

**MID HUDSON ATHLETIC LEAGUE
ATHLETIC DIRECTORS WORKSHOP
APRIL 23,2025 - 9:30AM
Dutchess BOCES**

- 1.APPROVAL OF MINUTES OF LAST MEETING
- 2.SECTIONAL REPORT - GREG RANSOM AND JIM OSBORNE
- 3.PRESIDENT'S REPORT- TOM CASSATA
4. REGIONAL OFFICE REPORT- CHRIS MAYO
5. ATHLETIC COORDINATOR'S REPORT - DENNIS BURKETT
Please access meeting material-
 - **Outdoor Track - waiver request for relay names**
 - **Bowling Divisions**
 - **Please move forward with combining of teams requests for fall**
 - **Schools without boundaries**
 - **Sectional policy on noise makers**
 - **Spring MHAL Dates**
6. COMBINING OF TEAMS- FRANK ALFONSO
7. MODIFIED REPORT AND NYSAAA - GREG WARREN
8. OLD BUSINESS
9. NEW BUSINESS
10. MOTION TO ADJOURN

Good Afternoon,

After much discussion at the Volleyball State Committee Meeting on Tuesday, we voted in favor (10-1) for the following waiver to the NCAA Rules:

Uniform Waivers

*Non-Compliance Uniform Rule: A **motion** was made by Section 9, **second** by Section 3, to waive rule 6.5.1 and 6.5.1.2 Non Compliance Uniform rule referencing rule 7.1.1.1. and 7.1.2 . This would eliminate the administrative red card for a uniform that was out of compliance. This would be a pilot for one year.*

***Discussion:** Officials would still inform the school that the uniform is not in compliance, and the school would still need to contact the state office for a waiver. But the team would not be penalized a red card loss of point at the beginning of the match. There was a concern that if there was no penalty assessed then teams would abuse the uniform guidelines when ordering new uniforms. Contrasting numbers and the ability of officials to easily read the numbers on the jersey is a valid concern. All teams should be following the uniform guidelines that are in the NCAA handbook.*

***Vote:** 10-1 in favor of this proposal*

I will not be able to make the meeting on April 8th so I wanted to bring this to everyone's attention now in case there are any questions. I assume this will be a discussion item at the May Executive Committee Meeting and an Action Item at this summer's Central Committee Meeting.

As I am sure you are aware there were a number of schools in Section IX this past season (Rhinebeck included) that needed to get a uniform waiver from the NYSPHSAA to avoid being assessed an Administrative Red Card to start each of their matches. After losing a point the match would go on as scheduled and the uniforms were still worn. This waiver would do away with that Red Card and the loss of point.

Steve

New York State Public High School Athletic Association



Executive Committee Meeting – May 7, 2025

OUTDOOR TRACK – REQUEST A WAIVER OF NFHS RULE FOR RELAY NAMES TO BE REDUCED FROM 8 TO 6 ATHLETES FOR 2025 STATE MEET

☐ Action Item
☒ Discussion Item
☐ Informational Item

Presenter:

Dan Doherty, NYSPHSAA Boys Indoor Track Coordinator
Tom Wells, NYSPHSAA Girls Indoor Track Coordinator

Proposal:

The Boys and Girls Outdoor Track Committees are seeking approval to waive the NFHS rule (Page 38, Section 10, Article 2) for the 2025 State Championships to reduce relay names from 8 to 6.

Effective Start Date:

Spring 2025

Rationale:

The committee wants to be respectful of sections/schools that transport and house athletes for the Outdoor Track and Field State Championships and therefore has made this proposal to reduce participation. The committee felt strongly that in order to help lessen the financial burden on sections and allow for better meet management/safety, we would ask to waive the NFHS rule found on page 38, Section 10, Article 2 allowing up to 8 names to be listed for a relay to be reduced to 6 which is what it had been in place prior to 2023. Allowing 2 alternates to be listed on a relay card is sufficient for a team's needs.

Proposal Originated:

NYSPHSAA Staff and Outdoor Track State Coordinators at their April 7, 2025

Budgetary Impact:

If this is approved, there will be fewer athletes to transport to the state meet which will save sections travel expenses. In 2024, 170 athletes held the #7 and #8 spots on relay teams. There is a potential of 36 athletes per section that could hold those spots but it is anticipated to fall between 150-200 athletes again this year if this proposal does not get approved.

Notes:

Due to the short turnaround of this proposal, the NYSPHSAA Staff and Coordinators emailed the State Committees on April 10th to gauge their position on this proposal. All members on both committees were unanimously in favor of this proposal.

Attachments:

None

CAC Feedback:

Provided at April 16th meeting

April 14, 2025

2025-2026 School Year

VARSITY & JUNIOR VARSITY BOYS BASKETBALL - 20 GAMES (CLASS AA/A/B/C/D)

Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Basketball	6	6	20	11/24/2025	11/24/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

Sectionals: Seed Meeting: 2/26/2026; Start: Feb. 27th; Finals: March 5-7

Regionals: 3/10/2026

States: March 19-22, 2026 – Binghamton

<u>Boys Basketball – 20 Games Maximum</u>					
<u>Division 1</u> <u>Class AAA</u> <u>1085+</u>	<u>Division 2</u> <u>Class AA</u> <u>657-1084</u>	<u>Division 3</u> <u>Class A</u> <u>364-656</u>	<u>Division 4</u> <u>Class B</u> <u>221-363</u>	<u>Division 5</u> <u>Class C</u> <u>120-220</u>	<u>Division 6</u> <u>Class D</u> <u>Up to 119</u>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Warwick 3. Washingtonville 4. Minisink 5. Goshen 6. Cornwall 7. Monticello	1. Beacon 2. Port Jervis 3. Liberty	1. O'Neill 2. Fallsburg 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. Seward 4. Eldred	1. Liv. Manor 2. Chapel Field 3. Tuxedo (JV)

Dates:

December: 2, 5, 8, 11, 16, 19,

January: 5, 8, 13, 16, 26, 29,

February: 3, 6, 9, 12, 20, 24

Notes:

No games scheduled for Regents week. Teams play 2X division.

*Games that are listed as "N" for non-league and can be canceled by **mutual** agreement of both Athletic Directors. Teams have between 13-16 scheduled contests.

Boys Varsity Winter 2025-26 Schedule - [Click here for the latest schedule](#)

Boys JV Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

Girls Varsity and JV Basketball

Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Basketball	6	6	20	11/24/2025	11/24/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

Sectionals: Seed Meeting: 2/26/2026; Start: Feb. 27th; Finals: March 5-7

Regionals: 3/10/2026

States: March 19-22, 2026 – Hudson Valley Community College

<u>Girls Basketball – 20 Games Maximum</u>					
<u>Division 1</u> <u>Class AAA</u> <u>1093+</u>	<u>Division 2</u> <u>Class AA</u> <u>655-1092</u>	<u>Division 3</u> <u>Class A</u> <u>364-654</u>	<u>Division 4</u> <u>Class B</u> <u>224-363</u>	<u>Division 5</u> <u>Class C</u> <u>127-223</u>	<u>Division 6</u> <u>Class D</u> <u>Up to 126</u>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Cornwall 6. Goshen 7. Monticello	1. Beacon 2. Port Jervis 3. Liberty	1. O'Neill 2. Fallsburg 3. Chester 4. Sullivan West	1. Burke 2. Tri Valley 3. Seward	1. Eldred 2. Liv. Manor 3. Chapel Field 4. Tuxedo (JV)

DATES:

December: 1, 4, 9, 12, 15, 18,

January: 6, 9, 12, 15, 27, 30,

February: 2, 5, 10, 13, 19, 23

Notes:

Teams play 2X division.

*Games that are listed as "N" for non-league and can be canceled by **mutual** agreement of both Athletic Directors. Teams have between 13-16 scheduled contests.

Girls schedules are opposite of boys and on different days when possible. Makes rescheduling easier.

Girls Varsity Winter 2025-26 Schedule - [Click here for the latest schedule](#)

Girls JV Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

VARSITY BOWLING – SECTION IX - 20 MATCHES

Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Bowling	Training	Training	20	11/24/2025	11/24/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

Sectionals: Mar. 3 Boys, Mar. 4 Girls, Site: TBA

State Championships: 3/13 – 3/15 @ Strike and Spare Lanes

Section IX Bowling	
Division I	Division II
1. Newburgh	1. Kingston
2. Monroe Woodbury	2. FDR
3. Middletown	3. Saugerties
4. Port Jervis	4. Highland
5. Beacon	5. Marlboro
6. O'Neill	

Unified Bowling
1. Pine Bush
2. Cornwall
3. Beacon
4. Port Jervis
5. <u>NFA</u>
6. New Paltz
7. Kingston
8. Rondout
9. Poughkeepsie
10. Arlington
11. Wappingers

Section IX Bowling Dates (Tues, Thurs):

December: 2, 4, 9, 11, 16, 18

January: 6, 8, 13, 15, 27, 29

February: 3, 5, 10, 12, 19, 24

Unified Bowling Dates (Mon, Wed):

January: 7, 12, 14, 25,

February: 2, 4, 9, 11, 25 (Culminating Event)

Sectional Bowling NOTES:

2 division set up with 11 teams total. Divisions set up geographically. Teams play two times in division, then play each other 1 time in a non-league match. Div. 1 has 15 total contests, div. 2 has 14 matches. Matches scheduled for Tuesdays and Thursdays at 3pm. Dec. 9th, all schools will bowl at Patel Lanes and January 15 all schools will bowl at Pat Tarsio Lanes.

Bowling 2025-26 Schedule - [Click here for the latest schedule](#)

Unified Bowling NOTES:

11 teams scheduling done geographically where possible due to travel concerns for special needs students. Matches to be scheduled Mondays and Wednesdays.

Unified Bowling 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

BOYS FRESHMAN BASKETBALL (9TH) – 20 GAMES

Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Basketball	6	6	20	11/24/2025	11/24/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

<u>Boys Freshman Basketball – 20 Games Maximum</u>	
1.	NFA
2.	Middletown
3.	Monroe Woodbury
4.	Kingston
5.	Washingtonville
6.	Warwick
7.	Lourdes
8.	FDR

Dates:

December: 2, 5, 9, 12, 16, 19,

January: 6, 9, 13, 16, 27, 30

February: 3, 6, 10, 13, 20, 24, 27

Notes:

Play 2x for 14 games. Games scheduled for Tuesdays and Fridays.

Boys Freshman Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

VARSITY & JUNIOR VARSITY BOYS WRESTLING – 20 POINTS

Section IX Format

Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Wrestling	Team 10; Ind. 10	Team 10; Ind. 10	20 points	12/2/2025	12/2/2025

Weight Certifications: 11/20 - 11/24 (11/25 – Make-ups)

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

*Section IX Duals: Tues/Wed: January 13, 14

*Eastern States: Fri/Sat Jan 9-10 @ Impact Center

Seed Meeting: Feb 11 (Div. 1) @ Middletown - Feb 12 (Div.2) @ Highland

Sectionals: February 13-16, 2026: D1 @ MW Fri/Sat Feb 13-14, D2 @ TBA Sun Feb 15

Dual Meet Championship: January 31, 2026 @ SRC Arena, Syracuse

States: Feb. 27- Feb. 28, 2026 @ MVP Arena, Albany

Wrestling - VARSITY & JUNIOR VARSITY - Section IX Format– 20 POINTS				
Division I-A Varsity and JV	Division I-B Varsity and JV	Division I-C Varsity and JV	Division II-A	Division II-B (Var Only)
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. FDR	1. Cornwall 2. Wallkill 3. Goshen 4. Monticello 5. Beacon	1. Saugerties 2. Port Jervis^ 3. Liberty 4. New Paltz^ 5. Lourdes 6. Red Hook 7. Rondout 8. Highland* *Marlboro Shadow Highland ^ Has JV Team	1. Ellenville 2. Fallsburg/Tri Valley 3. Onteora 4. Chester 5. Burke 6. Eldred 7. Sullivan West 8. Tuxedo

Dates:

December: 5, 10, 17, 19

January: 7, 16, 23

February: 4, 11

Notes:

8 dual matches scheduled for each school. Tuxedo follows Chester schedule. Section IX Duals:

Tues/Wed: January 13, 14 – no matches scheduled that week. **Schools should try to avoid scheduling any matches or tournaments the weekend of Eastern States: Fri/Sat Jan 9-10. Officials availability is greatly affected that weekend.**

Boys Varsity Wrestling Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

Girls Wrestling Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Wrestling	Team 10; Ind. 10	Team 10; Ind. 10	20 points	12/2/2025	12/2/2025

Weight Certifications: 11/20 - 11/24 (11/25 – Make-ups)

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

*Eastern States: Jan 11, 2026 @ Impact Center

Sectionals: February 18, 2026: @ MT. St. Mary College

Dual Meet Championship: January 31, 2026 @ SRC Arena, Syracuse

States: Feb. 26, 2026 @ MVP Arena, Albany

Girls Wrestling – 20 Points

1. Middletown
2. Kingston
3. Valley Central
4. Minisink Valley
5. FDR
6. Saugerties
7. Port Jervis
8. Fallsburg
9. Chester
10. Liberty
11. Onteora
12. Tuxedo

Dates:

December: 12, 15, 19,

January: 9, 12, 16, 23

February: 6, 9

Notes:

Will stick with Multi-matches for now. As we get more full teams, we will break off into dual matches. Girls wrestling moves to Freestyle this year. Officials' availability will be an issue which is another reason to continue multi's at one site. To do this schools will need to lay out two mats and two officials will be assigned.

Girls Varsity Wrestling Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

BOYS VARSITY SWIMMING – 16 MEETS

Practice Starts: November 17th

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Boys Swimming	6	6	20	11/24/2025	11/24/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

Regents: Tuesday, Jan. 20 – Friday, Jan. 23

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

OCIAA: Diving Feb. 5, @ Washingtonville; Swim Feb. 6 Div. 2 @ Washingtonville; Div. 1 @ NFA

Sectionals: February 19, 20, 21 @ Valley Central HS

States: March 6-7, 2026 @ Ithaca College

BOYS VARSITY SWIMMING – 16 MEETS

<u>Boys Swimming / Diving – 16 Matches Maximum</u>	
<input checked="" type="checkbox"/> = Pool Diving/Swim	<input type="checkbox"/> = Pool Swim only <input type="checkbox"/> = No Pool/College Pool
<u>Division I</u>	<u>Division II</u>
1. NFA	1. Middletown
2. Kingston	2. Monroe Woodbury
3. Pine Bush	3. Warwick***
4. Valley Central	4. Washingtonville
5. Beacon	5. Minisink
6. Marlboro	6. Cornwall
7. Rhinebeck	7. Goshen**
8. Red Hook	8. FDR
9. Lourdes	9. New Paltz
% Spackenkill to shadow Beacon	***SS Seward to shadow Warwick
* Rondout / Onteora to shadow Kingston	**Chester Shadows Goshen

Dates:

December: 2, 3, 4, 5, 8, 9, 10, 11, 15, 16, 17, 18,

January: 6, 7, 8, 9, 12, 13, 14, 15, 26, 27, 28, 29

Notes:

8-9 division matches plus 2-3 non-league meets plus OCIAA Division Champs. 10-12 meets total.

Boys Varsity Swim/Dive Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

BOYS MODIFIED BASKETBALL (7-8) – 14 GAMES

Practice Starts: November 24th (Dec. 1 more realistic because it is after the break)

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Modified Basketball	6	6	14	12/9/2025	12/9/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

<u>Boy's Modified Basketball – 14 games Maximum</u>				
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>	<u>Division 5</u>
NFA (B) Monroe Woodbury (P) Middletown Twin Pine Bush Circle Valley Central	NFA (G) Monroe Woodbury (W) Middletown Mnhgn. Pine Bush Crispell Washingtonville Warwick	Minisink Cornwall Beacon Goshen Port Jervis Monticello	West Point Greenwood Lake Florida Chester O'Neill Tuxedo Chapel Field Burke Catholic	Fallsburg Liberty Sullivan West Tri Valley Liv. Manor Eldred

Dates:

December: 12, 17, 19,

January: 7, 9, 14, 16, 21, 23, 28, 30

February: 4, 6, 11, 13, 20, 25, 27,

Notes: Boys and Girls are scheduled same site, same date. Girls scheduled Wednesday at 5:30pm, Friday at 4pm, Boys scheduled Wednesday at 4pm, Friday at 5:30pm.

*Schools with two teams are scheduled opposite of each other (MW, Middletown, Pine Bush).

Boys Modified Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

GIRLS MODIFIED BASKETBALL (7-8) – 14 GAMES

Practice Starts: November 24th (Dec. 1 more realistic because it is after the break)

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Modified Basketball	6	6	14	12/9/2025	12/9/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

<u>Girl's Modified Basketball – 14 games Maximum</u>				
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>	<u>Division 5</u>
NFA (B) Monroe Woodbury (P) Middletown Twin Pine Bush Circle Valley Central	NFA (G) Monroe Woodbury (W) Middletown Mnhgn. Pine Bush Crispell Washingtonville Warwick	Minisink Cornwall Beacon Goshen Port Jervis Monticello	West Point Greenwood Lake Florida Chester O'Neill Tuxedo Chapel Field Burke Catholic	Fallsburg Liberty Sullivan West Tri Valley Liv. Manor Eldred

Dates:

December: 12, 17, 19,

January: 7, 9, 14, 16, 21, 23, 28, 30

February: 4, 6, 11, 13, 20, 25, 27,

Notes: Boys and Girls are scheduled same site, same date. Girls scheduled Wednesday at 5:30pm, Friday at 4pm, Boys scheduled Wednesday at 4pm, Friday at 5:30pm.

*Schools with two teams are scheduled opposite of each other (MW, Middletown, Pine Bush).

Girls Modified Winter 2025-26 Schedule - [Click here for the latest schedule](#)

2025-2026 School Year

MODIFIED WRESTLING (7-8) – 14 Points

Practice Starts: November 24th (Dec. 1 more realistic because it is after the break)

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Modified Wrestling	10	10	14pts.	12/15/2025	12/15/2025

Thanksgiving Break: Nov. 27-28

Christmas Break: Dec. 22 – Jan. 2

MLK Day: 1/19

February Recess: Monday, Feb. 16 through Wednesday, Feb. 18

1. Newburgh	10. Cornwall
2. Monroe-Woodbury	11. Goshen
3. Middletown	12. Beacon
4. Kingston	13. Monticello
5. Pine Bush	14. Port Jervis
6. Valley Central	15. Liberty
7. Washingtonville	16. Sullivan West
8. Minisink Valley	17. Eldred
9. Warwick/ Greenwood Lake	

Dates:

December: 19,

January: 6, 8, 15, 20, 22, 27, 29,

February: 3, 5, 10, 12 (Multi's)

Notes:

9 duals scheduled plus multi's. OCIAA Schools are encouraged to schedule matches with MHAL schools. Season can end prior to Sectionals. Eld/SW merged for Modified? Schools with traditionally small numbers were scheduled with multiple schools where possible. Multi-matches will be scheduled at Middletown, Minisink, and Warwick at end of season. Greenwood Lake will shadow Warwick if they have wrestlers.

Boys Modified Winter 2025-26 Schedule - [Click here for the latest schedule](#)



TO: P-12 Education Committee

FROM: Angelique Johnson-Dingle *Angelique Johnson-Dingle*

SUBJECT: Proposed Amendment of Section 135.5 of the Regulations of the Commissioner of Education Relating to First Aid Requirements for Coaches

DATE: February 27, 2025

AUTHORIZATION(S): *Don M. B.* *Betty M.*

SUMMARY

Issue for Discussion

Should the Board of Regents adopt the proposed amendment of section 135.5 of the Regulations of the Commissioner of Education relating to first aid requirements for coaches?

Reason(s) for Consideration

Review of policy.

Proposed Handling

The proposed amendment is presented to the P-12 Education Committee for discussion at the March 2025 Regents meeting. A copy of the proposed rule (Attachment A) is attached.

Procedural History

A Notice of Proposed Rule Making will be published in the State Register on March 26, 2025, for a 60-day public comment period. Supporting materials are available upon request to the Secretary of the Board of Regents.

Background Information

Education Law §§ 3001-b and 3001-c require all coaches of extra class periods in physical education in the state to have valid certification in first aid knowledge and skills. Specifically, the law requires coaches to hold a valid certificate of completion of a

course of study in first aid knowledge and skills offered by a nationally recognized organization, as defined in the Public Health Law § 300-b(1)(d) and approved by the Commissioner—or the equivalent as determined by the Commissioner.

When first implementing these requirements, the Department developed a first aid course outline that served as an equivalent to the statutory requirements. Department-approved instructors of first aid courses then determined the content of the course in accordance with the Department's outline. However, the course outline has not been updated in 40 years.

Over the last 20 years, coaches in public and nonpublic schools have increasingly relied on first aid courses provided by nationally recognized organizations. To ensure consistency with Education Law §§ 3001-b and 3001-c, the Department has evaluated these courses to ensure that they contain the same content as the Department-developed course outline. However, this process proved difficult due to the frequency with which nationally recognized organizations update their curricula, including changes to their course names. The Department's inability to keep track of these changes sometimes led to coaches having to take supplemental first-aid training.

Additionally, due to the specificity of the topics in the Department course outline, only advanced first aid courses from nationally recognized organizations have previously been approved. This level of first aid knowledge is not statutorily required for coaches, as their role is primarily to provide support while awaiting the arrival of professional health responders and/or a parent/guardian. Moreover, the complexities of advanced first aid are generally not retained unless used on a routine basis, and coaches rarely have the opportunity to use advanced first aid during athletic competitions. Alternatively, basic or standard first aid courses cover a broad range of topics—including those areas covered in the Department approved outline (see Attachment B [e.g., heart attack versus cardiac emergencies, skull fracture versus head injuries]) and are better suited to the types of health emergencies that a coach may encounter.

Thus, the proposed regulation eliminates reference to a Department-developed outline, simplifies equivalent training in first aid knowledge and skills, clarifies the first aid training a coach must receive (which includes first aid knowledge and skills, recognizing the signs and symptoms of cardiac arrest, and use of an automatic defibrillator), and clarifies that basic first-aid courses provided by nationally recognized organizations are sufficient to meet the standards of first-aid care expected of coaches. The proposed regulations also define cardiopulmonary resuscitation, first aid, first aid training, first responders, and nationally recognized organizations. The Department anticipates that these changes will ensure that coaches take courses developed by experts, reduce confusion in the field, and promote consistency in first-aid training.

Related Regents Items

September 2022: Proposed amendment of Section 135.5 of the Regulations of the Commissioner of Education Relating to the Dominick Murray Sudden Cardiac Arrest Act.

(<https://www.regents.nysed.gov/sites/regents/files/922p12a5.pdf>)

Recommendation

Not applicable.

Timetable for Implementation

It is anticipated that the proposed amendment will be presented for permanent adoption at the July 2025 Regents meeting, after publication of the proposed amendment in the State Register and expiration of the 60-day public comment period required under the State Administrative Procedure Act. If adopted at the July 2025 meeting, the proposed amendment will become effective on July 30, 2025.

AMENDMENT TO THE REGULATIONS OF THE COMMISSIONER OF EDUCATION

Pursuant to sections 101, 207, 305, 3001-b, and 3001-c of the Education Law.

Section 135.5 of the Regulations of the Commissioner of Education is amended to read as follows:

(a) Definitions. As used in this section:

(1) *Cardiopulmonary resuscitation (CPR)* means measures performed in an attempt to restore cardiac function or to support ventilation in the event of a cardiac or respiratory arrest.

(2) *First aid* means simple, one-time treatment for minor illness or injury or to provide basic support until professional healthcare can be obtained. First aid is intended to minimize the impact of an injury or illness and prevent it from worsening and is usually given immediately at the location where the injury or illness occurred.

(3) *First aid training* means a course from a nationally recognized organization that provides instruction on how to perform simple first aid procedures.

(4) *First responder* means a firefighter, law enforcement officer, paramedic, emergency medical technician, or other individual (including an employee of a legally organized and recognized volunteer organization, whether compensated or not) who, in the course of their professional duties, responds to fire, medical, hazardous material, or other similar emergencies.

(5) *Nationally recognized organization*, as defined in Public Health Law §3000-b(1)(d), means a national organization approved by the New York State Department of Health for the purpose of training people in use of an automated external defibrillator.

[(a)] (b) Coaches of extra class periods in physical education, as defined in section 135.1(h) of this Part, shall [meet the requirements of this section] hold valid certification from a nationally recognized organization or meet equivalent requirements as set forth in this section, in:

(1) first aid knowledge and skills; and

(2) recognizing signs and symptoms of cardiac arrest; sudden cardiac arrest and the administration of adult cardiopulmonary resuscitation as defined in Public Health Law §3000-b(1)(d); and use of an automatic external defibrillator as defined in Public Health Law §3000-b(3)(a).

[(b) Except as provided in subdivision (c) of this section, all coaches must hold valid certification in first aid knowledge and skills, including instruction in the administration of adult cardiopulmonary resuscitation, as issued by a nationally recognized organization, as defined in Public Health Law §3000-b(1)(d), or meet equivalent requirements as set forth in this section.]

[(c) By January 15, 1993, all coaches employed on or after January 15, 1992, must hold valid certification in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation and instruction in recognizing signs and symptoms of cardiac arrest and sudden cardiac arrest, as issued by a nationally recognized organization, as defined in Public Health Law §3000-b(1)(d), or meet equivalent requirements as set forth in this section.]

[(d)] (c) For the purpose of this section, the following shall be deemed [as] equivalent to certification in first aid knowledge and skills [, including instruction in administration of adult cardiopulmonary resuscitation as issued by a nationally recognized organization, as defined in Public Health Law §3000-b(1)(d)]:

[(1) completion of an approved course for coaches in first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation and instruction in recognizing signs and symptoms of cardiac arrest and sudden cardiac arrest;]

[(2) completion of an approved college or university first aid knowledge and skills course, including instruction in administration of adult cardiopulmonary resuscitation and instruction in recognizing signs and symptoms of cardiac arrest and sudden cardiac arrest;]

[(3) completion of approved college or university courses in athletic training and sports medicine, which include first aid knowledge and skills, including instruction in administration of adult cardiopulmonary resuscitation and instruction in recognizing signs and symptoms of cardiac arrest and sudden cardiac arrest; or]

[(4) equivalent experience which is approved by the Commissioner of Education]

(1) a health care practitioner licensed or certified under Title VIII of the Education Law; or

(2) first responders as defined in this section.

[(e)] (d) [Except as provided in subdivision (c) of this section, prior] Prior to the start of each sports season, coaches must provide [valid evidence] documentation to [their chief school officer] school administration that their first aid and adult cardiopulmonary resuscitation [knowledge and skills] certifications are current pursuant to the requirements established by a nationally recognized organization, as defined in Public Health Law §3000-b(1)(d), or that they meet equivalent requirements as set forth in subdivision [(d)] (c) of this section.

Attachment B

Comparison of NYSED first aid course elements to those in nationally accredited basic /standard first aid courses.

NYSED First Aid Course Topics	Red Cross- Responding to Emergencies Comprehensive First Aid/CPR/AED	American Heart Association Heartsaver First Aid, CPR, AED	National Safety Council First Aid, CPR, and AED	Pro Trainings Because Life Matters- Pro First Aid Basic Lay Rescuer Adult CPR/AED and First Aid	Health and Safety Institute
ABCs and D	X	X	X	X	X
Anaphylaxis	X		X		X
Bleeding	X	X	X	X	X
Blood-borne pathogens universal precautions ¹		X	X	X	
Cold Related	X	X	X		
Concussion ²	X		X	X	X
Dental Injuries		X	X	X	X
Diabetes	X	X	X	X	X
Dislocations	X	X	X		X
Eye Injuries	X	X		X	X
Fractures	X	X	X	X	X

¹ Blood borne pathogen training is required for employees with potential exposure as part of a public employee's Exposure Control Plan as required by OSHA.

² Coaches required to take concussion course, every 2 years per the Concussion Management and Awareness Act

Topics <u>NOT</u> in NYSED course	Red Cross- Responding to Emergencies Comprehensive First Aid/CPR/AED	American Heart Association Heartsaver First Aid, CPR, AED	National Safety Council First Aid, CPR, and AED	Pro Trainings Because Life Matters- Pro First Aid Basic Lay Rescuer Adult CPR/AED and First Aid	Health and Safety Institute
Cardiac emergencies	X	X		X	X
Breathing emergencies	X	X		X	X
Musculoskeletal injuries	X	X	X	X	X
Injuries to head, neck & spine	X		X	X	X
Injuries to chest, abdomen & pelvis	X	X	X	X	X
Sudden Illness	X	X	X	X	
Substance use	X	X		X	
Heat related illness	X	X	X	X	X
Standard precautions			X	X	
Burns		X		X	X

The intent of a first aid course is to train laypersons to recognize conditions that require follow-up care and to provide basic support until professional health personnel arrive or the student is picked up by the parent/guardian.

The areas below are topics covered in the NYSED first aid course but are outliers when compared to the nationally accredited first aid courses due to the specificity of the topic in the NYSED course:

Blunt trauma – Blunt trauma typically involves an injury caused by a forceful impact; this could be a fall or hit with an object. Treatment of blunt trauma is covered in first aid courses under injuries to the head/neck & spine, musculoskeletal, abdominal, and chest areas.

Chemical Abuse/substance abuse – typically covered under first aid courses under altered consciousness, vomiting, or other signs/symptoms.

Commotio Cordis³ – is extremely rare, it happens after a sudden impact to the chest, which disrupts the heartbeat and causes sudden cardiac arrest. Coaches are required to be certified in CPR/AED and taught to identify sudden cardiac arrest and implement the chain of survival. All first aid courses cover cardiac emergencies, but not all specify the cause, such as commotio cordis.

Emergency care plans for athletes with chronic conditions – the school nurse would provide and review with the coach a student-specific emergency care plan.

Hyponatremia – Hyponatremia occurs when the sodium level in the bloodstream is very low, related to drinking too much water or other medical conditions. Symptoms of hyponatremia include nausea, vomiting, headache, confusion, fatigue, restlessness, irritability, seizures, and coma. If these symptoms are observed, the coach would contact the parent/guardian or call 911 depending on severity, which is covered in a first aid course.

Joint Pain – In a first aid course, joint pain is addressed when fractures, sprains, muscle injuries, and soft tissue injuries are being taught. Typically, the issue of joint pain is not covered as an independent entity, it ties into other areas of first aid that are within the course.

Recognizing visual clues/warning signs is specific to the issue being addressed – signs and symptoms are covered under the type of medical condition in a first aid course.

Skill Check Splinting – general information on splinting and immobilization of an extremity is covered in some first aid courses but not necessary while awaiting EMS arrival.

Skin Infections, emotional stress, and self-created medical emergencies: Not covered in all first aid courses, as with the exception of a self-created emergency, skin infections, and emotional stress are not emergencies. The self-created emergency is dealt with in first aid by type (substance use, cutting, head injury, etc.)

Skull fractures – covered under head injuries in first aid courses.

Vitals and history –Taking a pulse and respirations are covered in a cardiopulmonary resuscitation (CPR) course coaches are required to take.

³ Coaches must take instruction in recognizing signs and symptoms of cardiac arrest; sudden cardiac arrest and the administration of adult cardiopulmonary resuscitation as defined in paragraph (d) of subdivision one of section three thousand-b of the public health law; and use of an automatic external defibrillator as defined in paragraph (a) of subdivision three of section three thousand-b of the public health law.

MID HUDSON ATHLETIC LEAGUE 2025-2026 CALENDAR - April 2025

<u>DATE</u>	<u>TIME</u>	<u>ACTIVITY/EVENT</u>	<u>LOCATION</u>
18 Aug (Mon)		Football may start (Varsity/JV/Freshmen)	
18 Aug (Mon)		All Other Sports may start (Varsity/JV/Freshmen)	
20 Aug (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
18-22 Aug		Fall Sports Rules Interp. Meeting (Varsity/JV/Mod)	Virtual
1 Sept (Mon)		Holiday (Labor Day) - Office closed	
3 Sept (Wed)		First Day - Modified Fall Sports may start if school is open	
8 Sept (Mon)	8:30 AM	NYSPPSAA Mandated Workshop	Otterkill Golf Club
17 Sept (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
22-24 Sept. (Sunset to Sunset)		Holiday (Rosh Hashanah) – No league scheduled games	
1-2 Oct (Thurs)		Holiday (Yom Kippur) – No league scheduled games	
13 Oct (Mon)		Holiday (Columbus Day) - Office closed	
15 Oct (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
15 Oct (Wed)	11:00 AM	MHAL Executive Committee Meeting	Dutchess BOCES
11 Nov (Mon)		Holiday (Veterans Day) – Office closed	
10-14 Nov		Winter Rules Interpretation Meeting (Varsity/ JV/Mod)	Virtual
19 Nov (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
17 Nov (Mon)		Winter Sports may start (Varsity/ JV)	
24 Nov (Mon)		Modified Winter Sports may start	
27-28 Nov (Thurs-Fri)		Thanksgiving Holiday – Office closed	
10 Dec (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
22 Dec - 2 Jan		Winter Recess	
14 Jan (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
14 Jan (Wed)	11:00 AM	MHAL Executive Committee Meeting	Dutchess BOCES
19 Jan (Mon)		Holiday (Martin Luther King Day) – Office closed	
20-23 Jan (Tues-Fri)		Regents Week	
11 Feb (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
16-18 Feb (Mon)		President's Day / Lunar New Year	
18 Mar (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
9-13 Mar		Spring Rules Interpretation Meeting (Var/JV/Modified)	Virtual
9 Mar (Mon)		Spring Sports may start (Varsity/JV)	
16 Mar (Mon)		Modified Spring Sports may start	
30 Mar -3 April		Spring Recess	
22 Apr (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
19 May (Tues)	-----	School Budget Vote Day	
20 May (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
20 May (Wed)	11:00 AM	MHAL Executive Committee Meeting	Dutchess BOCES
25 May (Mon)		Holiday (Memorial Day) – Office closed	
?? June		MHAL Scholar-Athlete Breakfast	TBA
17 June (Wed)	9:30 AM	MHAL Athletic Directors Workshop	Dutchess BOCES
9, 10, 17, 18, 22-26 June		Regents Exams	
19 June (Fri)		Juneteenth – Office Closed	

<u>SECTION IX MEETING DATES</u>		<u>Section IX Start Dates – High School</u>	
Thurs. Sept. 4, 2025	Orange-Ulster BOCES Carl Onken – 9:30 AM	Football - Mon., Aug. 18, 2025	
Mon. Sept. 8, 2025	Otterkill Golf Club (NYSPPSAA Mandated Workshop) – 8:30 AM	Other Fall Sports – Mon., Aug. 18, 2025	
Tues. Oct. 7, 2025	Orange-Ulster BOCES Carl Onken – 9:30 AM	All Winter Sports - Mon., Nov. 17, 2025	
Thurs. Nov. 6, 2025	Zoom Meeting – 9:30 AM	All Spring Sports - Mon, March 9, 2026	
Tues. Jan. 6, 2026	Orange-Ulster BOCES Carl Onken – 9:30 AM		
Tues. March 10, 2026	Zoom Meeting – 9:30 AM		
Thurs. April 9, 2026	Orange-Ulster BOCES Carl Onken – 9:30 AM	<u>Section IX Start Dates – Modified</u>	
Tues. May 12, 2026	Orange-Ulster BOCES Carl Onken – 9:30 AM	All Fall Sports – Sept. 3 or 1 st day school	
Wed. June 10, 2026	TBA (In-person)	All Winter Sports - Mon., Nov. 24, 2025	
		All Spring Sports - Mon, March 16, 2026	
<u>NYSPPSAA Meetings:</u>		<u>ACT Test Dates</u>	<u>PSAT Test Dates</u>
Oct. 31, 2025		Sept 6, 2025	Oct. 11, 2025
Feb. 3, 2026		Oct 25, 2025	
May 6, 2026		Dec 6, 2025	
July 28-29, 2026		Feb 6, 2026	<u>AP Exams</u>
		April 10, 2026	May 4-8, 2026
		June 6, 2026	May 11 – 15, 2026

ORANGE-ULSTER BOCES

2025-2026 Student Calendar

Approved: March 12, 2025

4 Independence Day	July 2025							January 2026							1-2 Winter Recess 1 New Years Day 19 ML King Day 20-23 Regents Exams
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4	5					1	2	3	
	6	7	8	9	10	11	12	4	5	6	7	8	9	10	
	13	14	15	16	17	18	19	11	12	13	14	15	16	17	
	20	21	22	23	24	25	26	18	19	20	21	22	23	24	
	27	28	29	30	31			25	26	27	28	29	30	31	
19															
	August 2025							February 2026							16-18 Winter Break 16 Presidents Day 17 Lunar New Year
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
						1	2								
	3	4	5	6	7	8	9	1	2	3	4	5	6	7	
	10	11	12	13	14	15	16	8	9	10	11	12	13	14	
	17	18	19	20	21	22	23	15	16	17	18	19	20	21	
	24	25	26	27	28	29	30	22	23	24	25	26	27	28	
	31														
17															
1 Labor Day 2 BOCES Conf. Day 3 First Day of School 23 Rosh Hashanah	September 2025							March 2026							30-31 Spring Recess
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5	6	1	2	3	4	5	6	7	
	7	8	9	10	11	12	13	8	9	10	11	12	13	14	
	14	15	16	17	18	19	20	15	16	17	18	19	20	21	
	21	22	23	24	25	26	27	22	23	24	25	26	27	28	
	28	29	30					29	30	31					
19 + 120															
2 Yom Kippur 10 Early Dismissal 13 Columbus Day	October 2025							April 2026							1-3 Spring Recess 5 Easter Sunday
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3	4			1	2	3	4		
	5	6	7	8	9	10	11	5	6	7	8	9	10	11	
	12	13	14	15	16	17	18	12	13	14	15	16	17	18	
	19	20	21	22	23	24	25	19	20	21	22	23	24	25	
	26	27	28	29	30	31		26	27	28	29	30			
2119															
4 BOCES Conf. Day 11 Veterans Day 27-28 Thanksgiving Recess	November 2025							May 2026							25 Memorial Day
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
							1						1	2	
	2	3	4	5	6	7	8	3	4	5	6	7	8	9	
	9	10	11	12	13	14	15	10	11	12	13	14	15	16	
	16	17	18	19	20	21	22	17	18	19	20	21	22	23	
	23	24	25	26	27	28	29	24	25	26	27	28	29	30	
	30							31							
16 + 120															
22-31 Winter Recess 25 Christmas Day	December 2025							June 2026							9-10 Regents Exam 17-26 Regents Exams 19 Juneteenth 26 Rating Day 26 Last Day of School
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5	6		1	2	3	4	5	6	
	7	8	9	10	11	12	13	7	8	9	10	11	12	13	
	14	15	16	17	18	19	20	14	15	16	17	18	19	20	
	21	22	23	24	25	26	27	21	22	23	24	25	26	27	
	28	29	30	31				28	29	30					
1519															

185 School Days

2 Conference Days

187 Total

Make up days if necessary, will begin with
March 30, March 31, and then April 1

- ☐ Conference Day -
(No School for Students)
- ☐ School Holiday
- ☐ Regents Exam
- Early Dismissal



Sullivan BOCES 2025-2026 Academic Calendar

July 2025						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	15	26
27	28	29	30	31		

7/4 Independence Day
7/7 Academic Summer School Start

August 2025						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

8/14 Academic Summer School End
8/19&20 Regent Exam Days

September 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

9/1 School Closed: Labor Day
9/2&3 School Closed: Conference Day
9/4 First Day of School
9/23 School Closed: Rosh Hashanah

October 2025						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

10/2 School Closed: Yom Kippur
310/13 School Closed: Columbus Day

November 2025						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

11/7 School Closed: County Wide CD
11/11 School Closed: Veterans Day
11/26-11/28 School Closed: Thanksgiving Recess

December 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

12/22-12/31 School Closed: Winter Recess

January 2026						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1/1-1/2 School Closed: Winter Recess
1/19 School Closed: Martin Luther King Jr Day
1/20-1/23 Regents Exams

February 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

2/13 School Closed: Conference Day
2/16 School Closed: President's Day
2/17 School Closed: Lunar New Year

March 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

3/13 School Closed: Conference Day
3/30&31 School Closed: Spring Recess

April 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

4/1-4/3 School Closed: Spring Recess
4/8-4/9 NYS ELA Grades 4, 5, 7 and 8
4/14-4/15 NYS ELA Grades 3 and 6
4/21-4/22 NYS Math Grades 4 and 5
4/29-4/30 NYS Math Grades 7 and 8
4/28-4/29 NYS Math Grades 3 and 6

May 2026						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

5/5 NYS Science Grade 5
5/8 NYS Science Grade 8
5/25 School Closed: Memorial Day

June 2026						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

6/9 Regents: Eng. Lang. Arts and Algebra II
6/10 Regents: Chemistry and Physics
6/17-6/25 Regents Exams
6/19 School Closed: Juneteenth
6/26 Rating Day
6/26 Last Day of School

Conference Days

CLOSED

Testing

Summer School Start/End

First and Last Day/Rating Day

September	18 + 2	February	17 + 1
October	21	March	19 + 1
November	15 + 1	April	19
December	15	May	20
January	19	June	19

Total Days: 182 + 5

Ulster BOCES School Calendar 2025-2026

Approved: February 26, 2025

July						
M	T	W	Th	F	School Closed - 7/4	
	1	2	3	4	BOOST Academy Training - 7/1 & 7/2	
7	8	9	10	11	BOOST Academy Begins 7/7	
14	15	16	17	18	SE Summer School Begins 7/7	
21	22	23	24	25	Academic Summer School Training 7/7-7/8	
28	29	30	31		Academic Summer School Begins 7/9	

August						
M	T	W	Th	F		
				1	BOOST Academy Ends 7/8	
4	5	6	7	8	S/E Summer School Ends 8/15	
11	12	13	14	15	Academic Summer School Ends 8/18	
18	19	20	21	22	Regents Exams 8/19 - 8/20	
25	26	27	28	29		

November						
M	T	W	Th	F	Student	Teacher
					15	16
3	4	5	6*	7	*Emergency Evacuation Day	
10	11	12	13	14	Conf. Day 11/4	
17	18	19	20	21	School Closed - 11/11	
24	25	26	27	28	School Closed 11/26 - 11/28	

December						
M	T	W	Th	F	Student	Teacher
					17	17
1	2	3	4	5		
8	9	10	11	12		
15	16	17	18	19		
22	23	24	25	26	School Closed 12/24 - 12/31	
29	30	31				

March						
M	T	W	Th	F	Student	Teacher
					20	20
2	3	4	5	6		
9	10	11	12	13		
16	17	18	19	20		
23	24	25	26	27	Half Days for Students	
30	31				School Closed 3/30 - 3/31	

April						
M	T	W	Th	F	Student	Teacher
					18	18
6	7	8	9	10	School Closed 4/1 - 4/6	
13	14	15	16	17	BOCES Annual Meeting 4/9	
20	21	22	23	24	BOCES Countywide Vote Admin. Budget & BOE Election 4/21	
27	28	29	30			

May						
M	T	W	Th	F	Student	Teacher
					19	20
4	5	6	7	8	Conf. Day 5/8	
11	12	13	14	15	5/19 - School District Budget Vote	
18	19	20	21	22		
25	26	27	28	29	School Closed - 5/25	

June						
M	T	W	Th	F	Student	Teacher
					18	19
1	2	3	4	5	1 st Administration ELA & Algebra II - 6/9	
8	9	10	11	12	1 st Administration Chemistry & Physics - 6/10	
15	16	17	18	19	School Closed - 6/19 Regents 6/17-6/25	
22	23	24	25	26	6/21, 6/24, 6/25 - K-8 Half Days for Students	
29	30				Last Day Students 6/25 Rating Days 6/26	
					Last Day Staff - 6/26 Conf. Day	

September						
M	T	W	Th	F	Student	Teacher
					19	20
1	2	3	4	5	School Closed - 9/1	
8	9	10	11	12	Conf. Day-9/2	
15	16	17	18	19	School Opens 9/3	
22	23	24	25	26	School Closed - 9/23	
29	30					

January						
M	T	W	Th	F	Student	Teacher
					19	19
5	6	7	8	9	School Closed 1/1 - 1/2	
12	13	14	15	16	Half Days for Students	
19	20	21	22	23	School Closed 1/19	
26	27	28	29	30	Regents Exams 1/20 - 1/23	

February						
M	T	W	Th	F	Student	Teacher
					18	18
2	3	4	5	6		
9	10	11	12	13	Half Days for Students	
16	17	18	19	20	School Closed 2/16	
23	24	25	26	27	School Closed 2/17	

= Conference Day	
= Holiday/Not in Session	
= Half Day for All Students	
= Half Day for CITL K-8 Students	

Emergency/Snow Days	8
(Includes 4 Conference Days)	

Total 1 st Half Days	Student Days	Teacher Days
91	91	93
Total 2 nd Half Days	93	95
Total Days for Year	184	188

School Days (Student/Teachers)	184
Conference Days (Teachers)	4
Holidays/School Not in Session (Does not include Conference Days)	27

DUTCHESS BOCES

2025-2026 SCHOOL CALENDAR

Board Approved
February 13, 2025

SEPTEMBER							OCTOBER							NOVEMBER							DECEMBER							JANUARY						
M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			M	T	W	T	F		
1	SC	3	4	5					1	2	3			3	SC	5	6	7			1	2	3	4	5									
8	9	10	11	12			6	7	8	9	10			10	11	12	13	14			8	9	10	11	12			5	6	7	8	9		
15	16	17	18	19			13	14	15	16	17			17	18	19	20	21			15	16	17	18	19			12	13	14	15	16		
22	23	24	25	26			20	21	22	23	24			24	25	26	27	28			22	23	24	25	26			19	20	21	22	23		
29	30						27	28	29	30	31									29	30	31					26	27	28	29	30			
21 (staff) 19 (students)							21 (staff) 21 (students)							16 (staff) 15 (students)							17 (staff) 17 (students)							19 (staff) 18 (students)						
FEBRUARY							MARCH							APRIL							MAY							JUNE						
M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			M	T	W	T	F			M	T	W	T	F		
2	3	4	5	6			2	3	4	5	6					1	2	3									1	2	3	4	5			
9	10	11	12	13			9	SC	11	12	13			6	7	8	9	10			4	5	6	7	8		8	9	10	11	12			
16	17	18	19	20			16	17	18	19	20			13	14	15	16	17			11	12	13	14	15		15	16	17	18	19			
23	24	25	26	27			23	24	25	26	27			20	21	22	23	24			18	19	20	21	22		22	23	24	25	26			
							30	31					27	28	29	30				25	26	27	28	29		20	21	22	23	24	25			
18 (staff) 18 (students)							20 (staff) 19 (students)							18 (staff) 18 (students)							20 (staff) 20 (students)							19 (staff) 17 (students)						
025 SEPTEMBER							025 SEPTEMBER							025 SEPTEMBER							025 SEPTEMBER							025 SEPTEMBER						
1 Monday							Labor Day																											

School Closed

No Classes

Supt. Conf Day

Staff Only

2025	SEPTEMBER	1	Monday	2-3	Tues.-Wed.	4	Thursday	23	Tuesday	19 (staff)	20 (students)	19 (staff)
			Labor Day		Superintendent's Conference Day							President's Day Weekend Lunar New Year
			</									

Section 9 Bowling 2025-2026 Changes

We are requesting the following changes for 2025-2026 Section 9 Bowling Season

It is the request of Section 9 Bowling to adjust its team in their respective Divisions. We would like the Division to reflect the following changes. These changes are so that travel time would be shortened so that school have adequate time to finish matches,

Division 1- Kingston, Saugerties, Highland, FDR, Marlboro

Division 2- Monroe-Woodbury, Beacon, NFA, Middletown, O'Neill, Port Jervis

We also request a schedule adjustment so that each school plays 2x within their division and 1x out of their Division giving each school a total of 14 matches.

We finally request that the last regular season contest not be scheduled past 2/2/2026 so that the Sectional Tournament can be completed to prepare for NYS Bowling Championships.



Mayo, Christopher <christopher.mayo@ouboces.org>

Section 9 Bowling Schedule

1 message

COLLINS, SEAN <scollins@saugerties.k12.ny.us>

Fri, Mar 14, 2025 at 10:53 AM

To: James Osborne <josbornesection9@gmail.com>, Greg Ransom <gransom1@hvc.rr.com>, chris mayo <cmayo@ouboces.org>, Christopher Vero <cvero@mw.k12.ny.us>

Good Morning,

We would like to have 2 dates on next years schedule where all schools bowl at the same location. Schools will bowl against their scheduled opponent on their respective schedule. We would like the dates to be Tuesday, December 8th at Patel Lanes, and either Thursday January 16th or Thursday January 28th at Tarsio Lanes. I have spoken to both bowling centers and they are able to accommodate this. Please let me know if you have any questions.

Thank You

Sean M. Collins

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Modified Lacrosse Existing Alignment vs. Proposed level-based Alignment

Boy's Modified Lacrosse – 12 games Maximum - Existing		
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>
1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Pine Bush 5. Warwick 6. Del. Valley Pa.	1. Valley Central 2. Washingtonville 3. Minisink Valley 4. Cornwall 5. Goshen 6. Wallkill	1. Kingston 2. Red Hook 3. Highland 4. Rondout 5. Saugerties 6. New Paltz

Boys Lacrosse – Modified A - Proposed

<u>Division 1</u>	<u>Division 2</u>
1. Monroe Woodbury 2. Middletown 3. Washingtonville 4. Valley Central	1. Saugerties 2. FDR 3. Red Hook 4. Rondout 5. New Paltz

Boys Lacrosse – Modified B - Proposed

<u>Division 1</u>	<u>Division 2</u>
1. <u>NFA</u> 2. <u>Kingston</u> 3. <u>Pine Bush</u> 4. <u>DV PA</u>	1. Warwick 2. Minisink 3. Cornwall 4. Goshen 5. Wallkill

Girl's Modified Lacrosse – 12 games Maximum - Existing			
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Del. Valley Pa. 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink Valley	1. Cornwall 2. Goshen 3. Beacon 4. Chester	1. Kingston 2. Highland 3. Rondout 4. Saugerties 5. New Paltz

Girls Lacrosse – Modified A - Proposed

<u>Division 1</u>	<u>Division 2</u>
1. Monroe Woodbury 2. Middletown 3. Washingtonville 4. Chester	1. Saugerties 2. FDR 3. Red Hook 4. Rondout 5. New Paltz

Girls Lacrosse – Modified B - Proposed

<u>Division 1</u>	<u>Division 2</u>
1. NFA 2. Kingston 3. Pine Bush 4. Valley Central 5. DV PA	1. Warwick 2. Minisink 3. Cornwall 4. Goshen 5. Beacon

POSITIVE +ATHLETE™

FREQUENTLY ASKED QUESTIONS?

- **How do I nominate?**

All Nominations are made online at PositiveAthlete.org

- **Who can I nominate?**

Any high school student-athlete or coach in grades 9-12, on boys' or girls' team or club sport.

- **Who can make nominations?**

Any adult can nominate! (Parents, Coaches, Teachers, Administrators, Fans, etc.)

- **When can I nominate?**

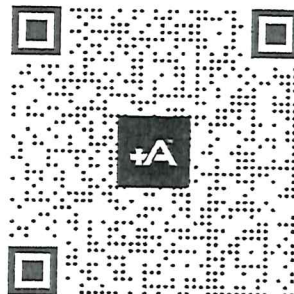
The nominations are open NOW through May 9th. Nominate Today!

WHAT IS POSITIVE ATHLETE?

Positive Athlete is the first and only national recognition program dedicated to celebrating high character high school student-athletes. These athletes inspire those around them with their positive attitude, making everyone they encounter a better person. They contribute to their schools or communities or have overcome significant personal challenges in remarkable ways.

High school coaches, teachers, administrators, parents and community members are invited to nominate student-athletes based on these critical positive characteristics. We honor these athletes through local, regional, and national awards, sponsored college scholarships, and exclusive benefits provided by corporate sponsors.

**SCAN THE
QR CODE TO
NOMINATE TODAY**



SEVEN DEFINITIONS OF A POSITIVE ATHLETE

1. Optimistic
2. Puts Team First
3. Encouraging
4. Respectful
5. Admits Imperfections
6. True Heart for Others
7. Embraces Giving Back

2024 POSITIVE ATHLETE PROGRAM RESULTS

- 8,000+ nominations from over 600 schools in only 2 states (GA/PA).
- \$30,000+ in scholarships given to Award Winners.
- The program has expanded to every state across the country in January 2025. Now available to every high school athlete and coach in the United States!

WHAT DO YOU NEED TO KNOW?

This program is and will always be 100% free to every public and private high school in the country. Students who are nominated are automatically eligible for recognition, awards, college scholarships, and exclusive corporate partner benefits. Scholarship dollars are increasing everyday given through our program, and we already have over \$100,000 available in scholarships to be given out to student athletes in 2025!

CONTACT: JOHN O'BRIEN - DIRECTOR, NORTHEAST REGION

203-470-4140
jobrien@positiveathlete.org
www.positiveathlete.org

OCIAA 2024-2025 WINTER SPORTS CHAMPIONS

<u>SPORT</u>	<u>DIVISION CHAMPION</u>		<u>COACH</u>
Alpine Skiing - Boys	Division I	Monticello	Derrick Kelly William Zwart
	Division II	Warwick	
Alpine Skiing - Girls	Division I	Monticello	Steve Duarte Bryan Bentley
	Division II	Cornwall	
Basketball – Boys	Division I	Newburgh	Jason Mcallister Daniel Malvey Patrick Schetter Jason Geleski Bill Steele Bill Furler
	Division II	Washingtonville	
	Division III	Beacon	
	Division IV	Burke	
	Division V	Florida (Seward)	
	Division VI	Eldred	
Basketball – Girls	Division I	Pine Bush	Michelle Bouffard James O'Brien Christina Dahl Jason Closs Joe DiMattina June Hallock
	Division II	Warwick	
	Division III	Beacon	
	Division IV	Tri Valley	
	Division V	Florida (Seward)	
	Division VI	Eldred	
Indoor Track – Boys	Division I	Monroe-Woodbury	Matthew Hemmer Todd Derkacz Leo Sladewski Jack Wilson Tyler Eckhoff Justin DePierro
	Division II	Minisink	
	Division III	Wallkill	
	Division IV	Ellenville	
	Division V	Tri-Valley	
	Division VI	Burke	
Indoor Track – Girls	Division I	Monroe-Woodbury	William Mpasiakos Dave Feuer Kathy Rogers-Carroll Jake Maloney/Andrew Ugolino Travis Wolfe Kevin Long
	Division II	Cornwall	
	Division III	New Paltz	
	Division IV	Rondout Valley	
	Division V	Tri-Valley	
	Division VI	Burke	
Swimming – Boys	Division I	Newburgh	Zach Williams Justin Wright Kevin Blackwell Justin Wright
	Division II	Monroe-Woodbury	
	OCIAA League Champion DI	Pine Bush	
	OCIAA League Champion DII	Monroe-Woodbury	
Wrestling-Boys	Division I – A	Newburgh	William Parks Kevin Gallagher Ron Tompkins John Foley Eric Pezzello
	Division I – B	Minisink	
	Division I – C	Beacon	
	Division II – A	Port Jervis	
	Division II – B	Onteora	
Wrestling-Girls	Section IX Team Champion	Minisink	Dan Gallo

SECTION IX 2023-2024 WINTER SPORTS CHAMPIONS

SPORT

Competitive
Cheerleading

SECTION CHAMPION

Class A	Monroe-Woodbury
Class B	Cornwall
Class C	Dover
Class D	Florida (Seward)
Co-Ed	Goshen

COACH

Barbara Alidad
Sue Barringer
Amanda Davies-Bogin
Francesca Gullardo
Kimberly Milazzo