



**Region 4 – 3A/4A Girls' Wrestling Tournament**  
Sunnyside High School  
1801 E. Edison, Sunnyside, WA 98944  
Saturday, February 10th, 2024

**Memo Date:** Monday, January 30, 2024

**To:** Region 4 – 3A/4A Girls' Coaches and Athletic Directors

**From:** Dave Martinez, Host AD/Tournament Manager

Justin Newby, Computer Operator/Tournament Director

**Schools involved:**

**MCC** – Richland HS, Pasco HS, Kamiakin HS, Hanford HS, Chiawana HS, Southridge HS, Kennewick HS, Hermiston HS, Walla Walla HS

**GSL** – Lewis and Clark HS, Gonzaga Prep, Central Valley HS, Mead HS, Mt. Spokane HS, University HS, Ferris HS, Ridgeline HS, Cheney HS, North Central HS

**Big 9** – Moses Lake HS, Wenatchee HS, Eastmont HS, Sunnyside HS, Davis HS, Eisenhower HS, West Valley HS

This year's Girls' Region 4 Wrestling Tournament will be held at Sunnyside High School in the Gym on Saturday, February 10th, 2024. Sunnyside High School welcomes all of the teams on their road to State. Below you will find the information for the tournament. Please be sure to review.

## **Tournament Schedule:**

Saturday, Feb. 10, 2024:

9:00 AM	Weigh-ins
9:30 AM	Coaches Meeting
11:00 AM	Wrestling Starts

## **Bracket & State Berths**

This year all weight classes will have 8-man brackets that will be run through Track Wrestling. At the end of the tournament, **the top 4 (5th is an alternate) wrestlers from each weight class will earn a place in this year's Mat Classic at the Tacoma Dome.**

These wrestlers (Top 4) will also get their picture taken to be featured in this year's State Wrestling Program. Medals will be handed out for the top 4 places.

## **Awards Ceremony:**

Wrestlers will be called up by weight class and place to take the podium and be given their medals at the conclusion of the tournament. Please make sure your athlete attends the award ceremony. **Wrestlers will be taken immediately from the podium off to the side to have their picture taken for the Mat Classic Program. Please make sure all athletes understand this, so they don't leave the podium without getting their picture taken. Please make sure your wrestler is in their school issued warm-ups for the state program.**

## **Allocations from Districts**

Girls – 8 total: 5 from the MCC & GSL League; 3 from the Big 9

## **Alternates**

Special Note: Alternates must weigh in to be eligible to compete. Also, Alternates will ONLY be entered into the tournament if a wrestler from their weight class AND their own District/League are injured, sick, or do not make weight. Alternates will be placed in the lowest seeded position for their District and all other wrestlers will be bumped ahead in seeding to fill the spaces for their District.

**Seeding:** Seeding will be done based on placement by respective District/League Tournaments.

**Weigh-in Procedure:**

Photo ID is **REQUIRED**. Weigh-In will take place by weight class.

Weigh-in will take place in the Sunnyside Auxiliary gym. Wrestlers are required to report 15 minutes prior. Each coach is required to bring their WIAA weigh in sheet. **Don't be late to weigh-ins**, officials will lock the doors during weigh-in procedures, no one will be allowed to enter after this point.

**Mats:**

3 mats will be used for the tournament.

**Warm-Up (Wrestling room):**

There will be a designated warm up area for wrestlers and coaches ONLY to use in warm up activities. All mats will be available for warm up before the tournament begins at 11:00 am.

**Locker Rooms:**

There are locker rooms and showers available for use. Please bring your own towels if you plan on showering.

**Team only locations:**

The West side of the gymnasium in the upper bleachers will be designated for athletes and coaches only. Please no parents, equipment, and supplies in this area. Only coaches and athletes currently involved in a match or on deck will be allowed on the floor. NO EXCEPTIONS.

We will also have an area in our commons set up for teams that will be monitored by our school security.

**Hospitality Room:**

There will be a hospitality room for **coaches, officials, and tournament workers only**. Please be aware of this and keep your athletes and stat keepers out of this area.

**Food:**

Concessions will be available for public. Cash only.

**Games Committee:**

The head Tournament official, Dave Martinez (Tournament Manager), Bob Stanley (Davis High School Athletic Director), Paul Stevens (Eisenhower High School Athletic Director), Adrian Ochoa (Richland High School

Athletic Director).

**Admission:**

**GoFan On-Line Ticket Prices:**

**Adult: \$11.00 + ticketing fees**

**Student/Senior/Military: \$8.00 + ticketing fees**

**Tickets Can be purchased online at GoFan.com**

**-Acceptable passes: WSCA, WSSAAA w/ID and WIAA Lifetime Passes.**

**\*\*NO other passes will be accepted\*\***

**Pass lists:**

Pass lists will be sent out to all schools including supervisors, administrators, and managers. Coaches will be provided wristbands in their team packet that allows them floor access and access to the hospitality room. The deadline for the pass list is Thursday, February 8<sup>th</sup> by 3 PM.

**Live Streaming**

**Coaches**

Only WIAA approved coaches (***Must be wearing a wristband that will be handed out at the coaches meeting***) are permitted to coach during the tournament. The number of coaches allowed at Regionals is based on the WIAA bound for state guidelines, and coaches need to be on the myWIAA Pass Gate List. ***No more than 2 coaches are allowed on the mat during competition.***

**Medical:**

There will be a certified Athletic Trainer available. However, individual schools will be responsible for providing their own medical kit supplies. Ice will be available. Coaches will clean up blood on wrestlers.

**Floor Access:**

As a point of emphasis **only 3 people are permitted to be at the corner of the mats (2 coaches & 1 statistician). No one is allowed to line up along the edge of the mat. Coaches need to remain in their designated areas.** Coaches, please talk with your team and let them know they need to remain in the stands. We would also like to ask that you as coaches help monitor this activity throughout the day and remind people to return to the stands.

**Ejections:**

Ejection for the first instance of flagrant misconduct (Federation Rule). Or ejection for a second instance of unsportsmanlike conduct (Federation Rule) of an “abusive” nature (WIAA Standard). An ejected participant is finished for the tournament and the remainder of the season.

**Coaches, please talk to your athletes and fans about their language and “abusive” behavior. This will not be tolerated at any point during the tournament.**

**Venue Information:**

Parking for buses and vans will be available in the parking lots.

**Apparel Sales**

Rush Team Apparel, the official & exclusive apparel vendor for the WIAA, will be on site selling regional wrestling apparel & merchandise.

<http://www.rushteamapparel.com/>

**Tournament Manager/Host AD:**

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