



FRCC Girls Track and Field WIAA State Podium Finishes

Updated: 6-27-2026

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time/Dist./Hgt.</u>	<u>Place</u>	<u>Division</u>
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2026

100M Hurdles	Jamyana Witte	Ashwaubenon	14.43	2nd	D1
Pole Vault	Lera Black	Ashwaubenon	13'3"	2nd	D1
400M Relay		Notre Dame	48.75	3rd	D2

Julia Nolle, Ella Wallner, Hannah West, Haley Blevins

100M Hurdles	Kaylin Thomson	West De Pere	14.55	4th	D1
300M Hurdles	Kaylin Thomson	West De Pere	44.49	4th	D1
800M Relay		Bay Port	1:41.51	4th	D1

Brooke Dorner, London LaBlonde, Trista Harju, Hailey Schroeder

400M Relay		Bay Port	47.57	4th	D1
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Mariana Nieto, London LaBlonde, Trista Harju, Hailey Schroeder

Triple Jump	Lera Black	Ashwaubenon	36'10.5"	5th	D1
800M Run	Emerson Fabry	Pulaski	2:14.11	5th	D1

2025

Discus	Thea Kral	Ashwaubenon	156' 8"	D1 State Champ	
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Shot Put	Thea Kral	Ashwaubenon	47' 2.25"	D1 State Champ	
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400M Dash	Tessa Campbell	Manitowoc	56.70	3rd	D1
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800M Relay		Pulaski	1:42.35	3rd	D1
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Addison Krueger, Lily Urben, Faye Brunke, Olivia Sprangers

High Jump	Adah Danen	Notre Dame Academy	5' 5"	4th	D2
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400M Dash	Aubrey Kopling	De Pere	57.67	5th	D1
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800M Run	Emerson Fabry	Pulaski	2:14.13	5th	D1
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200M Dash	Olivia Sprangers	Pulaski	25.11	6th	D1
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1600M Relay		Manitowoc	3:58.22	6th	D1
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Calla Eichmann, Breanna Jansky, Khloe Jalbert, Tessa Campbell

2024

400M Relay		Notre Dame Academy	48.83	D2 State Champs	
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Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple

Shot Put	Thea Kral	Ashwaubenon	46' 7.75"	D1 State Champ	
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Discus	Thea Kral	Ashwaubenon	162' 6"	D1 State Champ	
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Discus	Sydney Whitehouse	Notre Dame Academy	127' 2"	D2 State Champ	
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100M Dash	Danika Apple	Notre Dame Academy	12.38	2nd	D2
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Shot Put	Destiny Duesterbeck	Sheboygan North	43' 1.75"	2nd	D1
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Discus	Lauren Mader	Ashwaubenon	142' 3"	3rd	D1
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200M Dash	Danika Apple	Notre Dame Academy	25.24	4th	D2
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Shot Put	Delaney King	Green Bay Southwest	40' 10"	5th	D1
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400M Dash	Tessa Campbell	Manitowoc	57.17	6h	D1
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1600M Relay		Notre Dame Academy	4:00.22	6th	D2
	Evangelica Dosh, Anna Miller, Francine Boateng, Sydney Whitehouse, Madeline Rose, Reagan Gosa				

2023

400M Relay		<i>Notre Dame Academy</i>	49.03		D2 State Champs
	Julia Nolle, Madeline Rose, Sydney Whitehouse, Danika Apple				

Discus	Thea Kral	Ashwaubenon	139' 4"		D1 State Champ
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400M Relay		Bay Port	48.27	2nd	D1
	Jillian Anderson, Neveah Johnson, McKenna Sedlacek, Isabelle Denny, Chania Tinch, Jolie Jacques				

100M Hurdles	Jillian Anderson	Bay Port	14.87	4th	D1
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800M Relay		Bay Port	1:43.24	5th	D1
	Jillian Anderson, Neveah Johnson, McKenna Sedlacek, Isabelle Denny, Emerson Moreau, Jolie Jacques				

Pole Vault	Megan Dorsey	De Pere	11'	5th	D1
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Triple Jump	Cirena Taylor-Marquardt	Green Bay Preble	37' 1"	6th	D1
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2022

Pole Vault	Anna Schueller	Notre Dame Academy	11' 3"		D2 State Champ
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400M Relay		Notre Dame Academy	49.89	2nd	D2
	Greta Fogarty, Isabella Ricci, Sydney Whitehouse, Danika Apple, Madeline Rose, Maria Nolle				

300M Hurdles	Kyla Hendricks	Bay Port	45.53	5th	D1
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1600M Relay		Bay Port	4:04.47	5th	D1
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Natasha Johnson, Kyla Hendricks, Abby LaRange, Neveah Johnson, Madeline Thoreson, Jolie Jacques

400M Dash	Tessa Campbell	Manitowoc	58.90	6th	D1
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2021

1600M Run	Molly Desotell	Notre Dame Academy	5:00.21	3rd	D1
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High Jump	Kathryn Thomas	Bay Port	5' 2"	4th	D1
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High Jump	Ella Meeuwsen	Bay Port	5'	6th	D1
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Discus	Maggie Gallagher	Notre Dame Academy	113' 6"	6th	D1
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2020

No Meet Held (Covid)

2019

Pole Vault	Olivia Fabry	De Pere	12' 6"		D1 State Champ
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1600M Run	Sage Wagner	Ashwaubenon	4:56.22	2nd	D1
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High Jump	Ella Meeuwsen	Bay Port	5' 6"	3rd	D1
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Pole Vault	Grace Kowalkowski	De Pere	11' 6"	3rd	D1
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Long Jump	Ellie Rose	Notre Dame Academy	17' 11"	3rd	D2
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800M Relay	Pulaski	1:43.80	5th	D1
Kayla Lipsey, Gianna Kornauss, Leighann Binkowski, Maddy Karcz				
1600M Relay	Notre Dame Academy	4:06.45	6th	D2
Ellie Rose, Anna Gruesen, Georgia Gregoire Katarina Geyer				

2018

<i>Pole Vault</i>	<i>Olivia Fabry</i>	<i>De Pere</i>	<i>12' 6"</i>	<i>D1 State Champ</i>
Pole Vault	Grace kowalkowski	De Pere	12'	3rd D1
Pole Vault	Olivia Mabry	Bay Port	11' 6"	5th D1
100M Dash	Grace Matzke	De Pere	12.43	6th D1
200M Dash	Grace Matzke	De Pere	25.64	6th D1

2017

400M Relay	Manitowoc	48.65	2nd	D1
Emily Dawidowich, Occanna Spencer, Nicole Parrish, Shelby Nickels				
High Jump	Lindsey Mirkes	De Pere	5' 6"	2nd D1
Shot Put	Erin Dunning	Ashwaubenon	47' 3.25"	2nd D1
Pole Vault	Grace Kowalkowski	De Pere	12' 3"	3rd D1
Discus	Erin Dunning	Ashwaubenon	130' 9"	3rd D1Long
Pole Vault	Olivia Fabry	De Pere	12'	4th D1
Jump	Shelby Nickels	Manitowoc	18' 5.5"	5th D1
800M Relay	Manitowoc	1:42.70	5th	D1
Emily Dawidowich, Occanna Spencer, Nicole Parrish, Shelby Nickels				
Pole Vault	Olivia Mabry	Bay Port	11' 6"	6th D1

2016

<i>Pole Vault</i>	<i>Kylie Swiekatowski</i>	<i>De Pere</i>	<i>12' 7"</i>	<i>D1 State Champ</i>
<i>Shot Put</i>	<i>Erin Dunning</i>	<i>Ashwaubenon</i>	<i>46' 2.50"</i>	<i>D1 State Champ</i>
High Jump	Lindsey Mirkes	De Pere	5' 6"	2nd D1
Pole Vault	Grace Kowalkowski	De Pere	12'	2nd D1
3200M Run	Annika Linzmeier	Pulaski	11:08.40	3rd D1
Pole Vault	Sheridan Michaud	Green Bay Preble	11' 9"	3rd D1
Shot Put	Kris Lindow	Ashwaubenon	45' 4.5"	3rd D1
Pole Vault	Jensen Van Duyse	Green Bay Preble	11' 6"	4th D1
Discus	Erin Dunning	Ashwaubenon	137' 6"	4th D1
Discus	Kris Lindow	Ashwaubenon	132' 10"	5th D1
100M Hurdles	Hayley Winzenried	Green Bay Preble	15.63	6th D1

2015

<i>Triple Jump</i>	<i>Natasha Hiedeman</i>	<i>Green Bay Southwest</i>	<i>38' 7.50"</i>	<i>D1 State Champ</i>
Pole Vault	Kylie Swiekatowski	De Pere	12'	2nd D1
Triple Jump	Monique Felix	Sheboygan North	38' 1.75"	2nd D1
Shot Put	Erin Dunning	Ashwaubenon	43' 11.5"	2nd D1
Pole Vault	Shaelyn Opichka	De Pere	11' 6"	3rd D1

Triple Jump	Sydney Otto	De Pere	38' .5"	3rd	D1
Shot Put	Kris Lindow	Ashwaubenon	43' 3"	3rd	D1
400M Dash	Grace Matzke	De Pere	57.76	4th	D1
Long Jump	Natasha Hiedeman	Green Bay Southwest	18' 7.5"	4th	D1
Shot Put	Isabella Samuels	Green Bay Preble	42' 3.25"	4th	D1
Shot Put	Margaret Wolowicz	Manitowoc	41' 11.5"	5th	D1
3200M Relay		Bay Port	9:24.06	5th	D1
	Nicole Hohn, Sophia Thibert, Hattie Plumb, Madeline Re				
High Jump	Natasha Hiedeman	Green Bay Southwest	5' 4"	5th	D1
100M Hurdles	Monique Felix	Sheboygan North	15.57	6th	D1
800M Relay		Bay Port	1:43.62	6th	D1
	Bailey Cisar, Margaret Knutson, Paige DuBois, Jenna Long				
1600M Relay		De Pere	3:58.31	6th	D1
	Margaret Miller, Kylie Arett, Lindsey Mirkes, Grace Matzke				

2014

<i>Triple Jump</i>	<i>Natasha Hiedeman</i>	<i>Green Bay Southwest</i>	<i>38' 5.75"</i>	<i>D1 State Champ</i>	
400M Relay		De Pere	48.66	3rd	D1
	Corissa Wurth, Kylie Swiekatowski, Elyse Gmack, Amber Jackson				
100M Dash	Jenna Long	Bay Port	12.25	4th	D1
Pole Vault	Shae Opichka	De Pere	11' 6"	4th	D1
200M Dash	Amber Jackson	De Pere	25.05	5th	D1
100M Hurdles	Jen Anderson	Bay Port	14.97	5th	D1
300M Hurdles	Monique Felix	Sheboygan North	45.25	5th	D1
800M Relay		Bay Port	1:42.81	5th	D1
	Lenai Moore, Paige DuBois, Ashleigh Buergi, Jenna Long				
3200M Relay		Bay Port	9:20.07	5th	D1
	Nicole Hohn, Maddie Re, Paige DuBois, Hattie Plumb				
Triple Jump	Monique Felix	Sheboygan North	37' 3.25"	5th	D1
200M Dash	Jenna Long	Bay Port	25.12	6th	D1
1600M Run	Kailyn Jessel	Pulaski	5:00.42	6th	D1
Shot Put	Isabella Samuels	Green Bay Preble	39' 9.5"	6th	D1

2013

1600M Relay		Notre Dame Academy	3:58.7	2nd	D2
	Kristen Burkel, Liz Markland, Carly Barton, Malorri Walczyk				
Triple Jump	Natasha Hiedeman	Green Bay Southwest	37' 9.75"	2nd	D1
800M Relay		Bay Port	1:43.42	3rd	D1
	Kayla Kolar, Paige BuBois, Ashleigh Buregi, Jenna Long				
800M Relay		Notre Dame Academy	1:45.85	3rd	D2
	Veronica Letter, Halie Ferry, Malorri Walczyk, Melaina Rapisarda				
3200M Relay		Notre Dame Academy	9:35.54	3rd	D2
	Carly Barton, Claire Skaletski, Kelley Gardipee, Kristen Burkel				

Pole Vault	Kylie Swiekatowski	De Pere	11' 6"	3rd	D1
High Jump	Natasha Hiedeman	Green Bay Southwest	5' 2"	4th	D1
Discus	Mallory Nickerson	Pulaski	126' 8"	4th	D1
100M Hurdles	Jen Anderson	Bay Port	15.36	5th	D1
Pole Vault	Alex Flucke	Ashwaubenon	11' 6"	5th	D1
400M Relay		Notre Dame Academy	50.28	6th	D2
	Veronica Letter, Halie Ferry, Malorri Walczyk, Melaina Rapisarda				
Long Jump	Eliza Campbell	Notre Dame Academy	17' 1.5"	6th	D2

2012

800M Relay *Notre Dame Academy* **1:45.59** **D2 State Champs**
Melaina Rapisarda, Sabrina Rapisarda, Christina Stevenson, Malorri Walczyk

1600M Relay		Notre Dame Academy	4:02.38	2nd	D2
	Carly Barton, Christina Stevenson, Katie Mares, Malorri Walczyk				
3200M Relay		Bay Port	9:25.93	5th	D1
	Sarah Maul, Gabrielle Pepin, Lindsay Vandermause, Brooke Jameson				
400M Dash	Kali Hackmann	Manitowoc	58.82	6th	D1
300M Hurdles	Jen Anderson	Bay Port	45.18	6th	D1
Triple Jump	Natasha Hiedeman	Green Bay Southwest	36' 5"	6th	D1

2011

Pole Vault	Alex Flucke	Ashwaubenon	12' 6"	D1 State Champ	
1600M Run	Allie Woodward	Notre Dame Academy	4:54.25	2nd	D2
400M Relay		Pulaski	49.28	4th	D1
	Teagan Wernicke, Rachel Busjahn, Victoria Moss, Brittnei Wirtz				
High Jump	Fiona Baus	Bay Port	5' 4"	4th	D1
Pole Vault	Jessica Wiegert	De Pere	11' 3"	4th	D1
100M Hurdles	Kim Drewiske	Green Bay Preble	15.17	5th	D1
400M Dash	Beth Dreikosen	Sheboygan North	58.56	6th	D1
1600M Relay		Notre Dame Academy	4:03.51	6th	D2
	Carly Barton, Christina Stevenson, Katie Mares, Mallorie Walczyk				

2010

1600M Run	Allie Woodward	Notre Dame Academy	5:02.05	D2 State Champ	
3200M Run	Allie Woodward	Notre Dame Academy	10:11.48	D2 State Champ	
400M Dash	Kate Hein	Notre Dame Academy	57.09	2nd	D2
3200M Relay		Notre Dame Academy	9:37.83	2nd	D2
	Katie Mares, Tatum Snyder, Amber Davis, Allie Woodward				
High Jump	Fiona Baus	Bay Port	5' 2"	3rd	D1
Pole Vault	Alex Flucke	Ashwaubenon	11'	3rd	D1
1600M Relay		Notre Dame Academy	4:03.73	4th	D2
	Carly Barton, Christina Stevenson, Katie Mares, Kate Hein				
Pole Vault	Jessica Wiegert	De Pere	10' 6"	4th	D1
Shot Put	Marissa Theys	Green Bay East	43' 1"	4th	D1

100M Hurdles	Kim Drewiske	Green Bay Preble	15.73	5th	D1
Triple Jump	Kate Hein	Notre Dame Academy	34' 10.25"	5th	D2

2009

1600M Run	Becca Selner	Ashwaubenon	5:06.24	D1 State Champ	
Pole Vault	Brianna Baeten	Ashwaubenon	10' 9"	2nd	D1
800M Run	Steph Stock	Green Bay Preble	2:14.84	3rd	D1
1600M Relay	Notre Dame Academy		4:03.84	4th	D2
	Sarah VanHemelryk, Haley Kirkhoff, Kate Hein, Jaide Hietpas				
3200M Run	Allie Woodward	Notre Dame Academy	11:04.69	4th	D2
800M Run	Deedra Irwin	Pulaski	2:17.52	5th	D1
3200M Run	Becca Selner	Ashwaubenon	11:03.18	5th	D1
1600M Run	Allie Woodward	Notre Dame Academy	5:05.90	6th	D2
100M Hurdles	Gina Gigot	Green Bay Preble	15.70	6th	D1
400M Relay	Green Bay Southwest		50.72	6th	D1
	Simba Lauro, Sarah Van Valkenburg, Lauren Mulrine, Alexa Wistenberg				

2008

1600M Run	Rachael Kaminski	Bay Port	5:06.74	D1 State Champ	
Pole Vault	Melissa Flucke	Ashwaubenon	11' 3"	D1 State Champ	
Discus	Rachel Breunig	Sheboygan South	125' 10"	4th	D1
800M Run	Rachel Kaminski	Bay Port	2:15.89	5th	D1
3200M Relay	Green Bay Preble		9:29.85	6th	D1
	Katelyn Smith, Kaitlin Soukup, Becca Gusmer, Steph Stock				