

## FRCC Girls Track and Field WIAA State Podium Finishes

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time/Dist./Hgt.</u>	<u>Place</u>	<u>Division</u>
<b><u>2025</u></b>					
200M Dash	<b>Olivia Sprangers</b>	Pulaski	25.11	6th	D1
400M Dash	<b>Tessa Campbell</b>	Manitowoc	56.70	3rd	D1
400M Dash	<b>Aubrey Kopling</b>	De Pere	57.67	5th	D1
800M Run	<b>Emerson Fabry</b>	Pulaski	2:14.13	5th	D1
800M Relay		Pulaski	1:42.35	3rd	D1
	<b>Addison Krueger, Lily Urben, Faye Brunke, Olivia Sprangers</b>				
1600M Relay		Manitowoc	3:58.22	6th	D1
	<b>Calla Eichmann, Breanna Jansky, Khloe Jalbert, Tessa Campbell</b>				
High Jump	<b>Adah Danen</b>	Notre Dame Academy	5' 5"	4th	D2
<i>Discus</i>	<i>Thea Kral</i>	<i>Ashwaubenon</i>	<i>156' 8"</i>		<i>D1 State Champ</i>
<i>Shot Put</i>	<i>Thea Kral</i>	<i>Ashwaubenon</i>	<i>47' 2.25"</i>		<i>D1 State Champ</i>
<b><u>2024</u></b>					
100M Dash	<b>Danika Apple</b>	Notre Dame Academy	12.38	2nd	D2
200M Dash	<b>Danika Apple</b>	Notre Dame Academy	25.24	4th	D2
400M Dash	<b>Tessa Campbell</b>	Manitowoc	57.17	6h	D1
<b>400M Relay</b>		<b>Notre Dame Academy</b>	<b>48.83</b>		<b>D2 State Champs</b>
	<b>Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple</b>				
1600M Relay		Notre Dame Academy	4:00.22	6th	D2
	<b>Evangelica Dosh, Anna Miller, Francine Boateng, Sydney Whitehouse, Madeline Rose, Reagan Gosa</b>				
<i>Shot Put</i>	<i>Thea Kral</i>	<i>Ashwaubenon</i>	<i>46' 7.75"</i>		<i>D1 State Champ</i>
Shot Put	<b>Destiny Duesterbeck</b>	Sheboygan North	43' 1.75"	2nd	D1
Shot Put	<b>Delaney King</b>	Green Bay Southwest	40' 10"	5th	D1
<i>Discus</i>	<i>Thea Kral</i>	<i>Ashwaubenon</i>	<i>162' 6"</i>		<i>D1 State Champ</i>
Discus	<b>Lauren Mader</b>	Ashwaubenon	142' 3"	3rd	D1
<i>Discus</i>	<i>Sydney Whitehouse</i>	<i>Notre Dame Academy</i>	<i>127' 2"</i>		<i>D2 State Champ</i>
<b><u>2023</u></b>					
100M Hurdles	<b>Jillian Anderson</b>	Bay Port	14.87	4th	D1
<b>400M Relay</b>		<b>Notre Dame Academy</b>	<b>49.03</b>		<b>D2 State Champs</b>
	<b>Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple</b>				
400M Relay		Bay Port	48.27	2nd	D1
	<b>Jillian Anderson, Neveah Johnson, McKenna Sedlacek, Isabelle Denny, Chania Tinch, Jolie Jacques</b>				
800M Relay		Bay Port	1:43.24	5th	D1

**Jillian Anderson, Neveah Johnson, McKenna Sedlacek, Isabelle Denny, Emerson Moreau, Jolie Jacques**

Pole Vault	<b>Megan Dorsey</b>	De Pere	11'	5th	D1
Triple Jump	<b>Cirena Taylor-Marquardt</b>	Green Bay Preble	37' 1"	6th	D1
<b>Discus</b>	<b>Thea Kral</b>	<b>Ashwaubenon</b>	<b>139' 4"</b>		<b>D1 State Champ</b>

**2022**

400M Dash	<b>Tessa Campbell</b>	Manitowoc	58.90	6th	D1
300M Hurdles	<b>Kyla Hendricks</b>	Bay Port	45.53	5th	D1
400M Relay		Notre Dame Academy	49.89	2nd	D2
	<b>Greta Fogarty, Isabella Ricci, Sydney Whitehouse, Danika Apple, Madeline Rose, Maria Nolle</b>				

1600M Relay		Bay Port	4:04.47	5th	D1
	<b>Natasha Johnson, Kyla Hendricks, Abby LaRange, Neveah Johnson, Madeline Thoreson, Jolie Jacques</b>				
<b>Pole Vault</b>	<b>Anna Schueller</b>	<b>Notre Dame Academy</b>	<b>11' 3"</b>		<b>D2 State Champ</b>

**2021**

1600M Run	<b>Molly Desotell</b>	Notre Dame Academy	5:00.21	3rd	D1
High Jump	<b>Kathryn Thomas</b>	Bay Port	5' 2"	4th	D1
High Jump	<b>Ella Meeuwssen</b>	Bay Port	5'	6th	D1
Discus	<b>Maggie Gallagher</b>	Notre Dame Academy	113' 6"	6th	D1

**2020**

**No Meet Held (Covid)**

**2019**

1600M Run	<b>Sage Wagner</b>	Ashwaubenon	4:56.22	2nd	D1
800M Relay		Pulaski	1:43.80	5th	D1
	<b>Kayla Lipsey, Gianna Kornaus, Leighann Binkowski, Maddy Karcz</b>				
1600M Relay		Notre Dame Academy	4:06.45	6th	D2
	<b>Ellie Rose, Anna Gruesen, Georgia Gregoire Katarina Geyer</b>				
High Jump	<b>Ella Meeuwssen</b>	Bay Port	5' 6"	3rd	D1
<b>Pole Vault</b>	<b>Olivia Fabry</b>	<b>De Pere</b>	<b>12' 6"</b>		<b>D1 State Champ</b>
Pole Vault	<b>Grace Kowalkowski</b>	De Pere	11' 6"	3rd	D1
Long Jump	<b>Ellie Rose</b>	Notre Dame Academy	17' 11"	3rd	D2

**2018**

100M Dash	<b>Grace Matzke</b>	De Pere	12.43	6th	D1
200M Dash	<b>Grace Matzke</b>	De Pere	25.64	6th	D1
<b>Pole Vault</b>	<b>Olivia Fabry</b>	<b>De Pere</b>	<b>12' 6"</b>		<b>D1 State Champ</b>
Pole Vault	<b>Grace kowalkowski</b>	De Pere	12'	3rd	D1
Pole Vault	<b>Olivia Mabry</b>	Bay Port	11' 6"	5th	D1

**2017**

800M Relay		Manitowoc	1:42.70	5th	D1
	<b>Emily Dawidowich, Occanna Spencer, Nicole Parrish, Shelby Nickels</b>				
400M Relay		Manitowoc	48.65	2nd	D1
	<b>Emily Dawidowich, Occanna Spencer, Nicole Parrish, Shelby Nickels</b>				
High Jump	<b>Lindsey Mirkes</b>	De Pere	5' 6"	2nd	D1
Pole Vault	<b>Grace Kowalkowski</b>	De Pere	12' 3"	3rd	D1
Pole Vault	<b>Olivia Fabry</b>	De Pere	12'	4th	D1
Pole Vault	<b>Olivia Mabry</b>	Bay Port	11' 6"	6th	D1
Long Jump	<b>Shelby Nickels</b>	Manitowoc	18' 5.5"	5th	D1
Shot Put	<b>Erin Dunning</b>	Ashwaubenon	47' 3.25"	2nd	D1
Discus	<b>Erin Dunning</b>	Ashwaubenon	130' 9"	3rd	D1

**2016**

3200M Run	<b>Annika Linzmeier</b>	Pulaski	11:08.40	3rd	D1
100M Hurdles	<b>Hayley Winzenried</b>	Green Bay Preble	15.63	6th	D1
High Jump	<b>Lindsey Mirkes</b>	De Pere	5' 6"	2nd	D1
<i>Pole Vault</i>	<b>Kylie Swiekatowski</b>	<i>De Pere</i>	<b>12' 7"</b>	<b>D1 State Champ</b>	
Pole Vault	<b>Grace Kowalkowski</b>	De Pere	12'	2nd	D1
Pole Vault	<b>Sheridan Michaud</b>	Green Bay Preble	11' 9"	3rd	D1
Pole Vault	<b>Jensen Van Duyse</b>	Green Bay Preble	11' 6"	4th	D1
<i>Shot Put</i>	<b>Erin Dunning</b>	<i>Ashwaubenon</i>	<b>46' 2.50"</b>	<b>D1 State Champ</b>	
Shot Put	<b>Kris Lindow</b>	Ashwaubenon	45' 4.5"	3rd	D1
Discus	<b>Erin Dunning</b>	Ashwaubenon	137' 6"	4th	D1
Discus	<b>Kris Lindow</b>	Ashwaubenon	132' 10"	5th	D1

**2015**

400M Dash	<b>Grace Matzke</b>	De Pere	57.76	4th	D1
100M Hurdles	<b>Monique Felix</b>	Sheboygan North	15.57	6th	D1
800M Relay		Bay Port	1:43.62	6th	D1
	<b>Bailey Cisar, Margaret Knutson, Paige DuBois, Jenna Long</b>				
1600M Relay		De Pere	3:58.31	6th	D1
	<b>Margaret Miller, Kylie Arett, Lindsey Mirkes, Grace Matzke</b>				
3200M Relay		Bay Port	9:24.06	5th	D1
	<b>Nicole Hohn, Sophia Thibert, Hattie Plumb, Madeline Re</b>				
High Jump	<b>Natasha Hiedeman</b>	Green Bay Southwest	5' 4"	5th	D1
Pole Vault	<b>Kylie Swiekatowski</b>	De Pere	12'	2nd	D1
Pole Vault	<b>Shaelyn Opichka</b>	De Pere	11' 6"	3rd	D1
Long Jump	<b>Natasha Hiedeman</b>	Green Bay Southwest	18' 7.5"	4th	D1
<i>Triple Jump</i>	<b>Natasha Hiedeman</b>	<i>Green Bay Southwest</i>	<b>38' 7.50"</b>	<b>D1 State Champ</b>	
Triple Jump	<b>Monique Felix</b>	Sheboygan North	38' 1.75"	2nd	D1
Triple Jump	<b>Sydney Otto</b>	De Pere	38' .5"	3rd	D1
Shot Put	<b>Erin Dunning</b>	Ashwaubenon	43' 11.5"	2nd	D1

Shot Put	<b>Kris Lindow</b>	Ashwaubenon	43' 3"	3rd	D1
Shot Put	<b>Isabella Samuels</b>	Green Bay Preble	42' 3.25"	4th	D1
Shot Put	<b>Margaret Wolowicz</b>	Manitowoc	41' 11.5"	5th	D1

### **2014**

100M Dash	<b>Jenna Long</b>	Bay Port	12.25	4th	D1
200M Dash	<b>Amber Jackson</b>	De Pere	25.05	5th	D1
200M Dash	<b>Jenna Long</b>	Bay Port	25.12	6th	D1
1600M Run	<b>Kailyn Jessel</b>	Pulaski	5:00.42	6th	D1
100M Hurdles	<b>Jen Anderson</b>	Bay Port	14.97	5th	D1
300M Hurdles	<b>Monique Felix</b>	Sheboygan North	45.25	5th	D1
400M Relay		De Pere	48.66	3rd	D1

**Corissa Wurth, Kylie Swiekatowski, Elyse Gmack, Amber Jackson**

800M Relay		Bay Port	1:42.81	5th	D1
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**Lenai Moore, Paige DuBois, Ashleigh Buergi, Jenna Long**

3200M Relay		Bay Port	9:20.07	5th	D1
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**Nicole Hohn, Maddie Re, Paige DuBois, Hattie Plumb**

Pole Vault	<b>Shae Opichka</b>	De Pere	11' 6"	4th	D1
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**Triple Jump** *Natasha Hiedeman* **Green Bay Southwest** **38' 5.75"** **D1 State Champ**

Triple Jump	<b>Monique Felix</b>	Sheboygan North	37' 3.25"	5th	D1
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Shot Put	<b>Isabella Samuels</b>	Green Bay Preble	39' 9.5"	6th	D1
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### **2013**

100M Hurdles	<b>Jen Anderson</b>	Bay Port	15.36	5th	D1
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400M Relay		Notre Dame Academy	50.28	6th	D2
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**Veronica Letter, Halie Ferry, Malorri Walczyk, Melaina Rapisarda**

800M Relay		Bay Port	1:43.42	3rd	D1
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**Kayla Kolar, Paige BuBois, Ashleigh Buregi, Jenna Long**

800M Relay		Notre Dame Academy	1:45.85	3rd	D2
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**Veronica Letter, Halie Ferry, Malorri Walczyk, Melaina Rapisarda**

1600M Relay		Notre Dame Academy	3:58.7	2nd	D2
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**Kristen Burkel, Liz Markland, Carly Barton, Malorri Walczyk**

3200M Relay		Notre Dame Academy	9:35.54	3rd	D2
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**Carly Barton, Claire Skaletski, Kelley Gardipee, Kristen Burkel**

High Jump	<b>Natasha Hiedeman</b>	Green Bay Southwest	5' 2"	4th	D1
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Pole Vault	<b>Kylie Swiekatowski</b>	De Pere	11' 6"	3rd	D1
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Pole Vault	<b>Alex Flucke</b>	Ashwaubenon	11' 6"	5th	D1
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Long Jump	<b>Eliza Campbell</b>	Notre Dame Academy	17' 1.5"	6th	D2
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Triple Jump	<b>Natasha Hiedeman</b>	Green Bay Southwest	37' 9.75"	2nd	D1
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Discus	<b>Mallory Nickerson</b>	Pulaski	126' 8"	4th	D1
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### **2012**

400M Dash	<b>Kali Hackmann</b>	Manitowoc	58.82	6th	D1
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300M Hurdles	<b>Jen Anderson</b>	Bay Port	45.18	6th	D1
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**800M Relay** *Notre Dame Academy* **1:45.59** **D2 State Champs**  
*Melaina Rapisarda, Sabrina Rapisarda, Christina Stevenson, Malorri Walczyk*

1600M Relay Notre Dame Academy 4:02.38 2nd D2  
**Carly Barton, Christina Stevenson, Katie Mares, Malorri Walczyk**  
 3200M Relay Bay Port 9:25.93 5th D1  
**Sarah Maul, Gabrielle Pepin, Lindsay Vandermause, Brooke Jameson**  
 Triple Jump **Natasha Hiedeman** Green Bay Southwest 36' 5" 6th D1

**2011**

400M Dash **Beth Dreikosen** Sheboygan North 58.56 6th D1  
 1600M Run **Allie Woodward** Notre Dame Academy 4:54.25 2nd D2  
 100M Hurdles **Kim Drewiske** Green Bay Preble 15.17 5th D1

400M Relay Pulaski 49.28 4th D1  
**Teagan Wernicke, Rachel Busjahn, Victoria Moss, Brittni Wirtz**

1600M Relay Notre Dame Academy 4:03.51 6th D2  
**Carly Barton, Christina Stevenson, Katie Mares, Mallorie Walczyk**

High Jump **Fiona Baus** Bay Port 5' 4" 4th D1

**Pole Vault** **Alex Flucke** *Ashwaubenon* **12' 6"** **D1 State Champ**

Pole Vault **Jessica Wiegert** De Pere 11' 3" 4th D1

**2010**

400M Dash **Kate Hein** Notre Dame Academy 57.09 2nd D2

**1600M Run** **Allie Woodward** *Notre Dame Academy* **5:02.05** **D2 State Champ**

**3200M Run** **Allie Woodward** *Notre Dame Academy* **10:11.48** **D2 State Champ**

100M Hurdles **Kim Drewiske** Green Bay Preble 15.73 5th D1

1600M Relay Notre Dame Academy 4:03.73 4th D2  
**Carly Barton, Christina Stevenson, Katie Mares, Kate Hein**

3200M Relay Notre Dame Academy 9:37.83 2nd D2  
**Katie Mares, Tatum Snyder, Amber Davis, Allie Woodward**

High Jump **Fiona Baus** Bay Port 5' 2" 3rd D1

Pole Vault **Alex Flucke** Ashwaubenon 11' 3rd D1

Pole Vault **Jessica Wiegert** De Pere 10' 6" 4th D1

Triple Jump **Kate Hein** Notre Dame Academy 34' 10.25" 5th D2

Shot Put **Marissa Theys** Green Bay East 43' 1" 4th D1

**2009**

800M Run **Steph Stock** Green Bay Preble 2:14.84 3rd D1

800M Run **Deedra Irwin** Pulaski 2:17.52 5th D1

**1600M Run** **Becca Selner** *Ashwaubenon* **5:06.24** **D1 State Champ**

1600M Run **Allie Woodward** Notre Dame Academy 5:05.90 6th D2

3200M Run **Allie Woodward** Notre Dame Academy 11:04.69 4th D2

3200M Run **Becca Selner** Ashwaubenon 11:03.18 5th D1

100M Hurdles **Gina Gigot** Green Bay Preble 15.70 6th D1

400M Relay		Green Bay Southwest	50.72	6th	D1
	<b>Simba Lauro, Sarah Van Valkenburg, Lauren Mulrine, Alexa Wistenberg</b>				
1600M Relay		Notre Dame Academy	4:03.84	4th	D2
	<b>Sarah VanHemelryk, Haley Kirkhoff, Kate Hein, Jaide Hietpas</b>				
Pole Vault	<b>Brianna Baeten</b>	Ashwaubenon	10' 9"	2nd	D1

**2008**

800M Run	<b>Rachel Kaminski</b>	Bay Port	2:15.89	5th	D1
<b><i>1600M Run</i></b>	<b><i>Rachael Kaminski</i></b>	<b><i>Bay Port</i></b>	<b><i>5:06.74</i></b>	<b><i>D1 State Champ</i></b>	
3200M Relay		Green Bay Preble	9:29.85	6th	D1
	<b>Katelyn Smith, Kaitlin Soukup, Becca Gusmer, Steph Stock</b>				
<b><i>Pole Vault</i></b>	<b><i>Melissa Flucke</i></b>	<b><i>Ashwaubenon</i></b>	<b><i>11' 3"</i></b>	<b><i>D1 State Champ</i></b>	
Discus	<b>Rachel Breunig</b>	Sheboygan South	125' 10"	4th	D1