

WISCONSIN VALLEY CONFERENCE STUDENT-ATHLETE SPOTLIGHT

Student Name: Lily Adler
SCHOOL: Marshfield
GRADE: 11



WVC SPORT(S): Volleyball, Basketball, Track & Field

FAVORITE CLASS: AP Psychology

BEST ADVICE RECEIVED FROM A COACH: A sport does not define who I am, so just have fun.

FAVORITE PLACE TO COMPETE AT IN THE WISCONSIN VALLEY CONFERENCE AND WHY? My favorite place to compete in the Wisconsin Valley Conference is at home. Our fieldhouse is a comfortable environment, and our outdoor track is excellent. I also enjoy competing at D.C. Everest—their remodeled gym and outdoor track provide a great atmosphere.



WHAT IS YOUR FAVORITE HIGH SCHOOL SPORTS MEMORY: Going to state for track was an incredible experience, even though I didn't compete, the environment was amazing. Another highlight was playing in the sectional final against SPASH in volleyball. It was the most fun game I've ever played because our team worked so hard and enjoyed every moment, even though we didn't come out on top.

WHAT TWO CHARACTERISTICS MAKE YOU A GOOD TEAMMATE OR LEADER: Positivity and commitment

COLLEGE OR POST HIGH SCHOOL PLANS: Occupational therapy at UW Lacrosse

WHAT IS YOUR FAVORITE QUOTE: Winning and losing isn't everything; sometimes, the journey is just as important as the outcome. -Alex Morgan

BEST ADVICE YOU WERE GIVEN AS AN INCOMING FRESHMAN: Surround yourself with good people

COACHES NOMINATING THOUGHTS: Lily showed steady growth throughout the season, elevating her performance to finish 5th in the conference in overall attack percentage and 7th in total blocks. Within our team, she led us in blocks and ranked 4th in kills. Her strong presence in the middle was a key reason we were able to push SPASH to five games in the regional final. Although we ultimately fell short, SPASH went on to qualify for state. We are proud that our conference recognized her impact by voting her 2nd Team All-Conference.