

WISCONSIN VALLEY CONFERENCE STUDENT-ATHLETE SPOTLIGHT

Wisconsin Rapids Lincoln Senior Cayden Saeger



WVC SPORT(S): Football & Track and Field

FAVORITE CLASS: Criminal Justice/Law

BEST ADVICE RECEIVED FROM A COACH: “How you do the little things is how you do everything, so treat the little things like they are big”.

FAVORITE PLACE TO COMPETE AT IN THE WISCONSIN VALLEY CONFERENCE AND WHY?

South Wood County Stadium because it always feels welcoming and a loud atmosphere. Nothing beats the home crowd.

WHAT IS YOUR FAVORITE HIGH SCHOOL SPORTS MEMORY:

Winning the WVC Championship in football my sophomore year.

WHAT TWO CHARACTERISTICS MAKE YOU A GOOD TEAMMATE OR LEADER:

Humility and Honesty

COLLEGE OR POST HIGH SCHOOL PLANS:

Go to a tech school and study criminal justice to eventually become a police officer.

WHAT IS YOUR FAVORITE QUOTE:

“It isn’t the mountain ahead to climb that wears you out; it’s the pebbles in your shoe”.

BEST ADVICE YOU WERE GIVEN AS AN INCOMING FRESHMAN:

You don’t get to the top by hoping, you have to go and get it.

COACHES NOMINATING THOUGHTS:

Cayden is a senior that tore his ACL during a scrimmage. Even with the setback, Cayden has been here everyday for practice and has been helping all the other running backs out. He is a leader/captain of our team and has been able to keep a great attitude toward everything even through his adversity. There is no player more deserving of recognition than Cayden Saeger. He is by far one of the hardest workers we have had in our program. This season did not go or end the way he wanted or wished, but that has not stopped him from being the fantastic person, leader, and C.H.A.M.P.I.O.N. that he is. Any team with 11 Cayden Saeger's would not just be a fantastic football team, but one with high character.

