



**ORANGE COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION  
ATHLETIC DIRECTORS WORKSHOP**

**Tuesday, January 16, 2024 - 9:30 AM**

**Orange Ulster BOCES**

**Carl Onken Conference Center Room B/C**

**Internet Login: BOCESGuest**

**Password: Path2YourFuture!**

**Agenda**

1. Approval of Minutes of Last Meeting (December 12, 2023)
2. Section IX Report – Mr. Greg Ransom
3. OCIAA President’s Report – Mr. Mike Bellarosa
  - A. NYSAAA Awards
  - B. Section IX Team Tennis
4. OCIAA Athletic Coordinator’s Report – Mr. Christopher Mayo  
Items of Concern:
  - a. Section IX Football – Mr. David Coates
  - b. NYSPHSAA Guiding Principles for Regional Rotation – David Coates
  - c. Fall 2024 schedules discussion
  - d. OCIAA Calendar 2024-2025
  - e. Scholar Athlete Awards
  - f. Combining of Teams – Mr. Tim Bult
  - g. NYSAAA – Christian Hodge
5. Old Business
6. New Business
7. Next Athletic Directors Workshop – Thursday, February 15, 2024, at 9:30 am  
At Orange Ulster BOCES Carl Onken Center Room B/C  
  
Next Section IX Meeting – Tuesday, March 12, 2024, at 9:30 am via Zoom
8. Adjourn

## **REVIEW/REPORT ON GIRLS AND BOYS TEAM TENNIS**

As Section IX Boys & Girls Tennis Coordinator for the past 15 years, I would like to submit a Review/Report on Girls and Boys Team Tennis which was introduced in Fall 2021 and added to the regular league Tennis season in addition to the Individual event.

### **BRIEF OVERVIEW:**

**Team Tennis** consists of four Regions. Section IX is a part of the Eastern Region and is the only region that consists of three Sections which include Sections I and IV. All other regions consist of only two sections.

Based on my experience conducting multiple Team Tennis events for the past two years, I would like to make a recommendation to Section IX to 'rethink' the addition of Team Tennis to the regular season based on the following observations and challenges:

### **OCIAA INDIVIDUAL LEAGUE COMPETITION IS COMPROMISED:**

Prior to the addition of Team Tennis in Fall 2021, each school played their OCIAA Division opponents twice – home and away. They were also able to schedule additional matches to their schedule playing across other Divisions for purposes of practice and competition. The addition of Team Tennis has caused serious time constraints to the OCIAA Tennis season which has resulted in schools playing their opponents only once during the season. This has raised concerns of unfairness amongst coaches who feel each school should have the opportunity to play their opponent twice – home and away.

The OCIAA league season now ends 7-10 days earlier in order to accommodate Team Tennis contests.

I have discussed this change of format with Chris Mayo at OCIAA and requested reverting back to the previous format of each school playing their opponents twice, home and away. However, Chris is unable to accommodate the request due to the addition of four Team Tennis events along with Individual events.

### **TIME CONSTRAINTS; WEATHER RELATED POSTPONEMENTS/LAST MINUTE SCHEDULE CHANGES:**

Despite the addition of Team Tennis events, the time frame and length of both Girls and Boys seasons remain the same as in the past. However, we now have an addition of four post season Team Tennis contests which requires us to coordinate dates, time and venue with MHAL, Section I and IV so we can move forward to ensure contests are completed on time. Also the fact that Eastern Region has three sections which entails an additional contest. On many occasions, several contests are played on consecutive days due to weather related postponements, inability to reschedule dates, conflicting dates and venue availability which have caused the most inconvenience to all parties concerned. Moreover, playing matches frequently on consecutive days does not bode well for our student athletes both physically and mentally, especially for an individual sport.

Listed below are Team Tennis contests qualified teams must participate in:

**TEAM TENNIS CONTESTS PLAYED POST SEASON:**

**1-Playoff between top team in OCIAA Division 1 and 2 to decide who will represent OCIAA in Division 1:**

This event takes place at the conclusion of the regular OCIAA league season. Team Tennis contests are represented by a Division 1 and Division 2 Team.

**2- Section IX Team Tennis- OCIAA vs MHAL**

**3- NYSPHSAA Sub-Regional Team Tennis – Section IX vs Section IV or Section IX**

**4- NYSPHSAA Regional Team Tennis**

**5- NYSPHSAA State Championships**

**INDIVIDUAL CONTESTS:**

**1 – OCIAA Tournament conducted for three days followed by;**

**2 – Section IX Tournament conducted for two days followed by;**

**3 - NYSPHSAA State Championships conducted for three days.**

**STUDENTS MISSING SCHOOL:**

This past fall, student athletes who qualified for TT, OCIAA, Section IX and NYSPHSAA individual competition, missed approximately 7 days of school.

**RECENT CHANGES IN TEAM TENNIS LINE UP FORMAT FOR DIVISIONS 1 AND 2 :**

The OCIAA and MHAL **regular league season line up format is:**

**OCIAA:** four Singles and three Doubles.

**MHAL:** three Singles and two Doubles

**TEAM TENNIS LINE UP FORMAT FOR GIRLS AND BOYS:**

**Division 1:** Three Singles and Four Doubles

**Division 2:** Two Singles and Three Doubles

**Team Tennis does not follow the line up format for matches used for the regular OCIAA and MHAL League season.** This has caused confusion among coaches.

**MHAL** schools, across the board, play three singles and two doubles matches during the regular league season. Team Tennis format requires **four additional players (total of 11 players)** to be added on for Division 1 and **one additional player (total of 8 players)** to be added to Division 2. **MHAL** coaches, especially from Division 1 have mentioned the challenge of fielding four extra players for Team Tennis matches. Some of them do not have 11 players on their Teams.

**OCIAA** schools, across the board, play four singles and three doubles line up format during the regular season. Team Tennis format requires one additional player on the team.

**CONCLUSION:**

The concept of Team Tennis for Girls and Boys is excellent and similar to Individual Tennis, which greatly contributes to, among other things, team spirit, camaraderie, social skills and friendships that last a lifetime. Unfortunately, due to a variety of challenges mentioned above especially time constraints, line up format changes between the Individual league season and Team Tennis format, Section IX needs to seriously '**rethink**' the addition of Team Tennis to the regular OCIAA/Section IX Girls and Boys seasons.

Respectfully submitted,

Urvashi Gupta  
Section IX Co-Cordinator



## NYSPHSAA Guiding Principles for Regional Rotations

1. No Section will play in a sub-regional classification for more than two consecutive years.
2. If there is a bye for sub-regionals, the “bye” will always host the regional game.
3. One Section will not host more than 75% of Regional games in a given year in a sport.
4. At-Large teams will have no travel restrictions.
5. The term of rotations should reflect equity for all sections; with a minimum of at least 6 years.
6. Mid-week travel should be limited/ minimized.
7. Contiguous sectional competition should be considered.
8. The number of participating teams in each Region should be considered.
9. If any of the above guiding principles cannot be met, the sport committee must provide rationale as to why.

### Process:

- 1) NYSPHSAA Sport Committee meets to develop regional rotation using established guiding principles.
  - 2) NYSPHSAA Staff examines regional rotation for equity and fairness.
  - 3) NYSPHSAA Championship Advisory Committee examines regional rotation and votes to recommend to NYSPHSAA Executive Committee.
  - 4) NYSPHSAA Executive Committee examines regional rotation provides approval or denial

### Note:

The current NYSPHSAA Championship Philosophy states:

**“NYSPHSAA CHAMPIONSHIP PHILOSOPHY:** “NYSPHSAA will sponsor Championships that represent excellence achieved in each sport. In the interest of equitable competition, minimal loss of academic time, financial impact and logistical concerns including, but not limited to, travel, lodging, meals and facilities for competition, the NYSPHSAA will sponsor one championship experience in a sport when six or more of its sections having four (4) or more of their member teams each sponsor that sport. Championships will be conducted according to established guidelines. All sports will be recognized by the NYSPHSAA as either a team sport or an individual sport, or a combination team/individual sport. Variations will be permitted in the NYSPHSAA classification system.”

**DATE REVISED:**  
12/20/23



To: Section Coordinators

From: Bev Hooper, State Field Hockey Coordinator

Re: Modified/ Junior varsity Field Hockey teams hold an important role in the success of field hockey in NYS

Since the "Covid" season, field hockey, as has other sports, struggled to revive Modified/JV programs and increase the number of players at the lower levels. To help grow the sport, the NYS Field Hockey Committee have discussed several ideas that would give opportunities for student athletes to participate in the sport of field hockey. Ways to help struggling programs and give student athletes the opportunity to play the game.

It was discussed at our last meeting that Modified / JV teams who do not have 11 players on their squads are having their games canceled. This is detrimental to the Varsity program and field hockey in general as it does not feed the Varsity level team with quality players or encourage/increase participation. In addition, it has younger players playing at the higher level just to have a varsity team able to compete for that school.

According to the NFHS rulebook, **Rule 1-4-1 states that "Each team shall consist of not more than 11 players, one of whom is the goalkeeper. A team may compete with a minimum of seven players. When a team plays with fewer than 11 players, a goalkeeper shall be one of the players."**

Based on the NFHS rulebook, teams can play if they have fewer than 11 players. The reason games are not being played at the Modified/ JV level should not be because there are not 11 players on game day. It was suggested that our schools utilize a 7 v 7 format which operates under the current Field Hockey Committee and follows NFHS rules, modified by the NYSPHSAA Field Hockey Committee for the 7 v 7's. This would not only grown the sport but accomplish the philosophy of having a Modified/Junior Varsity sports teams for field hockey. There are some sections already in NY that are using the 7 V 7 format with modifications. This format also prepares players with the tools necessary to succeed when transitioning to the 11v11 game.

Some modification could be:

1. At the modified level, do not play penalty corners, instead issue a 25-yard hit in for the offense.
2. At the Junior varsity level, play penalty corners with a full defensive team available.
3. Play 12-minute quarters instead of 15 minutes with substitution on the fly.
4. All players are 5 yards away on all free hits.
5. Both teams will play with equal numbers of players on the field during games.

Modified/ JV teams exist to allow young players in a high school program to develop, learn to compete, deal with wins and losses, plus individual successes, and failures. It gives coaching staffs a chance to evaluate how their players are progressing. Modified/ JV sports are about the young players. Often that's where they discover whether they really like playing the game or not.

Since the Modified / Junior varsity teams are typically used as a place to develop player's skills, strategies, and knowledge, it's the perfect place for somebody to try out new techniques or learn how certain nuances of the game work. The Modified / JV teams will offer more freedom to try a new flick, spin, or swing — without any repercussions.

Let's continue to grow the game of Field Hockey!

**VARSITY & JUNIOR VARSITY BOYS SOCCER – 16 GAMES (CLASS AA/A/B/C/D)**  
**2024 – 2025**

Practice Starts: August 26th

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Date of First Scrimmage: Sept. 2nd

Practices required prior to 1<sup>st</sup> Game: 6 | Date of First Game: Sept. 2nd

Labor Day: September 2nd

Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

Seed Meeting: **10/17/2024**

Sectionals: Start: 10/19/2024

Regionals: 11/2 – 11/4

States: November 15-17, 2024 @ Middletown HS

<b>Boys Soccer – 16 Games Maximum</b>					
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>	<b><u>Division 6</u></b>
<b><u>Class AAA</u></b> <b>(1090 +)</b>	<b><u>Class AA</u></b> <b>(711-1089)</b>	<b><u>Class A</u></b> <b>(412-710)</b>	<b><u>Class B</u></b> <b>(249-411)</b>	<b><u>Class C</u></b> <b>(138-248)</b>	<b><u>Class D</u></b> <b>(up to 137)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Liberty 3. Port Jervis	1. Fallsburg 2. O’Neill	1. Chester 2. Sullivan West 3. Tri Valley 4. Burke* 5. S.S. Seward  *No JV	1. Eldred* 2. Chapel Field

**\* = NO JV**

**Dates:**

September: 4, 6, 10, 12, 14, 16, 18, 20, 24, 26, 28,

October: 1, 7, 9, 15

**Notes:**

All schools play two times in division. Any additional are non-league games. Division 3 and 4 combine to play twice. Div. 5 and Div. 6 combine to play two times. JV Schedules for Divisions 3-6 are matched up based on who is open for a JV game since there are so few JV teams in Div. 5/6.

VARSIY & JUNIOR VARSITY GIRLS SOCCER – 16 GAMES (CLASS AA/A/B/C/D)

**2024 – 2025**

Practice Starts: August 26th

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Date of First Scrimmage: Sept. 2nd

Practices required prior to 1<sup>st</sup> Game: 6 | Date of First Game: Sept. 2nd

Labor Day: September 2nd

Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

Seed Meeting: **10/17/2024**

Sectionals: Start: 10/19/2024

Regionals: 11/2 – 11/4

States: November 15-17, 2024 @ **SUNY Cortland**

<u>Girls Soccer – 16 Games Maximum</u>					
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>	<u>Division 5</u>	<u>Division 6</u>
<u>Class AAA</u> (1082 +)	<u>Class AA</u> (703-1081)	<u>Class A</u> (406-702)	<u>Class B</u> (251-405)	<u>Class C</u> (141-250)	<u>Class D</u> (up to 140)
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Monticello 6. Cornwall 7. Goshen	1. Beacon 2. Port Jervis 3. Liberty	1. Fallsburg* 2. O'Neill 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. S.S. Seward	1. Eldred* 2. Liv Manor* 3. Chapel Field 4. Roscoe*

**\* = NO JV**

**Dates:**

September: 5, 7, 9, 11, 13, 17, 19, 21, 23, 25, 27, 30

October: 5, 8, 10, 16

**NOTES:**

All schools play two times in division. Any additional games vs. each other are non-league games. Division 3 and 4 will combine and play two times. Div. 5 and Div 6 will combine and play two times. Varsity has 12 – 14 games. JV schedule is a hodge podge for the lower divisions due to lack of teams. But JV Teams have about 10-12 contests.



GIRLS VARSITY SWIMMING – 16 GAMES

**2024 – 2025**

Practice Starts: August 26th

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Date of First Scrimmage: Sept. 2nd

Practices required prior to 1<sup>st</sup> Game: 6 | Date of First Game: Sept. 2nd

Labor Day: September 2nd

Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

OCIAA's: Diving: Oct 19 @ Wash'ville | Swimming Oct. 20, 2023 @ Wash'ville and NFA

Sectionals: Nov. 2, 3, 4, 2023 @ Valley Central

States: Nov. 17-18 @ Webster Aquatic Center

<b>Girls Swimming / Diving – 16 Matches Maximum</b>	
<span style="background-color: #90EE90; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> = Pool Diving/Swim	<span style="background-color: #ADD8E6; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> = Pool Swim only
<span style="background-color: #FFFF00; border: 1px solid black; display: inline-block; width: 15px; height: 10px;"></span> = No Pool/College Pool	
<b><u>Division I</u></b>	<b><u>Division II</u></b>
<ol style="list-style-type: none"> <li>1. NFA</li> <li>2. Kingston</li> <li>3. Pine Bush</li> <li>4. Valley Central</li> <li>5. Beacon</li> <li>6. Marlboro</li> <li>7. Rhinebeck</li> <li>8. Red Hook</li> <li>9. Lourdes</li> </ol>	<ol style="list-style-type: none"> <li>1. Middletown</li> <li>2. Monroe Woodbury</li> <li>3. Warwick***</li> <li>4. Washingtonville</li> <li>5. Minisink</li> <li>6. Cornwall</li> <li>7. Goshen**</li> <li>8. FDR</li> <li>9. Wallkill</li> <li>10. New Paltz</li> </ol>
<p>% Spackenkill to shadow Beacon                      * Rondout / Onteora to shadow Kingston</p>	<p>***SS Seward to shadow Warwick                      **Chester Shadows Goshen</p>

**Dates:**

September: 4, 5, 9, 10, 11, 12, 16, 17, 18, 19, 23, 24, 25, 26, 30

October: 1, 7, 8, 9, 10,

**Notes:**

Two divisions. 8 or 9 league meets, 2 – 3 non-league, + Division Championship meet = 11-12

Lack of pools – FDR, Wallkill, – no pools. Goshen uses Goshen Community Pool sparingly. New Paltz uses SUNY New Paltz. Red Hook and Rhinebeck uses Bard College for minimal home meets. Lourdes pool situation TBD.

Scheduling is either Monday/Wednesday or Tuesday/Thursday depending on division.

**Shadows:** SS Seward Shadows Warwick. Rondout/Onteora Shadows Kingston? Monticello shadows Pine Bush

**BOYS & GIRLS VARSITY CROSS-COUNTRY – 16 MEETS (CLASS AA/A/B/C/D)**

**2024 – 2025**

Practice Starts: August 26th

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Date of First Scrimmage: Sept. 2nd

Practices required prior to 1<sup>st</sup> Game: 6 | Date of First Game: Sept. 2nd

Labor Day: September 2nd

Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

OCIAA's: Oct. 25 @ Bear Mtn.

Sectionals: Nov. 1 @ Bear Mtn.

States: Nov. 11 @ Vernon Verona Sherrill HS

<b><u>Cross Country – 16 Meets Maximum</u></b>				
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>
<b><u>Class A</u></b> <b>(816+)</b>	<b><u>Class A</u></b> <b>(816+)</b>	<b><u>Class B</u></b> <b>(450-814)</b>	<b><u>Class C /Class D</u></b> <b>C (255-449)</b> <b>D (up to 254)</b>	<b><u>Non-Scoring</u></b> <b><u>Teams</u></b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink	1. Monticello 2. Cornwall 3. Goshen 4. Beacon	1. Fallsburg 2. O'Neill 3. <u>Sullivan West</u> 4. Burke 5. Tri Valley	1. Port Jervis 2. Liberty 3. SS Seward 4. Eldred 5. Liv. Manor 6. Tuxedo 7. Homestead School

\*Chester shadow Seward

**Dates:**

September:

October:

**Notes:**

BYE week: \_\_\_\_\_

Division scheduling. If schools run each other more than once in division, 1<sup>st</sup> meet will be Non-League, 2<sup>nd</sup> meet will count as League meet.

\*Tuxedo to shadow Burke, \*Chester to shadow SS Seward

**GIRLS VARSITY TENNIS – 16 MATCHES**  
**2024 – 2025**

Practice Starts: August 26th

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Date of First Scrimmage: Sept. 2nd

Practices required prior to 1<sup>st</sup> Game: 6 | Date of First Game: Sept. 2nd

Labor Day: September 2nd

Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

OCIAA's: Oct. 16-18 @ Match Point

Sectionals: Oct. 23-25 @ Match Point

Sectional Team Championship:

States: Individual: Oct. 28, 29, 30 @ **BJK Tennis Center, Flushing, NY** | Team: Nov. 8th

<b><u>Girls Tennis – 16 Matches Maximum</u></b>		
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>
<b><u>Large Schools</u></b> <b><u>(600+)</u></b>	<b><u>Large Schools</u></b> <b><u>(600+)</u></b>	<b><u>Small Schools</u></b> <b><u>(up to 599)</u></b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush 6. Valley Central	1. Warwick 2. Washingtonville 3. Minisink 4. Goshen 5. Cornwall 6. Monticello 7. Beacon	1. Port Jervis 2. Liberty 3. Fallsburg 4. O'Neill 5. Tri Valley

<b><u>Girls JV Tennis – 16 Matches Maximum</u></b>	
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Pine Bush 5. Valley Central 6. Washingtonville	7. Minisink 8. Warwick 9. Cornwall 10. Goshen 11. Beacon

**Dates:**

**September: 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30,**

**October: 1, 7, 8, 10**

**NOTES:** Div. 1 and 2 are large school division. Div. 3 is small school division. Div. 1 and 2 are one time in division then non-league vs. each other and Div. 3 for a total of 11-12 contests. Div. 3 plays 2x in division for 6 games then plays non-league vs. Div. 1 and 2 teams. Total matches for Div. 3 are 10-11 contests. JV has 11 teams, they have 10 -11 contests. JV opposite Varsity. Very short window for scheduling matches since championships are so early in October.

**VARSITY & JUNIOR VARSITY VOLLEYBALL – 20 GAMES (CLASS AA/A/B/C)**

**2024 – 2025**

Practice Starts: August 26th

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Date of First Scrimmage: Sept. 2nd

Practices required prior to 1<sup>st</sup> Game: 6 | Date of First Game: Sept. 2nd

Labor Day: September 2nd

Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

Seed Meeting: October 26th, 2023

Sectionals: Possible Start: Sat. Oct. 28; Finals: November 3rd - 5th

Regionals: Nov. 8 - 11

States: Nov. 18-19 @ Glens Falls Civic Center

<b><u>Volleyball – 20 Games Maximum</u></b>					
<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>	<b><u>Division 5</u></b>	<b><u>Division 6</u></b>
<b><u>Class AAA</u></b> <b>(1125 +)</b>	<b><u>Class AA</u></b> <b>(753-1124)</b>	<b><u>Class A</u></b> <b>(459-752)</b>	<b><u>Class B</u></b> <b>(286-458)</b>	<b><u>Class C</u></b> <b>(169-285)</b>	<b><u>Class D</u></b> <b>(up to 168)</b>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Goshen	1. Cornwall 2. Monticello 3. Beacon 4. Port Jervis 5. Liberty	1. Fallsburg 2. O’Neill	1. Chester 2. Sullivan West 3. Tri Valley (JV) 4. Burke	1. SS Seward 2. Chapel Field* 3. Eldred (JV) 4. Liv. Manor (JV) 5. Tuxedo  6. *No JV

**Dates:**

**September: 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30,**

**October: 1, 7, 9, 16, 18, 21**

NOTES:

All teams play twice in division. Div 3 and 4 combine to play each other twice, Div. 5/6 combine to play each other twice. With non-league matches schools have between 14-16 contests.



# 2024 – 2025

## MODIFIED FOOTBALL - 7 GAMES

Practice Starts: Sept. 4 or whenever first day of School takes place  
Practices required prior to 1<sup>st</sup> Scrimmage: 10 | Earliest Date of First Scrimmage: Sept. 18  
Practices required prior to 1<sup>st</sup> Game: 10 | Earliest Date of First Game: Sept. 18  
Labor Day: September 2nd  
Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**  
Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**  
Columbus Day: October 14<sup>th</sup>

### MODIFIED B FOOTBALL 11 MAN (7-8) - 7 GAMES

1. Newburgh	1. Washingtonville
2. Monroe-Woodbury	2. FDR
3. Middletown	3. Minisink
4. Kingston	4. Goshen
5. Pine Bush	5. Walkkill
6. Warwick	6. Port Jervis
	7. Beacon

#### Dates:

September: 19, 24,  
October: 1, 8, 15, 22, 29,  
November: 5

### MODIFIED A FOOTBALL 11 MAN (7-8-9)

1. Valley Central	1. New Paltz
2. Monticello	2. Highland
3. Liberty	3. Marlboro
4. Chester/Florida	4. Red Hook
5. O'Neill	5. Rondout
6. Burke Catholic	6. Saugerties
7. Ellenville	7. Spackenkill
	8. Dover

### Modified A 8 Man Football (7,8,9)

1. Fallsburg	6. Pine Plains
2. Liv Manor/Roscoe	7. Pawling
3. Tri Valley	8. Ontario
4. Sullivan West	9. Millbrook
5. Eldred	

#### 11 man Mod A Dates:

September: 18, 25,  
October: 1, 9, 16, 23, 30  
November: 6

#### 8 man Dates:

September: 19, 24,  
October: 1, 8, 15, 22, 29,  
November: 5

#### Notes:

**MODIFIED BOYS SOCCER (7-8) - 12 GAMES**  
**2024 – 2025**

Practice Starts: Sept. 4 or whenever first day of School takes place  
 Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Earliest Date of First Scrimmage: Sept. 12  
 Practices required prior to 1<sup>st</sup> Game: 6 | Earliest Date of First Game: Sept. 12  
 Labor Day: September 2nd  
 Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**  
 Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**  
 Columbus Day: October 14<sup>th</sup>

**MODIFIED BOYS SOCCER (7-8) - 12 GAMES**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. NFA	1. MW (W)	1. Port Jervis	1. Liberty
2. MW (P)	2. Minisink	2. Chapel Field	2. Tri Valley
3. Middletown	3. Cornwall	3. Greenwood Lake	3. Eldred
4. Pine Bush	4. Goshen	4. SS Seward	4. Fallsburg
5. Valley Central	5. Beacon	5. O'Neill	5. Sullivan West
6. Washingtonville	6. Monticello	6. Chester	6. Liv Manor / Roscoe
7. Warwick		7. Burke	7. Homestead School
		8. Tuxedo	

**DATES:**

**September:** 17, 19, 24, 26,

**October:** 1, 8, 10, 15, 17, 21, 23, 25, 29,

**November:** 1

**NOTES:**

All divisions play 12 games. Dates vary between divisions depending on # of teams. **Different days of week for boys and girls soccer because teams are different between boys and girls - so the divisions do not match up. Also gives us better coverage of officials.**

**MODIFIED GIRLS SOCCER (7-8) - 12 GAMES**  
**2024 – 2025**

Practice Starts: Sept. 4 or whenever first day of School takes place  
 Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Earliest Date of First Scrimmage: Sept. 12  
 Practices required prior to 1<sup>st</sup> Game: 6 | Earliest Date of First Game: Sept. 12  
 Labor Day: September 2nd  
 Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**  
 Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**  
 Columbus Day: October 14<sup>th</sup>

**MODIFIED GIRLS SOCCER (7-8) - 12 GAMES**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. NFA	1. MW (W)	1. Port Jervis	1. Liberty
2. MW (P)	2. Minisink	2. Chester	2. Tri Valley
3. Middletown	3. Cornwall	3. Greenwood Lake	3. Eldred
4. Pine Bush	4. Goshen	4. SS Seward	4. Fallsburg
5. Valley Central	5. Beacon	5. Chapel Field	5. Sullivan West
6. Warwick	6. Monticello	6. Burke	6. Livingston Manor
7. Washingtonville			

**DATES:**

**September:** 18, 20, 25, 27, 30

**October:** 7, 9, 16, 18, 22, 24, 28, 30

**November:** 4

**NOTES:**

All divisions play 12 games. Girl's does not line up same as boy's schedule due to less teams in girls.

**MODIFIED BOYS/GIRLS CROSS-COUNTRY (7-8) - 10 MEETS**  
**2024 – 2025**

Practice Starts: Sept. 4 or whenever first day of School takes place  
Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Earliest Date of First Scrimmage: Sept. 12  
Practices required prior to 1<sup>st</sup> Game: 6 | Earliest Date of First Game: Sept. 12  
Labor Day: September 2nd  
Rosh Hashanah: **Sunset Wednesday, Oct. 2nd to Sunset Friday, Oct. 4th**  
Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**  
Columbus Day: October 14<sup>th</sup>

**MODIFIED BOYS/GIRLS CROSS-COUNTRY (7-8) - 10 MEETS**

<b>Modified Cross Country – 10 Contests Maximum</b>	
1. NFA	12. Goshen
2. Monroe-Woodbury	13. Port Jervis
3. Middletown	14. Liberty
4. Pine Bush	15. Fallsburg
5. Valley Central	16. Sullivan West
6. Washingtonville	17. Tri-Valley
7. Minisink	18. S.S. Seward
8. Warwick	19. Eldred
9. Cornwall	20. Greenwood Lake
10. Monticello	21. West Point
11. Beacon	22. Livingston Manor

**Dates:**

September:

October:

**Notes:**

- Travel to same location as Varsity where possible.



OCIAA MODIFIED VOLLEYBALL (7-8) – 14 GAMES (7 dates, two games each day)

## 2024 – 2025

Practice Starts: Sept. 4 or whenever first day of School takes place

Practices required prior to 1<sup>st</sup> Scrimmage: 6 | Earliest Date of First Scrimmage: Sept. 12

Practices required prior to 1<sup>st</sup> Game: 6 | Earliest Date of First Game: Sept. 12

Labor Day: September 2<sup>nd</sup>

Rosh Hashanah: **Sunset Wednesday, Oct. 2<sup>nd</sup> to Sunset Friday, Oct. 4<sup>th</sup>**

Yom Kippur: **Sunset Friday, Oct. 11<sup>th</sup> to Sunset Saturday Oct. 12<sup>th</sup>**

Columbus Day: October 14<sup>th</sup>

<b>Modified Volleyball – 14 Games Maximum</b>			
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. NFA	1. Washingtonville	1. Beacon	1. Chester
2. Mdn. Twin Towers	2. Mdn. MNHGN	2. Goshen	2. West Point
3. Monroe Woodbury (P)	3. Monroe Woodbury (W)	3. Port Jervis	3. Tuxedo
4. Pine Bush	4. Warwick	4. Cornwall	4. O'Neill
5. Valley Central	5. Minisink	5. Monticello	5. G.L.
			6. SS Seward
			7. Burke
			8. Liberty
			9. Sullivan West
			10. Fallsburg
			11. Livingston Manor

Teams play a double match and are either 3 home and 4 away or 4 home and 3 away.

**Dates:**

September: 12, 17, 19, 24, 26,

October: 1, 8, 10, 15, 17, 22, 24, 29

**WINTER 2023-2024**  
**OCIAA AND SECTION IX CHAMPIONSHIP DATES**

Updated – 12/14/23

**BOYS SWIMMING**

**OCIAA CHAMPIONSHIP**

DIVING	Site: Washingtonville	February 1, 2024	TBA
DIV 1 SWIMMING	Site: NFA	February 3, 2024	TBA
DIV 2 SWIMMING	Site: Washingtonville	February 2, 2024	TBA

**SECTION IX**  
**SWIMMING**

DIVING	Valley Central High School	February 15, 2024	4:30 PM
FINALS		February 16, 2024	4:00 PM
		February 17, 2024	1:00PM

**STATES**

March 1-2, 2024	Ithaca College	9AM
-----------------	----------------	-----

**GIRLS AND BOYS BASKETBALL**

**SECTION IX**

Thursday, February 22, 2024	Seed Meeting	TBA
February 24 – March 4, 2024	Tournament Games at Higher Seed	

**BOYS BASKETBALL**

March 4-6, 2024	Regional Semi-Final Class AAA	BYE
March 8-10, 2024	Regional Final Class AAA	@Section IX
March 4-6, 2024	Regional Semi-Final Class AA	BYE
March 8-10, 2024	Regional Final Class AA	@Section IX
March 4-6, 2024	Regional Semi-Final Class A	@Section IX
March 8-10, 2024	Regional Final Class A	@Section IV
March 4-6, 2024	Regional Semi-Final Class B	@Section IX
March 8-10, 2024	Regional Final Class B	@Section I/IX
March 4-6, 2024	Regional Semi-Final Class C	@Section I .
March 8-10, 2024	Regional Final Class C	@Section I/IX
March 4-6, 2024	Regional Semi-Final Class D	@Section XI
March 8-10, 2024	Regional Final Class D	@Section IX/XI

March 14-17, 2024                      State Semi Finals and Finals at Cool Insuring Arena, Glens Falls

**GIRLS BASKETBALL**

March 4-6, 2024	Regional Semi-Final Class AAA	@Section IX
March 8-10, 2024	Regional Final Class AAA	@Section I
March 4-6, 2024	Regional Semi-Final Class AA	BYE
March 8-10, 2024	Regional Final Class AA	@Section IX
March 4-6, 2024	Regional Semi-Final Class A	@Section I
March 8-10, 2024	Regional Final Class A	@Section IV
March 4-6, 2024	Regional Semi-Final Class B	@Section I
March 8-10, 2024	Regional Final Class B	@Section I/IX
March 4-6, 2024	Regional Semi-Final Class C	@Section XI
March 8-10, 2024	Regional Final Class C	@Section IX
March 4-6, 2024	Regional Semi-Final Class D	@Section XI
March 8-10, 2024	Regional Final Class D	@Section IX/XI

March 14-17, 2024                      State Semi-Finals and Finals at Hudson Valley Community College, Troy, New York

**WINTER 2023 – 2024**  
**OCIAA AND SECTION IX CHAMPIONSHIP DATES (continued)**

**WRESTLING**

**STATE DUAL MEET**  
 Saturday, January 27, 2024

SRC Arena, Syracuse 7:00AM

**SECTION IX**  
 Friday, February 9, 2024  
 Saturday, February 10, 2024  
 Sunday, February 11, 2024

Division I at Monroe Woodbury – Sectional Qualifier 4:15PM  
 Division I at Monroe-Woodbury 11:00AM  
 Division II at FDR 11:15AM

**STATES**  
 February 23-24, 2024

MVP Arena, Albany

**INDOOR TRACK**

**SECTION IX**  
 Thursday, February 15, 2024

Seed Meeting – Google Meet 6:00PM

**OCIAA DIVISION CHAMPIONSHIP**

Friday, January 19, 2024  
 Saturday, January 20, 2024

Division 2,4,6 @ West Point 3-6:15PM  
 Division 1,3,5 @ West Point 9AM-3PM

**SECTION IX CHAMPIONSHIPS**

Friday, February 9, 2024  
 Saturday, February 10, 2024

Class B @ West Point 6-11PM  
 Class A @ West Point 1-6PM

**STATE QUALIFIER**  
 Saturday, February 17, 2024

@ Armory Track, NYC 4-9PM

**STATES**  
 Saturday, March 2, 2024

Ocean Breeze Sports Complex, Staten Island

**BOYS AND GIRLS ALPINE SKIING**

**SECTION IX CHAMPIONSHIP**

Wednesday, February 14, 2024

Hunter Mountain  
 Girls GS – 10AM  
 Boys SL – 10AM  
 Boys GS – 1PM  
 Girls SL – 1PM

Weather make-up – Thursday, February 15<sup>th</sup>

**STATES**  
 February 26- 27, 2024

Whiteface Mountain 9AM

**BOYS AND GIRLS NORDIC SKIING**

**SECTION IX CHAMPIONSHIP**

Tuesday, February 13, 2024  
 Weather make-up – Wednesday, February 14<sup>th</sup>

Minnewaska State Park 12:00PM

**STATES**  
 February 26- 27, 2024

Mt. VanHoevenberg  
 11AM-Feb.26  
 10AM-Feb.27

**WINTER 2023 – 2024**  
**OCIAA AND SECTION IX CHAMPIONSHIP DATES (continued)**

**CHEERLEADING**

**SECTION IX CHAMPIONSHIP**

Saturday, February 17, 2024

Monroe Woodbury HS

11AM

**NYSPHSAA CHAMPIONSHIP**

Saturday, March 2, 2024

Visions Veterans Memorial Arena, Binghamton

9AM

**GYMNASTICS**

**SECTION IX CHAMPIONSHIP**

Monday, February 12, 2024

Tuesday, February 13, 2024

Epik Athletics

\*Snow Date

3:30PM

**STATE CHAMPIONSHIP**

Saturday, March 2, 2024

Clarence High School

9AM

**BOYS AND GIRLS BOWLING**

**SECTION IX CHAMPIONSHIP**

Monday, February 12, 2024 - Boys

Tuesday, February 13, 2024 – Girls

Wednesday, February 14, 2024 - \*Snow Date

Spins Bowl; Poughkeepsie

9AM

**STATE CHAMPIONSHIP**

March 8-10, 2024

AMF Strike-N-Spare Lanes, Syracuse

10:30AM





Fred Ahart, known affectionately as “Coach” by all who knew him, recognized the value of athletics in cultivating in his students a sense of self worth, determination and perseverance. He understood its value to teach the high standards he upheld for character development and integrity of the athletes and students in his care both on and off the field. Coach firmly believed that athletics was the other half of education and that every child should have the opportunity to participate in sports and sought to encourage and uplift them to reach their full potential in all aspects of their lives.

Fred continually rose beyond the duties of his professions of teacher, coach and athletic director and was generous with all of the resources he had at his disposal. Fred was always ready with words of encouragement, reproach when the occasion warranted, freely giving of his time and energy to the betterment of others, and always ready to donate to a charity or purchase a much needed pair of cleats or basketball sneakers!

Since Fred’s passing in July 2020 we have come to fully recognize the impact Fred had on the lives of those around him. It is in the spirit of Fred’s generosity that we, his family, created “The Coach Fred Ahart Foundation” to honor his memory and continue to fulfill a need within our communities. “The Coach Fred Ahart Foundation” aims to offer opportunities and support to students, athletes, and families in their area of need.

If you would like to contact The Coach Fred Ahart Foundation for donations for a cause or if there is a student athlete that needs equipment; such as basketball sneakers, cleats, duffle bags, ect.... The Coach Fred Ahart Foundation would be happy to help. You may reach out to the foundation at the contacts below.

- [thecoachfredahartfoundation@gmail.com](mailto:thecoachfredahartfoundation@gmail.com)
- Ms. Katie Ahart-(845) 649-0742  
[ahart791@gmail.com](mailto:ahart791@gmail.com), [kahart@roscoe.k12.ny.us](mailto:kahart@roscoe.k12.ny.us)
- Mrs. Maryanne Clancy-(845) 820-8370  
[clancy.maryanne@gmail.com](mailto:clancy.maryanne@gmail.com)
- Mrs. Michelle Ahart-Bosland-(845) 629-6028  
[ahartboz@gmail.com](mailto:ahartboz@gmail.com)
- Mrs. Kelly Mull-(717) 903-0017  
[kelly13mull@gmail.com](mailto:kelly13mull@gmail.com)
- You can also message us on facebook at The Coach Fred Ahart Foundation

Our Best Always,  
The Ahart Family