ELEMENTARY WRESTLING

Coach: Donny Killeen Home: 507-261-6221

Oct 23, 2023

Dear Wrestlers and Parents,

Elementary Wrestling is being offered, through Wabasha-Kellogg Community Education, to children in grades K-6 beginning Tuesday, December 5th, 2023 and running through April 2nd 2024.

<u>Registration:</u> It is helpful if you can be there on the first day, but you may join at any time. Please bring your forms to the office. If your child signs up for the season please make every attempt to have them complete the season as this is part of being on a team.

<u>Practices</u>: From Tuesday, December 5th through Tuesday April 2nd, the practices are from 5:30 PM to 6:30 PM. Please refer to the attached practice schedule for dates and times. The first practice of each week is for everyone. The second practice will be geared to those who are more interested in wrestling in competitions. If school is canceled, wrestling is also canceled.

Your child will be taught basic wrestling moves and rules, and will have a chance to live wrestle toward the end of daily practice. Try to make as many practices as you can and **please be on time.** I have tried to put together a schedule that keeps them competitive with other schools.

We want all parents or guardians to attend the **FIRST PRACTICE** in order for them to know the rules and expectations of the season!!!

<u>Uniform</u>: Wear shorts and a T-shirt. Please keep your shoes and clothes clean! Wear gym or wrestling shoes, no street shoes or boots allowed!

<u>Tournaments</u>: We do participate in weekend tournaments if your child is interested. If they are not ready, don't sign them up. Talk to Mr. Killeen if you have questions about this. The W-K elementary tournament is scheduled for Sunday January 14th, 2024.

Tournament Calendar - The Guillotine is a knowledgeable resource that provides tournament information each week. The calendar is under the Youth-Open Tournament Calendar.

https://theguillotine.com/open-tournament-calendar/

Friday January 12th, there is a wrestling Invite to scrimmage a few other schools. Wrestling starts at 6 PM, further information will follow. Please come cheer on the team!

If you have any questions, please call Mr. Killeen or Bridget in the Community Education Office at (651) 565-3559, Ext. 258.

THANK YOU!!

WK Elem Schedule 2023-2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov. 26	Nov. 27	Nov. 28	Nov. 29	Nov. 30	Dec. 1	Dec. 2
Dec. 3	Dec. 4	Dec. 5 5:30-6:30	Dec. 6	Dec. 7	Dec. 8	Dec. 9
Dec. 10	Dec. 11	Dec. 12 5:30-6:30	Dec. 13	Dec. 14 5:30-6:30	Dec. 15	Dec. 16
Dec. 17	Dec. 18 5:30-6:30	Dec. 19	Dec. 20	Dec. 21 5:30-6:30	Dec. 22	Dec. 23
Dec. 24	Dec. 25	Dec. 26	Dec. 27	Dec. 28	Dec. 29	Dec. 30
Dec. 31	Jan. 1	Jan. 2 5:30-6:30	Jan. 3	Jan. 4 5:30-6:30	Jan. 5	Jan. 6
Jan. 7	Jan. 8 5:30-6:30	Jan. 9 5:30-6:30	Jan. 10	Jan. 11	Jan. 12	Jan. 13
Jan. 14 WK OPEN	Jan. 15	Jan. 16 5:30-6:30	Jan. 17	Jan. 18 5:30-6:30	Jan. 19	Jan. 20
Jan. 21	Jan. 22 5:30-6:30	Jan. 23 5:30-6:30	Jan. 24	Jan. 25	Jan. 26	Jan. 27
Jan. 28	Jan. 29 5:30-6:30	Jan. 30 5:30-6:30	Jan. 31	Feb. 1	Feb. 2	Feb. 3
Feb. 4	Feb. 5	Feb. 6 5:30-6:30	Feb. 7	Feb. 8 5:30-6:30	Feb. 9	Feb. 10
Feb. 11	Feb. 12 5:30-6:30	Feb. 13 5:30-6:30	Feb. 14	Feb. 15	Feb. 16	Feb. 17
Feb. 18	Feb. 19 5:30-6:30	Feb. 20 5:30-6:30	Feb. 21	Feb. 22	Feb. 23	Feb. 24
Feb. 25	Feb. 26 5:30-6:30	Feb. 27 5:30-6:30	Feb. 28	Feb. 29	Mar. 1	Mar. 2
Mar. 3	Mar. 4 5:30-6:30	Mar. 5 5:30-6:30	Mar. 6	Mar. 7	Mar. 8	Mar. 9
Mar. 10	Mar. 11 5:30-6:30	Mar. 12 5:30-6:30	Mar. 13	Mar. 14	Mar. 15	Mar. 16
Mar. 17	Mar. 18 5:30-6:30	Mar. 19 5:30-6:30	Mar. 20	Mar. 21	Mar. 22	Mar. 23
Mar. 24	Mar. 25 5:30-6:30	Mar. 26 5:30-6:30	Mar. 25	Mar. 28	Mar. 29	Mar. 30
Mar. 31	April 1 5:30-6:30	April 2 5:30-6:30	Apr. 3	April 4 NYWA STATE	April 5 NYWA STATE	April 6 NYWA STATE

2023-2024

Registration Form

Please sign and return this sheet to the Community Education office by Nov 10th.



Student Name (print)				
Student's Home address				
Grade: Age: Weig	ht: Number of Years Wrestling:			
Parent/guardian names:				
Student Shirt size:				
hereby releases, absolutely and com and Wabasha-Kellogg Community E including teachers, leader staff and a from claims, damages and liabilities t	are physical hazards to be expected in the program, and appletely, the Wabasha-Kellogg Public School District #811 Education Program, its agents, officers and employees, any other persons related, from any and all liabilities arising to the Applicant for the loss or injury of persons or property. Program, the Applicant does hereby accept the terms of this			
My child has permiss	sion to participate in Elementary Wrestling.			
Parent Signature	Date:			
In case of emergency, the best way	s to contact me are:			
Home:	hours to reach me:			
Work:	hours to reach me:			
Mom Cell:	Dad Cell:			
Email:				
~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~	instructions and listen to the adults in charge at practice			
Student Signature	Date:			
	and naves at its described Towards New 40th			

Completed permission slip and payment is due by Tuesday, Nov. 10th. Participation Fee: \$35.00 (Make checks payable to W-K Community Education)