

CONSTITUTION OF THE GREAT NORTHERN CONFERENCE

CHARTERED MEMBERS:

ANTIGO HIGH SCHOOL

LAKELAND UNION HIGH SCHOOL

MEDFORD HIGH SCHOOL

MERRILL HIGH SCHOOL

MOSINEE HIGH SCHOOL

NORTHLAND PINES HIGH SCHOOL

RHINELANDER HIGH SCHOOL

TOMAHAWK HIGH SCHOOL

ADOPTED: April 18, 2007

Last updated: April 8, 2026

CONSTITUTION OF THE GREAT NORTHERN CONFERENCE

Article 1 NAME:

The name of this organization shall be the Great Northern Conference and a member of the Wisconsin Interscholastic Athletic Association.

Article 2 PURPOSE:

The purpose of this organization shall be to promote interscholastic competition, co-curricular activities, and curricular collaboration among the schools associated in this conference. There shall be opportunities for participation in such interscholastic activities as co-curricular activities and curricular collaboration.

Article 3 MEMBERSHIP:

Section 1 Charter Members of the Great Northern Conference:

Antigo, Lakeland, Medford, Mosinee, Northland Pines,
Rhineland and Tomahawk High Schools.

Section 2 Admission:

- a) Schools applying for membership must be in good standing with the WIAA, WHSFA, and WSMA.
- b) Applications will be subject to current WIAA policy relevant to admissions.
- c) A school wishing to become a full or sport specific member of this conference must make application in writing to the President. This application must be copied by the President and sent to each member schools. The member schools vote on application at a regular or special meeting with two- thirds of the schools voting in favor of the application required for admission.
- d) The Conference will have no more than eight schools for each of the Conference sports. Charter members of the conference shall have priority over non-charter members if they were to add a specific sport.

Section 3 Cooperative Teams:

- a) Member schools wishing to have a cooperative team with another school must follow the procedures, rules and timelines of the Wisconsin Interscholastic Athletic Association.
- b) Principals will evaluate coop programs and report to the Superintendents on progress of programs no later than one month before coop is to be considered by the conference.

Article 4 DUES:

Section 1: The dues for the following year shall be set annually by June 1st. (Currently \$2700 per school or \$300 per sport)

Section 2: Special assessments may be made by a majority vote at any regular or special meeting.

Section 3: Dues shall be paid annually September 1st of that year.

Article 5 OFFICERS:

- Section 1:** The officers of the conference shall be President, Vice President, and Secretary/ Treasurer. Principals will be officers.
- Section 2:** The President and Vice President shall follow in alphabetical order of schools. The Secretary/Treasurer shall be the Conference Commissioner. The President shall have been a member of the conference for one year or the next in the order will move up.
- Section 3:** The officers shall be appointed at the final meeting in the spring, their terms to commence July 1. Replacement of officers to fill unexpired terms shall be determined by election at the first regular or special meeting after vacancy arises.
- Section 4:** The commissioner shall serve as an ex-officio member. The commissioner's job description is set forth as in conference by-laws. The commissioner shall be selected by majority vote of member schools. The commissioner shall have an annual performance evaluation, as well as an annual salary review.
- Section 5:** **OFFICER DUTIES**
- a) The President shall preside at all principal meetings and shall act as general supervisor over the conference. The agenda of conference principals meetings shall be structured by the President, after consulting with the Conference Commissioner. The agenda shall be sent to members prior to the meeting.
 - b) The Vice President shall preside and act in the absence of the President.
 - c) The Secretary/Treasurer shall keep minutes of meetings and an accurate record of all money belonging to the conference, and pay out money for conference expenses. He/she shall submit a record of expenditures at the regular meetings.
- Section 6:** An Executive Board shall consist of all conference school principals or their appointed representative. The executive board shall enforce the rules and settle all disputes that may arise. The rules of the WIAA, WHSFA, and WSMA shall govern in all cases except as the conference shall adopt additional or more stringent rules and recommend annual dues.

Article 6 **VOTING:**
Each school will be represented by the principal or designee. Each school shall have one vote on all questions. A majority vote of those schools present is needed to pass all matters of Conference business unless otherwise provided for in this Constitution. Sport-specific members will have one vote on questions pertaining to that sport.

Article 7 **MEETINGS:**

Section 1: Combined meetings of superintendents and principals can be held if requested by either group. The agenda for combined meetings will be prepared by the conference President and a representative of the Superintendents.

Section 2: Principal's meetings will be held regularly. Date, time and site will be scheduled in the prior year. Three meetings are determined in the bylaws to follow athletic director meetings the next week after

the fall coaches meeting, the winter coaches meeting and the September athletic directors meeting. Approval of athletic director recommendations to occur at that time for by-law and current practice items for the Great Northern Conference.

Section 3: Special meetings may be called upon the order of the President or the petition of one-third of the member schools. However, not more than one special meeting may be called between regular meetings except upon petition of all member schools.

Section 4: All meetings shall be conducted according to Roberts Rules of Order.

Section 5: Representatives of five of eight schools shall constitute a quorum for the transaction of business.

Article 8 AMENDMENTS:

Section 1: This constitution may be amended by a two-thirds vote of all member schools at any meeting. However, the Secretary shall send each member school a copy of the proposed amendment ten days before the meeting.

Section 2: Rules and By Laws may be adopted or amended at any meeting by a majority vote of those schools present. These should be sent out prior to the meeting. Two-thirds vote would be required if no prior notice occurs.

Article 9 RULES OF COMPETITION

WIAA rules and regulations will govern interscholastic competition.

GREAT NORTHERN CONFERENCE CONFERENCE BYLAWS

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100

COMMON

1. Each school will maintain its own rules regarding eligibility, however, WIAA rules must be followed as minimum requirements.
2. The Conference will be responsible for determining Conference-offered awards. Members shall not substitute/modify Conference Awards, nor will members present awards in the name of the Great Northern Conference that have not been approved by the Conference.
3. In conjunction with WIAA Article VII, Section 3, regarding flagrant or unsportsmanlike conduct for student athletes, the GNC has approved the following GNC by-law: A STUDENT ATHLETE, or COACH disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet).
4. Secretary/Treasurer shall invoice each school for Conference dues no later than July.
5. Each school is entitled to as many representatives at any meeting as they desire to send, but each school is entitled to only one vote. Member schools are to designate the representative who shall do their voting.
6. The necessary operational expenses of the officers may be submitted for payment from the Conference funds.
7. All Conference schools must be members of the WIAA
8. Visiting coaches are required to provide locker room supervision for their team before and after the event.
9. At the varsity level, no varsity coach may officiate a Great Northern Conference contest for any member school, in a sport, which they coach, unless deemed necessary by the Conference Commissioner. This implies it would be permissible to officiate non-conference varsity contests for member schools.
10. Each team will submit statistics within 24 hours of the competition being completed or by noon on Monday if the competition is on a Friday//Weekend. All coaches will submit a completed GNC stat sheet.
11. Conference teams shall not share videotapes, verbal, or written scouting reports of conference teams to a non-conference team.

SPORTS ACTIVITIES

1. The conference will recognize the following sports for athletic competition:
 - fall - boys cross country, girls cross country, football, volleyball, boys soccer, girls swimming, girls tennis
 - winter – boys basketball, girls basketball, boys hockey, wrestling, gymnastics, boys swimming
 - spring - baseball, softball, boys golf, boys track, girls track, girls soccer, boys tennis
2. In order for a conference to approve a sport/activity for participation, at least five member schools must compete in that sport/activity. The conference may add schools to fill an advantageous schedule. This will be done on a yearly basis and dues will be determined appropriately.
3. Member schools shall exchange rosters in football, basketball, soccer, wrestling, and volleyball to the schools athletic directors prior to the first scheduled contest in each sport. This should include freshman, JV, and varsity. Name, height, weight (when applicable), position, year, coaches, cheerleaders, administration should be included.
4. If school is canceled for the entire day or a portion of the day, conducting events scheduled for that evening will be determined by mutual agreement of the schools involved.

ADMISSIONS

1. The league secretary will be responsible for arranging for the printing and distribution of conference passes. Each school will be sent fifty Conference passes prior to August 31st.
2. Local complimentary passes will be honored only at home facilities.
3. Cheerleaders/Dance Teams in uniform will be admitted free.
4. Admission prices at the door or gate:
\$4 for students and adults
5. Conference courtesy passes shall be distributed at the discretion of each athletic director. Conference courtesy passes will admit one person plus a guest.
6. Life time passes will be distributed with the following criteria:
 - The Lifetime/Gold Pass will be applicable to the GNC member High Schools and Middle School/ Junior High School members.
 - Nominations will be provided by the GNC member high school's Principal or Athletic Director to the GNC Commissioner by May 1st of that school year and placed on the GNC May meeting agenda prior to the meeting.
 - Final GNC approval will be given at the May high school Principal's/Athletic Director's meeting.
 - Member schools will be allowed to submit the names of people that would be eligible with 10 or more years of service to their member school, with years of service prior to joining the GNC counting towards their years of service.

Educational Criteria:

- Nominees for the lifetime/Gold Pass will become eligible once they completely retire from teaching and coaching.
- Varsity Head Coaches must have a minimum of 10 years head coaching experience in the GNC.
- Administrators, Commissioners and Athletic Directors must have a minimum of 10 years experience in the GNC.
- Assistant Coaches (including all Jr. High/Middle School Coaches) must have a minimum of 15 years coaching experience in the GNC.
- With any combination of these positions listed above (Varsity Head Coach, Administrator, Commissioner, Athletic Director and Assistant Coach) a nominee can become eligible for the Lifetime/Gold Pass with a total of 15 years (not seasons) minimum experience in the GNC.

Community Service:

- Non-teacher coaches will become eligible once they become 55 years old and retired from coaching.
- Varsity Head Coaches must have a minimum of 10 years head coaching experience in the GNC.
- Assistant Coaches (including all Jr. High/Middle School Coaches) must have a minimum of 15 years coaching experience in the GNC.
- Any other nominations for community service must have had a direct benefit to the entire GNC for a minimum of 15 years

(Bearer and Guest and/or Admit Two)

CHAMPIONSHIPS

1. Conference championships will be awarded in all conference sponsored sports.
2. Methods of determining final rankings shall be:
 - a. Football, basketball, baseball, hockey, softball, soccer, and volleyball will be decided by percentage system.
 - b. Cross country, track and boys swim will be decided by a conference meet.
 - Wrestling and girls swim will receive two points for each win in conference dual competition, one point for dual meet ties, and 12 points for finishing first, 10 points for finishing second, 8 points for finishing third, 6 points for finishing fourth, 4 points for finishing fifth, and 2 points for finishing sixth at the conference tournament. Total points will determine the conference champion.
 - Boys Swim will receive one point for each conference win, .5 points for a tie in dual meets. Twelve points for finishing first, 10 points for finishing second, 8 points for finishing third, 6 points for finishing fourth, 4 points for finishing fifth and 2 points for finishing sixth at the conference tournament. Total points will determine the conference champion.
 - Golf will be determined by:
 - a. Each team will count its four (4) best scores to determine the varsity team score.
 - b. Total points for all seven (7) 18-hole matches will determine the Conference Champion.
 - c. Team points will be awarded as follows: 1st place = 7 points, 2nd place = 6 points, etc..., 7th place = 1 point.
 - d. In the event of a tie all points will be split (e.g. teams tying for 2nd and 3rd place would each receive 5.5 points).
 - e. Ties will not be broken.
3. No ties will be broken for conference championships.

OFFICIALS/ FEES

1. The officials for Conference varsity football, soccer, volleyball, basketball, hockey, wrestling, and track will be hired by the commissioner. The rate for officials for contests will be recommended by the Conference Athletic Directors.
2. All junior varsity, and freshman officials will be hired locally and at a price mutually agreed upon by the official and school.
3. Names of officials hired by the commissioner will be forwarded to schools. The schools will have responsibility of paying them, notifying them of a postponement and any time change of the contest for any reason.
4. All officials must be registered with the W.I.A.A. The current set conference rates are:

Great Northern Conference				
Officials Fees				
	Current Rates		JV/JV2 Minimum	Middle School
Sport	Rate	Notes		
Football	120		55	40
Cross Country	120		N/A	N/A
Basketball	120		55	35
Wrestling	160 JV and Varsity	250 Conference Meet/200 Double Duals	N/A	75
Volleyball	160 JV and Varsity	250 Conference Meet	JV2 = 55 w/o lines	30
Baseball	120		60	50
Softball	110		55	45
Track	160		N/A	90
Soccer	120		55	40
Hockey	120		55	N/A
Swimming	120	180 Conference Meet	N/A	50
Gymnastics	160 JV and Varsity	250 Conference Meet	N/A	110
Mileage flat \$30 for travel over 50 miles one way				

SCHEDULES

1. The schedules and dates will be approved by the Conference athletic directors and principals. The statistician will establish the schedules for:
 - a. football - varsity, JV, Frosh
 - b. cross country - conference meet
 - c. volleyball - varsity, JV, Frosh
 - d. basketball - varsity, JV, Frosh
 - e. wrestling - varsity, JV and Conference meet
 - f. baseball - varsity, JV
 - g. softball - varsity, JV
 - h. track – Outdoor Conference meet
 - i. golf - Conference meets
 - j. soccer – varsity, JV
 - k. hockey- varsity, JV
 - l. swimming - varsity
 - m. gymnastics - Varsity and JV
2. Baseball and Softball reschedules will take place on the next open date for schools.
3. A two-year schedule will be established with the schedule rotating from bottom to top every year with opposite sites each year. Redraw pairings after four years. The redraw will occur two years in advance.
4. The Conference will reserve two (2) dates for winter and two (2) dates for spring music concerts. No athletic activities will be scheduled on those dates. Dates will be set into conference schedule.

ALL CONFERENCE

SELECTIONS

1. Nominations should be received by the Conference Commissioner by the Monday after the last conference game. On Thursday by 4:00 PM, a ballot will be sent to each head coach for their perusal. Voting takes place at the coaches meeting. Coaches in all voting situations, except player of the year and three way ties, cannot vote for their own athletes. First, second, and honorable mention teams will be selected. Honorable mention must receive one point. ***Coaches should bold the names of the players they think are deserving of first team all conference and provide a brief description of each athlete if they wish to. Each team will also get five minutes during the coaches meeting to discuss their nominations.***
2. FOOTBALL: Offense: Linemen 5, tight end 1, wide receivers 2, quarterback 1, running backs 3, kicker 1 Defense: interior linemen 4, defensive end / outside linebackers 2, linebackers 3, defensive backs 4, and a punter. Offensive and Defensive Player of the year.
3. VOLLEYBALL: 7 players, which includes one libero on 1st team. 7 players, which includes one libero on second team. Any player who receives 2 points will be honorable mention. Player of the year.
4. CROSS COUNTRY: First place finisher at the Conference Meet will be male and female runner of the year award. Runners 1-7 will be on 1st team, runners 8-14 will be on 2nd team, runners 15-21 will be honorable mention.
5. BASKETBALL: 5 first team, 5 second team, and Honorable Mention for the third five plus any player receiving a minimum of two points. Player of the year.
6. WRESTLING: The 14 champion wrestlers will be selected 1st team , 14 runners up will be 2nd team and the 3rd place winners are honorable mention. Wrestler of the year.
7. BASEBALL: 3 outfielders, 4 infielders, 1 catcher, 2 pitchers, 2 utility/dh. Utility must have played 2 positions with 1 position at least 25% of the time. On a year to year basis the coaches can decide to substitute a second catcher in place of a second utility player. Player of the year.
8. SOFTBALL: Eliminate position titles for all conference. Top 12 first team, 13-24 second team.
9. TRACK: 1st, 2nd, 3rd(honorable mention) place finishers at the conference meet. Male and female field events person and a male and female runner of the year.

10. GOLF:

- The golf all-conference team will be determined by the total points for the seven meets.
- The players with the 5 highest point totals will be first team all-conference. The next five highest point totals will be second team all-conference. The third group of five highest point totals will be awarded honorable mention.
- If needed, playoffs for 1st, 5th, 10th and 15th places will be held at the 7th meet and will follow WIAA procedures.
- Points will be awarded for the top 10 individuals at each meet. 1st place = 10 points, 2nd place = 9 points, etc... 10th place = 1 point. In the event of a tie, all points will be split (e.g. individuals tying for 2nd and 3rd place would each receive 8.5 points)

11. SOCCER: Eleven players; two must be defenders and one must be a goalie. Name an Offensive Player of the Year and a Defensive Player of the Year.

12. HOCKEY: The all-conference hockey team shall consist of 1 goalie, 2 defensemen, and 3 forwards. The six players receiving the most votes will be named to the first team. The next six will receive second team recognition. Player of the Year will be named. Nominations will include four forwards, three defensemen and one goalie.

13. SWIMMING: 1st, 2nd, 3rd(honorable mention) place finishers at the conference meet. Swimmer of the year.

14. TENNIS: 1st, 2nd, 3rd(honorable mention) place finishers at the conference meet. Player of the year and Doubles Team of the Year.

15. MUSIC: All participants in the GNC Honors Music Concert will receive an All-Conference Certificate.

16. PLAYER OF THE YEAR: For player of the year, an athlete must be first team all conference. When two players remain in the POY voting, a nomination can be made to have co-players of the year, that nomination must have unanimous support, if not then each coach must cast a ballot for one of the finalists. You can nominate anyone for player of the year and you can vote for your own player.

17. All Conference Teams will be released to the public one week after the Fall and Winter sports regular seasons. Spring All Conference Teams will be released on the Friday after Memorial Day.

18. All Conference voting will be by open ballot and shared at the conclusion of the meeting.

AWARDS:

1. A conference plaque will be presented to the conference champion (s) at the event or meeting. The commissioner will deliver the award to the proper location or have a representative athletic director deliver it.
2. Gold medals will be given for 1st team All Conference, silver for 2nd team All Conference and certificates for 3rd place in track and wrestling only. These will be procured by the commissioner and conveniently distributed.
3. Player of the year or the equivalent will receive a plaque.
You can nominate anyone and vote for your own player.
4. If coaches don't vote a for a coach of the year, the Athletic Directors will vote and name one.
5. Only Conference-approved awards will be distributed at Conference events. Coaches are not permitted to make substitutions/changes to Conference awards.
6. Honorable Mention: Coaches can add ONE of their own players to the honorable mention team if they receive one vote. All honorable mention athletes will receive a certificate.
7. Voting criteria for All Conference: Two points for each 1st Team vote, one point for each 2nd Team vote. Basketball and Hockey voting will be 5 points for 1st team, 3 points for second team and 1 point for honorable mention.
8. All Conference ballots (1st and 2nd Team) must be completely filled out or that coach's athletes will not be eligible for any Conference awards.

MEETINGS

1. If more than two players are nominated for player of the year in any sport, there will be a primary vote and the top two vote getters will advance to another vote. In either vote, coaches that have players nominated can vote.
2. All Conference nominations for all sports will be sent to the Commissioner only, the Commissioner will then send a master list to coaches and athletic directors. Nominations must be approved by the Athletic Director or Principal prior to submission.
3. Athletic Directors will be allowed to view coach's ballots the night of the coaches meeting if they ask to do so.
4. Any unforeseen situations that come up the Commissioner and the Athletic Directors present will meet to make a decision on it can best be handled.
5. All Conference voting will be done with open ballots.

GNC All Conference Nominations Limits per Sport							
	Football	Volleyball	Soccer	Basketball	Hockey	Baseball	Softball
1st Place	20	7+1	10	6	7	10	10
2nd Place	19	6+1	9	5	6	9	9
3rd Place	16	5+1	8	5	5	8	8
4th Place	14	5	7	4	5	7	7
5th Place	11	4	5	3	4	6	6
6th Place	9	3	4	3	4	5	5
7th Place	7	3	3	2	4	4	4
8th Place	5	2	2	2	3	3	3

MEETINGS

1. A calendar of the Conference meetings for the following year will be approved at the May meetings of athletic directors and principals.
2. The following will serve as guidelines:
 - a. Coaches will meet at the end of each conference season as listed in the by-laws and will start at 7:00 PM. Any coaches from designated sports may attend scheduled conference meetings, if authorized by their administration. One person will be sole spokesperson for the school.
 - b. Athletic directors will meet the 3rd Wednesday of August; the first Wednesday in October; the Wednesday after the fall coaches meeting (WIAA week 17); the Monday after the spring coaches meeting (WIAA week 28); the Monday after the winter coaches meeting (WIAA week 36); and the 1st Wednesday in May (WIAA week 44) at 9:30 AM. Other meetings, if necessary, may be scheduled.
 - c. Principals will meet on Wednesday of the week following the Athletic Directors meeting. The Athletic Director from the current Conference President's school will attend the principal's meeting at the end of the seasonal meetings.
 - d. Commissioner will attend these meetings.
 - e. Athletic issues are the responsibility of the Athletic Directors and overall school issues the responsibility of the principals.
 - f. The conference commissioner will present a schedule of athletic director meetings for the upcoming year to the incoming conference president of the principal's organization in early May.
3. The dates and times may be changed by the conference administrators in accordance with the constitution when necessary. An athletic director will be in charge of each meeting for coaches.
 - a. Fall sports: All Fall Sports, ADs required to attend.
 - b. Winter sports: All Winter Sports, ADs required to attend
 - c. Spring sports: All Spring Sports, ADs required to attend.
 - d. Sports with tournaments that end seasons and determine all conference teams at a conference meet will have the coaches meeting take place via zoom within a week of the conference event.
 - e. Golf does not need to attend Spring Meeting, but must meet in the Fall to put schedule together and propose bylaw changes.

FOOTBALL

1. The home team shall wear dark jerseys.
2. JV squads shall have no seniors or varsity regulars on their roster. Exceptions must be agreed upon by both schools. If you will not have the numbers to have a JV and Freshman team and your lower level will consist of a mix of players from different grades, you will play a JV schedule rather than a frosh schedule.
3. Varsity football will be played on Friday evening. Starting times will be at 7:00pm. Saturday contests may be arranged by mutual agreement of the schools, exception will be Homecoming – schools will be allowed to move their Homecoming game without getting mutual consent from the other school.
4. Junior Varsity will play on Mondays. JV opponent will be previous Friday's varsity opponent. Games will start no earlier than 5:30 p.m., unless by mutual agreement. The JV game will be played at the opposite site of the varsity schedule.
5. The JV2 schedule will be a seven game schedule played on Thursday night preceding the varsity game. All JV2 games will be played at the opposite site of the varsity schedule and games will start no earlier than 5:30 p.m., unless by mutual agreement.
6. Game procedures for varsity are as follows: when the game clock reads 0:00 min (at 6:55pm), the teams will be lined up at the goal line for the national anthem, followed by introductions, visiting team first.
7. Knowledgeable adults should be on chains and down marker for varsity games.
8. Opponents may tape each other.
9. Playing time; freshman 10 minutes per quarter, JV 12 minutes per quarter, varsity 12 minutes per quarter.
10. HUDL Pool: Each team uploads film by Sunday at 8:00 am from the prior Friday game.

CROSS COUNTRY

1. Conference varsity and JV meet will be held on the Saturday before WIAA qualifying meets. The meet will start at 11:00 at site to be determined at the fall meeting a year in advance.
2. Schools will establish their own schedules prior to conference meet.
3. Eligible runners may participate at any level. Teams will be allowed to run eight runners at the Conference Meet. The eighth runner for each team will be a nondisplaced for team scoring.
4. Order of races will be Varsity, Varsity, JV in line with the gender of the State Meet. The JV race will be a combined boys and girls race. Top five place finishers in the Boys and Girls JV Meet and overall team winners will be announced at the conclusion of the meet.
5. The schools hosting the conference meet shall rotate alphabetically. If a school passes on their turn, the next school alphabetically will be offered hosting.
6. Hosting Rotation:

2026	Tomahawk
2027	Antigo
2028	Lakeland
2029	Medford
2030	Mosinee
3031	Merrill
2032	Northland Pines
2033	Rhineland

GIRLS SWIMMING

1. The conference season will consist of one round of dual/double dual meets and conclude with a conference meet, which will be one week after the last conference dual meet on Friday. Teams must declare by the August Athletic Director Meeting if they will have diving or not.
2. Starting time for all meets will be 5:30. The Conference Meet will start at 5:00.
3. Entries submitted to the GNC Conference Meet must reflect this season's official times. Entries for GNC Meet must be submitted on the Tuesday previous to the meet by 2:00. Non-compliance will place all entries into the meet with no time.
4. If both teams have diving and are competing against each other they will score diving. If the host team has diving and wants to dive and opponent doesn't have diving, the host team can dive but we will not score the diving. All diving warm-ups and competition will be done at the beginning of the meet, warm-ups will be before swim warm-ups. If the facility allows, diving can be done as an exhibition at the conference meet.
5. Scoring
 - 24 Individual (anywhere)
 - 3 relays (2 only score)
 - 12 place scoring: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1
 - Diving will not be considered for team scoring but divers will be given individual awards in accordance with the Conference By-laws. However, if athletes choose to dive, it will count as one of their events.
6. Each Athletic Director will be asked to pass on the swim information sheet from the previous conference meet to ensure we have consistency from year to year.
7. Awards will follow conference bylaws for awards. Swimmer of the year and Coach of the year voting will take place after the Conference Meet is concluded that same day.
8. Conference Meet Host School will send an event file for the team the Monday prior to the conference meet to the other teams.
9. The Conference will use the conversions in the NFHS Rulebook, when using a metered pool for the Conference Meet. Conference records set in a metered pool must be starred, and the yard pool record will also be listed.
10. Conference Meet Substitutions/Scratches:
 - All substitutions and scratches must be in writing at the coaches meeting. Substitutions will be allowed for illness, injury, or for reasons of discipline.
 - Individuals involved in substitutions will not be reseeded, but must assume heat and lane assignments of original entries.
 - A school not using all eligible entries may not fill these spots after the 2:00 pm Tuesday entry deadline.
 - All swimmers that are eligible for a relay must be listed on the card – list 8, swim 4.

- The conference will allow exhibition swimmers to fill open lanes but no extra heats will be added.

11. A Conference Dive Meet as a scrimmage (doesn't count as an entry) and give conference awards. No points are awarded toward the swim portion of the conference meet.

11. Hosting Rotation: The host school for the conference meet has the option to host at a neutral site. All arrangements and finances will be handled by host school.

- 2027 - Medford
- 2028 - Mosinee
- 2029 - Merrill
- 2030 - Rhinelander
- 2031 - Tomahawk
- 2032 – Antigo
- 2033 - Colby
- 2034 - Ladysmith
- 2035 - Lakeland

BOYS SWIMMING

Section 1 – General governance rules

1. The conference season will consist of one round of dual meets and conclude with a conference meet. The schedule will also include a round of double duals that will not count in the conference standings. Teams must declare by the November Athletic Director Meeting if they will have diving for the season.
2. Starting time for all regular season meets will be 5:30 pm. The Conference Meet will start at 5:00 pm.
3. At all Dual meets and at the Conference Meet, 3 relay teams are allowed to swim from each member team however only 2 relays team will score.
4. The end of season awards procedure for Swimmer of the Year and Coach of the Year will be voted on virtually the week following the conference meet.

Section 2 – Rules governing the regular season meets and their administration

1. Host School will send an event file for the team the Monday prior to the meet to the other teams.
2. Meet entries must be provided by the visiting team to the host team via email by noon on the date of the meet or via thumb drive upon arrival at the host pool before entering the water for warm-ups. No paper entries accepted.
3. All member teams must possess current Hytek Team Manager and Meet Manager software so as to facilitate efficient meet management.

Section 3 – Rules governing the conference championship meet and its administration

1. Each Athletic Director will be asked to pass on the swim information sheet from the previous conference meet to ensure we have consistency from year to year.
2. Hosting Rotation:

2027 – Shawano

2028 – Tomahawk

2029 - Antigo

2030 - Lakeland

2031 - Medford

2032 - Rhinelander

-Each member team has the option to be able to host their designated meet within the rotation at a neutral site such as UW-Stevens Point.

3. Conference Meet Substitutions/Scratches:

-All substitutions and scratches must be in writing at the coaches meeting. Substitutions will be allowed for illness, injury, or for reasons of discipline.

-Individuals involved in substitutions will not be reseeded, but must assume heat and lane assignments of original entries.

-A school not using all eligible entries may not fill these spots after the 2:00 pm Tuesday entry deadline.

-Schools may not make a substitution in an event not originally entered after the 2:00 pm Tuesday entry deadline.

-In the event of scratches, the meet manager will not reseed the event. The deleted swimmer must be removed from all events (individual and relay) in the entire meet, except when certified by a physician or the meet referee.

- After the 2:00 noon Tuesday entry deadline, the host team meet manager will send out a Hytek Meet

Manager generated team entry list to each member team by 12:00 pm on Wednesday, so teams may make any changes to clerical errors that may have occurred within their submitted entries. This document should ONLY contain each member team's entries and should NOT be a preliminary meet program. All corrections of said clerical errors should be returned to the host team meet manager by 12:00 pm on Thursday. Only after all entries are finalized and any clerical errors have been addressed as above will the host team meet manager send out an electronic copy of the meet program to all member teams.

4. Scoring

-24 Individual (anywhere)

-3

relays (2 only score)

-12 place scoring: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1

-Diving will not be considered for team scoring but divers will be given individual awards in accordance with the Conference By-laws. However, if athletes choose to dive, it will count as one of their events.

5. Relays:

-Relay names must be submitted with your entry are unofficial.

-Coaches must verify the official name of relay entry by the end of the coaches meeting

-Relay cards must be completed and turned in to the meet referee at the coaches' meeting. Coaches will be allowed to change the designated four swimmers for each relay as follows:

i. 200 yard Medley Relay – Up until end of coaches meeting

ii. 200 yard Freestyle Relay – The finish of the 100 freestyle

iii. 400 yard Freestyle Relay – The finish of the 100 backstroke

-The time you record for your relay team must be the best time achieved during the current swim season.

6. The Conference will use the conversions in the NFHS Rulebook, when using a metered pool for the Conference Meet. Conference records set in a metered pool must be starred, and the yard pool record will also be listed.

GOLF

1. The Conference season will consist of seven meets in which all schools will participate. Each school will host one meet.
2. Meets will consist of 18 holes unless conditions exist that reduce the number of holes as determined by the games committee, not just the tournament manager.
3. JV Meets will start at 4:30 (nine holes), up to six golfers per team and top 4 scores will count.
4. Shotgun start at 3:00.
5. Teams will consist of five varsity golfers with top four scores counting. The official score for each competitor shall be kept in accordance with WIAA rules.
6. Play will be governed by USGA and WIAA rules of golf and may be modified by local rules.
7. Team Scoring:
 - Each team will count its four (4) best scores to determine the varsity team score.
 - Total points for all seven (7) 18-hole matches will determine the Conference Champion.
 - Team points will be awarded as follows: 1st place = 7 points, 2nd place = 6 points, etc..., 7th place = 1 point. In the event of a tie all points will be split (e.g. teams tying for 2nd and 3rd place would each receive 5.5 points).
 - Ties will not be broken.
8. Hosting Rotation for final leg of Conference Tournament:
 - a. Final leg of the rotation can be frozen, if a school doesn't get the final leg due to a cancellation.

2026	Mosinee
2027	Merrill
2028	Northland Pines
2029	Rhineland
2030	Tomahawk
2031	Antigo
2032	Lakeland
2033	Medford

BOYS SOCCER

1. Varsity and JV matches are at the same site and will be scheduled on Tuesdays and Thursdays unless by the mutual agreement of both schools. Boys start times: before October 1 starts at 4:30, after will start at 4:00. Girls start times are 4:30 before April 15 and 5:00 after April 15. Teams that play on fields with lights can start at 7:00 if they choose
2. Must use 3 varsity officials and 2 JV officials (must follow WIAA minimums).
3. Schedule will be a double round robin.
4. Home team wears dark jerseys and visiting team wears light jerseys.
5. Varsity matches will have two 40-minute halves. JV matches will have two 40-minute halves with no overtime period, per WIAA regulations. Five person shootout following regulation time following WIAA rules
6. Statistics must be reported within 24 hours of completion of a game.
7. The home team will provide two ball runners, if they don't they will need to use players. Five game balls must be available for rotation.
8. Scoring:
 - 3 points for a win
 - 2 points for a shootout win
 - 1 point for a shootout loss
 - 0 points for a loss

GIRLS SOCCER

1. Varsity and JV matches are at the same site and will be scheduled on Tuesdays and Thursdays unless by the mutual agreement of both schools. Girls start times are 4:30 before April 15 and 5:00 after April 15. Teams that play on fields with lights can start at 7:00 if they choose.
2. Must use 3 varsity officials and 2 JV officials (must follow WIAA minimums).
3. Home team wears dark jerseys and visiting team wears light jerseys.
4. Varsity matches will have two 40-minute halves. JV matches will have two 40-minute halves with no overtime period, per WIAA regulations. Five person shootout following regulation time following WIAA rules.
5. Statistics must be reported within 24 hours of completion of a game.
6. The home team will provide two ball runners, if they don't they will need to use players. Five game balls must be available for rotation.
7. Scoring:
 - 3 points for a win
 - 2 points for a shootout win
 - 1 point for a shootout loss
 - 0 points for a loss

VOLLEYBALL

1. Matches will be played on Tuesdays.
2. Freshman, JV, varsity will play at the same site.
3. Freshman and JV matches will begin at 5:30 p.m. There will be 20 minutes between matches, but the varsity match will not begin prior to 7 p.m.
4. The conference will follow W.I.A.A. Introduction procedures.
5. Varsity will play 3 out of 5 games, rally scoring to 25, no cap, using let serve. If a 5th game is necessary, rally scoring to 15 will be used.
6. The schedule will be a single round robin and two (2) varsity meets.
7. Warm-up balls will be provided by the host school.
8. Each school will provide a competent adult or JV player as a line judge for the two Conference tournaments, if not an assistant coach from that school will serve as line judge. Proper attire must be worn (white shirt). At the conference tournaments there will be a 25 minute break after round 1 and a minimum of a 10 minute break (maximum of 20) after the last match of round 2 is completed. a 10 minute break must be agreed to by the coaches.
9. JV2 and JV matches will be 3 games to 25 points.
10. Rotation for hosting Conference meets (10:00 start):
 - 2026: Mosinee
 - 2027: Merrill
 - 2028: Tomahawk
 - 2029: Antigo
 - 2030: Lakeland
 - 2031: Medford
 - 2032: Northland Pines
 - 2033: Merrill
 - 2034: Rhinelander

1250 TENNIS

GREAT NORTHERN CONFERENCE BOY'S AND GIRL'S TENNIS PROCEDURE

1. WIAA rules and regulations will govern regular season and tournament competition. Refer to the WIAA Season Regulations and Handbook.
2. The tennis schedule will be a round robin (boys will be double round robin) with each member school meeting each other. **GNC regular season meet order will be: Doubles 3-2-1; Singles 4-3-2-1.**
3. "Add" scoring with 12 point tie breaker, first to seven, must win by 2 will be used in all conference meets.
4. Matches will consist of 2 out of 3 sets with ad scoring. All third sets will be a 10 point match tiebreak in lieu of a full third set.
5. Where multiple teams or matches between the same teams are played, each coach must exchange lineups prior to the start of the next round of matches. Any change in lineup, due to injury or illness must be immediately communicated to the opposing coach prior to the start of that particular match.
6. There will be a maximum 10 minute warm-up before each match.
7. The Great Northern Conference Team Champion will be determined by a combination of points earned during regular season conference dual meets and the results of the tournament.
 - Teams are awarded two (2) points for each match won in conference dual meets.
 - Conference Tournament will be scored like a typical invitational tournament: Champion = 6 pts, 2nd place = 4 pts, 3rd place = 3 pts, 4th place = 2 pts.
 - Conference Team Champion will be the team that has earned the highest combined point total of the season conference dual meets and their points earned in the conference tournament.
8. The conference individual and doubles champions will be determined at the Great Northern Conference Tournament.
 - The conference singles and doubles champions will be determined at a conference tournament to be held on the Thursday, Friday or Saturday prior to the WIAA sub sectional meet, at a site mutually agreed upon by the athletic directors with hosting responsibilities alphabetically rotated yearly.
 - The Great Northern Conference meet will rotate between Antigo, Lakeland and Rhinelander each year.
 - **The Conference Tournaments will begin at 9:00 AM for the girls and boys. The Tournament will be on the Thursday prior to Sectionals (rain date of Friday)**

- The conference tournament will consist of four (4) individual singles tournaments and three (3) doubles tournaments. In the conference tournament individuals must play singles or doubles, not both.
 - The individuals will be seeded by using conference records only.
 - Each school will bring two cans of balls to the Conference Meet.
 - Host school will provide balls for the Conference Meet, there will a \$25 entry fee for the conference meet.
 - A consolation match worth zero points can be added to the Conference Meet in order to give each player/team two matches.
9. The starting time for all scheduled regular season conference matches is 4:30 for girls and boys, with approved exceptions due to facility and/or court restrictions. Spring Tennis matches that start after April 15 will start at 5:00 Introductions are to take place five (5) minutes prior to the match starting time. (See Format)
 10. It is recommended that an adult supervisor be assigned to each site being used during the meet.
 11. The host meet manager maintains the authority to postpone or cancel any GNC match/meet due to inclement or hazardous weather upon consultation with head coaches.
 12. A match will consist of four (4) singles and three (3) doubles. A player must play singles or doubles, not both. If a school can't field a full compliment of players the positions not filled must be forfeited. A team school can't forfeit a position higher than being played.
 13. "Add" scoring with 12 point tie breaker will be used in all conference meets. **NOTE:** GNC preliminary matches will play an eight (8) game pro set with "add" scoring and tie breaker at eight (8) all.
 14. Matches will consist of 2 out of 3 sets with add scoring and a 12 point tie breaker played if a set reaches 6 all. In case of inclement weather, and with agreement from opposing coaches a 10 game pro set will be played with a 12 point tie breaker played if the score reaches 10-10 or in case of darkness, the third set will be a 10 point match tiebreak in lieu of a third set
 15. There will be a maximum 10-minute warm up period before each match.
 16. Awards:
 - a. A trophy for team championship of regular conference schedule.
 - b. First and second place individuals will receive medals, first, second and third place finishers will receive certificates at the conclusion of the Conference Tournament.

Tennis Meet Introduction Format:

1. Pre-meet: Coaches and team captains introduce themselves to each other.
2. Varsity of one team line-up facing their opponent
Ex. #1 singles, #1 doubles, #2 singles, #2 doubles, #3 singles, #3 doubles, # 4 singles any JV going out 1st round and coaches.
3. Coaches give any rule reminders, court assignments, scoring card assignments, who plays in first open courts, where the JV plays, etc.
4. Home team reads the GNC sportsmanship statement.
5. Coaches introduce varsity line-ups from #1 singles down, competitors shake hands.

6. Manager or coach hands out game balls.

HOST SCHOOL'S RESPONSIBILITIES FOR GNC TOURNAMENT:

1. An 8:00 am GNC finals pre-meet coaches meeting shall be held at a site to be determined by the host school.
2. Host school AD will conduct the GNC seeding meeting and supervise the GNC meet.
 - a. Seeding will follow the WIAA sub-sectional/sectional seeding criteria..
 - b. Bring draw sheets, cards, etc. to draw players not seeded.
 - c. Advise teams to bring role dry.
3. Schedule courts/court time. Maps should be provided at the seeding meeting when using courts at multiple sites.
4. The preliminary round loser will be eliminated from any further tournament play.
5. Arrange for adult court supervisors when at multiple locations, preferably not competing coaches.
6. Serve as meet manager – oversee schedule of matches –
 - a. Provide score cards at each court at all sites.
 - b. Insure that first aid/medical kits are available at each site.
 - c. Get the players on the courts.
 - d. Time the 10 minute warm up.
 - e. Time the 20 minute rest between matches.
 - f. If questions, get coaches together to vote on rules interpretations.
 - g. Arrange for line judges when necessary.
 - h. Cancels or delays meet due to weather conditions.
7. The host meet manager maintains the authority to postpone or cancel any GNC match/meet due to inclement or hazardous weather upon consultation with head coaches.
8. If the GNC meet can't be played or completed due to weather, the GNC individual awards should be determined by the completed seeding and Team Champion determined by dual meet points accumulated during the regular season.

BASKETBALL

1. Home teams shall wear white jerseys, visiting teams wear dark jerseys.
2. JV and JV2 games will start at 5:45 PM. Sixteen minute halves and ten minute halftime will be used for JV/Frosh. Locker rooms will be available 45 min. before the start of the JV game. Game floor will be available at 5:25 PM for JV. Varsity players will be allowed to shoot around prior to the JV game but no later than 5:25 PM and at halftime of the JV game. Basketball shoes must be worn. The shoot around must be supervised by the coach on the court, if the court is available.
3. Varsity games will start 15 minutes after the completion of the JV game, no earlier than 7:15 PM. Schools will place 15 minutes on the clock. During this 15-minute period, cheerleaders etc. are to remain off the playing court. This includes the playing of the school songs. When the clock reaches 0:00 min., National Anthem and introductions will follow. If teams leave the floor they must return for the National Anthem. Introductions of teams will be done visiting team first followed by home team. Both teams will remain on the floor until introduction of coaches. Then return to their respective benches.
4. In accordance with WIAA recommendations, the school responsible for breaking a backboard will assume the financial responsibility for replacement.
5. Warm-up basketballs will be provided by the home school.
6. The JV2 schedule will be the same as the Varsity/JV schedule.
7. Conference statistics will be password protected one week prior to seeding meetings, we will turn stats back on after the respective state tournaments.
8. Schools will submit all games and statistics into HUDL pool within 48 hours after the game was played.

1350

GYMNASTICS

WIAA rules and regulations will govern competition. (See the WIAA Handbook.)

1. The Conference will include two separate divisions, each with a champion and each with all conference awards.
 - a. Large Division- Lakeland/Northland Pines Coop, Marshfield, Stevens Point, Wisconsin Rapids
 - b. Small Division- Antigo, Ashland, Medford, Mosinee, Rhinelander
2. Dual meet competition:
 - a. Non-conference teams shall not be involved.
 - b. Varsity & JV competitions are to start simultaneously at 5:45 p.m.
 - c. Dual Meet will be conducted as follows:
 - (Times can vary as long as approved by AD's.)
 - Gym Opens: 4:50 pm (stretching and bar settings)
 - March In: 5:20 pm
 - First Rotation Warm-Up: 5:35 pm
 - Start Time: 5:45 pmDuals should be run as a Modified Capital Cup: 10 minute warm-up before each rotation for JV and Varsity. There will be two judges per event. During the JV competition judges will alternate judging for JV competition. Varsity will have two judges for each routine. JV warmup will be two minute per girl ten minute maximum. If JV competition ends early, varsity warmups for both teams must begin at the same time.

Home Team (Will follow Olympic Order): Vault, Bars, Beam and Floor

Away Team: Bars, Vault, Floor, Beam

Competition Schedule

Round	Vault	Bars
1	Home Team	Away Team

2	Away Team	Home Team
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Round	Beam	Floor
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3	Home Team	Away Team
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4	Away Team	Home Team
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3. The conference championships:
 - a. The conference meet will be held on the Saturday prior to the WIAA Sectional meet.
 - b. The conference meet will determine the team and individual conference champions.
 - c. Eight judges will be hired with two judges working each event. All events will run simultaneously.
 - d. The host school must provide a spring floor.
 - e. The Modified Capital Cup format will be used for the GNC championship. Alpha Draw 5 will be used for rotations, groupings will be five big schools and five small schools.
 - f. WIAA Sectional Procedures for draw and rotation will be used. See Tournament Draw and Rotation Procedures (attached) with a ten minute warmup.
The conference meet rotation will be:

2026-27	Mosinee
2027-28	Wisconsin Rapids
2028-29	Ashland
2029-30	Antigo
2030-31	Medford
2031-32	Marshfield
2032-33	Rhineland
2033-34	Stevens Point
2034-35	Lakeland

- g. Dual team placement will be determined by highest to lowest score. Teams will be awarded 2 points for a dual win, 0 points for second. Points will be totaled at the end of the regular season.
- h. At the conference tournament, teams will earn 8 points for finishing first, 6 points for finishing second, 4 points for finishing third, 2 points for finishing fourth, 0 points for finishing fifth.
- i. Combining regular season points and conference points will determine the overall conference champion for each division.

- j. All awards will be provided by the conference commissioner and presented at the conference meet. First, Second place medals, and certificates for 3rd place. First place winners will receive 1st Team All Conference, Second Place winners will receive 2nd Team All-Conference, and Third place winners will receive Honorable Mention All Conference.
 - k. Division placement will be determined every two years, with nine schools, the middle school will go to the division they are closest to either the number 4 team or the number 6 team. Triangulars will be used to fill the byes in the schedule.
4. Any changes in schedules or adjustments in the time must be done by the AD's.
- Dual Meets not made due to weather cancellations will be scored/counted at the conference meet.
5. Line-ups will be faxed in or sent to each school so that they are received by the host school by noon the school day prior to a dual meet and by Tuesday of the week preceding the conference meet.
 6. The home team is responsible to report meet results to local media, and Channel 7, 9 and 12 immediately following the meet. This is mandatory for conference meets but should be done for non-conference meets as well.
 7. Judges will work the same event for all schools in a competition. Vault will take place at the end for all schools, the two judges that stay to work vault will receive an extra \$30. We will start all triangulars with six judges, if it's determined that both schools have a full JV an attempt will be made to get two additional judges.

Dual Meet using 3 judges

Gym Opens – 4:30
 Stretching –4:45-5:30
 Team introductions - 5:30
 Warm-up/Competition order

round	VAULT	BARS	BEAM	FLOOR
1	Home JV	VisitorVAR		
	Home VAR	VisitorJV		
2	Visitor JV	Home VAR		
	Visitor VAR	Home JV		
3			Home VAR	Visitor JV
4			Home JV	Visitor VAR
			Visitor VAR	Home JV
			Visitor JV	Home VAR

WRESTLING

1. The schedule will consist of a single round-robin and a conference tournament. Host schools will use the program used by WIAA to record scores live during conference events.
2. Dual/Multiple Meets (**Return to all duals in 2025-26 school year**)
 - a. Weigh-ins will begin no later than 5:30 p.m. for duals and triangulars
 - b. Dual JV matches will begin at 6:30 pm.
 - c. Dual Varsity matches will start at 7:00 pm
 - d. Double duals wrestling will start at 6:30
 - e. Lineups will be introduced at all GNC Matches
 - f. Dual match wins earn two points toward Conference standings.
 - g. If a dual meet becomes a triangular the conference match must be wrestled first.
 - h. Random draw will be used to determine the start weight for GNC duals.
3. Conference Meet – will be an eight man scramble
 - a. Only Conference record in any weight class will count toward seeding.
 - b. Wrestlers must have a minimum of 4 Conference matches to be seeded.
 - c. If two wrestlers have identical percentages, the one with the most matches will be given preference.
 - d. Equal records will be decided by head-to-head competition.
 - e. All weight classes will be bracketed.
 - f. Coaches must fill out a lineup sheet after weigh ins, but prior to seeding meeting.
 - g. Coaches must hand in lineup sheet instead of declaring verbally, even if it is the same as the original lineup.
 - h. Weigh-in as many wrestlers as each team wants/needs.
 - i. Weigh-ins will be done by teams, as it is easier for coaches to view.
 - j. Conference standing points will be awarded on a sliding 2-point scale with 12 points going to the first-place team, 10 to the second-place team, and so on until the last-placed team has earned points.
 - k. The Conference Meet will be for varsity wrestlers only. JV matches will be wrestled if it doesn't affect the length of the meet.
4. Conference Placing
The total of dual meet points and Conference tournament points will determine final Conference place standings.
5. Non-Conference scheduling
A non-conference match, not counted in the standings, may be scheduled with a Conference school if the coach desires.
6. Awards: At the Conference Meet, awards will be presented at the conclusion of the meet, including wrestler and coach of the year.
7. Attempts will be made to not hire an official that is from a conference school or community.

8. Conference Meet Hosting:

2027: Mosinee
2028: Merrill
2029: Rhinelander
2030: Tomahawk
2031: Antigo
2032: Lakeland
2033: Medford

BOYS HOCKEY

1. The boys schedule will consist of a single round robin after the round robin the top four teams will play each other round robin and the bottom four teams will play each other round robin.
2.
 - A. Conference ties will go to a three person shootout (if still tied after the 8-minute overtime session and the 5-minute 3-vs-3 session) but only for conference standings, with a regulation win and 5v5 OT win being worth three points, an overtime (not 5v5) win worth two points, an overtime (not 5v5) loss worth one point and a regulation loss worth zero points. From WIAA Regulations (For regular season games an alternate tie-breaking procedure may be determined by the host school. However, any hockey game where an alternate tie-breaking procedure is used (not including a sudden-victory during an eight-minute NFHS overtime period or a sudden-victory during a five-minute three (3) on three (3) period) is to be listed as a tie on a team's season record.
 - B. There will be no overtime in JV competition.

The shootout procedure shall be as follows:

- A. There will be a 2-minute intermission following the end of the overtime session.
 - B. The goalkeepers remain on the same end as in the overtime session.
 - C. The ice will not be resurfaced.
 - D. Each coach will provide the referee a list of three shooters for the three-round shootout.
 - E. The home team has the option of shooting first or second. This choice will be the order for every round.
 - F. Once a winner is determined, any remaining shootout attempts are not taken (Example: Team A leads 2-0 after each team has had two shooters. The shootout is ended and the third round of shots are not taken).
 - G. If the shootout is tied after the initial three-round shootout, each team will provide one shooter who did not participate in any previous round. This will be repeated until one team scores and the other does not in a given round.
 - H. Players with penalty time remaining after overtime, given a game disqualification or a game misconduct are ineligible to participate.
 - I. If one team exhausts all eligible skaters and the shootout winner is not determined after a given round, both teams shall be considered to have all eligible skaters available for a second attempt. Repeat if line-ups are exhausted twice, etc.
 - J. All other penalty shot rules still apply.
 - K. Goals scored and saves in the shootout are not reflected in the conference statistics. Goalies are credited with a tie.
3. Varsity games will begin at 7 p.m., or facilities and/or schools may dictate otherwise. Intermission time between periods will be limited to a maximum of 12 minutes, which will be put on the clock.
 4. Home team will wear light jerseys

5. Home team is responsible for reporting statistics

JV matches will begin at 4:45 p.m. following a 7-minute warm-up period. Periods will be 15 minutes in length. There will be no resurfacing of the ice after the first period. Intermission will be 5 minutes between periods except for a 12-minute intermission between the second and third periods when the ice is being resurfaced.

TRACK**Outdoor Conference Meet**

- a. The Conference outdoor meet will be held on the Tuesday prior to the WIAA regional track meet. The starting time will be 4 p.m.
- b. The host school schedule will be rotated alphabetically among the schools that have an 8 or 9 lane track. Starting blocks will be provided by the host school.
- c. The rain date is to be the following Thursday at 4 p.m. with the Conference JV meet being canceled.
- d. US Track and Field rules and the National Federation rules will be used with both boys and girls, provided the WIAA permits the same.
- e. Schools shall be allowed entries as per the WIAA regional format.
- f. The deadline for entries for the conference meet will be determined by the meet manager. Scratch replacement sheets must be faxed by noon the day before the meet. No replacements for scratches after that time. The replacements will take the place of the scratches. The meet will not be re-seeded.
- g. Fully automatic timing will be used for the outdoor conference meet.

Junior Varsity Conference Meet

1. The Junior Varsity Conference meet will be hosted by the previous year's Varsity Outdoor meet.
2. The meet will be held on the Thursday after the varsity Conference outdoor meet at 4 p.m. The meet host will rotate alphabetically among the schools with an 8 or 9 lane track.
3. An athlete can participate in Varsity and JV meet but they can't participate in the same individual event in both meets.

Outdoor Meet Hosting Rotation:

2026	Rhineland
2027	Northland Pines
2028	Tomahawk
2029	Antigo
2030	Lakeland
2031	Medford
2032	Merrill
2033	Mosinee

BASEBALL / SOFTBALL

1. The schedule will be set up as a double round robin rotating schedule.
2. Starting times will be 5:00 pm. for weekdays and 11:00 am on weekends. The 2nd game starts twenty minutes following the completion of the first game. Saturday doubleheaders should try to consider travel distance when deciding who plays the doubleheaders.
3. If doubleheaders are scheduled because of weather cancellations, a Monday/Thursday schedule will be used. For the two weeks that are reserved for Band/Choir dates, Tuesday/Friday schedule will be used.
4. Each team will have use of the diamond for 15 minutes prior to the game. Batting practice is not allowed at that time. Home team will use the diamond and be off 20 minutes prior to the start of the game. Visiting team will follow for 15 minutes, unless there is mutual consent as to who will take the field first. The pre-game conference will then occur. Soft toss will be directed by facility rules.
5. The home team will be considered the official scorebook.
6. Teams will dress at their school.
7. The WIAA tournament ball will be used.
8. Freshman, JV and varsity games will be played under the 10 run five-inning rule.

MUSIC

1. The conference promotes all aspects of music education among member schools in accordance with WSMA and the philosophy of each individual member high school. The conference wishes to stimulate and implement enrichment activities as well as to organize, implement, and manage the conference Honors Music Festival.
2. Conference music educators shall meet twice each year (fall and spring).
3. The required Large Group Clinic Festival will be resolved locally.
4. The Conference shall devote two Mondays in December, as well as two dates in the spring as concert dates. No Conference athletic activities will be scheduled on those dates. These dates will be incorporated in the Conference athletic schedules.
5. Solo/Ensemble participation will be resolved locally.
6. All conference schools will participate in the annual GNC Band and Choir Music Festival, which will be on the 2nd Saturday in November unless the host school can't host that date.

Hosting Rotation:

2026: Northland Pines
2027: Merrill
2028: Rhinelander
2029: Tomahawk
2030: Antigo
2031: Lakeland
2032: Medford
2033: Mosinee

FORENSICS

1. The director of conference Forensics competition shall be selected alphabetically. If a coach is new to the next school in rotation, the coaches may agree to skip that school in the rotation. The director's school shall host the competition.
2. The director shall make all arrangements for the competition such as employing additional qualified judges, as necessary, and overseeing all finances of the event.
3. Each competing conference school shall provide two qualified judges. Each district shall be responsible for any reimbursement for these judges. Beyond this minimum, each school must provide a ratio one qualified judge for every five students. These additional judges will be hired by each school.
5. Conference competition guidelines :
 - a) Each school shall assign one person to work in the tab room
 - b) The host school shall provide a meal for coaches and judges with the cost being equally divided amongst all participating schools.
 - c) The draw and the judges meeting will take place at 4:30 PM.
Competitions shall begins at 5:00 PM
 - d) The performances will be judged based on WHSFA rules.
 - e) Student medal winners shall be based on room ranking. In the event of a tie, the following procedures shall determine the winner.
 - 1) If students have competed directly against each other, the winner shall be the one with the higher ranking in that round.
 - 2) If #1 does not determine the winner, the student with the higher speaker point total will win the medal.
 - f) A last minute drop/add will be permitted if reported by registration.
This will facilitate balancing of rounds.
6. Conference competition awards :
 - a) The school that has the highest total designated by room ranking shall be awarded the Conference Forensics Championship plaque. This plaque will be of a style similar to other conference championship plaques.
 - b) The first and second place student winners in each category shall receive a gold and a silver medal respectively. These individuals shall constitute first and second team all conference
 - c) If a student is the only one competing in a particular category, speaker points will determine his/her ranking
A score of "25" will count as a 1 rank
A score of "23-24" will count as a 2 rank
A score of "20-22" will count as a 3
A score of "18-19" will count as a 4
A score of "17" or under will count as a 5

7. Coaches meetings

The director of the competition shall arrange for an annual Forensics head coaches meeting on the fourth week of September at 6 PM.

8. Hosting Rotation:

- Mosinee 2027
- Merrill 2028
- Northland pines 2029
- Rhinelander 2030
- Tomahawk 2031
- Antigo 2032
- Lakeland 2033
- Medford 2034

1900

STUDENT COUNCIL

1. The conference shall hold joint student council meetings to share ideas, promote camaraderie, encourage sportsmanship, foster academic growth, and become familiar with all schools within the conference on an ongoing basis.
2. Student Council will meet twice each year, once in the fall and once in the spring. Advisors and student officers from each school should attend these meetings.
3. The host school advisor will determine the date when the student council will meet.
4. Hosting Rotation:
 - 2026-27 Lakeland
 - 2027-28 Medford
 - 2028-29 Mosinee
 - 2029-30 Merrill
 - 2029-30 Northland Pines
 - 2030-31 Rhinelander
 - 2031-32 Tomahawk
 - 2032-33 Antigo

2000

SCHOLAR – ATHLETE AWARD

1. This award is issued by the local school district during May of each year to Seniors that qualify under the following conditions.
 - a. The Senior has maintained a minimum of a 3.5000 cumulative grade point average over the first seven (7) semesters of high school.
 - b. The Senior has earned at least three varsity letters.
 - c. One letter has to be earned during the Senior year.
 - d. Local judgment may be used for spring sports participants.
 - e. The Senior has not had any code violations throughout their high school career.
2. This award will be in the form of a certificate, available by request to the conference president. The conference president and local high school principal will sign each award.

Appendix A

GREAT NORTHERN CONFERENCE COMMISSIONER'S CONTRACT

It is hereby agreed, between the Great Northern Conference and Scott Winch, Commissioner, that the Commissioner shall perform the following specified duties during the 2008-09 school year, commencing on July 1, 2008, and ending on June 30, 2009, for the total salary of \$7500.00 and approved expenses.

Duties of the Commissioner:

- A. Schedule conference athletic competitions in the following seasonal sports:
 - Fall: Boys Cross Country, Girls Cross Country, Football, Boys Soccer, Girls Volleyball, Girls Swimming.
 - Winter: Boys Basketball, Girls Basketball, Boys Hockey, Wrestling.
 - Spring: Baseball, Boys Golf, Girls Soccer, Girls Softball, Boys Track, Girls Track.
- B. Distribute separate schedules for each sport to Athletic Directors at least 18 months in advance of the respective season start.
- C. Provide officials' assignments to Athletic Directors 12 months prior to the start of that sport season.
April 15 each year is the annual deadline for any schedule additions/changes that requires conference commissioner to hire officials.
 - Fall: Football, Boys Soccer, Volleyball, Cross Country Meet, Girls Swimming.
 - Winter: Boys Basketball, Girls Basketball, Hockey, Wrestling.
 - Spring: Girls Soccer, Outdoor Track
- D. Provide officials assignments to the Athletic Directors at the Spring Principals' meeting.
- E. Notify officials of cancellations or any rescheduling and confirm with involved schools in a timely fashion.
- F. Accessibility during the sports season to coaches, officials, AD's and principals to deal with unforeseen changes.
- G. Supervise the compilation and distribution of statistics in the following sports: Football, Hockey, Boys Basketball, Girls Basketball, Softball, Baseball, Boys Soccer, Girls Soccer.
- H. Solicit nominations for individual all conference awards, tabulate results, and send out press releases to conference sports media per GNC by-laws.
- I. Order GNC individual and team awards per GNC by-laws.
- J. Coordinate delivery of awards to the host site for championship events.
- K. Attend and direct end of season sports coaches meetings.
- L. Supply coaches at the end of season coaches meeting with schedule for the following year.
- M. Serve as the conference secretary/treasurer.
- N. Provide financial statements at each scheduled Principal's meeting.
- O. Take recommendations on GNC constitutional/by-law changes from coaches to Athletic Directors and Principal meetings.
- P. Operate budget within limitations set by GNC Principals.
- Q. Schedule and conduct all GNC Athletic meetings as per GNC by-laws. Attend GNC Workshops. Take minutes and distribute them to GNC Athletic Directors and Principals within two weeks.
- R. Attend annual WIAA Conference Commissioners Meeting and other meetings or activities as directed by the conference.
- S. Attend a conference event at as many of the conference schools during the year as is reasonable.
- T. Fulfill other duties as assigned by the GNC President.
- U. Upon request, investigate disputes among member schools and alleged violations of the GNC Constitution and By-Laws. The commissioner will act as a neutral fact finder and make recommendations for appropriate penalties to the Principals group.

This Contract is not valid unless returned on or before _____.

Dated this _____ day of _____, 20____.

Date of Signature

Commissioner

Date of Signature

President, GNC Principals

Note: In order to facilitate a more active role as commissioner of the GNC, it is recommended that the commissioner reside within the physical region known as the Great Northern Conference. The GNC Commissioner's salary is to be paid on December 15 and June 15, with one-half of the salary to be paid on each of these dates.

Appendix B

GREAT NORTHERN CONFERENCE STATISTICIAN'S CONTRACT

It is hereby agreed, between the Great Northern Conference and Greg Scott, Statistician, that the Statistician shall perform the following specified duties during the 2008-09 school year, commencing on July 1, 2008, and ending on June 30, 2009, for the total salary of \$2500.00 and approved expenses.

Duties of the Statistician:

V. Compile Statistics and records for the following seasonal sports:

Fall: Boys Cross Country, Girls Cross Country, Football, Boys Soccer, Girls Volleyball, Girls Swimming.

Winter: Boys Basketball, Girls Basketball, Boys Hockey, Wrestling.

Spring: Baseball, Boys Golf, Girls Soccer, Girls Softball, Boys Track, Girls Track.

W. Accessibility during the sports season to commissioner, coaches, officials, AD's and principals to deal with unforeseen changes.

X. Attend GNC Workshops/meetings as requested.

Y. Keep website and statistics regularly updated. Schedules will be provided by Conference Commissioner; statistics will be provided by the head coaches of each sport.

Z. Fulfill other duties as assigned by the GNC President and/or Commissioner.

This Contract is not valid unless returned on or before April 30, 2008.

Dated this _____ day of _____. 20_____.

Date of Signature

Statistician

Date of Signature

Scott Winch, Conference Commissioner

The GNC Statistician's salary is to be paid on December 15 and June 15, with one-half of the salary to be paid on each of these dates.

#2 of this message must be read – this is a suggested format for all events.

Contest Announcements

1. Welcome

Good evening ladies and gentlemen and welcome to tonight's _____ (game) between the _____ (mascot) of _____ (city) and our very own Rhinelander Hodags. We would like to extend a special welcome to our guests from _____, to their parents, their administration and fans. We appreciate your efforts in supporting your team and for traveling to join us this evening.

2. Sportsmanship Message

Rhinelanders High School, the Great Northern Conference and the WIAA require good sportsmanship by student athletes, coaches and spectators at all interscholastic events. We request your cooperation by supporting the participants and officials in a positive manner. Profanity; racial; sexist; or ethnic comments; or other intimidating or taunting actions of chants WILL NOT be tolerated and are grounds for removal from this contest. Please enjoy the game in a positive manner.

3. Tobacco Free

The School District of Rhinelander and its facilities are TOBACCO FREE. The use of tobacco products on school grounds is not permitted. Violation of this policy will result in a citation.

4. National Anthem

Ladies and gentlemen, please rise and remove your caps for the National Anthem performed by

5. Tonight's Contest

Your attention please for tonight's starting line-up.

<u>Opponents</u>			<u>Hodags</u>		
<u>#</u>	<u>Yr.</u>	<u>Name</u>	<u>#</u>	<u>Yr.</u>	<u>Name</u>
Head Coach: _____			Head Coach: _____		

6. Tidbits

Fans are reminded that there are concessions and restrooms located in the commons area. Also, please be respectful and throw your trash in the proper receptacles. Thank you and enjoy tonight's contest.

