



CENTRAL WASHINGTON ATHLETIC CONFERENCE

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2022 CWAC Girls' Soccer All-Conference Teams Announced

Below are the all-conference teams, specialty award winners, and conference standings for Central Washington Athletic Conference girls' soccer for the Fall 2022 season. All-conference teams were selected by a vote of the conference's seven head coaches.

Conference champion and state participant East Valley was represented by both CWAC Players of the Year in juniors **Shannah Mellick** (Offensive) and **Mackenzie Isaak** (Defensive). First-year head coach **Mindy Tidball** of Prosser was chosen as the CWAC Coach of the Year after guiding the Mustangs into the District 5/6/8 Glue Crossover round, and **Grandview** was chosen for the Team Sportsmanship Award.

East Valley and District 5/6 champion Selah will represent the contest in the Class 2A state championships starting Wednesday. Headshots of all 36 all-conference honorees can be found on page two of this release.

FIRST TEAM

POS	NAME	YR	NO	SCHOOL
F	Lilliana Byers *	JR	7	East Valley
	Jamison Philip *	SO	10	Ellensburg
	Brooke Reiber *	SR	9	Selah
	Layne Rogel *	SO	19	Ellensburg
MF	Ariana Lopez	FR	18	East Valley
	Shannah Mellick *	JR	4	East Valley
	Allison Moultray *	SR	11	Selah
D	Malli Rude *	SO	10	Prosser
	Jasmine Farias *	JR	8	East Valley
	Mackenzie Isaak *	JR	12	East Valley
	Rubi Mondragon *	SR	16	Othello
	Quinn Rogel *	SR	25	Ellensburg
GK	Alejandra Salcedo *	SO	5	Selah
	Reagan Messner *	SR	0	Ellensburg

***PREVIOUS ALL-CWAC HONORS:** *Byers* (F21 second team), *Farias* (W21 first team), *Isaak* (W21 second team, F21 second team), *Mellick* (W21 first team, F21 first team), *Messner* (F21 second team), *Mondragon* (F21 first team), *Moultray* (W21 first team, F21 first team), *Philip* (F21 second team), *Reiber* (W21 first team, F21 first team), *L.Rogel* (F21 honorable mention), *Q.Rogel* (F19 honorable mention, W21 first team, F21 first team), *Rude* (F21 second team), *Salcedo* (F21 second team)

SECOND TEAM

POS	NAME	YR	NO	SCHOOL
F	Kaydence Hector *	SO	2	Ephrata
	Alejandra Sanchez *	SR	5	Grandview
	Eveyanna Townsend	JR	3	East Valley
	Karen Villegas	JR	9	Prosser
MF	Derynn Bala	SO	11	Ellensburg
	Kennedy Cobb *	JR	13	Selah
	Adley Franklin *	JR	1	Selah
	Jada Mendoza *	SR	10	East Valley
D	Kara Bakker	SO	7	Selah
	Amarie Guzman *	JR	8	Othello
	Emma Walruff	JR	16	East Valley
GK	Lexi Grenz *	SR	21	Selah

***PREVIOUS ALL-CWAC HONORS:** *Cobb* (F21 honorable mention), *Franklin* (W21 first team), *Grenz* (F21 first team), *Guzman* (F21 honorable mention), *Hector* (F21 honorable mention), *Mendoza* (W21 first team, F21 second team), *Sanchez* (F21 honorable mention)

HONORABLE MENTION

POS	NAME	YR	NO	SCHOOL
MF	Amalia Carranza *	JR	2	Grandview
	Emma Merrick	SO	15	Prosser
	Serenity Peña	SR	6	Othello
	Geselle Razo	SO	17	Grandview
	Ruby Trinidad	SR	5	Othello
D	Janea Hall	JR	8	Selah
	Hailey Smith	SR	18	Ellensburg
	Anahi Vargas	SR	14	Ephrata
GK	Ava Williams	JR	2	East Valley
	Alivia Helaas *	SR	0	Ephrata

***PREVIOUS ALL-CWAC HONORS:** *Carranza* (W21 honorable mention), *Helaas* (F19 second team)

OFFENSIVE PLAYER OF THE YEAR:	Shannah Mellick , jr., East Valley
DEFENSIVE PLAYER OF THE YEAR:	Mackenzie Isaak , jr., East Valley
COACH OF THE YEAR:	Mindy Tidball , Prosser
SPORTSMANSHIP:	Grandview



CENTRAL WASHINGTON ATHLETIC CONFERENCE STANDINGS (entering state tournament)

SCHOOL	HEAD COACH	CWAC Matches					Overall					Full Season Series vs. Conference Opponents							
		W	L	GB	GF	GA	W	L	T	GF	GA	EVY	ELL	EPH	GVW	OTH	PRO	SEL	
1 East Valley (Yakima)*#	Tim Ostrander	12	0	-	46	5	17	1	1		89	13		2-0	2-0	2-0	2-0	-3-0	-2-1
2 Selah*#	Josh Koreski	7	5	5	20	15	10	7	0		31	20	+1-2	1-1	2-0	+3-0	0-2	2-0	
Ellensburg*	Jim Engeland	7	5	5	29	16	8	8	0		35	27	0-2		2-0	-1-2	1-1	-2-1	1-1
4 Othello*	Juan Garcia	5	7	7	11	22	8	9	0		27	26	0-2	1-1	1-1	-0-3		-1-2	2-0
5 Prosser*	Mindy Tidball	4	8	8	17	27	8	11	0		33	45	-0-3	+1-2	1-1	+3-0	+2-1		0-2
Grandview*	Adrian Morales	4	8	8	13	28	9	10	1		47	41	0-2	+2-1	1-1		+3-0	-0-3	-0-3
7 Ephrata	Gary Klepec	3	9	9	12	29	6	10	0		28	32	0-2	0-2		1-1	1-1	1-1	0-2

* District 5/6 Championship participant / # WIAA Class 2A State participant

Postseason results versus CWAC opponent denoted above by + (win) or - (loss)

"This is the CWAC: Conference of Champions!"

GIRLS' SOCCER 2022 ALL-CONFERENCE

FIRST TEAM



Lilliana BYERS
F • JR • East Valley



Jasmine FARIAS
D • JR • East Valley



Mackenzie ISAAK
D • JR • East Valley



Ariana LOPEZ
MF • FR • East Valley



Shannah MELLICK
MF • JR • East Valley



Reagan MESSNER
GK • SR • Ellensburg



Rubi MONDRAGON
D • SR • Othello



Allison MOULTRAY
MF • SR • Selah



Jamison PHILIP
F • SO • Ellensburg



Brooke REIBER
F • SR • Selah



Layne ROGEL
F • SO • Ellensburg



Quinn ROGEL
D • SR • Ellensburg



Malli RUDE
F • SO • Prosser



Alejandra SALCEDO
D • SO • Selah

SECOND TEAM



Kara BAKKER
D • SO • Selah



Derynn BALA
MF • SO • Ellensburg



Kennedy COBB
MF • JR • Selah



Adley FRANKLIN
MF • JR • Selah



Lexi GRENZ
GK • SR • Selah



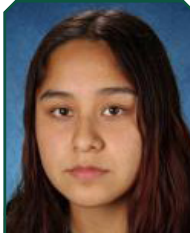
Amarie GUZMAN
D • JR • Othello



Kaydence HECTOR
F • SO • Ephrata



Jada MENDOZA
MF • SR • East Valley



Alejandra SANCHEZ
F • SR • Grandview



Eveyanna TOWNSEND
F • JR • East Valley



Karen VILLEGAS
F • JR • Prosser



Emma WALRUFF
D • JR • East Valley

HONORABLE MENTION



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MF • JR • Grandview



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Anahi VARGAS
D • SR • Ephrata



Ava WILLIAMS
D • JR • East Valley