

Updated: 6-8-2025

FRCC Boys Track and Field Individual State Champions

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time/Distance/Height</u>	<u>Division</u>
<u>400M Dash</u>				
2009	Mike Wetzel	Ashwaubenon	48.95	D1
2010	Connor Stengel	Sheboygan North	48.24	D1
2016	Jose Guzman	Ashwaubenon	47.53	D1
2017	Jose Guzman	Ashwaubenon	47.89	D1
<u>800M Run</u>				
2025	Joseph Hunt	Notre Dame Academy	1:53.60	D2
<u>1600M Run</u>				
2017	Tanner Wagner	Ashwaubenon	4:15.77	D1
2025	Grady Lenn	De Pere	4:01.79	D1* ⁴
<u>3200M Run</u>				
2025	Grady Lenn	De Pere	8:52.79	D1* ⁵
<u>110M High Hurdles</u>				
2008	Jim Hodgson	De Pere	14.42	D1
<u>300M Intermediate Hurdles</u>				
2011	Thurgood Dennis	Notre Dame Academy	38.12	D2
2015	Eric Fogltanz	Manitowoc	37.82	D1
2021	Luke Schroeder	Ashwaubenon	38.07	D1
<u>400M Relay</u>				
2013		Green Bay Preble	41.98	D1* ¹
Robert Starnes, Will Daniels, Corey Cegelski, Jake Wallenfang				
<u>1600M Relay</u>				
2015		Ashwaubenon	3:18.74	D1
James Morgan, Jose Guzman, Nate Holly, Jon Gregory				
<u>3200M Relay</u>				
2023		Notre Dame Academy	8:00.16	D2
Joe Stumpf, Federrico Auricchio, Joe Hunt, Isaac Nowak				
<u>High Jump</u>				
2011	Mike Fisher	Green Bay East	6' 8"	D1

2015	Zachery Lorbeck	Bay Port	6' 7"	D1
<u>Pole Vault</u>				
2013	Jake Wallenfang	Green Bay Preble	16' 0"	D1* ²
2015	Dan Becker	Sheboygan North	15' 0"	D1
2017	Lucas McCormick	Green Bay Preble	15' 3"	D1
2024	Augustus Counard-Ciechan	Green Bay Preble	16' 1"	D1
<u>Long Jump</u>				
2014	Robert Starnes	Green Bay Preble	23' 5.25"	D1
2015	Zachery Lorbeck	Bay Port	23' 3"	D1
2017	Cordell Tinch	Bay Port	24' 2.25"	D1
<u>Triple Jump</u>				
2017	Cordell Tinch	Bay Port	49' 2.25"	D1* ³
2024	Andrew Cartier	De Pere	48' 5.25"	D1
2025	Andrew Cartier	De Pere	47' 5.50"	D1
<u>Discus</u>				
2015	Cole Van Lanen	Bay Port	183' 8"	D1
2023	James Flanigan	Notre Dame Academy	177' 10"	D2
2025	James Flanigan	Notre Dame Academy	188' 5"	D2
<u>Shot Put</u>				
2011	Kaleb Wendricks	Bay Port	60' 1.75"	D1
2015	Cole Van Lanen	Bay Port	62' 0"	D1
2016	Cole Van Lanen	Bay Port	59' 10.75"	D1
2024	James Flanigan	Notre Dame Academy	59' 0.75"	D2
2025	James Flanigan	Notre Dame Academy	59' 7.00"	D2

*¹ Broke State 400M Relay Record in the prelims with a time of 41.50 - held for 5 years.

*² Broke State Pole Vault Record - held for 1 year.

*³ Current State Triple Jump Record

*⁴ Current State 1600m Run Record

*⁵ Current State 3200m Run Record