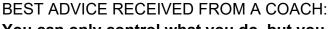
WISCONSIN VALLEY CONFERENCE STUDENT-ATHLETE SPOTLIGHT

Student Name: Tony Raczek
SCHOOL: SPASH
GRADE: Sophomore

WVC SPORT(S): Football, Swimming, and Baseball

FAVORITE CLASS: Math



You can only control what you do, but you can encourage your teammates to do better.

FAVORITE PLACE TO COMPETE AT IN THE WISCONSIN VALLEY CONFERENCE AND WHY? My favorite place to compete is the SPASH pool. Because I have swam a lot of good races in that pool.

WHAT IS YOUR FAVORITE HIGH SCHOOL SPORTS MEMORY:

My favorite high school sports memory so far is when my team and I went mini golfing the night before the sectional swim meet.

WHAT TWO CHARACTERISTICS MAKE YOU A GOOD TEAMMATE OR LEADER:

The two characteristics that make me a good teammate are my work ethic and encouragement. I am always trying to get my teammates to work up to their potential and push them to be better.

ATHLETE OF THE WEEK This is to Certify that the Wisconsin Valley Conference has Avarated Trong Rocerd. Athlete of the Week for the week of Lamin 23, 2005.

COLLEGE OR POST HIGH SCHOOL PLANS:

After high school, I plan to pursue a 4-year college degree and compete in a college sport.

WHAT IS YOUR FAVORITE QUOTE:

"One man can be a crucial ingredient on a team, but one man cannot make a team"-Kareem Abdul-Jabbar

BEST ADVICE YOU WERE GIVEN AS AN INCOMING FRESHMAN: **Just keep working.**