

# Updates from Superintendent Radeke

October 6, 2023

## National School Lunch Week

Dear Bulldog Families,

Next week is National School Lunch Week!

Did you know it was President John F. Kennedy's administration who created National School Lunch Week? It was created in 1962 to promote the importance of a nutritious, healthy school lunch for students and the positive impact research has shown it has for students both inside and outside of the classroom. The National School Lunch Program also helps educate kids about healthy food choices by offering fruits and vegetables, whole grains and milk, and limiting fat, calories, and sodium.

National School Lunch Week is October 9-13, 2023. This year's "Level Up with School Lunch" theme is meant to highlight the importance of healthy and nutritious school lunches for students. "When students enjoy a balanced and delicious lunch at school, they gain the energy they need to elevate their achievements to new heights."

Thank you to our food service folks who carry out the mission of the National School Lunch Program and provide healthy and nutritious meals for students every day! It was a joy to work with them today serving our elementary students. Thank you to our students for your gracious good manners and enthusiastic responses when I offered a serving of peaches! Thank you to our LP community for providing a gorgeous space to enjoy school lunches! Because of your commitment to our students, our Commons area and kitchen has definitely been "Leveled Up!"

Sincerely,

Dr. Melissa Radeke  
Superintendent



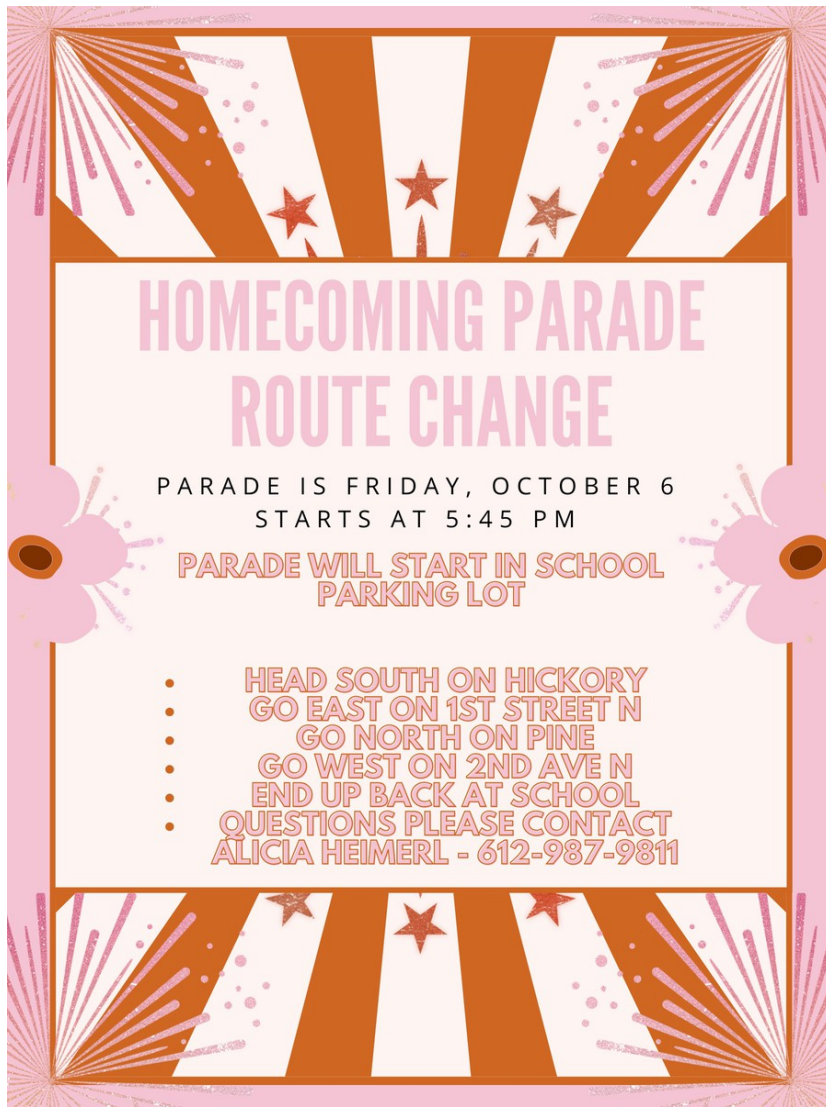


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## HOMEcoming GAME AND PARADE:

The Parade route is a little different this year because of the HWY 7 detour. Note the route in the picture below.

Remember the Lester Prairie Lions will be sponsoring a Tailgate Party at the field after the Homecoming Parade. The meal is burger, chips, and water for \$5.00.



## Ruff Ruff Report ~ Media Communications Class with Mr. Machemehl

Click here: [Ruff Ruff Report](#)

## October PBIS

It is a new month so that brings a new focus ticket!  
The color for October is purple.

### High School

Focus ticket = prepared for class.

Some examples:

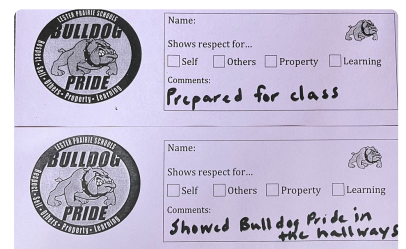
- wearing correct clothing/shoes for gym class
- bringing all supplies needed to class
- Chromebook charged

### Elementary

Focus ticket = showing Bulldog Pride in the hallways.

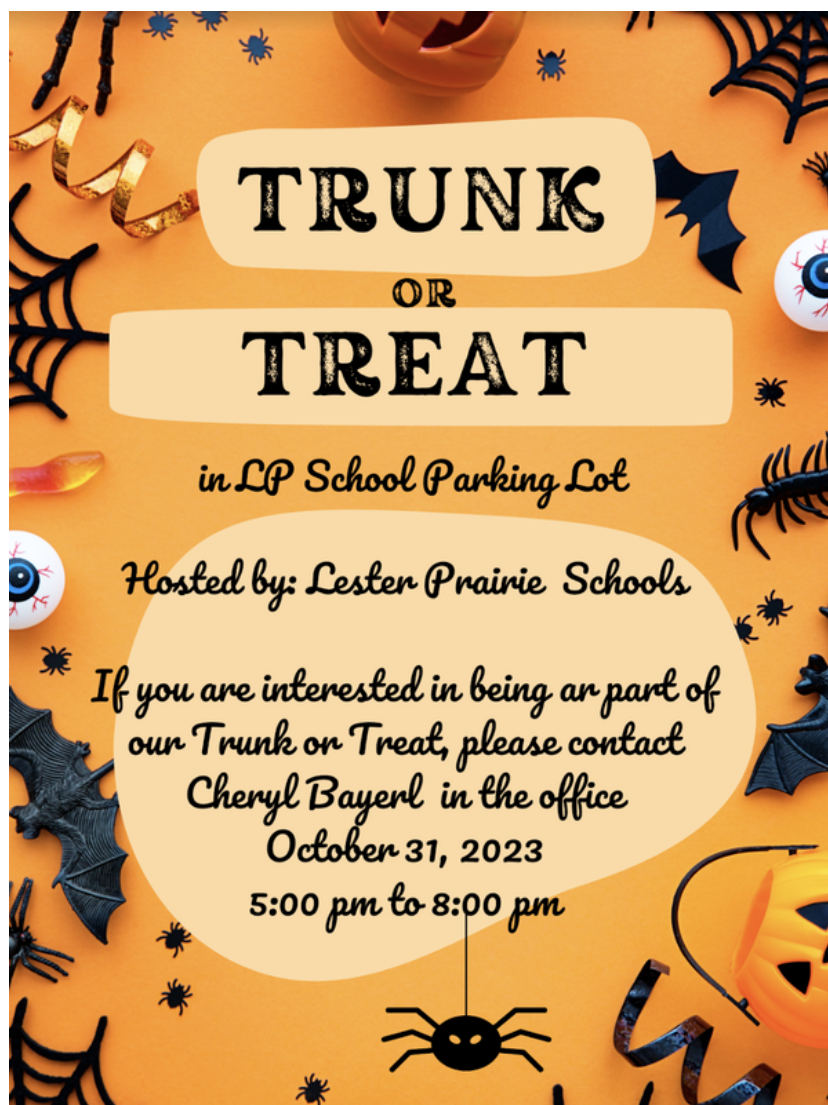
Some examples:

- appropriate voice level



- waiting patiently by bathrooms or drinking fountains
  - hands to self
  - closing lockers quietly
  - positive role model
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## **HALLOWEEN NIGHT:**



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### **Updates from Mr. Scheevel in the Activities Office:**

Capping off a busy Homecoming week is the football game against Mayer Lutheran at 7pm with the 9-12 Volleyball tournament to follow in the North gym. It's been a busy but great week to show off and celebrate our Bulldog Pride.

Our fall sports seasons are nearing their end with only a couple of weeks left in their regular seasons. Preparations are underway for the upcoming winter sports seasons.





## Counselor Corner:

### October is College Knowledge Month!

The purpose of College Knowledge Month is to provide students with opportunities to explore the world of higher education through activities and events at colleges. These events are geared toward aiding students in preparation by providing opportunities for exploration and planning. As well as the support needed to apply to college. This is the perfect time for students to start exploring colleges, majors, planning college visits, and applying to their college(s) of choice.

Many colleges and universities offer Free Applications during the month of October. You can find the Minnesota Colleges and Universities that waive application fees and other resources available to help with career exploration [here](#).

Please reach out to Christine Mattson if you have any questions.  
[mattson@lp.k12.mn.us](mailto:mattson@lp.k12.mn.us)

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## Does the School District have your most current contact information?

The School District uses the School Messenger Alert System to inform parents of school closings, late starts, early outs, and emergencies. Please make sure we have your current contact information so you receive our communications!



Community members can sign up to receive our inclement weather and emergency messages using a form on our website under the Community tab or [click here](#).



## Dates to Know:

- October 9 - Parent Teacher Conferences 3:30-7:30pm
  - October 9 - PTO 6pm Commons
  - October 11 - Regular School Board Meeting 5:45pm
  - October 19 & 20 - MEA Break (No School)
  - November 3 - End of 1st Quarter (11:30 Early Dismissal)
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## Next Regular School Board Meeting: WEDNESDAY, October 11th at 5:45pm in the Media Center

Please visit the School Board tab on our website to view upcoming Board Meeting agendas.

<https://www.lp.k12.mn.us/page/2452>



### Do you have any comments or feedback to share?

We would love to hear from you because your voice is important to us. Please click on the Google Form below. Thank you!



## Comments and Feedback

We would love to hear your thoughts and/or feedback about our school district. Please include your contact information so we can follow up with you.

[Sign in to Google](#) to save your progress. [Learn more](#)

 Indicates required question

*It is the mission of ISD 424 to develop every learner to the learner's maximum potential, to succeed and continue to learn in a changing world.*



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Melissa Radeke

