

WISCONSIN VALLEY CONFERENCE STUDENT-ATHLETE SPOTLIGHT

Student Name: Brynn Schepp
SCHOOL: Wausau East High School
GRADE: 12



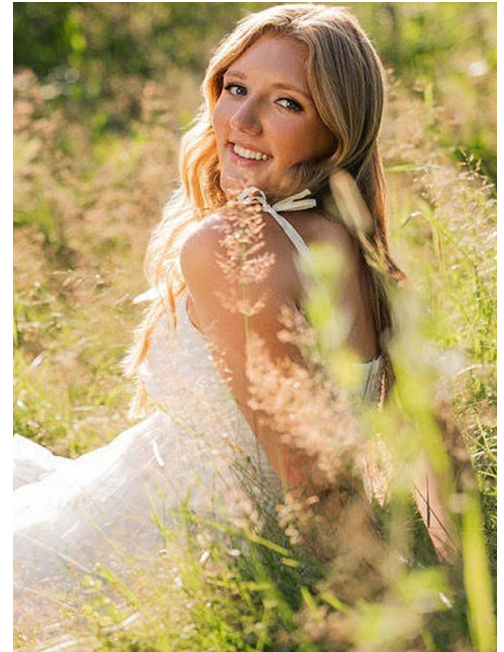
WVC SPORT(S): Girls Swimming and Lacrosse

FAVORITE CLASS: Anything Science

BEST ADVICE RECEIVED FROM A COACH: Don't become defeated by your failure but instead use it to prosper.

FAVORITE PLACE TO COMPETE AT IN THE WISCONSIN VALLEY CONFERENCE AND WHY? My favorite place would be playing at home. I love when my family and friends can come and cheer me on. I also enjoy having the advantage of knowing either the field or pool very well.

WHAT IS YOUR FAVORITE HIGH SCHOOL SPORTS MEMORY: I have plenty of amazing high school sports memories, but I would say my favorite memory is during my sophomore lacrosse season when our bus broke down after we won a game and we camped out during the day at a park and just bonded with everyone until we were able to get a new bus.



WHAT TWO CHARACTERISTICS MAKE YOU A GOOD TEAMMATE OR LEADER: I would have to say my two characteristics that make me a good teammate or leader are definitely my dedication and sportsmanship.

COLLEGE OR POST HIGH SCHOOL PLANS: I plan on attending Marquette University for their Nursing Program to eventually obtain my Bachelor's Degree in Nursing.

WHAT IS YOUR FAVORITE QUOTE: "But as for you, be strong and do not give up, for your work will be rewarded" - 2 Chronicles 15:7

BEST ADVICE YOU WERE GIVEN AS AN INCOMING FRESHMAN: To not get down on yourself after a loss but instead reflect and learn from your mistakes. A true athlete doesn't take a loss as a negative thing, but something to make them better.

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COACHES NOMINATING THOUGHTS: Brynn is one of our starting defenders. Because of that, stats rarely show her hard work. I'm honored to nominate her to showcase what she brings to the team. Her hustle, her attitude, her hard work and long history supporting the lacrosse program in Wausau are my top reasons for nominating Brynn.

One of our recent games was tough and pushing us to our limits. We were all frustrated and you could feel it in the huddle. After coaches shared their strategies, Brynn spoke up. She called us out on our negativity and asked us to get back in it, have fun and enjoy what we're doing. It was a simple request but it completely took us out of our slump and we came back to win that game in double overtime.

Her quick pep talk was a major part in focusing on what matters and the spirit of playing high school sports. It's not always fair, but that's not the point. The point is team camaraderie, discipline and trust. Brynn reminded us of that and helped lead us to a win; which makes the hard work and hustle all the more worth it!