

**MID HUDSON ATHLETIC LEAGUE
ATHLETIC DIRECTORS WORKSHOP
NOVEMBER 19, 2025 - 9:30AM
Dutchess BOCES**

1. APPROVAL OF MINUTES OF THE LAST MEETING
2. SECTIONAL REPORT - GREG RANSOM AND JIM OSBORNE
3. PRESIDENT'S REPORT- TOM CASSATA
4. REGIONAL OFFICE REPORT- CHRIS MAYO
5. ATHLETIC COORDINATOR'S REPORT - DENNIS BURKETT
6. COMBINING OF TEAMS- FRANK ALFONSO
7. MODIFIED REPORT- MATT SALAMONE
8. OLD BUSINESS
9. NEW BUSINESS
10. MOTION TO ADJOURN

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

Handbook Committee – Addition to Representation Rule

- Action Item
- Discussion Item
- Informational Item

Presenter:

Pat Pizzarelli, Chairmen of Handbook Committee

Proposal:

The NYSPHSAA Handbook Committee is recommending the following addition to the letter a. of the Representation Rule:

“A contestant or athletic team shall not represent a school in a game, contest, or scrimmage, except in conformance with all rules and regulations.”

Effective Start Date:

2025-2026 school year

Rationale:

This recommendation clearly states the that all students must meet all rules and regulations before representing their school in a game, contest, or scrimmage.

Proposal Originated:

NYSPHSAA Handbook Committee

Budgetary Impact:

None

Notes:

None

Attachments:

None

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

Modified Committee – Flag Football Coordinator

- Action Item
- Discussion Item
- Informational Item

Presenter:

Jim Rose, Co-Chairmen of NYSPHSAA Modified Committee

Proposal:

The NYSPHSAA Modified Committee is recommending Matt Lapinski from Section 5 as the Modified Flag Football Coordinator.

Effective Start Date:

2026

Rationale:

This is an open position on the Modified Committee.

Proposal Originated:

NYSPHSAA Modified Committee

Budgetary Impact:

None

Notes:

None

Attachments:

None

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

Modified Committee – Ice Hockey Coordinator

- Action Item
- Discussion Item
- Informational Item

Presenter:

Jim Rose, Co-Chairmen of NYSPHSAA Modified Committee

Proposal:

The NYSPHSAA Modified Committee is recommending Dean Berardo from Section 1 as the Modified Ice Hockey Coordinator.

Effective Start Date:

2026

Rationale:

This is an open position on the Modified Committee.

Proposal Originated:

NYSPHSAA Modified Committee

Budgetary Impact:

None

Notes:

None

Attachments:

None

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

Modified Committee – Revision to the NYSPHSAA Promotion Rule

- Action Item
- Discussion Item
- Informational Item

Presenter:

Jim Rose, Co-Chairmen of NYSPHSAA Modified Committee

Proposal:

The NYSPHSAA Modified Committee is recommending revising the NYSPHSAA Promotion Rule in the NYSPHSAA Handbook with the following language:

*“**With Section approval**, contestants **may** be promoted to a higher classification within the modified program or to a junior varsity or varsity team **at any time during** their modified schedule.”*

Effective Start Date:

2026-2027 school year

Rationale:

Several Sections have indicated that many 7th and 8th graders do have the ability to move up to the high school level but are kept down on the modified level to support the numbers at the modified level. This revision would allow the 7th and 8th graders the ability to complete the modified season and then be brought up to the high school level as long as they have completed the APP process.

Proposal Originated:

NYSPHSAA Modified Committee

Budgetary Impact:

None

Notes:

None

Attachments:

None

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

BOYS BASKETBALL: Adopt new 5-second closely guarded NFHS rule (by State Association adoption)

- Action Item
 Discussion Item
 Informational Item

Presenter:

Bob Mayo, NYSPHSAA Boys Basketball Coordinator

Proposal:

The NYSPHSAA Boys Basketball Committee is seeking approval to adopt the note under rule 9-10-art 1a which states – *“By state association adoption, if utilizing the 35-second shot clock, players may dribble the ball for more than five seconds.”*

Effective Start Date:

Winter 2025-26

Rationale:

The NYSPHSAA State Committee felt strongly about this rule which would encourage offensive movement and maintain game flow. The rule applies in the frontcourt only. Other key points to this rule:

- A player holding the ball in the frontcourt must pass, shoot, or dribble within five seconds while being closely guarded by a defender in a legal guarding position.
- The closely guarded count ends if the offensive player starts a dribble, the defender ceases to be within six feet, or a switch in defenders occurs.
- The rule emphasizes player and ball movement and rewards strong on-ball defense.

Proposal Originated:

NYSPHSAA State Committee at its October 2025 meeting.

Budgetary Impact:

None

Notes:

This NYSPHSAA State Committee voted 11-0 in favor of supporting this proposal.

Attachments:

None

CAC Feedback:

N/A

DATE REVISED: October 7, 2025

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

BOYS/GIRLS BOWLING – Establish minimum roster size of five (5) bowlers on the school team at the State Tournament

- Action Item
- Discussion Item
- Informational Item

Presenter:

Mike O’Connell, NYSPHSAA Boys Bowling Coordinator
Eileen Shultis, NYSPHSAA Girls Bowling Coordinator

Proposal:

The NYSPHSAA Boys and Girls Bowling State Committee is seeking approval to require the school team in each division to have a minimum of five (5) athletes on its roster for the state tournament and begin competition with at least five (5) athletes.

Effective Start Date:

Winter (March) 2026

Rationale:

Currently, six athletes compete on a school bowling team at the state tournament with five of them scoring. If a school brought less than five athletes, they would create a multitude of logistical and equity issues during competition. First, pace of play would be significantly faster than the other lanes if only four athletes bowled. Second, the oil pattern would break down at a much different rate. Third, the integrity of scoring would be compromised with just four bowlers and thus that team would have no chance to compete for a state title.

At this time, there is no rule on a minimum # of athletes on a school team required for state tournament play. This proposal would require a section to ensure it advances a team with at least five bowlers but still can allow any number of bowlers for its section tournament. If a team endures an injury during competition, they still may participate, however a pacer will fill their spot. The pacer score will not be counted but the team score will be.

Proposal Originated:

State Committee at its September 26, 2025 meeting.

Budgetary Impact:

There is no cost to NYSPHSAA or member sections in this proposal.

Notes:

The Bowling State Committees supported this proposal with a 10-0 girls vote and 9-1 boys vote at their September 26th meeting.

CAC Feedback:

Voted 8-0 in support of this proposal at its October 8th meeting

DATE REVISED: October 8, 2025

Girls Wrestling: Revise the Representation Rule

- Action Item
- Discussion Item
- Informational Item

Presenter:

Ryan Palmer, NYSPHSAA Girls Wrestling Coordinator

Proposal:

The NYSPHSAA Girls Wrestling Committee is recommending revising the current NYSPHSAA Representation Rule that allows female wrestlers to participate in both male and female events during the regular season and then choose to participate in the female NYSPHSAA Championship. *The revision would prohibit any female that participates on a boys team in the regular season from participating in the girls post season.*

Effective Start Date:

2026-2027

Rationale:

The committee has supported the current NYSPHSAA Representation language because it allowed Girls Wrestling to grow and gave athletes the opportunity to wrestle. The committee now feels the time has come for girls to choose which post season they are going to participate in by deciding who they will compete against during the regular season. This change would also help in seeding the girl's tournament because all the results would be from girl only matches. The committee believes this proposal helps level the playing field between all female competitors.

Proposal Originated:

NYSPHSAA Girls Wrestling Committee

Budgetary Impact:

None

Notes:

Girls would still be able to practice against the boys if they successfully passed mixed competition. The committee voted 5-4 in favor of this proposal.

This is the second time the proposal will be discussed. The Central Committee requested data be gathered.

Attachments:

None

Girls Flag Football NFHS Rule Adoption

- Action Item
- Discussion Item
- Informational Item

Presenter:

Jen Lapinski- Co- Flag Football Coordinator

Proposal:

Adopt the NFHS Rules for the 2025-26 Season with the following waivers.

1. Request a waiver to not allow the Field Goal option
2. Request a waiver to continue to follow our current Flag Belt rules: 2 pop belts minimum 14' in length, add the width minimum from the NFHS Rule book of 1 ½ ' in width
3. Request a waiver to specify a 1 Yard Neutral Zone
4. *Request a Waiver to the Uniform specifications as outlined in the NFHS Rule Book for Items Jersey: a-5.2.b3, a-5.2.b4, a-5.3.b3, a-5.3.b4, NUMBERS: 5-b3, b4 (Page 14 & 15) the 25-26 Season.*

*5-d: *Note: If schools have shorts are not a solid color for he 25-26 season, the flag must be a clearly contrasting color to the shorts and any striping or patterns on the shorts.*

Effective Start Date:

Spring 2026

Rationale:

The NFHS Rules provide consistency for our committee recommended the waivers to avoid any additional cost to schools (ex. Purchasing new belts) and maintain consistency in the progress we've made in our sport thus far, which we feel these waivers accomplish. Additionally, the waivers ensure access to all needs for teams to maintain and add new teams throughout the state (ex. Not allowing the field goal as many teams do not play on fields with field goals currently.) Specific to the uniform waiver, the committee would like to provide a one year buffer for schools to plan accordingly to update uniforms as needed.

Proposal Originated:

Sectional concern brought to the NYSPHSAA Flag Football Committee. This was also discussed with and supported by officials groups.

Budgetary Impact:

None

Notes:

The NYSPHSAA Flag Football Committee voted in favor of this change 9-0.

Girls Flag Football Rule Request: Dead Ball Flag Checks

- Action Item
- Discussion Item
- Informational Item

Presenter:

Jen Lapinski- Co- Flag Football Coordinator

Proposal:

The NYSPHSAA Flag Football Committee is requesting to add language to the NFHS Rules to require dead ball flag checks. The process will be as follows:

Officials will conduct one dead ball flag check per half at the end of one quarter per half. The athlete will be selected at random by the official.

If a belt is found to be not within the NYSPHSAA Waiver Standards, the flag check would result in an unsportsmanlike penalty.

Belt Specifications: Flag Belt rules: 2 pop belts minimum 14' in length, add the width minimum from the NFHS Rule book of 1 ½ ' in width

Effective Start Date:

Spring 2025

Rationale:

There is currently no process for confirming legal equipment specific to the flag belts. There have been concerns raised specific to belt lengths and belt connection apparatus.

Proposal Originated:

Sectional concern brought to the NYSPHSAA Flag Football Committee and continued discussion amongst the Flag Football committee relative to belts.

Budgetary Impact:

None

Notes:

This proposal was discussed with the official's association and rules interpreters as well to ensure consistency and feasibility of implementation.

The NYSPHSAA Flag Football Committee voted in favor of this change 9-0.

Girls Flag Football Pilot: Onside Play

- Action Item
- Discussion Item
- Informational Item

Presenter:

Jen Lapinski- Co- Flag Football Coordinator

Proposal:

Consider approval of an Onside Play Option.

The option is only available to the team behind in score during the final 5 minutes of the second half and only immediately after the trailing team has scored a touchdown or field goal.

This is a timed down.

This option is not available after the trailing team has scored a safety.

This option is never available to the team ahead in points.

After the trailing team has scored and attempted the extra point, the team captain of the trailing team must inform the referee they intend to attempt an onside play.

The ball is placed on the teams 20 yard line, going out.

This play is treated exactly like a 4th down play including the assessment of penalties with one exception. If a foul occurs that includes an automatic first down (ie. roughing the passer) the offense will not receive a new set of downs. They will receive the 15 yard penalty and replay the down, (ie, fourth and five from the 35 yard line, line to gain is the 40 yard line.)

The offense must advance the ball to the 40 yard line or beyond, after all live ball penalties have been assessed in order to retain the ball.

Dead ball penalties will not be considered in determining if the line to gain was achieved.

If the offense retains the ball the next zone-line-to-gain will be determined.

If the offense does not retain the ball the defense will take possession of the ball where it became dead (end of the run or previous LOS) and the next zone-line-to-gain will be established.

Interceptions returned to the end zone by the defense during an onside play are worth 6 points and a PAT attempt.

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

There is no limit to the amount of onside plays a team may use as long as the provisions of lines 1, 2, and 3 of this section are still valid.

Once the team reaches the 20 yard conversion, the play is blown dead. The team will receive the ball first and zone at their own 20 yard line. If the team does not convert, the ball is spotted where the play is blown dead.

Effective Start Date:

Spring 2026

Rationale:

Based on feedback from several teams across the state, there is a need to provide the opportunity for a team to obtain possession when down two scores at the end of the game. Additionally, it was discussed at the NFHS Rules

Proposal Originated:

Sectional concern brought to Flag Football Committee.

Budgetary Impact:

None

Notes:

This would only apply to the regular season, and Sections could choose to implement this pilot. If this is successful in the 2026 season, our committee would discuss and obtain feedback to add this to post season play.

The Flag Football Committee is in favor of this pilot 9-0.

Attachments:

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

OUTDOOR TRACK – TO UTILIZE THE SUPER STANDARD, AN ATHLETE MUST FINISH TOP FIVE IN THE STATE QUALIFIER MEET, EFFECTIVE 2026

- Action Item
- Discussion Item
- Informational Item

Presenter:

Dan Doherty, NYSPHSAA Girls Outdoor Track Coordinator
Tom Wells, NYSPHSAA Boys Outdoor Track Coordinator

Proposal:

The Boys and Girls Outdoor Track Committees are seeking approval to set in place when using the super standard to qualify for the state meet, an athlete must finish in the top five in the state qualifier meet.

Effective Start Date:

Spring 2026

Rationale:

This proposal addresses the concern from membership about the number of participants at the state meet which was also going to be addressed by the Championship Philosophy Committee for all individual sports.

In 2025 (2,593 athletes), the event went to three divisions but only saw a modest increase comparing 2024 (2,008 athletes) considering an entire division was added. It is anticipated that 2026 will see reduction to 2,300 participating athletes. However, the changes proposed will result in a decrease in quality athletes at the state meet.

Proposal Originated:

NYSPHSAA Staff and Boys & Girls Outdoor Track State Committees at their September 9, 2025.

Budgetary Impact:

If this is approved, there will be fewer athletes to transport to the state meet which will save sections travel expenses.

Notes:

The boys committee voted 11-0 and girls committee voted 9-1 in favor of this proposal at its September meeting.

Attachments:

None

CAC Feedback:

Voted 8-0 in support of this proposal at its October 8th meeting

DATE REVISED: October 8, 2025 .

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

OUTDOOR TRACK – NO ADDITIONAL PERFORMANCES USING THE SUPER STANDARD (OBTAINED AFTER THE STATE QUALIFIER MEET) WILL COUNT TOWARD ENTRY INTO THE STATE MEET

- Action Item
- Discussion Item
- Informational Item

Presenter:

Dan Doherty, NYSPHSAA Girls Outdoor Track Coordinator
Tom Wells, NYSPHSAA Boys Outdoor Track Coordinator

Proposal:

The Boys and Girls Outdoor Track Committees are seeking approval to not allow performances using the super standards (obtained after the state qualifier meet) toward entry into the state meet.

Effective Start Date:

Spring 2026

Rationale:

This proposal helps address the concern from membership about how athletes qualify.

In 2025 (2,593 athletes), the event went to three divisions but only saw a modest increase comparing 2024 (2,008 athletes) considering an entire division was added. It is anticipated that 2026 will see reduction to 2,300 participating athletes. However, the changes proposed will result in a decrease in quality athletes at the state meet.

Proposal Originated:

NYSPHSAA Staff and Boys & Girls Outdoor Track State Committees at their September 9, 2025.

Budgetary Impact:

If this is approved,

Notes:

The boys committee voted 8-3 and girls committee voted 9-1 (Section 1 not present) in favor of this proposal at its September meeting.

Attachments:

None

CAC Feedback:

Voted 8-0 in support of this proposal at its October 8th meeting

OUTDOOR TRACK – UTILIZE THE THREE-YEAR AVERAGE FOR THE FORMULA FOR QUALIFYING STANDARDS USING THE SEED PERFORMANCES

- Action Item
- Discussion Item
- Informational Item

Presenter:

Dan Doherty, NYSPHSAA Girls Outdoor Track Coordinator
Tom Wells, NYSPHSAA Boys Outdoor Track Coordinator

Proposal:

The Boys and Girls Outdoor Track Committees are seeking approval to utilize the three-year average for the formula for qualifying standards using the seed performances.

Effective Start Date:

Spring 2026

Rationale:

This proposal helps address the concern from membership about how athletes qualify and additionally provided for more up-to-date data being used. Previously, the five-year average was being used for the formula.

In 2025 (2,593 athletes), the event went to three divisions but only saw a modest increase comparing 2024 (2,008 athletes) considering an entire division was added. It is anticipated that 2026 will see reduction to 2,300 participating athletes. However, the changes proposed will result in a decrease in quality athletes at the state meet.

Proposal Originated:

NYSPHSAA Staff and Boys & Girls Outdoor Track State Committees at their September 9, 2025.

Budgetary Impact:

If this is approved, it will reduce the size of the state meet thus saving sections money on athlete/coach travel to the state tournament.

Notes:

The boys committee voted 11-0 and girls committee voted 9-1 (Section 1 not present) in favor of this proposal at its September meeting.

CAC Feedback:

Voted 8-0 in support of this proposal at its October 8th meeting

New York State Public High School Athletic Association



Executive Committee Meeting – October 21, 2025

BASEBALL: Make it optional to utilize a double first base during the 2026 season (regular & postseason)

- Action Item
- Discussion Item
- Informational Item

Presenter:

Al Roy, NYSPHSAA Baseball State Coordinator
Tim Harkness, NYSPHSAA Baseball Assistant Coordinator

Proposal:

The NYSPHSAA Baseball Committee is seeking approval of making it optional to utilize a double first base for the 2026 season (regular and postseason).

Effective Start Date:

Spring 2026

Rationale:

If this proposal is approved, it would allow schools to prepare this coming spring for the 2027 season mandate as well as exercise safety in the process. Sections, leagues and schools have the option of installing and using the double first base for 2026. The NFHS double first base rule is mandatory for the 2027 season and numerous NYSPHSAA member schools have contacted our office making inquiries about implementation.

Proposal Originated:

NYSPHSAA State Committee on September 25, 2025

Budgetary Impact:

There will be a budget impact for member schools and potentially NYSPHSAA. Schools will be required to buy the double first base unit (or separate half) and possibly dig/install new plugs on their fields if this is chosen to be used by the section, league or school. If NYSPHSAA chooses to implement it for the State Final Four, the purchase would be necessary.

Notes:

This NYSPHSAA State Committee voted 10-0 in favor of supporting this proposal at its September meeting.

Attachments:

None

CAC Feedback:

Not necessary

DATE REVISED: September 25, 2025



Section IX Athletics

Gregory Ransom, Executive Director
2026-2027
Proposed Budget

EXPENDITURES:

		SPORT	BOYS	GIRLS
SALARIES:				
Section IX Executive Director	\$ 48,188.00	Baseball	\$ 10,000.00	
Section IX Officials Negotiator /	\$ 67,440.00	Basketball	\$ 26,000.00	\$ 26,000.00
MHAL Coordinator		Bowling	\$ 4,000.00	\$ 4,000.00
Section IX Secretary/Asst. Treasurer	\$ 40,443.00	Cheerleading (Competitive)		\$ 5,000.00
Section IX Treasurer/Asst. Secretary	\$ 23,753.00	Cheerleading (Game Day)		\$ 5,000.00
Section IX Eligibility Chairperson	\$ 7,021.00	Cross Country	\$ 4,000.00	\$ 4,000.00
Social Security/Comp/Unemployment	\$ 12,365.00	Field Hockey		\$ 4,000.00
Total	\$ 199,210.00	Flag Football		\$ 6,000.00
Office Equipment & Supplies	\$ 18,000.00	Football	\$ 31,000.00	
Catering	\$ 3,000.00	Golf	\$ 3,000.00	\$ 3,000.00
Travel/Conference	\$ 7,000.00	Gymnastics		\$ 4,000.00
Membership	\$ 2,000.00	Ice Hockey	\$ 3,000.00	
Audit	\$ 6,000.00	Lacrosse	\$ 7,000.00	\$ 7,000.00
Awards	\$ 35,000.00	Modified Sports	\$ 500.00	\$ 500.00
Paychex Services	\$ 3,000.00	Softball		\$ 10,000.00
Unified Sports	\$ 4,000.00	Skiing Alpine	\$ 5,000.00	\$ 5,000.00
Legal Fees	\$ 6,000.00	Skiing Nordic	\$ 3,000.00	\$ 3,000.00
Total	\$ 84,000.00	Soccer	\$ 12,000.00	\$ 12,000.00
Boys Sport Programs	\$ 156,500.00	Swimming	\$ 9,000.00	\$ 9,000.00
Girls Sport Programs	\$ 151,500.00	Tennis	\$ 6,000.00	\$ 6,000.00
Insurance	\$ 21,340.00	Track & Field	\$ 9,000.00	\$ 9,000.00
NYSAAA/NJAAA Dues	\$ 8,800.00	Winter Track	\$ 9,000.00	\$ 9,000.00
Total	338,140.00	Wrestling	\$ 15,000.00	\$ 8,000.00
		Volleyball		\$ 12,000.00
Expenditure Total	\$ 621,350.00	Total	\$ 156,500.00	\$ 151,500.00

INCOME:

Section IX Dues \$280.(per varsity team) x 975 teams	\$ 273,000.00
Section IX Gate Revenue, Spalding Contract, and Sponsors	\$ 318,210.00
Section IX Insurance per school fee \$485. x 44 schools	\$ 21,340.00
NYSAAA-NIAAA Dues per school \$200. x 44 schools	\$ 8,800.00
Total Income	\$ 621,350.00

Section IX	2013-2014		2014-2015		2015-2016		2016-2017		2017-2018	
Dues Charge per varsity team	\$315.00	-1.3%	\$250.00	-20%	\$225.00	-10%	\$225.00	0.0%	\$225.00	0.0%
Insurance Charge per District	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%	\$150.00	0.0%
	2018-2019		2019-2020		2020-2021		2021-2022		2022-2023	
Dues Charge per varsity team	\$225.00	0.0%	\$225.00	0.0%	\$225.00	0.0%	\$200.00	-11.0%	\$225.00	+11.0%
Insurance Charge per District	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%	\$454.00	0.0%
NYSAAA-NIAA Dues Charge per District	\$150.00	0.0%	\$160.00	9.3%	\$160.00	0.0%	\$160.00	0.0%	\$160.00	0.0%
	2023-2024		2024-2025		2025-2026		2026-2027			
Dues Charge per varsity team	\$260.00	+15%	\$265.00	+1.9%	\$270.00	+1.9%	\$280	+3.7%		
Insurance Charge per District	\$454.00	0.0%	\$454.00	0.0%	\$475.00	+4.6%	\$485	+2.0%		
NYSAAA-NIAA Dues Charge per District	\$160.00	0.0%	\$160.00	0.0%	\$175.00	+9.4%	\$200	+14%		

**SECTION IX SPORTS
2026-2027 DUES**

SCHOOL: _____

CLASS: _____

Girls

Boys

- Basketball _____
- Bowling _____
- Cheerleading (Competitive) _____
- Cheerleading (Game Day) _____
- Cross Country _____
- Field Hockey _____
- Flag Football _____
- Golf _____
- Gymnastics _____
- Lacrosse _____
- Skiing, Alpine _____
- Skiing, Nordic _____
- Soccer _____
- Softball _____
- Swimming _____
- Tennis _____
- Track, Indoor _____
- Track, Outdoor _____
- Volleyball _____
- Wrestling _____

- Baseball _____
- Basketball _____
- Bowling _____
- Cross Country _____
- Flag Football _____
- Football _____
- Golf _____
- Ice Hockey _____
- Lacrosse _____
- Skiing, Alpine _____
- Skiing, Nordic _____
- Soccer _____
- Swimming _____
- Tennis _____
- Track, Indoor _____
- Track, Outdoor _____
- Volleyball _____
- Wrestling _____
- Unified Basketball _____
- Unified Bowling _____
- Unified Bocce _____

Superintendent's Signature: _____

Athletic Director's Signature: _____

SHARE: \$280. per varsity sport

NUMBER OF SPORTS: _____
 2026-2027 DUES: \$ _____
 2026-2027 NYSAAA DUES: \$ 200.00
 2026-2027 INSURANCE: \$ 485.00
 2026-2027 SWIM CLOUD \$ 150.00
 TOTAL \$ _____

Return all forms to:
 Linda Trapani, Section IX Treasurer
 P.O. Box 656
 Goshen, New York 10924
 - For Schools that have Boys and Girls Swimming

PLEASE KEEP ONE COPY FOR YOUR RECORDS; RETURN ONE COPY BY THE DUE DATE OF FRIDAY, JUNE 5, 2026. THANK YOU.

Your School District will be billed.

Section IX Dues not paid by September 1, 2026, will incur a 10% penalty.

Section IX Dues not paid by October 1, 2026, will result in INELIGIBILITY for Section IX Tournaments of that school district's athletic teams.



Section IX Athletics

Gregory Ransom, Executive

Application for Admission into Section IX – page 2

Enrollment:

Grade 11	—	Ungraded:
Grade 10	—	Ungraded:
Grade 9	6	Ungraded:
Grade 8	11	Ungraded:
Grade 7	15	Ungraded:
Grade 6	10	Ungraded:
Grade 5	13	Ungraded:

Sports (please check the boxes below for the appropriate sports/levels that you have):

Sport / Level:	Varsity	JV	Freshman	Modified	Varsity Record From Last Season
Boy's Soccer				✓	
Girl's Soccer					
Field Hockey					
Football					
Cheerleading					
Cross Country - Boy's					
Cross Country - Girl's					
Girl's Swim					
Girl's Tennis					
Volleyball				✓	
Boy's Basketball				✓	
Girl's Basketball				✓	
Indoor Track - Boy's					
Indoor Track - Girl's					
Boy's Swim					
Wrestling					
Alpine Skiing					
Nordic Skiing					
Bowling					
Gymnastics					
Baseball				✓	
Softball				✓	
Track & Field - Boy's					
Track & Field - Girl's					
Boy's Golf					
Girl's Golf					
Boy's Lacrosse				✓	
Girl's Lacrosse				✓	
Boy's Tennis					

Section IX Athletics | PO Box 656 | Goshen, NY 10924 | Phone: (914) 805-6302 | Fax: (845) 291-7306

Web site: <http://www.sectionixathletics.org>



Section IX Athletics

Gregory Ransom, Executive

Application for Admission into Section IX – page 3

Please Note: The application submission deadline is November 30th for admission into Section IX for the following school year.

We, the undersigned, certify this application for admission to Section IX Athletics for the school year 2025 - 2026.

Athletic Director: (Print) TREVOR BECKZINGHAM

Signature: *Trevor Beckingham*

Superintendent: (Print) Kevin Munnick

Signature: *Kevin Munnick*

Please send completed application to:

Section IX Athletics
Gregory Ransom, Executive Director
PO Box 656
Goshen, NY 10924



Section IX Athletics

Gregory Ransom, Executive

Application for Admission into Section IX

The Superintendent of a school seeking admission to the section must apply to the Secretary of the section in writing by November 30th for admission September 1 of the next year. The secretary will present the name of the school to the Athletic Council for its decision on acceptance or rejection, which will be a 2/3 vote. Application by a school to join or to withdraw from a league within Section IX (full or partial membership) must be submitted in writing by November 30th of the year before the implementation date, to the Section IX Athletic Council with copies of the application simultaneously forwarded to the leagues affected. It is acknowledged that the section has the authority to assign league affiliation to a school, by sport, but that such an action will be taken only after due process hearings including all leagues involved.

Applicant Information:

School District: Poughkeepsie City School District

Address: 18 S Perry St

City, Zip Code: Poughkeepsie, NY 12601

Phone Number: (845) 451-4900 (4950-Supt) & (6482-AD)

Please detail your rationale for joining Section IX Athletics:

Based on academic needs, universally accepted sports philosophy, Social Emotional Learning (SEL), and enrollment/geography, Poughkeepsie CSD is best situated as a Section IX member school district.

Poughkeepsie High School's current NYSPHSAA enrollment is 864. Based on the ten (10) schools closest to PHS in enrollment in Section I, and the ten (10) schools closest to PHS in enrollment in Section IX, the following are the results (detailed calculations attached):

Total miles to Section I schools = 503 / avg 50.3

Total miles to Section IX schools = 343 / avg 34.3

*Average travel time to Section I schools is approx. 63 minutes

*Average travel time to Section IX schools is approx. 53 minutes

*Travel times are based on car travel. Buses take considerably longer, especially since buses are not permitted on NYS parkways (Taconic, Saw Mill River, Bronx River, & Palisades).

Students should not need to be released early from school for league contests, or regularly return home late at night mid-week. Like the Olympics, students need to broaden their social/cultural knowledge by experiencing other communities (rural, suburban, & racially/ethnically/economically different).

For the above reasons, and more, PCSD seeks to return to Section IX.

Section IX Athletics | PO Box 656 | Goshen, NY 10924 | Phone: (914) 805-6302 | Fax: (845) 291-7306

Web site: <http://www.sectionixathletics.org>



Section IX Athletics

Gregory Ransom, Executive

Application for Admission into Section IX – page 2

Enrollment:

Grade 11	289	Ungraded:
Grade 10	295	Ungraded:
Grade 9	320	Ungraded:
Grade 8	325	Ungraded:
Grade 7	281	Ungraded:
Grade 6	319	Ungraded:
Grade 5	297	Ungraded:

Sports (please check the boxes below for the appropriate sports/levels that you have):

Sport / Level:	Varsity	JV	Freshman	Modified	Varsity Record From Last Season
Boy's Soccer	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	1-5
Girl's Soccer	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	2-7
Field Hockey					
Football	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	1-6
Cheerleading	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
Cross Country - Boy's	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	
Cross Country - Girl's					
Girl's Swim	<input checked="" type="checkbox"/>				4-2
Girl's Tennis	<input checked="" type="checkbox"/>				0
Volleyball	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	2-2-1
Boy's Basketball	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	14-7
Girl's Basketball	<input checked="" type="checkbox"/>				2-9
Indoor Track - Boy's	<input checked="" type="checkbox"/>				
Indoor Track - Girl's	<input checked="" type="checkbox"/>				
Boy's Swim	<input checked="" type="checkbox"/>				
Wrestling					
Alpine Skiing					
Nordic Skiing					
Bowling	<input checked="" type="checkbox"/>				0
Gymnastics					
Baseball	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	7-8
Softball	<input checked="" type="checkbox"/>				0-12
Track & Field - Boy's	<input checked="" type="checkbox"/>				
Track & Field - Girl's	<input checked="" type="checkbox"/>				
Boy's Golf					
Girl's Golf					
Boy's Lacrosse					
Girl's Lacrosse					
Boy's Tennis	<input checked="" type="checkbox"/>				0

Section IX Athletics | PO Box 656 | Goshen, NY 10924 | Phone: (914) 805-6302 | Fax: (845) 291-7306

Web site: <http://www.sectionixathletics.org>



Section IX Athletics

Gregory Ransom, Executive

Application for Admission into Section IX – page 3

Please Note: The application submission deadline is November 30th for admission into Section IX for the following school year.

We, the undersigned, certify this application for admission to Section IX Athletics for the school year 2026 - 2027.

Athletic Director: (Print) Jonathan Jefferson, Ed.D., CAA

Signature: *Jonathan Jefferson*

Superintendent: (Print) Gregory Mott

Signature: *G. Mott*

Please send completed application to:
Section IX Athletics
Gregory Ransom, Executive Director
PO Box 656
Goshen, NY 10924

Based on academic needs, universally accepted sports philosophy, Social Emotional Learning (SEL), and enrollment/geography, Poughkeepsie CSD is best situated as a Section IX member school district.

Poughkeepsie High School's current NYSPHSAA enrollment is 864. Based on the ten (10) schools closest to PHS in enrollment in Section I, and the ten (10) schools closest to PHS in enrollment in Section IX, the following are the results (detailed calculations attached):

Total miles to Section I schools = 503 / avg 50.3

Total miles to Section IX schools = 343 / avg 34.3

*Average travel time to Section I schools is approx. 63 minutes

*Average travel time to Section IX schools is approx. 53 minutes

*Travel times are based on car travel. Buses take considerably longer, especially since buses are not permitted on NYS parkways (Taconic, Saw Mill River, Bronx River, & Palisades).

Students should not need to be released early from school for league contests, or regularly return home late at night mid-week. Like the Olympics, students need to broaden their social/cultural knowledge by experiencing other communities (rural, suburban, & racially/ethnically/economically different).

For the above reasons, and more, PCSD seeks to return to Section IX.

Section I travel distances from PHS to ten (10) schools closest in enrollment. PHS = 864

School	Enrollment	Distance (miles)	Distance (minutes)
Fox Lane	950	49	58
Mahopac	948	34	34
Carmel	947	30	40
Clarkstown North	902	48	74
Lincoln	872	65	78
Horace Greeley	858	52	64
Yonkers	825	65	76
Gorton	798	64	76
Harrison	789	65	75
Peekskill	785	31	52
		503 / 50.3 avg	627 / 62.7 avg

Section IX travel distances from PHS to ten (10) schools closest in enrollment. PHS = 864

School	Enrollment	Distance (miles)	Distance (minutes)
Beacon	651	17	39
Cornwall	744	26	47
F.D.R.	855	10	21
Goshen	756	43	63
Minisink	794	49	68
Monticello	689	65	81
Valley Central	1050	27	47
Wallkill	729	20	35
Warwick	999	55	79
Washingtonville	917	31	51
		343 / 34.3 avg	531 / 53.1 avg

SCHOOL	NYS PHSA Enrollment BEDS #	FB	VB	XC	FH	B LAX	G LAX	BB	SB	BBSK	GBSK	B SOC	G SOC	GD CHEER/COMP. CHEER	Bowl Wres/ Tennis	Track and Field	Flag FB
Beacon	650	B	A	B			C	A	A	A	A	A	A	B/B	1	B	
John S. Burke*	210	D	C	D			D	B^	C	A^	C	C	C	C/D	2	C	C
Chapel Field*	90		D	D				C^	D	D	D	D	D	C/D	2		
Chester	242	C*	C	D			D	B	B	B	B	C	C	C/D	2	C	
Cornwall	747	A	AA	B		B	B	AA	AA	AA	AA	AA	AA	B/B	1	B	
Dover	318	C	B	C				B	B	B	B	B	B	C/C	2	C	
Eldred	122	D		D				D	D	C	D	D	D	C/D	2	C	
Ellenville	329	C	B	C	C			B	B	B	B	B	B	C/C	2	C	
Fallsburg	335	C	B	C				B	B	B	B	B	B	C/C	2	C	
F.D.R.	848	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	A/B	1	A	
Goshen	711	A	A	B		C	C	AA	AA	AA	AA	AA	AA	B/B	1	B	B
Highland^^	368	C	B	C		C^A	D	B	B	B	B	B	B	C/C	2	C	C
Homestead School	20			D										C/D	2	C	
Kingston	1275	AA	AAA	A	A	A	A	AAA	AAA	AAA	AAA	AAA	AAA	A/A	1	A	
Liberty	446	B	B	B				A	A	A	A	A	A	B/B	2	B	
Marlboro	458	B	A	B				A	A	A	A	A	A	C/C	2	B	C
Middletown	1976	AA	AAA	A		A	A	AAA	AAA	AAA	AAA	AAA	AAA	A/A	1	A	A
Millbrook~	185	C	C	D		D	D	C	C	C	C	C	~B	C/D	2	C	
Minisink	789	A	AA	B		B	B	AA	AA	AA	AA	AA	AA	A/B	1	B	B
Monroe-Woodbury	1692	AA	AAA	A		A	A	AAA	AAA	AAA	AAA	AAA	AAA	A/A	1	A	A
Monticello	660	A	A	B				A	A	AA	AA	A	A	B/B	1	B	
Mount Academy*	120		*C^	*C^/D^						D		*B^	*B^	C/D	2		
New Paltz	471	B	A	B		C	C	A	A	A	A	A	A	C/C	2	B	
NFA	2913	AA	AAA	A		A	A	AAA	AAA	AAA	AAA	AAA	AAA	A/A	1	A	A
James I. O'Neill	303	C	B	C		D	D	B	B	B	B	B	B	C/C	2	C	C
Onteora	257	C	C	C	C			B	B	B	B	B	B	C/C	2	C	
Our Lady of Lourdes*	641	^A	A	B	B	C	C	A	A	^AAA	^AAA	A	A		1	B	B
Pine Bush	1151	AA	AAA	A	A	A	A	AAA	AAA	AAA	AAA	AAA	AAA	A/A	1	A	A
Pine Plains ** ⁽³¹⁷⁾	180	C	C	D	C			C	C	C	C	C	C	C/D	2	C	
Port Jervis	552	B	A	B			C	A	A	A	A	A	A	B/B	2	B	
Red Hook	419	B	B	C		D	D	A	A	A	A	A	A	C/C	2	B	
Rhinebeck** ⁽³¹⁷⁾	246	C	C	D			A	B	B	B	B	B	B	C/D	2	C	C
Rondout	378	C	B	C	C	D	D	B	B	A	A	B	B	C/C	2	B	
Rockland CSD	123	D	D	D				D	D	C	D	D	D	C/D	2		
S.S Seward	152		D	D				C	C	C	C	C	C	C/D	2	C	
Saugerties	588	B	A	B		C	C	A	A	A	A	A	A	B/B	2	B	B
Spackenkill	399	C	B	C				A	A	A	A	A	A	C/C	2	C	
Sullivan West	239	C	C	D				C	B	B	B	C	C	C/D	2	C	
Tri-Valley	203	C		D				C	C	C	C	C	C	C/D	2	C	
Tuxedo	33		D	D				D	D	D	D	D	D	C/D	2		
Valley Central	1049	AA	AA	A		A	A	AAA	AAA	AAA	AA	AAA	AA	A/A	1	A	A
Walkkill	672	A	A	B		C	C	AA	AA	AA	AA	A	A	B/B	1	B	
Warwick	957	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	A/B	1	A	B
Washingtonville	945	A	AA	A		B	B	AA	AA	AA	AA	AA	AA	A/B	1	A	B
Webutuck~	147	C	D	D				C	C	C	C	C	~B	C/D	2	C	

^ - Only moved up to C in Boys XC - Girls play Class D

*Chester / Seward combined for FB - 302

^Moved by Section IX Class Comm.

^^Highland/Marlboro merged Boy's Lax

**Rhinebeck/Pine Plains for FB =317

~Mill/Web merged FB (243)/G Soc (258)

*Subject to Sect. IX Class Comm Movement



Baseball 2026-2027

OCIAA

Class AAA: (1026 +)

Newburgh Free Academy - 2913
Middletown - 1976
Monroe Woodbury - 1692
Kingston - 1275
Pine Bush - 1151
Valley Central – 1049*

Class AA: (669-1025)

Warwick - 957
Washingtonville - 945
Minisink Valley - 789
Cornwall - 747
Goshen - 711

Class A: (385-668)

Monticello – 660*
Beacon - 650
Port Jervis - 552
Liberty – 446

Class B: (241-384)

Fallsburg – 335
James I. O'Neill - 303
Chester Academy – 242
Burke – 210^

Class C: (136-240)

Sullivan West – 239*
Tri Valley – 203
S.S. Seward Institute - 152
Chapel Field – 90^

Class D: (up to 135)

Rockland CSD - 123
Eldred – 122
Tuxedo – 33 (JV Only)

MHAL

Class AA: (669-1025)

FDR – Hyde Park - 848
Wallkill - 672

Class A: (385-668)

Lourdes - 641
Saugerties - 588
New Paltz - 471
Marlboro - 458
Red Hook – 419
Spackenkill – 399*

Class B: (241-384)

Rondout Valley – 378*
Highland – 368*
Ellenville - 329
Dover – 318
Onteora – 257
Rhinebeck – 246*

Class C: (136-240)

Millbrook - 185
Pine Plains - 180
Webutuck – 147

***New Classification for 26-27**

^Moved up by Sect IX Classification Committee



Boys Basketball 2026-2027

OCIAA

Class AAA (1031 +)

Newburgh Free Academy - 2913
Middletown - 1976
Monroe Woodbury - 1692
Kingston - 1275
Pine Bush - 1151
Valley Central - 1049*

Class AA (660-1030)

Warwick - 957
Washingtonville - 945
Minisink Valley - 789
Cornwall - 747
Goshen - 711
Monticello - 660

Class A (370-659)

Beacon - 650
Port Jervis - 552
Liberty - 446
Burke - 210^

Class B (213-369)

Fallsburg - 335
James I. O'Neill - 303
Chester Academy - 242
Sullivan West - 239

Class C (121-212)

Tri Valley - 203
S.S. Seward Institute - 152
Rockland CSD - 123
Eldred - 122

Class D (up to 120)

Chapel Field - 90
Tuxedo - 33

MHAL

Class AA (660-1030)

FDR - Hyde Park - 848
Wallkill - 672
Lourdes - 641^

Class A (370-659)

Saugerties - 588
New Paltz - 471
Marlboro - 458
Red Hook - 419
Spackenkill - 399
Rondout Valley - 378

Class B (213-369)

Highland - 368*
Ellenville - 329
Dover - 318*
Onteora - 257
Rhinebeck - 246

Class C (121-212)

Millbrook - 185
Pine Plains - 180
Webutuck - 147

Class D (up to 120)

Mount Academy - 120*

^ Moved up by Section IX Classification Committee

***New Classification for 26-27**



Boy's Soccer 2026-2027

OCIAA

Class AAA (1041 +)

Newburgh Free Academy - 2913
Middletown - 1976
Monroe Woodbury - 1692
Kingston - 1275
Pine Bush - 1151
Valley Central - 1049*

Class AA (674-1040)

Warwick - 957
Washingtonville - 945
Minisink Valley - 789
Cornwall - 747
Goshen - 711

Class A (399-673)

Monticello - 660
Beacon - 650
Port Jervis - 552
Liberty - 446

Class B (246-398)

Fallsburg - 335
James I. O'Neill - 303

Class C (145-245)

Chester Academy - 242
Sullivan West - 239*
Burke - 210
Tri Valley - 203
S.S. Seward Institute - 152

Class D (up to 144)

Rockland - 123*
Eldred - 122
Chapel Field - 90
Tuxedo - 33

MHAL

Class AA (674-1040)

FDR, Hyde Park - 848

Class A (407-690)

Wallkill - 672*
Lourdes - 641
Saugerties - 588
New Paltz - 471
Marlboro - 458
Red Hook - 419
Spackenkill - 399*

Class B (246-398)

Rondout Valley - 378*
Highland - 368
Ellenville - 329
Dover - 318
Onteora - 257
Rhinebeck - 246*
^Mount Academy - 120

Class C (145-245)

Millbrook - 185
Pine Plains - 180
Webutuck - 147

* New classification for 26-27

^ Moved up by Sect IX Classification Committee



Girls Basketball 2026-2027

<u>OCIAA</u>	<u>MHAL</u>
<p><u>Class AAA (1057 +)</u> Newburgh Free Academy - 2913 Middletown - 1976 Monroe Woodbury - 1692 Kingston - 1275 Pine Bush - 1151</p> <p><u>Class AA (658-1056)</u> Valley Central - 1049 Warwick - 957 Washingtonville - 945 Minisink Valley - 789 Cornwall - 747 Goshen - 711 Monticello – 660</p> <p><u>Class A (374-657)</u> Beacon - 650 Port Jervis - 552 Liberty - 446</p> <p><u>Class B (232-373)</u> Fallsburg – 335 James I. O’Neill - 303 Sullivan West - 239 Chester Academy - 242</p> <p><u>Class C (127-231)</u> John S. Burke Catholic - 210 Tri Valley – 203 S.S. Seward Institute – 152</p> <p><u>Class D – up to 126</u> Rockland CSD – 123* Eldred - 122 Chapel Field – 90 Tuxedo - 33</p>	<p><u>Class AAA (1057 +)</u> ^Our Lady of Lourdes - 641</p> <p><u>Class AA (658-1056)</u> FDR, Hyde Park - 848 Wallkill - 672</p> <p><u>Class A (374-657)</u> Saugerties - 588 New Paltz - 471 Marlboro - 458 Red Hook - 419 Rondout Valley - 378 Spackenkill - 399</p> <p><u>Class B (232-373)</u> Highland – 368* Ellenville – 329 Dover – 318* Onteora - 257 Rhinebeck - 246</p> <p><u>Class C (127-231)</u> Millbrook - 185 Pine Plains - 180 Webutuck - 147</p> <p><u>Class D – up to 126</u></p> <p style="text-align: center;">^ Moved up by Sect IX Classification Committee *New Classification for 26-27</p>



Girl's Soccer 2026-2027

OCIAA

Class AAA (1057 +)

Newburgh Free Academy - 2913
Middletown - 1976
Monroe Woodbury - 1692
Kingston - 1275
Pine Bush - 1151

Class AA (677-1056)

Valley Central - 1049
Warwick - 957
Washingtonville - 945
Minisink Valley - 789
Cornwall - 747
Goshen - 711

Class A (387-676)

Monticello - 660*
Beacon - 650
Port Jervis - 552
Liberty - 446

Class B (244-386)

Fallsburg - 335
James I. O'Neill - 303

Class C (136-243)

Chester Academy - 242*
Sullivan West - 239*
Burke - 210
Tri Valley - 203
S.S. Seward Institute - 152

Class D (up to 135)

Rockland - 123*
Eldred - 122
Chapel Field - 90
Tuxedo - 33

MHAL

Class AA (677-1056)

FDR, Hyde Park - 848

Class A (387-676)

Wallkill - 672*
Lourdes - 641
Saugerties - 588
New Paltz - 471
Marlboro - 458
Red Hook - 419
Spackenkill - 399*

Class B (244-386)

Rondout Valley - 378*
Highland - 368*
Ellenville - 329
Dover - 318
Millbrook/Webutuck merged - 258
Onteora - 257
Rhinebeck - 246*
^Mount Academy - 120

Class C (136-243)

Pine Plains - 180

^ Moved up by Sect IX Classification Committee

*New Classification for 26-27



Softball 2026-2027

OCIAA

Class AAA: (1032 +)

Newburgh Free Academy - 2913
Middletown - 1976
Monroe Woodbury - 1692
Kingston - 1275
Pine Bush - 1151
Valley Central - 1049*

Class AA: (663-1031)

Warwick - 957
Washingtonville - 945
Minisink Valley - 789
Cornwall - 747
Goshen - 711

Class A: (382-662)

Monticello - 660*
Beacon - 650
Port Jervis - 552
Liberty - 446

Class B: (231-381)

Fallsburg - 335
James I. O'Neill - 303
Sullivan West - 239
Chester Academy - 242

Class C: (131-230)

Burke - 210
Tri Valley - 203
S.S. Seward Institute - 152

Class D: (up to 130)

Rockland CSD - 123*
Eldred - 122
Chapel Field - 90
Tuxedo - 33

MHAL

Class AA: (663-1031)

FDR, Hyde Park - 848
Wallkill - 672

Class A: (382-662)

Lourdes - 641
Saugerties - 588
New Paltz - 471
Marlboro - 458
Red Hook - 419
Spackenkill - 399*

Class B: (231-381)

Rondout Valley - 378*
Highland - 368*
Ellenville - 329
Dover - 318
Onteora - 257
Rhinebeck - 246
Millbrook/Webutuck - 258

Class C: (131-230)

Pine Plains - 180

***New Classification for 26-27**

^Moved up by Sect IX Classification Committee



Volleyball 2026-2027

OCIAA

Class AAA: (1124 +)

Newburgh Free Academy - 2913
Middletown - 1976
Monroe Woodbury - 1692
Kingston - 1275
Pine Bush - 1151

Class AA: (722-1123)

Valley Central – 1049*
Warwick - 957
Washingtonville - 945
Minisink Valley - 789
Cornwall – 747

Class A: (449-721)

Goshen – 711*
Monticello – 660
Beacon - 650
Port Jervis - 552

Class B: (274-448)

Liberty – 446*
Fallsburg - 335
James I. O’Neill – 303

Class C: (168-273)

Sullivan West - 239
Chester Academy - 242
Burke - 210
Tri Valley (JV) - 203

Class D: (up to 167)

S.S. Seward Institute – 152*
Rockland – 123
Eldred (JV) - 122
Chapel Field - 90
Tuxedo – 33

MHAL

Class AA: (722-1123)

FDR, Hyde Park - 848

Class A: (449-721)

Wallkill - 672
Lourdes - 641
Saugerties - 588
New Paltz - 471
Marlboro - 458

Class B: (274-448)

Red Hook - 419
Rondout Valley - 378
Spackenkill - 399
Highland - 368
Ellenville - 329
Dover - 318

Class C: (168-273)

Onteora – 257*
Rhinebeck – 246
Millbrook – 185
Pine Plains – 180
^Mount Academy - 120

Class D: (up to 167)

Webutuck – 147

^ Moved up by Sect IX Classification Committee
*New Classification for 26-27

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



FALL SPORTS

VARSITY & JUNIOR VARSITY BOYS SOCCER – 16 GAMES

Division 1	Division 2	Division 3	Division 4
1. FDR/Hyde Park 2. Wallkill 3. Saugerties 4. Lourdes	1. New Paltz 2. Marlboro (No JV) 3. Red Hook 4. Rondout Valley 5. Mount Academy	1. Ellenville (No JV) 2. Highland 3. Onteora 4. Dover 5. Spackenkill	1. Rhinebeck 2. Millbrook (No JV) 3. Pine Plains (No JV) 4. Webutuck (No JV)

VARSITY & JUNIOR VARSITY GIRLS SOCCER – 16 GAMES

Division 1	Division 2	Division 3	Division 4
1. FDR/Hyde Park 2. Wallkill 3. Saugerties 4. Lourdes	1. New Paltz 2. Marlboro (No JV) 3. Red Hook (No JV) 4. Rondout Valley 5. Mount Academy	1. Ellenville (No JV) 2. Highland 3. Onteora (No JV) 4. Dover (No JV) 5. Spackenkill	1. Rhinebeck 2. Millbrook/Webutuck 3. Pine Plains (No JV)

BOYS & GIRLS VARSITY CROSS-COUNTRY – 16 MEETS

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Lourdes	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Mt Academy (Boys)
9. Ellenville	

GIRLS VARSITY SWIMMING – 16 GAMES

<u>Girls Swimming / Diving – 16 Matches Maximum</u>	
■ = Pool Diving/Swim ■ = Pool Swim only □ = No Pool/College Pool	
<p align="center"><u>Division I</u></p> <ol style="list-style-type: none"> 1. NFA 2. Kingston 3. Pine Bush 4. Valley Central 5. Beacon 6. Marlboro 7. Rhinebeck 8. Red Hook 9. Lourdes <p>% Spackenkill to shadow Beacon * Rondout / Onteora to shadow Kingston</p>	<p align="center"><u>Division II</u></p> <ol style="list-style-type: none"> 1. Middletown 2. Monroe Woodbury 3. Warwick*** 4. Washingtonville 5. Minisink 6. Cornwall 7. Goshen** 8. FDR 9. Wallkill 10. New Paltz <p>***SS Seward to shadow Goshen **Chester Shadows Pine Bush</p>

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



GIRLS VARSITY TENNIS – 16 MATCHES

1. FDR-Hyde Park	6. Marlboro
2. Walkkill	7. Red Hook
3. Saugerties	8. Ellenville
4. New Paltz	9. Highland
5. Lourdes	10. Spackenkill
	11. Onteora

VARSITY & JUNIOR VARSITY VOLLEYBALL – 20 GAMES (CLASS AA/A/B/C/D)

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR/Hyde Park	1. New Paltz	1. Spackenkill	1. Rhinebeck
2. Walkkill	2. Marlboro	2. Ellenville	2. Millbrook
3. Saugerties	3. Red Hook	3. Highland	3. Pine Plains
4. Lourdes	4. Rondout Valley	4. Onteora	4. Webutuck (No JV)
	5. Mount Academy	5. Dover	

VARSITY & JUNIOR VARSITY FIELD HOCKEY 16 GAMES (CLASS A/B/C/D)

1. Kingston	7. Onteora
2. Pine Bush	8. Pine Plains (No JV)
3. Lourdes (No JV)	9. Taconic Hills
4. Red Hook (No JV)	10. Cocksackie-Athens
5. Rondout Valley	
6. Ellenville (No JV)	

BOYS VARSITY GOLF – 16 MATCHES

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR-Hyde Park	1. New Paltz	1. Spackenkill	1. Rhinebeck
2. Walkkill	2. Marlboro	2. Ellenville	2. Pine Plains
3. Saugerties	3. Red Hook	3. Highland	3. Millbrook
4. Lourdes	4. Rondout Valley	4. Onteora	4. Webutuck
		5. Dover	

Game Day Cheerleading

Division 1 – Class A 849+	Division 2 – Class B 479-848	Division 3 – Class C Up to 478
1. NFA	1. Minisink	1. Spackenkill
2. Middletown	2. Cornwall	2. Marlboro
3. Monroe Woodbury	3. Monticello	3. Highland
4. Kingston	4. Goshen	4. Chester
5. Washingtonville	5. Saugerties	5. Fallsburg
6. FDR	6. Liberty	6. O’Neill
	7. Our Lady of Lourdes	7. Dover
		8. Sullivan West
		9. Tri Valley
		10. Millbrook
		11. Rockland

2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS

Section IX Football Alignments 2025 – 2026

<u>Class AA: (1025 and up)</u> <u>Division 1</u> 1. NFA 2. Middletown 3. Monroe-Woodbury 4. Kingston 5. Pine Bush 6. Valley Central	<u>Enrollment</u> 2819 2085 1752 1368 1176 1050	<u>Class A: (651-1024)</u> <u>Division 1</u> 1. Warwick 2. Washingtonville 3. FDR 4. Minisink <u>Division 2</u> 5. Goshen 6. Cornwall 7. Wallkill 8. Beacon 9. Lourdes * Monticello Independent	<u>Enrollment</u> 999 917 855 794 756 744 729 651 572^^ 689
<u>Class B: (402-650)</u> <u>Division 1</u> 1. Saugerties 2. Port Jervis 3. Liberty 4. New Paltz 5. Marlboro 6. Rondout 7. Red Hook	<u>Enrollment</u> 581 521 498 489 456 416 410	<u>Class C: (273 – 401)</u> 1. Highland 2. Dover 3. Spackenkill 4. O’Neill 5. Chester / SS Seward <u>Class D: (up to 272)</u> 1. Burke	<u>Enrollment</u> 387 369 368 353 313 <u>Enrollment</u> 209
<u>Football (5 Classes)</u> AA 1025 and Up A 651 – 1024 B 402 - 650 C 273 –401 D 272 and Below	<u>8 Man Football</u> <u>Division 1</u> 1. Fallsburg 339 – Class C 2. Sullivan West 252 – Class D 3. Tri Valley 204 – Class D 4. Eldred 123 – Class D 5. Liv. Manor/Roscoe 111 – Class D <u>Division 2</u> 6. Ellenville 362 – Class C 7. Pine Plains/Rhinebeck 323 – Class C 8. Onteora 297 – Class C 9. Pawling 260 – Class C 10. Millbrook/Webutuck 249 – Class C		

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



FALL MODIFIED SPORTS TEAMS

MODIFIED B FOOTBALL 11 MAN (7-8) - 7 GAMES

1. Newburgh	1) Washingtonville
2. Monroe-Woodbury	2) FDR
3. Middletown	3) Minisink
4. Kingston	4) Goshen
5. Pine Bush	5) Port Jervis
6. Warwick	6) Beacon

MODIFIED A FOOTBALL 11 MAN (7-8-9)

1. Valley Central	9. New Paltz
2. Monticello	10. Highland
3. Liberty	11. Marlboro
4. Chester/Florida	12. Red Hook
5. O'Neill	13. Saugerties
6. Burke Catholic	14. Spackenkill
7. Ellenville	15. Dover
8. Wallkill	16. Rondout

Modified A 8 Man Football (7,8,9)

1. Fallsburg	6. Pine Plains
2. Liv Manor/Roscoe	7. Pawling
3. Tri Valley	8. Onteora
4. Sullivan West	9. Millbrook/Web
5. Eldred	10. Haldane

BOYS SOCCER (7-8) - 12 GAMES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Webutuck
9. Ellenville	

MODIFIED GIRLS SOCCER (7-8) - 12 GAMES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Webutuck
8. Rondout Valley	
9. Ellenville	

2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS



MODIFIED BOYS/GIRLS CROSS-COUNTRY (7-8) - 10 MEETS

- | | |
|-------------------|-----------------|
| 1. FDR-Hyde Park | 9. Highland |
| 2. Wallkill | 10. Spackenkill |
| 3. Saugerties | 11. Onteora |
| 4. New Paltz | 12. Rhinebeck |
| 5. Marlboro | 13. Dover |
| 6. Red Hook | 14. Millbrook |
| 7. Rondout Valley | |
| 8. Ellenville | |

MODIFIED VOLLEYBALL (7-8) – 14 GAMES

- | | |
|-------------------|-----------------|
| 1. FDR-Hyde Park | 10. Highland |
| 2. Wallkill | 11. Spackenkill |
| 3. Saugerties | 12. Onteora |
| 4. New Paltz | 13. Rhinebeck |
| 5. Kingston | 14. Dover |
| 6. Marlboro | 15. Millbrook |
| 7. Red Hook | 16. Pine Plains |
| 8. Rondout Valley | 17. Webutuck |
| 9. Ellenville | |

MODIFIED Field Hockey (7-8) – 12 GAMES

- | |
|----------------|
| 1. Kingston |
| 2. Pine Bush |
| 3. Onteora |
| 4. Pine Plains |
| 5. Red Hook |
| 6. Rondout |
| 7. Ellenville |

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



WINTER SPORTS

VARSITY & JUNIOR VARSITY BOYS BASKETBALL - 20 GAMES (CLASS AA/A/B/C/D)

Division 1	Division 2	Division 3	Division 4
1. FDR/Hyde Park 2. Wallkill 3. Saugerties 4. Lourdes	1. New Paltz 2. Marlboro 3. Red Hook 4. Rondout Valley	1. Spackenkill 2. Ellenville 3. Highland 4. Onteora 5. Dover	1. Rhinebeck 2. Millbrook 3. Pine Plains 4. Webutuck 5. Mount Academy

VARSITY & JUNIOR VARSITY GIRLS BASKETBALL – 20 GAMES (CLASS AA/A/B/C/D)

Division 1	Division 2	Division 3	Division 4
1. FDR/Hyde Park 2. Wallkill 3. Saugerties 4. Lourdes	1. New Paltz 2. Marlboro 3. Red Hook 4. Rondout Valley	1. Spackenkill 2. Ellenville 3. Highland 4. Onteora 5. Dover	1. Rhinebeck 2. Millbrook/Webutuck 3. Pine Plains

Wrestling - VARSITY & JUNIOR VARSITY - Section IX Format– 20 POINTS

Division I-A Varsity and JV	Division I-B Varsity and JV	Division I-C Varsity and JV	Division II-A	Division II-B <i>(Var Only)</i>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. FDR	1. Cornwall 2. Wallkill 3. Goshen 4. Monticello 5. Beacon 6. Lourdes	1. Saugerties^ 2. Port Jervis^ 3. Web/Mill/Dov 4. New Paltz^ 5. Red Hook 6. Rondout 7. Highland* 8. Onteora^ *Marlboro Shadow Highland ^ Has JV Team	1. Liberty 2. Ellenville 3. Fallsburg/Tri Valley 4. Chester 5. Burke 6. Sullivan West 7. Eldred 8. Tuxedo

Girls Wrestling – 20 Points

1. Monroe Woodbury	8. Port Jervis
2. Middletown	9. Liberty
3. Kingston	10. Fallsburg
4. Valley Central	11. Onteora
5. Minisink Valley	12. Chester
6. FDR	13. Tuxedo
7. Saugerties	

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



Section IX Bowling	
Division I	Division II
1. Newburgh	1. Kingston
2. Monroe Woodbury	2. FDR
3. Middletown	3. Saugerties
4. Valley Central	4. Beacon
5. Port Jervis	5. Highland
6. O'Neill	6. Marlboro

Unified Bowling	
1. NFA	1. FDR
2. Pine Bush	2. Rondout
3. Cornwall	3. Poughkeepsie
4. Beacon	4. Wappingers
5. New Paltz	5. Arlington
6. Kingston	

Competitive Cheerleading

Division 1 – Class A 1025+	Division 2 – Class B 555-1024	Division 3 – Class C Up to 250-554	Div. 4 – Class D Up to 249	Co-Ed
1. NFA	1. Warwick	1. Fallsburg	1. Tri Valley	1. Valley Central
2. Middletown	2. Washingtonville	2. O'Neill	2. Millbrook	2. FDR
3. Monroe Woodbury	3. Minisink	3. Highland	3. SS Seward	3. Goshen
4. Kingston	4. FDR	4. Dover		4. Millbrook
5. Pine Bush	5. Goshen	5. Liberty		
6. Valley Central	6. Cornwall			
	7. Monticello			
	8. Wallkill			
	9. Saugerties			

BOYS VARSITY SWIMMING – 16 MEETS

Boys Swimming / Diving – 16 Matches Maximum	
<input checked="" type="checkbox"/> = Pool Diving/Swim	<input type="checkbox"/> = Pool Swim only = No Pool/College Pool
<u>Division I</u>	<u>Division II</u>
1. NFA	1. Middletown
2. Kingston	2. Monroe Woodbury
3. Pine Bush	3. Warwick***
4. Valley Central	4. Washingtonville
5. Beacon	5. Minisink
6. Marlboro	6. Cornwall
7. Rhinebeck	7. Goshen**
8. Red Hook	8. FDR
9. Lourdes	9. New Paltz
% Spackenkill to shadow Beacon	***SS Seward to shadow Goshen
* Rondout / Onteora to shadow Kingston	**Chester Shadows Pine Bush

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



BOYS AND GIRLS VARSITY INDOOR TRACK – 16 MEETS

<u>Division I</u>	<u>Division II</u>	<u>Division III</u>	<u>Division IV</u>	<u>Division V</u>	<u>Division VI</u>
1. Newburgh 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush 6. Valley Central	1. Warwick 2. Washingtonville 3. FDR 4. Minisink Valley 5. Goshen 6. Cornwall 7. Wallkill	1. Monticello 2. Lourdes 3. <u>Beacon</u> 4. Saugerties 5. Port Jervis 6. New Paltz 7. Marlboro	1. Liberty 2. Rondout 3. Red Hook 4. Highland 5. Dover 6. Spackenkill 7. Ellenville	1. Fallsburg 2. Onteora 3. O’Neill 4. Sullivan West 5. Chester *	1. Pine Plains 2. Burke 3. Tri Valley 4. Millbrook 5. Mount Academy** 6. Eldred 7. Homestead
				*SS Seward - shadow	** - Girls only

BOYS & GIRLS VARSITY SKIING – 16 MEETS

<u>Division I</u>	<u>Division II</u>
1. Monticello 2. Rondout/Kingston 3. Onteora. 4. Liberty 5. Fallsburg/Tri-Valley 6. Sullivan West	1. Monroe-Woodbury 2. Warwick 3. Cornwall 4. Goshen 5. O’Neill 6. Burke

2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS



WINTER

MODIFIED SPORTS TEAMS

BOYS MODIFIED BASKETBALL (7-8) – 14 GAMES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Webutuck
9. Ellenville	

GIRLS MODIFIED BASKETBALL (7-8) - 14 GAMES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston.	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Webutuck
8. Rondout Valley	
9. Ellenville	

MODIFIED WRESTLING (7-8) – 14 Points

1. FDR-Hyde Park
2. Wallkill
3. Saugerties
4. New Paltz
5. Marlboro
6. Rondout Valley
7. Red Hook
8. Highland
9. Ellenville
10. Onteora

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



SPRING SPORTS

VARSITY & JUNIOR VARSITY BASEBALL – 20 GAMES (CLASS AA/A/B/C/D)

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR/Hyde Park 2. Wallkill 3. Saugerties 4. Lourdes	1. New Paltz 2. Marlboro 3. Red Hook 4. Rondout Valley	1. Spackenkill 2. Ellenville (No JV) 3. Highland 4. Onteora (JV only) 5. Dover (No JV)	1. Rhinebeck 2. Millbrook 3. Pine Plains 4. Webutuck

VARSITY & JUNIOR VARSITY SOFTBALL – 20 GAMES (CLASS AA/A/B/C/D)

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR/Hyde Park 2. Wallkill 3. Saugerties 4. Lourdes	1. New Paltz 2. Marlboro 3. Red Hook 4. Rondout Valley	1. Spackenkill 2. Ellenville (No JV) 3. Highland 4. Onteora (JV only) 5. Dover (No JV)	1. Rhinebeck 2. Millbrook/Webutuck 3. Pine Plains

BOYS AND GIRLS VARSITY SPRING TRACK- 16 MEETS

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Lourdes	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	
9. Ellenville	

BOYS VARSITY TENNIS – 16 MATCHES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Lourdes	14. Pine Plains
6. Marlboro	
7. Red Hook	
8. Rondout Valley	
9. Ellenville	

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



GIRLS VARSITY GOLF – 16 MATCHES

Division I	Division II	Division III	Division IV	Division V
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 7. Washingtonville	1. Minisink 2. Warwick 3. Cornwall 4. Goshen 5. O’Neill 6. Port Jervis 7. Burke	1. Monticello 2. Liberty 3. Sullivan West 4. Liv. Manor/Roscoe 5. Tri Valley 6. Fallsburg	1. New Paltz 2. Rondout 3. Highland 4. Marlboro 5. Ellenville 6. Onteora	1. FDR 2. Red Hook 3. Lourdes 4. Beacon 5. Millbrook 6. Pine Plains

BOYS VARSITY LACROSSE – 16 GAMES – A – B – C – D

Division I (CLASS A) (1036 and up)	Division II (Class B) (1035-728)	Division III (Class C) (727 -450)	Division IV (Class D) (449 and Down)
1. NFA (<i>Var. & JV</i>) 2. Monroe-Woodbury (<i>Var & JV</i>) 3. Middletown (<i>Var. & JV</i>) 4. Kingston (<i>Var. & JV</i>) 5. Pine Bush (<i>Var. & JV</i>) 6. Valley Central (<i>Var/JV</i>)	1. Washingtonville (<i>Var. & JV</i>) 2. Warwick (<i>Var&JV</i>) 3. Minisink (<i>Var & JV</i>) 4. Goshen (<i>Var & JV</i>) 5. Cornwall (<i>Var & JV</i>) 6. Wallkill (<i>Var & JV</i>)	1. Highland/Marlboro (<i>Var</i>) 2. Saugerties (<i>Var</i>) 3. New Paltz (<i>Var & JV</i>) 4. Lourdes (<i>Var & JV</i>) 5. Red Hook/P.P./Rhine 6. Rondout/Onteora	1. O’Neill (<i>Var</i>) 2. Millbrook (<i>Var</i>) FDR (Independent) (<i>Var</i>)

GIRLS VARSITY LACROSSE – 16 GAMES – A – B – C – D

Division I (CLASS A) (1036 and up)	Division II (Class B) (1035-728)	Division III (Class C) (727-450)	Division IV (Class D) (450 and Down)
1. NFA (<i>Var & JV</i>) 2. Monroe-Woodbury (<i>Var & JV</i>) 3. Middletown (<i>Var. & JV</i>) 4. Kingston (<i>Var. & JV</i>) 5. Pine Bush (<i>Var. & JV</i>) 6. Valley Central (<i>Var & JV</i>)	1. Warwick (<i>Var&JV</i>) 2. Washingtonville (<i>Var & JV</i>) 3. Minisink (<i>Var & JV</i>) 4. FDR (<i>Var/JV</i>) 5. Goshen (<i>Var/JV</i>) 6. Cornwall (<i>Var/JV</i>) 7. Wallkill (<i>Var/JV</i>)	1. Saugerties (<i>Var</i>) 2. New Paltz (<i>Var</i>) 3. Lourdes (<i>Var/JV</i>) 4. Beacon (<i>Var/JV</i>) 5. Port Jervis (<i>Var/JV</i>)	1. Rondout (<i>Var</i>) 2. Red Hook (<i>Var</i>) 3. Highland (<i>Var</i>) 4. O’Neill (<i>Var</i>) 5. Chester (<i>Var</i>) 6. Burke (<i>Var</i>)

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



Unified Basketball

<ol style="list-style-type: none"> 1. Minisink 2. Goshen 3. Warwick 4. Port Jervis 5. Monroe Woodbury (P) 6. Monroe Woodbury (W) 7. Washingtonville 	<ol style="list-style-type: none"> 8. NFA 9. Cornwall 10. Middletown 11. Pine Bush 12. Valley Central 13. Wallkill 14. Beacon 	<ol style="list-style-type: none"> 15. Kingston 16. Rondout 17. Pine Plains 18. Arlington 19. John Jay 20. Red Hook 21. New Paltz 22. FDR 23. Rhinebeck
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Section IX Girls Flag Football – 16 Contests Maximum

<u>Division 1 Class A (1018+)</u>	<u>Division 2 Class B (601-1017)</u>	<u>Division 3 (599 and below)</u>
<ol style="list-style-type: none"> 1. Newburgh 2. Monroe Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 	<ol style="list-style-type: none"> 1. Washingtonville 2. Warwick 3. Minisink 4. Goshen 5. FDR 	<ol style="list-style-type: none"> 1. Saugerties 2. Lourdes 3. Highland 4. Rhinebeck 5. Burke Catholic 6. Millbrook

2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS



SPRING MODIFIED SPORTS TEAMS

MODIFIED BASEBALL (7-8) – 14 GAMES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Webutuck
9. Ellenville	

MODIFIED SOFTBALL (7-8) – 14 GAMES

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston.	14. Millbrook/Web
6. Marlboro	15. Pine Plains
7. Red Hook	
8. Rondout Valley	
9. Ellenville	

BOYS AND GIRLS MODIFIED TRACK (7-8) – 10 MEETS

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	
9. Ellenville	

**2026-2027
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



Boy's Lacrosse Modified A (7,8,9)
1. Saugerties
2. Red Hook
3. Rondout
4. O'Neill

Boy's Lacrosse Modified B (7,8)	
1. NFA	9. Kingston
2. Monroe Woodbury	10. FDR
3. Middletown	11. Washingtonville
4. Pine Bush	12. New Paltz
5. Valley Central	13. Walkkill
6. Warwick	14. Cornwall
7. Minisink Valley	15. Goshen
8. Delaware Vall PA	16. Highland

Girl's Modified Lacrosse – 12 games Maximum		
Modified A (7,8,9)	Modified B (7,8)	
Division 1	Division 1	Division 2
1. Saugerties	1. NFA	1. Washingtonville
2. Red Hook	2. Monroe Wood.	2. Warwick
3. Rondout Valley	3. Middletown	3. Minisink
4. New Paltz	4. Kingston	4. Cornwall
5. Highland	5. Pine Bush	5. Goshen
6. O'Neill	6. Valley Central	6. Beacon
	7. Walkkill	7. Chester
	8. FDR	8. DV PA

6. EXTENDED PLAYING TIME: Eligibility for play in an extended playing time should be determined on the basis of the following participation standards:

a) Players with no participation in the regular game/contest should be eligible for play in an extended playing time.

b) Players whose participation in the regular contest is limited, i.e., their total participation was no more than one-half of the regular playing periods/quarters shall also be eligible for play in an extended playing time.

c) Limited participation shall be further defined to mean that entry into a playing period rather than actual playing time shall constitute "participation" in the regulation contest.

Optional Plan for use at the league or Section level: If a team has fewer than the minimum number of players to play the five (5) period concept the following game rules will apply:

A four (4) quarter game will be played with the number of minutes being increased for each quarter (see chart below); however, no player may play more than three (3) quarters (*see exceptions below). This will apply provided the team has a sufficient number of players so as not to exceed the NYSPHSAA regulated playing time allocation for each sport (see chart below).

SPORT	TIME LIMIT			MINIMUM # OF PLAYERS REQUIRED
	Regulation Game	5 Period Play	4 Quarter Extended Play	
BASKETBALL	7 minute quarters	7 minute quarters	9 minute quarters (quarter 1-8 min)	7
FIELD HOCKEY	25 minute halves	12 minute periods	15 minute quarters	15
FOOTBALL	10 minute	10 minute quarters	12 minute quarters	19
BOYS LACROSSE	10 minute	10 minute	12 minute quarters	14
GIRLS LACROSSE	25 minute halves	12 minute periods	15 minute quarters	16
SOCCER	40 Halves /15 QT.	15 minute periods	18 minute quarters	15
Volleyball	3 out of 5 game matches	5 games	6 games with a max of 20 pts per game	12

* Exceptions: In boys' and girls' lacrosse, girls' field hockey and boys & girls soccer, if a team has only one goal keeper that goal keeper may play in all periods of 4 Quarter Extended Play or in all periods of 5 Period Play. Except for the goal keeper, the "time" allocated for the game will not be extended. All players except for the goal keeper will follow the 4 quarter or 5 periods extended playing time format and are therefore only eligible to play 3 periods.