

**2025-2026**  
**Section 9 Coaching Courses**

**Course Dates**

Fall 2025: **Philosophies and Principles of Coaching:** October 20, 22, 27, 29.

Winter 2026: **Health Sciences:** December 9, 11, 16, 18

Spring 2026: **Theory and Techniques:** April 7, 9, 14, 16

**Location**

All classes will be held at Cornwall High School- 10 Dragon Drive, New Windsor NY

**Time**

6:00pm - 8:00pm

**Registration Links**

[Philosophies and Principles of Coaching](#)

[Health Sciences](#)

[Theory and Techniques](#)

**Contact**

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