



2024-25 ESC - All-Conference Honors Girls Cross Country

Coach of the Year: Andy Gist, Cedar Park Christian

Sportsmanship Award: Cedar Park Christian

MVP

School	First Name	Last Name	Grade	Time
King's	Sophia	Inglin	12	19:22:0

All Conference

School	First Name	Last Name	Grade	Time
Bush	Elise	Fischer	12	19:46:0
Cedar Park Christian	Clair	Elma	11	20:06:6
Cedar Park Christian	Hannah	Capusan	12	20:15:2
Cedar Park Christian	Paige	Theel	11	20:44:4
Cedar Park Christian	Grace	Regan	12	20:44:5
Northwest	Delphine	Wilton	12	20:59:3
King's	Lauren	Belden	10	21:02:4
Bush	Isabelle	Osborn	10	21:04:3
Bush	Ryan	Eglit	10	21:05:5
Northwest	Maggie	Hurtado	10	21:09:2
Bear Creek	Anna	Stchur	11	21:35:2
Granite Falls	Shelby	Rising	12	21:36:8
South Whidbey	Lyla	Hutson	11	21:46:7
King's	Alma	Decker	10	21:50:1
Overlake	Avani	Bansal	12	21:55:0
Eastside Prep	Alyson	Lang	10	21:57:0
Bear Creek	Cynthia	Brault	10	22:06:9
Bush	Elaine	Zhang	9	22:15:1