

REGION 1 - 2024 FACT SHEET

3A/4A GIRLS REGIONAL WRESTLING TOURNAMENT

I. DATE AND TIME

Saturday, February 10th, 2024

Monroe High School

17001 Tester Road

Monroe, WA 98272

Phone: Ashley Tuiasosopo (360) 804-4542

Email: tuiasosopoa@monroe.wednet.edu

Saturday Schedule:

- Skin checks: Main Gym, 7:40 am
- Weigh-ins: Main Gym, 8:00 am (have athletes bring their picture ID)
 - Weigh-ins will be by weight class, not team, please be on time.
- Coaches meeting: Immediately following weigh-ins in the hospitality room (Staff Lounge).
- Wrestling starts at 10:00 am (we will wrestle straight through and utilize 4 mats through the finals)

II. TOURNAMENT DIRECTORS

Ashley Tuiasosopo, Director

360-804-4542

tuiasosopoa@monroe.wednet.edu

TBD, Tournament Computer

III. PARTICIPATING CONFERENCES

KINGCO 4A

Bothell
Eastlake
Inglesmoor
Issaquah
Mount Si
Newport
North Creek
Redmond
Skyline
Woodinville

KINGCO 3A

Bellevue
Hazen
Interlake
Juanita
Lake Washington
Liberty
Mercer Island

NORTHWEST

Bellingham SD
Ferndale
Mount Vernon
Oak Harbor

WESCO 4A

Glacier Peak
Jackson
Kamiak
Lake Stevens
Mariner

WESCO 3A

Arlington
Cascade (Everett)
Edmonds-Woodway
Everett
Lynnwood
Marysville-Getchell
Marysville-Pilchuck
Meadowdale
Monroe
Mountlake Terrace
Shorecrest
Shorewood
Snohomish
Stanwood

IV. TOURNAMENT COMMITTEE

- Head Official - Assigned by WIAA
- Tournament Director - Ashley Tuiasosopo
- Kingco - Jason Thurston, Juanita HS AD
- Northwest - Colin Cushman, Sehome AD
- Wesco - Beth Vanderveen, Mukilteo SD District AD
- WIAA - Justin Kesterson (if necessary)

V. DISPUTES

- Any dispute occurring at the tournament will be presented to the tournament director who will confer with the tournament committee. Their decision will be final.
- The WIAA expulsion rule (23.32-Conduct eligibility rules and penalties) will be followed.

VI. WEIGH-INS

- **All athletes will need a photo I.D. for weigh-ins.** All wrestlers are to be present and remain in the designated weigh-in area during the weigh-in period - this will be strictly followed. During the weigh-in process, no activities that promote hydration or dehydration will be allowed.

VII. MEDICAL/FIRST AID

- Certified Athletic Trainers will be available onsite throughout the tournament. Athletes wishing to be taped must bring their own taping supplies. Tape will not be provided for shoelaces.

VIII. ADMISSION

All participants and spectators will enter through the south entrance located by the stadium. NO admittance through the main doors. Signs will be outside indicating the direction and location.

Prices are established by the WIAA and tickets are sold exclusively through GoFan.
NO ONSITE CASH SALES.

Adults.....	\$11.00 + processing fee
Student/Child/Senior (62+).....	\$8.00 + processing fee
Children under 5.....	Free

- Please inform your students and parents ahead of time so they come prepared to pay admission.
- Only wrestlers in uniform, participating in the tournament, will be admitted free entrance. Wrestlers will be expected to pay if not participating in the tournament.
- Acceptable passes: WSCA, WSSAAA w/ID and WIAA Lifetime Passes. **NO other passes will be accepted!**
- Press passes will be accepted with proper identification. Only those photographers approved by the Tournament Manager will be permitted on the gym floor.
- School will forward their pass list to the tournament director no later than February 7th: tuiasosopoa@monroe.wednet.edu.
- Cheerleaders identified on the pass list and in uniform will be admitted free of charge. Each school is limited to a maximum of four mat side.

IX. TEAM SCORING

- All tournament scoring will be as stated in the National Federation Rule Book (Rule 9, Section 2)
 - Automatic pin points will be awarded if two teammates meet up at any point in the tournament.

X. AWARDS & PICTURES

- Awards will be given to the first **SIX** place finishers in each weight class.
- Individual awards will be presented after the championship round in the main gym. Team scores will be kept but there is not a team trophy for this first round of the state tournament.
- The top 6 finishers in each weight class will have their group picture taken for the state program. Per WIAA policy, wrestlers need to be dressed in school warm-ups, which include a top and

bottom. Athletes will not be allowed to be in street clothes or have hats, sunglasses, mascots or any other items in the picture with them.

XI. STATE QUALIFIERS

- The top **SIX** finishers in each weight class will qualify for the state wrestling tournament to be held at the Tacoma Dome on February 16th and 17th.
- The **SEVENTH** place finisher will serve as the alternate at the state tournament. We will wrestle out through 7th and 8th place, in the event multiple injuries occur.

XII. OFFICIALS

- To be determined by WIAA at a later date.

XIII. GENERAL INSTRUCTIONS

- **Dressing Rooms:** Boys and girls locker rooms will be provided.
 - P.E. lockers are not to be disturbed and bulletin boards left untouched
 - Coaches should discuss proper etiquette and cleanliness with their athletes.
 - Each school must furnish their own towels.
 - Monroe High School is not responsible for any lost or stolen items and athletes are encouraged to not leave valuables in the locker room area.
- Please clean up after yourself.
- Each school is responsible for supplying their own personal equipment.
- **Floor Restrictions**
 - **NO** one will be permitted to stand along the mats, including coaches, wrestlers, and spectators.
 - **TWO** coaches are permitted mat side during competition, this includes statisticians and managers. Violations will be reported to the tournament director and the head coach will be notified and possibly penalized.
- **Parking**
 - Parking is located on the school campus.
 - Buses should park in the bus lane (see map).
- **Signs, bands & noise makers:**
 - **NO** signs except for official school banners will be permitted.
 - No band or noise makers will be permitted.
- **Concessions & Hospitality Room**
 - Concessions will be offered by Bearcat Pride.
 - A hospitality room will be available for the coaches, officials and tournament staff.
- **Apparel**
 - RushTeam Apparel will be present selling 2024 Regional Wrestling gear.

XIV. DIRECTIONS

- Directions from I-5:
 - Take exit 194 (Snohomish/Wenatchee) to Hwy 2 across the trestle. Continue on US-2 East toward Wenatchee for about 12 miles. Turn right onto Frylands Blvd. At the stop sign, turn left onto W Main Street. At the traffic circle, take the 1st exit to continue on W Main Street. At the next traffic circle, take the 1st exit onto Tester Rd. School will be located at the top of the hill on the left. Buses take the 2nd left into the school to drop off the student athletes at the gym entrance. Then continue around to the bus lane to park.
- Directions from the East Side:

- On 405, take WA-522 E (Woodinville/Monroe) exit and head east on WA-522 for about 12 miles. Take the exit toward Monroe/W Main St. At the traffic circle, take the 1st exit onto Tester Rd. School will be located at the top of the hill on the left. Buses take the 2nd left into the school to drop off the student athletes at the gym entrance. Then continue around to the bus lane to park.
- Driving North on Highway 9:
 - Turn right to merge onto US-2 E and head east on US-2 for about 8 miles. Turn right onto Fryelands Blvd. At the stop sign, turn left onto W Main Street. At the traffic circle, take the 1st exit to continue on W Main Street. At the next traffic circle, take the 1st exit onto Tester Rd. School will be located at the top of the hill on the left. Buses take the 2nd left into the school to drop off the student athletes at the gym entrance. Then continue around to the bus lane to park.
- Driving South on High 9:
 - Turn left to merge onto US-2 E and head east on US-2 for about 8 miles. Turn right onto Fryelands Blvd. At the stop sign, turn left onto W Main Street. At the traffic circle, take the 1st exit to continue on W Main Street. At the next traffic circle, take the 1st exit onto Tester Rd. School will be located at the top of the hill on the left. Buses take the 2nd left into the school to drop off the student athletes at the gym entrance. Then continue around to the bus lane to park.



XV. PASS LIST

Region 1 | 3A/4A Girls Wrestling Tournament Team/School Pass List

Only coaches that have completed the WIAA requirements are allowed to be listed as a coach.

SCHOOL: _____

HEAD COACH	CHEERLEADERS
1.	1.
ASSISTANT COACH	2.
1.	3.
2.	4.
3.	5.
4.	6.
MANAGERS/STATS/VIDEO	7.
1.	8.
2.	CHEER ADVISOR
3.	1.
SUPERVISORS	2.
1.	

Please email to tuiasosopoa@monroe.wednet.edu by 3:00 pm on
Wednesday, February 7th, 2024.

WIAA REGIONAL TOURNAMENT WEIGH-IN PROCEDURES

The following National Federation Wrestling Rules weigh-in procedures will be used at all WIAA Regional Tournaments.

WEIGH-IN WILL PROGRESS MOST SMOOTHLY IF EACH COACH FAMILIARIZES HIS WRESTLERS WITH THE FOLLOWING PROCEDURES PRIOR TO WEIGH-IN.

- A. All weigh-ins will start 2 hours prior to the start of wrestling each day of the tournaments. All wrestlers are to be present and remain in the designated weigh-in area during the weigh-in period. During the weigh-in process no activities that promote dehydration are permitted. Wrestlers will be weighed in by weight class.
- B. **The wrestler must present the Photo Id to gain access to the weigh-in area. Only PHOTO ID SUCH AS AN ASB CARD OR DRIVER'S LICENSE OR ONLINE OFFICIAL SCHOOL ID are acceptable NO ID ON PHONES.** In the event the wrestler fails to bring acceptable photo ID then the wrestler and coach must report to the Head Announcers Table to vouch for the wrestler's identity. Wrestler(s) without Photo Id, will be grouped to weigh in after those who have proper ID.

WRESTLERS WILL NOT BE ABLE TO BRING GYM BAGS OR BACKPACKS INTO THE WEIGH-IN AREA. Athletes are asked to arrive in sweat tops and bottoms.
- C. The wrestler must be prepared to clear the hair/nails/skin checks before the weigh-in begins. This process should begin approximately 30 minutes prior to the start of weigh-ins.
- D. Wrestlers treated by a Physician prior to the tournament, must bring the NFHS Infectious Skin Form, signed by the physician, to weigh-ins. The tournament Physician/trainer/Official will have final determination on the participation of all wrestlers concerning health and safety issues.
- E. After clearing the hair/nails/skin checks, wrestlers will be admitted to the weigh-in area and wait for the beginning of weigh-ins. There are to be **NO** attempts at dehydration while in the weigh-in area.
- F. The wrestler must present his/her **and photo ID** to the weigh-in official. If the wrestler makes weight then the official will write the weight on the weigh in sheet. **Only wrestlers whose passes hair check, nail check, skin check, and weigh in by the weigh-in official become tournament participant. Wrestler who do not pass the nail, hair, skin will be noted as deficient, must correct deficient item(s), then must be cleared at the head table 60 before matches start.**
- G. A wrestler shall weigh-in for only one weight class during the weigh-in period. If only one scale is available, a wrestler may step on and off that scale TWO times to allow for mechanical inconsistencies in the scales. If the wrestler fails to make weight on the first scale, the wrestler shall immediately step on each of the available scales ONE time in an attempt to make weight.
- H. The weigh-ins are closed by the tournament manager immediately following the completion of the last wrestler in that weight class.

ALTERNATE REGISTRATION AND WEIGH-IN PROCEDURES

- A. Every effort will be made to notify coaches in the event their alternate(s) seems likely to become a contestant. However, it is always best to check personally with coaches from within your league.
- B. Alternates may weigh-in at the discretion of their coach. (Follow the procedure listed above.)

TICKETS

EXCLUSIVELY ONLINE

WIAA.COM/TICKETS



Gesa
Credit
Union

SERVICE FEES APPLY

TICKET

PRICE

ADULTS

\$11

INCLUDES STUDENTS W/OUT ASB CARD

STUDENTS

\$8

W/ HS/MS/JH ASB CARD, CHILDREN UNDER 12

SENIORS

AGE 62 AND UP

MILITARY

ACTIVE DUTY/VETERANS/GUARD/RESERVES W/ PROPER MILITARY ID

CHILDREN UNDER 5 FREE



