

FRCC Girls Track and Field Individual State Champions

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time/Distance/Height</u>	<u>Division</u>
<u>1600M Run</u>				
2008	Rachael Kaminski	Bay Port	5:06.74	D1
2009	Becca Selner	Ashwaubenon	5:06.24	D1
2010	Allie Woodward	Notre Dame Academy	5:02.05	D2
<u>3200M Run</u>				
2010	Allie Woodward	Notre Dame Academy	10:11.48	D2* ¹
<u>400M Relay</u>				
2023		Notre Dame Academy	49.03	D2
	Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple			
2024		Notre Dame Academy	48.83	D2
	Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple			
<u>800M Relay</u>				
2012		Notre Dame Academy	1:45.59	D2
	Melaina Rapisarda, Sabrina Rapisarda, Christina Stevenson, Malorri Walczyk			
<u>Pole Vault</u>				
2008	Melissa Flucke	Ashwaubenon	11' 3"	D1
2011	Alex Flucke	Ashwaubenon	12' 6"	D1* ²
2016	Kylie Swiekatowski	De Pere	12' 7"	D1* ³
2018	Olivia Fabry	De Pere	12' 6"	D1
2019	Olivia Fabry	De Pere	12' 6"	D1
2022	Anna Schueller	Notre Dame Academy	11' 3"	D2
<u>Triple Jump</u>				
2014	Natasha Hiedeman	Green Bay Southwest	38' 5.75"	D1
2015	Natasha Hiedeman	Green Bay Southwest	38' 7.50"	D1
<u>Discus</u>				
2023	Thea Kral	Ashwaubenon	139' 4"	D1
2024	Thea Kral	Ashwaubenon	162' 6"	D1
2024	Sydney Whitehouse	Notre Dame Academy	127' 2"	D2
<u>Shot Put</u>				

2016	Erin Dunning	Ashwaubenon	46' 2.50"	D1
2024	Thea Kral	Ashwaubenon	46' 7.75"	D1

*¹ Current Division 2 State 3200M Run Record

*² State Pole Vault Record - held for 4 years.

*³ State Pole Vault Record - held for 4 years.