

**MID HUDSON ATHLETIC LEAGUE  
ATHLETIC DIRECTORS WORKSHOP  
APRIL 22, 2026 - 8:30AM  
CORNELL BOATHOUSE @  
MARIST UNIVERSITY**

1. APPROVAL OF MINUTES OF THE LAST MEETING
2. SECTIONAL REPORT - GREG RANSOM AND JIM OSBORNE
3. PRESIDENT'S REPORT- TOM CASSATA
4. REGIONAL OFFICE REPORT- CHRIS MAYO
5. ATHLETIC COORDINATOR'S REPORT - DENNIS BURKETT
  1. SCHOLAR ATHLETE BREAKFAST 5/28 9AM WILTYWYCK GOLF CLUB
  2. JUNIOR VARSITY VOLLEYBALL 3/3?
  3. CRITERIA OR PROCESS FOR MOVING UP IN CLASS
  4. COMBINING OF TEAMS AFTER A CONTEST
6. COMBINING OF TEAMS- FRANK ALFONSO
7. MODIFIED REPORT- MATT SALAMONE
8. OLD BUSINESS
9. NEW BUSINESS
10. MOTION TO ADJOURN

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**FALL SPORTS**

**VARSITY & JUNIOR VARSITY BOYS SOCCER – 16 GAMES**

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR/Hyde Park 2. Poughkeepsie 3. Wallkill 4. Lourdes 5. Saugerties	1. New Paltz 2. Marlboro (No JV) 3. Red Hook 4. Spackenkill 5. Mount Academy	1. Rondout Valley 2. Highland 3. Ellenville (No JV) 4. Dover	1. Onteora 2. Rhinebeck 3. Millbrook (No JV) 4. Pine Plains (No JV) 5. Webutuck (No JV)

**VARSITY & JUNIOR VARSITY GIRLS SOCCER – 16 GAMES**

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR/Hyde Park 2. Poughkeepsie (No JV) 3. Wallkill 4. Lourdes 5. Saugerties	1. New Paltz 2. Marlboro (No JV) 3. Red Hook (No JV) 4. Spackenkill 5. Mount Academy	1. Rondout Valley 2. Highland 3. Ellenville (No JV) 4. Dover (No JV)	1. Onteora 2. Rhinebeck (No JV) 3. Millbrook/Webutuck(No JV) 4. Pine Plains (No JV)

**BOYS & GIRLS VARSITY CROSS-COUNTRY – 16 MEETS**

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Lourdes	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Mt Academy (Boys)
9. Ellenville	18. Poughkeepsie (Boys)

**Girls Swimming / Diving – 16 Matches Maximum**

■ = Pool Diving/Swim   ■ = Pool Swim only   ■ = No Pool/College Pool

<u>Division I</u>	<u>Division II</u>
1. NFA	1. Middletown
2. Kingston*	2. Monroe Woodbury
3. Pine Bush	3. Warwick***
4. Valley Central	4. Washingtonville
5. Beacon%	5. Minisink
6. Marlboro	6. Cornwall
7. Rhinebeck	7. Goshen**
8. Red Hook	8. FDR
9. Lourdes	9. Wallkill
10. Poughkeepsie	10. New Paltz
% Spackenkill to shadow Beacon * Rondout / Onteora to shadow Kingston	***SS Seward to shadow Warwick **Chester Shadows Goshen

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**GIRLS VARSITY TENNIS – 16 MATCHES**

1. FDR-Hyde Park	7. Marlboro
2. Poughkeepsie	8. Red Hook
3. Wallkill	9. Ellenville
4. Saugerties	10. Highland
5. New Paltz	11. Spackenkill
6. Lourdes	12. Onteora

**VARSITY & JUNIOR VARSITY VOLLEYBALL – 20 GAMES**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. FDR/Hyde Park	1. New Paltz	1. Rondout Valley	1. Onteora
2. Poughkeepsie	2. Marlboro	2. Highland	2. Rhinebeck
3. Wallkill	3. Red Hook	3. Ellenville	3. Millbrook
4. Lourdes	4. Spackenkill	4. Dover	4. Pine Plains
5. Saugerties	5. Mount Academy		5. Webutuck (No JV)

**VARSITY & JUNIOR VARSITY FIELD HOCKEY 16 GAMES**

1. Kingston	6. Ellenville (No JV)
2. Pine Bush	7. Onteora
3. Lourdes (No JV)	8. Pine Plains (No JV)
4. Red Hook (No JV)	9. Taconic Hills (No JV)
5. Rondout Valley	10. Coxsackie-Athens (No JV)

**BOYS VARSITY GOLF – 16 MATCHES**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. FDR-Hyde Park	1. New Paltz	1. Rondout Valley	1. Onteora
2. Wallkill	2. Marlboro	2. Highland	2. Rhinebeck
3. Saugerties	3. Red Hook	3. Ellenville	3. Pine Plains
4. Lourdes	4. Spackenkill	4. Dover	4. Millbrook
			5. Webutuck

**Game Day Cheerleading**

<b>Division 1 – Class A 849+</b>	<b>Division 2 – Class B 479-848</b>	<b>Division 3 – Class C Up to 478</b>
1. NFA	1. FDR	1. Spackenkill
2. Middletown	2. Poughkeepsie	2. Marlboro
3. Monroe Woodbury	3. Minisink	3. Highland
4. Kingston	4. Cornwall	4. Liberty
5. Washingtonville	5. Goshen	5. Fallsburg
	6. Wallkill	6. O'Neill
	7. Monticello	7. Dover
	8. Our Lady of Lourdes	8. Sullivan West
	9. Saugerties	9. Rockland
	10. Beacon	

2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS

**Section IX Football Alignments 2026 – 2027**

<p><u>Class AA: (1025 and up)</u></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. NFA</li> <li>2. Middletown</li> <li>3. Monroe-Woodbury</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Valley Central</li> </ol>	<p><u>Enrollment</u></p> <p>2913</p> <p>1976</p> <p>1692</p> <p>1275</p> <p>1151</p> <p>1049</p>	<p><u>Class A: (651-1024)</u></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. Warwick</li> <li>2. Washingtonville</li> <li>3. FDR</li> <li>4. Minisink</li> </ol> <p style="text-align: center;"><u>Division 2</u></p> <ol style="list-style-type: none"> <li>5. Cornwall</li> <li>6. Goshen</li> <li>7. Wallkill</li> <li>8. Lourdes</li> </ol> <p>* Monticello Independent</p> <p>*Poughkeepsie Independent</p>	<p><u>Enrollment</u></p> <p>957</p> <p>945</p> <p>848</p> <p>789</p> <p>747</p> <p>711</p> <p>672</p> <p>641^^</p> <p>689</p> <p>824</p>
<p><u>Class B: (402-650)</u></p> <ol style="list-style-type: none"> <li>1. Beacon</li> <li>2. Saugerties</li> <li>3. Port Jervis</li> <li>4. New Paltz</li> <li>5. Marlboro</li> <li>6. Liberty</li> <li>7. Red Hook</li> </ol>	<p><u>Enrollment</u></p> <p>650</p> <p>588</p> <p>552</p> <p>471</p> <p>458</p> <p>446</p> <p>419</p>	<p><u>Class C: (273 – 401)</u></p> <ol style="list-style-type: none"> <li>1. Spackenkill</li> <li>2. Rondout Valley</li> <li>3. Highland</li> <li>4. Dover</li> <li>5. O’Neill</li> </ol> <p><u>Class D: (up to 272)</u></p> <ol style="list-style-type: none"> <li>1. Chester Academy</li> <li>2. Burke</li> </ol>	<p><u>Enrollment</u></p> <p>399</p> <p>378</p> <p>368</p> <p>318</p> <p>303</p> <p><u>Enrollment</u></p> <p>242</p> <p>209</p>
<p style="text-align: center;"><u>Football (5 Classes)</u></p> <p>AA 1025 and Up</p> <p>A 651 – 1024</p> <p>B 402 - 650</p> <p>C 273 –401</p> <p>D 272 and Below</p>	<p style="text-align: center;"><b><u>8 Man Football</u></b></p> <p style="text-align: center;"><u>Division 1</u></p> <ol style="list-style-type: none"> <li>1. Fallsburg 335 – Class C</li> <li>2. Sullivan West 239 – Class D</li> <li>3. Tri Valley 203 – Class D</li> <li>4. Rockland 123 – Class D</li> <li>5. Eldred 122 – Class D</li> </ol> <p style="text-align: center;"><u>Division 2</u></p> <ol style="list-style-type: none"> <li>6. Ellenville 329 – Class C</li> <li>7. Pine Plains/Rhinebeck 317 – Class C</li> <li>8. Pawling 285 – Class C</li> <li>9. Onteora 257 – Class C</li> <li>10. Millbrook/Webutuck 243 – Class C</li> </ol>		

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**FALL MODIFIED SPORTS TEAMS**

**MODIFIED B FOOTBALL 11 MAN (7-8) - 7 GAMES**

1. Newburgh	1) Washingtonville
2. Monroe-Woodbury	2) FDR
3. Middletown	3) Poughkeepsie
4. Kingston	4) Minisink
5. Pine Bush	5) Goshen
6. Valley Central	6) Port Jervis
7. Warwick	7) Beacon

**MODIFIED A FOOTBALL 11 MAN (7-8-9)**

1. Wallkill	9. New Paltz
2. Monticello	10. Highland
3. Marlboro	11. Red Hook
4. Liberty	12. Saugerties
5. Ellenville	13. Spackenkill
6. O'Neill	14. Rondout
7. Chester/Florida	15. Pine Plains
8. Burke Catholic	

**Modified A 8 Man Football (7,8,9)**

1. Fallsburg	6. Pawling
2. Rockland	7. Dover
3. Tri Valley	8. Onteora
4. Sullivan West	9. Millbrook/Web
5. Eldred	10. Haldane

**BOYS SOCCER (7-8) - 12 GAMES**

1. Kingston	9. Ellenville
2. FDR – Hyde Park	10. Highland
3. Poughkeepsie	11. Spackenkill
4. Wallkill	12. Onteora
5. Saugerties	13. Rhinebeck
6. New Paltz	14. Dover
7. Marlboro	15. Millbrook
8. Red Hook	16. Pine Plains
9. Rondout Valley	17. Webutuck

**MODIFIED GIRLS SOCCER (7-8) - 12 GAMES**

1. Kingston	9. Ellenville
2. FDR – Hyde Park	10. Highland
3. Poughkeepsie	11. Spackenkill
4. Wallkill	12. Onteora
5. Saugerties	13. Rhinebeck
6. New Paltz	14. Dover
7. Marlboro	15. Millbrook
8. Red Hook	16. Webutuck
9. Rondout Valley	

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**MODIFIED BOYS/GIRLS CROSS-COUNTRY (7-8) - 10 MEETS**

1. FDR-Hyde Park	9. Highland
2. Wallkill	10. Spackenkill
3. Saugerties	11. Onteora
4. New Paltz	12. Rhinebeck
5. Marlboro	13. Dover
6. Red Hook	14. Millbrook
7. Rondout Valley	15. Poughkeepsie (Boys)
8. Ellenville	

**MODIFIED VOLLEYBALL (7-8) – 14 GAMES**

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Webutuck
9. Ellenville	18. Poughkeepsie

**MODIFIED Field Hockey (7-8) – 12 GAMES**

- |                |
|----------------|
| 1. Kingston    |
| 2. Pine Bush   |
| 3. Onteora     |
| 4. Pine Plains |
| 5. Red Hook    |
| 6. Rondout     |
| 7. Ellenville  |

**Unified Bocce**

- |                   |
|-------------------|
| 1. Newburgh       |
| 2. Kingston       |
| 3. Wallkill       |
| 4. Saugerties     |
| 5. Beacon         |
| 6. Rondout Valley |
| 7. Arlington      |

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**WINTER SPORTS**

**VARSITY & JUNIOR VARSITY BOYS BASKETBALL - 20 GAMES (CLASS AA/A/B/C/D)**

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
8. FDR/Hyde Park 9. Poughkeepsie 3. Walkkill 4. Lourdes 5. Saugerties	1. New Paltz 2. Marlboro 3. Red Hook 4. Spackenkill	1. Rondout Valley 2. Ellenville 3. Highland 4. Dover 5. Mount Academy	1. Onteora 2. Rhinebeck 3. Millbrook 4. Pine Plains 5. Webutuck

**VARSITY & JUNIOR VARSITY GIRLS BASKETBALL – 20 GAMES (CLASS AA/A/B/C/D)**

<u>Division 1</u>	<u>Division 2</u>	<u>Division 3</u>	<u>Division 4</u>
1. FDR/Hyde Park 2. Poughkeepsie 3. Walkkill 4. Lourdes 5. Saugerties	1. New Paltz 2. Marlboro 3. Red Hook 4. Spackenkill	1. Rondout Valley 2. Ellenville 3. Highland 4. Dover	1. Onteora 2. Rhinebeck 3. Millbrook 4. Pine Plains

**Wrestling - VARSITY & JUNIOR VARSITY - Section IX Format– 20 POINTS**

<u>Division I-A</u> Varsity and JV	<u>Division I-B</u> Varsity and JV	<u>Division I-C</u> Varsity and JV	<u>Division II-A</u>	<u>Division II-B</u> <i>(Var Only)</i>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush	1. Valley Central 2. Washingtonville 3. Warwick 4. Minisink 5. FDR	1. Cornwall 2. Walkkill 3. Goshen 4. Monticello 5. Beacon 6. Lourdes(No JV)	1. Saugerties^ 2. Port Jervis^ 3. New Paltz^ 4. Marlboro 5. Red Hook 6. Rondout 7. Highland 8. Millbrook/Webutuck  ^ Has JV Team	1. Liberty 2. Ellenville 3. Fallsburg/Tri Valley 4. Chester 5. Burke 6. Sullivan West 7. Eldred 8. Tuxedo 9. Onteora^

**Girls Wrestling – 20 Points**

1. Middletown	8. Port Jervis
2. Monroe Wood.	9. Liberty
3. Kingston	10. Fallsburg
4. Valley Central	11. Onteora
5. FDR	12. Chester
6. Minisink Valley	13. Tuxedo
7. Saugerties	

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



<b>Section IX Bowling</b>		<b>Unified Bowling</b>
<b>Division I</b>	<b>Division II</b>	
1. Newburgh	1. Kingston	1. NFA
2. Monroe Woodbury	2. FDR	2. Pine Bush
3. Middletown	3. Poughkeepsie	3. Cornwall
4. Beacon	4. Saugerties	4. Beacon
5. Port Jervis	5. Highland	5. New Paltz
6. O'Neill	6. Marlboro	6. Kingston
		1. FDR
		2. Rondout
		3. Poughkeepsie
		4. Saugerties
		5. Wappingers
		6. Arlington

**Competitive Cheerleading**

<b>Division 1 – Class A 1025+</b>	<b>Division 2 – Class B 555-1024</b>	<b>Division 3 – Class C Up to 250-554</b>	<b>Div. 4 – Class D Up to 249</b>	<b>Co-Ed</b>
1. NFA	1. Warwick	1. Fallsburg	1. Tri Valley	1. Valley Central
2. Middletown	2. Washingtonville	2. O'Neill	2. Millbrook	2. FDR
3. Monroe Woodbury	3. FDR	3. Highland	3. SS Seward	3. Goshen
4. Kingston	4. Poughkeepsie	4. Dover		4. Millbrook
5. Pine Bush	5. Minisink	5. Spackenkill		
6. Valley Central	6. Goshen			
	7. Cornwall			
	8. Monticello			
	9. Wallkill			
	10. Saugerties			

**BOYS VARSITY SWIMMING – 16 MEETS**

<b>Boys Swimming / Diving – 16 Matches Maximum</b>	
<span style="background-color: #008000; color: white; padding: 2px;">■</span> = Pool Diving/Swim	<span style="background-color: #0000FF; color: white; padding: 2px;">■</span> = Pool Swim only
<span style="background-color: #FFFF00; color: black; padding: 2px;">■</span> = No Pool/College Pool	
<b><u>Division I</u></b>	<b><u>Division II</u></b>
1. NFA	1. Middletown
2. Kingston*	2. Monroe Woodbury
3. Pine Bush**	3. Warwick
4. Valley Central	4. Washingtonville
5. Beacon%	5. Minisink
6. Marlboro	6. Cornwall
7. Rhinebeck	7. Goshen***
8. Red Hook	8. FDR
9. Lourdes	9. New Paltz
10. Poughkeepsie	
 % Spackenkill to shadow Beacon	 ***SS Seward to shadow Goshen
 * Rondout / Onteora to shadow Kingston	 **Chester shadows Pine Bush

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**BOYS AND GIRLS VARSITY INDOOR TRACK – 16 MEETS**

<b>Division I</b>	<b>Division II</b>	<b>Division III</b>	<b>Division IV</b>	<b>Division V</b>	<b>Division VI</b>
1. Newburgh 2. Middletown 3. Monroe Woodbury 4. Kingston 5. Pine Bush 6. Valley Central 7. Warwick	1. Washingtonville 2. FDR 3. Poughkeepsie 4. Minisink Valley 5. Goshen 6. Cornwall 7. Wallkill	1. Monticello 2. Beacon 3. <u>Lourdes</u> 4. Saugerties 5. Port Jervis 6. New Paltz 7. Marlboro  <b>Lourdes Class A Cut off</b>	1. Liberty 2. Red Hook 3. Spackenkill 4. Rondout 5. Highland 6. Fallsburg	1. Ellenville 2. Dover 3. O’Neill 4. Onteora 5. Chester * 6. Sullivan West  *SS Seward - shadow	1. Burke 2. Tri Valley 3. Millbrook 4. Pine Plains 5. Eldred 6. Mount Academy** 7. Homestead  ** - Girls only

**BOYS & GIRLS VARSITY SKIING – 16 MEETS**

<b>Division I</b>	<b>Division II</b>
1. Monticello 2. Kingston 3. Onteora. 4. Liberty 5. Fallsburg/Tri-Valley 6. Sullivan West	1. Monroe-Woodbury 2. Warwick 3. Cornwall 4. Goshen 5. O’Neill 6. Burke

2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS



**WINTER**

**MODIFIED SPORTS TEAMS**

**BOYS MODIFIED BASKETBALL (7-8) – 14 GAMES**

1. FDR-Hyde Park	9. Ellenville
2. Poughkeepsie	10. Highland
3. Wallkill	11. Spackenkill
4. Saugerties	12. Onteora
5. New Paltz	13. Rhinebeck
6. Kingston	14. Dover
7. Marlboro	15. Millbrook
8. Red Hook	16. Pine Plains
9. Rondout Valley	17. Webutuck

**GIRLS MODIFIED BASKETBALL (7-8) - 14 GAMES**

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Kingston	14. Dover
6. Marlboro	15. Millbrook
7. Red Hook	16. Pine Plains
8. Rondout Valley	17. Webutuck
9. Ellenville	

**MODIFIED WRESTLING (7-8) – 14 Points**

1. FDR-Hyde Park
2. Wallkill
3. Saugerties
4. New Paltz
5. Marlboro
6. Rondout Valley
7. Red Hook
8. Highland
9. Ellenville
10. Onteora

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**SPRING SPORTS**

**VARSITY & JUNIOR VARSITY BASEBALL – 20 GAMES**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. FDR/Hyde Park 2. Poughkeepsie (No JV) 3. Wallkill 4. Lourdes 5. Saugerties	1. New Paltz 2. Marlboro 3. Red Hook 4. Spackenkill	1. Rondout Valley 2. Ellenville (No JV) 3. Highland 4. Dover (No JV)	1. Onteora 2. Rhinebeck 3. Millbrook 4. Pine Plains 5. Webutuck

**VARSITY & JUNIOR VARSITY SOFTBALL – 20 GAMES**

<b><u>Division 1</u></b>	<b><u>Division 2</u></b>	<b><u>Division 3</u></b>	<b><u>Division 4</u></b>
1. FDR/Hyde Park 2. Poughkeepsie (No JV) 3. Wallkill 4. Lourdes (No JV) 5. Saugerties	1. New Paltz 2. Marlboro 3. Red Hook(No JV) 4. Spackenkill	1. Rondout Valley 2. Ellenville (No JV) 3. Highland 4. Dover	1. Onteora 2. Rhinebeck 3. Millbrook/Webutuck (No JV) 4. Pine Plains

**BOYS AND GIRLS VARSITY SPRING TRACK- 16 MEETS**

1. FDR-Hyde Park	10. Ellenville
2. Poughkeepsie	11. Highland
3. Wallkill	12. Spackenkill
4. Saugerties	13. Onteora
5. New Paltz	14. Rhinebeck
6. Lourdes	15. Dover
7. Marlboro	16. Millbrook
8. Red Hook	17. Pine Plains
9. Rondout Valley	

**BOYS VARSITY TENNIS – 16 MATCHES**

1. FDR-Hyde Park	10. Highland
2. Wallkill	11. Spackenkill
3. Saugerties	12. Onteora
4. New Paltz	13. Rhinebeck
5. Lourdes	14. Pine Plains
6. Marlboro	
7. Red Hook	
8. Rondout Valley	
9. Ellenville	

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**GIRLS VARSITY GOLF – 16 MATCHES**

<b>Division I</b>	<b>Division II</b>	<b>Division III</b>	<b>Division IV</b>	<b>Division V</b>
1. Newburgh 2. Monroe-Woodbury 3. Middletown 4. Kingston 5. Pine Bush 6. Valley Central 7. Washingtonville	1. Minisink 2. Warwick 3. Cornwall 4. Goshen 5. O'Neill 6. Port Jervis 7. Burke	1. Monticello 2. Liberty 3. Sullivan West 4. Liv. Manor/Roscoe 5. Tri Valley 6. Fallsburg	1. New Paltz 2. Rondout 3. Highland 4. Marlboro 5. Ellenville 6. Onteora	1. FDR 2. Red Hook 3. Lourdes 4. Beacon 5. Spackenkill 6. Millbrook 7. Pine Plains

**BOYS VARSITY LACROSSE – 16 GAMES – A – B – C – D**

<b>Division I (CLASS A) (1036 and up)</b>	<b>Division II (Class B) (1035-728)</b>	<b>Division III (Class C) (727 -450)</b>	<b>Division IV (Class D) (449 and Down)</b>
1. NFA ( <i>Var. &amp; JV</i> ) 2. Monroe-Woodbury ( <i>Var &amp; JV</i> ) 3. Middletown ( <i>Var. &amp; JV</i> ) 4. Kingston ( <i>Var. &amp; JV</i> ) 5. Pine Bush ( <i>Var. &amp; JV</i> ) 6. Valley Central ( <i>Var/JV</i> )	1. Washingtonville ( <i>Var. &amp; JV</i> ) 2. Warwick ( <i>Var&amp;JV</i> ) 3. Minisink ( <i>Var &amp; JV</i> ) 4. Goshen ( <i>Var &amp; JV</i> ) 5. Cornwall ( <i>Var &amp; JV</i> ) 6. Wallkill ( <i>Var &amp; JV</i> )	1. Highland/Marlboro ( <i>Var</i> ) 2. Saugerties ( <i>Var</i> ) 3. New Paltz ( <i>Var &amp; JV</i> ) 4. Lourdes ( <i>Var &amp; JV</i> ) 5. Red Hook/P.P./Rhine 6. Rondout/Onteora	1. O'Neill ( <i>Var</i> ) 2. Millbrook ( <i>Var</i> ) FDR (Independent) ( <i>Var</i> )

**GIRLS VARSITY LACROSSE – 16 GAMES – A – B – C – D**

<b>Division I (CLASS A) (1036 and up)</b>	<b>Division II (Class B) (1035-728)</b>	<b>Division III (Class C) (727-450)</b>	<b>Division IV (Class D) (450 and Down)</b>
1. NFA ( <i>Var &amp; JV</i> ) 2. Monroe-Woodbury ( <i>Var &amp; JV</i> ) 3. Middletown ( <i>Var. &amp; JV</i> ) 4. Kingston ( <i>Var. &amp; JV</i> ) 5. Pine Bush ( <i>Var. &amp; JV</i> ) 6. Valley Central ( <i>Var &amp; JV</i> )	1. Warwick ( <i>Var&amp;JV</i> ) 2. Washingtonville ( <i>Var &amp; JV</i> ) 3. Minisink ( <i>Var &amp; JV</i> ) 4. FDR ( <i>Var/JV</i> ) 5. Goshen ( <i>Var/JV</i> ) 6. Cornwall ( <i>Var/JV</i> ) 7. Wallkill ( <i>Var/JV</i> )	1. Saugerties ( <i>Var</i> ) 2. New Paltz ( <i>Var</i> ) 3. Lourdes ( <i>Var/JV</i> ) 4. Beacon ( <i>Var/JV</i> ) 5. Port Jervis ( <i>Var/JV</i> )	1. Rondout ( <i>Var</i> ) 2. Red Hook ( <i>Var</i> ) 3. Highland ( <i>Var</i> ) 4. O'Neill ( <i>Var</i> ) 5. Chester ( <i>Var</i> ) 6. Burke ( <i>Var</i> )

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**Unified Basketball**

<ol style="list-style-type: none"> <li>1. Minisink</li> <li>2. Goshen</li> <li>3. Warwick</li> <li>4. Port Jervis</li> <li>5. Monroe Woodbury (P)</li> <li>6. Monroe Woodbury (W)</li> <li>7. Washingtonville</li> </ol>	<ol style="list-style-type: none"> <li>8. NFA</li> <li>9. Cornwall</li> <li>10. Middletown</li> <li>11. Pine Bush</li> <li>12. Valley Central</li> <li>13. Wallkill</li> <li>14. Beacon</li> <li>15. New Paltz</li> </ol>	<ol style="list-style-type: none"> <li>16. Kingston</li> <li>17. Rondout</li> <li>18. Pine Plains</li> <li>19. Arlington</li> <li>20. John Jay</li> <li>21. Red Hook</li> <li>22. FDR</li> <li>23. Rhinebeck</li> <li>24. Poughkeepsie</li> <li>25. Saugerties</li> </ol>
--	---	---

**Section IX Girls Flag Football – 16 Contests Maximum**

<u>Division 1 Class A (1018+)</u>	<u>Division 2 Class B (601-1017)</u>	<u>Division 3 (599 and below)</u>
<ol style="list-style-type: none"> <li>1. Newburgh</li> <li>2. Monroe Woodbury</li> <li>3. Middletown</li> <li>4. Kingston</li> <li>5. Pine Bush</li> <li>6. Valley Central</li> </ol>	<ol style="list-style-type: none"> <li>1. Washingtonville</li> <li>2. Warwick</li> <li>3. FDR</li> <li>4. Poughkeepsie</li> <li>5. Minisink</li> <li>6. Lourdes</li> <li>7. Goshen</li> </ol>	<ol style="list-style-type: none"> <li>1. Saugerties</li> <li>2. Highland</li> <li>3. O'Neill</li> <li>4. Rhinebeck</li> <li>5. Burke Catholic</li> <li>6. Millbrook</li> </ol>

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



**SPRING MODIFIED SPORTS TEAMS**

**MODIFIED BASEBALL (7-8) – 14 GAMES**

- |                   |                 |
|-------------------|-----------------|
| 1. FDR-Hyde Park  | 10. Ellenville  |
| 2. Poughkeepsie   | 11. Highland    |
| 3. Wallkill       | 12. Spackenkill |
| 4. Saugerties     | 13. Onteora     |
| 5. New Paltz      | 14. Rhinebeck   |
| 6. Kingston       | 15. Dover       |
| 7. Marlboro       | 16. Millbrook   |
| 8. Red Hook       | 17. Pine Plains |
| 9. Rondout Valley | 18. Webutuck    |

**MODIFIED SOFTBALL (7-8) – 14 GAMES**

- |                   |                        |
|-------------------|------------------------|
| 1. FDR-Hyde Park  | 10. Highland           |
| 2. Wallkill       | 11. Spackenkill        |
| 3. Saugerties     | 12. Onteora            |
| 4. New Paltz      | 13. Rhinebeck          |
| 5. Kingston.      | 14. Millbrook/Webutuck |
| 6. Marlboro       | 15. Pine Plains        |
| 7. Red Hook       | 16. Dover              |
| 8. Rondout Valley |                        |
| 9. Ellenville     |                        |

**BOYS AND GIRLS MODIFIED TRACK (7-8) – 10 MEETS**

- |                   |                 |
|-------------------|-----------------|
| 1. FDR-Hyde Park  | 10. Highland    |
| 2. Wallkill       | 11. Spackenkill |
| 3. Saugerties     | 12. Onteora     |
| 4. New Paltz      | 13. Rhinebeck   |
| 5. Kingston       | 14. Dover       |
| 6. Marlboro       | 15. Millbrook   |
| 7. Red Hook       | 16. Pine Plains |
| 8. Rondout Valley |                 |
| 9. Ellenville     |                 |

**2026-2027  
MID HUDSON ATHLETIC LEAGUE ALIGNMENTS**



<b>Boy's Lacrosse Modified A (7,8,9)</b>
1. Middletown
2. Saugerties
3. Red Hook
4. Rondout
5. Highland

<b>Boy's Lacrosse Modified B (7,8)</b>	
1. NFA	8. Kingston
2. Monroe Woodbury	9. Washingtonville
3. Pine Bush	10. FDR
4. Valley Central	11. Wallkill
5. Warwick	12. Cornwall
6. Minisink Valley	13. Goshen
7. Delaware Vall. PA	

<b>Girls Lacrosse Modified A (7,8,9)</b>	<b>Girls Lacrosse Modified B (7,8)</b>	
	<b>Division 1</b>	<b>Division 2</b>
1. Saugerties	1. NFA	1. Washingtonville
2. Red Hook	2. Monroe Wood.	2. Warwick
3. Rondout Valley	3. Middletown	3. Minisink
4. New Paltz	4. Kingston	4. Cornwall
5. Highland	5. Pine Bush	5. Goshen
	6. Valley Central	6. Beacon
	7. Wallkill	7. Chester
	8. FDR	8. DV PA

**Girls Modified Flag Football – 12 games**

1. Middletown	8. FDR
2. Monroe Woodbury	9. Minisink
3. Kingston	10. Burke
4. Pine Bush	11. Tuxedo
5. Valley Central	12. West Point MS
6. Warwick	13. Rhinebeck
7. Washingtonville	14. Saugerties



Class D: 3:00PM  
Class A: 5:30PM

**NYSPPHSAA REGIONAL FINALS**

Saturday, June 6, 2026      TBD Location      TBD Times

**EAST SEMI-FINALS**

Thursday, June 11, 2026      Middletown HS      Class A – 6:30pm, Class C – 4:00pm – Faller Field  
Class D – 4:30pm, Class B – 7:00pm – Turf Field

**NYSPPHSAA FINALS**

Sunday, June 14, 2026      Hobart & William Smith College      Class A – 5:30PM  
Class B – 10:00AM  
Class C – 11:30AM  
Class D – 3:00PM

**GIRL'S GOLF**

Section 9 Chairperson – Bill Earl – [wearl@mw.k12.ny.us](mailto:wearl@mw.k12.ny.us)

**SECTION IX CHAMPIONSHIP**

Tuesday, May 19, 2026      Opening Round      Apple Greens Golf Course      11:00am  
Tuesday, May 26, 2026      Championship Round      Apple Greens Golf Course      11:00am

**NYSPPHAA CHAMPIONSHIP**

June 6-8, 2026      Wild Wood Country Club      9:00am

**BOY'S GOLF**

Section 9 Chair – Jorma Tompuri – [jorma.tompuri@hffmcsd.org](mailto:jorma.tompuri@hffmcsd.org)

**SECTION IX CHAMPIONSHIP TOURNAMENT**

Monday, May 18, 2026      First Round      West Point Golf Course      10:00am  
Wednesday, May 20, 2026      Championship Round      West Point Golf Course      10:00am

**NYSPPHAA CHAMPIONSHIP**

June 5-8, 2026      Mill Creek Golf Club - Churchville      9:00am

**BASEBALL**

Section 9 Chairperson – Bryan Wilson – [bwilson@mw.k12.ny.us](mailto:bwilson@mw.k12.ny.us)  
MHAL Chairperson – Noah Hershfield – [nhershfield@wallkillcsd.k12.ny.us](mailto:nhershfield@wallkillcsd.k12.ny.us)

**MHAL CHAMPIONSHIP**

Saturday, May 16, 2026      Cantine Field      Conf – 10AM      League – 1PM  
Thursday, May 21, 2026      Seed Meeting      TBA

### SECTION IX TOURNAMENT

Saturday, May 23, 2026	Tournament begins	Site of Higher Seed	TBA
Saturday, May 30, 2026	Finals	Cantine Field/Lorenz Field	Class AAA – 7:00PM
*Rain Date Sunday, May 31, 2026			Class AA – 1:00PM
			Class A – 4:00PM
			Class B – 10AM
			Class C – 11:30AM
			Class D – 2:30PM

### NYSPHSAA REGIONALS

June 6, 2026	Finals	AAA – 7:00PM @ Cantine vs. Section 1
Rain Date: June 7, 2026		AA – 1:00PM @ Cantine vs. Section 1
		A – 4:00PM @ Cantine vs. Section 1
		B – 10AM @ Cantine vs. Section 1
		C – 11:30AM @ Lorenz vs. Section 2
		D – 2:30PM @ Lorenz vs. Section 11

### NYSPHSAA

Friday, June 12, 2026	Semi Finals	AAA – @ Union Endicott HS – TBD
		AA – @ Mirabito Stadium - TBD
		A - @ Binghamton University - TBD
		B – @ Binghamtom University - TBD
		C – @ Mirabito Stadium - TBD
		D – @ Union Endicott HS - TBD
Saturday, June 13, 2026	Finals	AAA – 4PM @ Binghamtom University
		AA – 4PM @ Mirabito Stadium
		A – 10AM @ Mirabito Stadium
		B – 10AM @ Binghamton University
		C – 1PM @ Mirabito Stadium
		D – 1PM @ Binghamton University

## **SOFTBALL**

Section IX Chairperson – Joe DiMattina – [jdimattina@floridaufsd.org](mailto:jdimattina@floridaufsd.org)

MHAL Chairperson – Beth Fletcher – [bethfletcher@hpcsd.org](mailto:bethfletcher@hpcsd.org)

### MHAL CHAMPIONSHIP

Saturday, May 16, 2026	Tony Williams Park	Conf. – 10AM	League – 1PM
Thursday, May 21, 2026	Point cards due/Seed Meeting		

### SECTION IX TOURNAMENT

Saturday, May 23, 2026	Quarters/Semis	Site of Higher Seed	TBA
------------------------	----------------	---------------------	-----

### SECTION IX FINALS

Thursday, May 28 and Saturday, May 30, 2025	Mount Saint Mary College	TBA
Sunday, May 31, 2026	Rain Date	

### NYSPHAA CHAMPIONSHIP

@Greenlight Networks Grand Slam Park, Binghamton		
Friday, June 12, 2026	Semifinals	Class AAA – 1:00PM
		Class AA – 2:30PM

Class A – 10:00AM  
Class B – 4:00PM  
Class C – 5:30PM  
Class D – 11:30AM

Saturday, June 13, 2026

Finals

Class AAA – 11:00AM  
Class AA – 11:30AM  
Class A – 10:00AM  
Class B – 1:00PM  
Class C – 1:30PM  
Class D – 10:30AM

## **BOY'S TENNIS**

Section 9 Co-Chairperson – Urvashi Gupta – [tututen@verizon.net](mailto:tututen@verizon.net); Matthew Hayden -  
[mhayden@ecsdm.org](mailto:mhayden@ecsdm.org)  
MHAL Chairpson -

### **MHAL TOURNAMENT**

Monday, May 18, 2026	Quarterfinals	FDR	9:00AM
Tuesday, May 19, 2026	Quarterfinals	FDR	9:00AM
Wednesday, May 20, 2026	Semis and Finals	FDR	9:00AM

Thursday, May 14, 2026	Seed Meeting	Goshen Sports Complex	TBA
------------------------	--------------	-----------------------	-----

### **SECTION IX TOURNAMENT**

May 21, 2026	Team Championship	Middletown High School	3:30PM
May 27, 2026	Quarterfinals	Goshen Sports Complex	10:00am
May 28, 2026	Semis and Finals	Goshen Sports Complex	10:00am

### **NYSPHSAA TOURNAMENT**

June 1, 2026	Sub-Regional Team	Middletown HS	4:00PM
June 5-7, 2026	Championship	Billie Jean King Tennis Center; Flushing, NY	
Friday, June 12, 2026	Team Championship	Billie Jean King Tennis Center; Flushing, NY	

## **TRACK & FIELD**

Section 9 Chairs – Matt Hemmer – [mhemmer@mw.k12.ny.us](mailto:mhemmer@mw.k12.ny.us) & Patrick Burkhardt – [pburkhardt@onteora.k12.ny.us](mailto:pburkhardt@onteora.k12.ny.us)





### **Summer Coaching Courses 2026**

Interested in completing your coaching certification this summer?  
Our 2025-2026 Coaching Courses will be offered in a **blended learning format**, combining online coursework with an **in-person skills session** (attendance is mandatory for in-person dates).

#### **To Register:**

Email **Amanda Zampini** at [CoachingCourses9@gmail.com](mailto:CoachingCourses9@gmail.com) to receive registration details and access to the online course materials.

#### **In-Person Location:**

Carl Onken Conference Center Room  
**53 Gibson Road, Goshen, NY**

*Located behind the Career and Technical Education building, at the back of the parking lot next to O&M*

#### **In-Person Skills Session Dates:**

July 20, 2026  
July 27, 2026  
July 29, 2026  
August 3, 2026  
August 4, 2026  
August 18, 2026