

Updated: 1-14-2025

FRCC Girls Track and Field WIAA State Podium Finishes

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time/Dist./Hgt.</u>	<u>Place</u>	<u>Division</u>
<u>2024</u>					
100M Dash	Danika Apple	Notre Dame Academy	12.38	2nd	D2
200M Dash	Danika Apple	Notre Dame Academy	25.24	4th	D2
400M Dash	Tessa Campbell	Manitowoc	57.17	6h	D1
400M Relay	Notre Dame Academy		48.83	D2 State Champs	
	<i>Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple</i>				
1600M Relay	Notre Dame Academy		4:00.22	6th	D2
	Evangelica Dosh, Anna Miller, Francine Boateng, Sydney Whitehouse, Madeline Rose, Reagan Gosa				
Shot Put	Thea Kral	Ashwaubenon	46' 7.75"	D1 State Champ	
Shot Put	Destiny Duesterbeck	Sheboygan North	43' 1.75"	2nd	D1
Shot Put	Delaney King	Green Bay Southwest	40' 10"	5th	D1
Discus	Thea Kral	Ashwaubenon	162' 6"	D1 State Champ	
Discus	Lauren Mader	Ashwaubenon	142' 3"	3rd	D1
Discus	Sydney Whitehouse	Notre Dame Academy	127' 2"	D2 State Champ	
<u>2023</u>					
100M Hurdles	Jillian Anderson	Bay Port	14.87	4th	D1
400M Relay	Notre Dame Academy		49.03	D2 State Champs	
	<i>Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple</i>				
400M Relay	Bay Port		48.27	2nd	D1
	Jillian Anderson, Neveah Johnson, McKenna Sedlacek, Isabelle Denny, Chania Tinch, Jolie Jacques				
800M Relay	Bay Port		1:43.24	5th	D1
	Jillian Anderson, Neveah Johnson, McKenna Sedlacek, Isabelle Denny, Emerson Moreau, Jolie Jacques				
Pole Vault	Megan Dorsey	De Pere	11'	5th	D1
Triple Jump	Cirena Taylor-Marquardt	Green Bay Preble	37' 1"	6th	D1
Discus	Thea Kral	Ashwaubenon	139' 4"	D1 State Champ	
<u>2022</u>					
400M Dash	Tessa Campbell	Manitowoc	58.90	6th	D1
300M Hurdles	Kyla Hendricks	Bay Port	45.53	5th	D1
400M Relay	Notre Dame Academy		49.89	2nd	D2
	Greta Fogarty, Isabella Ricci, Sydney Whitehouse, Danika Apple, Madeline Rose, Maria Nolle				

1600M Relay		Bay Port	4:04.47	5th	D1
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Natasha Johnson, Kyla Hendricks, Abby LaRange, Neveah Johnson, Madeline Thoreson, Jolie Jacques

<i>Pole Vault</i>	<i>Anna Schueller</i>	<i>Notre Dame Academy</i>	<i>11' 3"</i>	<i>D2 State Champ</i>	
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2021

1600M Run	Molly Desotell	Notre Dame Academy	5:00.21	3rd	D1
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High Jump	Kathryn Thomas	Bay Port	5' 2"	4th	D1
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High Jump	Ella Meeuwssen	Bay Port	5'	6th	D1
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Discus	Maggie Gallagher	Notre Dame Academy	113' 6"	6th	D1
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2020

No Meet Held (Covid)

2019

1600M Run	Sage Wagner	Ashwaubenon	4:56.22	2nd	D1
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800M Relay		Pulaski	1:43.80	5th	D1
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Kayla Lipsey, Gianna Kornaus, Leighann Binkowski, Maddy Karcz

1600M Relay		Notre Dame Academy	4:06.45	6th	D2
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Ellie Rose, Anna Gruesen, Georgia Gregoire Katarina Geyer

High Jump	Ella Meeuwssen	Bay Port	5' 6"	3rd	D1
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<i>Pole Vault</i>	<i>Olivia Fabry</i>	<i>De Pere</i>	<i>12' 6"</i>	<i>D1 State Champ</i>	
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Pole Vault	Grace Kowalkowski	De Pere	11' 6"	3rd	D1
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Long Jump	Ellie Rose	Notre Dame Academy	17' 11"	3rd	D2
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2018

100M Dash	Grace Matzke	De Pere	12.43	6th	D1
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200M Dash	Grace Matzke	De Pere	25.64	6th	D1
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<i>Pole Vault</i>	<i>Olivia Fabry</i>	<i>De Pere</i>	<i>12' 6"</i>	<i>D1 State Champ</i>	
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Pole Vault	Grace kowalkowski	De Pere	12'	3rd	D1
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Pole Vault	Olivia Mabry	Bay Port	11' 6"	5th	D1
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2017

800M Relay		Manitowoc	1:42.70	5th	D1
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Emily Dawidowich, Occanna Spencer, Nicole Parrish, Shelby Nickels

400M Relay		Manitowoc	48.65	2nd	D1
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Emily Dawidowich, Occanna Spencer, Nicole Parrish, Shelby Nickels

High Jump	Lindsey Mirkes	De Pere	5' 6"	2nd	D1
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Pole Vault	Grace Kowalkowski	De Pere	12' 3"	3rd	D1
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Pole Vault	Olivia Fabry	De Pere	12'	4th	D1
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Pole Vault	Olivia Mabry	Bay Port	11' 6"	6th	D1
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Long Jump	Shelby Nickels	Manitowoc	18' 5.5"	5th	D1
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Shot Put	Erin Dunning	Ashwaubenon	47' 3.25"	2nd	D1
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Discus	Erin Dunning	Ashwaubenon	130' 9"	3rd	D1
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2016

3200M Run	Annika Linzmeier	Pulaski	11:08.40	3rd	D1
100M Hurdles	Hayley Winzenried	Green Bay Preble	15.63	6th	D1
High Jump	Lindsey Mirkes	De Pere	5' 6"	2nd	D1
Pole Vault	Kylie Swiekatowski	De Pere	12' 7"		D1 State Champ
Pole Vault	Grace Kowalkowski	De Pere	12'	2nd	D1
Pole Vault	Sheridan Michaud	Green Bay Preble	11' 9"	3rd	D1
Pole Vault	Jensen Van Duyse	Green Bay Preble	11' 6"	4th	D1
Shot Put	Erin Dunning	Ashwaubenon	46' 2.50"		D1 State Champ
Shot Put	Kris Lindow	Ashwaubenon	45' 4.5"	3rd	D1
Discus	Erin Dunning	Ashwaubenon	137' 6"	4th	D1
Discus	Kris Lindow	Ashwaubenon	132' 10"	5th	D1

2015

400M Dash	Grace Matzke	De Pere	57.76	4th	D1
100M Hurdles	Monique Felix	Sheboygan North	15.57	6th	D1
800M Relay		Bay Port	1:43.62	6th	D1
	Bailey Cisar, Margaret Knutson, Paige DuBois, Jenna Long				
1600M Relay		De Pere	3:58.31	6th	D1
	Margaret Miller, Kylie Arett, Lindsey Mirkes, Grace Matzke				
3200M Relay		Bay Port	9:24.06	5th	D1
	Nicole Hohn, Sophia Thibert, Hattie Plumb, Madeline Re				
High Jump	Natasha Hiedeman	Green Bay Southwest	5' 4"	5th	D1
Pole Vault	Kylie Swiekatowski	De Pere	12'	2nd	D1
Pole Vault	Shaelyn Opichka	De Pere	11' 6"	3rd	D1
Long Jump	Natasha Hiedeman	Green Bay Southwest	18' 7.5"	4th	D1
Triple Jump	Natasha Hiedeman	Green Bay Southwest	38' 7.50"		D1 State Champ
Triple Jump	Monique Felix	Sheboygan North	38' 1.75"	2nd	D1
Triple Jump	Sydney Otto	De Pere	38' .5"	3rd	D1
Shot Put	Erin Dunning	Ashwaubenon	43' 11.5"	2nd	D1
Shot Put	Kris Lindow	Ashwaubenon	43' 3"	3rd	D1
Shot Put	Isabella Samuels	Green Bay Preble	42' 3.25"	4th	D1
Shot Put	Margaret Wolowicz	Manitowoc	41' 11.5"	5th	D1

2014

100M Dash	Jenna Long	Bay Port	12.25	4th	D1
200M Dash	Amber Jackson	De Pere	25.05	5th	D1
200M Dash	Jenna Long	Bay Port	25.12	6th	D1
1600M Run	Kailyn Jessel	Pulaski	5:00.42	6th	D1
100M Hurdles	Jen Anderson	Bay Port	14.97	5th	D1
300M Hurdles	Monique Felix	Sheboygan North	45.25	5th	D1
400M Relay		De Pere	48.66	3rd	D1
	Corissa Wurth, Kylie Swiekatowski, Elyse Gmack, Amber Jackson				

800M Relay		Bay Port	1:42.81	5th	D1
	Lenai Moore, Paige DuBois, Ashleigh Buerger, Jenna Long				
3200M Relay		Bay Port	9:20.07	5th	D1
	Nicole Hohn, Maddie Re, Paige DuBois, Hattie Plumb				
Pole Vault	Shae Opichka	De Pere	11' 6"	4th	D1
Triple Jump	Natasha Hiedeman	Green Bay Southwest	38' 5.75"	D1 State Champ	
Triple Jump	Monique Felix	Sheboygan North	37' 3.25"	5th	D1
Shot Put	Isabella Samuels	Green Bay Preble	39' 9.5"	6th	D1

2013

100M Hurdles	Jen Anderson	Bay Port	15.36	5th	D1
400M Relay		Notre Dame Academy	50.28	6th	D2
	Veronica Letter, Halie Ferry, Malorri Walczyk, Melaina Rapisarda				
800M Relay		Bay Port	1:43.42	3rd	D1
	Kayla Kolar, Paige BuBois, Ashleigh Buregi, Jenna Long				
800M Relay		Notre Dame Academy	1:45.85	3rd	D2
	Veronica Letter, Halie Ferry, Malorri Walczyk, Melaina Rapisarda				
1600M Relay		Notre Dame Academy	3:58.7	2nd	D2
	Kristen Burkel, Liz Markland, Carly Barton, Malorri Walczyk				
3200M Relay		Notre Dame Academy	9:35.54	3rd	D2
	Carly Barton, Claire Skaletski, Kelley Gardipee, Kristen Burkel				
High Jump	Natasha Hiedeman	Green Bay Southwest	5' 2"	4th	D1
Pole Vault	Kylie Swiekatowski	De Pere	11' 6"	3rd	D1
Pole Vault	Alex Flucke	Ashwaubenon	11' 6"	5th	D1
Long Jump	Eliza Campbell	Notre Dame Academy	17' 1.5"	6th	D2
Triple Jump	Natasha Hiedeman	Green Bay Southwest	37' 9.75"	2nd	D1
Discus	Mallory Nickerson	Pulaski	126' 8"	4th	D1

2012

400M Dash	Kali Hackmann	Manitowoc	58.82	6th	D1
300M Hurdles	Jen Anderson	Bay Port	45.18	6th	D1
800M Relay		Notre Dame Academy	1:45.59	D2 State Champs	
	Melaina Rapisarda, Sabrina Rapisarda, Christina Stevenson, Malorri Walczyk				
1600M Relay		Notre Dame Academy	4:02.38	2nd	D2
	Carly Barton, Christina Stevenson, Katie Mares, Malorri Walczyk				
3200M Relay		Bay Port	9:25.93	5th	D1
	Sarah Maul, Gabrielle Pepin, Lindsay Vandermause, Brooke Jameson				
Triple Jump	Natasha Hiedeman	Green Bay Southwest	36' 5"	6th	D1

2011

400M Dash	Beth Dreikosen	Sheboygan North	58.56	6th	D1
1600M Run	Allie Woodward	Notre Dame Academy	4:54.25	2nd	D2
100M Hurdles	Kim Drewiske	Green Bay Preble	15.17	5th	D1

400M Relay		Pulaski	49.28	4th	D1
	Teagan Wernicke, Rachel Busjahn, Victoria Moss, Brittni Wirtz				
1600M Relay		Notre Dame Academy	4:03.51	6th	D2
	Carly Barton, Christina Stevenson, Katie Mares, Mallorie Walczyk				
High Jump	Fiona Baus	Bay Port	5' 4"	4th	D1
<i>Pole Vault</i>	<i>Alex Flucke</i>	<i>Ashwaubenon</i>	<i>12' 6"</i>		<i>D1 State Champ</i>
Pole Vault	Jessica Wiegert	De Pere	11' 3"	4th	D1

2010

400M Dash	Kate Hein	Notre Dame Academy	57.09	2nd	D2
<i>1600M Run</i>	<i>Allie Woodward</i>	<i>Notre Dame Academy</i>	<i>5:02.05</i>		<i>D2 State Champ</i>
<i>3200M Run</i>	<i>Allie Woodward</i>	<i>Notre Dame Academy</i>	<i>10:11.48</i>		<i>D2 State Champ</i>
100M Hurdles	Kim Drewiske	Green Bay Preble	15.73	5th	D1
1600M Relay		Notre Dame Academy	4:03.73	4th	D2
	Carly Barton, Christina Stevenson, Katie Mares, Kate Hein				
3200M Relay		Notre Dame Academy	9:37.83	2nd	D2
	Katie Mares, Tatum Snyder, Amber Davis, Allie Woodward				
High Jump	Fiona Baus	Bay Port	5' 2"	3rd	D1
Pole Vault	Alex Flucke	Ashwaubenon	11'	3rd	D1
Pole Vault	Jessica Wiegert	De Pere	10' 6"	4th	D1
Triple Jump	Kate Hein	Notre Dame Academy	34' 10.25"	5th	D2
Shot Put	Marissa Theys	Green Bay East	43' 1"	4th	D1

2009

800M Run	Steph Stock	Green Bay Preble	2:14.84	3rd	D1
800M Run	Deedra Irwin	Pulaski	2:17.52	5th	D1
<i>1600M Run</i>	<i>Becca Selner</i>	<i>Ashwaubenon</i>	<i>5:06.24</i>		<i>D1 State Champ</i>
1600M Run	Allie Woodward	Notre Dame Academy	5:05.90	6th	D2
3200M Run	Allie Woodward	Notre Dame Academy	11:04.69	4th	D2
3200M Run	Becca Selner	Ashwaubenon	11:03.18	5th	D1
100M Hurdles	Gina Gigot	Green Bay Preble	15.70	6th	D1
400M Relay		Green Bay Southwest	50.72	6th	D1
	Simba Lauro, Sarah Van Valkenburg, Lauren Mulrine, Alexa Wistenberg				
1600M Relay		Notre Dame Academy	4:03.84	4th	D2
	Sarah VanHemelryk, Haley Kirkhoff, Kate Hein, Jaide Hietpas				
Pole Vault	Brianna Baeten	Ashwaubenon	10' 9"	2nd	D1

2008

800M Run	Rachel Kaminski	Bay Port	2:15.89	5th	D1
<i>1600M Run</i>	<i>Rachael Kaminski</i>	<i>Bay Port</i>	<i>5:06.74</i>		<i>D1 State Champ</i>
3200M Relay		Green Bay Preble	9:29.85	6th	D1
	Katelyn Smith, Kaitlin Soukup, Becca Gusmer, Steph Stock				
<i>Pole Vault</i>	<i>Melissa Flucke</i>	<i>Ashwaubenon</i>	<i>11' 3"</i>		<i>D1 State Champ</i>
Discus	Rachel Breunig	Sheboygan South	125' 10"	4th	D1