



FRCC Boys Track and Field Individual State Champions

Updated: 6-27-2026

<u>Year</u>	<u>Name</u>	<u>School</u>	<u>Time/Distance/Height</u>	<u>Division</u>
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400M Dash

2009	Mike Wetzel	Ashwaubenon	48.95	D1
2010	Connor Stengel	Sheboygan North	48.24	D1
2016	Jose Guzman	Ashwaubenon	47.53	D1
2017	Jose Guzman	Ashwaubenon	47.89	D1

800M Run

2025	Joseph Hunt	Notre Dame Academy	1:53.60	D2
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1600M Run

2017	Tanner Wagner	Ashwaubenon	4:15.77	D1
2025	Grady Lenn	De Pere	4:01.79	D1 ^{*4}
2026	Grady Lenn	De Pere	4:03.09	D1

3200M Run

2025	Grady Lenn	De Pere	8:52.79	D1
2026	Grady Lenn	De Pere	8:49.15	D1 ^{*5}

110M High Hurdles

2008	Jim Hodgson	De Pere	14.42	D1
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300M Intermediate Hurdles

2011	Thurgood Dennis	Notre Dame Academy	38.12	D2
2015	Eric Fogltanz	Manitowoc	37.82	D1
2021	Luke Schroeder	Ashwaubenon	38.07	D1
2026	Keaton Dauk	Pulaski	37.91	D1

400M Relay

2013	Green Bay Preble	41.98	D1 ^{*1}
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Robert Starnes, Will Daniels, Corey Cegelski, Jake Wallenfang

1600M Relay

2015	Ashwaubenon	3:18.74	D1
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James Morgan, Jose Guzman, Nate Holly, Jon Gregory

3200M Relay

2023	Notre Dame Academy	8:00.16	D2
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Joe Stumpf, Federrico Auricchio, Joe Hunt, Isaac Nowak

High Jump

2011	Mike Fisher	Green Bay East	6' 8"	D1
2015	Zachery Lorbeck	Bay Port	6' 7"	D1

Pole Vault

2013	Jake Wallenfang	Green Bay Preble	16' 0"	D1* ²
2015	Dan Becker	Sheboygan North	15' 0"	D1
2017	Lucas McCormick	Green Bay Preble	15' 3"	D1
2024	Augustus Counard-Ciechan	Green Bay Preble	16' 1"	D1

Long Jump

2014	Robert Starnes	Green Bay Preble	23' 5.25"	D1
2015	Zachery Lorbeck	Bay Port	23' 3"	D1
2017	Cordell Tinch	Bay Port	24' 2.25"	D1

Triple Jump

2017	Cordell Tinch	Bay Port	49' 2.25"	D1* ³
2024	Andrew Cartier	De Pere	48' 5.25"	D1
2025	Andrew Cartier	De Pere	47' 5.50"	D1

Discus

2015	Cole Van Lanen	Bay Port	183' 8"	D1
2023	James Flanigan	Notre Dame Academy	177' 10"	D2
2025	James Flanigan	Notre Dame Academy	188' 5"	D2
2026	Richie Flanigan	De Pere	176' 8"	D2

Shot Put

2011	Kaleb Wendricks	Bay Port	60' 1.75"	D1
2015	Cole Van Lanen	Bay Port	62' 0"	D1
2016	Cole Van Lanen	Bay Port	59' 10.75"	D1
2024	James Flanigan	Notre Dame Academy	59' 0.75"	D2
2025	James Flanigan	Notre Dame Academy	59' 7.00"	D2

*¹ Broke State 400M Relay Record in the prelims with a time of 41.50 - held for 5 years.

*² Broke State Pole Vault Record - held for 1 year.

*³ Current State Triple Jump Record

*⁴ Current State 1600m Run Record

*⁵ Current State 3200m Run Record, broke his own record from the previous year.