



# 2022-23 ESC - All Conference Honors

## Girls Ultimate

**Coach of the Year:** Max Sheffield, Eastside Prep

**Sportsmanship Award:** Eastside Prep

**League Champion:** Northwest

**League MVP:**

School	First Name	Last Name	Grade
University Prep	Eliza	Barton	11
Seattle Academy	Kyliah	McRoy	11

**All-Conference Team:**

School	First Name	Last Name	Grade
Eastside Prep	Sydney	Belfiore	9
Northwest School	Sasha	Hanna	12
Northwest School	Melba	Henley	11
Seattle Academy	Taylor	Kenneth	12
Seattle Academy	Jenna	Li	12
Eastside Prep	Katelyn	Miller	11
Northwest School	Scout	Noble	12