

Ogden Youth Track Club 2018



**One week Track Camp June 4-8, 2018 9-11 a.m. daily at Ogden High School Stadium
Go to www.ogdentrackclub.wordpress.com for all information**

- Kids ages 6 - 14
- Fitness & Fun!
- Running
- Jumping
- Throwing
- Speed
- Endurance
- Plyometrics & Drills

We invite all children 6 to 14 years old, from Ogden City and the surrounding areas to participate in a one week Track & Field camp designed to foster an interest in running, and prepare athletes for the Utah State Recreation Track & Field Games. It is also great training for other running events and team sports like soccer, basketball, etc....

Cost: \$40 includes t-shirt and 10 hours of instruction/activities

Questions?

Call or text
Missy Allred:
(801) 668-5280
or
Merrilee
Blackham:
(801) 620-0369



Established 2002



Contact info, forms and dates at: www.ogdentrackclub.wordpress.com