

**MID HUDSON ATHLETIC LEAGUE  
ATHLETIC DIRECTORS WORKSHOP**

**April 19 ,2023 - 9:30AM**

Ulster BOCES

1. APPROVAL OF MINUTES OF LAST MEETING
2. SECTION REPORT-MR. GREG RANSOM/ JIM OSBORNE
3. PRESIDENT'S REPORT- MR TOM CASSATA
  
4. REGIONAL OFFICE REPORT.- MR. CHRIS MAYO
5. ATHLETIC COORDINATOR'S REPORT- MR. DENNIS BURKETT-  
MAY AND JUNE MEETING DATE CHANGES CONFIRMED

**ATHLETIC DIRECTORS ARE CAUTIONED TO AVOID RESCHEDULING  
TENNIS MATCHES AT THE END OF THE SEASON! THE SECTION IX  
TEAM CHAMPIONSHIPS ARE 5/12. ALL MATCHES SHOULD BE  
COMPLETED BY 5/10/23.**

6. Combining of Teams- Mr. Dom Zarrella
- 7.. Modified Report- Mr. Greg Warren
  
8. OLD BUSINESS
  
9. NEW BUSINESS
  
- 10.. MOTION TO ADJOURN



## Section IX Seeding Proposal

### **Qualification for Section IX Tournaments:**

1. 500 winning percentage in division
2. 500 winning percentage in class
3. 500 winning percentage Overall
4. Committee Selection

\*As far as Committee Selection: To ensure each sport has the same ideology and process, a team comprised of equal reps from both leagues will be put together. Perhaps league Presidents, Section IX Officers and League Coordinators. The decision of this Committee could be appealed by the school to the Executive Director.

### **Seeding Criteria:**

1. Point Cards will be submitted on line based on a deadline set by each sports committee
2. Seeding is based on either your division points/# of division games or your overall points/ # of overall games played – whichever is highest.
3. The highest index of the two must be used. There is no choice between the two methods.
4. Any division in either league with less than four teams when the division games begin will only use their overall index.
5. Points will be earned for a win based on the chart below and in the case of a tie game, the teams will split in half the points from the number of points they would have earned if they had won the game
6. There are no negative points
7. The tie breaker for seeding is:
  - a. Head to head
  - b. Class points/# of class games played
  - c. Overall points/# of overall games played
  - d. Coin toss
  - e. In three 3 way or greater ties, after one team breaks the tie the remaining teams go back to the first criteria and continue until that tie is broken and so on until all ties have been resolved
8. For purposes of what constitutes a division game the definition is as follows: Division games are the teams in your division as assigned by the MHAL or OCIAA. If you play each team twice in your division and choose to play that team a third time only the games assigned by your league count as division games.



# 2023-2024 School Year

## VARSITY BOWLING – SECTION IX - 20 MATCHES

### Practice Starts: November 13<sup>th</sup>

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
Bowling	Training	Training	20	11/22/2023	11/22/2023

Veteran's Day: Friday, November 10

Thanksgiving Break: Nov. 23-24

Christmas Break: Dec. 25 – Jan. 1

MLK Day: 1/15

Regents: Tuesday, Jan. 23 – Friday, Jan. 26

February Recess: Monday, Feb. 19 through Friday, Feb. 23

Sectionals: Feb. 22 Boys, Feb. 23 Girls, Site: TBA

State Championships: 3/8 – 3/10

<u>Section IX Bowling</u>	
<u>Division I</u>	<u>Division II</u>
1. Newburgh	1. Kingston
2. Monroe Woodbury	2. FDR
3. Middletown	3. Saugerties
4. Goshen	4. Highland
5. Beacon	5. Marlboro

### Dates:

December: 5, 7, 12, 14, 19, 21,

January: 4, 9, 11, 16, 18, 30

February: 1, 6, 8, 13, 15

### NOTES:

2 division set up with 10 teams total. Divisions set up geographically. Teams play two times in division, then play each other 1 time in a non-league match. Div. 1 has 13 total contests, div. 2 has 13 matches.

## 2023-2024 School Year

### VARSITY & JUNIOR VARSITY WRESTLING – 20 POINTS

#### Section IX Format

#### Practice Starts: November 13<sup>th</sup>

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
<b>Wrestling</b>	Team 10; Ind. 10	Team 10; Ind. 10	20 points	<b>11/25/2023</b>	<b>11/25/2023</b>

Veteran's Day: Friday, November 10

Thanksgiving Break: Nov. 23-24

Christmas Break: Dec. 25 – Jan. 1

MLK Day: 1/15

Regents: Tuesday, Jan. 23 – Friday, Jan. 26

February Recess: Monday, Feb. 19 through Friday, Feb. 23

\*Section IX Duals: Tues/Wed: January 9, 10

\*Eastern States: Fri/Sat Jan 12-13 @ SCCC

Seed Meeting: Sat Feb 3 (Div.2); Wed Feb 7 (Div. 1)

Sectionals: February 9-11, 2023: D1 @ MW Fri/Sat Feb 9-10, D2 @ TBA Sun Feb 11

Dual Meet Championship: January 27, 2024 @ SRC Arena

States: Feb. 23- Feb. 24, 2024 @ Times Union Center, Albany

<b>Wrestling - VARSITY &amp; JUNIOR VARSITY - Section IX Format– 20 POINTS</b>				
<b>Division I-A</b> Varsity and JV	<b>Division I-B</b> Varsity and JV	<b>Division I-C</b> Varsity and JV	<b>Division II-A</b>	<b>Division II-B</b> <i>(Var Only)</i>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. FDR	1. Cornwall 2. Wallkill 3. Goshen 4. Monticello 5. Beacon 6. Saugerties	1. Port Jervis^ 2. Liberty 3. New Paltz^ 4. Lourdes 5. Red Hook 6. Rondout 7. Highland* *Marlboro Shadow Highland ^ Has JV Team	1. Ellenville 2. Fallsburg/Tri Valley 3. Onteora 4. Chester 5. Burke 6. Eldred/Sullivan West 7. Tuxedo
<b>Girls Wrestling – 20 Points</b>				
1. Minisink Valley 2. FDR 3. Saugerties 4. Port Jervis 5. Fallsburg 6. Chester				

Dates:

December: 6, 13, 20

January: 3, 17, 19, 26, 31

Notes:

8 dual matches scheduled for each school. Tuxedo follows Burke schedule. Section IX Duals: Tues/Wed: January 9, 10 – no matches scheduled that week. **Schools should not schedule any matches or tournaments the weekend of Eastern States: Fri/Sat Jan 13-14. Officials availability is greatly affected that weekend.**

## 2023-2024 School Year

### BOYS VARSITY SWIMMING – 16 MEETS

Practice Starts: November 13<sup>th</sup>

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 <sup>st</sup> Possible Date - Scrim.	1 <sup>st</sup> Possible Date - Game
<b>Boys Swimming</b>	6	6	20	<b>11/22/2023</b>	<b>11/22/2023</b>

Veteran's Day: Friday, November 10

Thanksgiving Break: Nov. 23-24

Christmas Break: Dec. 25 – Jan. 1

MLK Day: 1/15

Regents: Tuesday, Jan. 23 – Friday, Jan. 26

February Recess: Monday, Feb. 19 through Friday, Feb. 23

OCIAA: Diving Feb. 1, Swimming Feb. 2 @ TBA; Div. 2 @ Washingtonville; Div. 1 @ TBA

Sectionals: February 17, 18, 19, 2024 @ Valley Central HS

States: March 2-4, 2024 @ Nassau Aquatics Center, Long Island

### BOYS VARSITY SWIMMING – 16 MEETS

<u>Division I</u>				<u>Division II</u>			
<u>School</u>	<u>Pool</u>	<u>Divers</u>	<u>Diving Well</u>	<u>School</u>	<u>Pool</u>	<u>Divers</u>	<u>Diving Well</u>
1. NFA	Yes	Yes	Yes	1. Monroe Woodbury	Yes	Yes	Yes
2. Kingston	Yes	Yes	Yes	2. Middletown	Yes	Yes	Yes
3. FDR	No	No	No	3. Pine Bush	Yes	Yes	Yes
4. Cornwall	Yes	Yes	Yes	4. Washingtonville	Yes	Yes	Yes
5. New Paltz	Yes	Yes	No	5. Warwick***	Yes	Yes	Yes
6. Marlboro	Yes	No	No	6. Minisink	Yes	Yes	Yes
7. Rhinebeck	No	No	No	7. VC	Yes	Yes	Yes
8. Beacon	Yes	Yes	Yes	8. Goshen**	Yes	Yes	No
9. Red Hook	Yes	?	?				
10. Lourdes	No	?	No				
**Spackenkill to shadow Beacon * Rondout / Onteora to shadow Kingston? Highland?				**Chester/Burke Shadow Goshen ***SS Seward to shadow Warwick			

#### Dates:

November: 29, 30

December: 1, 4, 5, 6, 7, 11, 12, 13, 14, 18, 19, 20, 21,

January: 3, 4, 5, 8, 9, 10, 11, 16, 17, 18, 19, 22

#### Notes:

7-9 division matches plus 3 non-league meets plus OCIAA Division Champs. 10-12 meets total.

**SECTION IX SPORTS**  
**2023-2024 DUES**

SCHOOL: \_\_\_\_\_

CLASS: \_\_\_\_\_

**Girls**

**Boys**

Basketball \_\_\_\_\_  
 Bowling \_\_\_\_\_  
 Cheerleading (Competitive) \_\_\_\_\_  
 Cheerleading (Game Day) \_\_\_\_\_  
 Cross Country \_\_\_\_\_  
 Field Hockey \_\_\_\_\_  
 Flag Football \_\_\_\_\_  
 Golf \_\_\_\_\_  
 Gymnastics \_\_\_\_\_  
 Lacrosse \_\_\_\_\_  
 Skiing, Alpine \_\_\_\_\_  
 Skiing, Nordic \_\_\_\_\_  
 Soccer \_\_\_\_\_  
 Softball \_\_\_\_\_  
 Swimming \_\_\_\_\_  
 Tennis \_\_\_\_\_  
 Track, Indoor \_\_\_\_\_  
 Track, Outdoor \_\_\_\_\_  
 Volleyball \_\_\_\_\_  
 Wrestling \_\_\_\_\_

Baseball \_\_\_\_\_  
 Basketball \_\_\_\_\_  
 Bowling \_\_\_\_\_  
 Cross Country \_\_\_\_\_  
 Football \_\_\_\_\_  
 Golf \_\_\_\_\_  
 Ice Hockey \_\_\_\_\_  
 Lacrosse \_\_\_\_\_  
 Skiing, Alpine \_\_\_\_\_  
 Skiing, Nordic \_\_\_\_\_  
 Soccer \_\_\_\_\_  
 Swimming \_\_\_\_\_  
 Tennis \_\_\_\_\_  
 Track, Indoor \_\_\_\_\_  
 Track, Outdoor \_\_\_\_\_  
 Wrestling \_\_\_\_\_

Superintendent's Signature: \_\_\_\_\_

Athletic Director's Signature: \_\_\_\_\_

**SHARE: \$260. per varsity sport**

NUMBER OF SPORTS: \_\_\_\_\_  
 2023-2024 DUES: \$ \_\_\_\_\_  
 2023-2024 NYSAAA DUES: \$ 160.00  
 2023-2024 INSURANCE: \$ 454.00  
  
 TOTAL \$ \_\_\_\_\_

Return all forms to:  
 Linda Trapani, Section IX Treasurer  
 P.O. Box 656  
 Goshen, New York 10924

**PLEASE KEEP ONE COPY FOR YOUR RECORDS; RETURN ONE COPY BY THE DUE DATE OF FRIDAY, JUNE 23, 2023. THANK YOU.**

**Your School District will be billed.**

Section IX Dues not paid by September 1, 2023, will incur a 10% penalty.

Section IX Dues not paid by October 1, 2023, will result in INELIGIBILITY for Section IX Tournaments of that school district's athletic teams.

# SPRING 2023

## MHAL, SECTION IX CHAMPIONSHIP DATES

Updated April 10<sup>th</sup>, 2023

### GIRL'S LACROSSE

Section 9 Chairperson – Taryn Brechbiel – [tbrechbiel@cornwallschools.com](mailto:tbrechbiel@cornwallschools.com)

Thursday, May 18, 2023                      Seed Meeting                      TBA.

#### SECTION IX TOURNAMENT

May 19, 20, 2023 (if needed)	Quarterfinals	Site of Higher Seed	TBA
Monday, May 22, 2023	Semi Finals	Site of Higher Seed	B/D
Tuesday, May 23 <sup>rd</sup> , 2023	Semi-Finals	Site of Higher Seed	A/C
<b>Finals</b>			
<b>James I. O'Neill HS</b>			
Wednesday, May 24, 2023	Class B: 3:00PM	Class D:	5:30PM
Thursday, May 25, 2023	Class A: 3:00PM	Class C:	5:30PM

#### NYSPHSAA REGIONAL FINALS

Saturday, June 3, 2023	TBA	A – 10:00am
		B – 12:30pm
		C – 3:00pm
		D – 5:30pm

#### NYSPHSAA SEMI-FINALS

Friday, June 9 <sup>th</sup> , 2023	SUNY Cortland	A – 3:00PM
		B – 9:00AM
		C – 11:00AM
		D – 1:00PM

#### NYSPHSAA FINALS

Saturday, June 10 <sup>th</sup> , 2023	SUNY Cortland	A – 4:30PM
		B – 9:00AM
		C – 11:30AM
		D – 2:00PM

### BOY'S LACROSSE

Section 9 Chairperson - Rich Saulino – [rsaulino@rhcsd.org](mailto:rsaulino@rhcsd.org)

Friday, May 19, 2023                      Seed Meeting                      TBA

#### SECTION IX TOURNAMENT

Saturday May 20 <sup>th</sup> , 2023	Quarterfinals	Site of Higher Seed	Class A & C
Monday, May 22 <sup>nd</sup> , 2023	Quarterfinals	Site of Higher Seed	Class B & D
Wednesday, May 24 <sup>th</sup> , 2023	Semi Finals	Site of Higher Seed	Class A & C
Thursday, May 25 <sup>th</sup> , 2023	Semi Finals	Site of Higher Seed	Class B & D
Saturday, May 27, 2023	Finals	Middletown HS	Class D: 10AM
			Class C: 12:30PM
			Class A: 3PM
			Class B: 5:30PM

#### NYSPHSAA CHAMPIONSHIP

Wednesday, May 31<sup>st</sup>, 2023              **Sub-regionals (2 @ 9)**







## **BOY'S TENNIS**

MHAL Chair – Greg Warren – [gwarren@newpaltz.k12.ny.us](mailto:gwarren@newpaltz.k12.ny.us)  
Section 9 Co-Chairperson – Urvashi Gupta – [tututen@verizon.net](mailto:tututen@verizon.net); Matthew Hayden –  
[mhayden@ecsdm.org](mailto:mhayden@ecsdm.org)

### **MHAL TOURNAMENT**

Tuesday, May 16, 2023	Quarterfinals	FDR	2PM
Wednesday, May 17, 2023	Semis and Finals	FDR	2PM
Monday, May 15 <sup>th</sup> , 2023	Seed Meeting (MHAL)	TBD	
Tuesday, May 16, 2023	Seed Meeting (OCIAA)	Goshen Sports Complex	6:00PM

### **SECTION IX TOURNAMENT**

May 12, 2023	Team Championship	Middletown High School	11:00am
May 24, 2023	Quarterfinals	Goshen Sports Complex	10:00am
May 25, 2023	Semis and Finals	Goshen Sports Complex	10:00am

### **NYSPHSAA TOURNAMENT**

May 22, 2023	Regional Team	Middletown High School	4PM
Rain Date – Tuesday, May 23 <sup>rd</sup> , 2023			
June 2 - 4, 2023	Championship	Billie Jean King Tennis Center; Flushing, NY	
Friday, June 9, 2023	Team Championship	Billie Jean King Tennis Center; Flushing, NY	

## **TRACK & FIELD**

MHAL Chair – Tom Cunningham – [thomascunningham@hpcsd.org](mailto:thomascunningham@hpcsd.org)  
Section 9 Chairs – Matt Hemmer – [mhemmer@mw.k12.ny.us](mailto:mhemmer@mw.k12.ny.us) & Patrick Burkhardt – [pburkhardt@onteora.k12.ny.us](mailto:pburkhardt@onteora.k12.ny.us)

### **MHAL CHAMPIONSHIP**

Friday, May 19 <sup>th</sup> , 2023		Rondout Valley HS	5PM
Saturday, May 20 <sup>th</sup> , 2023	*Rain Date at 9AM		

### **SECTION IX CHAMPIONSHIP**

Thursday, May 25, 2023	Class C/D Meet	Rondout HS	2:00PM
Saturday, May 27, 2023	Class A/B Meet	Goshen HS	9:00AM
Thursday, June 1, 2023	State Qualifier – Day 1	Monroe Woodbury HS	3:30PM
Friday, June 2, 2023	State Qualifier – Day 2	Goshen HS	4:00PM

### **NYSPHSAA**

June 9-10 <sup>th</sup> , 2023	State Championship	Middletown High School	
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