



## 2023-24 Emerald Sound Conference All-Conference Honors Boys Soccer

### Coach of the Year—Chinook

Scott Lane, Overlake

### Team Sportsmanship—Chinook

Sultan

### Coach of the Year—Coho

Joey Starr, Bear Creek

### Team Sportsmanship—Coho

Bear Creek

### CHINOOK DIVISION

#### MVP

School	First Name	Last Name	Grade	Jersey #	Position
Overlake	Will	Case	12	5	F

#### 1st Team

School	First Name	Last Name	Grade	Jersey #	Position
Bush	Lake	Barrett	12	14	MF/D
CPC	Agassi	Gabrielian	11	10	CAM
CPC	Caleb	Hirata	12	22	F
King's	Dashiell	Stein	11	10	MF
King's	Jaxsen	Teeter	11	12	D
Overlake	Matthew	Birov	12	9	F
Overlake	Hayato	Nagai	11	10	MF
Seattle Academy	Rhys	Lindhorst	11	0	GK
Seattle Academy	Kaito	Schiffer	11	7	MF/F
UPrep	Gavin	Davis	11	12	D
UPrep	Jack	DiGiuseppe	11	14	D

**2nd Team**

School	First Name	Last Name	Grade	Jersey #	Position
Bush	Isaac	Ames	12	15	MF/F
Bush	Asher	Zamudio	12	10	MF/F
Overlake	Rohan	Butani	11	2	D
Overlake	Brian	Hong	12	0	GK
Overlake	Toby	Odell	11	12	D
Seattle Academy	Laith	Cutler	12	10	MF/F
Seattle Academy	Logan	Russell	12	6	D/MF
Sultan	Christian	Navarrete	11	10	MF
Sultan	Emir	Romo	12	3	D/MF
UPrep	Max	Cook	10	19	D/MF
UPrep	Roan	Leslie	11	10	MF

**COHO DIVISION****MVP**

School	First Name	Last Name	Grade	Jersey #	Position
South Whidbey	Chase	Larson	12	10	MF

**1st Team**

School	First Name	Last Name	Grade	Jersey #	Position
Bear Creek	Yegor	Glaznev	11	12	D
Bear Creek	Ian	Kim	10	24	MF
Eastside Prep	Lorenzo	DaFieno	12	15	D
Eastside Prep	Jack	Edwards	12	0	GK
Eastside Prep	Filip	Icev	12	10	F
Eastside Prep	Cyrus	Oommen	10	8	D/MF
Northwest	Reed	Henley	10	10	CM
Northwest	Ben	Hubbard	11	7	CM
South Whidbey	Colin	Byler	12	24	D
South Whidbey	Emmett	Racicot	11	6	F



# 2024 ESC - All Conference Honors

## Baseball

**Coach of the Year:** Tom Fallon, South Whidbey

**Sportsmanship Award:** Granite Falls

**Player of the Year:**

School	First Name	Last Name	#	Grade	Position
Cedar Park Christian	Adam	Haight	24	12	SS/P

**1<sup>st</sup> Team**

School	First Name	Last Name	#	Grade	Position
Cedar Park Christian	Lleyton	Daily	1	12	P/2B
Granite Falls	Landon	Ferwerda	3	12	SS/P
Overlake-Bear Creek	Jaxon	Fowler	6	12	C
Cedar Park Christian	Dylan	Hicks	2	12	3B/P
King's	Caden	Kennelly	2	12	SS
Overlake-Bear Creek	Michael	Komola	4	12	SS/P
Granite Falls	James	Porter	5	12	C
South Whidbey	Maddox	Smith Heacox	19	12	2B
Cedar Park Christian	Keller	Standish	9	12	P/1B

**2<sup>nd</sup> Team**

School	First Name	Last Name	#	Grade	Position
Sultan	Derek	Feltner	17	12	OF/P/C/SS
King's	Jacob	Halkett	9	12	P
Overlake-Bear Creek	Max	Bieber	22	11	SS/P
South Whidbey	Grady	Davis	1	11	SS/P
King's	Luke	Echelbarger	4	11	3B
Sultan	Kaden	Koehler	10	11	P/SS/C
University Prep	Hawthorne	Moody	15	11	P/1B/SS
King's	Jakob	Fowler	14	10	CF



## 2023-24 ESC - All Conference Honors Fastpitch Softball

**Coach of the Year:** Scott Moody, Cedar Park Christian & Tom Bergan, Granite Falls

**Sportsmanship Award:** Cedar Park Christian and Sultan

**Conference Champion:** Cedar Park Christian

### Conference Player of the Year:

School	First Name	Last Name	Grade
Cedar Park Christian	Shelby	Southard	10

### All-Conference Team:

School	First Name	Last Name	Grade
Granite Falls	Karissa	Chapman	12
Cedar Park Christian	Olivia	Halim	12
Cedar Park Christian	Malaya	Nelson	12
Sultan	Paetyn	Schlicker	12
Granite Falls	Bella	Frye	11
Granite Falls	Addison	Haverfield	11
Cedar Park Christian	Addie	Foster	10
Cedar Park Christian	Ella	Meikle	10
Cedar Park Christian	Katelyn	Charlton	9



## **2023-2024 ESC - All Conference Girls Tennis**

Conference Champions: Overlake

Coach of the Year - Overlake, Jeff Loranger

Sportsmanship - Eastside Prep

### All Conference Singles

Sarina Zhang (10th) Overlake

Galia Harmelin (11th) UPrep

Makenna Kim (9th) - Bush

Alexandra Prisecaru (10th)- Overlake

### All Conference Doubles

Sadie Wickham (12th) Overlake

Sae Komatsu (10th) Overlake

Pearl Buck (12th) South Whidbey

Mikaela Nelson (12th) South Whibey

Sylvia Lou (12th) Overlake

Sharon Zhang (11th) Overlake

Sarah Shahine (11th) Bush

Claire Fitzgerald (11th) Bush



## 2024 All Conference Honors Girls Golf

**Coach of the Year:** Shawn Farmer-Sese, Overlake

**Sportsmanship Award:** Overlake

**League Medalist and MVP:** Kendria Wang, Overlake

### All Conference First Team:

**Ava Jensen** Forest Ridge

**Sherry Fei** Overlake

**Sophia Samji** Overlake

**Emma Peterson** Bear Creek

**Evelyn Cho** Forest Ridge

**Isabel Xu** Overlake

### All Conference Second Team:

**Phoebe O'Rourke** Forest Ridge

**Kennedy Mulcahy** South Whidbey

**Caylin Bennetsen** Bear Creek

**Meredith Chen** Bush

**Julia Wang** Bush

**Sophia Paz** Forest Ridge



## 2023-24 All Conference Honors

### Boys Golf

**Coach of the Year, Fall:** Julius Bzozowski, Eastside Prep

**Coach of the Year, Spring:** Corky Frady, Kings

**Sportsmanship Award, Fall:** Eastside Prep

**Sportsmanship Award, Spring:** Kings

**League Medalist and MVP:** Nick Huang, Seattle Academy

#### All Conference First Team:

<b>Max Bieber</b>	Bear Creek
<b>Jimmy Huang</b>	Eastside Prep
<b>Rhett Nordberg</b>	Bear Creek
<b>Elliot Oh</b>	Seattle Academy
<b>Miles Yurcisin</b>	Seattle Academy
<b>Brody Bryant</b>	Seattle Academy

#### All Conference Second Team:

<b>Rylan Galante</b>	Seattle Academy
<b>Miles Stout</b>	Seattle Academy
<b>Anthony Cui</b>	Overlake
<b>Joseph Fuiten</b>	Cedar Park
<b>Miles Pannoni</b>	Eastside Prep
<b>Brooks Tappan</b>	Seattle Academy

# 2024 Emerald Sound All Conference Girls Ultimate

**Coach of the Year:** Northwest

**Sportsmanship:** Eastside Prep

**League Champion:** Northwest

<b>School</b>	<b>First Name</b>	<b>Last Name</b>	<b>Grade</b>	
UPrep	Eliza	Barton	12	MVP
Eastside Prep	Sydney	Belfiore	10	All Conference
Bush (HNA)	Avellina	Colacurcio	11	All Conference
Northwest	Charlotte	Colee	12	All Conference
Overlake	Gwen	Evans	12	All Conference
Eastside Prep	Grace	Galanes	12	All Conference
Northwest	Melba	Henley	12	All Conference
Bush	Willa	Lapin	11	All Conference
Seattle Academy	Kyliah	McRoy	12	All Conference
Eastside Prep	Katelyn	Miller	12	All Conference
Northwest	Eila	Patel	11	All Conference