

**GREAT NORTHERN CONFERENCE**  
**2025 GIRLS' SWIMMING ALL-CONFERENCE TEAMS**

**Swimmer of the Year:** Emma Houg  
**Coach of the Year:** Tierney Edwards

**Rhinelanders**  
**Lakeland**

**First Team All Conference**

| <b>Name</b>       | <b>School</b> | <b>Event</b>          |
|-------------------|---------------|-----------------------|
| Kiley Pooch       | Rhinelanders  | 200yd Medley Relay    |
| Ella Heck         |               |                       |
| Camilla Gruett    |               |                       |
| Vivian Lamers     |               |                       |
| Rylee Mickevicius | Rhinelanders  | 200yd Freestyle       |
| Emma Houg         | Rhinelanders  | 200yd IM              |
| Vivian Lamers     | Rhinelanders  | 50yd Freestyle        |
| Marissa Miles     | Merrill       | 100yd Butterfly       |
| Holland Tainter   | Antigo        | 100yd Freestyle       |
| Rylee Mickevicius | Rhinelanders  | 500yd Freestyle       |
| Ella Heck         | Rhinelanders  | 200yd Freestyle Relay |
| Camilla Gruett    |               |                       |
| Emma Houg         |               |                       |
| June Chiamulera   |               |                       |
| Emma Houg         | Rhinelanders  | 100yd Backstroke      |
| Ella Heck         | Rhinelanders  | 100yd Breaststroke    |
| Kiley Pooch       | Rhinelanders  | 400yd Freestyle Relay |
| June Chiamulera   |               |                       |
| Rylee Mickevicius |               |                       |
| Vivian Lamers     |               |                       |

### Second Team All Conference

| <b>Name</b>          | <b>School</b>    | <b>Event</b>          |
|----------------------|------------------|-----------------------|
| Addison Jirovec      | Merrill          | 200yd Medley Relay    |
| Abbie Parks          |                  |                       |
| Marissa Miles        |                  |                       |
| Claire Jirovec       |                  |                       |
| June Chiamulera      | Rhineland        | 200yd Freestyle       |
| Addison Jirovec      | Merrill          | 200yd IM              |
| Holland Tainter      | Antigo           | 50yd Freestyle        |
| Camilla Gruett       | Rhineland        | 100yd Butterfly       |
| Vivian Lamers        | Rhineland        | 100yd Freestyle       |
| Lola Beach           | Rhineland        | 500yd Freestyle       |
| Madisyn Schraufnagel | Colby/Abbotsford | 200yd Freestyle Relay |
| Myra Hopperdietzel   |                  |                       |
| Jordan Jakel         |                  |                       |
| Brezlyn Boyer        |                  |                       |
| Kiley Pooch          | Rhineland        | 100yd Backstroke      |
| Marissa Miles        | Merrill          | 100yd Breaststroke    |
| Addison Jirovec      | Merrill          | 400yd Freestyle Relay |
| Abbie Parks          |                  |                       |
| Marissa Miles        |                  |                       |
| Claire Jirovec       |                  |                       |

### Honorable Mention All Conference

| <b>Name</b>       | <b>School</b> | <b>Event</b>          |
|-------------------|---------------|-----------------------|
| Emma Houg         | Rhineland     | 200yd Medley Relay    |
| Kyree McMahon     |               |                       |
| Rylee Mickevicius |               |                       |
| Lola Beach        |               |                       |
| Olivia Mickle     | Lakeland      | 200yd Freestyle       |
| Kyree McMahon     | Rhineland     | 200yd IM              |
| Claire Jirovec    | Merrill       | 50yd Freestyle        |
| Avalon Collins    | Lakeland      | 100yd Butterfly       |
| Ella Heck         | Rhineland     | 100yd Freestyle       |
| Daryn Smolinski   | Lakeland      | 500yd Freestyle       |
| Jayda Fryklund    | Medford       | 200yd Freestyle Relay |
| Tori Nicks        |               |                       |
| Livvy Emmerich    |               |                       |
| Kodi Rappe        |               |                       |
| Olivia Mickle     | Lakeland      | 100yd Backstroke      |
| Sophie Sperl      | Medford       | 100yd Breaststroke    |
| Jaime Jorgensen   | Lakeland      | 400yd Freestyle Relay |
| Avalon Collins    |               |                       |
| Daryn Smolinski   |               |                       |
| Olivia Mickle     |               |                       |