

Tiger wrestlers win 2 duals,

The Lake City Graphic

By Sarah Ziebarth

The Lake City Tiger wrestling team started off their 2018-19 season with a bang last Thursday night at Pine Island High School in their first dual meets of the season. First facing New Richland-Hartland-Ellendale-Geneva (NRHEG), the team finished strong with a score of 56-15, and they won their second match by a score of 60-18 against Pine Island.

The Tigers had a powerful start against NRHEG, winning the first seven matches for a score of 32-0, and the lead proved too strong for the Panthers, who only won three matches due to a fall, a major decision, and a forfeit at 285. Luke Skifton (132), Derek Meincke (160), Max Balow (195), and Ivan Vargas (220) all pinned their opponents, and NRHEG forfeited three weights.

Against Pine Island, the Tigers again won 11 of the 14 matches, with seven being forfeits by the Panthers and two being pins by Mason West (120) and Nash Nelson (126).

"It was a good way to start the season with solid performances against both NRHEG and Pine Island," said Coach Doug Vaith. "Several wrestlers were moved to different weight classes in both duals in order for our team to fill most of the weight classes, and the kids responded with strong efforts."

On Saturday, the Tigers took first place with 193 points to win the team championship in the Edina Wrestling Invitational with 12 of the 13 varsity wrestlers finishing in the top five at their weights and both of the junior varsity wrestlers taking first place. Farmington took second place at the tournament with 138.5 points, followed by Andover (122.5) and Grand Rapids (122). A total of 12 teams competed.

tourney to start strong

The varsity Tigers had three champions, five second place winners, two thirds, one fourth, and one fifth place winner. Saturday was Derek Meincke, Luke Skifton and

Max Balow's first varsity high school tournament titles. Mitchell Anderson (152) was 0-2 on the day in his first matches at the varsity level.

"Everyone really 'got after it,'" Coach Vaith said. "We wrestled aggressively, we wrestled to pin not just win. It was fun to see the team feed off each other's performances to earn the team title."

Tonight (Thursday) Lake City travels to Byron to face the Bears and tomorrow (Friday) they have their first home match of the season.

"Byron is both a conference and section match, so it's an important match in terms of conference standings and section seeding. St. Charles is a non-conference match, but is our home debut, so the team will be excited to compete in front of the home crowd."

Lake City 56 NRHEG 15

106 - Nate Evans started off strong with a 4-0 lead into the third period and hung on for a win of 6-2.

113 - Jon Harvey received a forfeit.

120 - Mason West had a close match up until the third period, where he pulled out a 9-3 win with a reversal and a three point nearfall.

126 - Nash Nelson dominated his match with a 10-0 major.

132 - Luke Becker received a forfeit.

138 - Luke Skifton pinned George Roesler in 3:59.

145 - Joey Kozlowski didn't get the first takedown, but proceeded to win with a 15-4 major.

152 - Jaden Rolbiecki was pinned by Thor Routh in 1:11.

160 - Derek Meincke led his match with a couple take-downs and a few three point nearfalls until he pinned his opponent in 3:58.

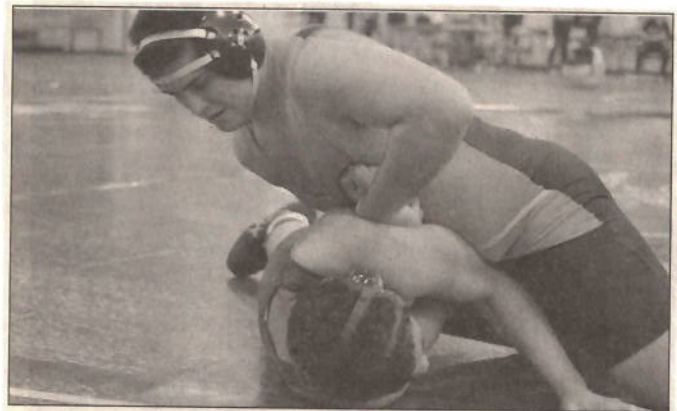
170 - Dominic Gohl-Krier received a forfeit.

182 - Thomas Frank struggled the first two periods and managed to escape twice in the third before losing 2-9.

195 - Max Balow made quick work of Conner Okland with a 1:00 pin.

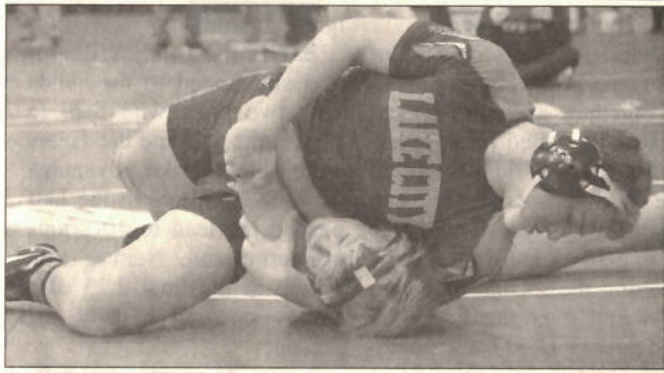
220 - Ivan Vargas pinned his opponent in 1:04.

285 - Lake City forfeited to Quinten Arndt.

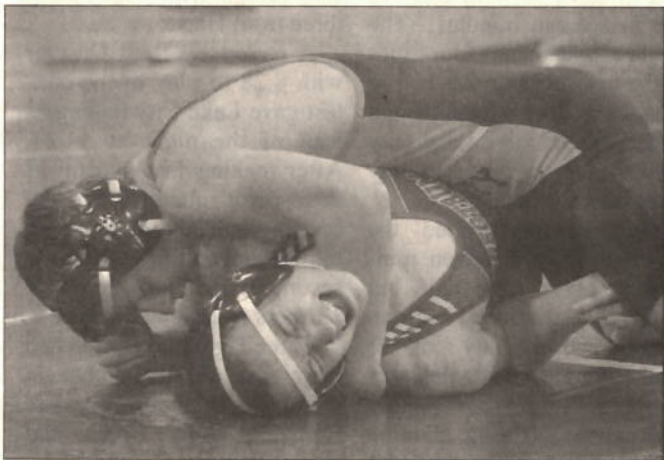


Ivan Vargas (220) using a butcher pin on his Bloomington Kennedy opponent in the opening round of the Edina Invite Saturday. Ivan ended up placing second.

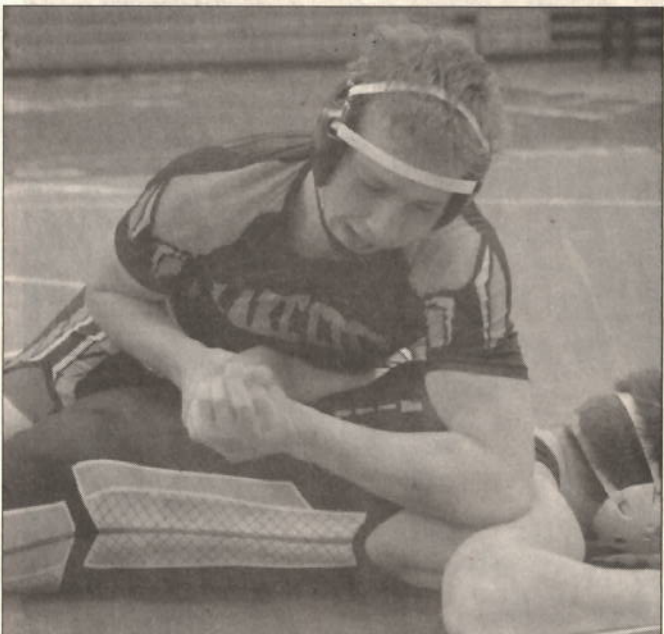
DECEMBER 6, 2018



Freshman Max Balow (195) picking up a fall in the finals at 195 pounds against his Andover opponent at the Edina Tourney. Balow had three falls on the day.



Luke Skifton (132) picking up his first of three pins on the day at Edina against his Spectrum opponent on his way to the championship Dec. 1.



Junior Thomas Frank (170) working for an arm bar against his Farmington opponent in the opening round of the Edina tournament. Frank dropped an 8-2 decision but bounced back pinning his next two opponents to take fifth place.

Lake City 60 Pine Island 18

106 - Nate Evans faced Luke Williams in a tough match and was pinned in 2:50.

113 - Jon Harvey received a forfeit.

120 - Mason West pinned Mican Douglas in 1:14.

126 - Nash Nelson pinned his opponent in 1:21 after a two point takedown.

132 - Luke Skifton received a forfeit.

138 - Luke Becker was pinned by Dawson Fallon in 1:52.

145 - Joey Kozlowski led his match all the way to a 6-0 win.

152 - Jaden Rolbiecki was defeated by a 3:00 pin.

160 - Derek Meincke received a forfeit.

170 - Dominic Gohl-Krier received a forfeit.

182 - Sam Nutt received a forfeit.

195 - Thomas Frank fought hard in his first two periods until his opponent was unable to continue in the third, rewarding the match to Lake City by injury default.

220 - Max Balow received a forfeit.

285 - Ivan Vargas received a forfeit.

Edina Invitational Team Results

1. Lake City	193
2. Farmington	138.5
3. Andover	122.5
4. Grand Rapids	122
5. Royalton-Upsala	119.5
6. Cannon Falls	105
7. Bloomington KNdy	94
8. Sibley East	93.5
9. St. Thomas Academy	81
10. St. Croix Lutheran	35
11. Edina	33
12. Spectrum	23

Lake City Individuals

113 - Jon Harvey, second place

120 - Mason West, second place

126 - Aaron Meincke, second place

126 - Nash Nelson, third place

132 - Luke Becker, second place

132 - Luke Skifton, first place

138 - Joey Kozlowski, fourth place

145 - Harold Schumacher, third place

152 - Mitchell Anderson, did not place

160 - Derek Meincke, first place

170 - Thomas Frank, fifth place

195 - Max Balow, first place

220 - Ivan Vargas, second place

95 - Nate Evans, first place, junior varsity

170 - Sam Nutt, first place, junior varsity



Winter activities underway

Lake City Tiger winter sports teams kicked off their seasons with a bang. The wrestlers won their first two duals and also brought home the championship trophy from the Edina Tournament (photo above). The girls basketball team started by winning their home and road

openers, while the boys team won their home opener in impressive fashion. The Tiger dance team competed in Cannon Falls and finished second in varsity kick and third in varsity jazz. Complete details can be found on pages 9 and 10.

EDINA - DEC. 1, 2018

Tiger wrestlers tally

Thursday, December 13, 2018 - 9

two more wins

By Sarah Ziebarth

The Lake City Tiger wrestlers faced Byron and St. Charles last Thursday and Friday for their third and fourth duals of the season. Lake City pulled out on top for a 50-21 win against the Bears and a 35-21 win against the Saints at their first home match of the year. This puts the undefeated Tigers at a record of 4-0.

Thursday's match at Byron started off as a nail biter for both teams, with the first six matches going back and forth between wins and losses and putting the score at 16-15 with Lake City barely in the lead. But from there on out, the Tigers let loose a roar too powerful for the Bears to handle, concluding the match with a total of six pins, two major decisions, and two decisions for the win. Nash Nelson (126), Luke Skifton (138), Harold Schumacher (152), Dominic Goihl-Krier (170), Thomas Frank (182), and Ivan Vargas (285) were those that won with a pin.

"Another total team effort and important win, as Byron is both a conference and section opponent," commented Coach Doug Vaith.

Lake City started behind on Friday's home meet against St. Charles as well, and ended with a score of 9-12 after the first five matches. The Tigers managed to tie it up after a sixth, and once again after the eighth before finally taking down the Saints for good. Luke Becker (132) was the

only Tiger to win with a pin, while Dominic Goihl-Krier (160) was the only wrestler to receive a forfeit.

"We had a slow start, but our team balance paid off as we were able to pick up some close wins and some much needed bonus points in a couple weight classes," said Coach Vaith.

The Tigers have an upcoming invite in Northfield on Saturday to continue their season. So far, Luke Skifton has a record of 8-0 with a team-leading six pins, Max Balow and Derek Meincke are also unbeaten at 7-0 as is Dominic Goihl-Krier at 4-0. Jon Harvey and Ivan Vargas both stand at 6-1.

Lake City 50 Byron 21

106 - Nate Evans lost a 9-3 decision.

113 - Jon Harvey defeated Eli Haight by a major decision of 12-2.

120 - Mason West was pinned by Byron's defending state champion Maxwell Petersen in 3:25.

126 - Nash Nelson pinned Dustin Bengston in 2:35.

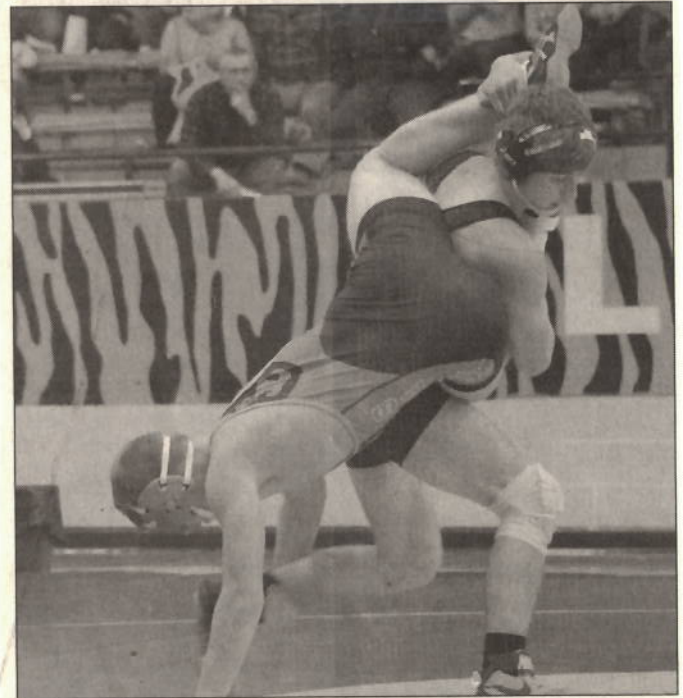
132 - Luke Becker lost by fall to defending state champion Mitchel Peterson in 3:32.

138 - Luke Skifton pinned Parker Kline in 3:32.

145 - Joey Kozlowski defeated Will Wharton 6-0.

152 - Harold Schumacher pinned Tyson Dean in 1:59.

160 - Derek Meincke won a major decision over Donald



Derek Meincke (170) receives a major over Joe Dayland of St. Charles, 11-3.

French*13-3.

170 - Dominic Goihl-Krier pinned Kaleb Kraitsch in 1:24.

182 - Thomas Frank pinned Andrew Gallagher in 2:37.

195 - Lake City forfeited to Kyle Stahle.

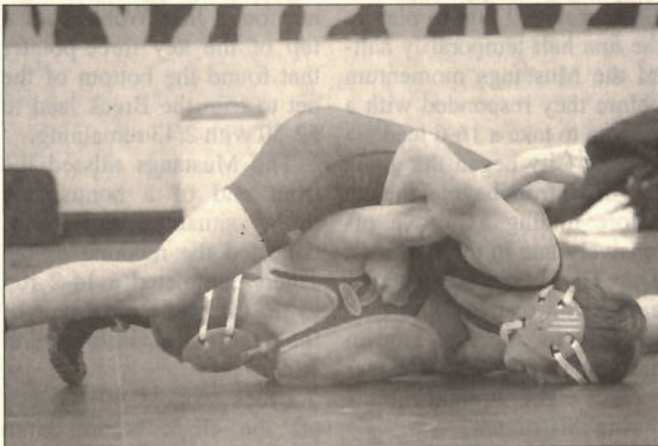
220 - Max Balow won a close match 5-4 over Vincente Deleon.

285 - Ivan Vargas pinned James Jaspersen in 1:54.

DECEMBER 13, 2018



Jon Harvey (113) picked up a win over Carter Mathison with St. Charles with a 6-5 decision Friday.



Freshman Luke Becker (132) pinned Adrian Wilery of St. Charles in 2:40.

**Lake City 35
St. Charles 21**

106 - Tanner Laska was pinned by Michael Jorgensen in 1:59.

113 - Jon Harvey won a 6-5 decision Carter Mathison.

120 - Mason West was defeated 7-2 by Jett Thoreson.

126 - Nash Nelson lost to Tyler Mathison in a close match 2-1.

132 - Luke Becker pinned Adrian Wilery in 2:40.

138 - Luke Skifton won a decision 4-2 over Gage Buss.

145 - Joey Kozlowski lost 5-2 to Jersey Thoreson.

152 - Harold Schumacher won a decision 4-2 over Connor Simon.

160 - Dominic Gohl-Krier received a forfeit.

170 - Derek Meincke defeated Joe Dayland with a major decision of 11-3.

182 - Thomas Frank won his match 12-2 over Gavon Boyum.

195 - Lake City forfeited to Logan Wendt.

220 - Max Balow defeated Teagan Young 10-3.

285 - Ivan Vargas won 9-5 over Jake Stokes.

DECEMBER 20, 2019

Tiger matmen defeat Stewartville

By Sarah Ziebarth

Lake City tacked on another win this season, Tuesday, Dec. 20, against the Stewartville Tigers. With a final score of 51-12, the Tigers wrestled aggressively and racked up a total of three pins, a technical fall, and three forfeits from Stewartville. The team record

now stands at 6-1.

The team started the home match strong, with a pin by Tanner Laska (106) and a technical fall by Jon Harvey (113). As the dual went on, Lake City made sure the score was out of Stewartville's grasp, as Mason West (120) and Derek Meincke (170) both took down their opponents with pins and Nash Nelson (126), Mitchell Anderson (152), and Dominic Goihl-Krier (160) received forfeits.

"The meet was a nice finish to a solid first half of the season as a team," commented Head Coach Doug Vaith, "This was another conference and section opponent, so there was added importance to our performance. Luke Skifton had his best showing of the season in his win over a strong opponent. We also had strong efforts from Joe Kozlowski and Thomas Frank. Even though they

dropped one point matches, they wrestled well. The kids will get a well-deserved break from competition until Jan. 5, when we travel to the Tartan Invitational."

As just mentioned by Coach Vaith, Saturday's invite in Tartan will be the Tigers' next match. Top records for the Tigers are Derek Meincke with a record of 13-1, Luke Skifton at 13-2, Jon Harvey stands at 11-3, both Max Balow and Ivan Vargas's records are 10-3, and Mason West and Nash Nelson both sit at 10-5. Other winning records include Thomas Frank at 9-5, Luke Becker at 6-4 and Joe Kozlowski at 7-6. West leads the team in pins with eight followed by Skifton and Nelson with six each.

**Lake City 51
Stewartville 12**

106 - Tanner Laska pinned Tanner Elzen in 3:50.

113 - Jon Harvey defeated Jon Laures 18-3 technical fall.

120 - Mason West pinned Cole Janssen in 1:25.

126 - Nash Nelson received a forfeit.

132 - Luke Skifton decided Ty Smidt 8-3.

138 - Joey Kozlowski was defeated by Blake Carr 2-1.

145 - Brody Olson of Stewartville won by forfeit.

152 - Mitchell Anderson received a forfeit.

160 - Dominic Goihl-Krier received a forfeit.

170 - Derek Meincke pinned Trey Emerich in 11 seconds.

182 - Thomas Frank was defeated by Ethan Meyer 5-4.

195 - Double forfeit.

220 - Max Balow defeated Caden King 10-3.

285 - Ivan Vargas won a major decision over Carter Janssen 12-4.

Wrestlers win back end of

triangular over Cannon Falls

By Sarah Ziebarth

Last Tuesday night, the Lake City wrestlers competed at home against Kasson-Mantorville and Cannon Falls. The Tigers lost to the KoMets 55-6 in a tough match but made up for the loss by defeating the Bombers a short time later by the score of 57-14. Lake City's record is now 5-1.

The Tuesday match started off hard with Lake City losing its first match to Kasson-Mantorville, managing to tie up the score 3-3 with one of their only wins, and then dropped the next seven. The match ended with Lake City's Jon Harvey (113) and Dominic Gohl-Krier (170) being the only two victors for the Tigers, with both of the wrestlers going into overtime.

Despite the defeat, the Tigers refused to give up and met Cannon Falls head on. Jon Harvey (113), Mason West (120), Joey Kozlowski (145), Sam Nutt (182), Thomas Frank (195) and Ivan Vargas (285) all took down their opponents with pins, and Cannon Falls forfeited to both Luke Becker and Max Balow.

"We competed well against three-time defending state champion and national power Kasson-Mantorville," said Couch Doug Vaith. "Although the score was one-sided, we picked up two hard fought overtime wins and gave other strong individual efforts as the meet lasted for 90 minutes. Against Cannon Falls, the score was lopsided in our favor with the team continuing to compete with an aggressive style of wrestling, picking up 11 wins in the 14 weight classes," Vaith said.

The team also participated in Saturday's tournament in Northfield and placed sixth out of a total of 16 schools, with 103 points. Northfield placed first with 211.5 points, New Prague second with 177.5, and Lakeville South with 122.5.

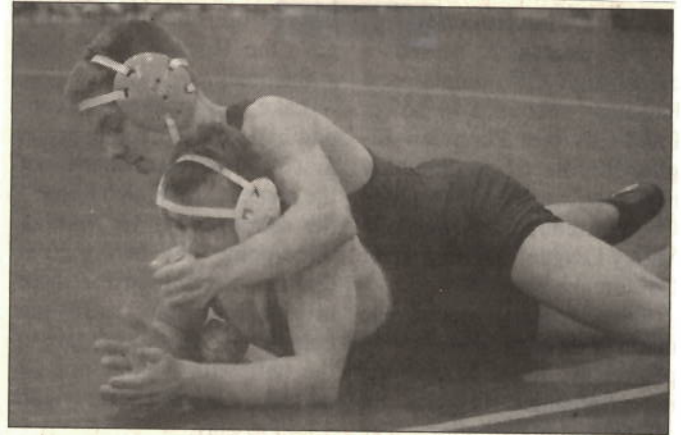
"The team finish was respectable as we placed behind three state ranked teams and two other teams that are honorable-mention in the polls," commented Coach Vaith.

Nine of the Tiger wrestlers placed in the top six at their weights, including Jon Harvey (113), Mason West (120), Luke Skifton (132), Joey Kozlowski (138), Derek Meincke (160), Dominic Gohl-Krier (160), Thomas Frank (170), Max Balow (195) and Ivan Vargas (220). Lake City had one champion, one third place winner, one fourth, four fifths, and one sixth place winner. It was Dominic Gohl-Krier's first varsity tournament.

"Derek picked up his second individual tournament title of the season winning the 160 pound weight class. He was the No. 5 seed and placed ahead of multiple state ranked wrestlers including a victory over a Lakeville South opponent in the semifinals who placed fourth in last year's state meet. We had some

tough draws, but bounced back strong, particularly Mason, Joe, Thomas and Ivan coming back through the consolation round to place fifth. Luke Skifton also had a nice day, winning three of four to take third place. Freshmen Max Balow and Jon Harvey had solid tournaments with fourth place finishes," said Vaith.

Lake City will wrestle again tonight (Thursday) against Stewartville at home. An elementary showcase will take place alongside the junior varsity match starting at 6 p.m., giving the young Tigers a chance to show off their wrestling skills. The varsity meet will start at 7 p.m.



Nash Nelson applies a crossface on his Cannon Falls opponent in last Tuesday's dual. Nelson picked up a 10-9 revenge win after losing to the same opponent earlier this season.

Lake City 57 Cannon Falls 14

106 - Tanner Laska lost a major decision 11-3 to Colten Black.

113 - Jon Harvey pinned Hunter Singewald in 3:10.

120 - Mason West pinned Andrew Connell in 1:41.

126 - Nash Nelson defeated Levi Anderson 10-9.

132 - Luke Becker received a forfeit.

138 - Luke Skifton won a decision 6-3 over Sam Ludden.

145 - Joey Kozlowski pinned Dillen Anderson in 5:51.

152 - Harold Schumacher was defeated 13-0 by Peter Fitterer.

160 - Derek Meincke won his match 8-6 over Chris Modrak.

170 - Dominic Gohl-Krier was pinned in 3:40 by Riley Keenan.

182 - Sam Nutt won by fall over Beau Zimmerman in :49.

195 - Thomas Frank pinned Henry Johnson in 3:53.

220 - Max Balow received a forfeit.

285 - Ivan Vargas pinned Carson Lind in 1:51.

DECEMBER 20, 2018

Lake City 6

Kasson-Mantorville 55

106 - Tanner Laska was defeated by Kasson's Devan Andrist 8-2.

113 - Jon Harvey went into overtime to defeat Jace Minelli 3-1.

120 - Mason West lost 8-1 to state placer Logan Vaughn.

126 - Nash Nelson lost by technical fall to state placer Robbie Horsman.

132 - Luke Skifton was defeated 3-0 by Brian Finley.

138 - Joey Kozlowski was pinned by Tanner Paulson in 4:01.

145 - Harold Schumacher lost by fall to Nick VanOort.

152 - Mitchell Anderson had a technical fall to Kail Wynia.

160 - Derek Meincke lost to defending state champion Bennett Berge 12-4.

170 - Dominic Goihl-Krier went into overtime to win 9-7 over Hayden Barnes.

182 - Thomas Frank lost to state placer Dalton Andrist 5-0.

195 - Max Balow lost by technical fall to two-time state champion Patrick Kennedy.

220 - Ivan Vargas lost by fall to Garsen Schorr.

285 - Lake City forfeited to Anthony Moe-Tucker.

Northfield Larry Severson

Invitational Team Results

1. Northfield	211.5
2. New Prague	177.5
3. Lakeville South	122.5
4. Mankato East	113.5
5. Mahtomedi	106
6. Lake City	103
7. Park	102
8. Faribault	97
9. South Saint Paul	95.5
10. Rosemount	79
11. St. Charles	54.5
12. Cannon Falls	54
13. Mound-Westonka	53
14. Rochester Century	29
15. Henry Sibley	18
16. WEM-JWP	7

Lake City Individuals

106 - Tanner Laska had a tough draw and was beaten by the No. 1 and No. 2 seeds.

113 - Jon Harvey went 2-2 on the day to finish in fourth place.

120 - Mason West after losing in the first round to the No. 1 seed won three straight to finish in fifth place.

126 - Nash Nelson won two matches and lost two matches.

126 - Aaron Meincke went 1-2 on the day.

132 - Luke Becker was defeated in both of his matches.

132 - Luke Skifton went 3-1 to finish in third place.

138 - Joey Kozlowski lost in the opening round and bounced back with two wins to take fifth.

145 - Harold Schumacher lost in first round then bounced

back with a pin before losing by injury default.

152 - Mitchell Anderson went 0-2 on the day.

160 - Derek Meincke picked up four wins to take first place.

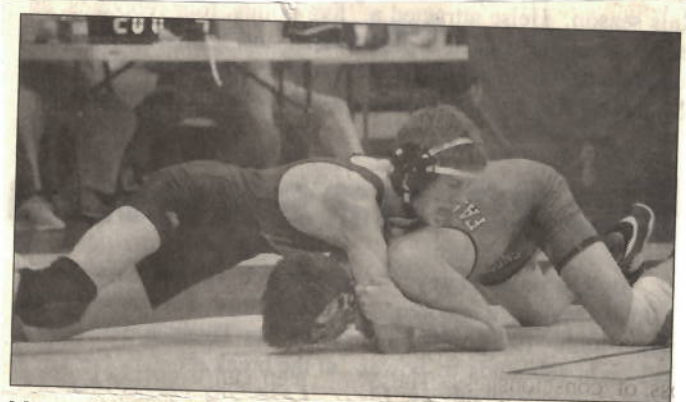
160 - Dominic Goihl-Krier won two matches and lost two matches to finish in sixth place.

170 - Thomas Frank lost a close opening round match then went on to win three straight to finish in fifth place.

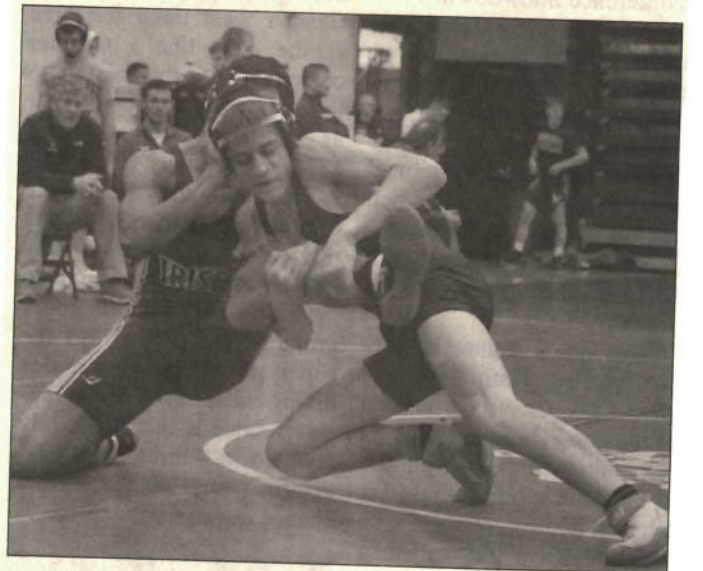
182 - Same Nutt was defeated in both of his matches.

195 - Max Balow went 1-2 to finish in 4th place.

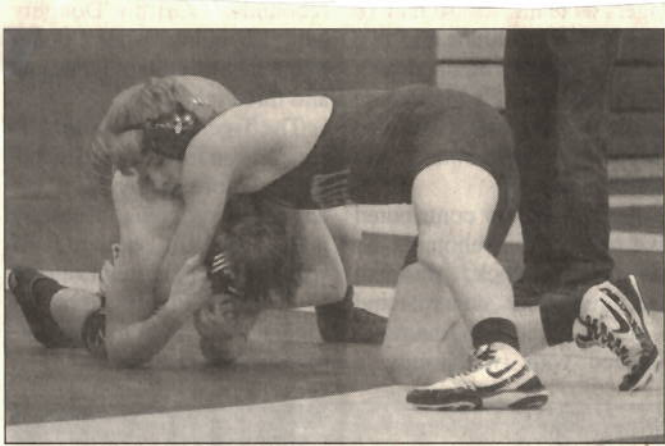
220 - Ivan Vargas lost his first round but won his next two to finish in fifth place.



Mason West (120) defends the takedown attempt of his Faribault opponent. West lost his opening round match but came back to win three straight to earn fifth place, including this 6-2 victory.



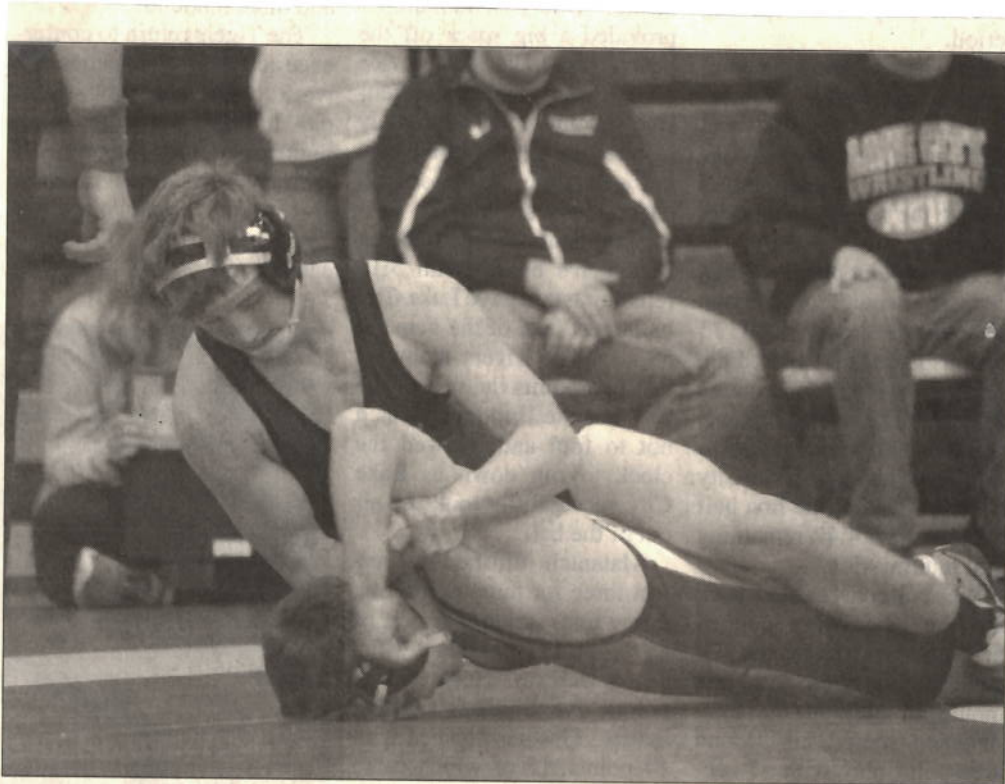
Joe Kozlowski finishes a single leg takedown against Rosemount. Kozlowski went on to win by a 9-1 major decision. Joe also won his next match to take fifth place at 138 pounds.



Dominic Goihl-Krier (160) defends a takedown attempt from his Faribault opponent. Goihl-Krier went on to win 6-2 and eventually finish in sixth place.



Jon Harvey earns a takedown of a nearside cradle against Jace Minelli of Kasson-Mantorville. Harvey's win was one of the two overtime victories for the Tigers in the dual.



Derek Meincke applies a power half in his championship match against Owen Pharo of Rochester Century. Meincke defeated

Pharo 10-7 en route to the 160-pound championship.

Tiger matmen win conference dual over Stewartville

The Lake City Tigers wrestling team notched a conference win over Stewartville Dec. 20, 51-12.

Lake City 51 Stewartville 12

106 - Tanner Laska pinned Tanner Elzen in 4:36.

113 - Jon Harvey defeated Jon Laures 18-3.

120 - Mason West pinned Cole Janssen in 1:39.

126 - Nash Nelson received a forfeit.

132 - Luke Skifton decided Ty Smidt 8-3.

138 - Joey Kozlowski was defeated by Blake Carr 2-1.

145 - Brody Olson of Stewartville won by forfeit.

152 - Mitchell Anderson received a forfeit.

160 - Dominic Gohl-Krier received a forfeit.

170 - Derek Meincke pinned Trey Emerich in 16 seconds.

182 - Thomas Frank was defeated by Ethan Meyer 5-4.

195 - Double forfeit.

220 - Max Balow defeated Caden King 10-3.

285 - Ivan Vargas won a major decision over Carter Janssen 12-4.

The Tigers return to action following the holiday break on Jan. 5 at the Tartan High School Invitational, with matches starting at 9 a.m.

Tiger matmen win

The Lake City Graphic

Clash of the Titans

By Sarah Ziebarth

The Lake City Tigers wrestling team dominated last Saturday's Clash of the Titans Invitational in Tartan with a championship point total of 196 points. Maple River was second with a total of 167 points, while Grand Meadow-LeRoy-Ostrander Kingsland (GMLOK) came in third with 165.5.

All but two of the 16 Tiger wrestlers who competed in the tournament placed, including four championships by Mason West (120), Derek Meincke (160), Max Balow (195) and Ivan Vargas (220), three second place wins by Jon Harvey (113), Luke Skifton (132) and Thomas Frank (170), one third by Nash Nelson (126),

five fourths by Tanner Laska (106), Aaron Meincke (126), Joe Kozlowski (138), Dominic Goihl-Krier (160) and Sam Nutt (182), and one sixth by Luke Becker (132).

After winning his third individual tournament title of the season, Derek Meincke was selected as the Outstanding Wrestler of the Tournament with a technical fall victory 16-1 and two pins.

"The team started off the new year where they left off in 2018, with a tremendous group effort advancing seven wrestlers to the finals and 13 placing in the top four," said Coach Doug Vaith. "Tanner Laska had his best day as a varsity wrestler picking up

two wins, Mason West earned the first individual title of his career, Sam Nutt picked up his first varsity pin and Derek Meincke impressed opposing coaches enough to be selected as the Outstanding Wrestler of the Tournament!"

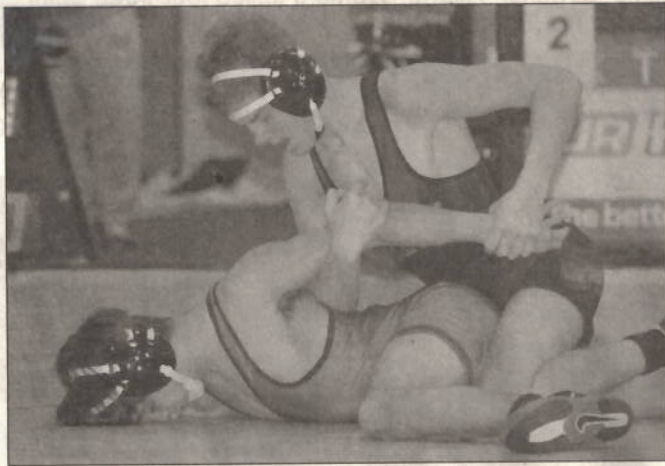
Next up for the Tigers will be a triangular at Triton on Thursday, Jan. 10. The

order of the meet will have Lake City taking on St. Clair/Mankato Loyola at 5 p.m., followed by Lake City against Triton at 6 p.m. On Saturday, Jan. 12 the team will travel to Plainview to compete in the 15-team PEM invite.

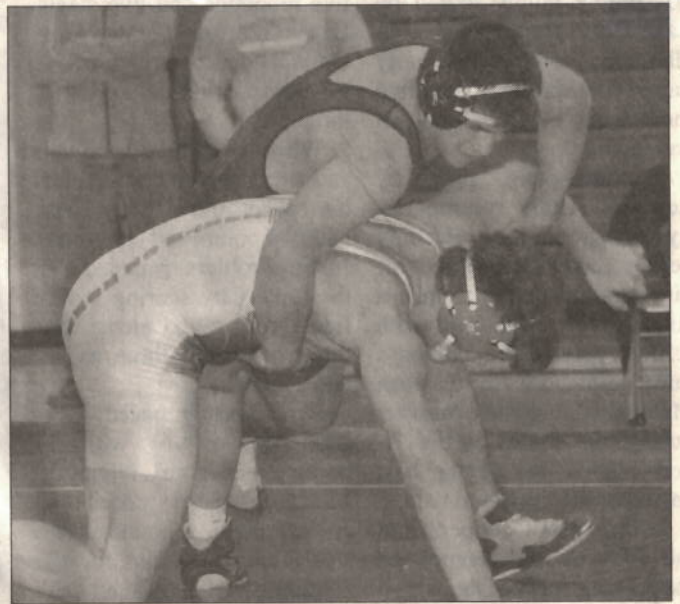


The Lake City Tigers wrestling team shows off their hardware after capturing the team title at the Clash of the Titans Invitational Jan. 5. Front row, from left: Mitch Anderson, Luke Becker, Jon Harvey, Tanner Laska, Sam

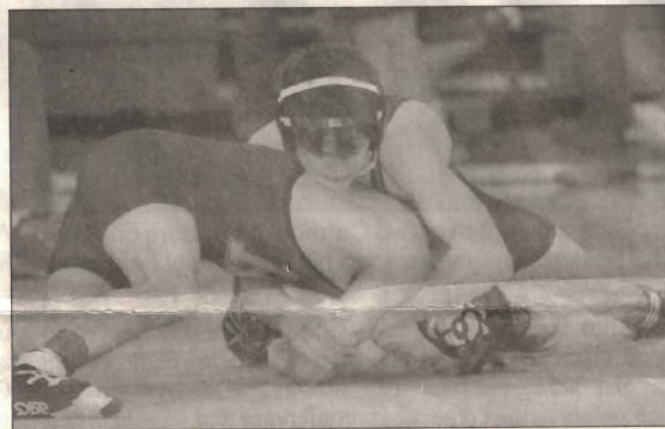
Nutt and Luke Skifton; back row, from left: Harold Schumacher, Thomas Frank, Max Balow, Aaron Meincke, Dominic Goihl-Krier, Joe Kozlowski, Mason West, Ivan Vargas, Nash Nelson, Jaden Rolbiecki and Derek Meincke.



Mason West working for an arm bar in the championship match at 120 pounds. Mason won 8-2.



Ivan Vargas (220) working for a turn in his semifinal match against Lakeville North. Ivan won by a score of 10-3.



Tanner Laska (106) countering a takedown attempt. Laska went on to win by a score of 6-5.



Dominic Gohl-Krier in the consolation semifinals. Dom won via a fall after trailing most of the match.

**Clash of the
Titans Invitational
Team Results**

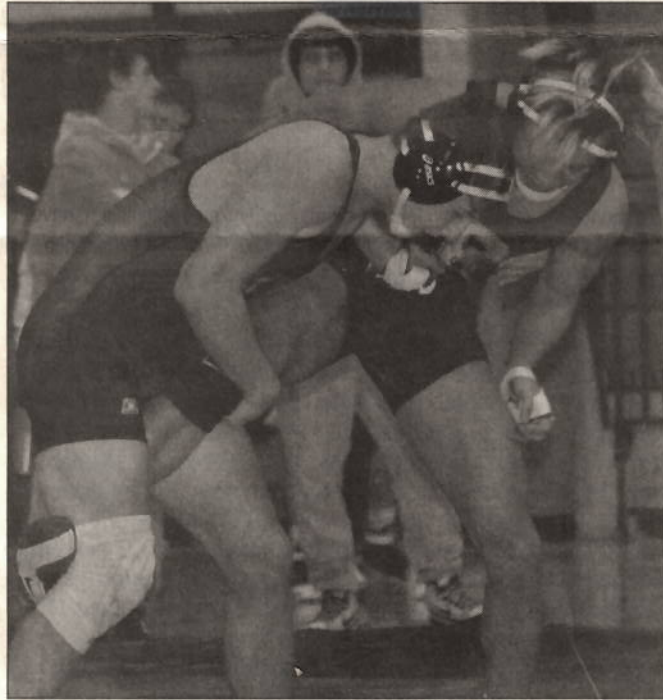
1. Lake City	196
2. Maple River	167
3. GMLOK	165.5
4. Lakeville North	154.5
5. Roseville Area	119
6. Tartan	95
7. Irondale	91.5
8. Cretin-Derham Hall	78.5

Lake City Individuals

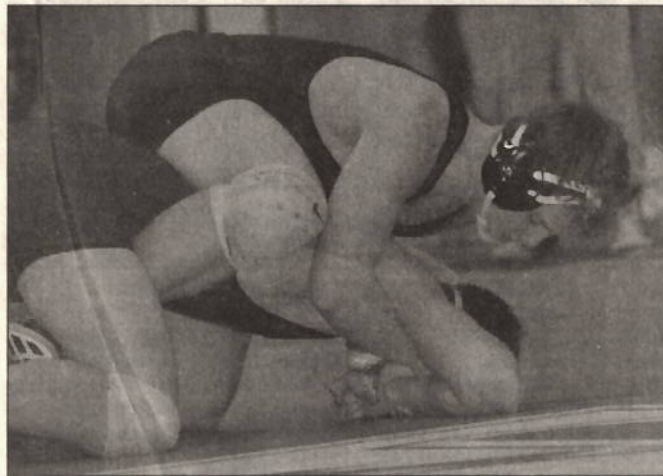
- 106 - Tanner Laska, fourth place
- 113 - Jon Harvey, second place
- 120 - Mason West, champion
- 126 - Nash Nelson, third place
- 126 - Aaron Meincke, fourth place
- 132 - Luke Becker, sixth place
- 132 - Luke Skifton, second place
- 138 - Joey Kozlowski, fourth place
- 145 - Jaden Rolbiecki did not place.
- 152 - Mitchell Anderson did not place
- 160 - Derek Meincke, champion
- 160 - Dominic Gohl-Krier, fourth place
- 170 - Thomas Frank, second place
- 182 - Sam Nutt, fourth place
- 195 - Max Balow, champion
- 220 - Ivan Vargas, champion

JANUARY 10, 2019

CLASH OF THE TITANS



Derek Meincke (170) with a single leg in his semifinal match. Derek went on to win by a technical fall 16-1.



Freshman Max Balow working for a turn in the 195 pound finals. Max went on to win 3-1 in overtime.

Wrestlers win duals at

The Lake City Graphic

Triton triangular

By Sarah Ziebarth

Thursday of last week, the Lake City Tigers traveled to Triton High School to face both St. Clair/Mankato Loyola (ML) and Triton. The wrestlers brought home another couple of wins for their season, finishing the match against St. Clair/ML 51-15 and their second one against Triton 49-12. This put the team at a record of 8-1 for the season.

Picking up victories by decision for the Tigers against St. Clair/ML were Tanner Laska, Luke Skifton and Joe Kozlowski while Thomas Frank and Max Balow picked up pins.

In their second match against Triton, the Lake City wrestlers started off and ended almost exactly the same way as they did against St. Clair/ML. A win by Tanner Laska (106) and three forfeits to Jon Harvey (113), Mason West (120), and Nash Nelson (126) commenced it, and five forfeits from Triton and three losses, including Lake City's single forfeit to Triton, concluded it. Winning by decision were Skifton, Mitchell Anderson, Dominic Goihl-Krier and Thomas Frank. Derek Meincke won by a major decision.

"Thursday's matches had a different feel, as there were several forfeits from both opponents. This influenced the teams' mental preparation, leading to a slow start in the first dual, but a better performance in the Triton dual. It was great to see Mitchell Anderson pick up his first varsity victory with his decision in the Triton match," said Coach Doug Vaith.

At the Plainview-Elgin-Millville (PEM) Invitational on Saturday, the Lake City wrestlers placed fourth out of a total of 15 schools with 133 points. PEM took first place with 193.5 points, Caledonia-Houston second with 182.5, and LARP third with 140.

"Saturday was our most challenging tournament of the season. We found a few areas of weakness, which will provide a bit of extra purpose to the weeks of practice ahead. Unfortunately, our team captain and lone senior on the squad, Ivan Vargas, suffered a broken nose in his opening round match, which may end his season," Coach Vaith commented.

Twelve of the Tigers placed at the tournament in the top seven at their weights, including Jon Harvey, second at 106; Mason West, fifth at 113; Nash Nelson, sixth at 120; Luke Skifton, second at 126; Aaron Meincke, sixth at 138; Jaden Rolbiecki, seventh at 145, who also tallied his first varsity victory of the season; Dominic Goihl-Krier, fourth at 152; Derek Meincke, third at 160; Thomas Frank, fourth at 170; Sam Nutt, sixth at 182; and Max Balow, third

at 195.

"Our next competition will be this Thursday (today) at home with two-time defending Class A state champions Zumbrotta-Mazeppa coming to town. The Cougars are currently ranked No. 6 in the state," said Vaith.

Thursday's match with Z-M will also be Parent's Night.

Lake City 51

St. Clair-

Mankato Loyola 15

106 - Tanner Laska defeated Eli Kruse 3-2.

113 - Jon Harvey received a forfeit.

120 - Mason West received a forfeit.

126 - Nash Nelson lost to Jack Klinder 2-0.

132 - Luke Skifton won 2-1 over Lucas Kruse.

138 - Joey Kozlowski defeated Jacob Schimek 12-5.

145 - Jaden Rolbiecki lost by fall to Chase Baker in 1:19.

152 - Mitchell Anderson lost by fall to Gage Baker in 1:42.

160 - Dominic Goihl-Krier received a forfeit.

170 - Derek Meincke received a forfeit.

182 - Thomas Frank pinned Anthony McDonough in 2:16.

195 - Max Balow pinned Bryan Bennett in 0:38.

220 - Ivan Vargas received a forfeit.

285 - Double forfeit.

Lake City 49

Triton 12

106 - Tanner Laska won by decision over Mason Baker 3-2.

113 - Jon Harvey received a forfeit.

120 - Mason West received a forfeit.

126 - Nash Nelson received a forfeit.

132 - Luke Skifton defeated Kody Rasmussen 8-2.

138 - Joey Kozlowski lost by decision 4-0 to Colby Dobbs.

145 - Jaden Rolbiecki lost to Owen Garness 4-0.

152 - Mitchell Anderson defeated Hunter Shadow 7-2.

160 - Dominic Goihl-Krier defeated Kaleb Strom 7-0.

170 - Derek Meincke defeated Trey Theobald 13-0.

182 - Thomas Frank won by decision over Mason Barker 8-4.

195 - Max Balow received a forfeit.

220 - Ivan Vargas received a forfeit.

285 - Lake City forfeited to Corbin Giesler.

Plainview-Elgin Millville Invitational

Team Results

1. PEM	193.5
2. Caledonia-H	182.5
3. LARP	140
4. Lake City	133
5. Winona	123.5
6. Byron	120.5
7. Maple River	113
8. St. Thomas Academy	74
9. La Crescent	71
10. Wabasha-Kellogg	51
11. Eau Claire North	47
12. Austin	45

13. Richfield	40
14. FCLMC	37
15. Cochrane FC	2

Lake City Individuals

106 - Tanner Laska did not place

106 - Jon Harvey, second place

113 - Mason West, fifth place

120 - Nash Nelson, sixth place

126 - Luke Skifton, second place

126 - Aaron Meincke, sixth place

132 - Luke Becker did not place

138 - Joey Kozlowski, seventh place

145 - Jaden Rolbiecki, seventh place

152 - Dominic Goihl-Krier, fourth place

160 - Derek Meincke, third place

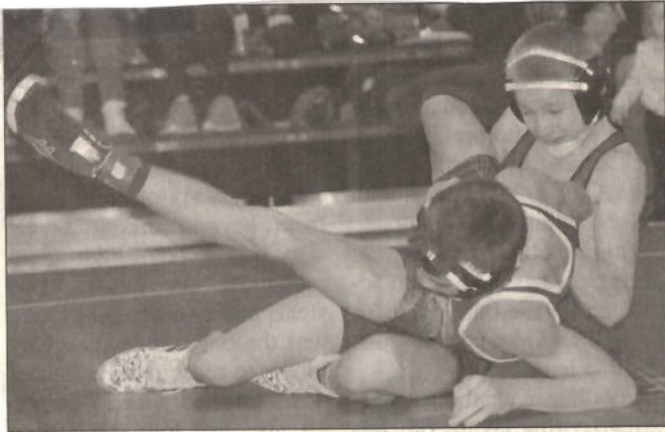
170 - Thomas Frank, fourth place

182 - Sam Nutt, sixth place

195 - Max Balow, third place

220 - Ivan Vargas did not place.

JANUARY 17, 2019
- TRITON TRIANGULAR
- PEM INVITATIONAL



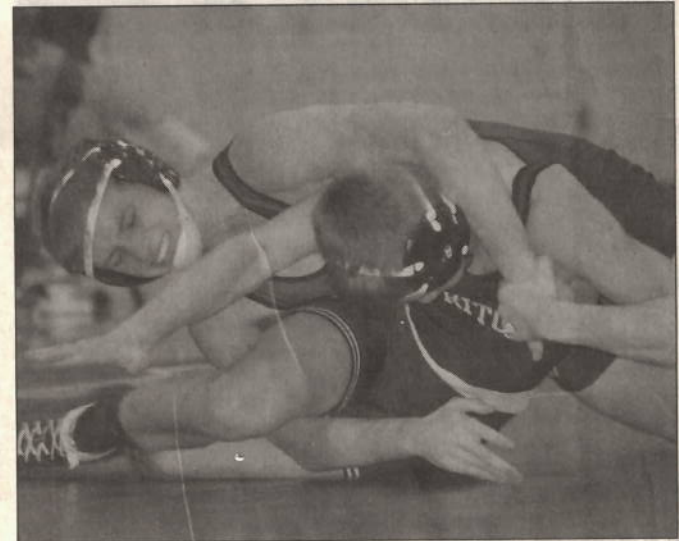
Jon Harvey (106) tilting his PEM opponent at the PEM Invite Jan. 12. Jon won by a technical fall 17-2 and finished the tournament in second place.



Luke Skifton (132) turns Kody Rasmussen of Triton with a chin drop last Thursday. Luke won 2-1.



Nash Nelson (120) countering a stand up attempt by his Austin opponent at the PEM Invite last Saturday. Nash won by a fall.



Jaden Rolbiecki (145) attempting a cradle against Owen Garness of Triton Jan. 10. Jaden lost 4-0.



Aaron Meincke (126) working for a butcher to turn his Austin opponent at the PEM Invite Saturday. Aaron won by a score of 5-2.



Mitchell Anderson (152) countering a takedown after against Hunter Shadow of Triton. Mitchell picked up first varsity win of the season 7-2.

Wrestlers have strong showing against Z-M

By Sarah Ziebarth

At last Thursday night's dual against Zumbrota-Mazeppa at home, Lake City fought hard and with their usual determination. However, after a few narrow losses in the lower weights and needing to forfeit at two of the upper-weights the Tigers dropped a hard-fought meet by the score of 39-24 to drop their season record to 8-2.

Jon Harvey opened the meet with a 2-1 decision pushing his season record to 18-5. Mason West lost a close overtime match at 113 but Nash Nelson answered with a 7-4 win at 120 to regain the team score lead for the Tigers. At 126 pounds and 132 pounds sophomore Luke Skifton and freshman Aaron Meincke lost heartbreaking 2-1 and 6-5 matches. At 138 Joe Kozlowski gave up a five point move at the end of the second period but fought back in the third but still lost the match 5-2. Harold Schumacher returned to the line-up after recovering from a leg injury and missing five weeks but suffered a late fall getting pinned with two seconds remaining in the match. Mitchell Anderson at 152 also lost by fall, while freshman Sam Nutt dropped a 3-0 decision at 170 pounds. Derek Meincke moved his record to 21-2 at 160 pounds after receiving a forfeit and Thomas Frank also won by a forfeit at 182 pounds. In the final bout of the evening, freshman Max Balow picked up his 17th win of the season with a third period fall to put the final score at 39-24.

"The squad gave a great effort against the No. 6 ranked team in the state," commented Head Coach Doug Vaith. "Unfortunately, we lost a few tight matches, but it was not due to a lack of effort. We need to remember and learn from this match. With each competition our team will continue to believe that together they can compete up with nearly any team."

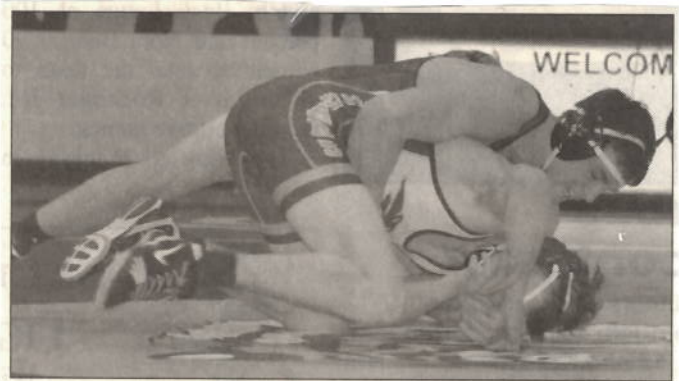
Top Individual Records

- Jonathan Harvey, 106-113 pounds, 18-5.
- Mason West, 113-120 pounds, 18-7.
- Nash Nelson, 120-126 pounds, 18-9.
- Aaron Meincke, 126-132 pounds, 7-7.
- Luke Skifton, 126-132-138 pounds, 19-5.
- Joe Kozlowski, 138-145 pounds, 13-12.
- Dominic Gohl-Krier, 152-160-170 pounds, 13-7.
- Derek Meincke, 160-170 pounds, 21-2.
- Thomas Frank, 170-182-195 pounds, 15-8.
- Max Balow, 195-220-285 pounds, 17-4.
- Ivan Vargas, 220-285 pounds, 14-4.

Lake City's next meet is tonight (Thursday) a triangular against Fillmore Central and La Crescent. The Tigers will face Fillmore Central at 5 p.m., followed by Fillmore Central versus La Crescent and the final meet of the evening will be Lake City versus La Crescent. On Saturday Lake City will host the 36th annual Varsity Invitational. Ten teams will be coming to town for a 10 a.m. start.

Zumbrota-Mazeppa 39 Lake City 24

- 106 - Jon Harvey defeated Lucas Schiell 2-1.
- 113 - Mason West lost his match against Michael Majerus 9-4 in overtime.
- 120 - Nash Nelson won by decision over John Poulin 7-4.
- 126 - Luke Skifton was defeated by Beau Jurrens 2-1.
- 132 - Aaron Meincke lost to Luke Krier 6-5.
- 138 - Joey Kozlowski was defeated by Cole Poncelet 5-2.
- 145 - Harold Schumacher lost by fall to Gabe Tupper in 5:58.
- 152 - Mitchell Anderson lost by fall to Tyler Soltau in 2:55.
- 160 - Derek Meincke received a forfeit.
- 170 - Sam Nutt lost by decision to Ethan Kovars 3-0.
- 182 - Thomas Frank received a forfeit.
- 195 - Lake City forfeited to Matt McKinney.
- 220 - Lake City forfeited to Jacob Bennett.
- 285 - Max Balow pinned Trey Lexvold in 4:50.



Freshman Sam Nutt breaks down Ethan Kovars in the 170 pound match. Sam lost 3-0.

JANUARY 24, 2019



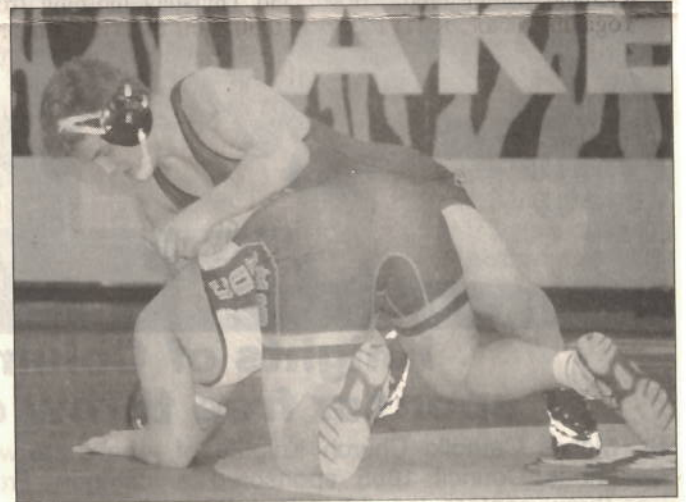
Jon Harvey (106) opened the dual against Z-M with a 2-1 win over Lucas Schiell. Jon finishes a firemen's carry takedown on his way to victory.



Nash Nelson counters a short sit over John Poulin. Nash won by decision 7-4 (120).



Sophomore Joe Kozlowski works a crossbody ride in an effort to turn Cole Poncelet with the Cougars. Joe lost 5-2 in the 138 pound match.



Freshman Max Balow, wrestling at heavyweight for the Tigers (285) is threading the needle en route to a third period pin over Trey Lexvold with Zumbrota-Mazeppa.

Wrestlers cruise

Thursday, January 31, 2019

to victory at triangular

By Sarah Ziebarth

The Lake City Tigers wrestling team faced Fillmore Central (FC) and La Crescent last Thursday night at home and hosted last weekend's wrestling invitational at the Lincoln High School.

Lake City defeated FC 59-10 and La Crescent 45-9 and took fourth place in the tournament with 122.5 points. Northfield won first place with 217.5 points, Dover-Eyota was second with 156.5, and Chatfield finished third with 139.

The Lake City wrestlers took initiative from the moment the match started last Thursday and refused to let either opponent have the lead. Mason West (113) led the charge against FC, pinning his opponent in 3:42, and Joe Kozlowski (138), Harold Schumacher (145), and Max Balow (220) all won with pins, as well.

Against La Crescent, Lake City again kept victory out of the Lancers' reach. Thomas Frank (170) and Max Balow (220) took down their opponents with pins, Mason West and Nash Nelson had solid performances against strong opponents. Dominic Goihl-Krier also did a nice job with a 3-0 shutout.

The team record now stands at 10-2 on the season.

"Thursday was a strong performance, particularly from Nash Nelson as he avenged previous loses to both his Fillmore Central and La Crescent opponents," said Coach Doug Vaith.

Saturday's invitational brought recognition to seven of the 12 Tigers, who placed in the top five at their weights. Of the four finalists Derek Meincke (160) was the only one to come out as a champion with a major decision. Jon Harvey (106), Nash Nelson (120) and Max Balow were all runners-up. Luke Skifton (126) and Thomas Frank (170) finished in fourth place while Joe Kozlowski (138) and Mason West (113) earned fifth place and Tanner Laska placed sixth at 106.

"We came in a bit short-handed as we had a few kids unable to compete, but those that did wrestle had solid days," Coach Vaith commented. "There were several extremely tough weigh classes which will serve our team well as we prepare for the final stretch of the season."

Tonight (Thursday) the Tigers travel to state-ranked Kenyon-Wanamingo for a dual meet and then will host a quadrangular on Friday evening with Rochester Century, St. Thomas Academy and Wabasha-Kellogg starting at

5 p.m.

Lake City 59 Fillmore 10

106 - Jon Harvey received a forfeit.

113 - Mason West pinned Brandon Knutson in 3:42.

120 - Nash Nelson defeated Cale Anderson 4-0.

126 - Luke Skifton won his match against Orion Sass 13-2.

132 - Aaron Meincke lost to Caden Anderson 12-2.

138 - Joey Kozlowski pinned Carter Hovland in 2:20.

145 - Harold Schumacher pinned Oliver Hoeltzle in 1:28.

152 - Dominic Goihl-Krier defeated Devin Troendle 15-1.

160 - Derek Meincke received a forfeit.

170 - Thomas Frank received a forfeit.

182 - Sam Nutt received a forfeit.

195 - Double forfeit.

220 - Max Balow pinned Michael Barrett in 5:17.

285 - Lake City forfeited to Stefan Nikoloski.

Lake City 45

LaCrescent 9

106 - Double forfeit.

113 - Mason West won his match against Bruce Duffy 7-3.

120 - Nash Nelson defeated Joey Schreler 7-3.

126 - Luke Skifton received a forfeit.

132 - Aaron Meincke received a forfeit.

138 - Joey Kozlowski received a forfeit.

145 - Harold Schumacher lost to Ty Mallicoat 12-4.

152 - Dominic Goihl-Krier defeated Dyllan Worrel 3-0.

160 - Derek Meincke received a forfeit.

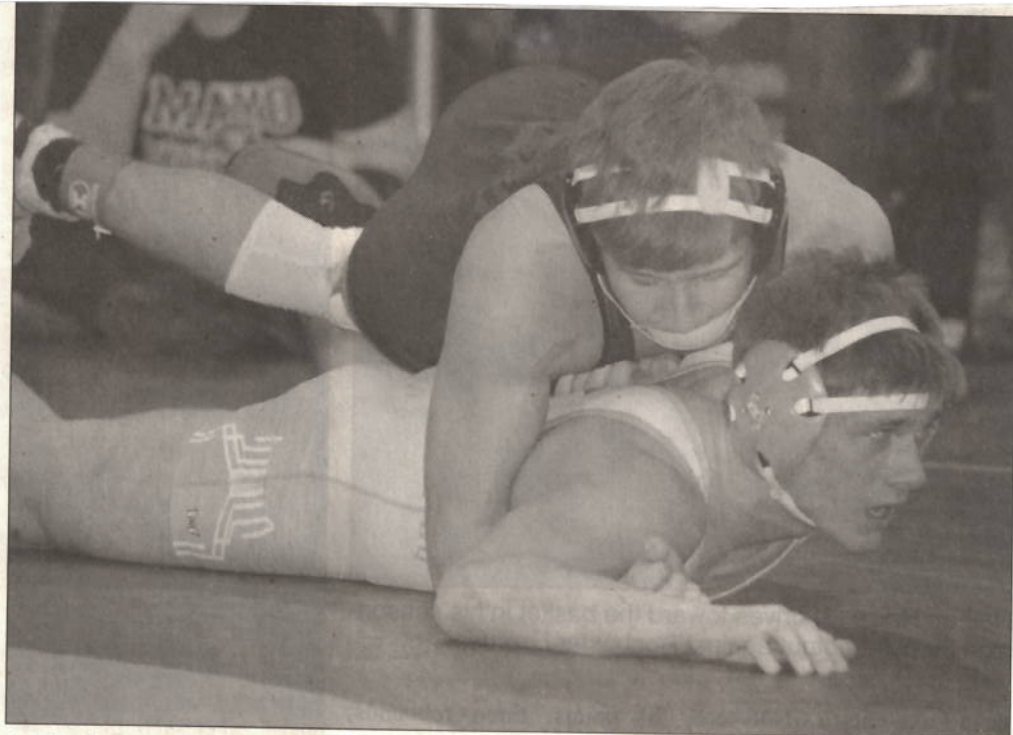
170 - Thomas Frank pinned Dylan Schultz in 1:02.

182 - Sam Nutt was pinned by Colton Jorgenson in 4:20.

195 - Double forfeit.

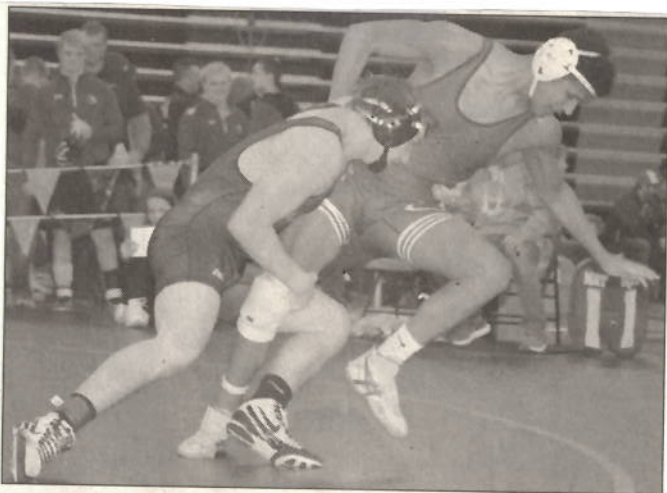
220 - Max Balow pinned Clayton Jorgenson in 1:44.

285 - Double forfeit.



Junior Derek Meincke with an arm bar in the 160-pound championship match at the Lake City Invitational Jan. 26. Derek won

the match by major decision 15-7. It was his fourth individual tournament title this season.



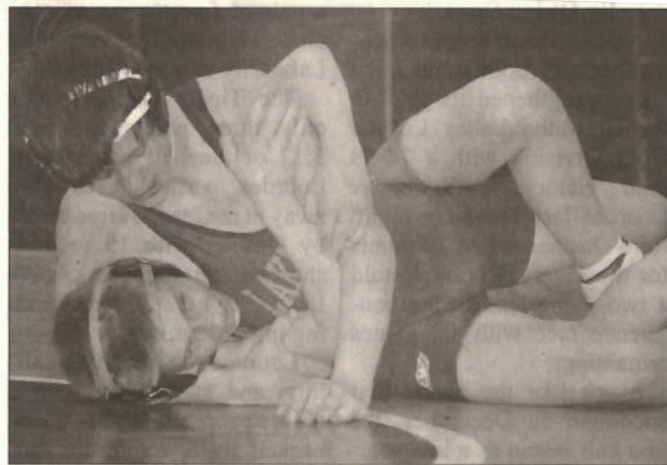
Thomas Frank attempts to finish a single leg takedown against Chatfield. Thomas lost the match by a score of 3-1, and finished fourth on the day.



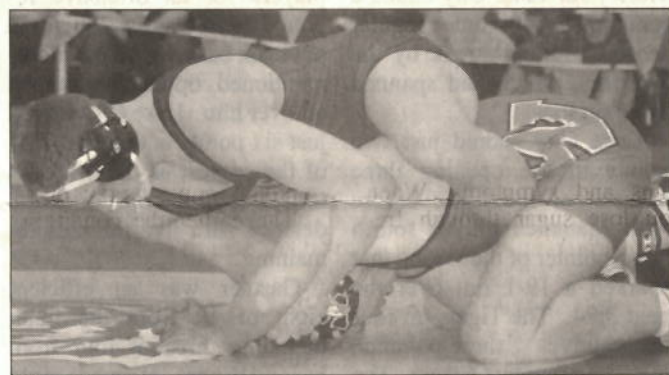
Freshman Luke Becker used a crossface to fight off a takedown against Northfield. Luke lost the match 9-1 and finished the tournament in fourth place.



Luke Skifton (126) with a high crotch shot. Luke won a close 3-2 decision and went on the finish in fourth place.



Tanner Laska (106) finished a headlock en route to a 13-1 victory over his Winona opponent, finishing sixth overall.



Max Balow with a power half turn on his way to a 18-4 victory and second place finish in the 195-pound weight class.



Mason West on a cross wrist ride in his fifth place match against Chatfield. Mason won the match 4-2 to finish in fifth place at 113 pounds.

**Lake City Invitational
Team Results**

1. Northfield	217.5
2. Dover Eyota	156.5
3. Chatfield	139
4. Lake City	122.5
5. Saint Charles	114
6. Andover	92
7. Rochester Mayo	90
8. Medford	89
9. Winona	87
10. Westfield	64
11. Wabasha-Kellogg	62

Lake City Individuals

- 106 - Jon Harvey, second place; Tanner Laska, sixth place.
- 113 - Mason West, fifth place.
- 120 - Nash Nelson, second place.
- 126 - Luke Skifton, fourth

place.

132 - Aaron Meincke did not place.

138 - Joe Kozlowski, fifth place.

152 - Mitchell Anderson did not place.

160 - Derek Meincke,

champion.

170 - Thomas Frank, fourth place.

182 - Sam Nutt did not place.

195 - Max Balow won two matches and lost his third.

Wrestlers dominate

The Lake City Graphic

By Sarah Ziebarth

Lake City took a small hit last Thursday night against state-ranked Kenyon-Wanamingo, as the team lost the dual 42-27 in which several matches came down to the last seconds. However, the Tigers came back undeterred in Friday's quadrangular against St. Thomas, Wabasha-Kellogg, and Rochester Century, winning 60-19, 50-10, and 57-10.

The wrestlers came out of the gate with their usual fighting spirit Thursday, and held the lead for the first six matches before being surpassed by the Knights. Jon Harvey (106), Mason West (113) and Max Balow (195) all won via pins, but it wasn't quite enough to pull the team out on top.

As for Friday's matches, Lake City first faced St. Thomas and did so without mercy. Mason West (113), Nash Nelson (120) and Joey Kozlowski (138) all took down their opponents with pins, and the team received seven forfeits while only giving up two, themselves.

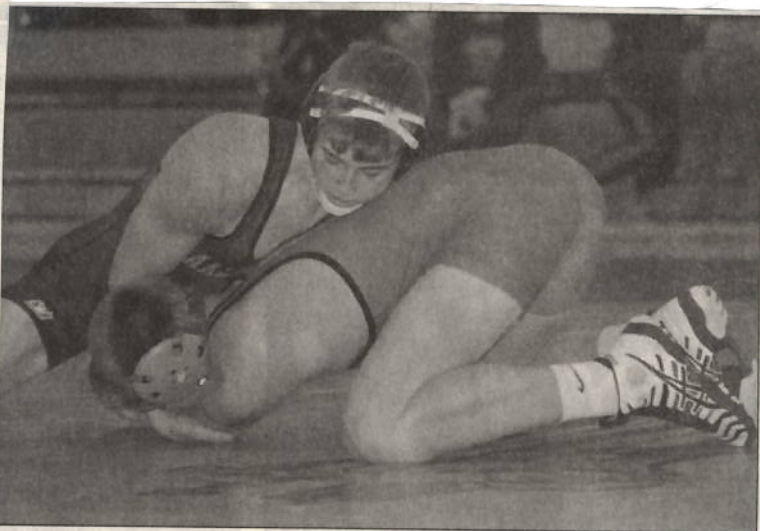
Next up was Wabasha-Kellogg, and the Tigers pursued the Falcons with as much vigor as the former opponent. This time, Nash Nelson (120), Luke Skifton (126) and Sam Nutt (170) had pins, and there were two double forfeits. Wabasha-Kellogg also forfeited three matches to Mason West (113), Thomas Frank (182), and Max Balow (195).

In the final match the Lake City wrestlers took on Rochester Century, and Jon Harvey (106), Mason West (113), Luke Skifton (126), Sam Nutt (170), Thomas Frank (182) and Max Balow (195) all continued to tally up points with pins.

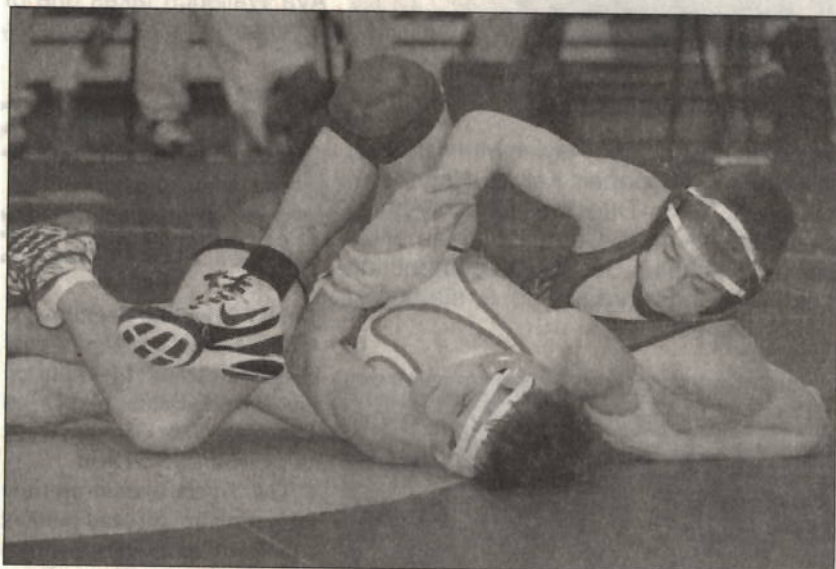
"It was an interesting week with the lack of practice due to school being called off, but the kids remained disciplined with their weights and showed up Thursday and Friday ready to compete," said Coach Doug Vaith. "We now face our fourth state-ranked opponent in our final regular season dual meet when Goodhue comes to town Thursday night. This will be another fun challenge before we start section competition."

Tonight (Thursday) the Tigers host their last regular home match against Goodhue, as mentioned, in hopes of improving on their 13-3 season record. It will also be Senior Night and Allison Hanson and Ivan Vargas will be recognized.

at quad



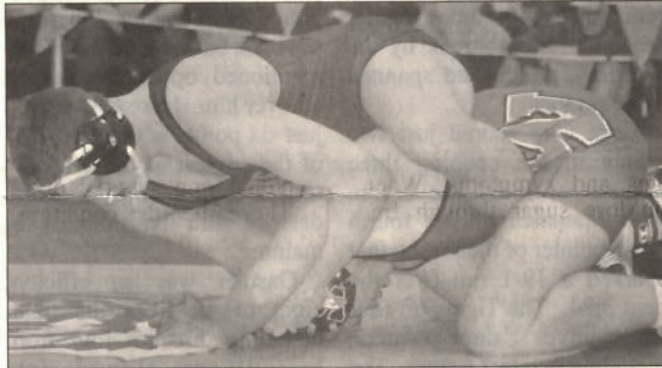
Freshman Aaron Meincke defends a takedown attempt by Bray Olson of Kenyon-Wanamingo. "Peanut" scored a last reversal to win 5-4 at 132 pounds.



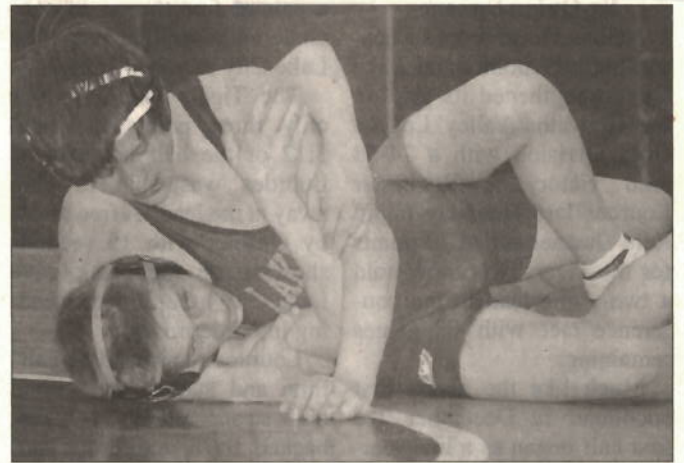
Joe Kozlowski finished off Jacob Draxler of St. Thomas Academy with a guillotine. Joe won by a fall in the third period at 138 pounds.



Luke Skifton (126) with a high crotch shot. Luke won a close 3-2 decision and went on the finish in fourth place.



Max Balow with a power half turn on his way to a 18-4 victory and second place finish in the 195-pound weight class.



Tanner Laska (106) finished a headlock en route to a 13-1 victory over his Winona opponent, finishing sixth overall.



Mason West on a cross wrist ride in his fifth place match against Chatfield. Mason won the match 4-2 to finish in fifth place at 113 pounds.

**Lake City Invitational
Team Results**

1. Northfield	217.5
2. Dover Eyota	156.5
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6. Andover	92
7. Rochester Mayo	90
8. Medford	89
9. Winona	87
10. Westfield	64
11. Wabasha-Kellogg	62

Lake City Individuals

106 - Jon Harvey, second place; Tanner Laska, sixth place.

113 - Mason West, fifth place.

120 - Nash Nelson, second place.

126 - Luke Skifton, fourth

place.

132 - Aaron Meincke did not place.

138 - Joe Kozlowski, fifth place.

152 - Mitchell Anderson did not place.

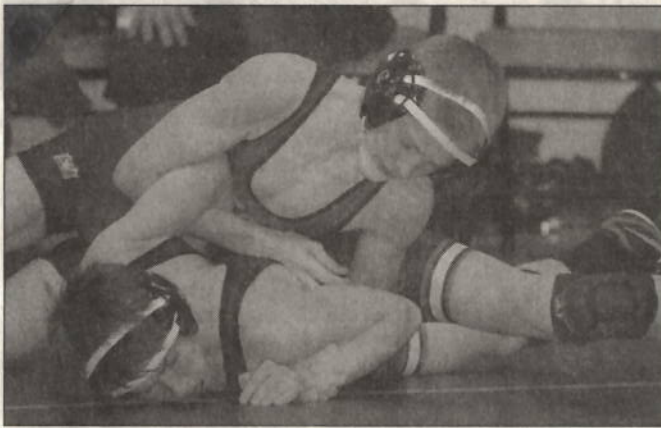
160 - Derek Meincke,

champion.

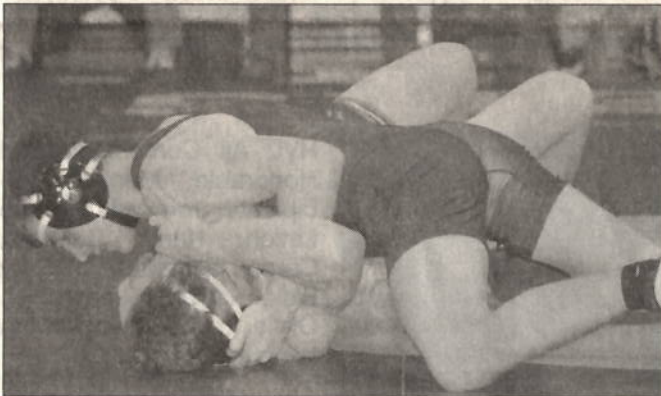
170 - Thomas Frank, fourth place.

182 - Sam Nutt did not place.

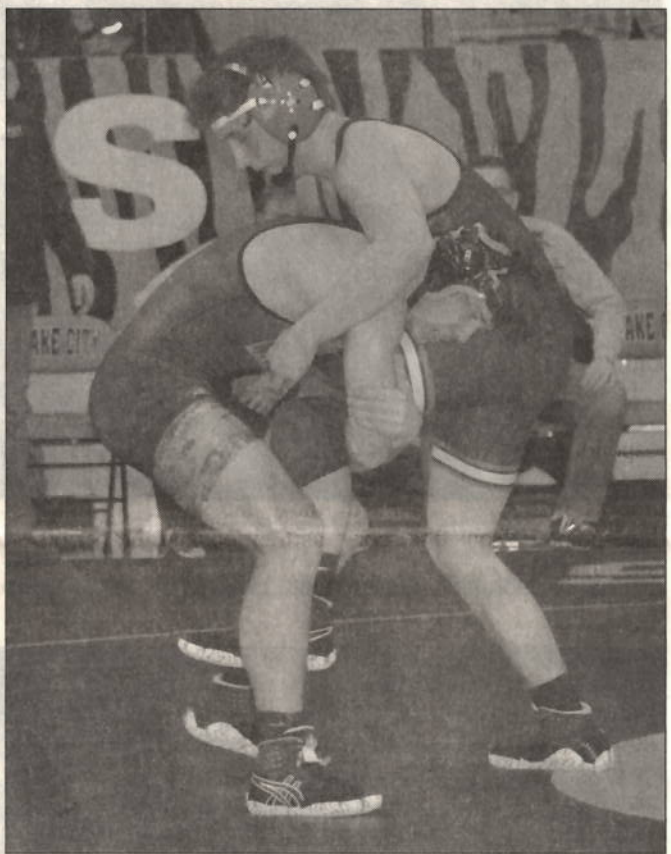
195 - Max Balow won two matches and lost his third.



Jon Harvey (106) uses an arm bar on Chris Cushman of Wabasha-Kellogg on his way to a 6-1 victory.



Freshman Sam Nutt (170) squeezes Jack Rodeghier of Wabasha-Kellogg to the mat and pins him in 1:04.



Harold Schumacher uses a single leg takedown on Devin Beier of Wabasha-Kellogg. Harold scored the takedown with one second left in the match to win 3-2 at 145 pounds.

Lake City 50

Wabasha Kellogg 10

- 106 - Jon Harvey defeated Chris Cushman 6-1.
- 113 - Mason West received a forfeit.
- 120 - Nash Nelson pinned Terrik Miller in 1:52.
- 126 - Luke Skifton pinned Nate Irish in 1:10.
- 132 - Aaron Meincke lost to Nolan Rommel 10-1.
- 138 - Joey Kozlowski lost by fall to Tagen Miller in 1:18.
- 145 - Harold Schumacher defeated Devin Beier 3-2.
- 152 - Dominic Goihl-Krier won against Tanner Sanderson 5-0.
- 160 - Derek Meincke won against Jon Frazier 17-2.
- 170 - Sam Nutt pinned Jack Rodeghier in 1:04.

Lake City 57

Rochester Century 10

- 106 - Jon Harvey pinned Nick Zetah in 5:13.
- 113 - Mason West pinned Sam Johnston in 0:48.
- 120 - Nash Nelson defeated Khristian Swenson 7-0.
- 126 - Luke Skifton pinned Chris Zetah in 1:44.
- 132 - Aaron Meincke won by technical fall over Jasmine Olson 15-0.
- 138 - Joey Kozlowski received a forfeit.
- 145 - Harold Schumacher lost to Garrett Pavelko 12-3.
- 152 - Dominic Goihl-Krier won by a major decision over

Payton Pagel 11-0.

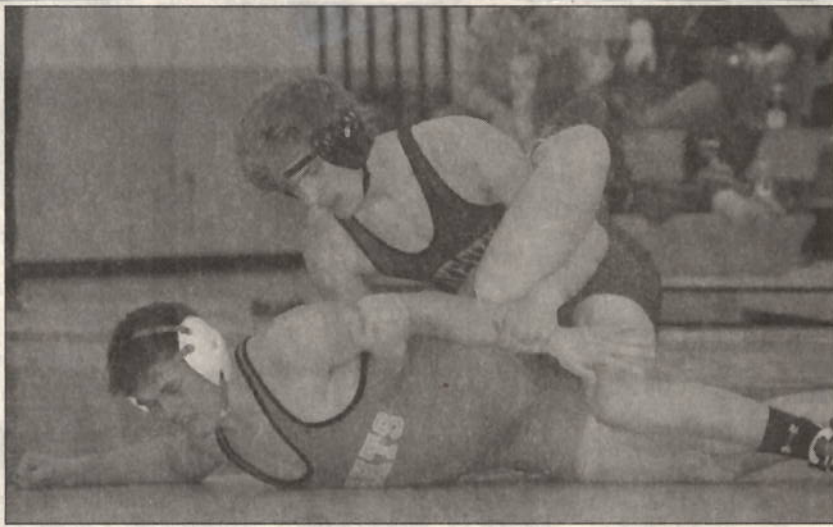
- 160 - Derek Meincke decisioned Owen Pharo 8-4.
- 170 - Sam Nutt pinned Casey Neumann in 3:31.
- 182 - Thomas Frank pinned

Logan Carter in 1:07.

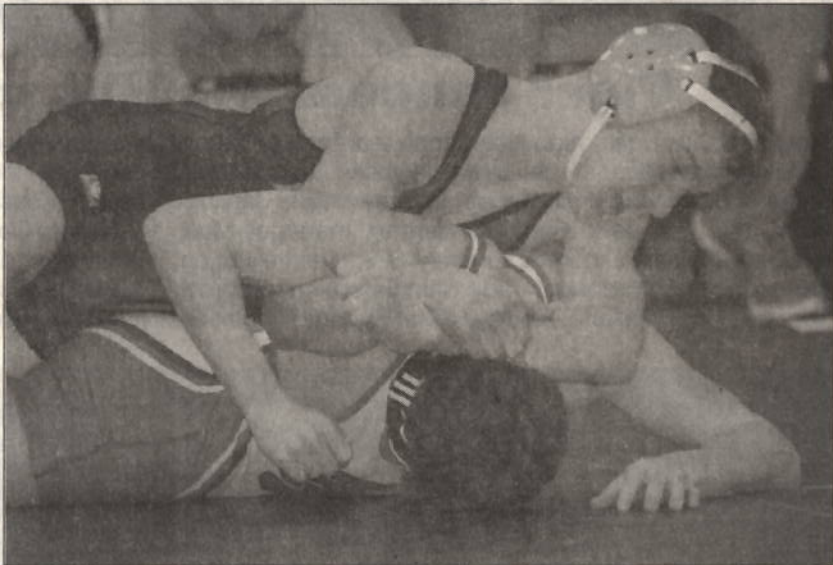
- 195 - Max Balow pinned Nate Davis in 1:02.
- 220 - Lake City forfeited to Seth Arndt.
- 285 - Double forfeit.

FEBRUARY 7, 2019

QUAD



Sophomore Dominic Goihl-Krier (152) applies a tilt on his way to a 10-5 win over Logan Meyers of Kenyon-Wanamingo.



Nash Nelson (120) works a half-nelson against Sam Bute of St. Thomas Academy. Nash picked up a second period fall.

FEBRUARY 7, 2019

QUAD

Lake City 27

Kenyon Wanamingo 42

106 - Jon Harvey pinned Wyatt Rauk in 1:16.

113 - Mason West pinned Owen Scheffler in 3:19.

120 - Nash Nelson lost by decision 6-4 to Isaiah Thompson

126 - Luke Skfiton lost by fall to Alec Johnson in 3:29.

132 - Aaron Meincke won by decision over Bray Olson 5-4.

138 - Joey Kozlowski lost to Tyler Craig 5-3.

145 - Harold Schumacher was pinned by Nathan Bauer in 0:57.

152 - Dominic Goihl-Krier defeated Logan Meyers 10-5.

160 - Derek Meincke lost by fall to Seth Brossard in 4:24.

170 - Sam Nutt lost by fall to Tyler Ryan in 1:04.

182 - Thomas Frank won by decision over Carter

Quam 5-4.

195 - Max Balow won by fall over Owen Hilke in 4:30.

220 - Lake City forfeited to Kaya Lindell.

285 - Lake City forfeited to Jesse Jackson.

Lake City 60

St. Thomas 19

106 - Jon Harvey received a forfeit.

113 - Mason West pinned Cotton Zwiefel in 3:55.

120 - Nash Nelson pinned Sam Bute in 3:47.

126 - Luke Skfiton received a forfeit.

132 - Aaron Meincke received a forfeit.

138 - Joey Kozlowski pinned Jacob Draxler in 5:45.

145 - Harold Schumacher received a forfeit.

152 - Dominic Goihl-Krier received a forfeit.

160 - Derek Meincke received a forfeit.

170 - Thomas Frank received a forfeit.

182 - Sam Nutt was defeated by Michael Kenny 7-1.

195 - Max Balow lost to Garrison Solliday 12-3.

220 - Lake City forfeited to Phillip Skeps.

285 - Lake City forfeited to Devin Klein.

Tiger matmen defeat state-ranked

The Lake City Graphic

By Sarah Ziebarth

After being rescheduled from Thursday due to Mother Nature, the Lake City Tiger wrestlers took down the state-ranked Goodhue Wildcats Friday night in their closest match of the season. Ending the match with a final score of 33-32, the Tigers clawed their way to victory with pins from Jon Harvey (106) and Mason West (113) despite surrendering two forfeits to Goodhue. Lake City's team record is now 14-3.

Knowing their opponent was a tough one, the team made sure they had a head start with their first four matches. After Harvey (106) and West (113) got pins, Nash Nelson (120) and Luke Skifton (126) both won with a score of 6-1. From there on out, it was a nail biting struggle to the finish line, where the score ultimately ended in a tie of 32-32. The tie was broken by Criteria C, which was an unsportsmanlike call against Goodhue during one of the individual matches. The next tie-breaker is most matches won which would have also gone Lake City's way as they won eight of the 14 weight classes.

"This was one of our biggest wins for the program in many years," stated Coach Doug Vaith, "We competed so well and the entire team was getting into each individual match. The kids learned the value of every team point and

wrestling aggressively to pick up pins and bonus points in their matches. Jon's pin came with just seconds left in the second period, if he didn't get the pin he would have won by technical fall as he was ahead by 15 points.

"Mason was about to finish the match with a major decision win but attempted a throw in the final seconds to pick up the pin. Derek Meincke and Max both won by identical 11-3 scores and that eight-point margin of victory earned them major decisions.

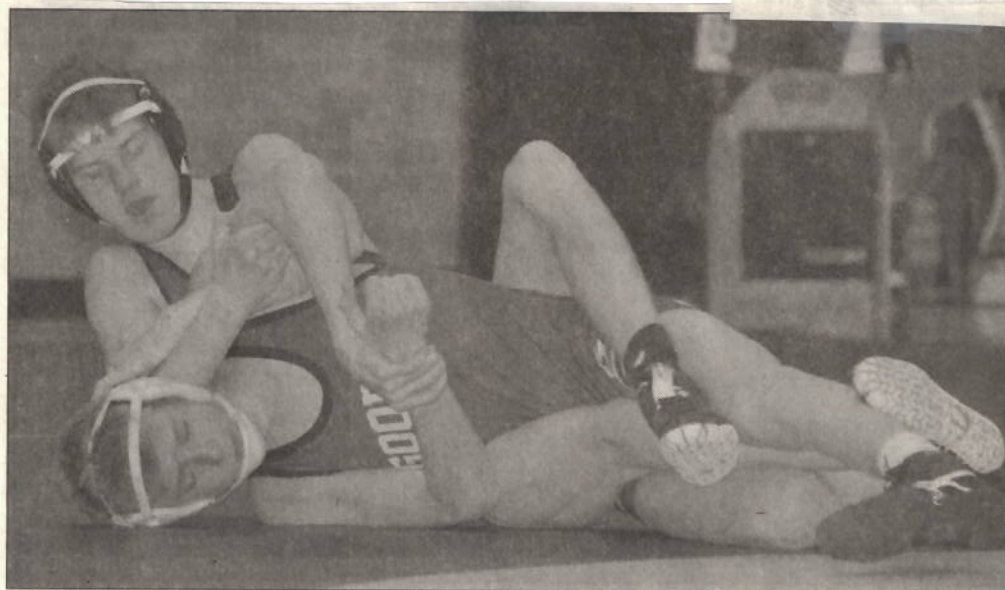
"Thomas Frank made a huge sacrifice for the team as he is our regular 170 pounder but weighed in over 170 so he was eligible to compete at 182 or 195. Tom was moved up to 195 and faced the No.

2 ranked individual in Class A and kept the match to a major decision which kept the team in the match going into the final two weight classes. The atmosphere and fan attendance made for a great environment to compete in," said Vaith.

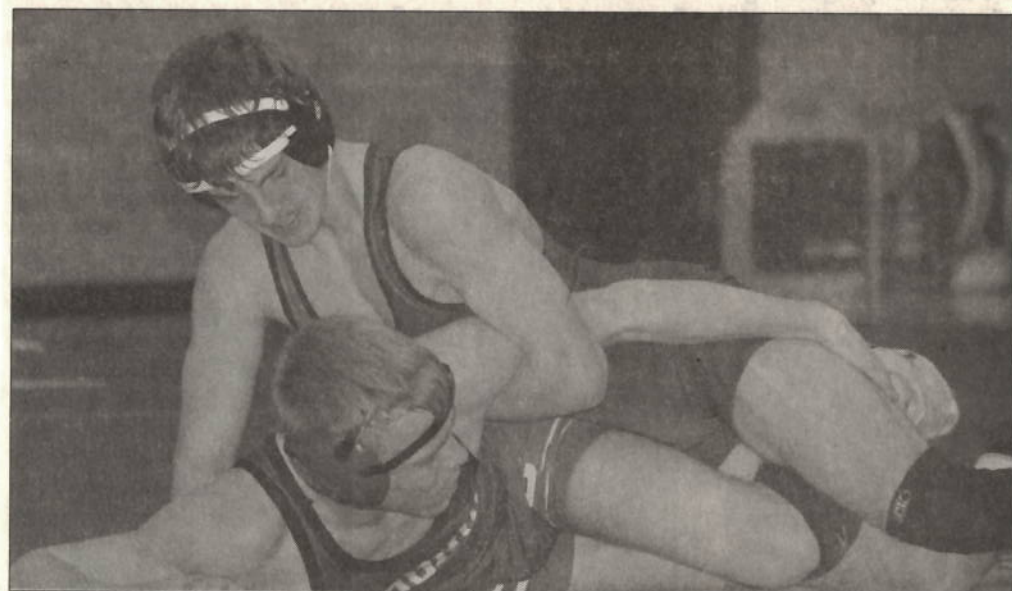
The Tigers earned the No. 4 seed and will compete tonight (Thursday) at home against

Wildcats

No. 5 seed Byron in the first round of the Section 1AA Team Tournament. Doors open at 6 p.m. and the match will start at 7 p.m. A victory on Thursday night would put the team in the section semi-finals for the first time since 1998. Wrestling begins at 11 a.m. on Saturday at the Mayo Civic Center in Rochester.



Mason West uses a power half on Makae O'Reilly at 113 pounds. Mason ended up winning by fall in the final seconds of his bout to give the Tigers six big points.



Luke Skifton uses an arm bar on his way to a 6-1 victory at 126 pounds over Carson Morken with the Wildcats.

FEBRUARY 14, 2009

VS. GOODHUE

**Lake City 33
Goodhue 32**

106 - Jon Harvey pinned Ryan Bortz in 3:57.

113 - Mason West pinned Makae O'Reilly in 5:52.

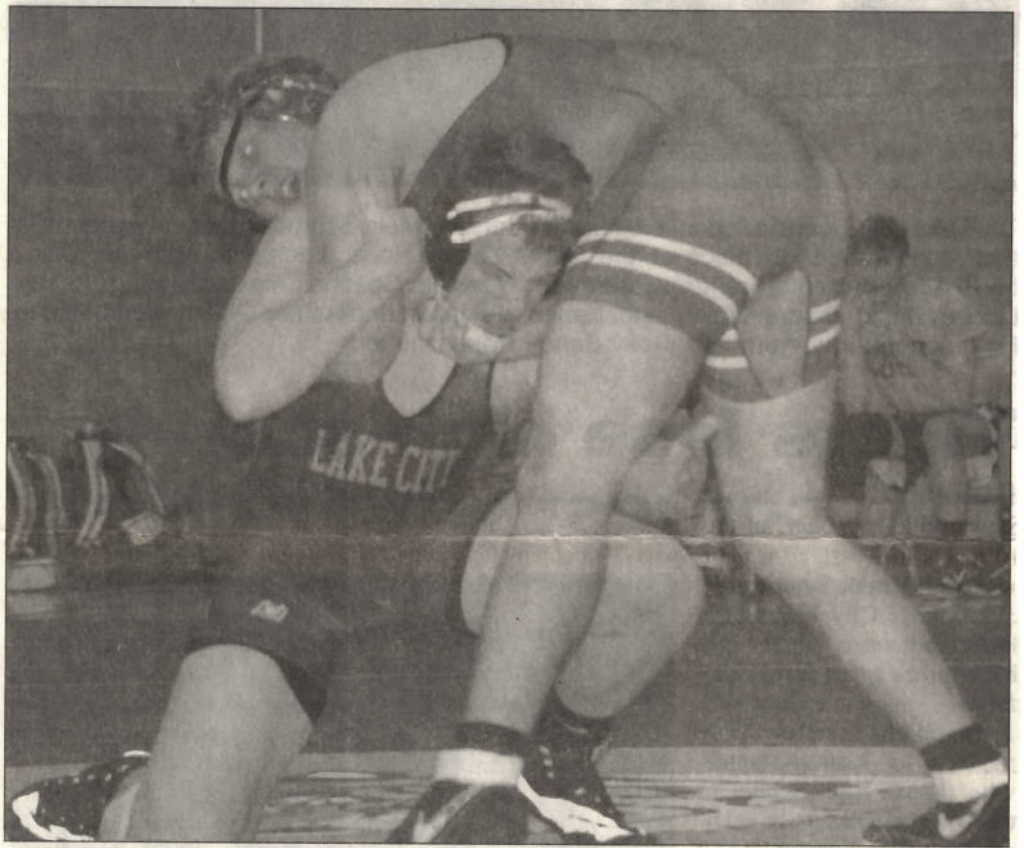
120 - Nash Nelson won by decision over Ryley Christianson 6-1.

126 - Luke Skifton won by decision over Carson Morken 6-1.

132 - Aaron Meincke lost by major decision to Maddox O'Reilly 13-4.

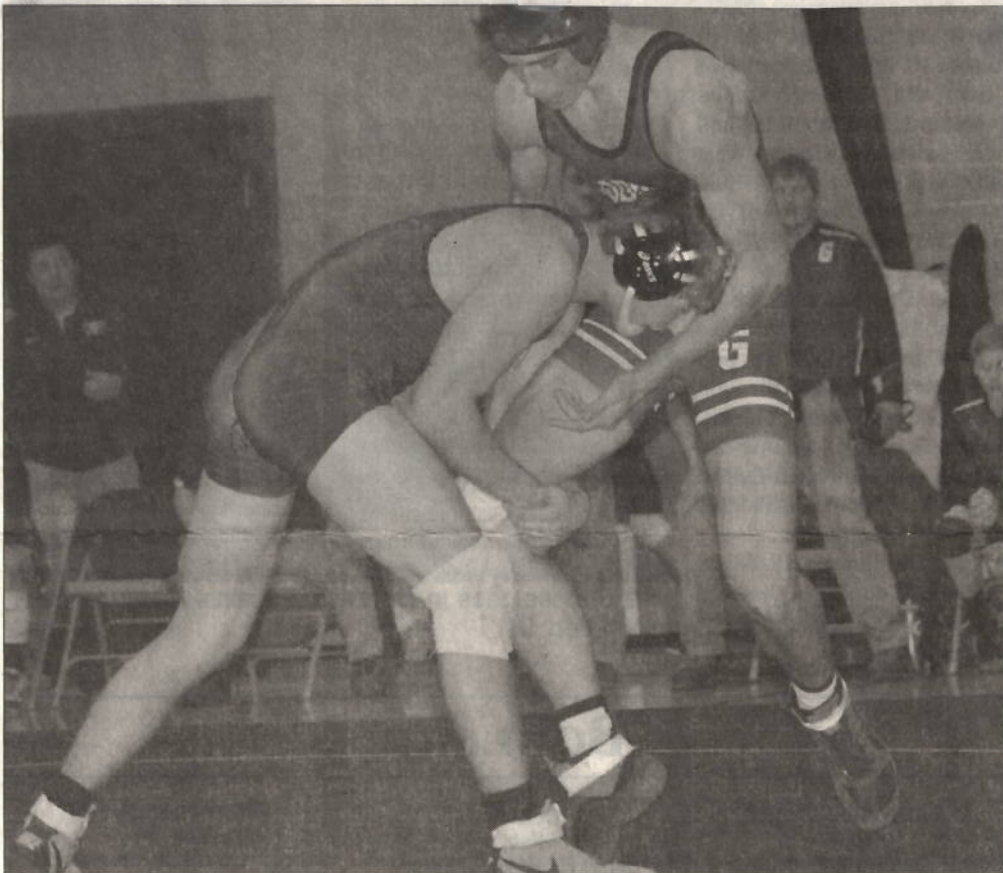
138 - Joey Kozlowski won by decision over Travis Gadiant 9-4.

145 - Harold Schumacher lost by fall to Baxter O'Reilly 1:51.



Freshman Max Balow moved up to heavy-weight from his normal 195 pound weight class and won by the score of 11-3 over Matthew Betcher with Goodhue to pick up

the necessary four points to tie the meet and put the team in position to win the dual on criteria.



Derek Meincke works for a single leg takedown against Kyle Schoenfelder of Goodhue. "D" moved up from his normal weight of 160 to 170 pounds and picked up an 11-3 major decision which gave Lake City four points.

152 - Dominic Goihl-Krier won by decision over Bjorn Otterness 5-2.

160 - Lake City forfeited to Kelby O'Reilly.

170 - Derek Meincke won by major decision over Kyle Schoenfelder 11-3.

182 - Sam Nutt lost by fall to Kaleb O'Reilly in 2:39.

195 - Thomas Frank lost by major decision to Kodee O'Reilly 15-4.

220 - Lake City forfeited to Cody Lohman.

285 - Max Balow won by major decision over Matthew Betcher 11-3.

*Tie breaker point awarded to Lake City making the final score 33-32

Tiger wrestlers win quarterfinal

Thursday, February 21, 2019 -

round, 1st time since 1997

By Sarah Ziebarth

The Lake City Tiger wrestlers defeated Byron by a landslide last Thursday night in their first section tournament of the season. The score was 57-13, with six pins making the match impossible for Byron to come back from.

Saturday, the team faced three-time defending state champion Kasson-Mantorville (K-M) once again, and unfortunately, the KoMets proved too powerful, as they won 58-3. Jon Harvey (106) was the only Lake City wrestler to win his match as the team's season came to a close.

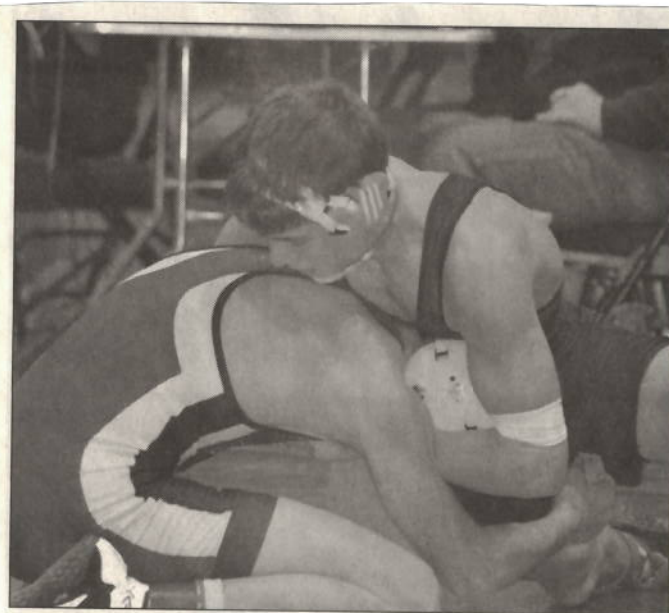
The Tigers took on the Bears with the same ferocity and determination they've had all season. They won 11 of their 14 matches, six of which were pins by Jon Harvey (106), Nash Nelson (120), Joey Kozlowski (145), Derek Meincke (160), Dominic Gohl-Krier (170) and Max Balow (220). Both Byron and Lake City had only one forfeit.

With Thursday's victory, the Tigers advanced to the section semifinals for the first time since 1997.

"Although the match score was lopsided, the K-M match had several good match-ups as the team fought for every individual match point," said Coach Doug Vaith. "The dual meet portion of the season is now finished and the teams overall record ended up at 15-4 with all losses being to state-ranked opponents, including two losses to Kasson-Mantorville.

"I'm proud of the way this young team meshed as the season progressed. There were several sacrifices by many kids throughout the season often times being asked to wrestle up a weight class or two for the good of the team. This is a very unselfish and team-driven group of kids," commented Coach Vaith.

Next up will be the Section 1AA individual tournament this Friday and Saturday at the Mayo Civic Center in Rochester. Competition begins at noon on Friday and 10 a.m. on Saturday.



Luke Becker (138) fighting off a takedown attempt against Tanner Paulson of Kasson-Mantorville. Luke moved up two weight classes and still kept the match to a loss by major decision.



The Lake City Tiger wrestling team following the 57-13 victory over Byron Feb. 14 in the quarterfinal round of Section 1AA action. This was the first year the Tigers advanced from the quarterfinals since 1997. The team finished the season with a record of 15-4.



Jonathan Harvey (106) rides Jace Minelli of Kasson-Mantorville. Johnny picked up a 3-2 win to push his season record to 28-6.

Lake City 3

Kasson-Mantorville 58

- 106 - Jon Harvey won by decision over Jace Minelli 3-2.
- 113 - Mason West lost to Logan Vaughan 8-1.
- 120 - Nash Nelson was defeated by Robby Horsman 18-6.
- 126 - Aaron Meincke fell to Giovanni Ruffo 6-0.
- 132 - Luke Skifton was beaten by Matthew Harfmann 9-2.

138 - Luke Becker lost against Tanner Paulson 12-1.

145 - Joey Kozlowski lost by technical fall to Carlos Ruffo 16-1.

152 - Harold Schumacher was pinned by Kail Wynia in 1:44.

160 - Derek Meincke fell to Bennett Berge 9-1.

170 - Dominic Goihl-Krier was pinned by Dalton Andrist in 2:27.

182 - Thomas Frank lost by technical fall to Patrick Kennedy 16-0.

195 - Sam Nutt lost by fall to Grant Pamsh in 0:39.

220 - Max Balow lost by decision to Garsen Schorr 8-1.

285 - Lake City forfeited to Anthony Moe-Tucker.

Lake City 57

Byron 13

106 - Jon Harvey won by fall over Lucas Green in 0:58.

113 - Mason West lost by decision to Maxwell Petersen 20-7.

120 - Nash Nelson pinned Eli Haight in 3:41.

126 - Aaron Meincke received a forfeit.

132 - Luke Skifton won by major decision over Parker Kline 12-3.

138 - Luke Becker lost by decision to Seth Haight 10-5.

145 - Joey Kozlowski won by fall over William Wharton in 1:04.

152 - Harold Schumacher won by major decision over Wyatt Nemechek 9-1.

160 - Derek Meincke won by fall over Donald French in 1:56.

170 - Dominic Goihl-Krier won by fall over Tyson Dean in 2:24.

182 - Sam Nutt won by major decision over Beau

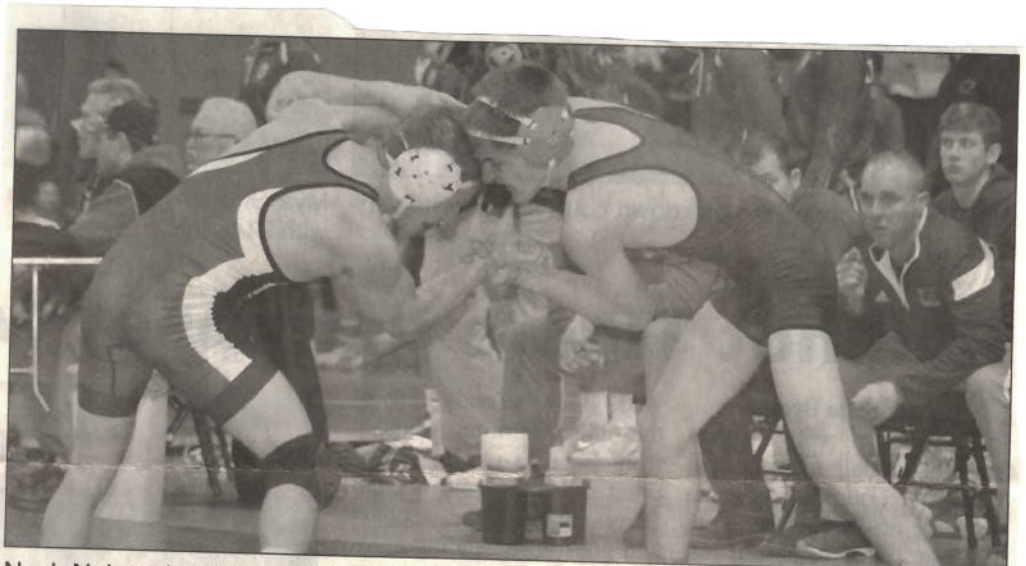
Lorentzen 14-0.

195 - Thomas Frank decisional Lucas Birch 6-3.

220 - Max Balow won by fall over Vicente Deleon in 2:29.

285 - Lake City forfeited to James Jasperson.

FEBRUARY 21, 2019



Nash Nelson (120) "hand fighting" from the neutral position against Robby Horsman of Kasson-Mantorville. Nash dropped the match by a score of 18-6.

10 wrestlers place at sections;

Thursday, February 28, 2019 - 9

Harvey qualifies for state

By Sarah Ziebarth

With the wrestling season winding down, the Lake City Tigers took 12 individuals to the Section 1AA Individual Tournament that took place in Rochester last Friday and Saturday and brought home 10 medals. Five wrestlers placed sixth, three placed fourth, one placed third and one placed second.

Jon Harvey (106) placed in the top two at his weight to advance to the state meet this Friday and Saturday at the Xcel Energy Center in St. Paul.

Individuals Results

106 - Freshman Jon Harvey opened with first period fall and then in the semifinals won 4-2 with a third period takedown and near fall. The semi-final win avenged an earlier season loss to his Cannon Falls opponent. In the finals Jon lost a close 4-3 match to finish in second place. Jon will take his 30-7 record to the state meet this week.

113 - Junior Mason West started the tourney with a second period fall followed by a 15-5 loss to the eventual champion. In wrestle-backs Mason won 10-6 before falling in the third place match. Mason finished the season with a record of 30-13.

120 - Junior Nash Nelson opened with a 5-1 win followed by loss in the semi-finals to the eventual champion.

In the wrestle-backs Nash won 11-0 before dropping his 3rd place match by the score of 12-4. Nelson finished the season with a 29-14 record.

126 - Sophomore Luke Skifton lost in the opening round then received a bye in the wrestle-backs before dropping a 10-5 match and an overtime 5-3 match to fin-

ish in 6th place. Luke ends the season with a record of 28-12.

132 - Freshman Aaron Meinke opened the tourney with a 10-0 loss then followed that up with a 10-6 victory over his Cannon Falls opponent who had beaten Peanut earlier this season. His next two matches were losses by the score of 8-0 and by fall. With his sixth place finish Aaron ends the season at 13-16.

138 - Sophomore Joe Kozlowski lost his opening round match by score of 9-6 then followed that up with a :44 second win by fall. On Saturday Joe lost 7-2 to his K-M opponent and the fell 9-4 to finish in 6th place. Joe's final record for the season is 23-20.

145 - Junior Harold Schumacher lost both his matches and did not place. Harold finished the season at 9-13.

152 - Sophomore Dominic Goihl-Krier opened with an 11-2 loss then won by fall over an opponent from Byron. In the consolation round Dom lost 6-0 and 7-5 to finish in 6th place. In his first season of full-time varsity action Dom finished with a record of 22-11.

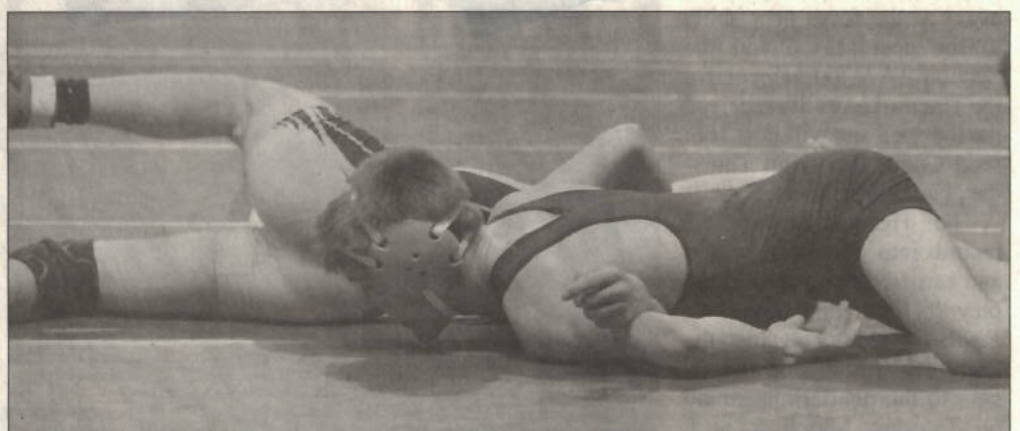
160 - Sophomore Jaden Rolbiecki who typically wrestles at 145 and 152 filled in at 160 and did a great job picking up a win by fall while trailing in his opening consolation round match. Jaden dropped his next 2 matches to finish in 6th place and the season with a varsity record of 2-11.

170 - Junior Derek Meinke opened the tourney with

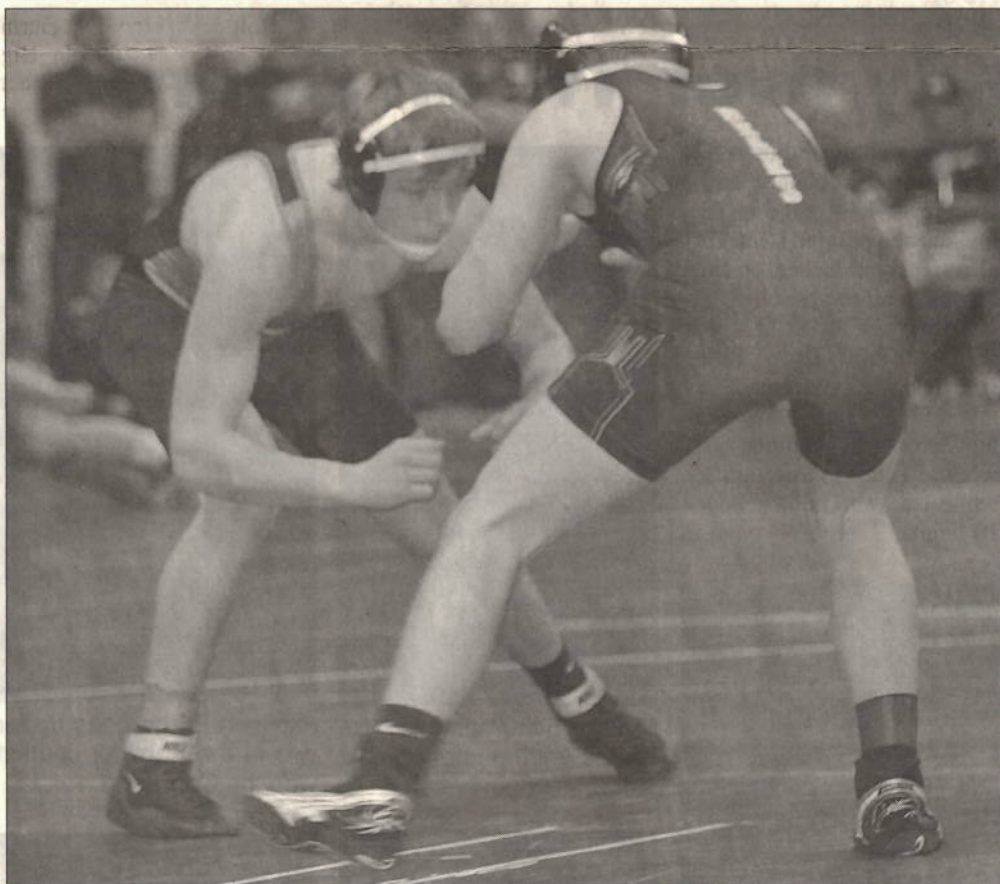
an 18-1 technical fall win. In the semifinals "D" lost a heartbreaker 4-2 but bounced back in wrestlebacks with a win by fall and 14-0 victory. Derek finished in 3rd place and had a 33-5 record for the season.

182 - Junior Thomas Frank dropped close 7-3 and 6-3 matches and did not place. Thomas ended the season with a record of 25-14.

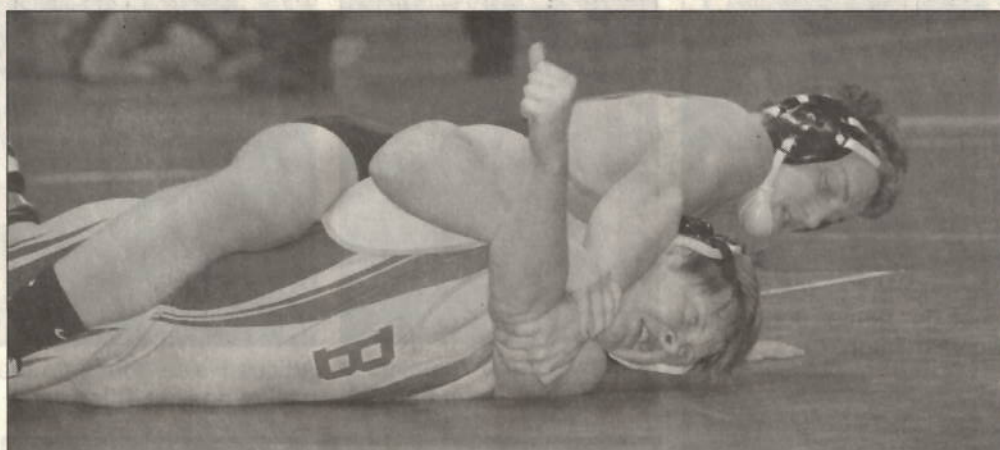
220 - Freshman Max Ballow opened with a 7-4 loss to a Simley opponent. Max followed up with a pair of pins before dropping another loss to the same Simley opponent by the same score to end in 4th place. Max finishes the season with a record of 28-9.



Nash Nelson (120) was looking for the pin his Byron opponent, he settled for an 11-0 major decision and finished in fourth place.

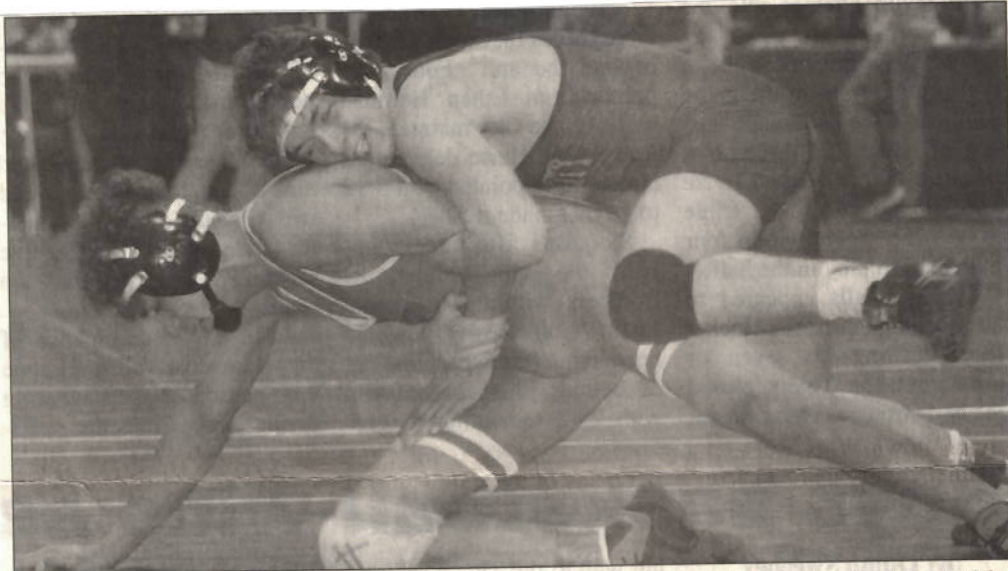


Jaden Rolbiecki (160) in his stance during a wrestle-back match. Jaden was trailing in the match and caught his opponent in a hip toss to win by pin and earn sixth place.

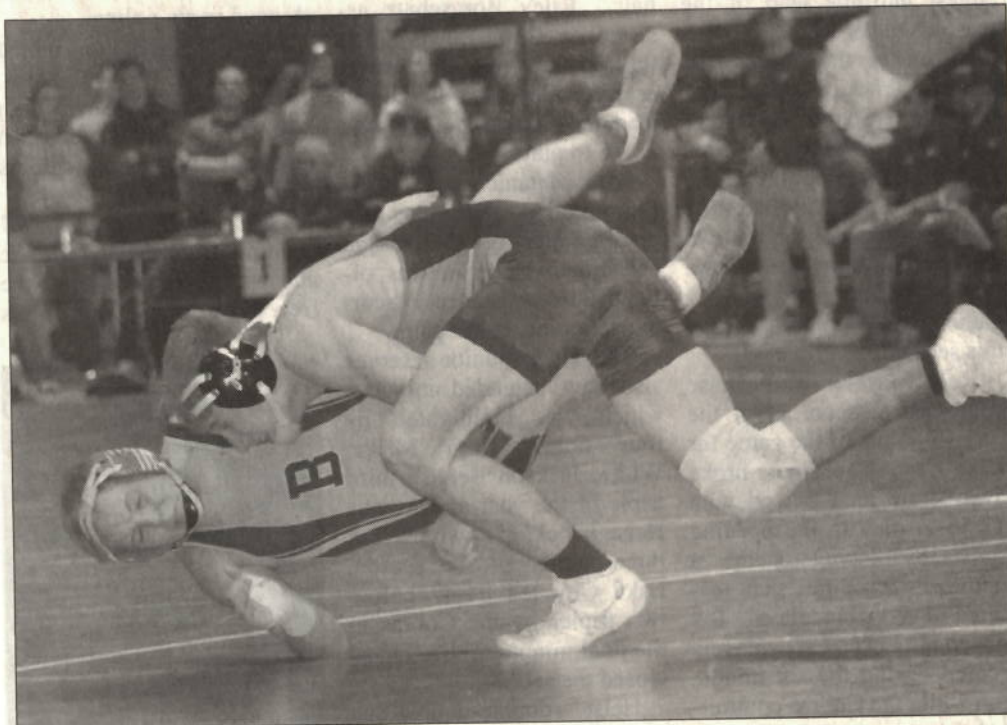


Freshman 220 pounder Max Balow picked up his 16th pin against a Byron opponent on his way to a fourth place finish.

SECTION WRESTLING
FEBRUARY 28, 2019

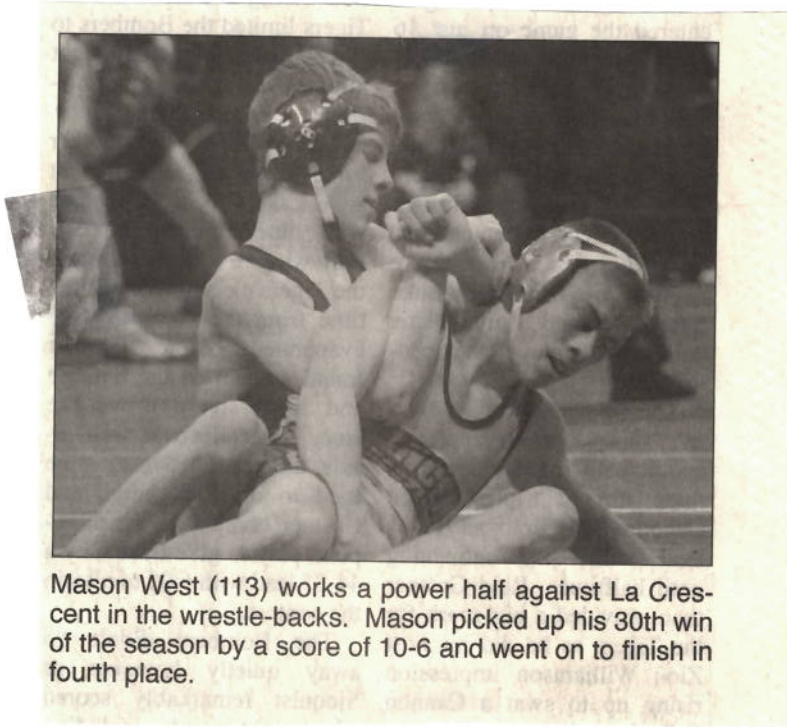


Luke Skifton (126) applies a wrist-arm bar against Simley. Luke dropped a double-overtime decision and finished in sixth place.



Derek Meincke (170) finishes a double leg takedown against his Bryon opponent. "D" won the match by fall and finished the tournament in third place.

SECTION WRESTLING
FEBRUARY 28, 2019



Mason West (113) works a power half against La Crescent in the wrestle-backs. Mason picked up his 30th win of the season by a score of 10-6 and went on to finish in fourth place.



The Lake City Tiger wrestling team brought home 10 medals from the Section 1AA Individual Tournament Feb. 15 and 16. Front row, from left: Jaden Rolbiecki, sixth; Nash Nelson, fourth; Jon Harvey, second; and Mason West, fourth; back row, from left: Dominic Krier-Goihl, sixth; Luke Skifton, sixth; Derek Meincke, third; Joey Kozlowski, sixth; and Aaron Meincke, sixth. Not pictured: Max Balow, fourth. Harvey advances to the state meet.



Harvey headed to state tournament

Freshman Jonathan Harvey (106) narrowly missed a championship title at the Section 1AA Individual Tournament Feb. 15 and 16. He lost a close 4-3 match in the finals, qualifying him for a state tournament berth. Here he is finishing out his semifinal match against Cannon Falls with a 4-2 win and earning a trip to the state meet this weekend. Complete coverage on page 9.

Harvey takes fifth at state

Lincoln High School freshman Jonathan Harvey competed in the state wrestling meet this past weekend and finished in fifth place at 106 pounds in Class AA.

Harvey opened the tourney against No. 4 seeded Dylan Louwagie of Marshall. The match was tied at two at the end of regulation so the match went into overtime. After overtime the match was still tied so they went into the ultimate overtime and Louwagie was able to earn a reversal and near fall to win the match 7-2.

Louwagie then won his next match, which brought Jon back into the tourney.

In his first wrestle-back match Harvey won by a fall in 1:49 over Andrew Novack of Chisago Lakes, which ended his competition for Friday.

On Saturday Harvey needed a win to medal and he came through with a narrow 1-0 victory over Avery Nelson of Mora with the only point being a third period escape. The win guaranteed him a top-six finish.

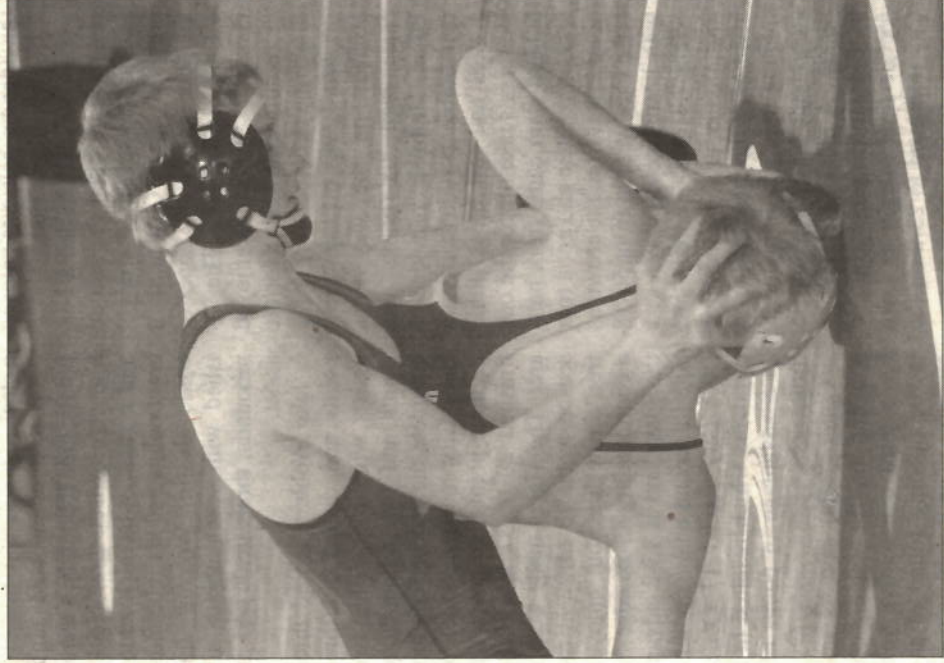
In the next round he faced Christian Noble of Big Lake,

Jonathan Harvey on the podium with his fifth place medal.

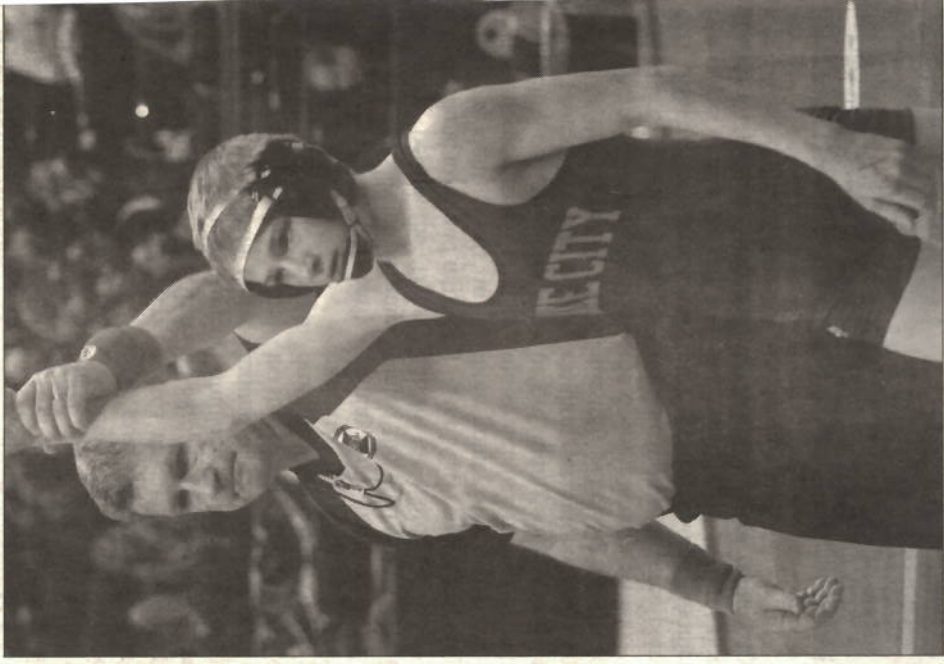
who was coming off an overtime loss in the semi-finals. Noble dominated Jon and earned a pin in 4:23.

To finish out the tourney Harvey met Ty Bisek of New London Spicer and won another close match picking up a first period takedown and breaking a 2-2 tie with an escape in the third period to win by the score of 3-2.

The victory earned Harvey a fifth place and a final season record of 33-9.

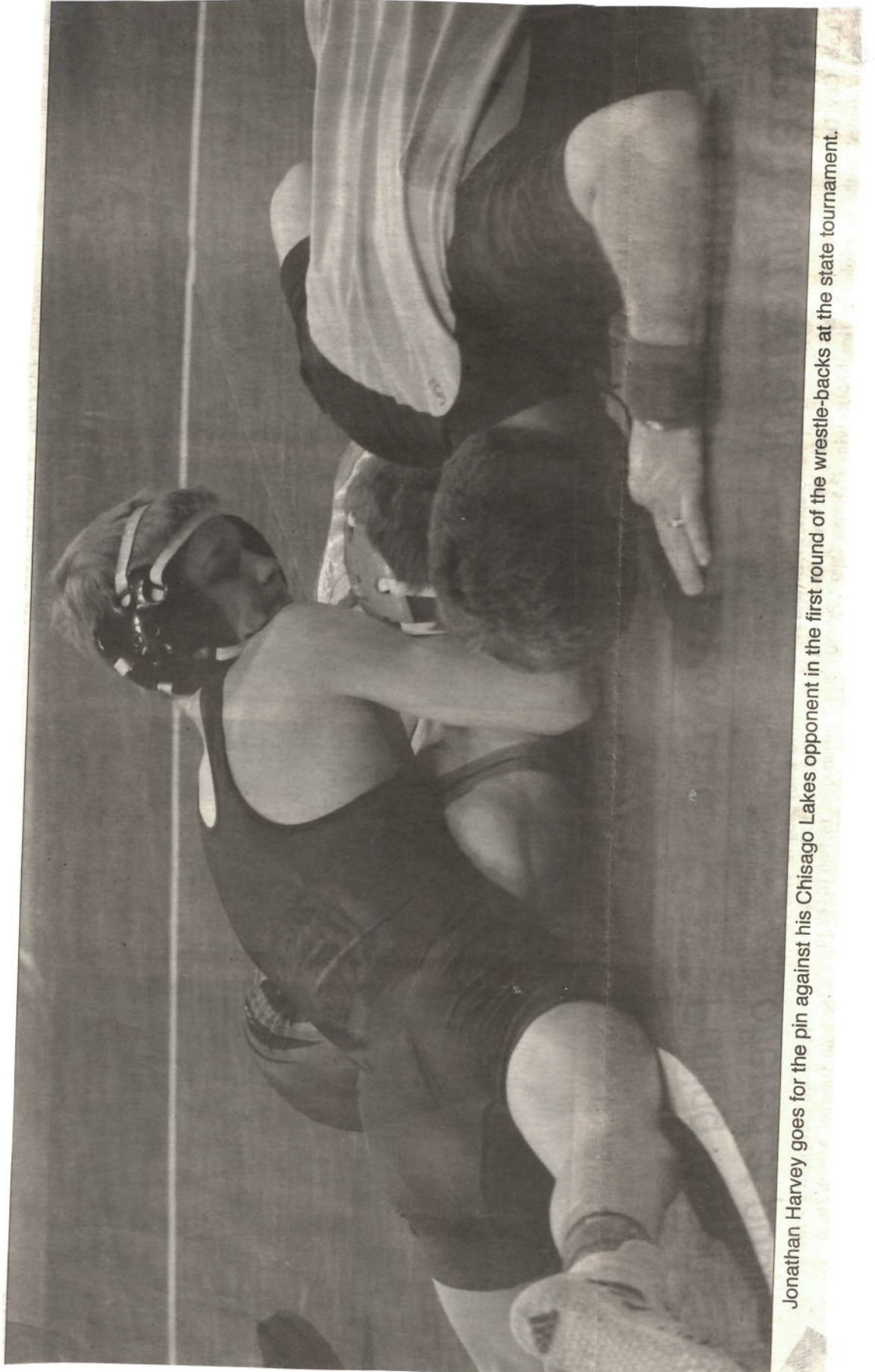


Jonathan Harvey holds an opponent's head to the mat during a wrestling match at the state wrestling tournament.



Jonathan Harvey following his victory over Andrew Novack of Chisago Lakes.

MARCH 7, 2019



Jonathan Harvey goes for the pin against his Chisago Lakes opponent in the first round of the wrestle-backs at the state tournament.

Wrestlers honored at

Thursday, March 14, 2019 - 9

year-end banquet

On Sunday, March 3 the Lake City Tiger wrestling team celebrated their season with a year-end banquet at the Lake City Sportsman's Club. Approximately 120 wrestlers, coaches, parents and fans gathered for a chicken dinner and to honor the accomplishments and efforts of this year's squad.

Head Coach Doug Vaith opened the event with several thank you's to the many people who volunteer their time for the kids and the program. Volunteer coaches included Wade Carlson, Dan Copp, Tom Balow, Derek Stripling, Lonnie West, Mike Harvey, Rob Nutt and Booster Club coach Austen Poss along with assistant coaches Eric Hanson, Kelly O'Laughlin and Kevin Frank. Others who were recognized included Sarah Ziebarth, newspaper articles, Kelly Nelson and Cherie Meincke, photographers, Deb Hanson, Athletic Booster Club representative, Chad and Deb Evans, Dan Lafferty, Kelly O'Laughlin, Lonnie West, elementary coaches, Dr. Pflaum, team doctor, Marcia Walker, weekly yoga sessions, Vern Zimmermann, Nancy Carlson and Reg Sikkink, meet personnel, Jim Klennert and Dennis Partyka, school maintenance, Nancy Rosado, laundry service, Paul Holland, pep band, bus drivers Chuck Holmstadt and Corey Meincke, Dave Mahn and Corey Meincke for the hospitality room for varsity invite and lastly the parents for support of the coaches and team.

Following the meal assistant coach Kelly O'Laughlin gave a summary of the junior high season and recognized the seventh and eighth graders followed by assistant coach Eric Hanson summarizing the junior varsity season and recognizing the freshmen. Assistant coach Kevin Frank then gave a summary of the varsity season. The awards portion of the program recognized the following:

Letterwinners: staticians/managers, Allison Hanson, Leah Borgschatz, Sadie Baures, Ce Ce Braun, McKenna Bremer and Elyse Dalgager; wrestlers, Tanner Laska, 7-11, two pins; Jonathan Harvey, 33-9, nine pins; Mason West, 30-13, 17 pins; Nash Nelson, 29-14, 12 pins; Luke Becker, 9-12, six pins; Aaron Meincke 13-16, four pins; Luke Skifton, 28-12, 12 pins; Joe Kozlowski, 23-20, six pins; Jaden Rolbiecki, 2-11, two pins; Mitchell Anderson, 2-11; Harold Schumacher, 9-13, five pins; Dominic Goihl-Krier, 22-11, four pins; Derek Meincke, 33-5, nine pins; Thomas Frank, 25-14, eight pins; Sam Nutt, 8-14, five pins; Max Balow, 28-9, 16 pins; Ivan Vargas, 14-4, six pins.

Iron Man Award winners for perfect attendance: first time earners, Mason West, Dominic Goihl-Krier; second time, Max Balow, Luke Becker; third time, Jonathan Harvey, Luke Skifton, Aaron Meincke; fifth time, Nash Nelson.

Academic honors: Team Gold Academic Achievement of a 3.51 GPA recognized by the Minnesota Wrestling Coaches Association. This is calculated using the top 10 GPA's of the varsity team, only grades 9-12 can be used.

Highest cumulative GPA of letterwinners - Mason West 3.82.

Academic all-conference (minimum of 3.2 GPA during quarter two and minimum of five conference matches wrestled with a winning record) - Jonathan Harvey, 3.5; Mason West, 3.9; Nash Nelson, 3.3; Dominic Goihl-Krier, 3.2; Derek Meincke, 3.2; Max Balow, 3.5.

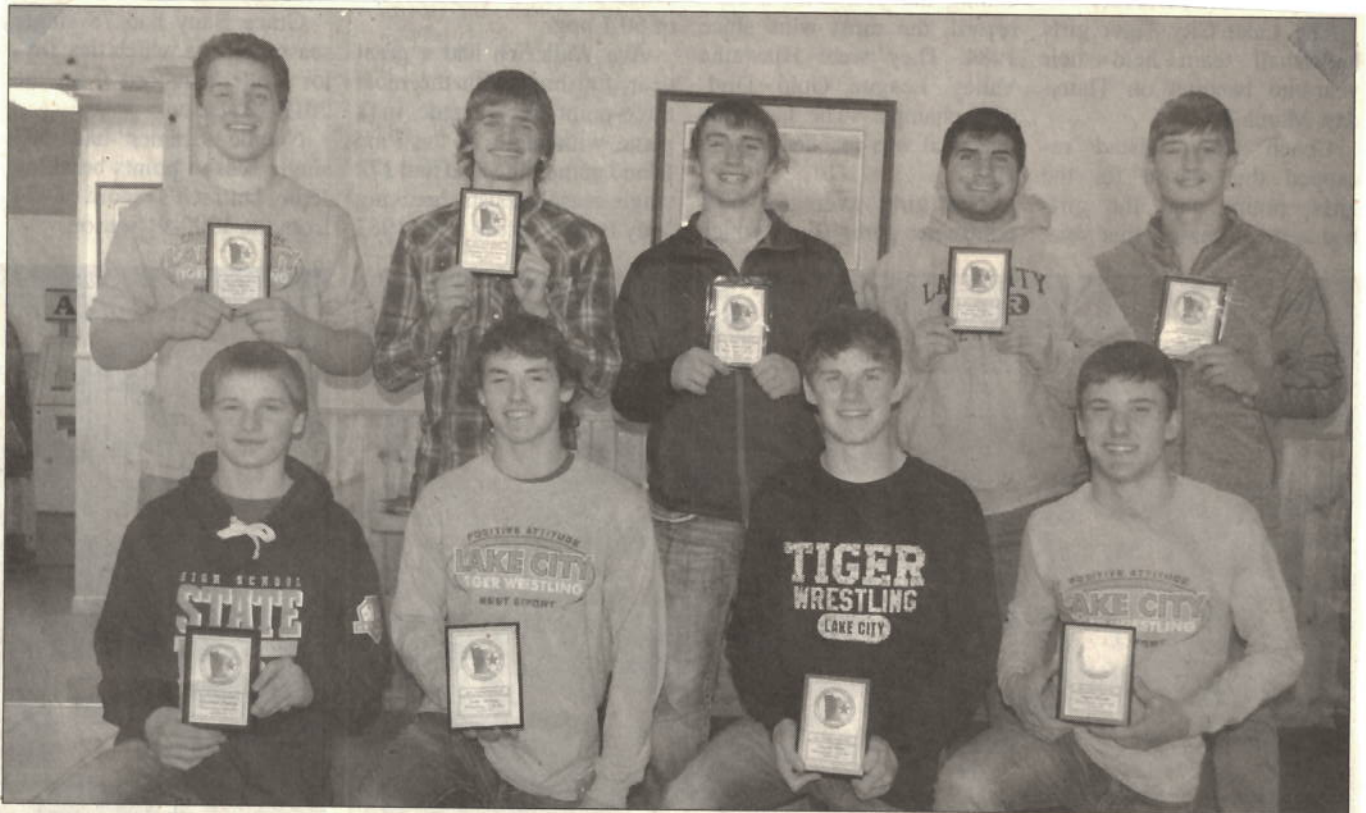
Statistical award winners: most takedowns - Derek Meincke, 65; most falls - Mason West, 17; career wins over 60, Derek Meincke, 64 and Luke Skifton, 65; career falls over 25 - Luke Skifton, 29 and Max Balow, 25.

Individual honors: all-conference - Jonathan Harvey, Derek Meincke and Max Balow; honorable mention all-conference - Mason West, Nash Nelson, Luke Skifton, Dominic Goihl-Krier, Thomas Frank and Ivan Vargas.

Team captain - Ivan Vargas. Seniors - Ivan Vargas and Allison Hanson.

"Special thanks to John Brinkman for his help in making it happen at the Lake City Sportsman's Club," said Coach Doug Vaith.

MARCH 14, 2019



Hiawatha Valley League all-conference and honorable mention awards were presented to: front row, from left: Jon Harvey, all-conference; Luke Skifton, Mason West and Nash Nelson, honorable mention; back row, from

left: Max Balow, all-conference, Dominic Goihl-Krier, Thomas Frank and Ivan Vargas, honorable mention and Derek Meincke, all-conference.



Varsity Tiger wrestler letter winners, front row, from left: Tanner Laska, Aaron Meincke, Mason West, Jon Harvey, Luke Skifton, Nash Nelson and Luke Becker; back row,

from left: Ben Nutt, Derek Meincke, Jaden Rolbiecki, Mitchell Anderson, Harold Schumacher, Thomas Frank, Ivan Vargas, Dominic Goihl-Krier and Max Balow.

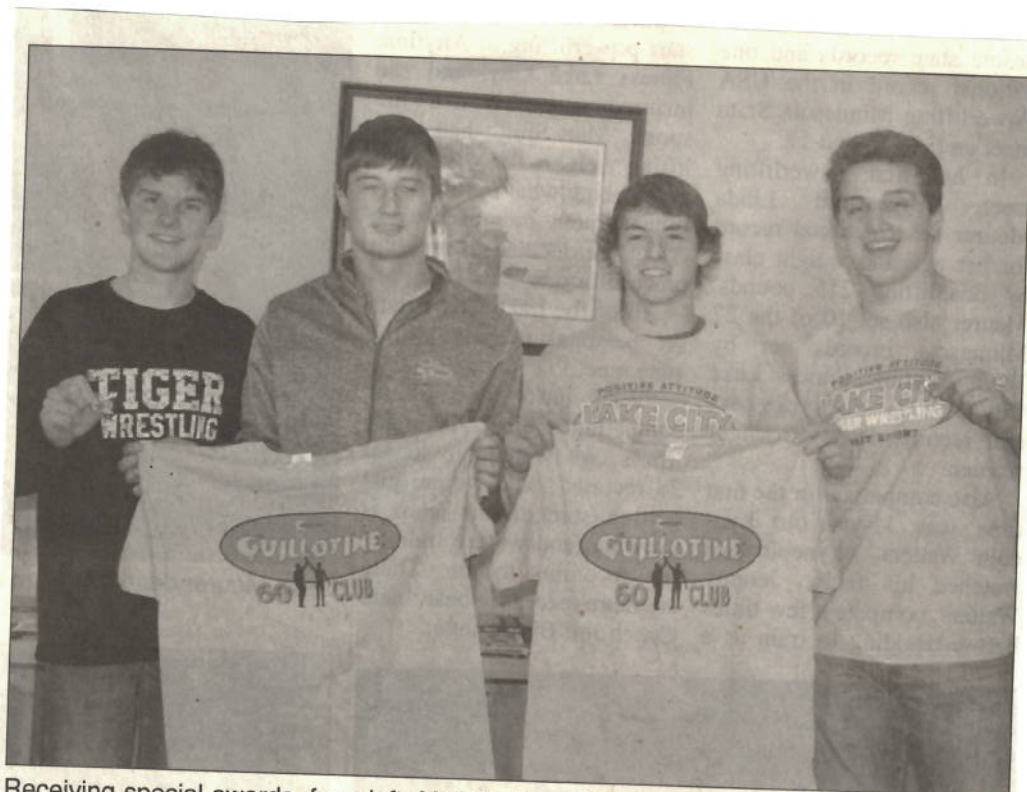
MARCH 14, 2019



Mason West was recognized for having the highest cumulative GPA of letter-winners with 3.82.



Letter winner statisticians and managers, from left: Cecelia Braun, Sadie Baures, McKenna Bremer and Leah Borgschatz. Not pictured: Allison Hanson and Elyse Dalager.



Receiving special awards, from left: Mason West, most falls, 17; Derek Meincke (64) and Luke Skifton (65), 60 Win Club; and Max Balow, career falls over 25, with 26. Meincke also had the most takedowns with 65 and Skifton had career falls over 25, with

March 14, 2019



Receiving academic all-conference, front row, from left: Mason West, Jon Harvey and Nash Nelson; back row, from left: Dominic Gohl-Krier, Max Balow and Derek Meincke.



Iron Man award winners, for perfect attendance are, front row, from left: Mason West, Nash Nelson, Aaron Meincke and Jon Harvey; back row, from left: Luke Skifton, Dominic Gohl-Krier, Max Balow and Luke Becker.



The Lake City

GRAPHIC

LAKE CITY, MINNESOTA

Wrestlers pick up two wins - page 9

\$100

New Series Vol. CIX - No. 30

www.lakecitygraphic.com

Thursday, December 13, 2018



The Lake City

GRAPHIC

LAKE CITY, MINNESOTA

Meincke wins LC Invite at 160 - page 9

\$100

New Series Vol. CIX - No. 37

www.lakecitygraphic.com

Thursday, January 31, 2019



Harvey finishes fifth at State - page 9

The Lake City GRAPHIC

LAKE CITY, MINNESOTA

\$100

New Series Vol. C:IX - No. 42

www.lakecitygraphic.com

Thursday, March 7, 2019

ODDS + ENDS

Weekend, January 12, 2019 **A9**

AREA WRESTLING

Lake City wins big in triangular
 Lake City came away with two wins, 49-12 over Triton and 51-15 over Saint Clair-Mankato Loyola, in the Triton Triangular on Thursday.

Against Triton, Lake City won the first five matches, lost the next two, then won the next six matches. In its dual against SCML, the Tigers got two wins by pin from Thomas Frank (182) and Max Below (195).

AREA WRESTLING HONOR ROLL

106

Colton Black, Cannon Falls	17-2
Luke Williams, Pine Island	16-2
Cohen Wiste, GMLOS	17-3
Preston Carlisle, Cannon Falls	17-4
Jace Minelli, Kasson-Mant.	14-4
Jonathan Harvey, Lake City	17-5
Brodie Kellen, Dover-Eyota	14-5
Brandon Ross, Caledonia/H.	22-8
Tyler Kreidermacher, LARP	14-6
Jason Feils, Plainview-E-M	9-8



C. Jacobsen
(152, Gr.Mead.)



D. Nirk
(220, Westfield)

113

Maxwell Petersen, Byron	18-0
Logan Vaughan, Kasson-Mant.	21-4
Cael Bartels, Chatfield	17-4
Mason West, Lake City	18-6
Riku Kobayashi, Mayo	16-7
James Jacobsen, GMLOS	14-7
Tucker Ginther, Caledonia/H.	15-8
Micah Douglas, Pine Island	10-6
Dillon Bartell, Kenyon-Wana.	15-11
Bradon Knutson, FCLMC	13-12

132

Taylor DeFrang, Dover-Eyota	20-3
Donavon Felten, GMLOS	19-6
Marshall Peters, Mayo	19-6
Gable Speltz, LARP	18-6
Maddox O'Reilly, Goodhue	19-7
Matthew Harfmann, Kasson-Mant.	15-6
Kody Rasmussen, Triton	17-7
Caden Anderson, FCLMC	16-11
Beau Jurrens, Zumbrota-Maz.	15-11
Cooper Hofschulte, Plainview-E-M	16-12
Joe Kozlowski, Lake City	13-11
Dan Krier, Pine Island	8-7

138

Jackson Hale, GMLOS	20-2
Blake Carr, Stewartville	13-2
Dawson Fallon, Pine Island	14-3
Cael Marx, Plainview-E-M	22-6
Tanner Paulson, Kasson-Mant.	18-6
Colby Dodds, Triton	17-8
Caleb Mueller, LARP	10-9

145

Kyle Cavanaugh, Caledonia/H.	21-0
Brody Olson, Stewartville	15-1
Dominic Jenkins, LARP	17-5
Daniel Smith, GMLOS	19-6
Cade Sheehan, Mayo	14-5
Travis Gadiant, Goodhue	14-6
Jersey Thoreson, St. Charles	14-6
Nathan Bauer, Kenyon-Wana.	16-8
Garrett Pavelko, Century	13-9

152

Seth Brossard, Kenyon-Wana.	25-0
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Owen Pharo, Century	22-3
Baxter O'Reilly, Goodhue	22-4
Christian Jacobsen, GMLOS	19-5
Kail Wynia, Kasson-Mant.	11-3
Peter Fitterer, Cannon Falls	18-5
Isaac Denstad, Caledonia/H.	21-6
Nate Goldsmith, Chatfield	13-4
Joe Stucky, Plainview-E-M	13-5
Nic VanOort, Kasson-Mant.	18-9
Rece Voigt, GMLOS	12-6
Dominic Gohl-Krier, Lake City	13-7
Blake Lehnertz, Dover-Eyota	12-9

160

Derek Meincke, Lake City	20-2
Kelby O'Reilly, Goodhue	25-3
Bennett Berge, Kasson-Mant.	23-3
Marcus Otomo, Dover-Eyota	14-2
Carter Marx, Plainview-E-M	25-5
Noah Sayles, GMLOS	19-5
Tyler Soltau, Zumbrota-Maz.	21-10
Josh Belden, Austin	16-8
Jack Strub, Caledonia/H.	17-10
Joe Dayland, St. Charles	12-10

170

Patrick Kennedy, Kasson-Mant.	26-0
Tyler Ryan, Kenyon-Wana.	13-1
Kaleb O'Reilly, Goodhue	24-3
Mason Barker, Triton	18-6
Payton Schott, Caledonia/H.	19-7
Kyle Stahler, Byron	16-7
William Krueger, Mayo	15-7
Thomas Frank, Lake City	14-8
Tyler Shea, Dover-Eyota	12-7
Riley Keenen, Cannon Falls	13-9
Alex Rahman, Plainview-E-M	12-10
Ethan Kovars, Zumbrota-Maz.	15-13

182

Colton Krell, Westfield	20-3
Ethan Meyer, Stewartville	13-2
Logan Wendt, St. Charles	19-3
Noah Herber, LARP	16-4
Dalton Andrist, Kasson-Mant.	15-5
Ryan Wagner, Caledonia/H.	19-7
Martin Prieto, Plainview-E-M	18-10
Grady Schott, Chatfield	9-6

195

Dustin Dittrich, Plainview-E-M	17-0
Michael Nelson, Dover-Eyota	22-2
Jacob Bennett, Zumbrota-Maz.	20-2
Grant Parrish, Kasson-Mant.	12-2
Kodee O'Reilly, Goodhue	21-4
Max Balow, Lake City	16-4
Carter Quam, Kenyon-Wana.	16-8
Owen Blocker, Caledonia/H.	14-8
Carter Weidemann, LARP	12-7
Vicente Deleon, Byron	11-8

220

Garsen Schorr, Kasson-Mant.	21-3
Ivan Vargas, Lake City	14-4
Dylan Nirk, Westfield	15-6
AJ Karver, Chatfield	14-6
Seth Arndt, Century	14-7
Teagan Young, St. Charles	9-5
Reece Lemke, Dover-Eyota	13-8
Matt McKinney, Zumbrota-Maz.	14-12
Cody Lohman, Goodhue	10-9
Michael Barrett, FCLMC	12-11

285

Jesse Jackson, Kenyon-Wana.	24-1
Logan Wingert, Plainview-E-M	29-2
Clayton Luthe, GMLOS	20-2
Corbin Giesler, Triton	16-5
Alec Francis, Caledonia/H.	19-7
Tristan Rieken, Westfield	16-6
Anthony Moe-Tucker, Kasson-Man.	16-8

MILESTONES

• Five GMLOS wrestlers have hit milestones this season. Clayton Luthe, Christian Jacobsen and Daniel Smith all hit wins No. 75, while Donavon Felten and Noah Sayles both reached wins No. 50.

Teams not submitting this week: La Crescent, Wabasha-Kellogg.
 The Area Wrestling Honor Roll is compiled by Ben Pherson. Area wrestling coaches are reminded each week to submit names, weights and records of individuals who are above .500 no later than noon each Wednesday to bpherson@postbulletin.com. The minimum match count this week was 14.

Rochester Post Bulletin 1/17/19

SEASON PREVIEW

HIAWATHA VALLEY LEAGUE

LAKE CITY

Doug Vaith has been head coach at Lake City for 24 seasons. The Tigers went 8-7 last season, falling to Stewartville in the first round of the Section 1AA tournament. State entrant Tanner Frank and Elliot

Mahn have graduated. Top returners include Mason West (26-12), Nash Nelson (18-16), Thomas Frank (19-17), Joey Kozlowksi (16-19), Derek Meincke (22-15), Harold Schumacher (10-18), Luke Skifton (18-18), Max Balow (14-17) and Ivan Vargas (22-13). Lake City has improved numbers, with more than 40 in the room this season. Team had a great offseason. Coach Vaith: "We had a great offseason in terms of open gym and camp participation. We have a young squad with only one senior on the roster, but hopefully the team continues to embrace the opportunity to compete to maximize our team potential."



Junior varsity wrestling

There are 12 members new to wrestling on the junior varsity squad this year. Highlights of the early portion of the season have seen Jeremy Nguyen, Osvin Baltazar and Ethan Roberson post 3-0 records and win their first tournament at the Medford Invite on Dec. 15. The Invite also saw Austin Scott, Ezra Malles, Tim Cooper, Elijah Dodd, Matthew Klindworth, Jonas Miller and Braeden Banitt all notch their first wins of their careers. Although the team fought hard all day in a tough Northfield tournament, Nate Evans was the lone placer bringing home a fifth place finish

this past weekend. The eagerness of the team to work hard and improve promises to bring more highlights in the second half of the season. Front row, from left: Tim Cooper, McKenna Bremer (stats), Sadie Baures (stats), Leah Borgschatz (stats) and Cristofer Ramirez; second row, from left: Evan, Klindworth, Ethan Wurst, Leo Cedar, Matthew Klindworth, Elijah Dodd, Zach Keller and Braeden Banitt; back row, from left: Will Robinson, Ethan Roberson, Osvin Baltazar, Austin Scott, Scout Flodquist, Jeremy Nguyen, Jonas Miller and Tristan Richardson.

Sports

HIGH SCHOOL WRESTLING HONOR ROLL

106		Ty Smidt, Stewartville	16-6	Will Kruger, Mayo	20-8
Luke Williams, Pine Island	26-2	Dan Krier, Pine Island	11-9	Tyler Shea, Dover-Eyota	19-17
Brodie Kellen, Dover-Eyota	26-9	Aaron Meincke, Lake City	11-11	Trey Theobald, Triton	15-12
Ryan Bortz, Goodhue	11-9	138		170	
113		Dawson Fallon, Pine Island	25-4	Kaleb O'Reilly, Goodhue	32-4
Michael Majerus, Z-M	31-9	Colby Dobbs, Triton	23-10	Thomas Frank, Lake City	24-10
Mason West, Lake City	27-9	Travis Gadiant, Goodhue	23-10	Mason Barker, Triton	23-7
Jonathan Harvey, Lake City	25-6	Cade Sheehan, Mayo	20-10	Kyle Stahler, Byron	17-8
Maxwell Peterson, Byron	24-0	Joe Kozlowski, Lake City	20-16	Gavin Dabelstein, Dover-Eyota	4-3
Rick Kobayashi, Mayo	19-15	Cooper Hofschulte, PEM	20-19	182	
Makae O'Reilly, Goodhue	18-17	Blake Carr, Stewartville	16-4	Logan Wendt, St. Charles	33-3
Micach Douglas, Pine Island	11-8	Mark Buringa, St. Charles	13-1	Martin Prieto, PEM	24-14
Ben Murray, Z-M	8-4	Seth Haight, Byron	11-6	Ethan Meyer, Stewartville	21-5
120		145		Tanner Simon, Pine Island	12-9
Garrett Olson, PEM	28-10	Brody Olson, Stewartville	23-1	Lucas Birch, Byron	4-2
Jett Thoreson, St. Charles	26-10	Garrett Pavelko, Century	21-13	195	
Matt Nelson, Lake City	25-11	Joe Stucky, PEM	18-6	Michael Nelson, Dover-Eyota	35-3
Treyton Thesing, Dover-Eyota	20-12	Blake Lehnertz, Dover-Eyota	18-11	Kodee O'Reilly, Goodhue	30-8
Ryley Christianson, Goodhue	20-16	Connor Simon, St. Charles	15-14	Jacob Bennett, Z-M	29-3
Christian Swenson, Century	16-12	152		Max Balow, Lake City	24-6
126		Carter Marx, PEM	35-6	Dustin Dittrich, PEM	22-3
Gavin Gust, Dover-Eyota	31-9	Baxter O'Reilly, Goodhue	33-6	Vicente Deleon, Byron	15-10
Marshall Peters, Mayo	29-6	Owen Pharo, Century	30-7	220	
Luke Skifton, Lake City	27-8	Tyler Soltau, Z-M	26-15	Seth Arndt, Century	21-11
Tyler Mathison, St. Charles	26-11	Marcus Otomo, Dover-Eyota	24-3	Teagan Young, St. Charles	20-9
Mitchel Peterson, Byron	23-3	Jersey Thoreson, St. Charles	23-12	Matt McKinney, Z-M	19-14
Beau Jurrens, Z-M	22-14	Josh Belden, Austin	22-11	Riley Wingert, PEM	18-13
John Poulin, Z-M	21-16	Dominic Gohl-Krier, Lake City	19-7	Reece Lemke, Dover-Eyota	17-13
132		Donald French, Byron	16-11	Ian Vargas, Lake City	14-4
Taylor DeFrang, Dover-Eyota	32-5	160		285	
Cael Marx, PEM	29-10	Kelby O'Reilly, Goodhue	34-3	Logan Wingert, PEM	37-4
Maddox O'Reilly, Goodhue	28-11	Derek Meincke, Lake City	28-3	Corbin Giesler, Triton	20-5
Kody Rasmussen, Triton	22-10	Joe Dayland, St. Charles	21-15	Carter Jansen, Stewartville	15-13
Caden Anderson, FCLMC	21-14	Ethan Kovars, Z-M	21-17		

ODDS + ENDS

Weekend, January 12, 2019 **A9**

AREA WRESTLING

Lake City wins big in triangular
Lake City came away with two wins, 49-12 over Triton and 51-15 over Saint Clair-Mankato Loyola, in the Triton Triangular on Thursday.

Against Triton, Lake City won the first five matches, lost the next two, then won the next six matches. In its dual against SCML, the Tigers got two wins by pin from Thomas Frank (182) and Max Below (195).

AREA WRESTLING HONOR ROLL

106

Colton Black, Cannon Falls	17-2
Luke Williams, Pine Island	16-2
Cohen Wiste, GMLOS	17-3
Preston Carlisle, Cannon Falls	17-4
Jace Minelli, Kasson-Mant.	14-4
Jonathan Harvey, Lake City	17-5
Brodie Kellen, Dover-Eyota	14-5
Brandon Ross, Caledonia/H.	22-8
Tyler Kreidermacher, LARP	14-6
Jason Feils, Plainview-E-M	9-8

113

Maxwell Petersen, Byron	18-0
Logan Vaughan, Kasson-Mant.	21-4
Cael Bartels, Chatfield	17-4
Mason West, Lake City	18-6
Riku Kobayashi, Mayo	16-7
James Jacobsen, GMLOS	14-7
Tucker Ginther, Caledonia/H.	15-8
Micah Douglas, Pine Island	10-6
Dillon Bartell, Kenyon-Wana.	15-11
Bradon Knutson, FCLMC	13-12

120

Jeron Matson, Kenyon-Wana.	17-1
Michael Majerus, Zumbrota-Maz.	24-6
Ross Herber, LARP	20-5
Robby Horsman, Kasson-Mant.	20-6
Garrett Olson, Plainview-E-M	20-7
Jett Thoreson, St. Charles	14-7
Nash Nelson, Lake City	17-9
Christian Swenson, Century	10-6
West Soltau, GMLOS	13-11
Isaiah Thompson, Kenyon-Wana.	10-9

126

Mitchel Petersen, Byron	20-3
Luke Skifton, Lake City	18-4
Gavin Gust, Dover-Eyota	18-4
Seth Goetzinger, Chatfield	14-5
Carter Jonsgaard, LARP	19-7
Tyler Mathison, St. Charles	16-7
John Poulin, Zumbrota-Maz.	17-10
Levi Anderson, Cannon Falls	13-9
Ryley Christianson, Goodhue	13-10
Alec Johnson, Kenyon-Wana.	10-9
Kael Lamb, Plainview-E-M	12-11
Cale Anderson, FCLMC	16-15



C. Jacobsen
(152, Gr.Mead.)



D. Nirk
(220, Westfield)

132

Taylor DeFrang, Dover-Eyota	20-3
Donavon Felten, GMLOS	19-6
Marshall Peters, Mayo	19-6
Gable Speltz, LARP	18-6
Maddox O'Reilly, Goodhue	19-7
Matthew Harfmann, Kasson-Mant.	15-6
Kody Rasmussen, Triton	17-7
Caden Anderson, FCLMC	16-11
Beau Jurrens, Zumbrota-Maz.	15-11
Cooper Hofschulte, Plainview-E-M	16-12
Joe Kozlowski, Lake City	13-11
Dan Krier, Pine Island	8-7

138

Jackson Hale, GMLOS	20-2
Blake Carr, Stewartville	13-2
Dawson Fallon, Pine Island	14-3
Cael Marx, Plainview-E-M	22-6
Tanner Paulson, Kasson-Mant.	18-6
Colby Dodds, Triton	17-8
Caleb Mueller, LARP	10-9

145

Kyle Cavanaugh, Caledonia/H.	21-0
Brody Olson, Stewartville	15-1
Dominic Jenkins, LARP	17-5
Daniel Smith, GMLOS	19-6
Cade Sheehan, Mayo	14-5
Travis Gadiant, Goodhue	14-6
Jersey Thoreson, St. Charles	14-6
Nathan Bauer, Kenyon-Wana.	16-8
Garrett Pavelko, Century	13-9

152

Seth Brossard, Kenyon-Wana.	25-0
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Owen Pharo, Century	22-3
Baxter O'Reilly, Goodhue	22-4
Christian Jacobsen, GMLOS	19-5
Kail Wynia, Kasson-Mant.	11-3
Peter Fitterer, Cannon Falls	18-5
Isaac Denstad, Caledonia/H.	21-6
Nate Goldsmith, Chatfield	13-4
Joe Stucky, Plainview-E-M	13-5
Nic VanOort, Kasson-Mant.	18-9
Rece Voigt, GMLOS	12-6
Dominic Gohl-Krier, Lake City	13-7
Blake Lehnertz, Dover-Eyota	12-9

160

Derek Meincke, Lake City	20-2
Kelby O'Reilly, Goodhue	25-3
Bennett Berge, Kasson-Mant.	23-3
Marcus Otomo, Dover-Eyota	14-2
Carter Marx, Plainview-E-M	25-5
Noah Sayles, GMLOS	19-5
Tyler Soltau, Zumbrota-Maz.	21-10
Josh Belden, Austin	16-8
Jack Strub, Caledonia/H.	17-10
Joe Dayland, St. Charles	12-10

170

Patrick Kennedy, Kasson-Mant.	26-0
Tyler Ryan, Kenyon-Wana.	13-1
Kaleb O'Reilly, Goodhue	24-3
Mason Barker, Triton	18-6
Payton Schott, Caledonia/H.	19-7
Kyle Stahler, Byron	16-7
William Krueger, Mayo	15-7
Thomas Frank, Lake City	14-8
Tyler Shea, Dover-Eyota	12-7
Riley Keenen, Cannon Falls	13-9
Alex Rahman, Plainview-E-M	12-10
Ethan Kovars, Zumbrota-Maz.	15-13

182

Colton Krell, Westfield	20-3
Ethan Meyer, Stewartville	13-2
Logan Wendt, St. Charles	19-3
Noah Herber, LARP	16-4
Dalton Andrist, Kasson-Mant.	15-5
Ryan Wagner, Caledonia/H.	19-7
Martin Prieto, Plainview-E-M	18-10
Grady Schott, Chatfield	9-6

195

Dustin Dittrich, Plainview-E-M	17-0
Michael Nelson, Dover-Eyota	22-2
Jacob Bennett, Zumbrota-Maz.	20-2
Grant Parrish, Kasson-Mant.	12-2
Kodee O'Reilly, Goodhue	21-4
Max Balow, Lake City	16-4
Carter Quam, Kenyon-Wana.	16-8
Owen Blocker, Caledonia/H.	14-8
Carter Weidemann, LARP	12-7
Vicente Deleon, Byron	11-8

220

Garsen Schorr, Kasson-Mant.	21-3
Ivan Vargas, Lake City	14-4
Dylan Nirk, Westfield	15-6
AJ Karver, Chatfield	14-6
Seth Arndt, Century	14-7
Teagan Young, St. Charles	9-5
Reece Lemke, Dover-Eyota	13-8
Matt McKinney, Zumbrota-Maz.	14-12
Cody Lohman, Goodhue	10-9
Michael Barrett, FCLMC	12-11

285

Jesse Jackson, Kenyon-Wana.	24-1
Logan Wingert, Plainview-E-M	29-2
Clayton Luthe, GMLOS	20-2
Corbin Giesler, Triton	16-5
Alec Francis, Caledonia/H.	19-7
Tristan Rieken, Westfield	16-6
Anthony Moe-Tucker, Kasson-Man.	16-8

MILESTONES

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Lake City (2018-2019)

Season Dual Meet Summary (Record: 15 - 4)

11/29/2018	Pine Island	63-18	Win
11/29/2018	New Richland-H-E-G	56-15	Win
12/06/2018	Byron	50-21	Win
12/07/2018	St. Charles	35-21	Win
12/11/2018	Kasson-Mantorville	6-55	Loss
12/11/2018	Cannon Falls	57-14	Win
12/20/2018	Stewartville	51-12	Win
01/10/2019	Triton	49-12	Win
01/10/2019	Saint Clair-Mankato Loyola	51-15	Win
01/17/2019	Zumbrota-Mazeppa	24-39	Loss
01/24/2019	Fillmore C-Lanesboro-M-C Wolves	59-10	Win
01/24/2019	La Crescent	45-10	Win
01/31/2019	Kenyon-Wanamingo	27-42	Loss
02/01/2019	Wabasha-Kellogg	50-10	Win
02/01/2019	St. Thomas Academy	60-19	Win
02/01/2019	Rochester Century	57-10	Win
02/07/2019	Goodhue	33-32	Win
02/14/2019	Byron	57-13	Win
02/16/2019	Kasson-Mantorville	3-58	Loss

Varsity

Lake City (2018-2019)

Custom Report - Entire Season

Name	W / L		TF		Fall		Team Pt		T2		E1		R2	
Anderson, Mitchell	2	11	0	1	0	9	9	62	5	22	10	3	0	7
Balow, Max	28	9	0	2	16	0	147	32	38	28	17	21	12	4
Becker, Luke	9	12	0	0	6	5	54	55	11	40	22	10	3	6
Evans, Nate	1	2	0	0	0	1	3	9	1	10	7	2	1	0
Forfeit,	5	22	0	0	0	0	0	108	0	0	0	0	0	0
Frank, Thomas	25	14	0	1	8	0	117	46	48	35	30	45	7	4
Gohl-Krier, Dominic	22	11	0	0	4	3	98	44	31	28	23	17	10	7
Harvey, Jonathan	33	9	2	0	9	1	150	32	56	21	13	26	5	6
Kozlowski, Joe	23	20	2	2	6	6	101	86	34	37	20	7	19	24
Laska, Tanner	7	11	0	0	2	6	28	53	11	25	16	10	3	3
Meincke, Aaron	13	16	1	0	4	1	62	58	13	50	34	8	6	15
Meincke, Derek	33	5	3	0	9	1	157	20	65	14	16	29	9	6
Nelson, Nash	29	14	0	1	12	2	136	53	53	41	40	23	4	8
Nutt, Sam	8	14	0	1	5	7	46	66	8	31	16	5	0	6
Rolbiecki, Jaden	2	11	0	0	2	8	12	59	3	17	4	3	1	6
Schumacher, Harold	9	13	0	0	5	8	46	69	12	21	8	5	2	7
Skifton, Luke	28	12	0	1	12	2	132	45	44	24	23	31	6	5
Vargas, Ivan	14	4	0	0	6	2	70	22	22	6	7	10	0	3
West, Mason	30	13	0	0	17	5	152	57	45	50	31	23	33	16

Lake City (2018-2019)

Team Analysis - Entire Season

Team Point Scoring

<u>Category</u>	<u>For</u>	<u>Against</u>
Falls	123	67
Tech Falls	8	9
Majors	33	40
Matches Won	321	223
Team Points	1520	976
Bonus Pt Percentage	66%	62%
Fall Percentage	38%	30%

Match Point Scoring

<u>Category</u>	<u>For</u>	<u>Against</u>
First Pts Scored	248	221
Takedowns (T2)	500	500
Escapes (E1)	337	278
Reversals (R2)	121	133
Near Fall 2 (N2)	89	57
Near Fall 3 (N3)	123	112
Near Fall 4 (N4)	2	0
Cautions	28	21
Penalty Pts (P1, P2)	27	25
Stall Warnings	35	43
Stalling Pts (S1, S2)	17	14
Total Match Pts	2178	2033

Scoring by Period

<u>Category</u>	<u>For</u>	<u>Against</u>
Period 1 Pts	876	811
Period 2 Pts	625	678
Period 3 Pts	663	531
Overtime 1 Pts	14	2
Overtime 2 Pts	0	5
Overtime 3 Pts	0	7
Overtime 4 Pts	0	0

<u>Wrestler</u>	<u>Wins</u>	<u>Losses</u>	<u>Falls</u>
Jonas Miller	4	14	3
Braeden Banitt	9	11	7
Elijah Dodd	5	14	5
Jayro Rojas	5	14	4
Tim Cooper	1	5	1
Evan Klindworth	6	15	4
Matthew Klindworth	3	13	2
Ezra Malles	8	18	6
Leo Cedar	0	4	
Osvin Baltazar	7	12	4
Austin Scott	7	10	6
Grant Asfahl	0	2	
Nate Evans	21	10	9
Riley Forbes	9	10	6
Zach Keller	12	10	5
Cris Ramirez-Lopez	14	11	5
Ethan Roberson	10	4	5
William Robinson	0	15	
Ethan Wurst	5	18	4
Tristan Richardson	7	15	4
Ashton Shingleton	9	10	8
Steven Ramirez	11	10	4
Sam Nutt	3	0	3
Jeremy Nguyen	19	5	16
Scout Flodquist	0	4	
Luke Becker	7	1	6
Tanner Laska	5	2	3
Mitchell Anderson	6	0	2