

## **2024 METRO GIRLS SWIM & DIVE ALL-METRO HONORS**

*The top six 3A finishers in each event are considered All-Metro*

*2A and 4A athletes who qualified for District at the meet are considered All-Metro*

Highlighted First Place results indicate Metro Meet Records

### 200 YARD MEDLEY RELAY:

First Place – Lakeside: Nora McCarthy (10), Brisa Gao (11), Caroline Cancelmo (12), Sadye Derstadt (12)

Second Place – Holy Names: Maisey Jarrett (11), Clare Weber (10), Ruthie Magnotti (11), Moira Williams (12)

Third Place – Seattle Prep: Megan Lauinger (11), Clare Effgen (10), Grace McGowan (11), Emilia Crocenzi (9)

Fourth Place – Roosevelt: Lyla Finocchio (11), Elise Torpey (11), Olive Clarke (12), Finley McIntosh (12)

Fifth Place – Ballard: Maddie Yovanovich (9), Penelope Guist (10), Alyson Chew (12), Mia Onkels (12)

Sixth Place – Garfield: Sophie Pham (11), Maddie Rivard (12), Kathryn Mertel (10), Galen Gruber (12)

### 200 YARD FREESTYLE:

First Place – Ella Jablonski (12), Lakeside

Second Place – Eliza Seibert (9), Lakeside

Third Place – Zoe Halffman (11), Seattle Prep

Fourth Place – Alexis Blume (11), Bishop Blanchet

Fifth Place – Maggie Seibert (10), Lakeside

Sixth Place – Greta Ambach (10), Roosevelt

### *2A/4A District Qualifying Times at Metro*

Aureole Chang (11), Lincoln

Chloey Wallace (9), Lincoln

Zoe Thorpe (12), Nathan Hale

Gabi Young (12), Nathan Hale

### 200 YARD IM:

First Place – Nora McCarthy (10), Lakeside

Second Place – Maddie Rivard (12), Garfield

Third Place – Maddie Yovanovich (9), Ballard

Fourth Place – Caroline Hooper (11), Holy Names

Fifth Place – Clare Effgen (10), Seattle Prep

Sixth Place – Clare Weber (10) Holy Names

### *2A/4A District Qualifying Times at Metro*

Matilda White (11), Lincoln

Maria Bull (11), Nathan Hale

### 50 YARD FREESTYLE:

First Place – Lane Gooding (12), Seattle Prep

Second Place – Sophie Pham (11), Garfield

Third Place – Moira Williams (12), Holy Names

Fourth Place – Caroline Cancelmo (12), Lakeside

Fifth Place – Vansea Barnett (9), Lakeside

Sixth Place – Noli Hall (12), Lakeside

*2A/4A District Qualifying Times at Metro*

Aureole Chang (11), Lincoln

Quincy Berg (10), Lincoln

Harper Matsumoto (12), Nathan Hale

Chloey Wallace (9), Lincoln

Kaylin Jones (12), Nathan Hale

Chloe Wies (10), Nathan Hale

Elena Kussman-Carter (12), Chief Sealth

Hana Volk (12), Nathan Hale

1 MTR DIVING:

First Place – Finley Springer (11), Ingraham

Second Place – Akal Solomon (12), Lakeside

Third Place – Mac Dennis (12), Lakeside

Fourth Place – Talia West (12), Bishop Blanchet

Fifth Place – Ainsley Orwig (12), West Seattle

Sixth Place – London Scott (11), Ballard

*2A/4A District Qualifying Score at Metro*

Claire De Boer (12), Lincoln

Nour Chalasani (10), Lincoln

Courtney Lee (12), Lincoln

Jane Montgomery (9), Lincoln

100 YARD BUTTERFLY:

First Place – Sophie Pham (11), Garfield

Second Place – Nora McCarthy (10), Lakeside

Third Place – Brisa Gao (11), Lakeside

Fourth Place – Ruthie Magnotti (11), Holy Names

Fifth Place – Maisy Jarrett (11), Holy Names

Sixth Place – Rhea Orazem (10), Holy Names

*2A/4A District Qualifying Times at Metro*

Matilda White (11), Lincoln

Harper Matsumoto (12), Nathan Hale

Alice Prokop (9), Lincoln

Kaylin Jones (12), Nathan Hale

100 YARD FREESTYLE:

First Place – Ella Jablonski (12), Lakeside

Second Place – Lane Gooding (12), Seattle Prep

Third Place – Sadye Derstadt (12), Lakeside

Fourth Place – Ellie Wang (11), Holy Names  
Fifth Place – Zoe Halffman (11), Seattle Prep  
Sixth Place – Alexis Blume (11), Bishop Blanchet

*2A/4A District Qualifying Times at Metro*

Zia Graham (11), Nathan Hale  
Hana Volk (12), Nathan Hale  
Aya Byrne (11), Nathan Hale  
Ceci Roupp (10), Lincoln  
London Ferry (11), Chief Sealth  
Avery Lillis (12), Nathan Hale  
Piper Campbell (11), Nathan Hale

500 YARD FREESTYLE:

First Place – Caroline Cancelmo (12), Lakeside  
Second Place – Megan Lauinger (11), Seattle Prep  
Third Place – Greta Ambach (10), Roosevelt  
Fourth Place – Grace Allison (11), Bishop Blanchet  
Fifth Place – Eden O'Donnell (10), West Seattle  
Sixth Place – Maggie Seibert (10), Lakeside

*2A/4A District Qualifying Times at Metro*

Gabi Young (12), Nathan Hale  
Sanna Torgersen (10), Nathan Hale

200 YARD FREESTYLE RELAY:

First Place – Lakeside: Nora McCarthy (10), Ella Jablonski (12), Noli Hall (12), Brisa Gao (11)  
Second Place – Seattle Prep: Zoe Halffman (11), Emilia Crocenzi (9), Lauren Fitzpatrick (9), Lane Gooding (12)  
Third Place – Holy Names: Delana Irani (11), Maisey Jarrett (11), Ellie Wang (11), Moira Williams (12)  
Fourth Place – Roosevelt: Elise Torpey (11), Finley McIntosh (12), Lyla Finocchio (11), Olive Clarke (12)  
Fifth Place – Bishop Blanchet: Ellie Hobart (12), Reese Halffman (12), Stella Na (10), Alexis Blume (11)  
Sixth Place – Garfield: Sophie Pham (11), Kathryn Mertel (10), Galen Gruber (12), Maddie Rivard (12)

100 YARD BACKSTROKE:

First Place – Sayde Derstadt (12), Lakeside  
Second Place – Maddie Yovanovich (9), Ballard  
Third Place – Megan Lauinger (11), Seattle Prep  
Fourth Place – Noli Hall (12), Lakeside  
Fifth Place – Maisey Jarrett (11), Holy Names  
Sixth Place – Vansea Barnett (9), Lakeside

*2A/4A District Qualifying Times at Metro*

Zoe Thorpe (12), Nathan Hale  
Maria Bull (11), Nathan Hale

Eli Goodman (9), Lincoln

Alice Prokop (9), Lincoln

100 YARD BREASTSTROKE:

First Place – Maddie Rivard (12), Garfield

Second Place – Brisa Gao (11), Lakeside

Third Place – Clare Effgen (10), Seattle Prep

Fourth Place – Ruthie Magnotti (11), Holy Names

Fifth Place – Clare Weber (10), Holy Names

Sixth Place – Eliza Seibert (9), Lakeside

*2A/4A District Qualifying Times at Metro*

Quincy Berg (10), Lincoln

Aya Byrne (11), Nathan Hale

Anna Shuler (11), Nathan Hale

Mia Clark (11), Nathan Hale

400 YARD FREESTYLE RELAY:

First Place – Lakeside: Caroline Cancelmo (12), Sadye Derstadt (12), Ella Jablonski (12), Eliza Seibert (9)

Second Place – Seattle Prep: Megan Lauinger (11), Clare Effgen (10), Zoe Halffman (11), Lane Gooding (12)

Third Place – Holy Names: Ellie Wang (11), Caroline Hooper (11), Rhea Orazem (10), Moira Williams (12)

Fourth Place – Ballard: Mia Onkels (12), Poliya Fong (9), Maddie Yovanovich (9), Alyson Chew (12)

Fifth Place – Bishop Blanchet: Alexis Blume (11), Reese Halffman (12), Grace Allison (11), Audrey Pigman (12)

Sixth Place – Roosevelt: Lyla Dalnekoff (10), Chloe Mai (12), Lily Hsi (9), Greta Ambach (10)