  Chapel Field  SS Seward  Tuxedo</p>	

## Boys Basketball

<u>OCIAA</u>	<u>MHAL</u>
<b><u>Class AAA – 1105+</u></b> Newburgh Free Academy - 2868 Middletown - 1994 Monroe Woodbury - 1763 Kingston - 1451 Pine Bush - 1280	<b><u>Class AAA – 1105+</u></b> None
<b><u>Class AA – 692-1104</u></b> Valley Central - 1059 Washingtonville - 1011 Warwick - 972 Minisink Valley - 840 Monticello - 806 Cornwall - 758 Goshen - 743	<b><u>Class AA – 692-1104</u></b> FDR – Hyde Park - 887 Wallkill - 729
<b><u>Class A – 391-691</u></b> Beacon - 660 Port Jervis - 567 Liberty - 539	<b><u>Class A – 391-691</u></b> Saugerties - 615 New Paltz - 515 Our Lady of Lourdes - 506 Marlboro - 504 Red Hook - 410 Rondout Valley - 408 Spackenkill - 396
<b><u>Class B – 222-390</u></b> Fallsburg - 383 James I. O’Neill - 347 Chester Academy - 258 Sullivan West - 257 John S. Burke Catholic - 233 Tri Valley - 225	<b><u>Class B – 222-390</u></b> Highland - 387 Ellenville - 383 Onteora - 350 Dover - 323 Rhinebeck - 255
<b><u>Class C – 119-221</u></b> S.S. Seward Institute - 161	<b><u>Class C – 119-221</u></b> Millbrook - 218 Pine Plains - 207 Webutuck - 159
<b><u>Class D – up to 118</u></b> Eldred - 116 Livingston Manor - 89 Chapel Field - 68 Roscoe - 47 Tuxedo - 59	<b><u>Class D – up to 118</u></b> Mount Academy - 105

## Girls Basketball

### OCIAA

#### Class AAA – 1113+

Newburgh Free Academy - 2868  
Middletown - 1994  
Monroe Woodbury - 1763  
Kingston - 1451  
Pine Bush - 1280

#### Class AA – 699-1112

Valley Central - 1059  
Washingtonville - 1011  
Warwick - 972  
Minisink Valley - 840  
Monticello - 806  
Cornwall - 758  
Goshen - 743

#### Class A – 397-698

Beacon - 660  
Port Jervis - 567  
Liberty - 539

#### Class B – 237-396

Fallsburg - 383  
James I. O'Neill - 347  
Chester Academy - 258  
Sullivan West - 257

#### Class C – 129-236

John S. Burke Catholic - 233  
Tri Valley - 225  
S.S. Seward Institute - 161

#### Class D – up to 128

Eldred - 116  
Livingston Manor - 89  
Chapel Field - 68  
Roscoe - 47

### MHAL

#### Class AA – 699-1112

FDR – Hyde Park - 887  
Wallkill - 729  
^Our Lady of Lourdes - 506

#### Class A – 397-698

Saugerties - 615  
New Paltz - 515  
Marlboro - 504  
Red Hook - 410  
Rondout Valley - 408

#### Class B – 237-396

Spackenkill - 396  
Highland - 387  
Ellenville - 383  
Onteora - 350  
Dover - 323  
Rhinebeck - 255

#### Class C – 129-236

Millbrook - 218  
Pine Plains - 207  
Webutuck - 159

^ Moved up by Sect IX Classification Committee

## Boys and Girls Cross Country

<u>OCIAA</u>	<u>MHAL</u>
<p><b><u>Class A – 816+</u></b>                      Newburgh Free Academy – 2868                      Middletown – 1994                      Monroe Woodbury – 1763                      Kingston – 1451                      Pine Bush – 1280                      Valley Central – 1059                      Washingtonville – 1011                      Warwick – 972                      Minisink Valley – 840</p>	<p><b><u>Class A – 816+</u></b>                      FDR – Hyde Park – 887</p>
<p><b><u>Class B – 450-814</u></b>                      Monticello – 806                      Cornwall – 758                      Goshen – 743                      Beacon – 660                      Port Jervis - 567                      Liberty – 539</p>	<p><b><u>Class B – 450-814</u></b>                      Wallkill – 729                      Saugerties – 615                      New Paltz - 515                      Our Lady of Lourdes – 506                      Marlboro – 504                      ^Mount Academy – 105</p>
<p><b><u>Class C – 255-449</u></b>                      Fallsburg – 383                      James I. O’Neill – 347                      Chester Academy – 258                      Sullivan West – 257</p>	<p><b><u>Class C – 255-449</u></b>                      Red Hook – 410                      Rondout Valley – 408                      Spackenkill – 396                      Highland – 387                      Ellenville – 383                      Onteora – 350                      Dover – 323                      Rhinebeck – 255</p>
<p><b><u>Class D – up to 254</u></b>                      John S. Burke Catholic – 233                      Tri Valley - 225                      S.S. Seward Institute – 161                      Eldred – 116                      **Livingston Manor/Roscoe – 103                      Chapel Field – 68                      Tuxedo - 59                      Homestead School - ?</p>	<p><b><u>Class D – up to 254</u></b>                      Millbrook – 218                      Pine Plains - 207                      Webutuck - 159</p>
<p>** Roscoe 47/Livingston Manor 89 = 103</p>	<p>^ Moved up by Sect IX Classification Committee</p>



# Baseball

## OCIAA

### Class AAA: (1087+)

NFA  
Middletown  
Monroe Woodbury  
Kingston  
Pine Bush

### Class AA: (704-1086)

Valley Central  
Washingtonville  
Warwick  
Minisink Valley  
Monticello  
Cornwall  
Goshen

### Class A: (398-703)

Beacon  
Port Jervis  
Liberty

### Class B: (245-397)

Fallsburg  
O'Neill  
Chester  
Sullivan West

### Class C: (144-244)

Burke  
Tri-Valley  
Seward

### Class D: (up to 143)

Eldred  
Liv. Manor  
Chapel Field  
Roscoe

## MHAL

### Class AA: (704-1086)

FDR  
Wallkill

### Class A: (398-703)

Saugerties  
New Paltz  
Lourdes  
Marlboro  
Red Hook  
Rondout

### Class B: (245-397)

Spackenkill  
Highland  
Ellenville  
Onteora  
Dover  
Rhinebeck

### Class C: (144-244)

Millbrook  
Pine Plains  
Webutuck



# Softball

## OCIAA

### Class AAA: (1082+)

NFA  
Middletown  
Monroe Woodbury  
Kingston  
Pine Bush

### Class AA: (692-1081)

Valley Central  
Washingtonville  
Warwick  
Minisink Valley  
Monticello  
Cornwall  
Goshen

### Class A: (403-691)

Beacon  
Port Jervis  
Liberty

### Class B: (240-402)

O'Neill  
Fallsburg  
Chester  
Sullivan West

### Class C: (152-239)

Burke  
Tri-Valley  
Seward

### Class D: (up to 151)

Eldred  
Liv. Manor  
Chapel Field  
Roscoe

## MHAL

### Class AA: (692-1081)

FDR  
Wallkill

### Class A: (403-691)

Saugerties  
New Paltz  
Lourdes  
Marlboro  
Red Hook  
Rondout

### Class B: (240-402)

Spackenkill  
Highland  
Ellenville  
Onteora  
Dover  
Rhinebeck

### Class C: (152-239)

Millbrook  
Pine Plains  
Webutuck

## **Boy's Lacrosse – Section IX**

### **Class A 1026+**

Newburgh Free Academy  
Middletown  
Monroe-Woodbury  
Kingston  
Pine Bush  
Valley Central

### **Class B 734-1025**

Washingtonville  
Warwick Valley  
F.D.R.  
Minisink Valley  
Cornwall  
Goshen

### **Class C 431-733**

Wallkill  
Highland/Marlboro  
Saugerties  
New Paltz  
Our Lady of Lourdes

### **Class D up to 430**

Red Hook  
Rondout Valley  
James I. O'Neill  
Millbrook

## GIRLS LACROSSE - Section IX

### CLASS A: 1060 +

NFA  
Middletown  
Monroe Woodbury  
Kingston  
Pine Bush

### CLASS B: 775-1059

Valley Central  
Washingtonville  
Warwick  
FDR  
Minisink  
Highland

### CLASS C: 465-774

Cornwall  
Goshen  
Wallkill  
Beacon  
Saugerties  
New Paltz  
Lourdes

### CLASS D: up to 464

Red Hook  
Rondout  
Highland  
O'Neill  
Chester  
Burke  
Millbrook

## Wrestling – Section IX

### Large School – 600+

NFA  
Middletwon  
Monroe Woodbury  
Kingston  
Pine Bush  
Valley Central  
Washingtonville  
Warwick  
FDR Hyde Park  
Minisink  
Monticello  
Cornwall  
Goshen  
Wallkill  
Beacon  
Saugerties

### Small School up to 599

Port Jervis  
Liberty  
New Paltz  
Our Lady of Lourdes  
Marlboro (1 Wrestler Shadow Highland)  
Red Hook  
Rondout  
Highland  
Ellenville  
Fallsburg/Tri Valley  
Onteora  
Chester  
Burke  
Eldred/Sullivan West  
Tuxedo

## Game Day Cheerleading

<b>Division 1 – Class A 1060+</b>	<b>Division 2 – Class B 775-1059</b>	<b>Division 3 – Class C 465-774</b>	<b>Division 4 – Class D Up to 464</b>
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. Kingston</li> </ol>	<ol style="list-style-type: none"> <li>1. Washingtonville</li> <li>2. Minisink</li> <li>3. FDR</li> </ol>	<ol style="list-style-type: none"> <li>1. Cornwall</li> <li>2. Goshen</li> <li>3. Saugerties</li> <li>4. Beacon</li> <li>5. Our Lady of Lourdes</li> <li>6. Port Jervis</li> <li>7. Marlboro</li> </ol>	<ol style="list-style-type: none"> <li>1. O’Neill</li> <li>2. Fallsburg</li> <li>3. Sullivan West</li> <li>4. Dover</li> <li>5. Highland</li> <li>6. Chester</li> <li>7. Burke</li> <li>8. Tri Valley</li> <li>9. Millbrook</li> </ol>

## Competitive Cheerleading

### Large School – 750+

Cornwall  
 Kingston  
 Middletown  
 Minisink  
 Monroe Woodbury  
 NFA  
 Pine Bush  
 Valley Central  
 Warwick  
 Washingtonville

### Small School up to 749

Fallsburg  
 Goshen  
 O’Neill  
 Sullivan West  
 Tri Valley

## Section IX Football Alignments 2023 – 2024

<p><u>Class AA: (1025 and up)</u></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. NFA 2868</li> <li>2. Middletown 1994</li> <li>3. Monroe-Woodbury 1763</li> <li>4. Kingston 1451</li> <li>5. Pine Bush 1280</li> <li>6. Valley Central 1059</li> </ol>	<u>Enrollment</u>	<p><u>Class A: (665-1024)</u></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. Washingtonville 1011</li> <li>2. Warwick 972</li> <li>3. FDR 887</li> <li>4. Minisink 840</li> <li>5. Monticello 806</li> </ol> <p style="text-align: center;"><u>Division 2</u></p> <ol style="list-style-type: none"> <li>6. Cornwall 758</li> <li>7. Wallkill 729</li> <li>8. Goshen 743</li> <li>9. Lourdes 506</li> </ol>	<u>Enrollment</u>																						
<p><u>Class B: (385-664)</u></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. Beacon 660</li> <li>2. Saugerties 615</li> <li>3. Port Jervis 567</li> <li>4. Liberty 539</li> </ol> <p style="text-align: center;"><u>Division 2</u></p> <ol style="list-style-type: none"> <li>5. New Paltz 515</li> <li>6. Marlboro 504</li> <li>7. Red Hook 410</li> <li>8. Rondout 408</li> <li>9. Highland 387</li> </ol>	<u>Enrollment</u>	<p><u>Class C: (261 – 384)</u></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. O’Neill 347</li> <li>2. Burke** 233**</li> </ol> <p><small>**Burke moved to class C by Section IX Classification Committee</small></p> <p><u>Class D: (up to 260)</u></p> <ol style="list-style-type: none"> <li>1. Chester 258</li> </ol>	<u>Enrollment</u>																						
<p style="text-align: center;"><u>Football (5 Classes)</u></p> <p>AA 1025 and Up</p> <p>A 665 – 1024</p> <p>B 385 - 664</p> <p>C 261 – 384</p> <p>D 260 and Below</p>	<p style="text-align: center;"><b><u>8 Man Football</u></b></p> <p style="text-align: center;"><u>Division 1</u></p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">1. Ellenville</td><td style="width: 50%;">383 – Class C</td></tr> <tr><td>2. Fallsburg</td><td>383 – Class C</td></tr> <tr><td>3. Tri Valley</td><td>225 – Class D</td></tr> <tr><td>4. Sullivan West</td><td>257 – Class D</td></tr> <tr><td>5. Liv. Manor/Roscoe/Downs</td><td>117 – Class D</td></tr> <tr><td>6. Eldred</td><td>116– Class D</td></tr> </table> <p style="text-align: center;"><u>Division 2</u></p> <table style="width: 100%; border: none;"> <tr><td style="width: 50%;">1. Spackenkill</td><td style="width: 50%;">396 – Class B</td></tr> <tr><td>2. Dover</td><td>323 – Class C(388 w/ Mill – Class B)</td></tr> <tr><td>3. Onteora</td><td>350 – Class C</td></tr> <tr><td>4. Pine Plains/Rhinebeck</td><td>317 – Class C</td></tr> <tr><td>5. Pawling</td><td>266 – Class C</td></tr> </table>			1. Ellenville	383 – Class C	2. Fallsburg	383 – Class C	3. Tri Valley	225 – Class D	4. Sullivan West	257 – Class D	5. Liv. Manor/Roscoe/Downs	117 – Class D	6. Eldred	116– Class D	1. Spackenkill	396 – Class B	2. Dover	323 – Class C(388 w/ Mill – Class B)	3. Onteora	350 – Class C	4. Pine Plains/Rhinebeck	317 – Class C	5. Pawling	266 – Class C
1. Ellenville	383 – Class C																								
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4. Pine Plains/Rhinebeck	317 – Class C																								
5. Pawling	266 – Class C																								



## Field Hockey

### A – 915 +

KINGSTON  
PINE BUSH

### B – 450 – 914

OUR LADY OF LOURDES

### C – up to 449

RED HOOK  
RONDOUT  
ELLENVILLE  
ONTEORA  
PINE PLAINS  
TACONIC HILLS  
COXACKIE ATHENS

# OCIAA Alignments 2023-2024



<b>Boys Soccer – 16 Games Maximum</b>					
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>	<b><u>Division 6</u></b>
<b><u>Class AAA</u></b> <b>(1090 +)</b>	<b><u>Class AA</u></b> <b>(719-1089)</b>	<b><u>Class A</u></b> <b>(412-718)</b>	<b><u>Class B</u></b> <b>(261-411)</b>	<b><u>Class C</u></b> <b>(144-260)</b>	<b><u>Class D</u></b> <b>(up to 143)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg 2. O’Neill 3. Chester	1. Sullivan West 2. Burke 3. Tri Valley 4. S.S. Seward	1. Eldred 2. Chapel Field

<b>Girls Soccer – 16 Games Maximum</b>					
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>	<b><u>Division 6</u></b>
<b><u>Class AAA</u></b> <b>(1082 +)</b>	<b><u>Class AA</u></b> <b>(703-1081)</b>	<b><u>Class A</u></b> <b>(406-702)</b>	<b><u>Class B</u></b> <b>(251-405)</b>	<b><u>Class C</u></b> <b>(141-250)</b>	<b><u>Class D</u></b> <b>(up to 140)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg 2. O’Neill 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. S.S. Seward	1. Eldred 2. Liv Manor 3. Chapel Field 4. Roscoe

<b>Volleyball – 20 Games Maximum</b>					
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>	<b><u>Division 6</u></b>
<b><u>Class AAA</u></b> <b>(1141 +)</b>	<b><u>Class AA</u></b> <b>(747-1140)</b>	<b><u>Class A</u></b> <b>(470-746)</b>	<b><u>Class B</u></b> <b>(290-469)</b>	<b><u>Class C</u></b> <b>(182-289)</b>	<b><u>Class D</u></b> <b>(up to 181)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall	1. Goshen 2. Beacon 3. Port Jervis 4. Liberty	1. Fallsburg 2. O’Neill	1. Chester 2. Sullivan West 3. Burke	1. SS Seward 2. Chapel Field 3. Tuxedo

# OCIAA Alignments 2023-2024



<b>Cross Country – 16 Meets Maximum</b>				
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>
<b><u>Class A</u></b> <b>(816+)</b>	<b><u>Class A</u></b> <b>(816+)</b>	<b><u>Class B</u></b> <b>(450-814)</b>	<b><u>Class C</u></b> <b>(255-449)</b>	<b><u>Class D</u></b> <b>(up to 254)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink	1. Monticello 2. Cornwall 3. Goshen 4. Beacon 5. Port Jervis 6. Liberty	1. Fallsburg 2. O’Neill 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. SS Seward 4. Eldred 5. Liv. Manor/ Roscoe 6. Chapel Field 7. Tuxedo  *Homestead School - Shadow

<b>Girls Tennis – 16 Matches Maximum</b>		
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>
<b><u>Large Schools</u></b> <b>(600+)</b>	<b><u>Large Schools</u></b> <b>(600+)</b>	<b><u>Small Schools</u></b> <b>(up to 599)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush 6. Valley Central	1. Washingtonville 2. Warwick 3. Minisink 4. Monticello 5. Cornwall 6. Goshen 7. Beacon	1. Port Jervis 2. Liberty 3. Fallsburg 4. O’Neill 5. Tri Valley

<b>Girls JV Tennis – 16 Matches Maximum</b>	
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Pine Bush 5. Valley Central 6. Washingtonville	7. Minisink 8. Warwick 9. Cornwall 10. Goshen 11. Beacon

# OCIAA Alignments 2023-2024



<b>Girls Swimming / Diving – 16 Matches Maximum</b>							
<b><u>Division I</u></b>				<b><u>Division II</u></b>			
<u>School</u>	<u>Pool</u>	<u>Divers</u>	<u>Diving Well</u>	<u>School</u>	<u>Pool</u>	<u>Divers</u>	<u>Diving Well</u>
1. NFA	Yes	Yes	Yes	1. Monroe Woodbury	Yes	Yes	Yes
2. Kingston	Yes	Yes	Yes	2. Middletown	Yes	Yes	Yes
3. FDR	No	No	No	3. Pine Bush	Yes	Yes	Yes
4. Cornwall	Yes	Yes	Yes	4. Washingtonville	Yes	Yes	Yes
5. New Paltz	Yes	Yes	Yes	5. Warwick***	Yes	Yes	Yes
6. Marlboro	Yes	No	No	6. Minisink	Yes	Yes	Yes
7. Rhinebeck	No	No	No	7. VC	Yes	Yes	Yes
8. Beacon	Yes	Yes	Yes	8. Goshen	Yes	Yes	No
9. Red Hook	Yes	?	?	9. Wallkill	No	?	No
10. Lourdes	No	?	?				
% Spackenkill to shadow Beacon * Rondout / Onteora to shadow Kingston				***SS Seward to shadow Warwick			

<b>Game Day Cheerleading – 12 contests Maximum</b>			
Division 1 – Class A 1060+	Division 2 – Class B 775-1059	Division 3 – Class C 465-774	Division 4 – Class D Up to 464
1. NFA 2. Kingston	1. Washingtonville 2. Minisink 3. FDR	1. Cornwall 2. Goshen 3. Saugerties 4. Beacon 5. Our Lady of Lourdes 6. Port Jervis 7. Marlboro	1. O'Neill 2. Fallsburg 3. Sullivan West 4. Dover 5. Highland 6. Chester 7. Burke 8. Tri Valley 9. Millbrook

# OCIAA Alignments 2023-2024



## FALL MODIFIED SPORTS TEAMS

### MODIFIED B FOOTBALL 11 MAN (7-8) - 7 GAMES

<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Warwick</li> </ol>	<ol style="list-style-type: none"> <li>1. Washingtonville</li> <li>2. FDR</li> <li>3. Minisink</li> <li>4. Goshen</li> <li>5. Walkkill</li> <li>6. Port Jervis</li> </ol>
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### MODIFIED A FOOTBALL 11 MAN (7-8-9)

<ol style="list-style-type: none"> <li>1. Valley Central</li> <li>2. Monticello</li> <li>3. Beacon</li> <li>4. Liberty</li> <li>5. Chester/Florida</li> <li>6. O'Neill</li> <li>7. Burke Catholic</li> </ol>	<ol style="list-style-type: none"> <li>8. Marlboro</li> <li>9. Red Hook</li> <li>10. New Paltz</li> <li>11. Rondout</li> <li>12. Kingston</li> <li>13. Saugerties</li> <li>14. Highland</li> <li>15. Ellenville</li> </ol>
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### Modified A 8 Man Football (7,8,9)

<ol style="list-style-type: none"> <li>1. Fallsburg</li> <li>2. Roscoe/Liv. Manor</li> <li>3. Tri Valley</li> <li>4. Sullivan West</li> <li>5. Eldred</li> </ol>	<ol style="list-style-type: none"> <li>6. Dover</li> <li>7. Pine Plains</li> <li>8. Pawling</li> <li>9. Onteora</li> <li>10. Millbrook</li> <li>11. Spackenkill</li> </ol>
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### MODIFIED BOYS SOCCER (7-8) - 12 GAMES

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. MW (P)</li> <li>3. Middletown</li> <li>4. Pine Bush</li> <li>5. Valley Central</li> <li>6. Washingtonville</li> </ol>	<ol style="list-style-type: none"> <li>1. Warwick</li> <li>2. MW (W)</li> <li>3. Port Jervis</li> <li>4. Minisink</li> <li>5. Cornwall</li> <li>6. Goshen</li> <li>7. Beacon</li> </ol>	<ol style="list-style-type: none"> <li>1. Chapel Field</li> <li>2. Greenwood Lake</li> <li>3. SS Seward</li> <li>4. O'Neill</li> <li>5. Chester</li> <li>6. Burke</li> </ol>	<ol style="list-style-type: none"> <li>1. Monticello</li> <li>2. Liberty</li> <li>3. Tri Valley</li> <li>4. Eldred</li> <li>5. Fallsburg</li> <li>6. Sullivan West</li> <li>7. Homestead School</li> </ol>

### MODIFIED GIRLS SOCCER (7-8) - 12 GAMES

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. MW (P)</li> <li>3. Middletown</li> <li>4. Pine Bush</li> <li>5. Valley Central</li> <li>6. Washingtonville</li> </ol>	<ol style="list-style-type: none"> <li>1. Warwick</li> <li>2. MW (W)</li> <li>3. Port Jervis</li> <li>4. Minisink</li> <li>5. Cornwall</li> <li>6. Goshen</li> <li>7. Beacon</li> </ol>	<ol style="list-style-type: none"> <li>1. Chester</li> <li>2. Greenwood Lake</li> <li>3. SS Seward</li> <li>4. Chapel Field</li> <li>5. Burke</li> <li>6. O'Neill</li> </ol>	<ol style="list-style-type: none"> <li>1. Monticello</li> <li>2. Liberty</li> <li>3. Tri Valley</li> <li>4. Eldred</li> <li>5. Fallsburg</li> <li>6. Sullivan West</li> <li>7. Livingston Manor</li> <li>8. Roscoe</li> </ol>



# OCIAA Alignments 2023-2024



<b>Modified Volleyball – 14 Games Maximum</b>		
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. Mdtn. Twin Towers</li> <li>3. Monroe Woodbury (P)</li> <li>4. Pine Bush</li> <li>5. Valley Central</li> <li>6. Washingtonville</li> <li>7. Warwick</li> </ol>	<ol style="list-style-type: none"> <li>1. Beacon</li> <li>2. Mdtn. MNHGN</li> <li>3. Monroe Woodbury (W)</li> <li>4. Minisink</li> <li>5. Goshen</li> <li>6. Port Jervis</li> <li>7. Cornwall</li> </ol>	<ol style="list-style-type: none"> <li>1. Chester</li> <li>2. West Point</li> <li>3. Tuxedo</li> <li>4. O’Neill</li> <li>5. G.L.</li> <li>6. SS Seward</li> <li>7. Burke</li> <li>8. Monticello</li> <li>9. Liberty</li> <li>10. Sullivan West</li> <li>11. Fallsburg</li> </ol>

<b>Modified Cross Country – 10 Contests Maximum</b>	
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Pine Bush</li> <li>5. Valley Central</li> <li>6. Washingtonville</li> <li>7. Minisink</li> <li>8. Warwick</li> <li>9. Cornwall</li> <li>10. Monticello</li> <li>11. Beacon</li> </ol>	<ol style="list-style-type: none"> <li>12. Goshen</li> <li>13. Port Jervis</li> <li>14. Liberty</li> <li>15. Fallsburg</li> <li>16. Sullivan West</li> <li>17. Tri-Valley</li> <li>18. S.S. Seward</li> <li>19. Eldred</li> <li>20. Greenwood Lake</li> <li>21. West Point</li> <li>22. Livingston Manor</li> </ol>

# OCIAA Alignments 2023-2024



## Winter Sports

<b>Boys Basketball – 20 Games Maximum</b>					
<b><u>Division 1</u></b> <b><u>Class AAA</u></b> <b><u>1105+</u></b>	<b><u>Division 2</u></b> <b><u>Class AA</u></b> <b><u>692-1104</u></b>	<b><u>Division 3</u></b> <b><u>Class A</u></b> <b><u>391-691</u></b>	<b><u>Division 4</u></b> <b><u>Class B</u></b> <b><u>222-390</u></b>	<b><u>Division 5</u></b> <b><u>Class C</u></b> <b><u>119-221</u></b>	<b><u>Division 6</u></b> <b><u>Class D</u></b> <b><u>Up to 118</u></b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg 2. O’Neill 3. Chester 4. Sullivan West 5. Burke 6. Tri Valley	1. Seward	1. Eldred 2. Liv. Manor 3. Chapel Field 4. Roscoe 5. Tuxedo

<b>Boys Freshman Basketball – 20 Games Maximum</b>
1. NFA 2. Kingston 3. Washingtonville 4. Monroe Woodbury 5. Burke 6. Goshen 7. Beacon 8. Lourdes

<b>Girls Basketball – 20 Games Maximum</b>					
<b><u>Division 1</u></b> <b><u>Class AAA</u></b> <b><u>1113+</u></b>	<b><u>Division 2</u></b> <b><u>Class AA</u></b> <b><u>699-1112</u></b>	<b><u>Division 3</u></b> <b><u>Class A</u></b> <b><u>397-698</u></b>	<b><u>Division 4</u></b> <b><u>Class B</u></b> <b><u>237-396</u></b>	<b><u>Division 5</u></b> <b><u>Class C</u></b> <b><u>139-226</u></b>	<b><u>Division 6</u></b> <b><u>Class D</u></b> <b><u>Up to 128</u></b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg 2. O’Neill 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. Seward	1. Eldred 2. Liv. Manor 3. Chapel Field 4. Roscoe

# OCIAA Alignments 2023-2024



<b>Wrestling - VARSITY &amp; JUNIOR VARSITY - Section IX Format-- 20 POINTS</b>				
<b>Division I-A</b> Varsity and JV	<b>Division I-B</b> Varsity and JV	<b>Division I-C</b> Varsity and JV	<b>Division II-A</b>	<b>Division II-B</b> <i>(Var Only)</i>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. FDR	1. Cornwall 2. Wallkill 3. Goshen 4. Monticello 5. Beacon 6. Saugerties	1. Port Jervis <sup>^</sup> 2. Liberty 3. New Paltz <sup>^</sup> 4. Lourdes 5. Red Hook 6. Rondout 7. Highland* *Marlboro Shadow Highland <sup>^</sup> Has JV Team	1. Ellenville 2. Fallsburg/Tri Valley 3. Onteora 4. Chester 5. Burke 6. Eldred/Sullivan West 7. Tuxedo

<b>Girls Wrestling – 20 Points</b>
1. Minisink Valley 2. Saugerties 3. Port Jervis 4. Fallsburg 5. Chester

<b>Section IX Bowling</b>	
<b>Division I</b>	<b>Division II</b>
1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Goshen 5. Beacon	1. Kingston 2. FDR 3. Saugerties 4. Highland 5. Marlboro

<b>VARSITY COMPETITIVE CHEERLEADING</b>	
Large Schools – 749+	Small Schools – up to 748
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 7. Washingtonville 8. Warwick 9. Minisink Valley 10. Monticello 11. Cornwall	1. Goshen 2. Beacon 3. Highland 4. O’Neill 5. Fallsburg 6. Chester 7. Sullivan West 8. Tri-Valley 9. Millbrook 10. S.S. Seward 11. Eldred

# OCIAA Alignments 2023-2024



## BOYS VARSITY SWIMMING – 16 MEETS

<u>Division I</u>				<u>Division II</u>			
<u>School</u>	<u>Pool</u>	<u>Divers</u>	<u>Diving Well</u>	<u>School</u>	<u>Pool</u>	<u>Divers</u>	<u>Diving Well</u>
1. NFA	Yes	Yes	Yes	1. Monroe Woodbury	Yes	Yes	Yes
2. Kingston	Yes	Yes	Yes	2. Middletown	Yes	Yes	Yes
3. FDR	No	No	No	3. Pine Bush	Yes	Yes	Yes
4. Cornwall	Yes	Yes	Yes	4. Washingtonville	Yes	Yes	Yes
5. New Paltz	Yes	Yes	No	5. Warwick***	Yes	Yes	Yes
6. Marlboro	Yes	No	No	6. Minisink	Yes	Yes	Yes
7. Rhinebeck	No	No	No	7. VC	Yes	Yes	Yes
8. Beacon	Yes	Yes	Yes	8. Goshen	Yes	Yes	No
9. Red Hook	Yes	?	?				
10. Lourdes	No	?	No				
**Spackenkill to shadow Beacon * Rondout / Onteora to shadow Kingston? Highland?				***SS Seward to shadow Warwick			

## BOYS AND GIRLS VARSITY INDOOR TRACK – 16 MEETS

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>	<u>Division V</u>	<u>Division VI</u>
1. Newburgh	1. Warwick	1. Wallkill	1. Lourdes	1. Ellenville	1. Burke
2. Middletown	2. Washingtonville	2. Goshen	2. Marlboro	2. Fallsburg	2. Tri-Valley
3. Monroe Woodbury	3. FDR	3. Beacon	3. Red Hook	3. Onteora	3. Millbrook
4. Kingston	4. Minisink Valley	4. Port Jervis	4. Rondout	4. O'Neill	4. Pine Plains
5. Pine Bush	5. Monticello	5. Liberty	5. Highland	5. Chester	5. Eldred
6. Valley Central	6. Cornwall	6. New Paltz	6. Spackenkill	6. Sullivan West	6. Webutuck
					7. Homestead

## BOYS & GIRLS VARSITY SKIING – 16 MEETS

<u>Division I</u>	<u>Division II</u>
1. Monticello	1. Monroe-Woodbury
2. Rondout/Kingston	2. Warwick
3. Onteora.	3. Cornwall
4. Liberty	4. Goshen
5. Fallsburg/Tri-Valley	5. O'Neill
6. Sullivan West	6. Burke



# OCIAA Alignments 2023-2024



## Winter Modified Sports

<b><u>Boy's Modified Basketball – 14 games Maximum</u></b>				
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>
NFA Monroe Woodbury (P) Middletown Twin Pine Bush Circle Valley Central	Warwick Monroe Woodbury (W) Middletown Mnhgn. Pine Bush Crispell Washingtonville	Minisink Cornwall Beacon Goshen Port Jervis	West Point Greenwood Lake Florida Chester O'Neill Tuxedo Chapel Field Burke Catholic	Fallsburg Liberty Sullivan West Monticello Tri Valley Liv. Manor Roscoe Eldred Sullivan West 2

<b><u>Girl's Modified Basketball – 14 games Maximum</u></b>				
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>
NFA Monroe Woodbury (P) Middletown Twin Pine Bush Circle Valley Central	Warwick Monroe Woodbury (W) Middletown Mnhgn. Pine Bush Crispell Washingtonville	Minisink Cornwall Beacon Goshen Port Jervis	West Point Greenwood Lake Florida Chester O'Neill Tuxedo Chapel Field Burke Catholic	Fallsburg Liberty Sullivan West Monticello Tri Valley Liv. Manor Roscoe Eldred Sullivan West 2

<b><u>Modified Wrestling – 14 points</u></b>	
<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Valley Central</li> <li>7. Washingtonville</li> <li>8. Minisink Valley</li> </ol>	<ol style="list-style-type: none"> <li>9. Warwick / Greenwood Lake</li> <li>10. Cornwall</li> <li>11. Goshen</li> <li>12. Beacon</li> <li>13. Monticello</li> <li>14. Port Jervis</li> <li>15. Liberty</li> <li>16. Eldred / Sullivan West</li> <li>17. Fallsburg/Tri Valley</li> </ol>



# OCIAA Alignments 2023-2024



## Spring Sports – Varsity and JV

<b>Baseball – 20 Games Maximum</b>					
<b><u>Division 1</u></b> <b><u>Class AAA</u></b> <b><u>1087 +</u></b>	<b><u>Division 2</u></b> <b><u>Class AA</u></b> <b><u>704-1086</u></b>	<b><u>Division 3</u></b> <b><u>Class A</u></b> <b><u>398-703</u></b>	<b><u>Division 4</u></b> <b><u>Class B</u></b> <b><u>245-397</u></b>	<b><u>Division 5</u></b> <b><u>Class C</u></b> <b><u>144-244</u></b>	<b><u>Division 6</u></b> <b><u>Class D</u></b> <b><u>Up to 143</u></b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg 2. O'Neill 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. Seward	1. Eldred 2. Liv. Manor 3. Chapel Field 4. Roscoe  *Tuxedo - JV

<b>Softball – 20 Games Maximum</b>					
<b><u>Division 1</u></b> <b><u>Class AAA</u></b> <b><u>1082 +</u></b>	<b><u>Division 2</u></b> <b><u>Class AA</u></b> <b><u>692-1081</u></b>	<b><u>Division 3</u></b> <b><u>Class A</u></b> <b><u>403-691</u></b>	<b><u>Division 4</u></b> <b><u>Class B</u></b> <b><u>240-402</u></b>	<b><u>Division 5</u></b> <b><u>Class C</u></b> <b><u>152-244</u></b>	<b><u>Division 6</u></b> <b><u>Class D</u></b> <b><u>Up to 143</u></b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg 2. O'Neill 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. Seward	1. Eldred 2. Liv. Manor 3. Chapel Field 4. Roscoe  *Tuxedo - JV

<b>Spring Track and Field – 16 Contests Maximum</b>				
<b><u>Division I</u></b>	<b><u>Division II</u></b>	<b><u>Division III</u></b>	<b><u>Division IV</u></b>	<b><u>Division V</u></b>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Cornwall	1. Goshen 2. Beacon 3. Monticello 4. Port Jervis 5. Liberty	1. O'Neill 2. Fallsburg 3. Chester 4. Sullivan West 5. Burke	1. Tri-Valley 2. Eldred 3. Chapel Field 4. Liv. Manor 5. Homestead

# OCIAA Alignments 2023-2024



## BOYS VARSITY TENNIS – 16 MATCHES

<u>Division I</u> <u>Large Schools – 600+</u>	<u>Division II</u> <u>Large Schools – 600+</u>	<u>Division III</u> <u>Small Schools – up to 599</u>
<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Valley Central</li> </ol>	<ol style="list-style-type: none"> <li>1. Washingtonville</li> <li>2. Warwick</li> <li>3. Minisink</li> <li>4. Monticello</li> <li>5. Cornwall</li> <li>6. Goshen</li> <li>7. Beacon</li> </ol>	<ol style="list-style-type: none"> <li>1. Port Jervis</li> <li>2. Liberty</li> <li>3. O'Neill</li> <li>4. Fallsburg</li> <li>5. Burke</li> </ol>

## BOYS JUNIOR VARSITY TENNIS – 16 MATCHES

<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Pine Bush</li> <li>5. Valley Central</li> <li>6. Washingtonville</li> </ol>	<ol style="list-style-type: none"> <li>7. Minisink</li> <li>8. Warwick</li> <li>9. Cornwall</li> <li>10. Monticello</li> <li>11. Goshen</li> </ol>
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## BOYS VARSITY GOLF – 16 MATCHES

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> </ol>	<ol style="list-style-type: none"> <li>1. Valley Central</li> <li>2. Washingtonville</li> <li>3. Minisink</li> <li>4. Warwick*</li> </ol> <p style="font-size: small; margin-top: 5px;">*SS Seward Shadows Warwick</p>	<ol style="list-style-type: none"> <li>1. Cornwall</li> <li>2. Goshen</li> <li>3. Beacon</li> <li>4. Port Jervis</li> <li>5. O'Neill</li> <li>6. Burke</li> </ol>	<ol style="list-style-type: none"> <li>1. Monticello</li> <li>2. Liberty</li> <li>3. Sullivan West</li> <li>4. Tri-Valley</li> <li>5. Liv Manor/Roscoe</li> <li>6. Fallsburg</li> <li>7. Homestead</li> </ol>

## GIRLS VARSITY GOLF – 16 MATCHES

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>	<u>Division V</u>
<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe-Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Valley Central</li> <li>7. Washingtonville</li> </ol>	<ol style="list-style-type: none"> <li>1. Minisink</li> <li>2. Warwick</li> <li>3. Cornwall</li> <li>4. Goshen</li> <li>5. O'Neill</li> <li>6. Port Jervis</li> <li>7. Burke</li> </ol>	<ol style="list-style-type: none"> <li>1. Monticello</li> <li>2. Liberty</li> <li>3. Sullivan West</li> <li>4. Roscoe/Liv. Manor</li> <li>5. Tri Valley</li> <li>6. Fallsburg</li> <li>7. Homestead</li> </ol>	<ol style="list-style-type: none"> <li>1. New Paltz</li> <li>2. Rondout</li> <li>3. Highland</li> <li>4. Ellenville</li> <li>5. Onteora</li> </ol>	<ol style="list-style-type: none"> <li>1. Marlboro</li> <li>2. FDR</li> <li>3. Red Hook</li> <li>4. Lourdes</li> <li>5. Beacon</li> <li>6. Millbrook</li> </ol>

# OCIAA Alignments 2023-2024



## BOYS VARSITY LACROSSE – 16 GAMES – A – B – C - D

<u>Division I (CLASS A)</u> (1026 and up)	<u>Division II (Class B)</u> (1025-734)	<u>Division III (Class C)</u> (733 -431)	<u>Division IV (Class D)</u> (430 and Down)
<ol style="list-style-type: none"> <li>1. NFA (<i>Var. &amp; JV</i>)</li> <li>2. Monroe-Woodbury (<i>Var &amp; JV</i>)</li> <li>3. Middletown (<i>Var. &amp; JV</i>)</li> <li>4. Kingston (<i>Var. &amp; JV</i>)</li> <li>5. Pine Bush (<i>Var. &amp; JV</i>)</li> <li>6. Valley Central (<i>Var. &amp; JV</i>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Washingtonville (<i>Var. &amp; JV</i>)</li> <li>2. Warwick (<i>Var&amp;JV</i>)</li> <li>3. Minisink (<i>Var &amp; JV</i>)</li> <li>4. FDR (<i>Var</i>)</li> <li>5. Cornwall (<i>Var/JV</i>)</li> <li>6. Goshen (<i>Var/JV</i>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Wallkill (<i>Var &amp; JV</i>)</li> <li>2. Highland/Marlboro (<i>Var</i>)</li> <li>3. Saugerties (<i>Var</i>)</li> <li>4. New Paltz (<i>Var</i>)</li> <li>5. Lourdes (<i>Var &amp; JV</i>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Red Hook (<i>Var</i>)</li> <li>2. Rondout (<i>Var/JV</i>)</li> <li>3. O’Neill (<i>Var</i>)</li> <li>4. Millbrook (<i>Var</i>)</li> </ol>

## GIRLS VARSITY LACROSSE – 16 GAMES – A – B – C - D

<u>Division I (CLASS A)</u> (1060 and up)	<u>Division II (Class B)</u> (1059-775)	<u>Division III (Class C)</u> (774-465)	<u>Division IV (Class D)</u> (464 and Down)
<ol style="list-style-type: none"> <li>1. NFA (<i>Var &amp; JV</i>)</li> <li>2. Monroe-Woodbury (<i>Var &amp; JV</i>)</li> <li>3. Middletown (<i>Var. &amp; JV</i>)</li> <li>4. Kingston (<i>Var. &amp; JV</i>)</li> <li>5. Pine Bush (<i>Var. &amp; JV</i>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Washingtonville (<i>Var &amp; JV</i>)</li> <li>2. Valley Central (<i>Var &amp; JV</i>)</li> <li>3. Minisink (<i>Var &amp; JV</i>)</li> <li>4. Warwick (<i>Var&amp;JV</i>)</li> <li>5. FDR (<i>Var</i>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Cornwall (<i>Var/JV</i>)</li> <li>2. Wallkill (<i>Var/JV</i>)</li> <li>3. Goshen (<i>Var/JV</i>)</li> <li>4. Saugerties (<i>Var</i>)</li> <li>5. New Paltz (<i>Var</i>)</li> <li>6. Beacon (<i>Var</i>)</li> <li>7. Lourdes (<i>Var/JV</i>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Red Hook (<i>Var</i>)</li> <li>2. Rondout (<i>Var/JV</i>)</li> <li>3. Highland (<i>Var</i>)</li> <li>4. O’Neill (<i>Var</i>)</li> <li>5. Chester (<i>Var/JV</i>)</li> <li>6. Burke (<i>Var</i>)</li> <li>7. Millbrook (<i>Var</i>)</li> </ol>

## Unified Basketball

<ol style="list-style-type: none"> <li>1. Cornwall</li> <li>2. Goshen</li> <li>3. Warwick</li> <li>4. Port Jervis</li> <li>5. Monroe Woodbury (P)</li> <li>6. Monroe Woodbury (W)</li> <li>7. NFA</li> <li>8. Middletown</li> </ol>	<ol style="list-style-type: none"> <li>9. Pine Bush</li> <li>10. Valley Central</li> <li>11. Kingston</li> <li>12. Rondout</li> <li>13. Pine Plains</li> <li>14. Arlington</li> <li>15. John Jay</li> <li>16. Beacon</li> </ol>
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# OCIAA Alignments 2023-2024



## Modified Spring Sports

<b><u>Modified Baseball – 14 games Maximum</u></b>			
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. Monroe-Woodbury (P) 2. Newburgh 3. Middletown 4. Pine Bush Crispell 5. Washingtonville 6. Warwick 7. Valley Central	1. Monroe-Woodbury(W) 2. Minisink 3. Port Jervis 4. Pine Bush Circleville 5. Goshen 6. Cornwall 7. Beacon	1. Florida 2. Greenwood Lake 3. O’Neill 4. Chester 5. Tuxedo 6. Chapel Field 7. Burke	1. Monticello 2. Liberty 3. Fallsburg 4. Sullivan West 5. Tri-Valley 6. Eldred 7. Livingston Manor 8. Roscoe

<b><u>Modified Softball – 14 games Maximum</u></b>			
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. Monroe-Woodbury 2. Newburgh 3. Middletown 4. Pine Bush Crispell 5. Washingtonville 6. Warwick 7. Valley Central	1. BYE 2. Minisink 3. Port Jervis 4. Pine Bush Circleville 5. Goshen 6. Cornwall 7. Beacon	1. Florida 2. Greenwood Lake 3. O’Neill 4. Chester 5. Tuxedo 6. Chapel Field 7. Burke	1. Monticello 2. Liberty 3. Fallsburg 4. Sullivan West 5. Tri-Valley 6. Eldred 7. Livingston Manor 8. Roscoe

<b><u>Modified Spring Track and Field – 10 Meets Maximum</u></b>	
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 7. Washingtonville 8. Minisink Valley 9. Warwick 10. Cornwall 11. Goshen	12. Monticello 13. Port Jervis 14. Liberty 15. Fallsburg 16. Sullivan West 17. Tri-Valley 18. Eldred 19. Greenwood Lake 20. West Point 21. Beacon 22. Homestead School



# OCIAA Alignments 2023-2024



<b><u>Boy's Modified Lacrosse – 12 games Maximum</u></b>		
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>
<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe Woodbury</li> <li>3. Middletown</li> <li>4. Pine Bush</li> <li>5. Warwick</li> <li>6. Del. Valley Pa.</li> </ol>	<ol style="list-style-type: none"> <li>1. Valley Central</li> <li>2. Washingtonville</li> <li>3. Minisink Valley</li> <li>4. Cornwall</li> <li>5. Goshen</li> </ol>	<ol style="list-style-type: none"> <li>1. Kingston</li> <li>2. Wallkill</li> <li>3. Highland</li> <li>4. Rondout</li> <li>5. Saugerties</li> <li>6. New Paltz</li> </ol>

<b><u>Girl's Modified Lacrosse – 12 games Maximum</u></b>			
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe Woodbury</li> <li>3. Middletown</li> <li>4. Del. Valley Pa.</li> </ol>	<ol style="list-style-type: none"> <li>1. Pine Bush</li> <li>2. Valley Central</li> <li>3. Washingtonville</li> <li>4. Warwick</li> <li>5. Minisink Valley</li> </ol>	<ol style="list-style-type: none"> <li>1. Cornwall</li> <li>2. Goshen</li> <li>3. Beacon</li> <li>4. Burke</li> <li>5. Chester</li> </ol>	<ol style="list-style-type: none"> <li>1. Kingston</li> <li>2. Highland</li> <li>3. Rondout</li> <li>4. Saugerties</li> <li>5. New Paltz</li> </ol>



## Winter 2022-2023 Coaching Course



### HEALTH SCIENCES

Instructor: Jason Semo

Register: Complete this form ~ <https://forms.gle/RR2wtbkni91m9Xuk8>

Dates: January 10, 12, 17, 19, 24, 26, 31  
February 2, 2023  
**Must attend all dates.**

Location: Hybrid class format

- Four (4) sessions in person @ Cornwall HS
- Four (4) sessions remote

Additional details will be given after registration.

Please email Jason Semo to register for this course. Attendance is mandatory for ALL class dates. There will be an online portion through moodle. If a coach does not have a textbook, they will need to arrange with Jason Semo to get one.



## ***SCHEDULE FOR WINTER COACHING COURSES 2022-2023***

Please email [amanda.york@ouboces.org](mailto:amanda.york@ouboces.org) to receive registration information and course materials.

Please indicate if you need an *UPDATE* or a *FULL COURSE*!

**Do NOT sign up for a course the day it is being offered.**

**Location:**

53 Gibson Road, Goshen  
Carl Onken Conference Center Room  
BEHIND CAREER AND TECHNICAL EDUCATION  
BACK OF PARKING LOT NEXT TO O&M

Upcoming Courses:

December 5  
December 12  
January 23  
February 1  
February 13  
February 28  
March 1  
March 6  
March 13



All,

NYS PH SAA is proud to announce its first ever IN PERSON Student Leadership Conference scheduled for Thursday, March 30, 2023 from 8:00am - 3:30pm at the Hilton - Albany!

This one day event is for current 10th and 11th graders and will help students sharpen their leadership skills and more positively influence their teams, athletic departments, schools, and communities. The conference will include two keynote speakers and four breakout sessions.

Within this email is an interest survey. As an Athletic Director, please share the interest survey with any 10th or 11th grade student-athlete who you may think would be interested in attending.

The interest survey list will then be shared with the sections who will determine their student attendees. Sections will provide the list to NYS PH SAA by the end of December. Once the sections determine attendees, NYS PH SAA will reach out with further information. In total, approximately 180 students will be selected.

Overnight accommodations will be available upon request of the section. Event registration, transportation, and accommodations will be free to the student, but certain costs will be incurred by sections and may be passed along to schools (e.g. transportation, hotel rooms).

The link to the interest survey to share with your students is below.

[NYS PH SAA Student Leadership Conference Interest Survey - Deadline - Dec 16](#)

If you have any questions, please let me know.

Sincerely,

**Kristen Suatoni Jadin**  
Assistant Director  
NYS PH SAA  
8 Airport Park Boulevard  
Latham, NY 12110  
Office: 518-690-0771  
Fax: 518-690-0775  
[www.nysphsaa.org](http://www.nysphsaa.org)





# FUNDRAISER

## To Benefit the Coach Fred Ahart Foundation

Raffle Prizes include: Theme Baskets , Gift Certificates, Art, 50/50, and more!

**SATURDAY, DEC 17, 6 PM - 10 PM**

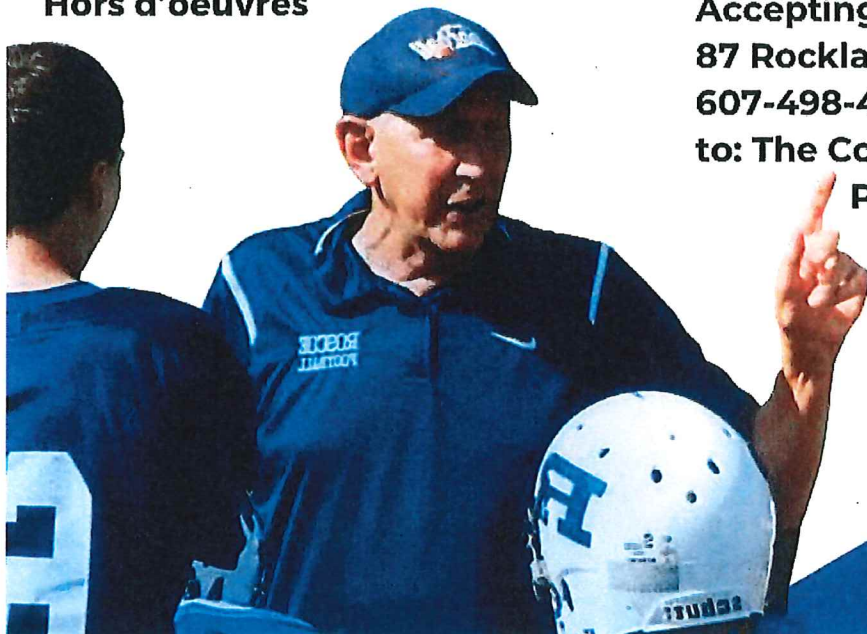
**THE ROCKLAND HOUSE**

**159 ROCKLAND ROAD  
ROSCOE, NY 12776**

Raffle calling to begin at 8pm  
Cash Bar, Mystic Entertainment,  
Hors d'oeuvres



Accepting Baskets & prizes-Drop off at  
87 Rockland Rd., Roscoe, NY 12776, call  
607-498-4341 to arrange pick up or mail  
to: The Coach Fred Ahart Foundation,  
PO Box 293, Roscoe, NY 12776



Visit our Facebook page @Coach Fred Ahart Foundation for event updates and basket preview!