

CIF STATE INDIVIDUAL CHAMPIONS

CROSS COUNTRY (B/G)

| | | | |
|------|-----------------|---------------|---|
| 1988 | Matt Metzger | University | B |
| 1989 | Laura Hamady | Urban | G |
| 1997 | Kira Morser | University | G |
| 1998 | Kira Morer | University | G |
| 1999 | Clara Horowitz | Head-Royce | G |
| 2000 | Clara Horowitz | Head-Royce | G |
| 2001 | Clara Horowitz | Head-Royce | G |
| 2009 | Lucy McCullough | Marin Academy | G |
| 2010 | Lucy McCullough | Marin Academy | G |
| 2012 | Trevor Reinhart | Marin Academy | B |
| 2014 | Trevor Reinhart | Marin Academy | B |
| 2015 | Cooper Teare | St. Joseph | B |