

# 4A KingCo-Crown All-League Honors - 2024-25

Position	Team	Player	School
<b>Quarterback</b>	1	<b>Carys Frank</b>	Inglesmoor
	1	<b>Demi Brown-Ruegg</b>	Newport
	2	<b>Reese Pointek</b>	Woodinville
<b>Offense</b>	1	<b>Kai Brinkley</b>	Woodinville
	1	<b>Lauren Tanner</b>	Woodinville
	1	<b>Kristina Alyakin</b>	Inglesmoor
	1	<b>Maiya Roybal</b>	Bothell
	1	<b>Grace Schorr</b>	Eastlake
	1	<b>Anna Lucarelli</b>	Lake Washington
	2	<b>Sammy Snorsky</b>	Inglesmoor
	2	<b>Katie Miller</b>	Juanita
	2	<b>Annatje Van de Bogert</b>	Interlake
	2	<b>Mya Biemeck</b>	Redmond
	2	<b>August Fernandez</b>	Redmond
2	<b>Lauren Blank</b>	Newport	
<b>Rusher</b>	1	<b>Tosia Jaszczak Follehr</b>	Woodinville
	2	<b>Greta James</b>	Bothell
<b>Defense</b>	1	<b>Sally Roos</b>	Eastlake
	1	<b>Emma Flaherty</b>	Woodinville
	1	<b>Kristina Alyakin</b>	Inglesmoor
	1	<b>Ava Bergstein</b>	Juanita
	1	<b>June Hammers</b>	Inglesmoor
	1	<b>Ella Calkin</b>	Lake Washington
	2	<b>Caroline Giesbrecht</b>	Bothell
	2	<b>Brianna Mundia</b>	Redmond
	2	<b>Hailey Anthony</b>	Woodinville
	2	<b>Paige Choppa</b>	Bothell
2	<b>Makayla Mahlen</b>	Bothell	
2	<b>Avery Oliver</b>	Newport	

## Honorable Mention

<b>Newport</b>	Blanca Aliseda-Canton, Bernedette Crosier, Madison Brown, Avery Oliver
<b>Woodinville</b>	Landry Wilson, Ellie Drobesh
<b>Juanita</b>	Sophia Porcincula, Gracie Fung, Brianna Sutha, Stella Vanos
<b>Bellevue</b>	Eliana Lee, Sonia Bhan, Sophia Llenas, Savannah Wyatt
<b>Lake Washington</b>	Danna Carelli, Aasha Parikh, Cameryn Brown, Maya Bagnulo
<b>Inglesmoor</b>	Sarah Pradeep, Camille Pierce, Sophia Pearson, Kaia Jorgensen
<b>Sammamish</b>	Alia Comer
<b>Interlake</b>	Liana Behr, Celeste Perdrizet, Baring Rath, Julia Val
<b>Bothell</b>	Leah Rankins, Selam Teshome, Gianna Torres, Maysen Angermeier
<b>Redmond</b>	Abby Erickson, Letiana Hubble, Maisey Fraser, Raabe Santos
<b>Eastlake</b>	Mi-La Guest, Alexa Melchor, Sydney Reid, Sarah Cho

## Awards

**Offensive Player of the Year** - Kai Brinkley, Woodinville

**Defensive Player of the year** - Kristina Alyakin, Inglesmoor - Emma Flaherty, Woodinville

**Coach of the Year** - David Wood, Inglesmoor