

Central Buckeye League

Individual Sport Regulations

2023-24

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NOTE: OHSAA Sport Regulations take priority over CBL Sports regulations if there is a conflict. Updating CBL Regulations to agree with OHSAA Regulations does not require a vote by the Executive Committee.

GENERAL REGULATIONS FOR ALL-LEAGUE SELECTIONS

ARTICLE I AWARDS

1. The Executive Committee will set a site and time for a meeting to select the All - League teams.
2. Any player who is nominated for All League is considered a nominee even if the coach of that player does not attend the meeting.
3. All-League teams, Players of the Year, and Championship Coaches will be selected according to policies set by the Executive Committee with recommendation from the coaches.
4. The divisional winner or champion shall be decided by the team with the best winning percentage of a completed season. A trophy shall be awarded for first place.
5. First team awards for individuals will be gold medallions. Second team awards will be silver medallions. Honorable Mentions will receive certificates. Student-athletes who win multiple events in individual sports will receive a medal for each event.

ARTICLE II SELECTION OF ALL LEAGUE TEAMS

1. When All-League selection meetings are held, the sport liaison must approve All League selections, including Player of the year and other special awards, prior to coaches leaving the meeting. **Challenges to the results of league selections must be presented at the All-League Selection meeting**
2. Sports in which All League teams are selected by a vote of the coaches include: Baseball, Basketball, Field Hockey, Lacrosse, Soccer, Softball, Tennis, and Volleyball
3. In all sports where the All-League team is determined by a vote of the coaches, the Head Coach will submit a list of nominations the sport liaison by Wednesday preceding the Sunday All-League selection meeting. ***All nominations for Player of the Year, 1st and/or 2nd team must be submitted at this time. Additional nominations will not be accepted at the All-League meeting.*** The list will rank the nominations in order of first team and second team nominations. The coach should also indicate if one of the nominations is to be considered for Player of the Year honors. The sport liaison will prepare a summary sheet/ ballot based on the submitted nominations that will be used in the selection meeting. First team nominees who are not selected for first team will automatically be considered for Second Team honors. All submitted nominations are eligible for all league consideration and votes.

4. In the sport of tennis, nominees must have played in at least 50% of the CBL matches to be considered for All-League honors.
5. Statistics submitted with the nomination ballot will be for league contests only.
6. Coaches from each division will **vote** on their respective nominees for All League status. Coaches must be present to vote. If a coach is absent, coaches from the other schools may still vote for players from the absent coach's school. The school's administration will be notified by the league commissioner if their coach does not attend the selection meeting.

EXCEPTION: if there is an extenuating circumstance that may lead to a coach not being able to attend the selection meeting, the coach may submit his completed all-league ballot via email to the sport's liaison prior to the start of the all-league selection meeting. An example of an extenuating circumstance would be the scheduling of an OHSAA tournament contest on the day of the all-league selection meeting. Coaches unable to attend the meeting would not be able to participate in any tie-breaking votes.

6. Once all coaches have submitted their ballot, the sport liaison (or person in charge of the respective meeting) will announce the school and vote of each ballot.
7. **Tie-Breaker – if, after the initial ballots are counted, there is a tie for the last spot on the specific All-League team, the coaches will cast a second vote of the players tied to break the tie. A player must receive at least 50% of the votes to receive the spot on the specific team. A coach may vote for his/her own player.**
8. The number of first team members will be determined by the MSL formula.
9. Coaches will select the Player of the Year first. The Player of the Year automatically receives one of the sport's allotted first team positions.
10. Second team voting will follow the same procedures.
11. Coaches may have an 'Honorable Mention' listing. The number may not exceed the number of First Team selections.

ARTICLE III **CBL SELECTION FORMULA:**

1. Take a SET number of starters on a team.
2. Multiply by number of schools fielding a team in the league (each division).

3. Take one-sixth of the total to arrive at the number of first team awards; one-sixth to arrive at second team awards; and one-sixth to arrive at the maximum allowable for honorable mention.
4. The table below specifies the number of allowable All-League selections

Sport	Players/Starters	# of Teams	Total	ALL MSL <u>1st/2nd</u>
Baseball	10	7	70	12/12
Basketball - Boys	5	8	40	8/8*
Basketball – Girls	5	7	35	7/7*
Bowling	5	7	35	7/7*
Field Hockey	11	3	33	11/6**
Cross Country	7	8	56	See Note 3.
Football	18	6	108	18/18
				See Note 2
Golf - Boys	6	7	42	7/7
Golf – Girls	6	6	36	6/6
Lacrosse	12	4	48	12/12
Soccer - Boys	11	8	88	15/15
Soccer – Girls	11	7	77	13/13
Softball	10	7	70	12/12
Swimming		Head to head competition		per event
Tennis -Boys	7	8	56	9/9
Tennis – Girls	7	7	49	8/8
Track		Head to head competition		per event
Volleyball	6	8	48	8/8
Wrestling		Voted by weight class		14/14

NOTE:

1. Number of teams is equal to the number of schools fielding a team. MSL Awards indicate the maximum of awards. If a division fielded less than eight (8) the number of ALL MSL Awards would be less - following the formula. If a sport is recognized using combined divisions, the number of teams used in the formula will match the number of teams sponsoring a team.
2. Coaches selecting players for All-League honors may go by position, with extra awards being 'at large' or vote for all awards regardless of position.
3. **FOOTBALL - the coaches may nominate and vote on a Kicking Specialist for 1st Team only.** This player is a part of 1st team and is not a special award.
4. **VOLLEYBALL - the coaches may nominate and vote for a Defensive Specialist for 1st Team only.** This player is part of first team and is not a "special award"

5. For Cross Country, schools can only enter a maximum of seven (7) participants. 1/6 of the total participants will receive 1st Team honors, 1/6 will receive 2nd Team honors and 1/6 will earn Honorable Mention. The maximum number of honorees will be 9/9/9. JV runners cannot be entered into a varsity race to make up for schools lacking seven runners.

6. * Exceptions to the formula:
 - A All-League 1st team will always name, at the least, the number player/starters that are required to play the sport as listed in the above table.
 - B. An All-League 1st team will always have at least the number of schools that sponsored a team in that sport. For example, if 8 teams sponsor the sport, there will be at least 8 named All League.
 - C. If the number of players recognized at the 1st and 2nd team levels is 50% or more of the base number for the specific sport, there will not be an honorable mention team.
 - D. Field Hockey – formulas is adjusted to reflect 1st Team will name 11 players (# of Starters), 2nd team will name six players. If additional schools add Field Hockey, this will be reviewed.
 - E. *In certain sports, such as Golf and Cross Country, if the number of participants in the sport is lower than usual, the formula may be adjusted to recognize the number of individuals that are counted in the team scoring. For example, in golf, four players are counted in the team score, All-League honorees may be reduced to four per team. In Cross Country, the number recognized could be reduced to five per team.*

ARTICLE IV **CHAMPIONSHIP COACH AWARD**

The head coach of the first place team in each recognized sport in each division will receive a Championship Coach plaque. Multiple awards will be presented in case of ties.

ARTICLE V **PLAYER OF THE YEAR AWARD**

1. A player of the year will be honored in each recognized sport. The Player of the Year selection will take place before First Team All-League selections are completed. The Player of the year automatically receives one of the sports allotted first team positions.

2. Selection process for FIELD HOCKEY, FOOTBALL, VOLLEYBALL, SOCCER, BASKETBALL, BASEBALL, SOFTBALL, TENNIS and LACROSSE:
 - A. The player must be a varsity letter winner, but need not be a senior.
 - B. The coaches of the respective divisions will vote on one of the nominees in their division.
 - C. A player must receive at least half the votes to receive Player of the Year Honors. If there is not a player with half the votes, a second vote will be taken on the top two vote receivers. If after a second ballot, a tie exists, duplicate awards will be presented.
 - D. When there are three nominees tied and there are more than six schools voting, a second vote will be taken. Votes will be cast for the three tied nominees. If two are tied after the second vote, a third vote will be taken to break the tie. If after a third vote, the two are still tied, there will be Co-Players of the Year.
 - E. When there are three nominees tied and there are only six schools voting, a second ballot will be taken and coaches will assign a point value to each nominee and rank them 3-2-1. The two nominees with the highest point total will be voted on for the award. If, after this vote, a tie exists, there will be Co-Players of the Year.
 - F. If three nominees are tied for the highest point total after the second ballot, the coaches will vote on those three. (Simple vote, no rankings.) If after this vote, two are still tied, there will be Co-Players of the Year. (Most you can have is two)
 - G. When there are four nominees tied after the first vote and there are only 8 schools voting, a second ballot will be taken and coaches will assign a point value to each nominee and rank them 4-3-2-1. The two nominees with the highest point total will be voted on for the award. If, after this vote, a tie exists, there will be Co-Players of the Year.

3. Selection process for **CROSS COUNTRY, SWIMMING**

1. In Cross Country, the Runner of the Year will be the first place finisher in each of the Varsity races.
2. In Swimming, the individual scoring the most points will be named Most Valuable Swimmer.

4. Selection process for **TRACK**

3. Most Valuable Runner – the individual scoring the most points in running events. All finishes, whether in individual or relay events, will be given the same

number of points when considered for this award. (Members of relay teams will receive the same number of points as if they had achieved that place in an individual event.)

4. Most Valuable Field Event – the individual scoring the most points in field events.
5. Outstanding Performance – awarded to an individual who scores the most overall points but may not have been awarded the Most Valuable Runner or Most Valuable Field Event award. (This award is only given if the individual has not received the Most Valuable Runner or Most Valuable Field Event) (*updated November, 2014*)
6. If a tie exists for any award, multiple awards will be presented.

7. Selection process for **BOWLING**

1. The All-League selection formula will be applied based on the number of teams participating in the MSL tournament.
2. An individual's total pin count of the three game regular tenpin scoring matches will be used to determine the all-league honorees.
3. Player of the Year: The individual will the highest three game series will be Player of the Year. If there is a tie score, each will receive the award.

6. Selection process for **GOLF** – The player with the best scoring average in league matches.

ARTICLE VI **COACH OF DISTINCTION**

Schools may nominate a coach for the “Coach of Distinction” award. This can be a Head Coach, Assistant Coach or Strength Coach. The written nomination is in include reasons why this individual should be considered for this award.

Head Coaches will vote on nominees during the All-League Selection process. The coach will be presented a plaque at the seasonal All League presentations.

ARTICLE VII **ACADEMIC ALL-LEAGUE AWARD**

The Mid-State League will recognize an All-Academic Team for each sport.

1. The student must have earned a Varsity letter during the current season

2. The student must have a cumulative 3.75 GPA or greater through the most recently completed grading period.
3. Each honoree will receive a Mid-State League Scholar Athlete certificate which will be distributed by the honoring school
4. The school will provide a list of their award recipients to the league commissioner for listing in the All-League banquet program.

Notes:

Fall Sports – since Freshman letter winners may not have completed a grading period at the end of their fall sports season, local schools may choose to recognize Freshman at the conclusion of their first grading period. Due to the timing of the MSL banquet, some Freshmen might be omitted from the banquet program.

Spring Sports – Cumulative GPA will be based on the preceding grading period since information will need submitted before the end of the school year and grades for the final grading period might not be available.

BASEBALL/SOFTBALL

ARTICLE I SCHEDULES

Section I - Schedule

Double round in the division. Reserve teams will be scheduled to play at opposite sites.

Section II - Schedule Conflicts

Any two schools scheduled for a contest that creates a conflict may, by mutual agreement change the date of the contest providing there is not a conflict with the League rules or the Ohio High School Athletic Association rules. Inform the League Assignor and League Commissioner.

Section III - Changes in League Members

A new League schedule may be adopted one year in advance if a school withdraws from the League, all member schools agree on a new schedule or if the League is expanded.

Section IV - Postponed League Games

If a League game is to be postponed for any reason, following the mutual agreement of the schools concerned, the home school shall notify the game officials at their home addresses by 1:00 P.M.

ARTICLE II FINANCES

Section I - Game Expenses

Home team will furnish game balls and pay for officials.

ARTICLE III GAME ROUTINE

Section I – Uniform

Coach must meet OHSAA rules.

Section II - Game Ball

The home team is to furnish three baseballs/ three softballs for the League contest.

Section III - Playing Field

Play on available field. The home school is to report inclement weather conditions or unplayable field conditions by 1:00 P.M. *A temperature guideline for postponing a game will be temperatures, including wind chill factor, of below 40 degrees*, (according to the time and temperature of the local area). The schools involved will be responsible for the cancellation of the game. Contact the Spring Assignor if a contest is canceled.

Section IV – Pre-Game

Each team will have 15 minutes to take infield. The home team shall take infield first and will begin infield no later than the arrival of the visiting team at the playing site.

Section V - Game Time

League games will start at 5:15 P.M., or after required infield. If the visiting team cannot start by 5:15 P.M., they are to notify the home school in advance. Every effort should be made to start at 5:15 P.M. so that darkness and/or weather does not become a factor.

Section VI – Sportsmanship

Coaches and players will shake hands at the end of a contest.

ARTICLE IV OFFICIALS

Section I - Official Assignment

Athletic Directors are to inform the Assigner when umpires report late or do not show.

Section II- Number of Officials

Two OHSAA licensed officials are expected to be present at all Varsity games. In case of an emergency, by mutual consent of both coaches, the game may be played with only one official. Sub-Varsity games may be played with only one umpire.

Section III - Official Payment

Current rate as approved by the MSL.

Section IV - Officials' School Affiliation Regulations

Varsity officials should not be affiliated with any school they are to officiate.

ARTICLE V PROCEDURES FOR MAKE-UP GAMES (VARSITY ONLY)

Section I - Change of Site

On a scheduled date if the home team's field is not playable and the visiting team's field is, the game will be played at the visitor's site, provided transportation can be arranged. If this happens during the first round, then the site of the next round would be changed to balance home and away. If the site was unplayable during the second round, then the original home team must travel to the opposite site, provided transportation can be arranged. The original team will furnish balls and pay for officials and be the home team on the scoreboard.

Section II - Reschedule Procedure

The rescheduling of games shall adhere to the following procedures:

- A. For games to be rescheduled before a State sponsored tournament begins:
 1. The first game canceled is the first game to be rescheduled.
 2. It is recognized that League games take precedence over non-league games. Cancellation of non-league games may become necessary to fulfill League commitments. During the month of May, teams are required to cancel non-league games on Saturdays in order to make up league contests.
 3. Follow the change of site procedure on a rescheduled date if the home team's field is not playable and the visiting team's field is.
- B. For games to be rescheduled after State sponsored tournaments begin:
 1. No game is required to be played on a date immediately preceding an OHSAA sponsored tournament date for either school involved in playing unless both coaches agree to play regardless of the tournament date.
 2. Rescheduling must occur if no District or State sponsored tournament is scheduled within two days of the reschedule date. If a tournament game is scheduled for Wednesday, the League rescheduled game must be played on Monday of that week.
 3. Rescheduling of State sponsored tournament game will take precedence over League games.
 4. All League postponed games are to be played within twelve days (including Saturdays) of completion of tournament action of both schools involved.
- C. General administration of rescheduling games:
 1. Rescheduling is to be referred to the Commissioner for disposition when schools involved cannot agree upon a 'legal' date as outlined above.
 2. All scheduled League games must be played to determine a winner.
 3. Reserve games may be rescheduled by mutual consent of the schools involved.

ARTICLE VI **ALL-LEAGUE HONORS**

Refer to the General Regulations Articles I, II, III, and IV at the beginning of the Sports Regulations.

BASKETBALL

ARTICLE I SCHEDULES

Section I – Schedules

A double round, JV and Freshman will be scheduled at on the same date, at the same site.

Section II - Schedule Conflicts

Any two schools scheduled for a contest that creates a conflict may, by agreement, change the date of the contest providing there is not a conflict with the League rules or the Ohio High School Athletic Association rules.

Section III - Changes in League Members

A new League schedule may be adopted one year in advance if a school withdraws from the League, all member schools agree on a new schedule or if the League is expanded.

Section IV - Postponed League Games

If a League game is to be postponed for any reason, following the mutual agreement of the schools concerned, the home school shall notify the game officials at their home addresses by 2:00 P.M.

ARTICLE II FINANCES

Section I - Game Expenses

All game expenses shall be the responsibility of the home team unless other agreement is existing between the competing schools.

ARTICLE III GAME ROUTINE

Section I - Visiting School Arrival

Visiting schools should schedule themselves to arrive at least one-half hour before the reserve game time.

Section II - Reserve Game Starting Time

All League reserve games shall start at 5:30 unless preceded by a Freshman game. (Freshman will start at 4:45). Schools may mutually agree to move scheduled Saturday evening contests to Saturday afternoon. Suggested start time for the Reserve contest is 1:00 PM

Section III - Varsity Game Starting Time

The varsity game shall begin 20 minutes after the conclusion of the reserve game.

Section IV - Length of Quarters

Reserve games are to consist of four seven-minute quarters; varsity games are to consist of four eight-minute quarters. Half time will be ten minutes in length unless there are special programs planned that require an extended intermission. Visiting coaches must be informed about special programs.

Section V - Team Pre-Game Warm-up & Half-time

The warmup time between the Freshman and JV game will be 15 minutes. The warmup time between JV and Varsity will be 20 minutes.

The floor should be clear whenever a team returns for its warm-up for the second half.

Section VI - Bands

Bands shall be limited to playing before games, at half times and between games. There should be no playing while officials meet with the captains or coaches are conferring with their teams during time outs. Individual noisemakers and instruments are prohibited.

Section VII - Official Scorekeeper and Timer

Host schools shall designate responsible persons to act as official scorekeeper and timer.

Section VIII - Team Benches

It is the responsibility of the host school to designate the location of the player's benches of both teams and to eliminate any abuse to the coaches and players from the fans in that area.

Section IX - Game Ball

Home team will be responsible for providing a game ball plus a minimum of 5 warm-up balls for each team.

Section X - Notification of Special Ceremonies

A school is to notify its opponent one week in advance of any special ceremonies such as homecoming, parent's night, etc.

Section XI - Banners and Signs

Competitive signs, posters, confetti, and flash cards are prohibited in the gymnasium, balcony, lobby, or public area. Permanent signs are permitted. No artificial noisemakers of any kind will be permitted.

Section XII - Video Taping

If the visiting school wishes to video tape the game, they should request permission from the athletic director of the host school and be given a suitable vantage point for filming.

Section XII – Game Tape Exchange

Member schools will provide their two most recent game films with their upcoming opponent 48 hours prior to the contest.

Section XIV - Quarters of Participation

All players will comply with the Ohio High School Athletic Association in regards to the number of quarters of participation in one evening and for the season.

Section XV - Sportsmanship

All games should end in a spirit of good sportsmanship with players and coaches of both schools shaking hands.

ARTICLE IV PROCEDURES FOR MAKE-UP GAMES

Section I - Game Limitation

No more than two games in a row will be played.

Section II - Weekly Limits

No more than four games in any one-week (Monday through Saturday) will be played.

Section III – Sunday

Sunday does not count as a day in the make-up procedure.

ARTICLE V ALL-LEAGUE HONORS

Refer to the General Regulations Articles I, II, III, and IV at the beginning of the Sports Regulations.

BASKETBALL -- FRESHMAN

The rules of the Ohio High School Athletic Association as published each year shall apply to freshman basketball.

ARTICLE I LEAGUE

Section I - League Schedule

The Executive Committee will set the league schedule that will consist of a double round within the division.

Section II - Starting Time

Freshman games will start at **4:45 PM**.

Section III – Eligibility

Freshman level sports are primarily for boys/girls in their first two semesters of high school are eligible to play. If a school has low participation levels, they may use students in their third/fourth semesters (Sophomores) to fill out the rosters. Communication must take place to notify opponents that students above the freshman academic year are being used.

Section IV – Season

No team is to play more than the allowable number of regular season games including League games.

Section V - Time Regulations

Games shall consist of four six-minute quarters with a ten-minute intermission.

Section VI - Admission Charges

Admission to freshman League games is covered by the standard League admission charges. If the game is part of a triple header, charge Varsity rates.

BASKETBALL – MIDDLE SCHOOL BOYS AND GIRLS

The rules of the Ohio High School Athletic Association as published each year shall apply to all basketball on the junior high level on the basis of a two year junior high school with following exception:

1. Middle School League games are to be played on weekday evenings with the first game starting no later than 5:00 P.M. Upon mutual consent of the schools involved, the games may be started at a later time.
2. Each game shall consist of four six minute quarters with a ten-minute intermission and twelve minutes between games.

ARTICLE I LEAGUE

Section I - League Schedule

The Executive Committee will set the league schedule, which will consist of a double round within the division.

Section II - Game Limitations

No team is to play more than the allowable number of regular season games permitted by the Ohio High School Athletic Association. All players will comply with the Ohio High School Athletic Association in regards to the number of quarters of participation in one evening and for the season.

Section III - Officials

Two registered officials shall be used in all games unless the visiting school agrees to play or start play with one registered official.

ARTICLE II TOURNAMENT

Section I - Tournament Format

The League will sponsor a single elimination tournament.

Section II - Tournament Date

The tournament is to be held at the end of the League season. If possible, the tournament should be completed prior to the start of the OHSAA Sectional tournaments.

Section III - Tournament Site

Member schools will serve as host schools on a rotation basis adopted by the Executive Committee/

Section IV - Tournament Manager

The tournament manager is to be selected by the host school.

Section V - Tournament Rules

The rules and regulations for the tournament shall be formulated by the tournament manager and approved by the Executive Committee.

Section VI - Tournament Time Scheduling

The first round tournament games will be played on the first Saturday after the last regular season game. Second round games will be played on the following Wednesday and championship games will be on the Saturday after second round games. The 7th and 8th grade championship games will be played at the site of the 8th grade tournament.

Saturday tournaments – the first game will be scheduled to start at 10:00 AM. Succeeding games will start 15 minutes after the conclusion of the preceding game.

Weekday tournaments – the first game will be scheduled to start at 5:30 PM. Succeeding games will start 15 minutes after the conclusion of the preceding game.

Section VII - Tournament Drawing

Won/loss records for league contests through the MONDAY games before the tournament starts will be used in seeding teams. Records are to be communicated to the host school on the Tuesday before the tournament with pairings announced no later than Wednesday. In making the drawing, if two teams are tied in the League, head to head competition will be the first tie breaker, then the toss of a coin. See Appendix J for the bracket sheets and tournament guidelines.

ARTICLE III

TOURNAMENT GUIDELINES

Section I - Rules/Regulations Review

The Executive Committee should review the rules and regulations each year and suggestion for change should be discussed, if possible, before the start of each season. Last minute details of the tournament are to be presented at the drawing for the tournament.

Section II - Registered Officials

The League Assignor will contract only registered officials. Recommended to have Class 1 Officials assigned for the Championship games.

Section III - Tournament Arrangements

The tournament manager will be in charge of making arrangements for locker room space, doorkeepers, police protection, official scorekeeper and timer, and for making a financial report of the tournament to the Executive Committee.

Section IV – Trophies

The League will furnish trophies.

Section V - Admission Prices

The Executive Committee will set the admission price.

Section VI - Mid-State Passes

League passes for administrators and coaches shall be honored and cheerleaders shall be admitted free if they are in uniform. (Article IV - Section 2 - Part G)

Section VII - Designation of Home Team

The top team in each bracket will be designated as the home team and the lower bracket will be the visiting team.

Section VIII - Team Size

A maximum of 15 players may be suited for any one game and only the players suited for the game shall be admitted free. Other team personnel such as manager, scorer, timer, may be admitted to the game. (Total of 3).

Section IX - OHSAA Rules

Unless otherwise stated, the rules of the Ohio High School Athletic Association shall be followed.

BOYS AND GIRLS BOWLING

ARTICLE I SCHEDULES

Section I – League Champion

The CBL league Champion will be determined by regular season record in CBL matches.

Section II – League Tournament

The League will host a one day tournament. The tournament will be held on the Friday or Saturday before the sectional meet if a facility is available.

ARTICLE II LEAGUE MATCHES

Section I—Substitution

If a Bowler subbed after the fifth frame, that match/score counts towards the player's conference average.

Section II – League Champion

The CBL league Champion will be determined by the regular season matches.

ARTICLE III FINANCES

Section I – Tournament Expenses

The host school will be responsible for fees for the regular season matches.

The League will be billed for the cost of the CBL tournament. Each school that participates will then reimburse the league for their share of the cost.

ARTICLE IV TOURNAMENT

Section I - General Regulations

The League tournament will follow approved OHSAA guidelines as outlined in the OHSAA handbook.

Section II – Site

The site of the tournament will be determined by the League Commissioner and bowling liaison with input from the league bowling coaches. Ideally it will be a “neutral” site.

Section III – Teams

A team will consist of five (5) players. A maximum of eight (8) players are permitted on the roster. A minimum of three (3) must be present to constitute a legal line-up. Absent or tardy bowlers will receive a zero for missed frames.

Section IV - Individuals

A school may enter individuals if they do not have enough to enter a team (less than three). The individual will only compete in the regular tenpin games. Individuals may earn all-league honors.

Section V – Tournament Format

1. Each team will bowl three (3) regular tenpin scoring games and six (6) Baker games.

Regular games: Lane assignments for the regular games will be determined by a random draw by the bowling liaison prior to the start of the tournament. All three games will be completed on the same lanes.

Baker Games: Initial Lane assignments for the Baker games will be determined by a different random draw by the bowling liaison prior to the start of the tournament. After each Baker game, teams will move one lane to the right for the next Baker game. The team on the “last lane” will rotate left to the first lane being used.

2. The top bowler in the conference tournament, for both males and females, will receive an award recognizing their achievement. This award is given for the highest regular tenpin score achieved by both boys and girls.
3. A CBL Tournament trophy will be awarded to the highest-scoring male and female teams from member schools. The team winning the best of three (3) series will be the champion. Ties will be broken following OHSAA guidelines: One player will be selected from each team to roll two frames each. This roll-off, utilizing the same two players, will continue until the tie is broken.

ARTICLE V **ALL-LEAGUE HONORS**

Bowlers must participate in a minimum of 75% of the ten pin games to be considered for the All League Team. All Conference Team(s) will be selected based on the Sports Regulations.

CHEERLEADING

ARTICLE I GAME ROUTINE

Section I - Pre-game

The home school will do their 'Hello' cheer first, followed by a conference of the two cheerleading squads, and concluding with the visiting school's 'Hello' cheer. Cheerleading coaches are to inform their squads that they are not to interfere with the warm-up routine of basketball teams on their end of the floor.

Section II - Time Outs/Quarters

Squads will alternate each time out or quarter on the floor with the visiting squad getting the first opportunity. If time permits the other squad may do a short chant or cheer.

Section III - Game

Cheerleaders will stand in the areas designated by the home school. The home school should designate an area that will not be disruptive to the game. The league will follow the OHSAA tournament regulation of only permitting 8 cheerleaders on the floor during game play. If schools have more than eight cheerleaders, they are permitted to rotate the individuals that are on the floor at any one time. All cheerleaders are permitted to participate in cheers performed between quarters or during timeouts.

Section IV - Halftime

Cheerleaders may do special routines, not to exceed a total of five minutes by both schools, if approved by the host administration in advance.

Section V - Post Game

Cheerleading squads should exchange a sportsmanship handshake/greeting after each game.

ARTICLE II SPORTSMANSHIP

Section I - Banners and Signs

Competitive signs, posters, confetti, and flash cards are prohibited in the gymnasium, balcony, lobby, or public areas.

The following are permitted:

- A. Permanently mounted banners –Championships
- B. Signs, flash cards or other props held by cheerleaders as a part of their cheer.
- C. 'Run through' signs as long as cheerleaders hold them.

- D. Decorations related to special nights such as Parents, Senior, Homecoming, Hall of Fame Inductees.
- E. Welcome signs for visiting schools in the lobby or gymnasium.

Section II – Noisemakers

- A. Outdoor Sports
 - 1. Nothing that sounds like an official's whistle or the official timing device may be used.
 - 2. Bands may play between quarters, after scores, or while play is stopped.
 - 3. A group of 4-5 band members may use instruments to do a lead-in to a cheer during a game (e.g. trumpets for a 'Charge' cheer.)
 - 4. Cheerleaders may use megaphones. Fans may use 'popcorn' megaphones, but are not to use the larger cheerleader megaphone.
- B. Indoor Sports
 - 1. Nothing that sounds like an official's whistle or the official timing device may be used.
 - 2. Pep bands may play before each game, between games, and at half time of each game.
 - 3. Pep bands may play during the introduction of their school's players.
 - 4. Individual instrument, horns, cowbells are not permitted.
 - 5. Cheerleaders may use megaphones for cheers. 'Popcorn' megaphones are not permitted.

Section III - Crowd Control

- 1. Competitive signs, posters, confetti, and flash cards are prohibited in the gymnasium, balcony, lobby, or public area.
- 2. Permanent signs are permitted.
- 3. No artificial noisemakers of any kind will be permitted.
- 4. Crowd control is primarily the school's administrator's responsibility. Excessive problems should be brought to the attention of the school administrators.

Section IV - Miscellaneous Items

The following items are permissible:

- A. Spirit tunnels may be made for football games by the HOME school's band and cheerleaders.
- B. Spirit tunnels made for indoor sports by cheerleaders only.
- C. Pompoms, shakers, spirit towels.

D. Painted faces.

Spirit tunnels by fans must be off the playing area. For football, the area outside the end zones and sidelines constitute the playing area. For indoor sports, there shall be no spirit tunnels by fans.

ARTICLE III MOUNTING AND GYMNASTIC GUIDELINES

Section I - Local Policy

Local policy will dictate whether cheerleading squads will be permitted to perform cheers involving mounts. Local policy is defined as follows: Each school will determine its own control related to site.

Section II - Mounting Guidelines

Schools that do permit cheerleaders to perform mounts should follow the safety guidelines published in the official High School Cheerleading guide published by the National Federation of State High School Association.

ARTICLE IV LEAGUE CHEER – GAME DAY COMPETITION

NOTE:STILL IN DEVELOPMENT.

CROSS COUNTRY

ARTICLE I SCHEDULES

Section I – League Meet

The league meet will be held on the Saturday before the district meet.

Section II – Site

The site of the League Meet will follow the rotation pattern set by The Executive Committee.

ARTICLE II FINANCES

Section I – Meet Expenses

All meet expenses per League guidelines.

ARTICLE III MEET FORMAT

SECTION I - Running of Championships

Separate races will be held for each gender. A team is permitted to enter an unlimited number of members in these races providing the runner is capable of completing the race in less than 40 minutes. Only seven runners from a team will be considered in the scoring.

Section II – Teams

Only those teams with five or more members will be considered for team scoring for the divisional championship. If a team does not have at least five members, the team members will compete for individual honors only.

Section III– Boys/Girls Middle School Meet

A separate middle school boys and middle school girls meet will be run as part of the league meet schedule. A team is allowed to run an unlimited number of members in these races. Only seven runners from a team will be considered in the scoring. Ribbons will be awarded to the top ten places for both middle school races.

Section IV - Meet Schedule

Starting time: 10 A.M.

1. Middle School Boys
2. Middle School Girls
3. Boys Varsity
4. Girls Varsity

*Boys and Girls meet order will rotate from year to year. Girls run first in odd years, boys run first in even years.

ARTICLE IV

ALL-LEAGUE HONORS

Refer to the General Regulations Articles I, II, III and IV at the beginning of the Sports Regulations.

Championship and first team awards will be presented at the CBL Awards presentations.. Second team All-League and Middle School awards will be presented at the championship site. Honorable mention certificates will be provided to individual schools as needed.

FIELD HOCKEY
TO BE DEVELOPED

FOOTBALL

ARTICLE I SCHEDULES

Section I – Schedule

The League schedule will consist of a single round of games against each school in your assigned division at the Varsity and JV levels. A schedule will be developed for a third level high school team from the schools fielding such a team. League varsity games will begin in the fourth week of the season as established by the Ohio High School Athletic Association.

Varsity contests will normally be scheduled on Friday nights. Second level (formally JV) contests will be scheduled for Saturday mornings. Any third level high school teams will be scheduled for Monday. Approved starting times: Varsity contests, 7:00 P.M.; Saturday contests, 10:00 A.M.; and any mid-week contests, 5:00 P.M.

If the schools must play their Varsity game on Saturday night, the JV game will be played the following Monday at the opposite site. No third level contest will be scheduled.

If a level of games has to be dropped because of the number of players available, the Level 3 game is the preferred game to be dropped. If the Level 2 game is dropped, Level 3 will be played on Saturday (or Monday if the Varsity game was on Saturday.)

- Second level games will be played by 9 - 12 graders.
- Level 3 games will be played by 9th and 10th graders.

Middle School football may play double headers at the discretion of the host school. Monday or Tuesday evenings will be used. Monday night games will be at the site opposite of the Level 3 game scheduled for that date. The 7th grade game should start by 4:45 PM followed by the 8th grade game.

Section II – Quarter and game limitations

All players will comply with the Ohio High School Athletic Association in regards to the number of quarters of participation in one evening and for the season.

:

Section III - Schedule Changes

Any two schools scheduled for a contest that creates a conflict may, by mutual change the date of the contests providing there is not a conflict with the League rules or the Ohio High School Athletic Association rules.

ARTICLE II FINANCES

Section I - Game Expenses

All game expenses shall be the responsibility of the home team unless another agreement is existing between the competing schools.

ARTICLE III GAME ROUTINE

Section I - Visiting School Arrival

Visiting schools should schedule themselves to arrive in ample time to permit proper warm-up before the scheduled kick-off time. The host school should be notified by the visiting school of any anticipated delay in arrival as soon as possible.

Section II - Uniforms

Home teams shall wear dark colored Jerseys. Visiting teams shall wear light colored jerseys. Any school unable to meet the jersey color requirement is responsible for notifying their opponent two days (minimum) before the game.

Teams will wear the same jersey at the Level – 2 game that they wore for the Varsity game unless weather conditions warrant the need to wear opposite jerseys.

Section III - Game Ball

Home teams shall furnish two top grade footballs inflated to specifications for game use. These balls should be in good condition with extra ball to be used when weather conditions are unfavorable. Visiting teams may provide their own footballs (minimum of two).

Section IV – Pre-game Protocol for Officials

OHSAA playoff pre-game protocol will be followed. The league assignor will provide crew chiefs will a copy of these procedures.

Section V - Playing Fields

Playing fields shall be properly prepared and marked for game conditions. Home schools shall have responsible adults on the scoreboard clock, down marker, and line to gain chains for all varsity contests. It is recommended that adults be used at all other contest levels.

Section VI - Roster

Both varsity teams shall provide to the host school their roster with player's name, number and position for the purpose of PA announcements. This should be done no later than the day before the game.

Section VII - Length of Quarters and Halftime

The length of the quarters played at all levels of competition will be that which is by the National Federation Rules and/or the Ohio High School Athletic Association.

Varsity – 12 minutes	Level 3 – 9 minutes
Level 2 – 10 minutes	Middle School – 8 minutes

Half time of all Mid-State League varsity games will be twenty (20) minutes. Half time of all other contests will be the minimum allowed by the OHSAA.

Section VIII - Lower Level Overtimes

Lower level games that are tied at the end of regulation will remain a tie as per OHSAA sports regulations. (Overtime procedures only apply to Varsity level contests)

ARTICLE IV

BANDS AND SPECIAL ACTIVITIES

Section I – Pregame

Varsity teams will clear the field fifteen (15) minutes before game time for the pregame band show. Only the band of the host school will perform pregame.

Section II – Halftime

Each school's band show shall not exceed eight (8) minutes to ensure all teams a three (3) minute second half warm-up.

Section III - Special Activities

A school is to notify its opponent two days in advance of any special ceremonies such as homecoming, parent's night, etc.

ARTICLE V SPORTSMANSHIP/CROWD CONTROL

Section I – Sportsmanship

All games should end in a spirit of good sportsmanship with players and coaches of both schools shaking hands. Any signs, posters, etc. displayed must not be demeaning to the opponent or their school.

Section II - Crowd Control

Permanent signs are permitted. No artificial noisemakers of any kind will be permitted. The host school should attempt to discourage fans from walking the sidelines and standing in the end zone area during the game.

ARTICLE VI VIDEO TAPE AND FIELD COMMUNICATION REGULATION

Section I - Video Taping

The host school should provide the opposing school a suitable vantage point for filming of the game.

Section II - Video Exchange

For the purposes of scouting, the League Head Coaches agree to exchange game footage through HUML of the three games prior to the league game. Two games will be exchanged on the Thursday a week before the game. The exchange of the third game will be given no later than one day following the game that precedes the League game.

The coach of the home team is responsible initiating the video request through HUML. If the footage is not available for any reason, the Head Coaches of each team should communicate and resolve the matter in a mutually agreeable solution.

Section III - Field Communication

In League play each school is responsible for providing its own means of field communication. Coaches using field communication must be in the coaching box on the field or in the press box area provided for by the host school. If one school's communication system fails during the game, it will have no effect on the opposing team's ability to use their field communication system.

ARTICLE VII **OFFICIALS**

The football assigner for the league will assign all high school levels of officials. Five or six officials will be used for varsity games, four (4) officials (minimum) will be used for Level 2 and Level 3 games

Section II – Master List of Officials

At the conclusion of the season, the league coaches will be given the opportunity to add and remove officials from the league master list according to the protocol adopted by the Executive Committee.

Section III - Cancellation of Game Officials

If a league game is to be postponed for any reason, following the mutual agreement of the schools involved, the home school shall notify the game officials as soon as possible.

ARTICLE VIII **ALL-LEAGUE HONORS**

Refer to the General Regulations Articles I, II, III, IV at the beginning of the Sports Regulations.

In the event of a tie in the final team standings, head to head competition will determine who gets any extra players on first team, and the other team will get the extra player on second team. If more than two teams tie, the total number of individuals to be recognized for the tied places will be totaled and the number split equally among the tied schools.

The coaches may nominate and vote on a kicking specialist for 1st team honors only in addition to the number of honorees listed above.

FOOTBALL HALL OF FAME REPRESENTATIVE

The Ernie Godfried Chapter of the Hall of Fame recognizes each year one player from each division. This is not sponsored by the league. The rules for nomination for this honor are established by the Godfried organization and carried out by the football coaches.

The football coaches shall select the Central Buckeye League Hall of Fame representative, one vote for each school. The following steps are to be followed:

1. Player must be a varsity letterman and a senior.
2. Player must have accumulated an academic average of at least 3.0.
3. Player's name and credentials (including proof of GPA) must be submitted in writing by coach, principal or other personnel at the selection meeting.
4. Coaches may vote for their own players.
5. Player must receive a majority vote on the first ballot or if a majority is not reached, the highest vote receivers will be voted on again. If a tie results on the second ballot, the player with the highest accumulated grade point average will receive the award.

GOLF

ARTICLE I SCHEDULES

Section I – Schedules

Boys Golf - The golf schedule consists of four 18 hole tournaments played on sites selected by the league.

Girls Golf - a pre-season 18-hole tournament, nine-hole dual matches, and a post season 18-hole tournament. Tournament sites will be selected by the league.

Section II - Schedule Changes

Any two schools scheduled for a contest that creates a conflict may, by mutual change the date of the contest providing there is not a conflict with the league or OHSAA rules.

ARTICLE II FINANCES

Section I - Game Expenses

Home matches: All expenses shall be the responsibility of the home team unless another agreement is made between the competing schools.

Tournaments: Costs (Green fees) for tournaments sites will be the responsibility of each school. The league will pay the host site and invoice each participating school for their green fees.

ARTICLE III MATCH ROUTINE

1. The League will abide by all OHSAA Rules.
2. The will abide by USGA rules except where local course rules prevail.
3. Each team shall be composed of six (6) team members, four of whom count for the team score. (Exception in tournaments – host site may limit the number of players to five)
4. In case of a tie at the end of 9 holes, (18 holes in tournament play) the 5th player's score will be compared. If a tie still exists, compare 6th players' scores. If still tied, and the weather and golf course permit, a playoff will be held to determine the winner. The top four players from each team will compete in the playoff. The combined score for each team will determine the winner. Continue play until the tie is broken. If weather or the course prevents a playoff, the match will end in a tie with 1/2 point awarded to each team.

5. If a match cannot be completed due to darkness, rain or other circumstances, the match shall count as completed if all six (6) team members have completed at least seven (7) holes. (Final scores then would be based on best four of six seven-hole scores.) 15 holes in an 18-hole event.
6. A team will be credited with one win for each team defeated in the pre-season tournament, the regular season, and the post season tournament.
7. Match time. All dual matches will start at 4:30 P.M. if possible.

ARTICLE IV LEAGUE TOURNAMENT

1. Tournaments will be conducted at sites determined by the league. Varsity tournaments will be 18 hole contests; the Reserve tournament will be an 18-hole contest.
2. The pre-season tournament will be played on a date prior to the start of school.
3. The post season tournament will be played the first week after the conclusion of regular season matches and prior to the start of OHSAA tournaments.
4. A shot gun start format will be used if course permits. For the pre-season tournament, the site manager will determine pairings in order of finish from the previous season. For mid-season and post-season tournaments, pairings will be based on current standings. Pairings will be made based on playing position – 1's together, 2's together and so on. Pace of play will be taken into account by the site manager when scheduling pairings.
5. Tournament sites and dates will be determined with consultation of the league golf coaches. The golf liaison will make all arrangements with the selected courses.

ARTICLE V SPORTSMANSHIP

All matches should end in a spirit of good sportsmanship with players of both schools shaking hands.

ARTICLE VI PROCEDURES FOR MAKE-UP MATCHES

Any suspended match will be completed on the next available date for both schools..

ARTICLE VII **ALL-LEAGUE HONORS**

Refer to the General Regulations Articles I, II, III, and IV at the beginning of the Sports Regulations.

1. The All-League selection meeting will take place immediately following the post season tournament at the site of the respective divisional tournaments.
2. All-League selection will be based solely on scoring averages/total strokes in league events only. To be eligible for league honors the individual is permitted to have missed only one league event. All averages/total strokes are to be based on the same number of events therefore those candidates with one more match, will drop their highest score so all averages will be based on the same number of scores. **NOTE-** in Girls Golf, players may drop two nine-hole scores or one 18-hole tournament score.
3. The Player of the Year will be the player with the lowest scoring average/lowest stroke total in league events.
4. Individuals not on a team are eligible for All League honors if they have participated in the required number of league events.

LACROSSE -GIRLS/BOYS

ARTICLE I SCHEDULES

Section I – Schedules

League schools will work together to set their schedules in cooperation with the Central Independent League (CIL) Scheduling Coordinator to establish a schedule. Each school will play each other once.

Section II – Schedule Changes

Any two schools scheduled for a contest that creates a conflict may, by mutual agreement, change the date of the contest providing there is not a conflict with league or OHSAA rules. Change requests should be submitted the CBL commissioner.

Section III – Starting Time

The host school is responsible for setting the game time prior to the start of the upcoming season.

Section IV- Determination of a League Champion

A point system will be used to determine the league champion. Teams will be awarded points based on the outcome of their game. Three (3) points will be earned for a win, one (1) point for a tie and zero (0) points for a loss. The team earning the most points will be the league champion.

ARTICLE II FINANCES

All games expense shall be the responsibility of the home team unless other agreements exits between competing schools.

ARTICLE III GAME ROUTINE

Section I – Visiting school arrival

Visiting schools should arrive in ample time to permit proper warm-up before the scheduled start. Communication should be made with the host school if the visiting school is going to arrive late.

Section II – Uniforms

Home teams shall wear solid white colored jerseys. Visiting teams shall wear dark colored jerseys.

Section III – Game ball

The home team is responsible for providing the game ball and three additional game balls behind each goal.

Section IV -Length of Contest

The game will consist of two 25 minutes halves for both JV and Varsity levels.

Section V – Playing Field

Playing fields should be properly prepared and marked for game conditions. The host school shall have responsible adults working the scoreboard and make public address announcements

Section VI – Team Benches

Home management will determine the placement of the team benches. Benches can be located either on the same side or opposite sides.

Section VII -Sportsmanship

All games should end in a spirit of sportsmanship with players and coaches from both schools shaking hands. Any posters displayed must positive in nature and not demeaning to the opponent or their school.

Section VIII – Game Participation

All players shall follow the participation standard listed in the OHSAA Sports Regulations

Section IX – Video Taping

The game may be videotaped by each team. The host school is to provide a suitable point for filming.

ARTICLE IV OFFICIALS

Section I – Assignment of Officials

Each school is responsible for assigner their game officials. Three (3) OHSAA Certified officials should be assigned to each game. (Schools might work with the CIL assigner)

Section II – Cancellation of Contest Officials

The host school is responsible for notifying contest officials in case of cancellation. Notification should also be sent to the Assigner if one was used.

ARTICLE V

ALL-LEAGUE HONORS

Refer to the General Sport Regulations Articles I, II, III and IV for the All-League selection procedures.

SOCER

ARTICLE I SCHEDES

Section I - Schedules

A single round of games will be schedule for league play.

Section II - Schedule Changes

Any two schools scheduled for a contest that creates a conflict may, by mutual agreement change the date of the contest providing there is not a conflict with league rules or the Ohio High School Athletic Association.

Section III - Starting Time

Soccer contests will be played on Wednesday or Saturday based on field availability of the home team. Preferred starting times will on Wednesday will be 5:30 and 7:15 PM. Preferred starting time on Saturday's will be 2:00 PM and 3:45 PM. The home school is responsible for making any time changes, prior to the start of the upcoming season.

Section IV – Determination of League Champion

A point system will be used to determine final league standings. Teams will be awarded points based on the outcomes of their game: three (3) points for a win, zero (0) points for a loss and one (1) point for a tie. Teams will be ranked by from most points to least points to determine the final league standings. The team earning the most points will be the league champion.

ARTICLE II FINANCES

Section I - Game Expenses

All game expenses shall be the responsibility of the home team unless other agreements exist between competing schools.

ARTICLE III GAME ROUTINE

Section I - Visiting School Arrival

Visiting schools should arrive in ample time to permit proper warm-up before scheduled start.

Section II – Uniforms

Uniforms will follow OHSAA regulations. VISITING teams shall solid white colored jerseys and solid white socks. HOME teams shall wear dark-colored jerseys.

Section III - Game Ball

The home team is responsible for furnishing three game balls. It is suggested that the home team also provide a minimum of two ball boys or girls.

Section IV - Length of Contest

Two 40 minute halves are played on the Varsity level.

Two **36** minutes halves are played at the Reserve level.

Section V - Playing Field

Playing fields shall be properly prepared and marked for game conditions. Home schools shall have responsible adults on the scoreboard and P.A. system.

Section VI - Team Benches

Home management will determine bench location. Benches could be located either on the same side or opposite sides.

Section VII - Sportsmanship

All games should end in a spirit of good sportsmanship with players and coaches of both schools shaking hands. Any posters, etc., displayed must not be demeaning to the opponent or their school. Any player, coach or bench personnel that receive a red card shall be suspended from participation as stated by OHSAA rules covering ejections.

Section VIII - Quarters of Participation

All players will comply with the Ohio High School Athletic Association in regards to the number of halved of participation in one evening and for the season.

Section IX - Video Taping

If the visiting team wishes to videotape the game, they should request permission from the athletic director of the host school and be given a suitable point for filming.

ARTICLE IV OFFICIALS

Section I - Assignments

The League Soccer Assignor is responsible for assigning at least two OHSAA certified soccer officials for each contest. Schools may request to have a third official.

Section II - Master List of Officials

At the conclusion of the season coaches and/or athletic directors can provide a list of officials to add or delete from officiating their matches.

Section III - Cancellation of Game Officials

The home school is responsible for notifying officials and league assigner in case of cancellation.

ARTICLE V

ALL-LEAGUE HONORS

Refer to the General Regulations Articles I, II, III, and IV at the beginning of the Sports Regulations.

SWIMMING/DIVING

ARTICLE I SCHEDULES

Section I – League Meet

There will be a season ending league meet held to determine the league champions. The date and site will be determined by the Executive Committee.

ARTICLE II MEET FORMAT

Section I – Rules

The League schools shall abide by the rules of the OHSAA

Section II – Participation Limitations in Individual Events

A school may enter four participants in each of the individual events. Scratches or changes may be made the day of the meet at the coaches meeting.

Section III – Participation Limitations in Team Events

In team events, such as relays, a school may enter one team and may make changes in their relay teams up to the coaches meeting.

Section IV – Individual Limits

An individual may compete in no more than four events and no more than two individual events.

Section V – Scoring

	Individual Events	Relay Events
1 st Place	16	32
2 nd Place	13	26
3 rd Place	12	24
4 th Place	11	22
5 th Place	10	20
6 th Place	9	18
7 th Place	7	14
8 th Place	5	10

Section VI – Schedule of Events

- A. Friday – Diving Championships
 - 5:00 PM Warm up
 - 6:30 PM Start
- B. Saturday – Swimming Championships
 - 8:00 AM Warm up (Teams will be assigned warm-up times)
 - 9:00 AM Coaches meeting
 - 9:30 AM Start of meet
- C. Order of Events for swim championships. Girls will swim first in each event, followed by the boys.
 - 1. 200 Medley Relay
 - 2. 200 Free
 - 3. 200 IM
 - 4. 50 Free
 - Break – 15 minutes
 - 5. 100 Fly
 - 6. 100 Free
 - 7. 500 Free
 - 8. 200 Free Relay
 - 9. 100 Back
 - 10. 100 Breast
 - 11. 400 Free Relay
 - 12.

Section 7 – All League Honors

- A. 1st Team, 2nd Team and Honorable Mention will be awarded by place earned in head to head competition. (1st Place, 2nd Place, and 3rd Place respectively.)
- B. Diver of the Year will be awarded to the individual who finishes in First Place.
- C. Swimmer of the Year will be awarded to the individual who scores the most points.
- D. If there is a tie for Diver or Swimmer of the year, multiple awards will be presented.
- E. The Championship Coach award will be given to the coach of the winning team for each the boys and girls divisions.

TENNIS

ARTICLE I SCHEDULES

The schedule will consist of a single round.

ARTICLE II FINANCES

Home matches: All expenses shall be the responsibility of the home team unless the competing schools have made other agreements.

ARTICLE III MATCH AND TOURNAMENT ROUTINE

1. The League will abide by OHSAA rules.
2. Each team shall be composed of three singles players and two doubles team.
3. Scoring in dual matches will be six points (5 match points and 1 team point).
4. League Champion will be determined by the team with the highest number of points from the regular season dual matches.

ARTICLE IV ALL LEAGUE HONORS

Coaches will have an All-League selection meeting at the conclusion of the season.

Voting will follow the procedures outlined in the General Sport Regulations Articles I, II, III, and IV.

To be eligible for all league honors, a player must have participated in at least 50% of the league matches.

TRACK and FIELD -- BOYS/GIRLS

ARTICLE I SCHEDULES

Section I - League Meet

The league meet shall be held on a date to be determined by the Executive Committee. The league meet will be comprised of two days of competition at the same site; the first day being field events and running preliminaries, the second day being the running event finals. The day of the week will be Tuesday and Friday unless changed by the Executive Committee.

Section II – Site

The Executive Committee, on a rotating basis, will determine the site of the MSL meet. Schools must have an eight-lane all-weather track in order to host the meet.

In situations where a school with an eight lane all-weather track does NOT have facilities to run all field events, the Athletic Directors MAY approve said events to be run at an alternate site on the Wednesday of the week of the league meet.

ARTICLE II RULES

Section I – General Rules

The league schools agree to abide by the rules of the Ohio High School Athletic Association. The Track and Field rule book of National Federation of State High School Athletic Associations shall be used.

Section II - Entries

A school may enter two participants in each of the individual events; one relay team in each of the relay events.

Entries will be submitted on line using the preferred online website of the meet manager. Deadline for submission will be 8:00 AM one day prior to the start of the preliminaries. Two common online websites are www.baumspage.com and www.athletic.net.

Scratches or substitutes may be made on the day of the meet.

Section III – Scoring/Awards

The league meet will be run and scored by gender.

The number of schools in each gender will determine the team scoring according to National Federation Rule 2-2.

Eight Schools will score eight (8) places in individual events and seven (7) in relays. Individual scoring will be 10-8-6-5-4-3-2-1. Relay scoring will be 10-8-6-5-4-3-2.

All OHSAA events MUST be run and scored.

Official team scores must be posted within 15 minutes of the completion of the meet for inspection by coaches.

Awards: League Medals will be given for 1st and 2nd place; 3rd place will be considered Honorable Mention.

Section IV – Lane/Seed Assignments

NFHS Track and Field Rule 5-6 will be the basis for seeding all competitors and forming heats.

The 800M, 1600M, 3200M and 4x800M Relay and all field events – starting line assignments and field event order of competition and flights shall be determined by the games committee by lot using an open draw.

All track events except the 800M, 1600M, 3200M and 4x800M Relay- Runners will be assigned to lanes based upon their seeded position and use the following order:

Pre-lims/Semi Finals:

Lane	1	2	3	4	5	6	7	8
Heat 1 (Seed)	16	9	8	1	4	5	12	13
Heat 2 (Seed)	15	10	7	2	3	6	11	14

Finals

Lane Assignments in high school finals will be according to the following procedure:

Lane	1	2	3	4	5	6	7	8
Seed	8	5	4	1	2	3	6	7

Qualifying for Finals in running events that conduct Semi-Finals: Fully automated timing systems (F.A.T.) will be used. The top two placers in each heat and the next four fastest times will advance to the finals.

Section V - Officials

There will be four officials used for each divisional meet, assigned by host school. The Officials will be assigned duties as follows:

Prelims: Starter/Referee, Starter, Finish Judge, Head Field Judge.

Finals: Starter/Referee, Starter, Finish Judge, Clerk.

Fully Automated Timing (FAT) systems are to be used for the during the Prelims and Finals.

ARTICLE III **TIME SCHEDULE**

Section I - Field Events-First day of competition

The schedule will alternate in sequence between boys and girls. The schedule listed below will be followed in EVEN years. In ODD years, the order of boys and girls will be reversed.

4:30 PM Coaches meeting – near the press box of the host facility.

Field Event Preliminaries (Girls /Boys are listed in order of competition.)

4:40 PM: Girls: Shot Put and Long Jump (Boys to follow)
 Boys: Discus, High Jump, Pole Vault (Girls to follow)

Flip gender of events on odd years.

Shot put, Discus and Long Jump – Participants will be placed in flights. Each participant is entitled to three trials (1-1-1). The top nine individuals will advance to the finals for three additional trials. Ties will be resolved with 2nd best attempt as per NFHS rule book.

Athletes will wait until all individuals in their flight have attempted their corresponding trial/attempt. An athlete may be passed and permitted consecutive trials if they have checked out to another event and is permitted by the event official.

High Jump and Pole Vault: Minimum starting heights will be as follows.

High Jump: Girls, 4'0"; Boys 5' 0"

Pole Vault: Girls 6'0": Boys 7' 0"

Opening heights will be four inches under the 10th athlete's entering mark in the high jump; six inches in the pole vault. Increments will be finalized by the meet manager and communicated to coaches prior to the start of the meet.

Section II - Running Event Preliminaries – First day of competition

Seeding and lane assignments will follow the guidelines outlined Article II – Section IV,

In all events, girls heats run first, followed by boys heats

5:30	4 x 800 M Relay
6:00	100 M Dash
6:15	100 M/110 M Hurdles
6:30	400 M Dash
6:50	300 M Hurdles
7:10	200 M Dash

Section III – Finals

Finals will start at 6:00 PM and are to be run according to the OHSAA meet guidelines and the NFHS Rule book.

6:00 PM	Girls 100 M Hurdles Boys 110 M Hurdles
6:10 PM	Girls 100 M Dash Boys 100 M Dash
6:20 PM	Girls 4 x 200 M Relay Boys 4 x 200 M Relay
6:30 PM	Girls 1600 M Run Boys 1600 M Run
6:50 PM	Girls 4 x 100 M Relay Boys 4 x 100 M Relay
7:00 PM	Girls 400 M Dash Boys 400 M Dash
7:15 PM	Girls 300 M Hurdles Boys 300 M Hurdles
7:30 PM	Girls 800 M Run Boys 800 M Run
7:40 PM	Girls 200 M Dash Boys 200 M Dash
7:50 PM	Girls 3200 M Run Boys 3200 M Run
8:30 PM	Girls 4 x 400 M Relay Boys 4 x 400 M Relay

NOTE: The time schedule may become a “rolling” schedule as a result of inclement weather.

ARTICLE IV

ALL-LEAGUE HONORS

Refer to the General Regulations Articles I, II, III and IV at the beginning of the Sports Regulations.

An Outstanding Performance plaque will be presented by the league to an individual who earns ***the most points of any athlete*** but may not be the leading scorer for field events or running events. All first place finishes, whether in an individual event or a relay, will be

awarded the same number of points when being considered for this award. If a tie exists for this award, multiple plaques will be awarded.

MIDDLE SCHOOL – TRACK and FIELD

ARTICLE I - SCHEDULE

The league will host a Middle School track meet for each gender at the season to determine the MS League Champion. The meet will be held on the Monday before the high school has league prelims.

Schools must have an eight lane all-weather track to host the meet. In the event that all field events cannot be held at the facility, the Athletic Directors of that division may elect to hold the field events at another site on the Wednesday before the meet is scheduled.

ARTICLE II

Section I – General Rules

The league schools agree to abide by the rules of the Ohio High School Athletic Association. The Track and Field Rule book of the NFHS shall be used.

Section II -Entries

Each school may enter two (2) participants per individual event; one relay team in relay events.

Entries will be submitted on line using the preferred online website of the meet manager. Deadline for submission will be 8:00 AM one day prior to the start of the preliminaries. Two common online websites are www.baumspage.com and www.athletic.net.

Coaches may not enter athletes with a better seed time than the athlete's best mark. Coaches may not enter relays faster than the school's best time on the year. If a coach is caught entering unrealistic times/marks, meet management may change the entry to NT, NH, or ND.

Section III – Scoring/Awards

The league meet will be run and scored by gender.

The number of schools participating will determine the team scoring according to National Federation Rule 2-2.

Eight Schools will score eight (8) places in individual events and seven (7) in relays. Individual scoring will be 10-8-6-5-4-3-2-1. Relay scoring will be 10-8-6-5-4-3-2.

All OHSAA events MUST be run and scored.

Ribbons will be awarded to the top **three** scoring places.

Section IV – Lane/Seed Assignments

All heats/sections will be run slow to fast. All flights will be worst to best.

All events will be FINALS.

100 M Dash, 200 M Dash, 400 M, 100/110 M Hurdles, 200 M Hurdles (Finals)

Teammates shall not be placed in the same semi-final/prelim heat in these events.

Lane	1	2	3	4	5	6	7	8
Section 1 (Seed)	16	13	12	9	10	11	14	15
Section 2 (Seed)	8	5	4	1	2	3	6	7

Relay seeding for 6 or 8 teams

Lane	1	2	3	4	5	6	7	8
Seed	8	5	4	1	2	3	6	7

Section V- Officials

There will be three officials used for each divisional meet, assigned by the host school. The Officials will be assigned duties as follows:

1. Starter/Referee
2. Head Field Judge
3. Finish Judge

It is recommended that a Fully Automated Time System (FAT) be used for running events.

ARTICLE III **TIME SCHEDULE**

Section 1 – Field Events

4:30 PM – Field events will start at this time with the order being determined by the meet director based on facilities and announced ahead of time.

All field events will be FINALS with four trials taken in the Shot Put, Discus and Long Jump.

Long Jump will use an open pit for a maximum of one hour for boys and one hour for girls.

Boys Shot Put, followed by Girls
Girls Discus, followed by Boys
Girls and Boys Pole Vault combined
Boys High Jump, followed by Girls
Girls Long Jump, followed by Boys

There will be a maximum of 15 minutes between the conclusion of a field event and the beginning of the same field event for the opposite gender.

Section 2 - Running Event Finals:

Running event finals will be held beginning at 5:30 PM and will be conducted using OHSAA and NFHS rules and order of events.

5:30 PM	Girls 4 x 800 Relay
	Boys 4 x 800 Relay
6:00 PM	Girls 100 M Hurdles
	Boys 110 M Hurdles
6:15 PM	Girls 100 M Dash
	Boys 100 M Dash
6:30 PM	Girls 1600 M Run

	Boys 1600 M Run
6:50 PM	Girls 4 x 100 M Relay
	Boys 4 x 100 Relay
7:05 PM	Girls 400 M Dash
	Boys 400 M Dash
7:20 PM	Girls 4 x 200 M Relay
	Boys 4 x 200 M Relay
7:35 PM	Girls 200 M Hurdles
	Boys 200 M Hurdles
7:55 PM	Girls 800 M Run
	Boys 800 M Run
8:05 PM	Girls 200 M Dash
	Boys 200 M Dash
8:20 PM	Girls 4 x 400 M Relay
	Boys 4 x 400 M Relay

NOTE: The time schedule may become a “rolling” schedule as a result of inclement weather.

VOLLEYBALL - VARSITY & RESERVE

ARTICLE I SCHEDULES

Section I – Schedule

The Executive Committee will set the league schedule, which will consist of a double-round within the league.

Section II - Schedule Changes

Any two schools scheduled for a contest that creates a conflict may, by agreement change the date of the contest providing there is not a conflict with the League rules or the Ohio High School Athletic Association rules.

ARTICLE II FINANCES

Section I - Game Expenses

All match expenses shall be the responsibility of the home team unless another agreement is existing between the competing schools.

ARTICLE III GAME ROUTINE

Section I - Visiting School Arrival

Visiting schools should schedule themselves to arrive at least one-half hour before the reserve match time.

Section II – Bands

Bands shall be limited to playing before the reserve and varsity matches. Bands shall be located in the bleachers or stages (when not the playing area).

Section III - Line Judges

The host school will provide two line judges for all matches. [OHSAA REGULATIONS APPLY.]

Section IV - Scorekeeper/Timer

The host schools shall designate responsible persons to act as official scorekeeper, assistant scorekeeper and timer.

Section V - Match Winner

Freshman and Reserve matches shall consist of the best two out of three games to determine the winner. The Varsity matches shall consist of the best three out of five games to determine the match winner. (All games to 25 points, win by two)

Section VI - Match Time

All League triple-header matches shall begin at 5:00 P.M. on weeknights and 10:00 A.M. Saturdays. If a freshman match does not precede the Reserve the match, the reserve match will start at 6:00 PM on weekdays and 11:00 AM on Saturdays. If for any reason a reserve level game is canceled followed by a varsity match then the starting time will be according to the officials contracted starting time: 6:00 weekday 11:00 weekend.

Section VII - Match Warm-Up/Captains Meeting and Coin Toss

The host school should provide enough warm-up balls for both teams.

Pre-game Routine

1. The Coach/Captain conference/coin toss will take place prior to each games warm up period.
2. The Reserve Warm-up will use 2-5-5-2-2 time periods for shared court, serving team court, receiving team court, shared serving time. (16 minutes total.)
3. The Varsity warm-up will begin as soon as both Reserve teams clear the floor and will use 2-6-6-3-3 time periods for shared court ball handling, serving team whole court, receiving team court, serving team whole court, receiving team whole court. (20 minutes)
4. Varsity warm-up will be followed by the introduction of players and coaches and the playing /singing of the National Anthem.

Section VIII - Time Regulations

The varsity match shall begin 25 minutes after the conclusion of the reserve match. The twenty-five minutes includes the 20-minute warm-up time, player announcements and the National Anthem.

Section IX - Special Activities

A school is to notify its opponent two days in advance of any special ceremonies such as parents' night, etc.

Section X - Video-Tape Regulation

If the visiting school wishes to video tape a match, they should request permission from the athletic director of the host school upon their arrival and be given a suitable vantage point for filming.

Section XI - Player Eligibility

All players will comply with the Ohio High School Athletic Association in regards to the number of games of participation in one evening and season.

Section XII - Sportsmanship

All matches should end in a spirit of good sportsmanship with players and coaches of both schools shaking hands.

Section XIII - Crowd Control

Competitive signs, posters, confetti, and flash cards are prohibited in the gymnasium, balcony, lobby, or public area. Permanent signs are permitted. No artificial noisemakers of any kind will be permitted.

ARTICLE IV

MATCH OFFICIALS

Section I - Match Official Assignment

The league Volleyball Assigner will assign and reschedule all league match officials.

Section II - Master List of Officials

At the conclusion of the season coaches and/or athletic directors can provide a list of officials to add or delete from officiating their matches

Section III - Cancellation of Match Officials

If a league match is to be postponed for any reason, following the mutual agreement of the schools concerned, the home school shall notify the match officials and assigner at their home addresses by 4:00 PM on weekdays and 9:00 AM on Saturdays.

ARTICLE V

PROCEDURES FOR MAKE-UP GAMES

Section I - League Matches

No more than two matches in a row will be played. No more than four matches will be played in any one week (Monday through Saturday). Sunday does not count as a day in the make-up procedure.

ARTICLE VI **ALL-LEAGUE HONORS**

Refer to the General Regulations Articles I, II, III, and IV at the beginning of the Sports Regulations.

VOLLEYBALL -- FRESHMAN

The rules of the Ohio High School Athletic Association as published each year shall apply to freshman volleyball.

ARTICLE I LEAGUE

Section I - League Schedule

The Executive Committee will set the league schedule, which will consist of a double-round within the division and will follow the Reserve/Varsity schedule.

Section II - Starting Time

Freshman games will start at 5:00 PM on weekdays and at 10:00 AM on Saturdays.

Section III – Eligibility

Freshman level sports are primarily for boys/girls in their first two semesters of high school eligibility. If a school has low participation levels, they may use students in their third/fourth semesters (Sophomores) to fill out the rosters. Communication must take place to notify opponents that students above the freshman academic year are being used.

Section IV – Season

No team is to play more than the allowable number of regular season games including League games. [OHSAA REGULATIONS APPLY.]

Section V - Match Regulations/Pre-game Routine

The host school should provide enough warm-up balls for both teams.

Matches shall consist of the best two out of three games to determine the winner.

Pre-game and warm-up procedures

1. Captains and Coaches pre-game conference will take place 15 minutes prior to the scheduled start time.
2. Warm-up period will be **15** minutes in length.
3. Warm-up will use **3-5-5-2** time periods for shared court, serving team court, receiving team court, and shared serving time.

Section VI - Admission Charges

Admission to freshman League games is covered by the standard League admission charges. If played as part of a triple header, charge Varsity rates.

VOLLEYBALL – MIDDLE SCHOOL

ARTICLE I SCHEDULES

Section I - Schedules

The Executive Committee will set the league schedule that will consist of a double round within the league.

Section II - Schedule Changes

Any two schools scheduled for a contest that creates a conflict may, by mutual agreement change the date of the contest providing there is not a conflict with the League rules or the Ohio High School Athletic Association rules.

Section III - Match Limitations

No team is to play more than the allowable number of regular season matches and post-season tournaments permitted by the Ohio High School Athletic Association.

ARTICLE II FINANCES

Section I - Games Expenses

All match expenses shall be the responsibility of the home team unless another agreement is existing between the competing schools.

ARTICLE III GAME ROUTINE

Section I - Visiting School Arrival

Visiting schools should schedule themselves to arrive at least one-half hour before the reserve (7th grade) match time.

Section II - Bands

Bands shall be limited to playing before the 7th and 8th grade matches. Bands shall be located in the bleachers or stages (when not the playing area).

Section III - Line Judges

There shall be two line judges for both the 7th and 8th grade matches provided by the home school. [OHSAA REGULATIONS APPLY.]

Section IV - Scorekeeper/Timer

The host schools shall designate responsible persons to act as official scorekeeper, assistant scorekeeper and timer.

Section V - Match Winner

Matches shall consist of the best two out of three games to determine the winner.

Section VI - Match Time

Middle School League matches are to be played on weekday evenings with the first match starting at 5:00 P.M. Upon the approval of the two schools involved, the matches may begin at an earlier or later time.

Section VII - Warm Up/Captains Meeting and Coin Toss

The captain's meeting and coin toss will take place prior to each game's warm up period. Warm-ups will be 15 minutes in length and will follow the **1-5-5-2 -2-minute rotation**. The 15 minute period for the 7th grade game will start immediately after the captain's meeting. The 15 minute period for the 8th grade match will start as soon as both 7th grade teams clear the floor but no later than 5 minutes after the conclusion of the 7th grade match.

The home school should provide an adequate number of warm-ups balls for both teams.

Section VIII - Match Format

The 7th grade match will be played first and will be followed by the 8th grade match. The teams can be a combination of seventh and eighth graders.

Section IX - Special Activities

A school is to notify its opponent two-days in advance of any special ceremonies such as parents' night, etc.

Section X - Video-Tape Regulation

If the visiting school wishes to video tape a match, they should request permission from the athletic director of the host school upon their arrival and be given a suitable vantagepoint for filming.

Section XI—Sportsmanship

All matches should end in a spirit of good sportsmanship with players and coaches of both schools shaking hands.

Section XII - Crowd Control

Signs, posters, confetti, and flash cards are prohibited in the gymnasium, balcony, lobby, or public area. Permanent signs are permitted. No artificial noisemakers of any kind will be permitted.

ARTICLE IV MATCH OFFICIALS

The home school is responsible for hiring match officials according to the rules of the Ohio High School Athletic Association.

ARTICLE V TOURNAMENT

Section I - Tournament Format

The League will sponsor 7th and 8th grade single elimination tournaments.

Section II - Tournament Date

First round and second round games will be played the first Saturday after completion of the league schedule. Championship games for both the 7th and 8th grade tournament will be played at the site of the 8th grade tournament on the Wednesday after the qualifying rounds are played.

Saturday tournaments – the first game will be scheduled to start at 10:00 AM. Succeeding games will start 15 minutes after the conclusion of the preceding game.

Weekday tournaments – the first game will be scheduled to start at 5:30 PM. Succeeding games will start 15 minutes after the conclusion of the preceding game.

Section III - Tournament Site

Member schools shall host the tournament on a rotating basis adopted by the tournament by the Executive Committee.

Section IV - Tournament Manager

The tournament manager is to be selected by the host school.

Section V - Tournament Rules

The rules and regulations for the tournament shall be formulated by the tournament manager and approved by the Executive Committee.

Section VI - Tournament Officials

The Mid State League Volleyball Assigner will contract only registered officials. Recommended that Class 1 officials be assigned to the championship matches.

Section VII - Tournament Organization

The tournament manager will be in charge of making arrangements for locker room, ticket-sellers, police protection, official scorer and timer, and for making a financial report of the tournament to the Executive Committee. Each school should be prepared to provide an adult line judge for each of their matches.

Section VIII - Tournament Trophy

The League will provide a trophy.

Section IX - Tournament Admission

The admission price will be as set by the Executive Committee.

Section X - Tournament Passes

Mid-State League passes for administrators and coaches shall be honored and cheerleaders shall be admitted free if they are in uniform.

Section XI - Tournament Home/Away Team

The top line in each bracket will be designated as the home team and the bottom line in each bracket will be the visiting team.

Section XII - Tournament Roster

A maximum of 15 players may be dressed for any one match and only the players dressed for the match shall be admitted free. Other team personnel, such as manager, trainer, scorekeeper or video taper, up to three will also be admitted.

Section XIII - Tournament Drawing

Won/loss records for league contests through the MONDAY games before the tournament starts will be used in seeding teams. Records are to be communicated to the host school on the Tuesday before the tournament with pairings announced no later than Wednesday. In making the drawing, if two teams are tied in the League, head to head competition will be the first tie breaker, then the toss of a coin. See Appendix J for the bracket sheets and guidelines.

Section XIV - Tournament Rules

Unless otherwise stated, the rules of the Ohio High School Athletic Association shall be followed.

WRESTLING -- VARSITY - MIDDLE SCHOOL

ARTICLE I FORMAT

Section I – League Schedules

Varsity – The Varsity schedule will consist of one tournament held on either the last saturday of January or the first saturday in February in conjunction with the Middle School.

Section II – Tournament Format

The tournament format, both Varsity and Middle School, will be based on the number of participants per weight class.

- 7 or 8 participants – bracket format
- 6 or fewer – pool format

Scoring – tournament points based upon the computer program that the tournament decides to use. Ie Baumspage or USA Brackets. The team with the most points will be declared League Champion.

Section III – Weigh Ins

Scales shall be available one hour before official weigh-in time.

1. The official weigh-in shall be one hour before the posted match starting time.
2. The Yellow copy of the official OHSAA Weight forms shall be presented to the official at all weight classes.
3. OHSAA guidelines shall govern all weigh in procedures if they should differ from the above stated procedures,

ARTICLE II FINANCES

The tournament will be considered a League event and will rotate among schools. A financial report will be turned into the League commissioner. All tickets will be sold on line, with deposits made directly to league accounts. Expenses are to be paid by the host school and reimbursed by the league. If the meet operates at a deficit, the deficit will be shared equally by participating schools.

ARTICLE III MATCH ROUTINE

Section I - Crowd Control

Signs, posters, confetti, and flash cards are prohibited in the gymnasium, balcony, lobby, or public area. Permanent signs are permitted. No artificial noisemakers of any kind will be permitted. It is recommended that the host school have security present during the tournament.

Section II- Video-Tape Regulation

If **a** visiting school wishes to video tape a match, they should request permission from the athletic director/site manager of the host school upon their arrival and be given a suitable vantage point for filming.

ARTICLE IV **ALL-LEAGUE HONORS**

Refer to the General Regulations Articles I, II, III, and IV at the beginning of the Sports Regulations.

Section I – Individual honors

First team – weight class champion

Second Team – weight class runner-up

Honorable Mention – 3rd place finisher

Section II – Team Champion

The league champion will be the winner of the league tournament.

Section III – Champion Coach

The head coach of the division champion will be named Championship Coach

Section IV – Wrestler of the Year

1. Coaches will nominate a wrestler who has been named 1st Team in his weight class.
2. Coaches will vote for three wrestlers, using a 3-2-1 voting procedure.
3. The individual with the most votes will be named Wrestler of the Year. In the case of ties, the coaches will vote again. If there are two tied, a 2-1 voting procedure will be used, if more than two, the 3-2-1 procedure will be used again.

Updated 11/20/25