

**ORANGE COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION
ATHLETIC DIRECTORS WORKSHOP**

**Tuesday, June 17, 2025 - 9:30 A.M.
Orange Ulster BOCES
Carl Onken Conference Center Room B/C**

**Wireless Network: OUB-Guest
Internet Login: [ociaa](#) Password: [mq7bqx](#)**



AGENDA

1. Approval of Minutes of Last Meeting (May 22, 2025)
2. Data Privacy Discussion – Mr. Dale Francis, Orange Ulster BOCES
3. Swimming Proposal – Mr. Christopher Sammons
4. Section IX Update – Mr. Greg Ransom / Mr. Jim Osborne
5. OCIAA President’s Report – Mr. Michael Bellarosa
 - a. West Point Middle School – Application for full Membership in NYSPHSAA
 - b. OCIAA Chairpeople Needed
6. OCIAA Athletic Coordinator’s Report – Mr. Christopher P. Mayo
Items of Concern:
 - A. Spring 2024-2025 Schedules Discussion
 - B. Boys Golf Move to Fall
 - C. Signs / Noise Maker Policy
 - D. Summer Coaching Courses
 - E. Fall Rules Interpretations Meetings
 - F. Combining of Teams
 - G. New Arbiter Software Program – Mr. Dan Morse
7. Old Business
8. New Business
9. Next Athletic Directors Workshop – Tuesday, August 19, 2025 - Orange-Ulster BOCES – Carl Onken Conference Center Rooms B/C at 9:30 am.

Section IX Meeting – Thursday, September 4, 2025 - Orange-Ulster BOCES – Carl Onken Conference Center Rooms B/C at 9:30am.

NYSPHSAA Mandatory Meeting – Monday, September 8, 2025 – Otterkill Golf Club at 8:30 am.
10. Adjourn

Proposal: Section 9 creates two separate qualifying times for the Section 9 Championships to increase participation, and fill out the preliminary competition to four full heats of athletes.

“A Cuts” are automatic Section 9 qualifying times. “B cuts” represent swimmers that **COULD** compete, if there are less than 32 “A Cut” athletes in an event. “B cuts” are not an automatic entry into the Section 9 Championships. (For example, if 27 “A Cut” athletes are entered in the Section 9 Championships in the 100 Freestyle, then the next 5 fastest “B Cut” qualifiers entered into the meet will be able to compete at the Section 9 Championships.)

Process of Meet Entry Entry:

1. Coaches will submit their Section 9 Championship lineup via SwimCloud, adhering to the current limit of 36 entries per team.
2. All athletes that meet the “A Cut” time standard are automatically in the meet, once entered into their events.
3. Once the psych sheet is published on SwimCloud, the top 32 entries in each event are entered into the Section 9 Championship meet, including “B Cuts.”
4. No alternates will be “scratched into” the meet. (For example, the 33rd seed cannot replace the 32nd swimmer, if someone in the top 32 scratches.)
5. Coaches will be responsible for notifying athletes about this process.

Section 9 Girls Time Standards		
Event	A Cuts	B Cuts
200 Medley Relay	1 Per Team	
200 Free	2:12.87	2:15.87
200 IM	2:31.50	2:34.50
50 Free	27.70	28.45
6 Dive	140	-
11 Dive	250	-
100 Fly	1:10.38	1:11.88
100 Free	1:01.00	1:02.50
500 Free	5:59.09	6:06.59
200 Free Relay	1 Per Team	
100 Back	1:09.83	1:11.33
100 Breast	1:18.80	1:20.30
400 Free Relay	1 Per Team	

New York State Public High School Athletic Association



MEMO

To: Section Executive Directors
Fr: Dr. Robert Zayas, NYSPHSAA Executive Director *Re 3-*
Re: Clarification of Cheerleading Regulations and Upcoming Proposal for Consideration
Date: June 8, 2025

The purpose of this memorandum is to provide NYSPHSAA membership with a clear and comprehensive understanding of recent developments and existing policies related to the sport of cheerleading.

In October 2024, the NYSPHSAA Executive Committee approved a regulation prohibiting any cheerleading choreography until the NYSPHSAA official start date.

In May 2025, the Executive Committee formally designated Competitive Cheer exclusively as a winter sport, while Game Day Cheer continues to be recognized during both the fall and winter seasons.

NYSPHSAA has recently received inquiries questioning the implications of the prohibition on out-of-season cheer choreography. According to NYSPHSAA Practice Rule #22, school-sponsored activities conducted outside the sport season—such as conditioning, weight training, intramurals, and camps—are permitted as long as they are not required by coaches or school personnel and are open to all students. Although this rule applies consistently across all sports, the current restriction on cheerleading choreography is more restrictive than the out-of-season guidelines applied to other sports.

In response to membership concerns, the NYSPHSAA Cheer Committee has supported a proposal (*see attached*) to permit cheer choreography during the fall season, provided it complies with Practice Rule #22. The NYSPHSAA Officers have agreed to include this proposal for “ACTION” on the 2025 NYSPHSAA Central Committee Meeting agenda scheduled for July 29-30.

All Sections should be prepared to review and vote on the following proposal:

“Consider approval for Competitive Cheer choreography to be permitted during the Fall season, in accordance with the NYSPHSAA Practice Rule #22.”

Should you have any questions or require further clarification, please do not hesitate to reach out.

Thank you for your attention.

New York State Public High School Athletic Association



Central Committee Meeting – July 29-30, 2025

Cheerleading: Choreography Restriction

- Action Item
 Discussion Item
 Informational Item

Presenter:

Jen Simmons, NYSPHSAA Cheerleading Coordinator

Proposal:

Consider approval for Competitive Cheer choreography to be permitted during the Fall season, in accordance with the NYSPHSAA Practice Rule #22.

Effective Start Date:

Fall 2025

Rationale:

In October 2024, the NYSPHSAA Executive Committee approved a regulation restricting choreography for both Competitive and Game Day Cheerleading to the official start dates of the NYSPHSAA Fall and Winter seasons, respectively. Under this policy, while teams were permitted to practice individual skills prior to these dates, they were required to comply with NYSPHSAA Practice Regulation #22, sections (c) and (d). These regulations stipulate that such activities must be open to all students and may not be mandated by coaches.

In May 2025, the Executive Committee further amended its position by officially recognizing Competitive Cheerleading as a Winter sport only. This decision had the effect of limiting Competitive Cheerleading teams from initiating any choreography until the Winter season's official start date.

Since that change, numerous member schools have raised concerns, asserting that Competitive Cheerleading teams are being placed at a disadvantage compared to other sports, which are afforded greater flexibility and preparation time. The current restrictions, they argue, hinder adequate routine development and pre-season readiness.

In response to these concerns, the NYSPHSAA Cheerleading Committee is recommending an amendment that would allow Competitive Cheerleading programs to resume choreography and routine practice beginning at the start of the NYSPHSAA Fall season. This change would restore the opportunity originally available prior to the May 2025 decision, aligning Competitive Cheerleading with the seasonal preparation timelines granted to other interscholastic sports.

New York State Public High School Athletic Association



Central Committee Meeting – July 29-30, 2025

Proposal Originated:

Cheerleading Committee

Budgetary Impact:

None

Notes:

Member schools would not be permitted to formally select their Winter Competitive Cheerleading teams during the Fall season and must continue to comply with NYSPHSAA Practice Regulation #22, sections (c) and (d), which require that any off-season activities be open to all students and that attendance not be mandated by coaches. Additionally, Game Day Cheerleading teams would not be allowed to practice choreographed routines intended for the Competitive Cheerleading season, as these teams typically involve a closed roster and mandatory participation, thereby not meeting the openness and voluntary participation criteria set forth in the regulation.

Attachments:

None



New Member Application

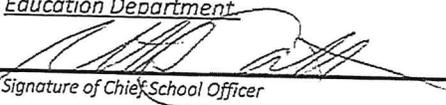
1. Complete Part I of the application and send to the Section Athletic Council for approval.
2. The Section Athletic Council approves the application in Part II and forwards to the NYSPHSAA, Inc. office.
3. The school's name will be presented to the NYSPHSAA Executive/Central Committee for approval at the next scheduled meeting.
4. Once approved, the school will be invoiced for applicable membership fees, annually.

PART I: SCHOOL INFORMATION:

To be completed by applying school.

Name of School: West Point middle school
 Circle one: Public or Nonpublic
 Athletic Director: Jason Scherden
 Athletic Director Email: Jason.Scherden@doe.ca.edu
 Address: 705 Barry rd.
 City, State, Zip: West Point, NY 10996
 Phone: 845-839-7600
 SED Code: _____

Enrollment:	Boys	Girls
Grade 7	<u>27</u>	<u>36</u>
Grade 8	<u>29</u>	<u>21</u>
Grade 9	_____	_____
Grade 10	_____	_____
Grade 11	_____	_____
Grade 12	_____	_____
Sec UNG	_____	_____

Signature of Chief School Officer indicates that this school is registered with the NYS Education Department (NYSED) and represents an agreement that the applying school will follow all NYSED regulations and NYSPHSAA bylaws, eligibility standards, and sport standards.
I certify our school is registered with the NYS Education Department.

 Signature of Chief School Officer

*Please use figures from the October BEDS of current school year.

PART II: Section Approval

To be completed by Section Athletic Council.

The Section _____ Athletic Council has approved _____ on _____
 # _____ School Name _____
 _____ for section membership. We request approval for this school to become a member
 Date _____
 of NYSPHSAA, Inc beginning with the _____ school year.

Section President Signature _____

Section Executive Director Signature _____

Athletic Directors,

We have some openings for league / Section chairpeople as noted that we need to fill. Please consider volunteering so we can have ADs as the point people for these positions:

Girls Tennis - League

Boys Golf - League

Cross Country - League

Baseball - Need League and Section Chair - can be one or both.

➤ For league only: Mike Doucette from Chester has put his interest in.

Bowling (Section IX Sport) - Need ADs to be Chairpeople if possible.

Game Day Cheer (Section IX Chair needed)

Football (Section IX Chair needed)

NYSAAA Representative for Section IX

NYSPPHSAA Foundation Representative for Section IX

For Sectional Chair positions, please email Greg Ransom with a letter or notice of interest: gransom1@hvc.rr.com

For league positions please email Chris @ Christopher.mayo@ouboces.org

2025-2026 BOY'S TENNIS – 16 MATCHES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Tennis	Team 6	Team 6	16	3/16/2026	3/16/2026

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

OCIAA: Tues, May 19th – Thurs., May 21st

Sectionals: Wed., May 28th – Thurs, May 29th

Section IX Team Championship: TBA

State Team Championship: June 12th

States: June 5th - June 7th, 2026 @ USTA National Tennis Center

BOYS VARSITY TENNIS – 16 MATCHES

<u>Division I</u> <u>Large Schools – 600+</u>	<u>Division II</u> <u>Large Schools – 600+</u>	<u>Division III</u> <u>Small Schools – up to 599</u>
1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central	1. Warwick 2. Washingtonville 3. Minisink 4. Monticello 5. Goshen 6. Cornwall 7. Beacon	1. Port Jervis 2. Liberty 3. O'Neill 4. Burke

BOYS JUNIOR VARSITY TENNIS – 16 MATCHES

1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 7. Washingtonville	8. Minisink 9. Warwick 10. Cornwall 11. Monticello 12. Goshen 13. Beacon
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Dates:

March: 23, 25, 27, {31

April: 2}, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29

May: 4, 6, 8, 11, 13

NOTES: Div. 1 and 2 are large school division. Div. 3 is small school division.

Div. 1 and 2 play 2x in division then non-league vs. each other and Div. 3 for a total of 13-14 contests. Div. 3 plays 2x in division for 6 games then plays non-league vs. Div. 1 and 2 teams. Total matches are 13-14 contests. JV is opposite of the varsity schedule. 12-14 contests for JV.

Link for Boys Varsity: [Click here for the latest schedule](#)

Link for Boys JV: [Click here for the latest schedule](#)

2025-2026 VARSITY & JUNIOR VARSITY BASEBALL – 20 GAMES (CLASS AA/A/B/C/D)

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Baseball	Team 10	Team 10	20	3/16/2026	3/20/2026

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

Seed Meeting – May 21st, 2026

Sectionals: Start – May 23, 2026 Finals – May 30th – May 31st, 2026

Regionals: June 2nd, 2026

States: June 12-13, 2026 @ Binghamton

Baseball – 20 Games Maximum					
<u>Division 1</u> <u>Class AAA</u> <u>1072 +</u>	<u>Division 2</u> <u>Class AA</u> <u>675-1071</u>	<u>Division 3</u> <u>Class A</u> <u>382-674</u>	<u>Division 4</u> <u>Class B</u> <u>241-381</u>	<u>Division 5</u> <u>Class C</u> <u>138-240</u>	<u>Division 6</u> <u>Class D</u> <u>Up to 137</u>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Warwick 3. Washingtonville 4. Minisink 5. Goshen 6. Cornwall 7. Monticello	1. Beacon 2. Port Jervis 3. Liberty	1. O’Neill 2. Sullivan West 3. Chester *Fallsburg – JV Only	1. Burke^ 2. Tri Valley 3. Seward 4. Chapel Field* *Moved up by Sect. IX Classification committee ^No JV	1. Eldred^ 2. RCS^ ^No JV *Tuxedo – JV Only

Dates:

March: 24, 26, 31

April: 2, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29, 31

May: 4, 6, 8, 11, 13, 15, 18, 20,

NOTES:

- Div. 1 – 3 game series (M, W, F) to give them more games to start off with (12).
- Div. 2 – Plays twice in division, then non-league against Div. 1, 3.
- Div. 3 / 4 all play each other 2x, Div 5 / 6 all play each other 2x, to give 10 games to start off with.
- Total games are 14-16 games each team.
- Liv. Manor, Eldred, Burke - Varsity only
- Tuxedo and Fallsburg – JV Only.

Link for Varsity: [Click here for the latest schedule](#)

Link for JV: [Click here for the latest schedule](#)

2025-2026 VARSITY & JUNIOR VARSITY SOFTBALL – 20 GAMES (CLASS AA/A/B/C/D)

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1st Possible Date - Scrim.	1st Possible Date - Game
Softball	Team 6	Team 6	20	3/16/2026	3/16/2026

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

Seed Meeting – May 21st, 2026

Sectionals: Start – May 23, 2026 Finals – May 30th – May 31st, 2026

Regionals: June 2nd, 2026

States: June 12-13, 2026 @ Greenlight Networks Park, Binghamton

Softball – 20 Games Maximum					
<u>Division 1</u> <u>Class AAA</u> <u>1065+</u>	<u>Division 2</u> <u>Class AA</u> <u>670-1064</u>	<u>Division 3</u> <u>Class A</u> <u>379-669</u>	<u>Division 4</u> <u>Class B</u> <u>235-378</u>	<u>Division 5</u> <u>Class C</u> <u>133-234</u>	<u>Division 6</u> <u>Class D</u> <u>Up to 132</u>
1. NFA 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush	1. Valley Central 2. Warwick 3. Washingtonville 4. Minisink 5. Goshen 6. Cornwall 7. Monticello	1. Beacon 2. Port Jervis 3. Liberty	1. O’Neill 2. Chester 3. Sullivan West *Fallsburg – JV only	1. Burke^ 2. Tri Valley 3. Seward ^No JV	1. Eldred 2. RCS 3. Chapel Field *Tuxedo – JV Only

Dates:

March: 24, 26, 31

April: 2, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29,

May: 1, 4, 6, 8, 11, 13, 15, 18, 20,

NOTES:

- Div. 1 – 3 game series (M, W, F) to give them more games to start off with (12).
- Div. 2 – Plays twice in division, then non-league against Div. 1, 3.
- Div. 3 / 4 all play each other 2x, Div 5 / 6 all play each other 2x, to give 10 games to start off with. Then Non-league between Div.3/4 - 5/6
- Total games are 14-16 games each team.
- Burke - Varsity only; Tuxedo and Fallsburg – JV Only.

Link for Varsity: [Click here for the latest schedule](#)

Link for JV: [Click here for the latest schedule](#)

2025-2026 BOYS VARSITY GOLF – 16 MATCHES

Practice Starts: March 9, 2026

Spring Break: March 30 - April 3

OCIAA: May 18, 2026

Sectionals: May 26, 28, 2026

States: June 7-8, 2026 @ Mill Creek Golf Club

BOYS VARSITY GOLF – 16 MATCHES

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>
1. NFA 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Minisink 4. Warwick* 5. Cornwall *SS Seward Shadows Warwick	1. Goshen 2. Beacon 3. Port Jervis 4. O'Neill 5. Burke	1. Monticello 2. Liberty 3. Sullivan West 4. Tri-Valley 5. RCS 6. Fallsburg 7. Homestead 8. Eldred

Dates:

April: 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29,

May: 1, 4, 6, 8, 11, 13, 15

NOTES:

Schools play one time in Division for 4-6 matches, then play one day division Multi-Matches the week of _____. Sites are tentative until we have confirmation. **Both the division dual matches and the divisional multi-matches count toward the division championship.** Scores must be entered in RSchool by the home team.

Weather will be a factor in course openings – Most courses will open early - mid-April. If weather is nice and courses are open in early April, schools are encouraged to move contests back in the schedule to spread out contests and get as many matches in as possible early.

Link for Schedule: [Click here for the latest schedule](#)

2025-2026 GIRLS VARSITY GOLF – 16 MATCHES

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

States: June 7-8, 2026 @ Wild Wood Country Club

GIRLS VARSITY GOLF – 16 Matches

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>	<u>Division V</u>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 7. Washingtonville	1. Minisink 2. Warwick 3. Cornwall 4. Goshen 5. O’Neill 6. Port Jervis 7. Burke	1. Monticello 2. Liberty 3. Sullivan West 4. RCS 5. Tri Valley 6. Fallsburg	1. New Paltz 2. Rondout 3. Highland 4. Marlboro 5. Ellenville 6. Onteora	1. FDR 2. Red Hook 3. Lourdes 4. Beacon 5. Millbrook 6. Pine Plains

Dates:

April: 7, 9, 14, 16, 21, 23, 28, 30

May: 5, 7, 12, 14, 19,

NOTES:

Schools play 2x in division, 1 time in a dual match and another in a division multi-match on _____. **Both matches count toward division records.** Div. 1,2,3 play non-leaguers against each other, Division 4 and 5 play each other. There are some non-league tri-matches. Divisional Multi-matches are tentative sites.

Weather will be a factor in course openings. If weather is nice and courses are open in early April, schools are encouraged to move contests back in the schedule to spread out contests and get as many matches in as possible early.

Teams have 12-14 contests.

Link for Schedule: [Click here for the latest schedule](#)

2025-2026 BOYS VARSITY LACROSSE – 16 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Lacrosse	Team 6	Team 6	16	3/24/2025	3/24/2025

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

Seed Meeting: May 21, 2026

Sectionals: Start – May 23, 2026 Finals – May 30, 2026

Regionals: June 2 - June 6, 2026

Semi-Finals: June 10, 2026 @ Middletown HS

States: June 13, 2026 @ Hobart and William Smith College

BOYS VARSITY LACROSSE – 16 GAMES – A – B – C – D

<u>Division I (CLASS A)</u> (1036 and up)	<u>Division II (Class B)</u> (1035-728)	<u>Division III (Class C)</u> (727 -450)	<u>Division IV (Class D)</u> (449 and Down)
<ol style="list-style-type: none"> 1. NFA (<i>Var. & JV</i>) 2. Monroe-Woodbury (<i>Var & JV</i>) 3. Middletown (<i>Var. & JV</i>) 4. Kingston (<i>Var. & JV</i>) 5. Pine Bush (<i>Var. & JV</i>) 6. Valley Central (<i>Var/JV</i>) 	<ol style="list-style-type: none"> 1. Washingtonville (<i>Var. & JV</i>) 2. Warwick (<i>Var&JV</i>) 3. Minisink (<i>Var & JV</i>) 4. Goshen (<i>Var & JV</i>) 5. Cornwall (<i>Var & JV</i>) 6. Wallkill (<i>Var & JV</i>) 	<ol style="list-style-type: none"> 1. Highland/Marlboro (<i>Var</i>) 2. Saugerties (<i>Var</i>) 3. New Paltz (<i>Var & JV</i>) 4. Lourdes (<i>Var & JV</i>) 5. Red Hook/P.P./Rhine 	<ol style="list-style-type: none"> 1. Rondout (<i>Var</i>) 2. O’Neill (<i>Var</i>)

Dates Division 1/2 (Wed/Fri):

March: 25, 27, 30,

April: 1, 8, 10, 15, 17, 22, 24, 29,

May: 1, 6, 8, 13, 15, 20

Dates: Division 3/4 (Tues-Thur)

March: 24, 26, 31

April: 2, 7, 9, 14, 16, 21, 23, 28, 30

May: 5, 7, 12, 14, 19

NOTES:

Teams play one time in division. Non-league games spread out. Divisions play different days of week for official availability. Varsity games scheduled first. JV Games play right after varsity to ensure officials are available. If schools move games they will not be guaranteed officials as we have a shortage of available officials.

Teams have 10-12 contests.

JV’s have 12-14 games and don’t always follow varsity schedule.

*Schools should check start times and let us know if adjustments are needed for home game times in case of playing under lights, etc.

Link for Varsity: [Click here for the latest schedule](#)

Link for JV: [Click here for the latest schedule](#)

2025-2026 GIRLS VARSITY LACROSSE – 16 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Lacrosse	Team 6	Team 6	16	3/16/2026	3/16/2026

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

Seed Meeting: May 21, 2026

Sectionals: Start – May 23, 2026 Finals – May 30, 2026

Regionals: June 2 - June 6, 2026

States: June 12-13, 2026 @ SUNY Cortland

<u>Division I (CLASS A)</u> (1036 and up)	<u>Division II (Class B)</u> (1035-728)	<u>Division III (Class C)</u> (727-450)	<u>Division IV (Class D)</u> (449 and Down)
1. NFA (<i>Var & JV</i>) 2. Monroe-Woodbury (<i>Var & JV</i>) 3. Middletown (<i>Var. & JV</i>) 4. Kingston (<i>Var. & JV</i>) 5. Pine Bush (<i>Var. & JV</i>) 6. Valley Central (<i>Var & JV</i>)	1. Warwick (<i>Var&JV</i>) 2. Washingtonville (<i>Var & JV</i>) 3. Minisink (<i>Var & JV</i>) 4. FDR(<i>Var/JV</i>) 5. Goshen(<i>Var/JV</i>) 6. Cornwall (<i>Var/JV</i>) 7. Wallkill (<i>Var/JV</i>)	1. Saugerties (<i>Var</i>) 2. New Paltz (<i>Var</i>) 3. Lourdes (<i>Var/JV</i>) 4. Beacon (<i>Var/JV</i>) 5. Port Jervis (<i>Var/JV</i>)	1. Rondout (<i>Var</i>) 2. Red Hook (<i>Var</i>) 3. Highland (<i>Var</i>) 4. O'Neill (<i>Var</i>) 5. Chester (<i>Var</i>) 6. Burke (<i>Var</i>)

Dates Division 1/2 - (Tues-Thur)

March: 24, 26, 31

April: 2, 7, 9, 14, 16, 21, 23, 28, 30

May: 5, 7, 12, 14, 19

Dates: Division 3/4 – (Mon – Wed)

March: 23, 25, 30,

April: 2, 6, 8, 13, 15, 20, 22, 27, 29

May: 4, 6, 11, 13, 18

NOTES:

Important: Games are played on varied dates by division for officials' availability. If schools move games they will not be guaranteed officials as we have a shortage of available officials. They will get priority assigning on those days to start off.

Varsity Schools in Div. 1 and 2 play 1 time in division then play against each other. Division 3 and 4 play one time in division and then play other division in non-league contests. Non-league games between all divisions to bring game totals to 12-14 contests.

All JV teams have 11-12 contests.

*Schools should check start times and let us know if adjustments are needed for home game times in case of playing under lights, etc.

Link for Varsity: [Click here for the latest schedule](#)

Link for JV: [Click here for the latest schedule](#)

2025-2026 BOYS AND GIRLS VARSITY SPRING TRACK – 16 MEETS

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Track	Team 6	Team 6	16	3/16/2026	3/16/2026

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

OCIAA Meet: May 22-23, 2026

Sectionals: May 28-29, 2026

State Qualifier: June 3 - 4, 2026

States: June 12-13, 2026 @ TBA

Spring Track and Field – 16 Contests Maximum				
Division I	Division II	Division III	Division IV	Division V
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. Goshen	1. Cornwall 2. Beacon 3. Monticello 4. Liberty 5. Port Jervis	1. O'Neill 2. Fallsburg 3. Chester* 4. Sullivan West 5. Burke <small>*Seward Shadows Chester</small>	1. Tri-Valley 2. Eldred 3. Chapel Field 4. RCS 5. Homestead

Dates:

March: Div I/II – 31

April: Div I/II – 7, 14, 21, 28

May: Div I/II – 5, 12

Div III/IV/V -

Div III/IV/V – 1, 8, 15, 22, 29

Div III/IV/V – 6, 13

NOTES:

One time in division reversed from last year where possible. 6 meets prior to OCIAA's.

We encourage schools to run over the Spring Break week. We have scheduled non-division meets over spring break.

Link for Boys: [Click here for the latest schedule](#)

Link for Girls: [Click here for the latest schedule](#)

2025-2026 Girls Flag Football – 16 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Lacrosse	Team 6	Team 6	16	3/16/2026	3/16/2026

Practice Starts: March 9, 2026

Number Practices before Scrimmage: Team: 6

Number Practices before Game: Team: 6

Spring Break: March 30 - April 3

Sections: May 22, 2026

Regional: May 29-30, 2026

States: June 6-7th, 2026 @ Cortland HS

Section IX Girls Flag Football – 16 Contests Maximum		
<u>Division 1 Class A (1018+)</u>	<u>Division 2 Class B (601-1017)</u>	<u>Division 3 (up to 600)</u>
<ol style="list-style-type: none"> 1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 	<ol style="list-style-type: none"> 1. Warwick 2. Washingtonville 3. Minisink 4. Goshen 	<ol style="list-style-type: none"> 1. Saugerties 2. Lourdes 3. Highland 4. Marlboro 5. O'Neill 6. Rhinebeck 7. Burke Catholic

Dates:

March: 25, 27

April: 1, 8, 10, 15, 17, 22, 24, 29,

May: 1, 6, 8, 13, 15

Notes:

Scheduled in 3 divisions. All divisions play 2 times within division. Division 1/2 play two times in Division for 6-8 games then non-league Div. 1 vs. Div. 2 for 2-4 games. Division 3 plays two times for 12 games. Schools can schedule on their own up to 16 contests.

Link for Schedule: [Click here for the latest schedule](#)

2024-2025 Unified Basketball

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1st Possible Date - Scrim.	1st Possible Date - Game
Unified Basketball	Team 6	Team 6	-	4/7/2026	4/7/2026

Practice Starts: March 23, 2026

Number Practices before Scrimmage: Team / Individual: 6

Number Practices before Game: Team / Individual: 6

Spring Break: March 30 - April 3

Unified Basketball

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>
1. Cornwall 2. Goshen 3. Warwick 4. Port Jervis 5. Monroe Woodbury (P) 6. Monroe Woodbury (W) 7. Washingtonville	1. NFA 2. Middletown 3. Pine Bush 4. Valley Central 5. Kingston 6. Beacon	1. Rondout 2. Pine Plains 3. Arlington 4. John Jay 5. Red Hook 6. Wallkill 7. New Paltz 8. Webutuck/Millbrook

DATES:

April: 21, 23, 28, 30

May: 5, 7, 12, 14, 19, 21 (Culminating Games)

Notes: Play on Tues / Thurs

Play one time in division 6-7 games.

Link for Schedule: [Click here for the latest schedule](#)

2025-2026 MODIFIED BASEBALL (7-8) – 14 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Baseball	Team 10	Team 10	14	3/24/2026	4/6/2026

Practice Starts: March 16, 2026

Number Practices before Scrimmage: Team / Individual: 10

Number Practices before Game: Team / Individual: 10

Spring Break: March 30 - April 3

Modified Baseball – 14 games Maximum			
Division 1	Division 2	Division 3	Division 4
1. Monroe-Woodbury (P)	1. Monroe-Woodbury(W)	1. Florida	1. Liberty
2. Newburgh	2. Minisink	2. Greenwood Lake	2. Fallsburg
3. Middletown	3. Port Jervis	3. O’Neill	3. Sullivan West
4. Pine Bush Crispell	4. Pine Bush Circleville	4. Chester	4. Tri-Valley
5. Washingtonville	5. Goshen	5. Tuxedo	5. Eldred
6. Warwick	6. Cornwall	6. Chapel Field	6. RCS
7. Valley Central	7. Beacon	7. Burke	
	8. Monticello		

Dates:

April: 9, 14, 16, 21, 23, 28, 30

May: 5, 7, 12, 14, 19, 21, 26, 28,

June: 2, 4,

NOTES:

Games played generally on days when varsity and JV are not playing (Tuesdays and Thursdays). Will allow for field availability, bussing, and officials availability. Div. 1 and 2 opposite of each other so multiple team schools have facilities available and transportation evens out. Div. 3 and 4 play some teams 3x to get their maximum.

Link for Schedule: [Click here for the latest schedule](#)

2025-2026 MODIFIED SOFTBALL (7-8) – 14 GAMES

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Softball	Team 6	Team 6	14	3/24/2026	3/24/2026

Practice Starts: March 16, 2026

Number Practices before Scrimmage: Team / Individual: 6

Number Practices before Game: Team / Individual: 6

Spring Break: March 30 - April 3

<u>Modified Softball – 14 games Maximum</u>			
<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. Monroe-Woodbury	1. Minisink	1. Florida	1. Liberty
2. Newburgh	2. Monticello	2. Greenwood Lake	2. Fallsburg
3. Middletown	3. Port Jervis	3. O’Neill	3. Sullivan West
4. Pine Bush Crispell	4. Pine Bush Circleville	4. Chester	4. Tri-Valley
5. Valley Central	5. Goshen	5. Tuxedo	5. Eldred
6. Warwick	6. Cornwall	6. Chapel Field	6. RCS
7. Washingtonville	7. Beacon	7. Burke	

Dates:

April: 9, 14, 16, 21, 23, 28, 30

May: 5, 7, 12, 14, 19, 21, 26, 28,

June: 2, 4,

NOTES:

Games played generally on days when varsity and JV are not playing (Tuesdays and Thursdays). Will allow for field availability, bussing, and officials availability. Div. 1 and 2 opposite of each other so multiple team schools have facilities available and transportation evens out. Div. 3 and 4 play some teams 3x to get their maximum.

Link for Schedule: [Click here for the latest schedule](#)

2025-2026 BOYS AND GIRLS MODIFIED TRACK (7-8) – 10 MEETS

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Track	Team 6	Team 6	10	3/24/2026	3/24/2026

Practice Starts: March 16, 2026

Number Practices before Scrimmage: Team / Individual: 6

Number Practices before Game: Team / Individual: 6

Spring Break: March 30- April 3

Modified Spring Track and Field – 10 Meets Maximum	
1. Newburgh	13. Monticello
2. Monroe-Woodbury	14. Port Jervis
3. Middletown	15. Liberty
4. Kingston	16. Fallsburg
5. Pine Bush	17. Sullivan West
6. Valley Central	18. Tri-Valley
7. Washingtonville	19. Eldred
8. Minisink Valley	20. Greenwood Lake
9. Warwick	21. West Point
10. Cornwall	22. Burke Catholic
11. Goshen	23. Homestead School
12. Beacon	24. RCS

Dates:

April: 9, 16, 23, 30

May: 7, 14, 21, 28

NOTES:

Boys Schedule: [Click here for the latest schedule](#)

Girls Schedule: [Click here for the latest schedule](#)

2025-2026 BOYS MODIFIED LACROSSE – 12 games
9 Minute Quarters

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1st Possible Date - Scrim.	1st Possible Date - Game
Boys Lacrosse	Team 6	Team 6	12	3/24/2026	3/24/2026

Practice Starts: March 16, 2026

Number Practices before Scrimmage: Team / Individual: 6

Number Practices before Game: Team / Individual: 6

Spring Break: March 30- April 3

Boys Modified A (Grades 7,8, 9) | Boys Modified B (Grades 7 & 8 Only) – 12 Games

Boys Lacrosse – Modified A

<u>Division 1</u>
1. Monroe Woodbury
2. Middletown
3. FDR
4. Saugerties
5. Red Hook
6. Rondout
7. Highland

Boys Lacrosse – Modified B

<u>Division 1</u>	<u>Division 2</u>
1. NFA	7. Washingtonville
2. Kingston	8. Warwick
3. Pine Bush	9. Minisink
4. Valley Central	10. Cornwall
5. Wallkill	11. Goshen
6. New Paltz	12. DV PA

Dates:

April: 9, 13, 16, 20, 23, 27, 30

May: 4, 7, 11, 14, 18, 21, 27, 29

NOTES:

Mondays/Thursdays are used to help with officials availability since there is no varsity or JV scheduled on Monday's and limited games scheduled on Thursdays. Teams play twice in division then play other teams for last two games to fill out 12 game schedule.

Link for Schedule: [Click here for the latest schedule](#)

2025-2026 GIRLS MODIFIED LACROSSE – 12 games
25 Minute Halves

Sport	Practices for Scrimmage	Practices for Game	Maximum Contests	1 st Possible Date - Scrim.	1 st Possible Date - Game
Girls Lacrosse	Team 6	Team 6	12	3/24/2026	3/24/2026

Practice Starts: March 16, 2026

Number Practices before Scrimmage: Team / Individual: 6

Number Practices before Game: Team / Individual: 6

Spring Break: March 30- April 3

Girls Modified A (Grades 7,8, 9) | Girls Modified B (Grades 7 & 8 Only) – 12 Games

Girls Lacrosse – Modified A

Division 1	Division 2
1. Monroe Woodbury	1. Saugerties
2. Washingtonville	2. Red Hook
3. Chester	3. Rondout
4. FDR	4. New Paltz
	5. Highland

Girls Lacrosse – Modified B

Division 1	Division 2
1. NFA	1. Warwick
2. Middletown	2. Minisink
3. Kingston	3. Cornwall
4. Pine Bush	4. Goshen
5. Valley Central	5. Beacon
	6. DV PA

Dates:

April: 9, 13, 16, 20, 23, 27, 30

May: 4, 7, 11, 14, 18, 21, 27, 29

NOTES:

Mondays/Thursdays are used since there is no varsity or JV scheduled on Monday's and limited games scheduled on Thursdays. Officials should be more available. Each team plays 2x in division then play other schools for the remainder of their games. Everyone has 12 games.

Link for Schedule: [Click here for the latest schedule](#)

Section IX Athletics Policy on Noise Makers and Signs

Effective Date: [Insert Date]

To ensure a safe, respectful, and sportsmanlike environment at all Section IX athletic events both during the regular season and postseason, the following policy regarding the use of noise makers and signs is hereby enacted:

Policy Statement

The use of **artificial or natural noise makers and signs** is **strictly prohibited at all indoor and outdoor events** sanctioned by Section IX Athletics for both regular and postseason contests.

Hand held signs are not permitted. Signs that can be hung will be permitted at the discretion of the home school. (ie) senior day, recognizing booster club sponsors etc. Signs recognizing milestones - (1,000 points, 200 Strikeouts, etc.) are also permitted. Athletic Directors are encouraged to communicate these and any other special circumstances with each other.

Exceptions

- **Pep Bands:** Pep bands are **not considered noise makers** under this policy and are **permitted with venue permission**. All pep band performances must be coordinated in advance with the host school or event organizer.
- Pep Bands are asked to observe the following:
 - At no time can bands, percussion, any part of an instrument perform while the ball is in play.
 - Do not allow band instruments, drums, etc., to be used as noise makers.

Enforcement

- Event staff, game officials, and school administrators are authorized to enforce this policy. PA announcements can be made during pre game announcements.
- Violators may be required to surrender prohibited items and/or may be removed from the venue.
- Repeated or egregious violations may result in further disciplinary action, including exclusion from future events.

Rationale

This policy is designed to promote a positive and distraction-free atmosphere for student-athletes, coaches, officials, and fans. It aligns with Section IX's commitment to sportsmanship, safety, and equity at all interscholastic competitions.

Scholar Athlete Point System

Criteria	Points	Student Name	Student Name	Student Name	Student Name	Student Name
<i>Academics</i>						
Valedictorian: to be calculated at 30 wks of sr yr ...unweighted average	3 points					
Salutatorian: to be calculated at 30 wks of sr yr ...unweighted average	2 points					
Grade Point Avg. 95.5 - 100	4 points					
Grade Point Avg. 90.0 - 95	3 points					
Top 20% of class	1 point					
<i>Athletics</i>						
Plays in 3 sports	2 point					
Plays in 2 sports	1 point					
Vital player in 1 sport – for both Junior & Senior year	1 pt./sport (max 6 pt)					
9th or 10 th grader playing on a Var. sport when there is a Jr. Var team available	- ½ pt/sport/yr					
7 th or 8 th grader playing on a Var. or JV sport when there is a modified sport	-1/2 pt/sport/yr					
MISC- All-Star Recognitions						
<i>Citizenship/Leadership</i>						
Class Officer (Pres, VP, Sec Treas)	¼ pt/yr					
Student Council/Gov, Volunteer, etc...	¼ pt/yr					
TOTAL SCORE						



Meeting Dates 2025 - 2026



MHAL	MHAL EXECUTIVE COMMITTEE	OCIAA	OCIAA EXECUTIVE COMMITTEE	SECTION IX
August 20, 2025 9:30 am Dutchess BOCES	October 15, 2025 11:00 am Dutchess BOCES	August 19, 2025 9:30 am Orange-Ulster BOCES	October 1, 2025 9:00 am Orange-Ulster BOCES	September 4, 2025 9:30 am Orange-Ulster BOCES
September 17, 2025 9:30 am Dutchess BOCES	January 14, 2026 11:00 am Dutchess BOCES	September 16, 2025 9:30 am Orange-Ulster BOCES	December 17, 2025 9:00 am Orange-Ulster BOCES	September 8, 2025 NYSPHSAA Mandated Workshop 8:30 Otterkill Golf Club
October 15, 2025 9:30 am Dutchess BOCES	May 20, 2026 11:00 am Dutchess BOCES	October 14, 2025 9:30 am Orange-Ulster BOCES	March 18, 2026 9:00 am Orange-Ulster BOCES	October 7, 2025 9:30 am Orange-Ulster BOCES
November 19, 2025 9:30 am Dutchess BOCES		November 18, 2025 9:30 am Orange-Ulster BOCES	May 27, 2026 9:00 am Orange-Ulster BOCES	November 6, 2025 9:30 am Zoom Meeting
December 10, 2025 9:30 am Dutchess BOCES		December 9, 2025 9:30 am Orange-Ulster BOCES		January 6, 2026 9:30 am Orange-Ulster BOCES
January 14, 2026 9:30 am Dutchess BOCES		January 13, 2026 9:30 am Orange-Ulster BOCES		March 10, 2026 9:30 am Zoom Meeting
February 11, 2026 9:30 am Dutchess BOCES		February 10, 2026 9:30 am Orange-Ulster BOCES		April 9, 2026 9:30 am Orange-Ulster BOCES
March 18, 2026 9:30 am Dutchess BOCES		March 17, 2026 9:30 am Orange-Ulster BOCES		May 12, 2026 9:30 am Orange-Ulster BOCES
April 22, 2026 9:30 am Dutchess BOCES		April 21, 2026 9:30 am Orange-Ulster BOCES		June 10, 2026 8:00 am TBA In-Person
May 20, 2026 9:30 am Dutchess BOCES		May 21, 2026 9:30 am Orange-Ulster BOCES		
June 17, 2026 9:30 am Dutchess BOCES		June 16, 2026 9:30 am Orange-Ulster BOCES		