

## WISCONSIN VALLEY CONFERENCE STUDENT-ATHLETE SPOTLIGHT

**Student Name: Matthew Uphoff**  
**SCHOOL: Marshfield**  
**GRADE: 12**



**WVC SPORT(S): Soccer, Golf, Track & Field**

**FAVORITE CLASS: AP European History**

**BEST ADVICE RECEIVED FROM A COACH: To remember that it is a game and to enjoy it**

**FAVORITE PLACE TO COMPETE AT IN THE WISCONSIN VALLEY CONFERENCE AND WHY? The Marshfield stadium, nothing beats playing at home**

**WHAT IS YOUR FAVORITE HIGH SCHOOL SPORTS MEMORY: Scoring in the penalty shootout against Wausau East in the playoffs**



**WHAT TWO CHARACTERISTICS MAKE YOU A GOOD TEAMMATE OR LEADER: To communicate and never bring people down**

**COLLEGE OR POST-HIGH SCHOOL PLANS: To pursue engineering and play college soccer**

**WHAT IS YOUR FAVORITE QUOTE: "The only thing we have to fear is fear itself."**

**BEST ADVICE YOU WERE GIVEN AS AN INCOMING FRESHMAN: Have confidence and don't be afraid to make mistakes**

**COACHES NOMINATING THOUGHTS: *Matthew has always been a quiet leader, now in his second year as captain and a senior with an impressive track record. His direct contributions on the field are evident, while his indirect influence—whether through creating space with off-the-ball movement or applying high pressure to regain possession—are immeasurable. His partnership with Keegan in midfield has been a driving force, controlling the tempo in all seven matches this season.***

***Matthew is one of my most reliable players, playing full 80-minute games unless we're comfortably ahead. In those rare moments, he may switch positions or receive tactical adjustments.***