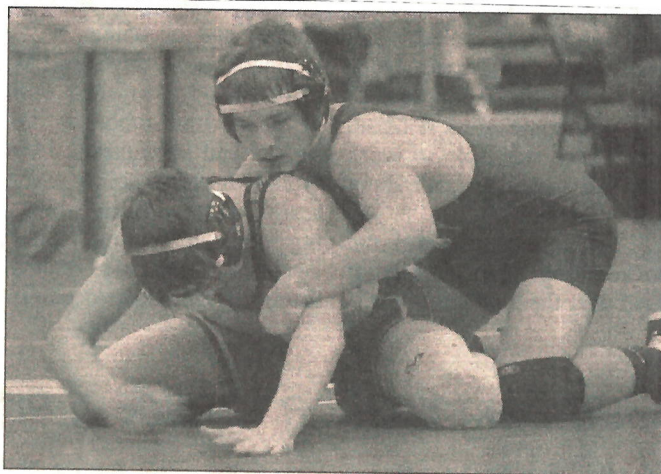
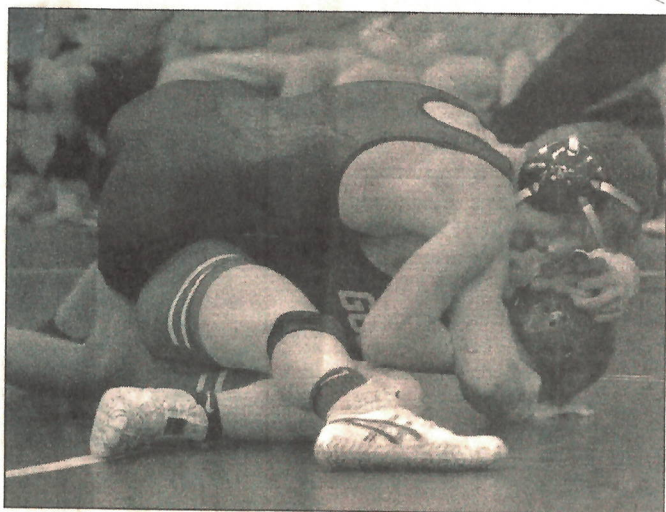


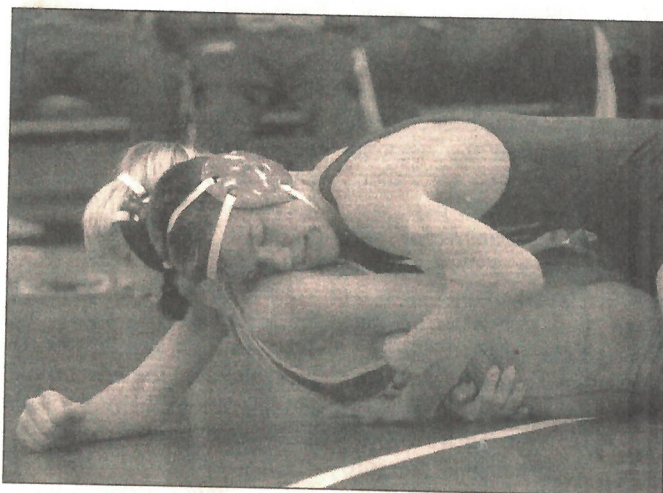
Thomas Frank getting a fall in the finals of the Edina Invitational. Tom won three matches by fall on his way to the 182-pound title.



Luke Skifton in the semi-finals at the Edina Invitational. Luke won this match by the score 13-6. "Skiffy" finished in second place at 132 pounds after losing in the finals in overtime.



Senior 120 pounder Mason West riding his Goodhue opponent en route to a 10-1 major decision victory.



Nash Nelson working for an arm bar in the Kasson-Mantorville match. Nash went on to win by fall at 126 pounds.

**Lake City 33  
Goodhue 39**

- 106 - Nate Evans was defeated by Jeremiah Bien 8-7.
- 113 - Tristan Richardson was pinned by Lukas Borts in the first period.
- 120 - Mason West won 10-1 against Ryan Bortz.
- 126 - Nash Nelson pinned McKae O'Reilly in 1:48.
- 132 - Luke Skifton won by technical fall over Ethan Breuer 16-0.
- 138 - Aaron Meincke defeated Beau Jaeger 10-5.
- 145 - Luke Becker was pinned by Maddox O'Reilly in 1:27.

- 152 - Harold Schumacher was pinned by Cade Altendorf in the third period.
- 160 - Joey Kozlowski was pinned by Baxter O'Reilly in 3:51.
- 170 - Dominic Goihl-Krier was pinned in 5:47 by Malakye Parker.
- 182 - Jaden Rolbiecki won by fall over Carson O'Reilly in the second period.
- 195 - Sam Nutt pinned Mason Taxdal in 1:02.
- 220 - Thomas Frank won against Cody Lohman 10-4.
- 285 - Lake City forfeited to Goodhue.

**Lake City 16  
Kasson-Mantorville 57**

- 106 - Nate Evans lost to Luke Swanson 6-2.
- 113 - Triston Richardson lost by fall to Domanic Mann.
- 120 - Mason West major decisioned Joseph Kennedy 10-0.
- 126 - Nash Nelson pinned Keyan Taymear in 3:08.
- 132 - Luke Skifton lost by decision 4-1 to Giovanni Ruffo.
- 138 - Aaron Meincke was pinned by Logan Vaughan in the third period.

- 145 - Luke Becker was pinned by Tanner Paulson in 5:02.
- 152 - Joey Kozlowski won by injury default over Jack Hager.
- 160 - Mitch Anderson was pinned in 2:38 by Dylan Baker.
- 170 - Dominic Goihl-Krier lost by decision to Carlos Ruffo 8-2.
- 182 - Jaden Rolbiecki was pinned by Kail Wynia in 1:31.
- 195 - Lake City forfeited to Bennet Berge.
- 220 - Lake City forfeited to Jackson Kennedy.
- 285 - Lake City forfeited to Owen Bradford.



# Wrestlers take 2nd in

The Lake City Graphic

By Sarah Ziebarth

The Lake City Tiger wrestling team kicked off their 2019-20 season on Friday in Goodhue against the Wildcats and Kasson-Mantorville (K-M).

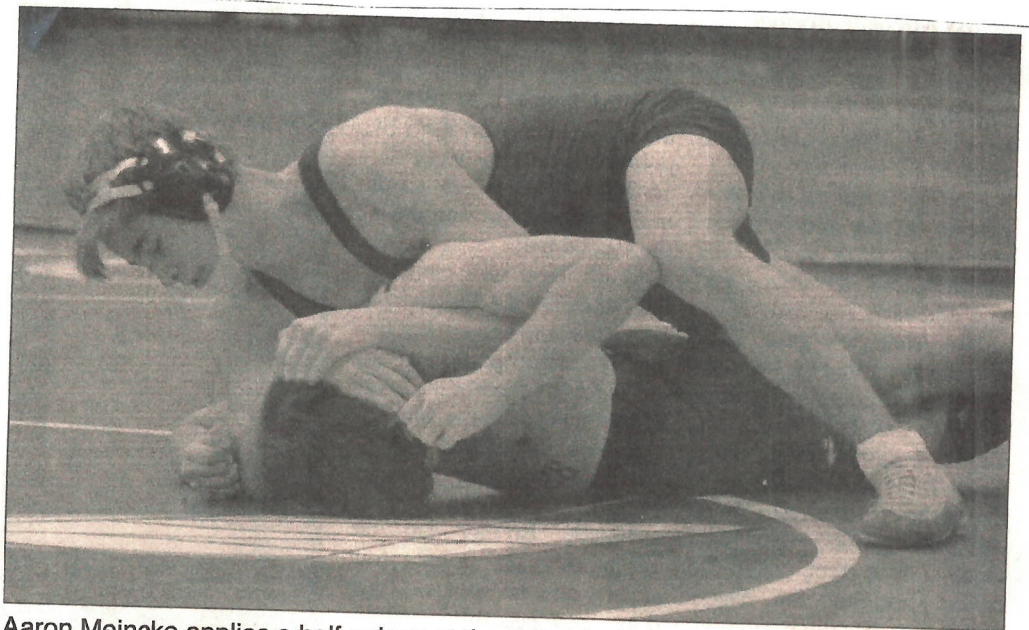
In their first match against the KoMets, the team dropped the match with a score of 57-16, and then dropped the Goodhue dual by a score of 39-33 against the Wildcats.

The Tigers had a shaky start to the night, losing the first two matches, winning the next two, and then having to take a major hit with three forfeits at 195, 220 and 285. Mason West (120), Nash Nelson (126), and Joe Kozlowski (152) all picked up victories for Lake City against K-M with a major decision by West, a pin by Nelson and win by injury default for Kozlowski.

Against Goodhue, the Tigers again lost their first two matches, but they had a strong comeback and eventually took the lead within the next five. Unfortunately, it wasn't quite enough, as the Wildcats took over the match earning five pins and with no heavyweight for the Tigers, Goodhue picked up the forfeit and the team victory.

On Saturday, Lake City competed in the annual Edina Wrestling Invitational and took second place behind Farmington (207.5) with 176.5 points, followed by Eden Prairie (157.5) and Cannon Falls (152). Twelve of the 17 varsity members placed in the top five, with two championships from Aaron Meincke (138) and Thomas Frank (182), one second place from Luke Skifton (132), four thirds, one fourth, and four fifth places. Seventeen teams competed overall.

## Edina Invitational



Aaron Meincke applies a half nelson at the Edina Invitational. "Peanut" went on to win four matches all by pin in winning the 138-pound weight class.

"We have great numbers out for the team, although we will struggle with depth in the upper weights and I expect strong leadership from our senior group," Coach Doug Vaith said. "We are a bit disappointed after the Goodhue match, as we did fight out of

some tough positions, but we rebounded nicely on Saturday with our second place team finish."

Tonight (Thursday) Lake City has its first home meet of the season against the Byron Bears in the auditorium and on Saturday both the junior varsity and varsity will travel to the Northfield Invitational.

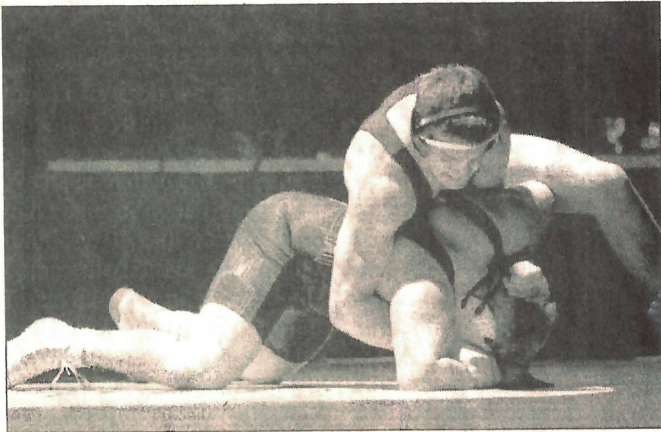
### Edina Invitational Team Results

1. Farmington	207.5
2. Lake City	176.5
3. Eden Prairie	157.5
4. Cannon Falls	152
5. Grand Rapids	94
6. Bloomington-Kennedy	93
7. Buffalo	82
8. Sibley East	80
9. Burnsville	68.5
10. Spectrum	68
11. Edina	62
12. Rochester Century	56
13. East Ridge	48.5
14. St. Croix Lutheran	40
15. Austin	26
16. Minneapolis Roosevelt	17.5
17. New Century Academy	0

### Lake City Individuals

106 - Nate Evans, fifth place
113 - Steven Ramirez, fifth place
120 - Mason West, fourth place
120 - Tanner Laska, fifth place
126 - Nash Nelson third place
132 - Luke Skifton, second place
138 - Aaron Meincke, first place
138 - Luke Becker, third place
152 - Joey Kozlowski, fifth place
160 - Dominic Goihl-Krier, third place
182 - Thomas Frank, first place
195 - Sam Nutt, third place





Sophomore Sam Nutt works an arm bar to turn his 195 pound Byron opponent. Sam picked up a major decision 9-1 victory. —Photos by Dave Ender

## Matmen lose close match with Byron

By Sarah Ziebarth

The wrestling team hosted their first home match last Thursday against the Byron Bears. A very close match overall, it was a back and forth battle all the way to the end with the Tigers losing 42-32.

Lake City started the night off strong with a pin by Nate Evans (106) before losing three matches and fighting their way back. Joey Kozlowski (160) and Thomas Frank (220) both pinned their opponents as well, and Mason West (138) won by injury default. Once again, the Tigers were forced to forfeit a heavy-weight position to Byron that brought the match to a close.

This past Saturday, the wrestlers partook in the Northfield Larry Severson Invite and placed ninth with 81.5 points. Northfield took first with 248.5 points and Tri City United (149) was second out of 15 total teams.

Thomas Frank (182) was the only Tiger to earn a championship. Nash Nelson (126), Luke Skifton (132), Mason West (132), and Joey Kozlowski (152) all ranked in the top six for their weights.

“Our Byron dual was very similar to our Goodhue loss. We had our chances but didn’t make the best of our opportunities,” Coach Doug Vaith commented. “The Northfield Invite had several strong individuals. Tom Frank followed up last week’s Edina title with another championship at 182 pounds. He defeated a state ranked opponent in overtime after trailing most of the match.”

The team travels to Zumbrota-Mazeppa on Friday.

**Lake City 32**  
**Byron 42**

106 - Nate Evans pinned John Paul Lorentz in 0:47.

113 - Steven Ramirez lost by fall to Gavin Bartel in 3:07.

120 - Tanner Laska lost by major decision to Jacob Thompson 16-5.

126 - Nash Nelson lost by major decision to Maxwell Petersen 21-8.

132 - Luke Skifton won by major decision to Eli Haight 14-5.

138 - Mason West won by injury default against Mitchell Petersen.

145 - Aaron Meincke lost by fall Parker Kline in 4:25.

152 - Luke Becker lost by

160 - Joe Kozlowski won by fall against Wyatt Nemcehek in 3:03.

170 - Dominic Gohl-Krier lost by major decision to William Wharton 10-2.

182 - Jaden Rolbiecki lost by fall to Kyle Stahler in 0:36.

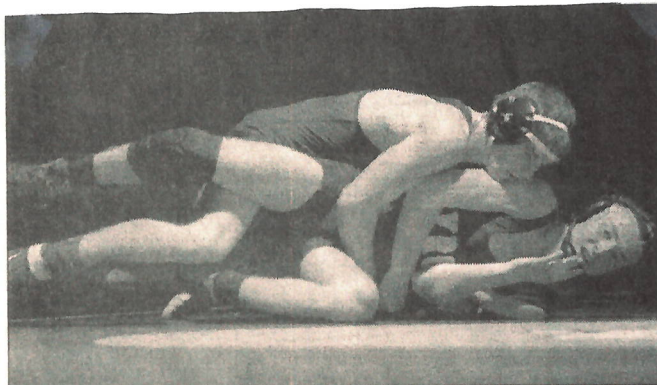
195 - Sam Nutt won by major decision against Beau Lorentzen 9-1.

220 - Thomas Frank pinned Vicente Deleon in 3:29.

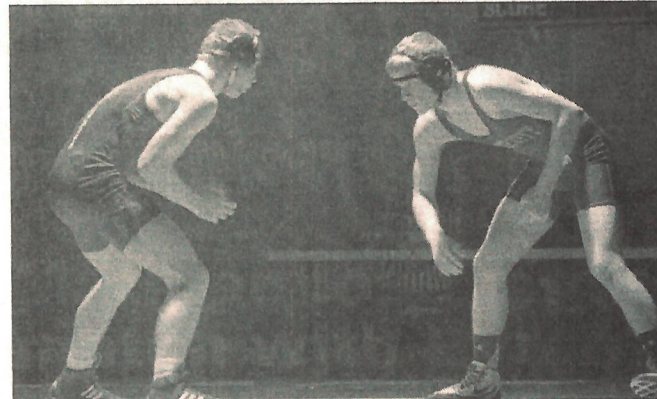
285 - Lake City forfeited to Carter Geerts.

### Northfield Invitational Team Results

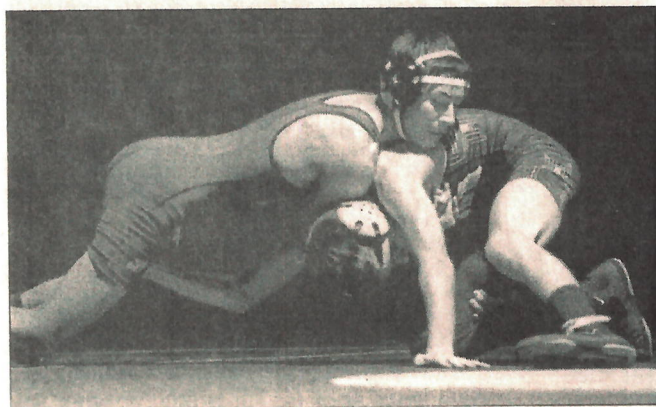
Northfield	248.5
Tri City United	149.0
Faribault	140.5
Hastings	124.0
Lakeville South	120.0
Mankato East	95.0
Mahtomedi	91.0
Cannon Falls	86.0
Lake City	81.5
Rochester Century	58.0
Pine Island	50.0
Rosemount	42.0
St. Charles	36.5
Henry Sibley	15.0
Austin	9.0



Junior Luke Skifton (top) works for a turn. Luke won this 132 pound match by major decision 14-5 against Byron.



Junior Dominic-Krier (left) in the neutral position against Byron. Dom dropped a 10-2 major decision at 170 pounds.

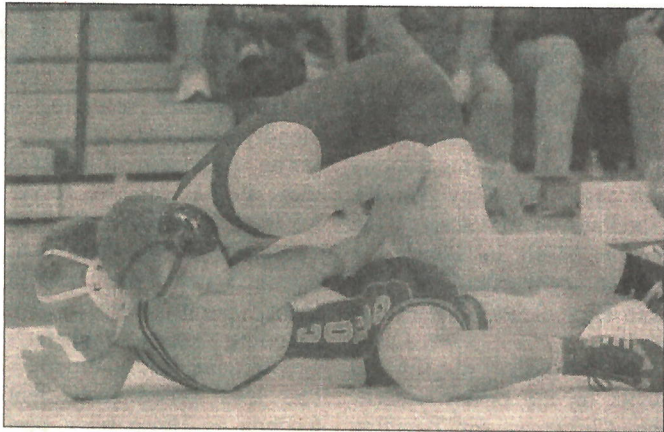


Junior 113 pounder Steven Ramirez defends a takedown against Byron. Steven lost by fall in the second period.

### Lake City Individuals

126 - Nash Nelson, second place	152 - Joey Kozlowski, fifth place
132 - Luke Skifton, third place	182 - Thomas Frank, first place
132 - Mason West, fourth place	





Joe Kozlowski won his 160 pound match 11-4 over Tanner Mancilman of Zumbrota-Mazeppa.

# Tiger wrestlers go into holiday break following loss to Z-M

By Sarah Ziebarth

Last Friday night, the Lake City Tigers made their way to Zumbrota-Mazeppa (Z-M) for their third match of the season. It was a difficult fight against the well balanced team, and the wrestlers fell 52-12 against the Cougars.

The Tigers' opponent came out of the gate swinging and won the first three matches with pins. Nash Nelson (126) earned the first victory for the Tigers with a 3-0 win over defending state runner -up Michael Majerus. Luke Skifton followed that with a 2-0 decision at 132 pounds. Joe Kozlowski at 160 and Dominic Goihl-Krier at 170 earned the remainder of the Lake City points. Mason West and Thomas Frank lost their matches in the final seconds. Lake City also had to forfeit the final two weight classes, 220 and 285, giving Z-M their final 12 team points.

"Zumbrota-Mazeppa has a nice line up and will be a team to contend with come section tourney time. The score was very one-sided but in reality we could have won six of the 12 matches wrestled and we will be getting some kids back from injury after the holiday break which will be a boost for the team. We'll come back ready to compete after the break," commented Coach Doug Vaith.

The Tigers next competition will be the Tartan Duals in Oakdale Jan. 4.

### Lake City 12 Zumbrota Mazeppa 51

106 - Nate Evans was pinned by Kaleb Lochner in 3:53.

113 - Tristan Richardson was pinned in the first period by Lucas Schiell.

120 - Steven Ramirez was pinned by Tanner Benmurry in 4:56

126 - Nash Nelson defeated Michael Majerus 3-0.

132 - Luke Skifton decided John Poulin 2-0.

138 - Mason West lost to Luke Krier 2-1.

145 - Aaron Meincke fell to Beau Jurens 5-1.

152 - Harold Schumacher was pinned by Cole Poncellet in 3:51.

160 - Joey Kozlowski defeated Tanner Mancilman 11-4.

170 - Dominic Goihl-Krier won by decision 7-0 against Kyle Cloutier.

182 - Thomas Frank lost to Gabe Tupper 4-3.

195 - Sam Nutt was pinned by Ethan Kobars in the second period.

220 - Lake City forfeited to Jack Haviland.

285 - Lake City forfeited to Dalton Hall.



Dominic Goihl-Krier won a 7-0 decision at 170 pounds against Kyle Cloutier of Z-M.

Joe Kozlowski won 11-4 vs Z-M.



# The Lake City GRAPHER

LAKE CITY, MINNESOTA

JV wrestlers show progress - page 10

\$100

New Series Vol. CX - No. 33

[www.lakecitygraphic.com](http://www.lakecitygraphic.com)

Thursday, January 2, 2020



## JV wrestlers work hard thru first half of season

"With 13 new members to the junior varsity (JV) Tiger wrestling squad this year, the early part of the season has seen a lot of enthusiasm, hard work and improvement. There have been mixed results on the mat thus far but the improvement by all is evident. Highlights for the first half of the season have seen Thomas Hartke, Braeden Banitt, Jayro Rojas, Dominik Hoffman, Carter Lukes, Landon Olsen and Carter West all placing first at the Wabasha tournament. The next week the team headed to Northfield for a very competitive tournament where Jeremy Nguyen and Tanner Laska placed first, Jayro Rojas and Elijah Dodd placed second, Ashton Shingleton and Zack Keller placed third and Osvin Balta-

zar placed fourth. With the teams eagerness to learn and work hard, there will many more highlights throughout the rest of the year," said Coach Eric Hanson. Front row, from left: Lawson Kane, Asher Bee, Jeremy Nguyen, Cris Ramirez, Ethan Wurst, Rylan Banitt, Carter West and Will Robinson; second row, from left: Carter Lukes, Evan Klindworth, Osvin Baltazar, Ashton Shingleton, Weston Robertson, Elijah Dodd, Aaron Lou and Jayro Rojas; back row, from left: Thomas Hartke, Trey Hartke, Ethan Robertson, Jonas Miller, Dominik Hoffman, Ezra Malles, Braeden Banitt, Landon Olsen and Brayden Burgeson. Not pictured: Cam Thieren and Zack Keller.



# Wrestlers finish 3rd at Clash of the Titans

By Sarah Ziebarth

The Tiger wrestlers returned from their winter break to compete in the Clash of the Titans Invitational in Tartan last Saturday, taking third place out of eight teams with 165.5 points. Grand Meadow LeRoy-Ostrander Kingsland (GMLOKS) came in first with 196.0 and second went to Maple River (185.0).

Of the 16 Lake City wrestlers who went to the tournament, eight placed in the top three at their weights. Nate Evans (106), Luke Becker (145), and Sam Nutt (195) finished in third place, John Harvey (120), Nash Nelson (126), Luke Skifton (132), and Thomas Frank (182) all finished second, and Joe Kozlowski (145) won a championship. This was Joe's first varsity individual title.

"The team had a solid day with many placers with nearly all wrestlers meeting or exceeding their seeds. Events like this provide the opportunity for multiple competitors at a few weight classes which will pay-off as the season progresses," said Coach Doug Vaith.

The Tigers play host to Pine Island and Plainview-Elgin-Millville (PEM) in a triangular tonight (Thursday). Lake City and Pine Island will wrestle at 6 p.m. followed by the PEM dual at approximately 7 p.m. On Saturday, Jan. 11 the varsity and junior varsity will travel to the PEM 16-team invite.

### Class of the Titans Invitational Team Results

1. GMLOKS	196
2. Maple River	185
3. Lake City	165.5
4. Lakeville North	158
5. Irondale	117
6. Tartan	103.5
7. Cretin-Derham Hall	91
8. Roseville Area	70

### Lake City Individuals

106 - Nate Evans picked up three wins on the day and finished in third place. Nate now has a record of 9-7 with a team-leading seven pins.

120 - Jon Harvey returned to action for the first time this season and finished in second place.

120 - Tanner Laska won his first match 7-5 before losing his second match by technical fall 26-11.

126 - Nash Nelson picked up two pins before dropping a close decision in the finals by the score of 6-2. Nash's record for the season improved to 10-4.

132 - Luke Skifton placed second. This is the third time this season the "Skiffy" finished in second place at an individual tourney. Luke now stands at 11-4 on the season.

138 - Aaron Meincke opened up the tourney winning by technical fall then dropped a major decision 12-0 in the semifinals. In the wrestle-backs "Peanut" dropped a hard fought 11-7 match. He finished the day winning by injury default bringing his season record to 9-7.

138 - Mason West had a first round bye then suffered a shoulder injury on the second round and defaulted out of the tourney.

145 - Joe Kozlowski won the championship winning by pin in the first round, technical fall in the semifinals and by major decision 9-0 in the finals. Joe's record now stands at 13-4.

145 - Luke Becker won three of his four matches on the day to finish in third place. Luke now stands at 7-7 on the season.

152 - Harold Schumacher picked up two wins on the day along with two losses to finish in fifth place.

160 - Dominic Gohl-Krier lost in the opening round then bounced back with two consecutive victories before dropping his final match to finish in fourth place.

170 - Jaden Rolbiecki also went 2-2 on the day picking up one pin and a win by default.

170 - Mitch Anderson wrestled up a weight class and finished in sixth place picking up one pin along the way.

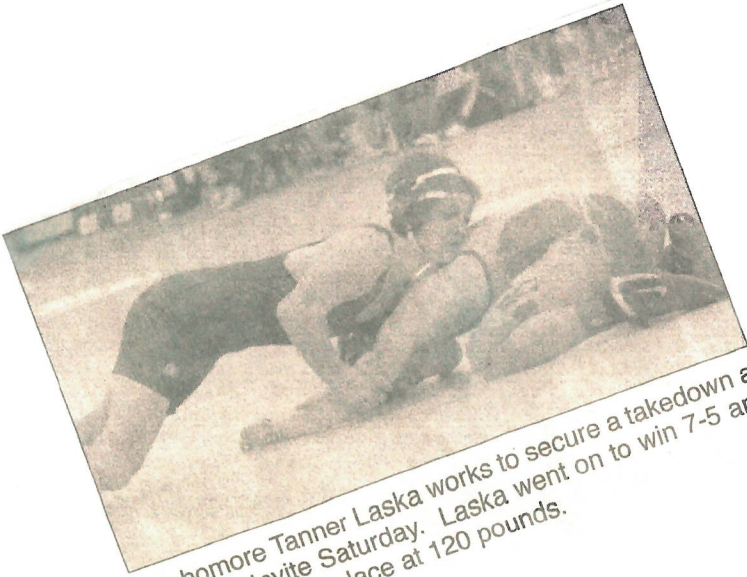
182 - Jeremy Nguyen competed at the varsity level for the first time this season finishing 1-2 and sixth. Jeremy's victory came by a pin in :43.

182 - Thomas Frank continued his strong senior season picking up two pins and dropping a 7-3 decision in the finals. Tom now stands at 10-2 on the season.

195 - Sam Nutt finished in third place going 3-1 on the day with three pins. Sam's record is now 6-5.



7  
THURSDAY, JANUARY 9,  
2020



Sophomore Tanner Laska works to secure a takedown at the Titan Invite Saturday. Laska went on to win 7-5 and finished in sixth place at 120 pounds.



Freshman Nate Evans attempts to get a half nelson on his Irondale opponent. Nate won by the score of 9-2 to place third at 106 pounds.



Senior Harold Schumacher picked up near fall points en route to a 9-7 victory. Harold finished in fifth place at 152 pounds.



Sophomore 145-pounder Luke Becker picked up an overtime pin to earn third place at Clash of the Titans.

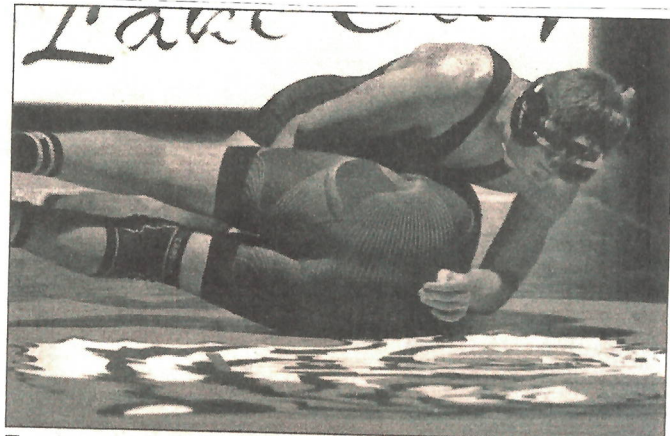
## CLASH OF THE TITANS



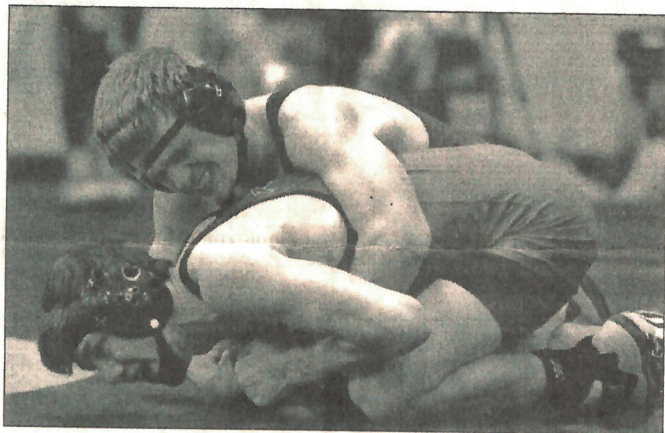
JANUARY 9, 2020 TRIANGULAR MATCH  
vs. PINE ISLAND & PEM



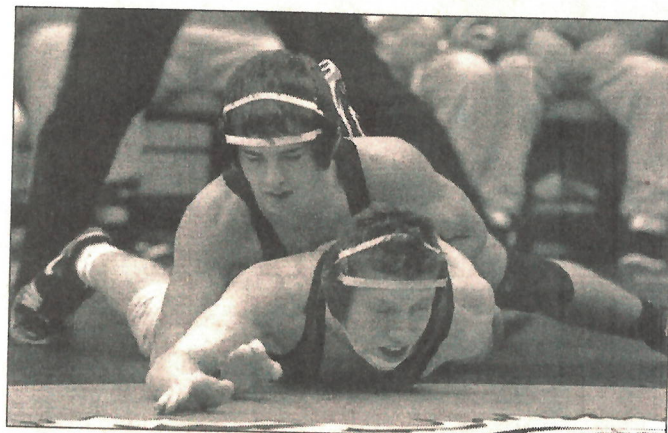
145-pound junior Joe Kozlowski applies a cross body ride on his PEM opponent Kael Lamb. Joe won by pin in the first period in 1:37. —Photo by Steve Brown



Freshman 106 pounder Nate Evans attempting to get an escape against Isaac Walch of PEM. Nate picked up a last-second 4-3 win. —Photo by Dave Ender



Junior Dominic Gohl-Krier (160) working for hand control en route to a 3-0 win against Mason Pike of Pine Island. —Photo by Dave Ender



Junior Luke Skifton (138) has an arm bar on his Pine Island opponent Dan Krier. Luke picked up a second period pin. —Photo by Dave Ender



# Matmen win both duals The Lake City Graphic at Lake City triangular

The Lake City Tiger wrestlers had a busy week that started with a triangular with Pine Island and Plainview-Elgin-Millville (PEM) at home on Thursday, with Lake City winning both duals.

On Saturday, Jan. 11, the Tigers competed in the PEM Invitational and finished fourth with 148.5 behind Caledonia-Houston in first place with 156, Maple River second with 153.5 and Winona third with 152.

Jon Harvey was the champion at 120 pounds. There were three Tiger wrestlers who finished as runners-up in their respective weight categories, Luke Skifton (132), Joe Kozlowski (145) and Tom Frank (182). Nate Evans (106) and Nash Nelson (126) both finished third.

The Tigers are back in action on Thursday, Jan. 16, at Cannon Falls, 7 p.m. They will participate in the Eden Prairie High School Invitational on Saturday, matches begin at 10 a.m. Next Tuesday they travel to Fillmore Central High School (FCHS) for a triangular with FCHS and La Crescent-Hokah, varsity matches begin at 5 p.m.

## Lake City 69 Pine Island 12

106 - Nate Evans defeated Ivan Loy of the Panthers with a pin in 0:45 to start the match on a positive note.

113 - Steven Ramirez was pinned in 3:10 by Lucas Williams.

120 - Jonathan Harvey received a forfeit.

126 - Nash Nelson pinned Jackson Campeau in 0:51.

132 - Aaron Meincke pinned Andrew Rogers in 2:22.

138 - Luke Skifton pinned Dan Krier in 2:45.

145 - Harold Schumacher pinned Colton Allhiser in 0:38.

Lake City led 36-6.

152 - Joe Kozlowski received a forfeit.

160 - Dominic Goihl-Krier earned a 3-0 decision over Mason Pike.

170 - Derek Meincke pinned Cooper Williams in 1:19.

182 - Jaden Rolbiecki received a forfeit.

195 - Sam Nutt received a forfeit.

220 - Thomas Frank received a forfeit.

285 - Lake City forfeited.

## Lake City 52

PEM → ~~Pine Island 22~~

106 - Nate Evans (13-8)

earned a 4-3 decision over Isaac Walch.

113 - Steven Ramirez defeated Riley Boland with a major decision 12-0.

120 - Jonathan Harvey defeated Alex Hinrichs by pin in 1:27.

126 - Nash Nelson (14-5) pinned Austen Michel in 1:32.

132 - Aaron Meincke received a forfeit.

138 - Luke Skifton (15-5) decided Cooper Hofschulte 3-1.

145 - Joe Kozlowski (17-5) pinned Kael Lamb in 1:37.

Lake City led 34-0.

152 - Harold Schumacher was pinned in 1:51 by Cael Marx.

160 - Dominic Goihl-Krier (11-9) received a forfeit.

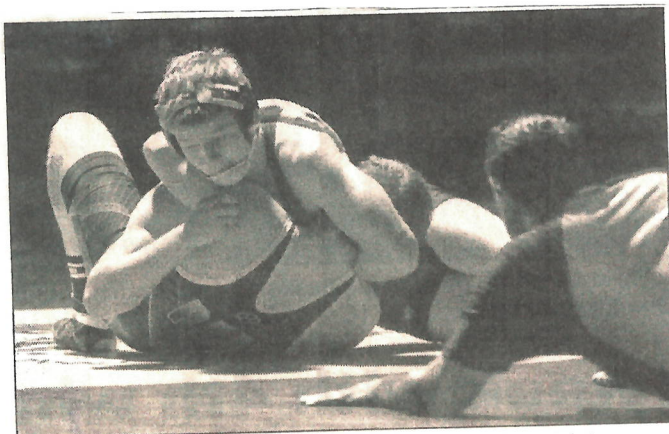
170 - Jaden Rolbiecki was pinned by Derek Boyum in 0:26.

182 - Derek Meincke pinned Tony Robertson in 3:04.

195 - Thomas Frank (14-3) received a forfeit.

220 - Sam Nutt was defeated by Martin Prieto with a major decision 16-5.

285 - Lake City forfeited.

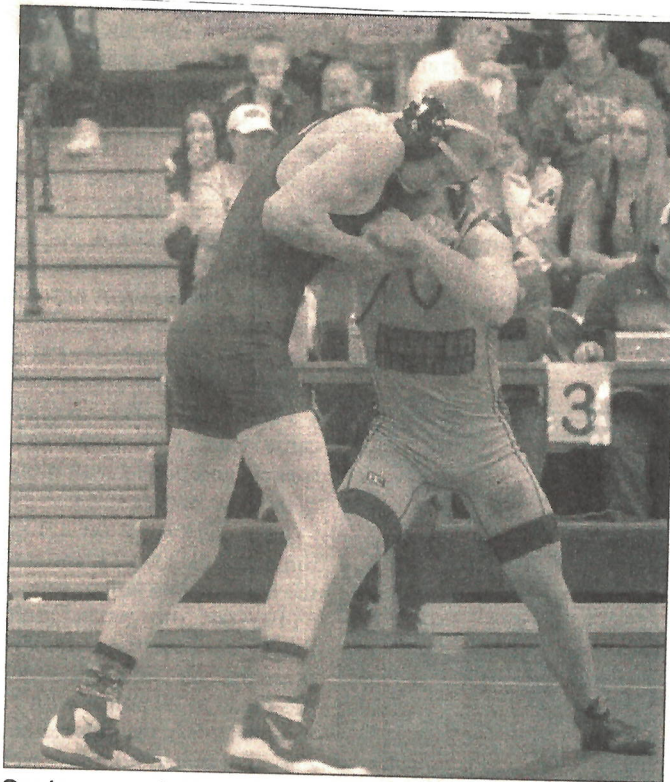


Senior Derek Meincke (182) in his first action of the season gets a pin against Tony Robertson of PEM in 0:26.

—Photo by Steve Brown



# PEM INVITE JANUARY 11, 2020



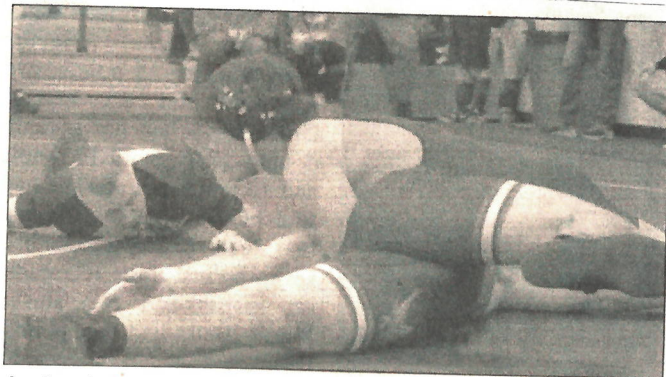
Sophomore Jonathan Harvey used a 2 on 1 set up against La Crescent in the PEM Invite Saturday. Jon won this match 8-1 and went on to win the 120 pound title.

### PEM Invitational Team Results

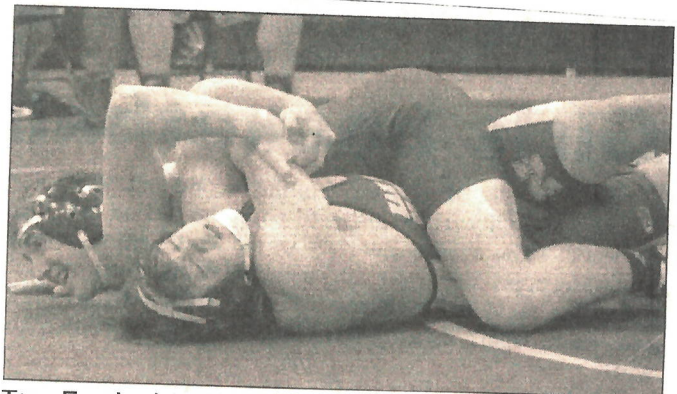
1. Calendonía-Houston	156
2. Maple River	153.5
3. Winona	152
4. Lake City	148
5. Albert Lea	133.5
6. Lewiston LARP	121
7. Plainview PEM	106.5
8. Wabasha-Kellogg	64
9. St. Thomas Academy	62
10. Fillmore FCLMC	52
11. Burnsville	47
12. La Crosse Logan	44
13. Richfield	35
14. Eau Claire North	27
15. Austin	14
16. La Crescent	13
17. Cochrane FC	12

### Lake City Individuals

- 106 - Nate Evans third place.
- 113 - Steven Ramirez eighth place.
- 120 - Jon Harvey champion.
- 126 - Nash Nelson third.
- 132 - Luke Skifton second.
- 132 - Aaron Meincke sixth.
- 138 - Luke Becker seventh.
- 145 - Joe Kozlowski second.
- 160 - Dominic Gohl-Krier fifth.
- 170 - Mitch Anderson sixth.
- 182 - Thomas Frank second.
- 195 - Sam Nutt fifth.



Junior Jeremy Nguyen (182) picked up an opening round pin against Wabasha-Kellogg at the PEM Invite Jan. 11.



Tom Frank picked up the pin in the opening round Saturday at PEM. Tom finished second in the 182 pound bracket.



# Wrestlers bring home win from Cannon Falls

MATCH:  
JANUARY 16, 2021

During last Thursday night's dual in Cannon Falls, the Lake City Tigers took on the Bombers with their usual fighting spirit. With five pins and nine overall wins, the match was a great victory of 44-25.

The team started out behind with two losses, a close win, and another close loss. By the sixth match of the evening, the Tigers and Bombers were tied, and from there on out Lake City took the lead.

The five pins were by Luke Skifton (138), Dominic Goihl-Krier (160), Derek Meincke (170), Thomas Frank (182), and Max Balow (220). Lake City forfeited to Cannon Falls at 285.

"It was an important win for the team as Cannon Falls is a section and conference opponent," said Coach Doug Vaith. "The team is looking a little bit better each week, with the addition of Max Balow in the upper weights on Thursday and getting Derek back in the line up last week the entire team performance is impacted in a positive way."

Individually, junior Joe Kozlowski now has a record of 18-5, Luke Skifton stands at 16-5, 182 pound senior Thomas Frank is 15-3 and Jon Harvey moved to 8-1. Other winning records include freshman 106 pounder Nate Evans at 13-9, junior Dominic Goihl-Krier at 12-9, and sophomore Sam Nutt is 9-8.

Senior Derek Meincke is now 3-0 with three pins.

The Eden Prairie Invitational was cancelled last Saturday due to weather. This weekend the Tigers host the 37th annual Lake City Invitational starting at 10 a.m.

## Lake City 44 Cannon Falls 25

106 - Nate Evans lost by major decision 10-2 to Gavin Peterson.

113 - Steven Ramirez was pinned by Colton Black in 1:05.

120 - Jon Harvey defeated Preston Carlisle 4-3.

126 - Nash Nelson fell to Cooper Peterson 6-2.

132 - Aaron Meincke won by major decision against Evan Bennerotte 12-1.

138 - Luke Skifton pinned Levi Anderson in 0:52 seconds.

145 - Harold Schumacher defeated Johnathan Banks 6-4.

152 - Joe Kozlowski won by a major decision against Sam Ludden 10-2.

160 - Dominic Goihl-Krier pinned Kyle Erlanson in 1:38.

170 - Derek Meincke pinned Beau Zimmerman in 4:19.

182 - Thomas Frank pinned Cory Timm in 2:45.

195 - Sam Nutt was pinned by Riley Keenan in 4:19.

220 - Max Balow pinned Trey Liatta in 0:22 seconds.

285 - Lake City forfeited to Ryan Linde.



MATCH 1-21-2020

## Matmen get big wins in triangular

The Lake City Tigers matmen travelled to Fillmore Central (FC) on Jan. 21 to participate in a triangular with FC and La Crescent-Hokah. Lake City dominated their matches and came out on top in both duals.

The Tigers opened with a win over FC 60-12 that included five pins from Nate Evans (106), Nash Nelson (126), Mason West (138), Luke Becker (152) and Dominic Goihl-Krier (170).

The only losses for Lake City came at 182 pounds, when Mitch Anderson was pinned in the third period and a forfeit at 285 pounds.

Lake City followed that win with another dominant victory when they shut out La Crescent-Hokah 70-0.

Bringing home pins for the Tigers were Nate Evans (106), Luke Skifton (132), Derek Meincke (160) and Dominic Goihl-Krier (170).

### Lake City 60

#### Fillmore Central 12

106 - Nate Evans defeated Kyle Daniels with a pin in the first period (0:32).

113 - Steven Ramirez defeated Connor Wingert with a 7-2 decision.

120 - Jon Harvey received a forfeit.

126 - Nash Nelson pinned Ryan Kelly at 1:13.

132 - Luke Skifton defeated Cale Anderson with a 6-4 decision.

138 - Mason West pinned Boston Wright in the second period (2:44).

145 - Joe Kozlowski de-

feated Caden Anderson with a 6-2 decision.

152 - Luke Becker pinned Izayah Rietheimer in 4:42.

160 - Derek Meincke earned a 17-2 tech fall over Caleb Kunz.

170 - Dominic Goihl-Krier pinned Carson Berg in 0:26.

182 - Mitchell Anderson was pinned in 7:24 by Devin Troendle.

195 - Thomas Frank earned a major decision over Michael Barrett, 15-3.

220 - Max Balow received a forfeit.

285 - Lake City forfeited to Stefan Nikoloski.

### Lake City 70

#### La Crescent-Hokah 0

106 - Nate Evans pinned Nolan Schreier in 0:21.

113 - Steven Ramirez received a forfeit.

120 - Jon Harvey earned a major decision over Bryce Duffy, 13-2.

126 - Nash Nelson received a forfeit.

132 - Luke Skifton pinned Joey Schreier in 2:15.

138 - Mason West received a forfeit.

145 - Joe Kozlowski received a forfeit.

152 - Harold Schumacher received a forfeit.

160 - Derek Meincke pinned Dawson Colbert in 3:48.

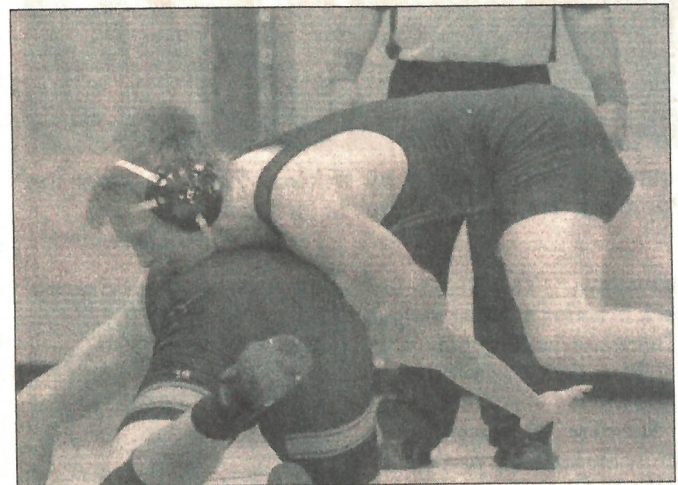
170 - Dominic Goihl-Krier pinned Nathan Albrecht in 0:13.

182 - Thomas Frank received a forfeit.

220 - Max Balow received a forfeit.



Senior Nash Nelson pinned his opponent Ryan Kelly of Fillmore Central with a half nelson in the first period.



Junior Mitch Anderson wrestling up a couple weight classes at 182 pounds earns a takedown in the first period. Mitch lost by fall in the third.



# Two champions crowned along

Thursday, January 30, 2020 - 9

## with 3rd place team finish

By Sarah Ziebarth

The Lake City Tigers' wrestling team hosted nine other teams at the 37th annual Lake City Invitational last Saturday, and took third place overall with 170 points. In first was Northfield with 205, and Chatfield followed with 179.

As for the team, an amazing 13 out of the 16 varsity members placed in the top six. Derek Meincke (160) and Max Balow (220) both earned championships, Jon Harvey (120) and Thomas Frank (182) placed second, Nash Nelson (126) and Mason West (138) placed third, Nate Evans (106) and Dominic Goihl-Krier (170) placed fourth, Luke Skifton (132), Joe Kozlowski (138) and Sam Nutt (195) placed fifth, and Aaron Meincke (132) and Mitchell Anderson (152) placed sixth.

"It was a fun day for the team with several strong performances," Coach Doug Vaith said. "Derek was dominant, Max improved each match, Jon, Nash and Tom continued with solid performances and Mason had his best day of the season."

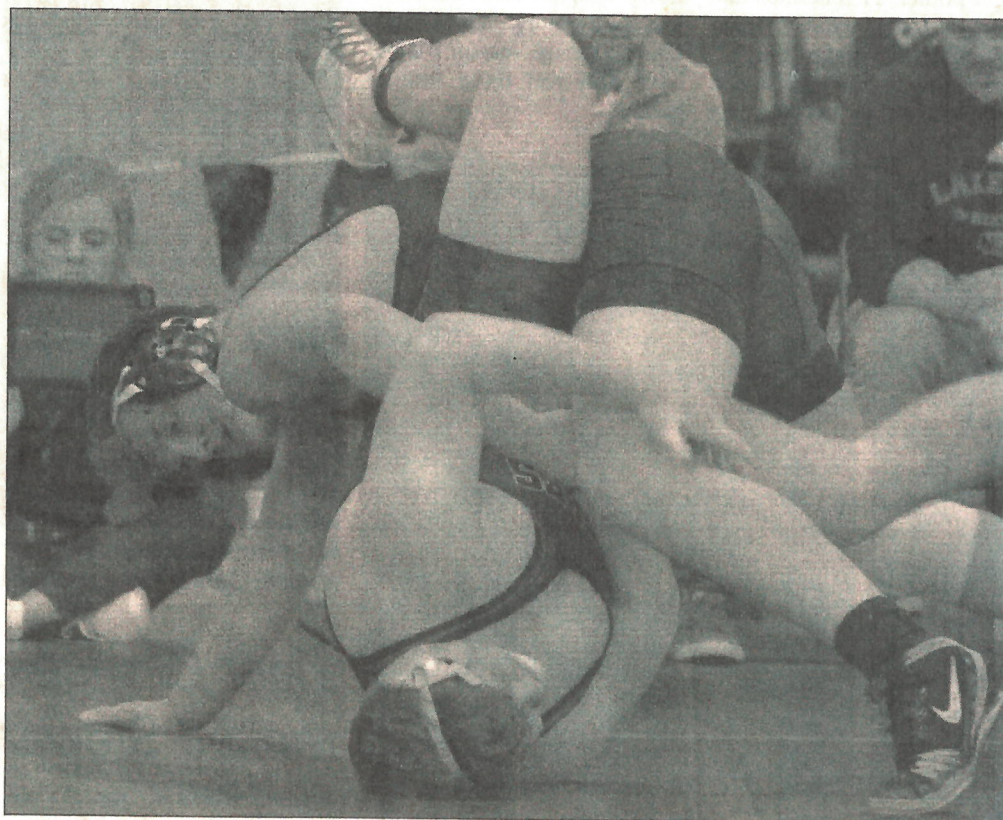
On Friday, the Tigers play host to Rochester Century, Triton, and Wabasha-Kellogg in a quadrangular at home starting at 5 p.m. Then they are home with Kenyon-Wamingo next Tuesday and they travel to Stewartville on Feb. 6.

### Lake City Invitational Team Results

1. Northfield	205
2. Chatfield	179
3. Lake City	170
4. Medford	140
5. Dover-Eyota	127
6. Rochester Mayo	123
7. Winona	122.5
8. Westfield	68.5
9. Wabasha-Kellogg	49
10. St. Charles	47



Senior Derek Meincke looking for a cradle in the 160 pound championship match Saturday against his Chatfield opponent. Derek picked up a second period fall for the title.



Sophomore Max Balow working a tilt against his 220 pound Dover-Eyota opponent in the semifinals Jan. 25. Max won the championship by a pin in the third period.



# LAKE CITY INVITATIONAL 14

## 2020

### Lake City Individuals

106 - Nate Evans went 2-2 on the day to finish in fourth place; Cristofer Ramirez lost by fall in both of his matches.

113 - Steven Ramirez lost in the opening round by fall, then picked up a 6-1 win in the consolation round. Steven was eliminated with a 10-0 loss.

120 - Jon Harvey received an opening round bye, then pinned his Rochester Mayo opponent in the semifinals before dropping his final round match to defending AAA state runner-up Ryan Henningson of Winona by technical fall to finish in second place.

126 - Nash Nelson opened the tourney with a fall then lost a tight 7-6 match in the semifinals. Nash won by identical scores of 7-3 in the consolation round to finish in third place.

132 - Luke Skifton competed in perhaps the toughest weight class. Skifton was the No. 5 seed and finished in fifth. Luke lost in the opening round to the eventual champion by the score of 5-1, then won three of four matches in the consolation rounds; Aaron Meincke finished sixth, picking up one pin on the day.

138 - Mason West went 4-1 on the day with his lone loss coming to AAA state runner-up Drew Woodley of Northfield. Mason picked up two pins en route to his third place finish; Joe Kozlowski finished the day in fifth place going 2-2 on the day.

145 - Luke Becker pinned his first round opponent in 3:56 but was eliminated when he lost his next two matches.

152 - Mitchell Anderson finished sixth, picking up one pin along the way.

160 - Derek Meincke dominated winning by the score of 8-2 in the semifinals and by fall in the second period in the finals to earn the championship.

170 - Dominic Gohl-Krier finished in fourth place. After dropping his opening round match Dom won three consecutive matches before dropping his final match.

182 - Thomas Frank advanced to the finals with an opening round major decision followed by a pin in the semis. Tom then lost 5-0 in the finals to finish in second place.

195 - Sam Nutt finished in fifth place ending the day with a 0:56 second pin.

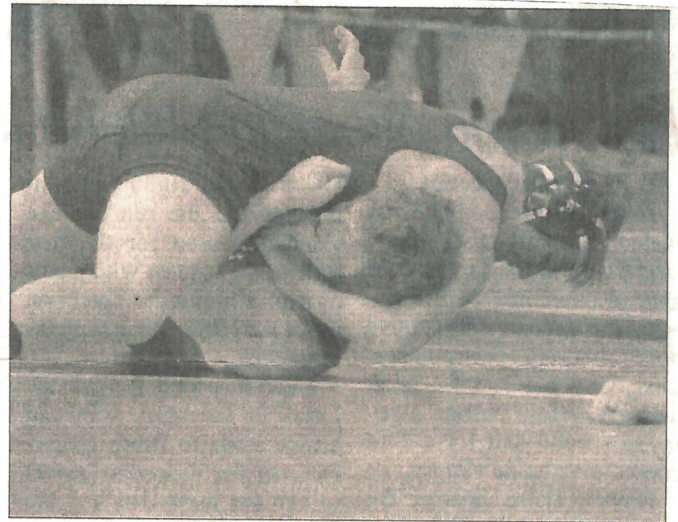
220 - Max Balow picked up pins in the first round and semifinals before picking up a 3-0 win in the finals over his state-ranked opponent from Northfield to take home the title.



Sophomore 120 pounder Jon Harvey using a chin drop to pin his Rochester Mayo opponent in the semifinals of the Lake City Invite Saturday.



Senior Mason West working to finish off a single leg takedown in the third place match Saturday. Mason scored a takedown in the final seconds to win by a score of 9-7 in the 138 pound weight class.



Senior Thomas Frank working for a pin in his first match of the day against Westfield at the Lake City Invitational. Tom went on to win by a major decision 12-2 and finished in second place at 182 pounds.



# Wrestlers dominate matches in busy week

The Lake City Graphic

By Sarah Ziebarth

The Lake City Tiger wrestlers traveled to St. Charles Tuesday, Jan. 28 to face off against the Saints. The Tigers pinned five opponents, won two decisions, received six forfeits, and forfeited heavy-weight position 285 with a final score of 72-6.

Last Friday, the Lake City wrestlers hosted a quadrangular to take on Triton, Rochester Century, and Wabasha-Kellogg. They took all three matches by storm, pinning almost every opponent, and ended the day with scores of 67-6, 57-15, and 64-9. All three matches had a double forfeit in the heavyweight division.

In their first match against the Cobras, Lake City pinned eight, won one decision and one major decision, received two forfeits, and suffered only one loss. Steven Ramirez (113), Nash Nelson (126), Mason West (138), Joey Kozlowski (145), and Dominic Goihl-Krier (160), were among those who pinned their opponents.

Rochester Century proved to be a slightly tougher match, despite positions 106 through 138 being forfeits to the Tigers, as well as weights 170 and 195. Aaron Meincke (145) and Thomas Frank (182) were the only two Lake City wrestlers to come out on top.

The third and final match against the Falcons resulted in three pins by Nate Evans (106), Luke Becker (152) and Sam Nutt (195), one victory via decision, another by major decision, a win by disqualification, six forfeits, and two losses. Overall, a good end to a triumphant evening.

"This week did not present much of a challenge team wise," said Coach Doug Vaith, "However, we faced some very strong individuals over the week and learned some valuable lessons, which we can work to improve on as we enter the final week of the regular season."

As of Friday, the team has won nine consecutive dual meets to put their team record at 9-4. Individually Nate Evans is now 21-11 with a team leading 14 pins, Jonathan Harvey is 15-2, Nash Nelson 23-7, Luke Skifton 24-8, Mason West 15-6, Aaron Meincke 19-11, Joe Kozlowski 24-7, Derek Meincke 10-1, Dominic Goihl-Krier 21-11, Thomas Frank 23-4, Luke Becker 14-13,, Sam Nutt 14-10 and Max Balow at 9-1.

Tuesday closed out the home schedule against the Kenyon-Wanamingo Knights, and tonight (Thursday) the Tigers travel to Stewartville for the final regular season match.

## Lake City 72 St. Charles 6

106 - Nate Evans pinned Colton Mathison in 1:28.

113 - Steven Ramirez pinned Aiden Olson in the first period.

120 - Jon Harvey pinned Chace Kobs in 0:52.

126 - Nash Nelson defeated Carter Mathison 5-2.

132 - Luke Skifton received a forfeit.

138 - Joey Kozlowski won against Jett Thoreson 8-4.

145 - Aaron Meincke pinned Brady Koeppel in 5:35.

152 - Luke Becker received a forfeit.

160 - Dominic Goihl-Krier received a forfeit.

170 - Derek Meincke received a forfeit.

182 - Thomas Frank received a forfeit.

195 - Sam Nutt pinned Riley Ferdan in 0:53.

220 - Max Balow received a forfeit.

285 - Lake City forfeited to Gavin Boyum.

## Lake City 67 Triton 6

106 - Nate Evans pinned Hunter Stark in 1:13.

113 - Steven Ramirez pinned Austan Adreon in 1:39.

120 - Jon Harvey received a forfeit.

126 - Nash Nelson pinned Alex Naze in the second period.

132 - Luke Skifton was pinned in 1:23 by Kody Rasmussen.

138 - Mason West pinned Justin Ibarra in 0:32.

145 - Joey Kozlowski pinned Kolby Dobbs in the third period.

152 - Luke Becker pinned Brayder Rowber in 2:50.

160 - Dominic Goihl-Krier pinned Hunter Shadow in the second period.

170 - Derek Meincke defeated Brekken Schlichting 14-0.

182 - Thomas Frank won against Mason Borker 10-8.

195 - Sam Nutt pinned Grady Klankowski in 1:34.

220 - Max Balow received a forfeit.

285 - Double forfeit.



**Lake City 67**

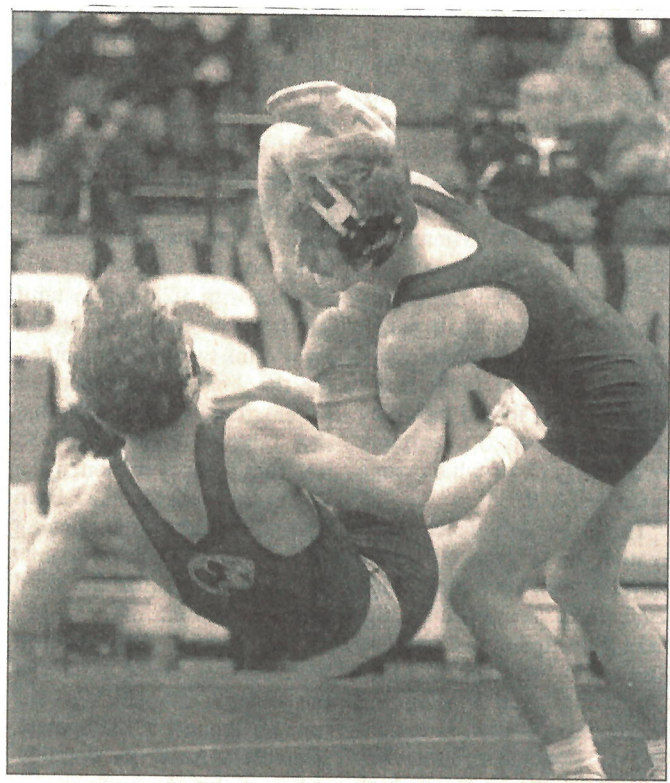
**Rochester Century 15**

- 106 - Nate Evans received a forfeit.
- 113 - Steven Ramirez received a forfeit.
- 120 - Jon Harvey received a forfeit.
- 126 - Nash Nelson received a forfeit.
- 132 - Luke Skifton received a forfeit.
- 138 - Mason West received a forfeit.
- 145 - Aaron Meincke defeated Payton Richard 9-2.
- 152 - Luke Becker was pinned by Garret Pavelko in 3:32.
- 160 - Derek Meincke lost to Owen Pharo 6-3.
- 170 - Dominic Goihl-Krier received a forfeit.
- 182 - Thomas Frank pinned Nate Miller in 0:52.
- 195 - Sam Nutt received a forfeit.
- 220 - Max Balow was pinned in 5:59 by Seth Arndt.
- 285 - Double forfeit.

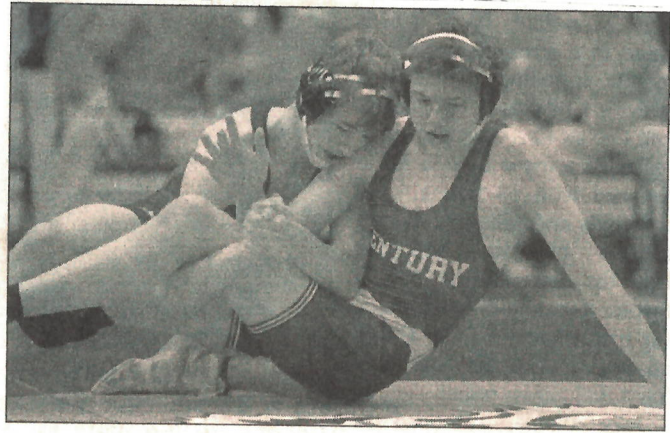
**Lake City 64**

**Triton 9**

- 106 - Nate Evans pinned Henry Cushman in 1:04.
- 113 - Steven Ramirez was pinned by Chris Cushman in 5:45.
- 120 - Jon Harvey received a forfeit.
- 126 - Nash Nelson defeated Terrik Miller 11-2.
- 132 - Luke Skifton received a forfeit.
- 138 - Joey Kozlowski lost to Nolan Rommel 8-4.
- 145 - Aaron Meincke received a forfeit.
- 152 - Luke Becker pinned Nate Ivisn in 1:24.
- 160 - Derek Meincke received a forfeit.
- 170 - Dominic Goihl-Krier won by the disqualification over John Frazier.
- 182 - Thomas Frank received a forfeit.
- 195 - Sam Nutt pinned Jack Rodegruer in 0:48.
- 220 - Max Balow received a forfeit.
- 285 - Double forfeit.



Derek Meincke (160) with a single leg sweep takedown against Owen Pharo of Rochester Century. Derek suffered his first loss of the season to put his record at 10-1.  
—Photo by Dave Ender

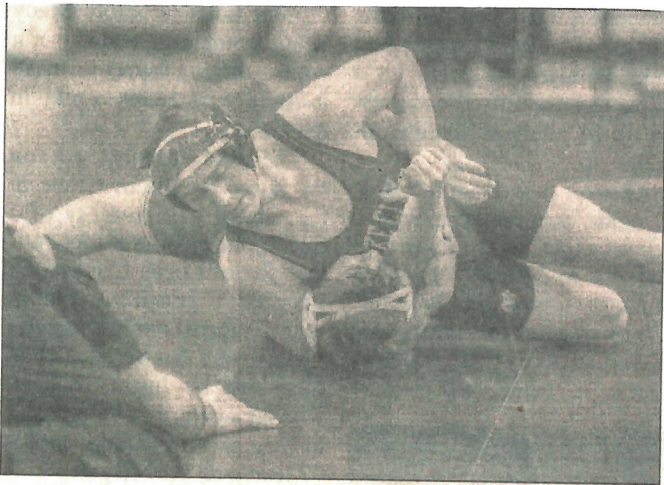


Aaron Meincke in a saddle position against Payton Richard with Rochester Century at 145 pounds. Peanut won by the score of 9-2 to improve to 19-11 for the year.  
—Photo by Dave Ender

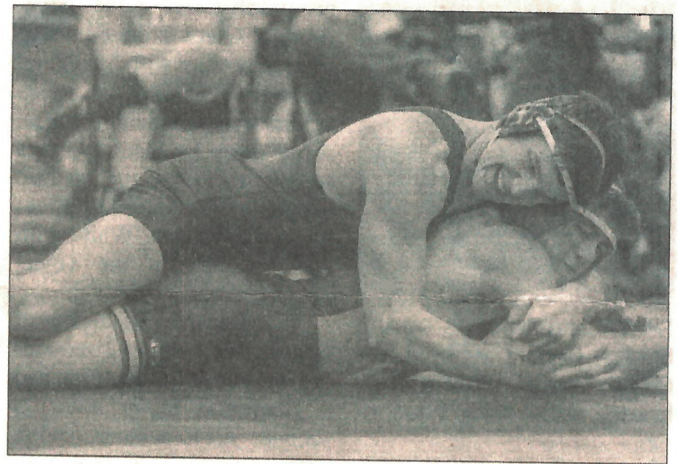




Nate Evans gets the turn against Henry Cushman with Wabasha-Kellogg at 106 pounds. Nate won by fall for the 14th time this season and increased his record to 21-11.  
—Photo by Dave Ender



Thomas Frank (182) with a headlock finish on Nate Miller of Rochester Century. This was Tom's 11th pin of the season and increased his season record to 23-4.  
—Photo by Steve Brown



Sam Nutt with a crossface cradle against Jack Rodegruer of Wabasha-Kellogg to pickup up his 10th pin of the season at 195 pounds.  
—Photo by Steve Brown



# Wrestlers to host section quarterfinal Thursday

The Lake City Graphic

By Sarah Ziebarth

On Tuesday, Feb. 4, the wrestling Tigers challenged the Kenyon-Wanamingo (KW) Knights. The entire evening was a series of back and forth wins and losses for both teams, and the match ended with the Knights pulling out on top with a score of 31-24. Jon Harvey (120) and Nash Nelson (126) picked up falls and the other wins came from Luke Skifton (132), Derek Meincke (170), Sam Nutt (182), and Max Balow (285).

Last Thursday, the team traveled to Stewartville with their A game. They defeated the maroon Tigers 67-12 with an outstanding 10 pins, one decision, and one major decision.

"We've had a strong second half of the season and are as healthy as we have been all season," stated Coach Doug Vaith. "The team is ready physically and mentally to compete at section duals this week."

The Tigers start the Section 1AA Team Tournament on Thursday night hosting La Crescent and Byron. Lake City earned the No. 3 seed with a 10-5 record, winning 10 of their last 11 duals. Simley is the top seed followed by No. 2 Kasson-Mantorville (K-M). Simley and K-M are also the No. 1 and No. 2 teams in the state rankings. Byron will take on La Crescent starting at 6 p.m. with Lake City taking on the winner at 7 p.m. If

the Tigers win their dual they would advance to the semifinals on Saturday starting at 11 a.m. at the Rochester Mayo Civic Arena.

## Lake City 24

### Kenyon-Wanamingo 31

106 - Nate Evans lost by major decision to Gavin Johnson 9-0.

113 - Steven Ramirez lost by major decision to Trent Foss 10-0.

120 - Jon Harvey pinned Keifer Olson in 3:59.

126 - Nash Nelson pinned Owen Craig in the third period.

132 - Luke Skifton won against Dillon Bartel 10-3.

138 - Mason West lost an 8-1 decision to Alec Johnson.

145 - Joey Kozlowski was defeated by Bray Olson 7-5.

152 - Luke Becker lost by fall in 4:42 to Jaedin Johnson.

160 - Thomas Hartke lost to Daniel Van by injury default.

170 - Derek Meincke won by a 8-5 decision against Tyler Craig.

182 - Sam Nutt defeated Logan Meyers 7-0.

195 - Thomas Frank lost to Carter Quam by technical fall.

220 - Double forfeit

285 - Max Balow won against Armani Tucker 5-0.

## Lake City 67 Stewartville 12

106 - Nate Evans pinned Tanner Elzen in 3:48

113 - Steven Ramirez lost by fall to Jon Laures

120 - Jon Harvey pinned

Patrick Foster in 1:23.

126 - Nash Nelson pinned Lincoln Dube in :54.

132 - Luke Skifton pinned Cole Janssen in 1:46

138 - Mason West pinned Anthony Nelson in 2:50.

145 - Joey Kozlowski decided Riley Schwichtenberg 9-2.

152 - Luke Becker pinned Will Laures in 1:53.

160 - Dominic Goihl-Krier pinned Lucas Ahart in 1:16

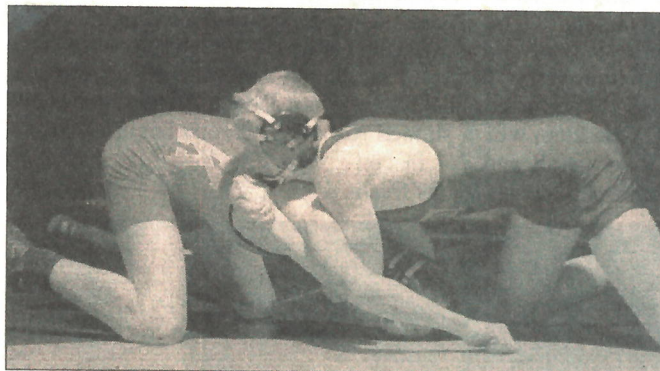
170 - Derek Meincke pinned Trey Emerich in 1:18.

182 - Thomas Frank defeated Christian Sackett by major decision 11-2.

195 - Sam Nutt pinned Walker Bishop in 3:27.

220 - Max Balow pinned Parker Theobald in 3:30.

285 - Lake City forfeited to Alex Parker.



Sophomore Jonathan Harvey (120) defended a take-down against Keifer Olson of Kenyon-Wanamingo. Jon went on to pick up a pin in 3:59. —Photo by Dave Ender

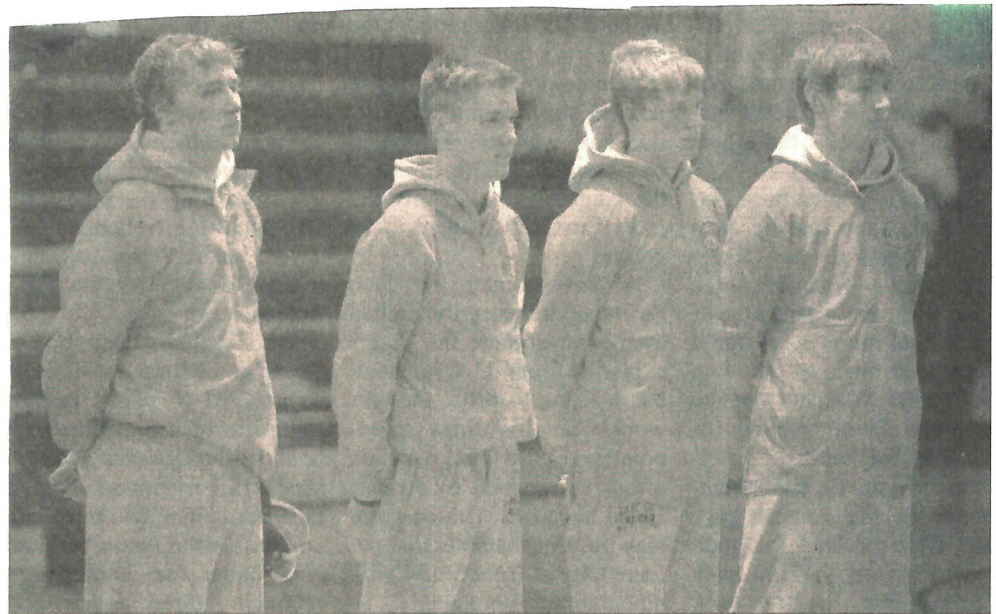


THURSDAY, FEBRUARY 13, 2020 19



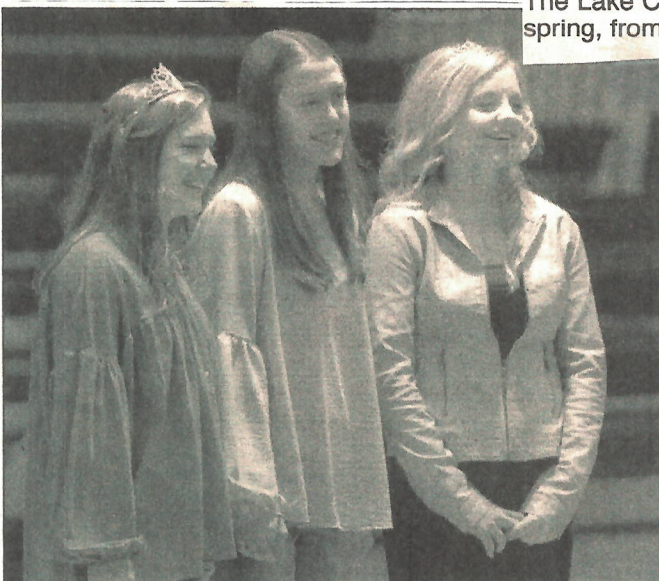
At left, senior Nash Nelson works for a crossface cradle against Owen Craig of K-W. Nash picked up his 10th pin of the season with a third period fall.

—Photo by Steve Brown



The Lake City Tiger wrestling team will be losing four of its matmen to graduation this spring, from left: Thomas Frank, Nash Nelson, Mason West and Derek Meincke.

—Photo by Dave Ender



Three of the Tiger wrestling managers will be graduating this spring. They were honored at the match with Kenyon-Wanamingo Feb. 4. From left: Brenna Nelson, Phebe Nelson and Morgan West.

—Photo by Dave Ender

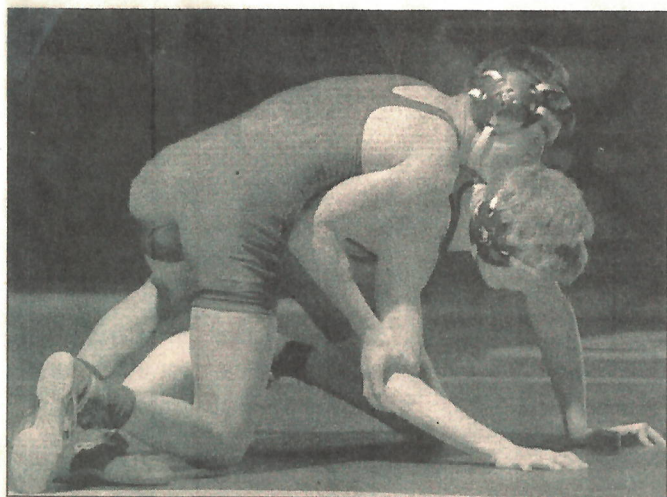
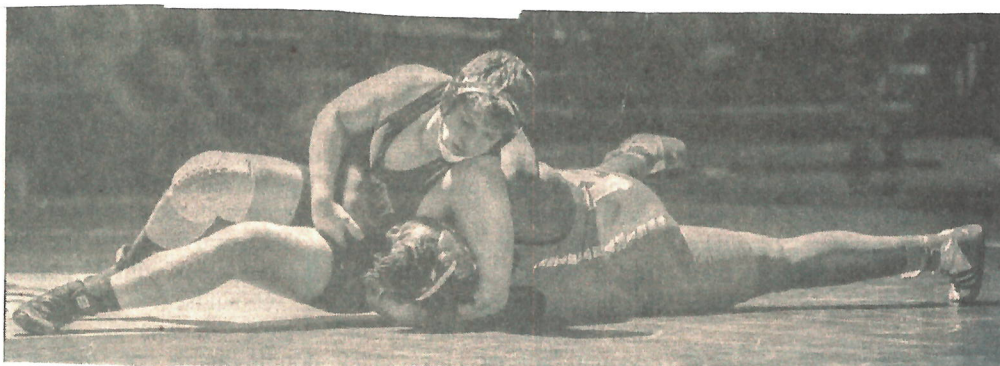
## SENIOR NIGHT

THOMAS, NASH, MASON, DEREK,  
BRENNHA, PHEBE, MORGAN



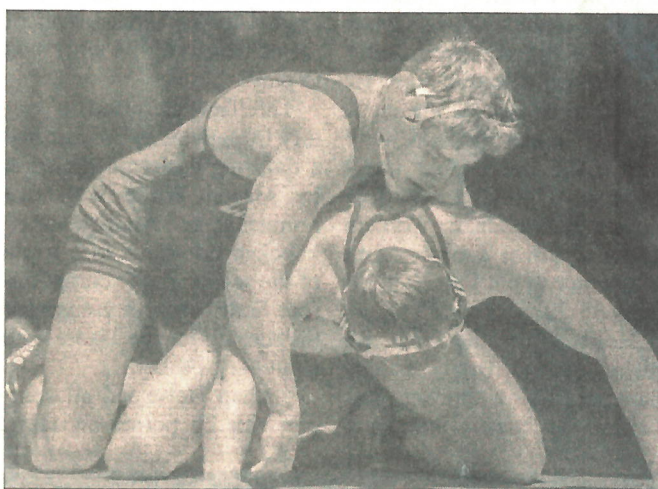
At right, sophomore Max Balow moved up to heavy-weight and picked up a 5-0 win with a 5 point headlock against Armani Tucker of K-W.

—Photo by Steve Brown



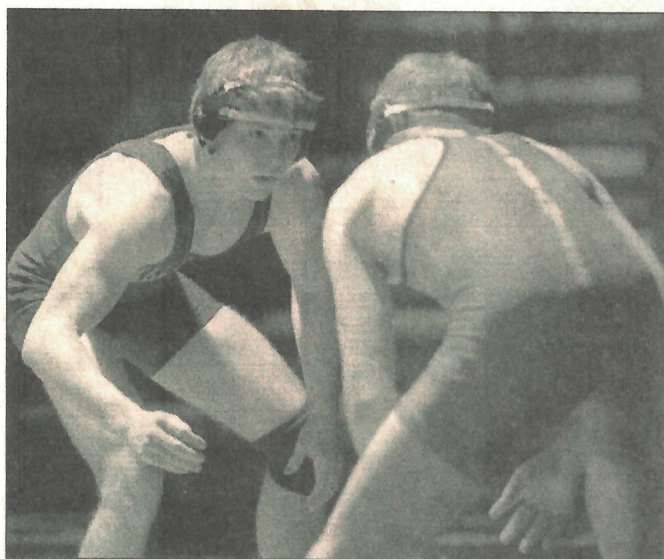
Junior 113 pounder Steven Ramirez controlled Trent Foss of K-W from the top position. Steven lost by the score of 10-0.

—Photo by Dave Ender



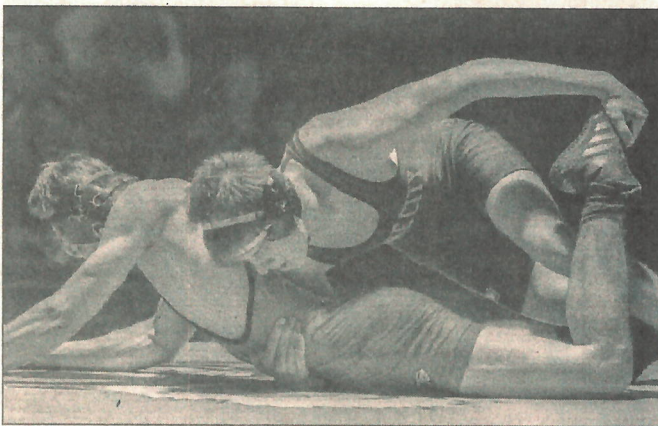
Luke Becker, in the top position, attempts to turn Jaedin Johnson of K-W. Luke held a third period lead but eventually was pinned.

—Photo by Steve Brown



Luke Skifton in the neutral position against Dillon Bartel of K-W. Luke won by the score of 10-3.

—Photo by Dave Ender



138-pound senior Mason West works for a turn in the third period against Alec Johnson of Kenyon-Wanamingo. Mason fell behind 8-0 and ended up losing 8-1.

—Photo by Steve Brown



# Matmen win quarterfinal over Byron; lose in semis to K-M

The Lake City Tigers wrestling team hosted Byron last Thursday night in the first round of the Section 1AA Team Tournament.

Nate Evans (106) got things started picking up his 16th pin of the season followed by a couple losses for Steven Ramirez (113) and Jonathan Harvey (120). Nash Nelson and Luke Skifton got the Tigers back on the winning track with decisions at 126 and 132. Mason West then faced the second of Byron's returning state champions in Mitchell Peterson who picked up a pin over Mason. Joe Kozolowski picked up a come-from-behind 11-9 win at 145, followed by pins from Luke Becker, Derek Meincke, Ethan Roberson, Thomas Frank and Max Balow. It was the first time Roberson competed at the varsity level.

With the win over Byron the team advanced to the semifinals against No. 2 seed and No. 2 state-ranked Kasson-Mantorville (K-M). K-M won the dual by the score of 48-12.

Jon Harvey (120) and Mason West (138) both pinned their opponents, rendering them the only Lake City victors in the final match. However, other team members had very close matches, including Luke Skifton (132), Joe Kozolowski (145), Derek Meincke (160), Thomas Frank (195) and Max Balow (285). The team's final record for the season stands at 11-6.

"I was happy for our seniors to finish out with a home win and lead the team to the Civic Center," said Coach Doug Vaith. "The K-M score was not indicative of how that match went. There were several tight individual matchups and the team competed very well."

Next up is the individual portion of the Section 1AA tournament. Wrestling will open on Friday at noon and starting at 10 a.m. on Saturday. The top two place winners in each weight class qualify for the state meet on Feb. 28 and 29.

## Lake City 51 Byron 22

106 - Nate Evans pinned Austyn Langworthy in 0:45.

113 - Steven Ramirez was pinned by Jacob Thompson in the third period.

120 - Jon Harvey was defeated by Maxwell Peterson by major decision 21-10.

126 - Nash Nelson won by decision over Eddie Lopez 7-1.

132 - Luke Skifton defeated Eli Haight by decision 7-2.

138 - Mason West was pinned in 3:05 by Mitchell Peterson.

145 - Joe Kozolowski decided Parker Klien 11-9.

152 - Luke Becker pinned Wyatt Nemechek in 1:48.

160 - Dominic Gohl-Krier pinned Frank Swartzentruber in the first period.

170 - Derek Meincke pinned Kaleb Kraetsch in 3:16.

182 - Ethan Roberson pinned Quinten Lambertsen in the first period.

195 - Thomas Frank pinned Beau Lorentzen in 3:06.

220 - Sam Nutt was pinned in 3:25 by Vicente Deleon.

285 - Max Balow pinned Carter Geertz in the first period.

## Lake City 12

### Kasson-Mantorville 48

106 - Nate Evans lost by decision to Dominic Mann 7-2

113 - Steven Ramirez lost by decision 6-0 to Joseph Kennedy.

120 - Jon Harvey pinned Preston Hitterdal in 2:40.

126 - Nash Nelson fell by technical fall to Giovanni Ruffo 15-0.

132 - Luke Skifton lost by decision to Logan Vaughn 9-8.

138 - Mason West pinned Henry Paulson in 3:21.

145 - Joe Kozolowski was defeated by Tanner Paulson by decision 7-4.

152 - Luke Becker lost by technical fall to Carlos Ruffo.

160 - Derek Meincke fell to Kail Wynia 5-3 in overtime.

170 - Dominic Gohl-Krier lost to Bennet Berge by technical fall.

182 - Ethan Roberson was pinned by Patrick Kennedy in 0:20.

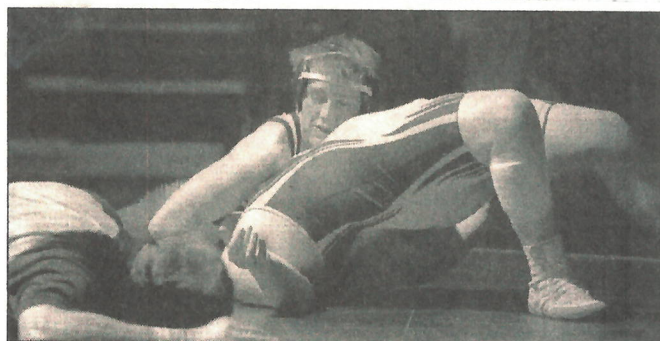
195 - Thomas Frank lost to Jackson Kennedy 5-2.

220 - Lake City forfeited to Reed Parrish.

285 - Max Balow was defeated by Anthony Moe-Tucker by decision 8-3

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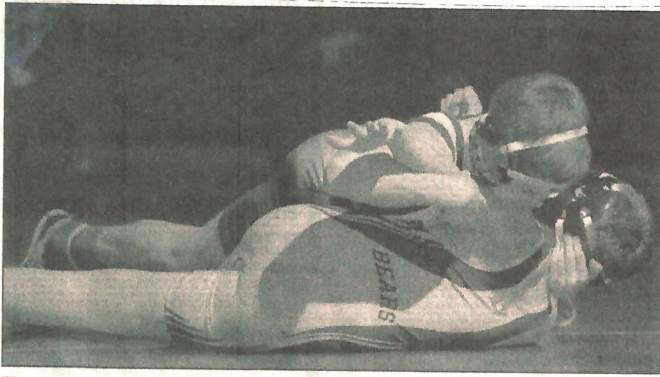
SECTION SEMIS



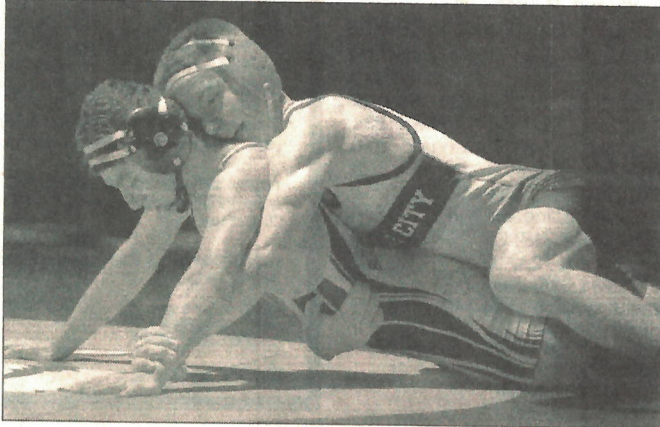
Senior 195-pounder Thomas Frank takes away the bridge from Beau Lorentzen of Byron to earn a pin in the third period.

—Photo by Dave Ender

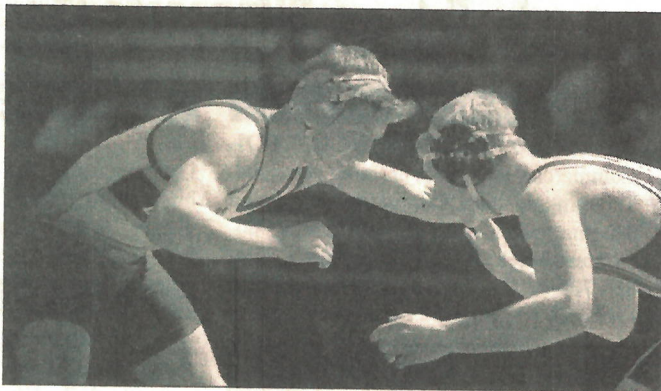




Freshman Nate Evans got the dual started against Byron with his 16th pin of the season against Austyn Langworthy of Byron in 0:45.  
—Photo by Dave Ender



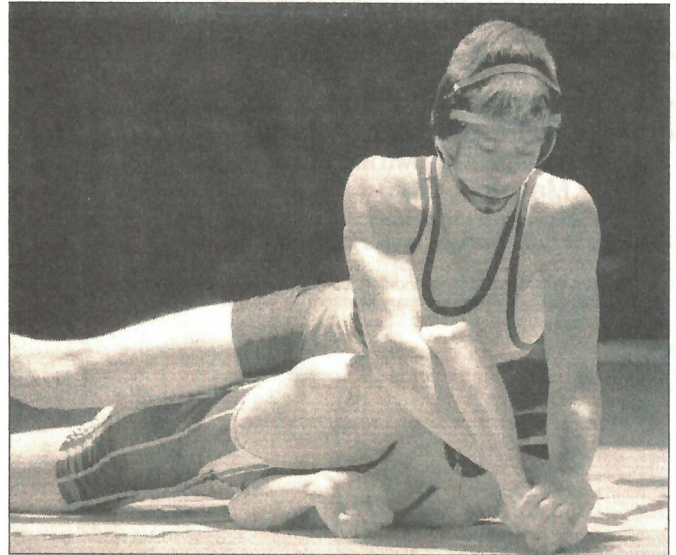
Senior 126 pounder Nash Nelson attempts to break down his opponent. Nash went on to a 7-1 win over Eddie Lopez of Byron.  
—Photo by Dave Ender



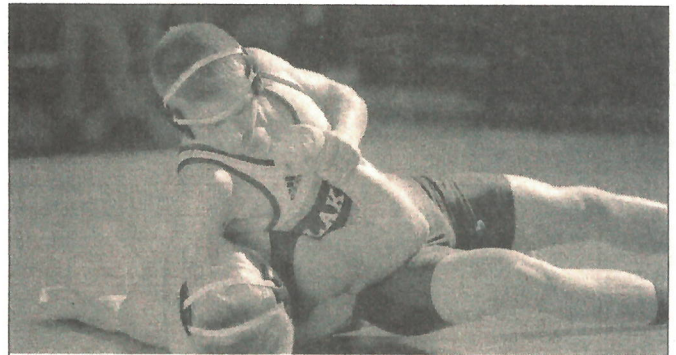
Sophomore Luke Becker (left) in the neutral position against Wyatt Nemechek of Byron. Luke picked up a first period pin at 152 pounds.  
—Photo by Dave Ender



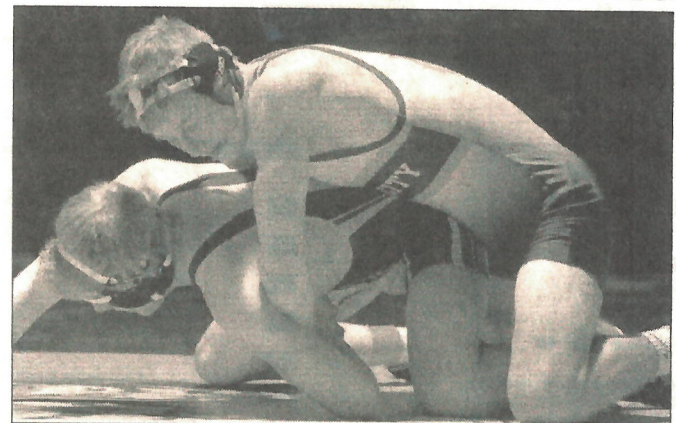
Junior 160-pounder Dominic Goihl-Krier (left) picked up a first period fall over Frank Swartzentruber of Byron.  
—Photo by Dave Ender



Junior Joe Kozlowski (145) works a power half on Parker Klien of Byron. Joe trailed at the end of the second period but picked up a win with a third period comeback 11-9.  
—Photo by Dave Ender



In his varsity debut, freshman Ethan Robertson defeated Quinten Lambertsen of Byron. Robertson finishes a headlock en route to a first period pin at 182 pounds.  
—Photo by Dave Ender



Derek Meincke, senior 170 pounder, works for a tilt. Derek won by fall against Kaleb Kraetesch of Byron in 3:16.  
—Photo by Dave Ender



# Harvey, Kozlowski earned spots in state tournament this weekend

The Lake City Tigers wrestling team competed in the individual portion of the Section 1AA Tournament this past Friday and Saturday at Mayo Civic Arena and went a perfect 13 for 13 with all Tiger wrestlers coming home with hardware including 10 wrestlers in the championship and third place matches. It was a tremendous effort by all team members with each individual either meeting or exceeding their pre-tournament seeds.

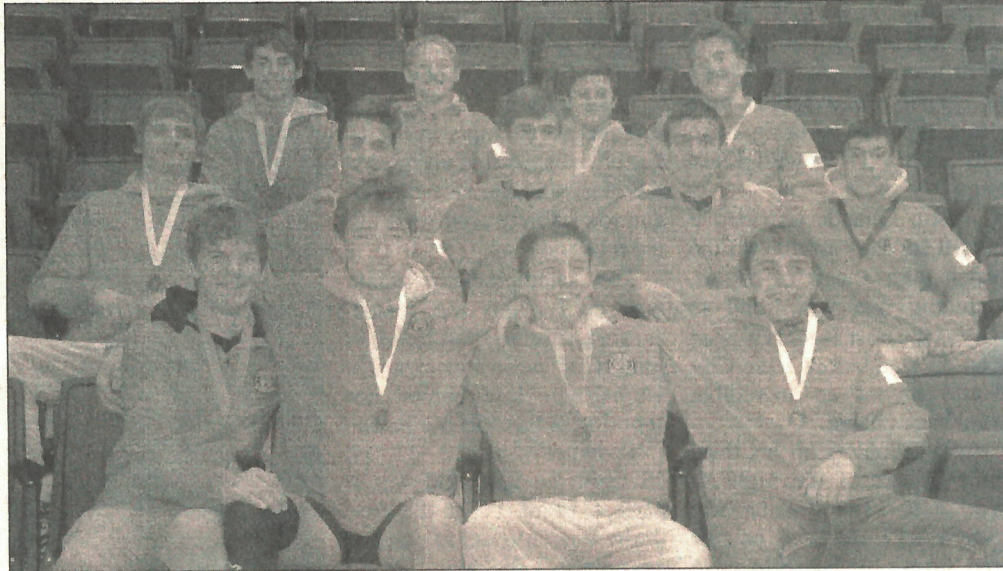
106 - Freshman Nate Evans went 2-2 for the weekend picking up two pins and fourth place. Nate finished the season with a team leading 18 pins and a 25-15 record.

113 - Junior Steven Ramirez came in unseeded and finished in sixth place with his key win coming by technical fall 18-3 over a Plainview-Elgin-Millville opponent.

120 - Sophomore Jonathan Harvey earned second place for the second year in a row and earned his second consecutive trip to the state meet. Jon won by fall in the first round then won by major decision over an opponent with a 35-3 record. In the finals Jon lost to defending the 2018 state champion and 2019 state runner-up from Byron, Maxwell Peterson. Jon received the No. 3 seed for the state meet and will face Cade Okeson of Detroit Lakes in the first round. Jon has a record of 20-4 going into the state meet.

126 - Senior Nash Nelson placed fourth. Nash went 2-2 and picked up two pins. For the season Nash ended up with a record of 28-10 with 13 pins.

132 - Junior Luke Skifton placed third. Skiffy went 3-1 with two pins and one tech fall. Luke finished the season with a record of 30-10 with nine pins.



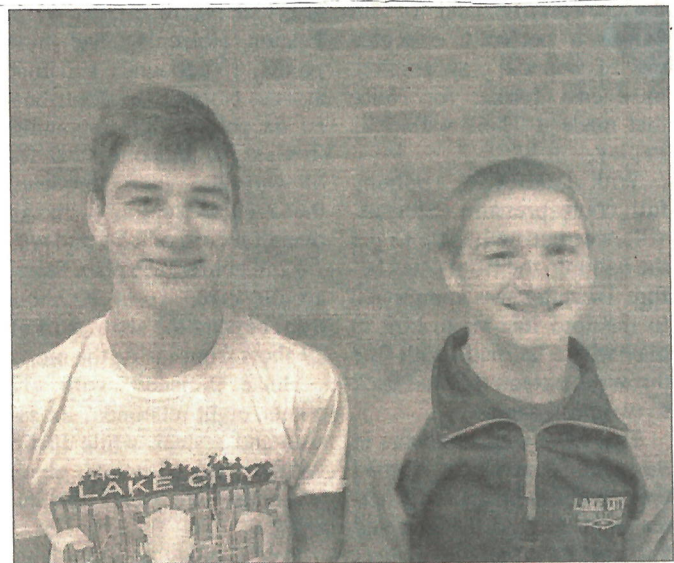
The Tiger wrestlers as a whole finished 13 for 13 with all wrestlers coming home with medals from the individual portion of the Section 1AA Tournament in Rochester last weekend. Front row, from left, Mason West (145), fifth; Derek Meincke (160), third; Nash Nelson (126), fourth; Thomas Frank (182), third. Second row, from left:

Dominic Goihi-Krier (170), third; Luke Becker (152), fourth; Joe Kozlowski (138), second; Sam Nutt (195), fifth; and Steven Ramirez (113), sixth. Back row, from left: Luke Skifton (132), third; Jon Harvey (120), second; Nate Evans (106), fourth; and Max Balow (220), third.

138 - Junior Joe Kozlowski finished in second place to earn his first trip to the state meet. Joe opened with a major decision victory and followed that up with a 8-2 decision over the No. 2 seed and state-ranked Gable Speltz. In the finals Joe lost to the state's top-ranked 138 pounder from Simley by the score of 15-3. Joe will be wrestling Caleb Whipps from Tri City United in the first round on Friday morning.

145 - Senior Mason West ended up in fifth place. Mason went 2-2 for the event and finished the season with a record of 19-10 with 10 pins.

152 - Sophomore Luke Becker placed fourth. Luke opened up the tourney with a 12-11 victory over his St. Thomas Academy opponent. In the semifinals Luke lost to the top seed then came back with a pin in consolations then lost by fall in his third place match. Luke finished the season with a record of 18-17 with 12 pins.



Joe Kozlowski (138) (left) and Jon Harvey (120) earned second place finishes at the Section 1AA Individual Wrestling Tournament in Rochester Feb. 21 and 22 and they will advance to the state tournament this weekend.

FRIDAY & SATURDAY, FEBRUARY 21 & 22, 2020



## INDIVIDUAL SECTIONS

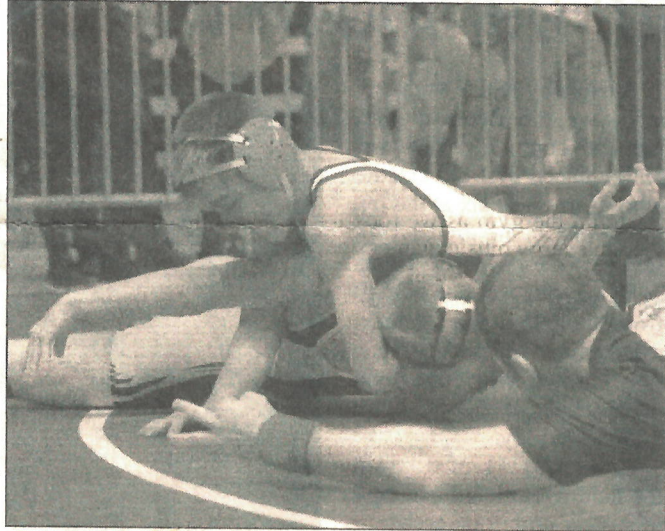
160 - Senior Derek Meinke placed third. Derek opened with a fall then in the semifinals lost in overtime by a score of 4-2. In the wrestle backs Derek picked up a couple major decision victories, 10-0 and 13-4 which earned him a true second match where he lost to his Simley opponent. Derek finished the season 16-4 with eight pins.

170 - Junior Dominic Gohl-Krier lost in the opening round by fall but came back strong through the wrestle backs with three consecutive wins before dropping a true second match to finish in third place. Dom ended the season with a record of 26-14 with 14 pins.

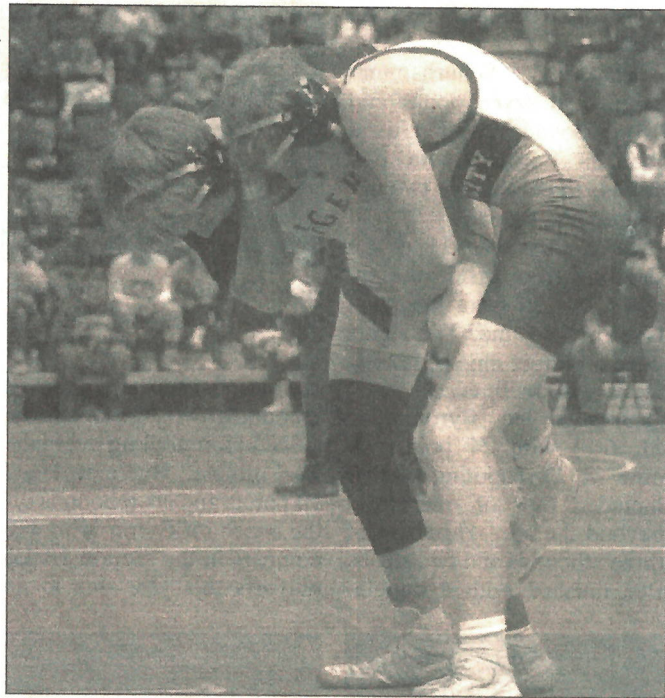
182 - Senior Thomas Frank finished third in a weight class that featured two nationally ranked wrestlers. Tom pinned his first round opponent in 40 seconds before losing to a Simley wrestler in the semifinals. Tom then won by scores of 7-3 and 5-0 to secure third place. Tom ended the season at 28-7 with 13 pins.

195 - Sophomore Sam Nutt placed fifth. Sam lost in the opening round 10-5 but pinned two of his next three opponents to finish in fifth. Sam finished the season at 18-13 with 13 pins.

220 - Junior Max Balow came in as the No. 4 seed and ended up in third. Max opened with a pin, then ran into another nationally ranked and undefeated wrestler from Simley in the semifinals where he lost. Max then picked up two pins in the consolations to put himself into a true second match where he lost by fall to his St. Thomas Academy opponent.



Senior Nash Nelson picked up a pin in the consolation semifinals at the Section 1AA individual tournament. Nash went on to finish in fourth place at 126 pounds.



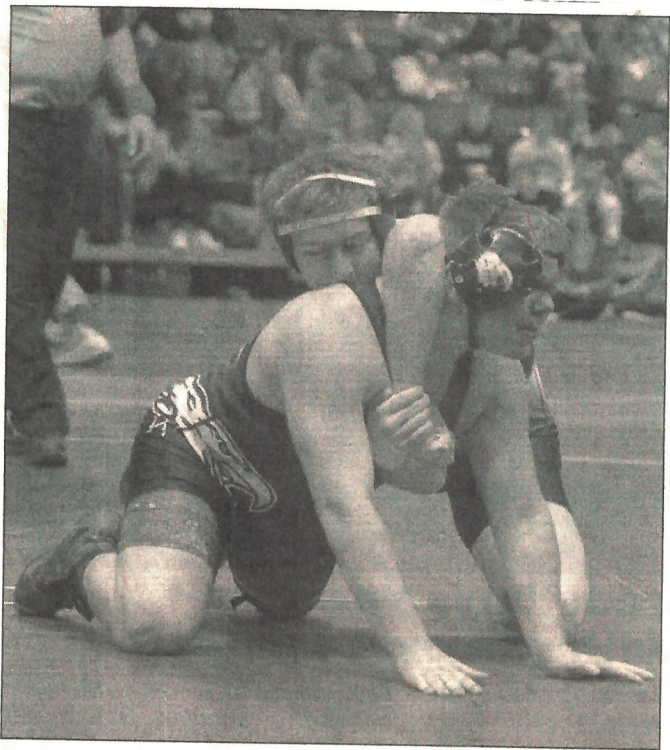
Senior Mason West finishes a single leg takedown in his fifth place match at the Section 1AA individual tournament. Mason went on to win 4-0.



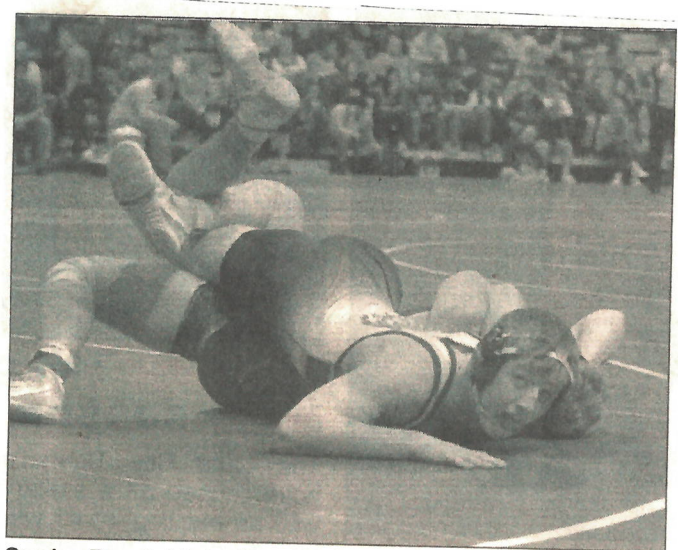
# INDIVIDUAL SECTIONS

"Through the season we rarely had our complete lineup as we had some injuries to deal with but the team came together very well at the end and the kids should all be proud of their performances," said Coach Doug Vaith. "Having the two top AA programs (Kasson-Mantorville and Simley) in the state in our section makes it very challenging to advance to the state meet but our kids competed very well and proved we can compete with nearly any team in the state."

Jon and Joe will now be wrestling on Friday and Saturday at the Xcel Energy Center. The team will finish up the season on Sunday, March 1 with the year-end awards and recognition banquet at St. Mary's Catholic Church starting at 2 p.m.



Senior 182 pounder Thomas Frank attempts a turn in his consolation semifinal match at the Section 1AA individual tournament. Tom won 7-3 and then followed this up with a 5-0 win in the third place match.



Senior Derek Meincke earned near fall points in his third place match at the Section 1AA individual tournament. Derek went on to win by major decision 13-4.



## Two Tiger wrestlers bound for state meet

Joe Kozlowski (left) and Jonathan Harvey are headed for the state wrestling meet after finishing second in their respective classes at the Section 1AA meet in Rochester Friday and Saturday. Kozlowski, a junior, will be making his first state appearance. Harvey, a sophomore, will be wrestling at state for the second straight year. Full coverage of the Tigers wrestling at the section meet can be found on page 9 of this issue.



weekend, February 29, 2020

# O'Reilly, Kovars, Harvey all fall in state wrestling quarterfinals

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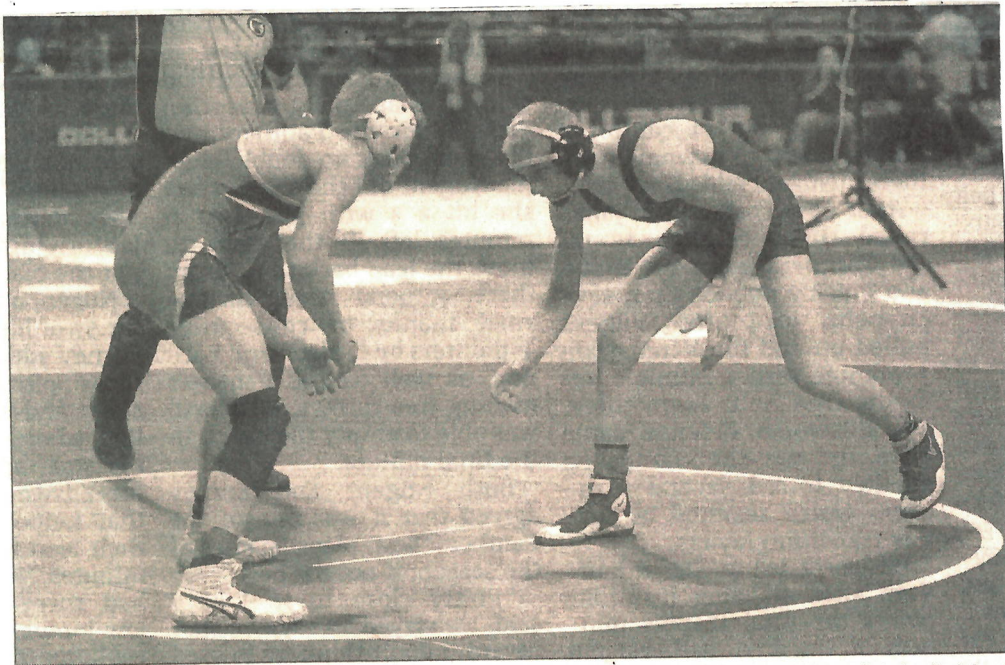
The first of two Lake City participants was taken to the limit, but Jon Harvey pulled out a 4-3, Ultimate Tiebreaker win at 120 over Cade Okeson of Detroit Lakes. In the quarterfinals, Harvey, seeded third and ranked fifth, faced Marshall's Hsa Khee Lar who upset the No. 6 seed in the first round.

But Harvey could not advance, falling in another close match, this time a 3-2 setback. Lar, unranked and unseeded, moved on to face second-seeded Maxwell Peterson of Byron. To continue his upset run, Lar will have to beat Peterson, the No. 2-ranked 120-pounder in Class AA, and who has a pin and a tech fall in his two state tournament wins.

Harvey will continue in the consolation bracket, with third place being the best outcome for all of those wrestlers suffering a loss prior to the championship match.

At 138, Lake City's Joe Kozlowski fell in the first round to seventh-ranked and seeded Caleb Whipps of Tri-City United by 10-0 major decision. Whipps

lost his quarterfinal match to second-seeded Connor Simmonds of Fairmont-Martin County West, sending Kozlowski home without a consolation match.



Lake City's Jonathan Harvey, right, won his first match at the Class AA individual state tournament on Friday at Xcel Energy Center in St. Paul.



# Wrestlers hold end-of-season banquet

On Sunday, March 1 the Tiger Wrestling team celebrated their season with a year-end banquet at St. Mary's Catholic Church.

Approximately 135 wrestlers, coaches, parents and fans gathered for a chicken dinner and to honor the accomplishments and efforts of this year's squad.

Head Coach Doug Vaith opened the event with several thank you's to the many people who volunteer their time for the kids and the program. Volunteer coaches included Wade Carlson, Ryan Hanson, Will Balow, Rusty Grisim, Tom Balow, Lonnie West and Rob Nutt along with Assistant Coaches Eric Hanson and Austen Poss. Others who were recognized included Sarah Ziebarth (newspaper articles), Kelly Nelson and Cherie Meincke (photographers), Deb Evans (Booster Club Rep), Chad and Deb Evans and Stacy Roberson (elementary helpers), Dr. Douglas Pflaum (team doctor), Tom Horner (weekly yoga sessions), Vern Zimmermann, Nancy Carlson, Reg Sikkink and Adam Schimbeno (meet personnel), Jim Klennert and Dennis Partyka (school maintenance), Nancy Rosado (laundry service), Paul Holland and Eric Stashek (pep

band), bus drivers Chuck Holmstadt and Corey Meincke, Dave Mahn and Corey Meincke for the hospitality room for varsity invite and lastly the parents for the support of the coaches and team.

Following the meal Assistant Coach Austen Poss gave a summary of the Junior High and Junior Varsity Seasons and recognized the participants by grade level. The Awards portion of the program recognized the following:

**Letterwinners:**

**Statisticians/Managers** - Leah Borgschatz, Sadie Baures, Ce Ce Braun, McKenna Bremer, Morgan West, Phebe Nelson and Brenna Nelson.

**Wrestlers** - Nate Evans (25-15, 18 pins), Steven Ramirez, (12-20, 4 pins), Jonathan Harvey (21-6), Nash Nelson (28-10, 13 pins), Luke Skifton (30-10, 9 pins), Joe Kozlowski (28-11, 9 pins), Aaron Meincke (19-11, 9 pins), Mason West (19-10, 10 pins), Luke Becker (18-17, 12 pins), Dominic Goihl-Krier (26-14, 14 pins), Derek Meincke (16-4, 8 pins), Thomas Frank (28-7, 13 pins), Sam Nutt (18-13, 13 pins), Max Balow (15-4, 8 pins).

**Iron Man Award Winners** (perfect attendance) - First-

time earners Ethan Wurst, Jeremy Nguyen, second time - Dominic Goihl-Krier, third time Max Balow, Luke Becker, fourth time Jonathan Harvey, Luke Skifton, Aaron Meincke, fifth time Derek Meincke, sixth time (never missed a practice in high school) Nash Nelson.

**Academic Honors:**

**Team Gold Academic Achievement** of a 3.58 Grade Point Average recognized by the Minnesota Wrestling Coaches Association. This is calculated using the top 10 GPA's of the Varsity team (only grades 9-12 can be used).

**Highest Cumulative GPA** of letterwinners - Nate Evans 4.0

**Academic All-Conference** (minimum of 3.2 GPA during quarter two and minimum of 5 conference matches wrestled with a winning record) - Jonathan Harvey (3.5), Nash Nelson (3.2), Mason West (3.8), Dominic Goihl-Krier (3.2), Derek Meincke (3.4), Joe Kozlowski (3.8).

**Statistical Award Winners:**

**Most Takedowns** - Joe Kozlowski (86)

**Most Falls** - Nate Evans (18)

**Career Wins 75 or more** - Thomas Frank (75), Mason West (75), Nash Nelson (77),

Joe Kozlowski (75), Derek Meincke (80), Luke Skifton (90).

**Individual Honors:**

**All-Conference** - Jonathan Harvey, Nash Nelson, Joe Kozlowski, Derek Meincke, Thomas Frank

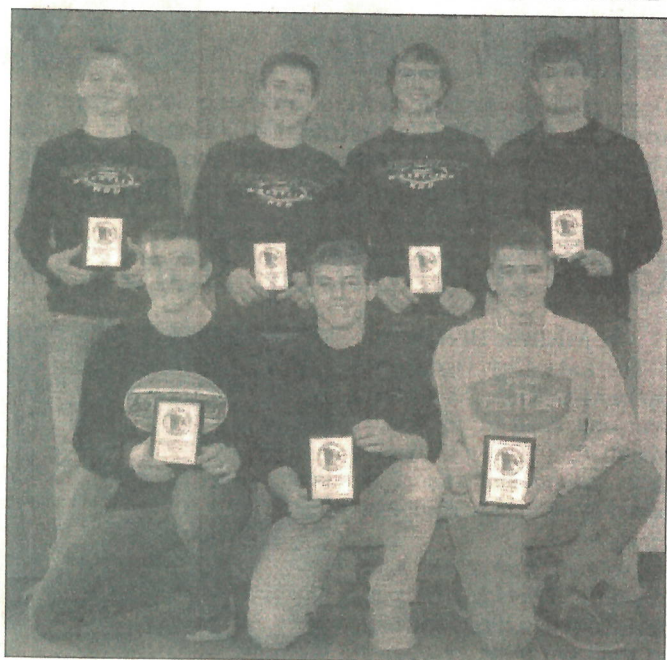
**Honorable-Mention All-Conference** - Luke Skifton, Sam Nutt



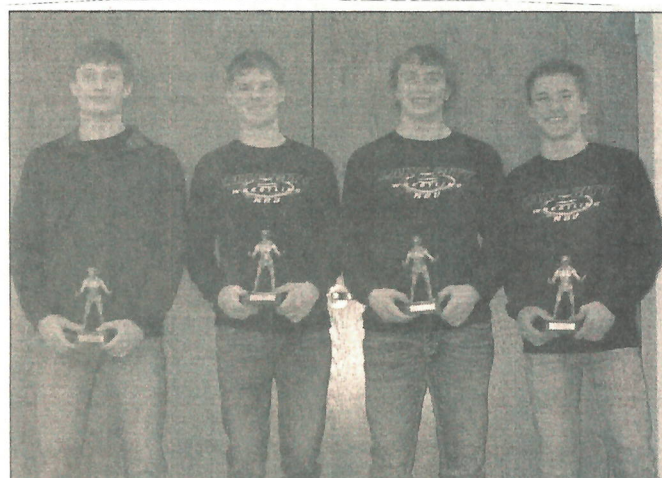


Pictured are: (front row, from left) statisticians and managers CeCe Braun, Brenna Nelson, Leiah Borgschatz, Morgan West, and Phebe Nelson, (second row, from left) non-lettering wrestlers Ethan Roberson, Tanner Laska, Jeremy Nguyen, Thomas Hartke, and Tristan Richard-

son, and lettering wrestlers (third row, from left) Jon Harvey, Luke Becker, Luke Skifton, Dominic Goihi-Krier, Joe Kozlowski, Nate Evans, (back row, from left) Sam Nutt, Max Balow, Derek Meincke, Mason West, Thomas Frank, Nash Nelson, and Aaron Meincke.

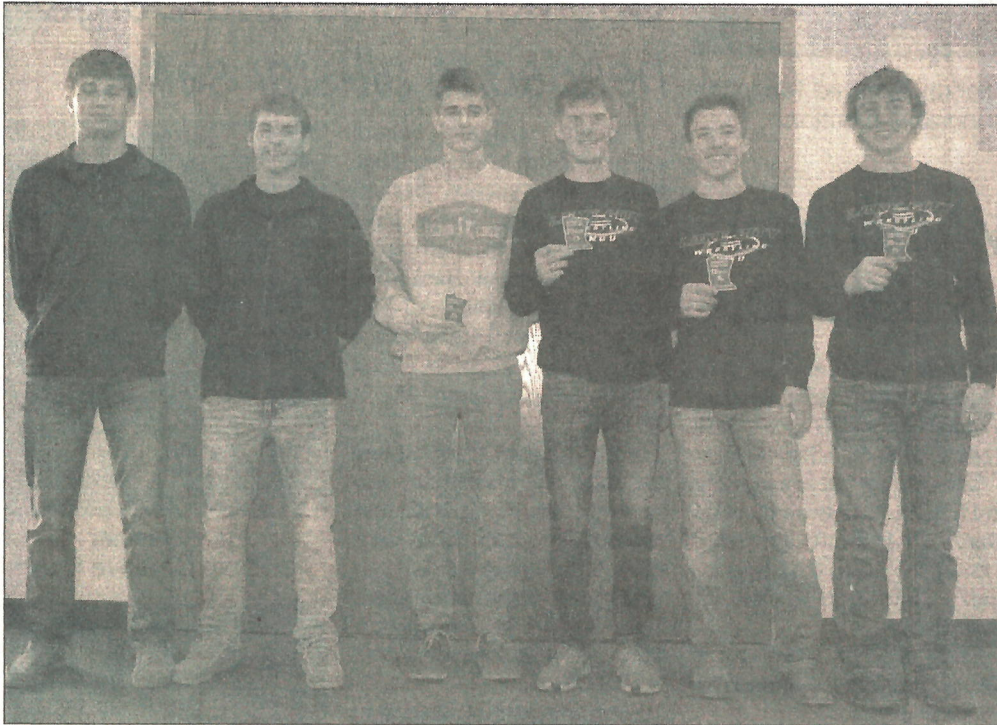


All Conference and All Conference Honorable Mention award winners: (front row, from left) Sam Nutt - honorable mention, Luke Skifton - honorable mention, Joe Kozlowski - all conference, (back row, from left) Jon Harvey - all conference, Nash Nelson - all conference, Thomas Frank - all conference, and Derek Meincke - all conference.

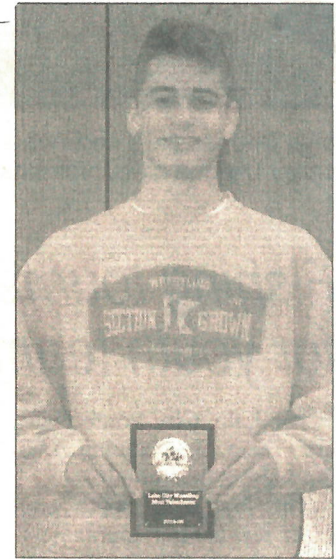


Senior wrestlers (from left) Derek Meincke, Mason West, Thomas Frank, and Nash Nelson.

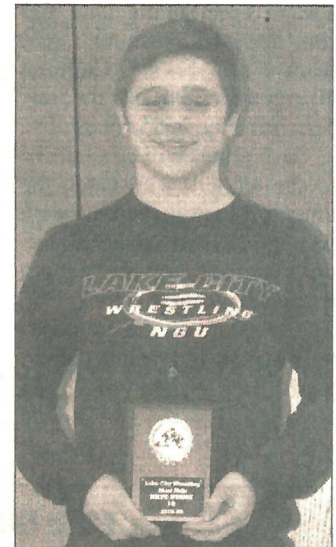




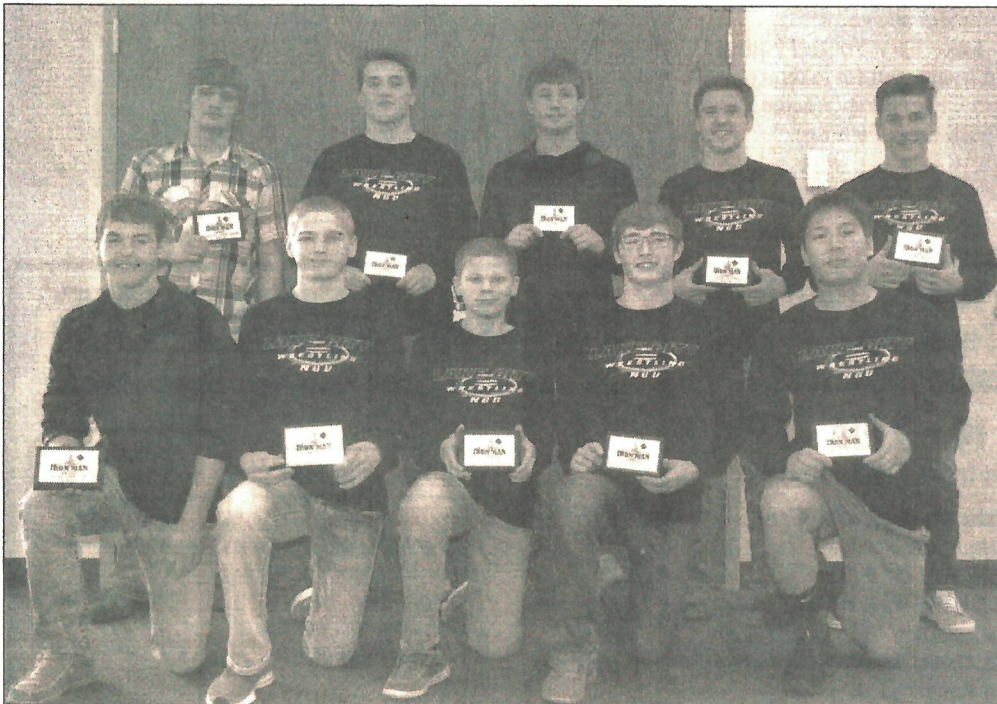
Seventy-five wins club award winners: (from left) Derek Meincke, Luke Skifton, Joe Kozlowski, Mason West, Nash Nelson, and Thomas Frank.



Joe Kozlowski, most take-downs award.



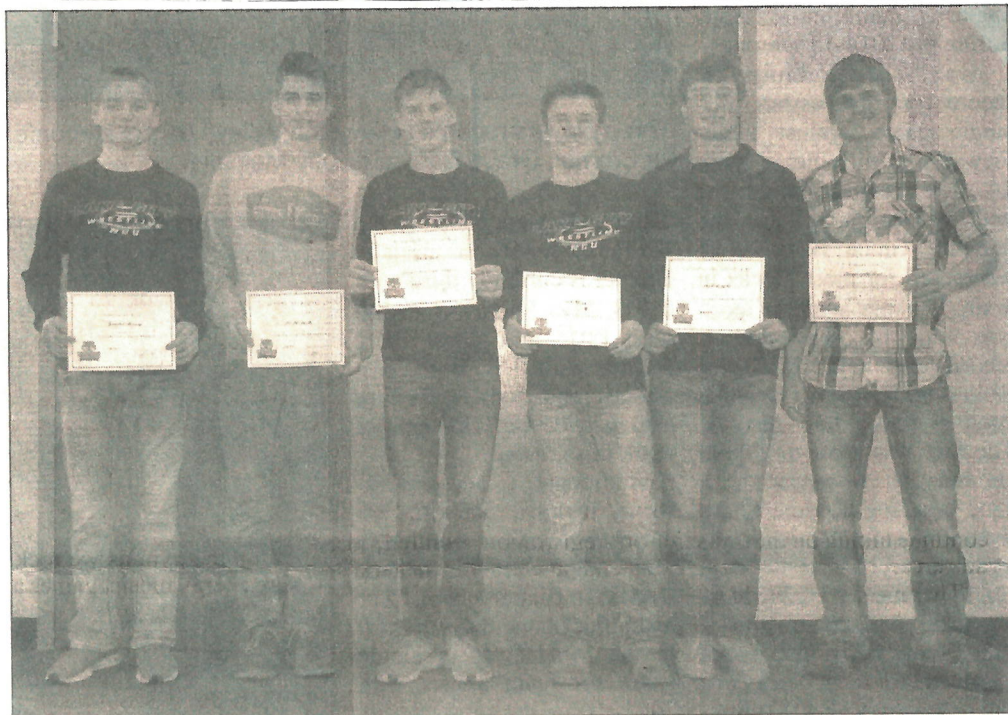
Nate Evans, most falls award and academic award.



Iron Man award winners: (front row, from left) Luke Skifton, Jon Harvey, Ethan Wurst, Aaron Meincke, Jeremy Nguyen, (back row, from left) Dominic Gohl-Krier, Max Balow, Derek Meincke, Nash Nelson, and Luke Becker.



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THURSDAY, MARCH 17, 2020



Academic All Conference honorees (from left) Jon Harvey, Joe Kozlowski, Mason West, Nash Nelson, Derek Meincke, Dominic Gohl-Krier.



Varsity

**Lake City (2019-2020)****Season Dual Meet Summary (Record: 11 - 6)**

12/06/2019	Goodhue	33-39	Loss
12/06/2019	Kasson-Mantorville	16-57	Loss
12/13/2019	Byron	32-42	Loss
12/20/2019	Zumbrota-Mazeppa	12-51	Loss
01/09/2020	Plainview-Elgin-Millville	52-22	Win
01/09/2020	Pine Island	69-12	Win
01/16/2020	Cannon Falls	44-25	Win
01/21/2020	Fillmore C-Lanesboro-M-C Wolves	60-12	Win
01/21/2020	LaCrescent-Hokah	70-0	Win
01/28/2020	St. Charles	72-6	Win
01/31/2020	Rochester-Century	57-15	Win
01/31/2020	Triton	67-6	Win
01/31/2020	Wabasha-Kellogg	64-9	Win
02/04/2020	Kenyon-Wanamingo	24-31	Loss
02/06/2020	Stewartville	67-12	Win
02/13/2020	Byron	51-22	Win
02/15/2020	Kasson-Mantorville	12-48	Loss



Varsity

**Lake City (2019-2020)****Custom Report -**

<b>Name</b>	<b>Fall</b>		<b>W / L</b>		<b>Team Pt</b>		<b>T2</b>		<b>E1</b>		<b>R2</b>	
Anderson, Mitchell	2	8	5	11	24	61	16	22	12	16	3	3
Balow, Max	8	3	15	4	84	21	14	8	4	6	4	4
Becker, Luke	12	10	18	17	94	86	37	35	12	22	13	12
Evans, Nate	18	3	25	15	135	56	32	33	13	11	8	10
Forfeit,	0	0	0	10	0	60	0	0	0	0	0	0
Frank, Thomas	13	1	28	7	141	26	43	19	20	29	8	5
Goihl-Krier, Dominic	14	7	26	14	133	69	36	23	21	17	9	9
Hartke, Thomas	0	0	0	1	0	6	0	1	0	0	0	0
Harvey, Jonathan	8	0	21	6	110	24	27	37	33	13	1	5
Kozlowski, Joe	9	3	28	11	129	47	87	28	25	47	14	15
Laska, Tanner	3	1	5	3	25	15	6	26	20	2	4	1
Meincke, Aaron	9	2	19	11	93	47	23	40	17	12	13	15
Meincke, Derek	8	1	16	4	83	15	37	7	9	18	1	3
Nelson, Nash	13	1	28	10	130	37	47	35	38	23	4	7
Nguyen, Jeremy	2	2	2	3	12	18	4	7	6	0	0	1
Nutt, Sam	13	6	18	13	100	60	24	35	23	9	1	6
Ramirez, Cristofer	0	4	0	4	0	24	3	4	1	2	0	1
Ramirez, Steven	4	13	12	20	57	102	20	36	17	11	1	9
Richardson, Tristan	0	5	0	5	0	30	1	4	0	0	1	5
Roberson, Ethan	1	1	1	1	6	6	1	1	0	0	0	0
Rolbiecki, Jaden	2	9	4	9	21	54	3	10	0	1	1	4
Schumacher, Harold	3	4	7	9	34	43	8	22	12	4	2	8
Skifton, Luke	9	2	30	10	132	38	52	25	31	32	8	9
West, Mason	10	3	19	10	98	44	25	26	17	9	9	7



Varsity

**Lake City (2019-2020)****Team Analysis -****Team Point Scoring**

<u>Category</u>	<u>For</u>	<u>Against</u>
Falls	161	89
Tech Falls	9	14
Majors	24	31
Matches Won	327	212
Team Points	1641	1013
Bonus Pt Percentage	72%	70%
Fall Percentage	49%	42%

**Match Point Scoring**

<u>Category</u>	<u>For</u>	<u>Against</u>
First Pts Scored	273	213
Takedowns (T2)	546	484
Escapes (E1)	331	284
Reversals (R2)	105	139
Near Fall 2 (N2)	80	75
Near Fall 3 (N3)	124	93
Near Fall 4 (N4)	0	0
Cautions	28	35
Penalty Pts (P1, P2)	25	11
Stall Warnings	68	87
Stalling Pts (S1, S2)	32	18
Total Match Pts	2222	1988

**Scoring by Period**

<u>Category</u>	<u>For</u>	<u>Against</u>
Period 1 Pts	959	791
Period 2 Pts	744	682
Period 3 Pts	506	505
Overtime 1 Pts	12	6
Overtime 2 Pts	0	1
Overtime 3 Pts	1	3
Overtime 4 Pts	0	0



2020

LAKE CITY





2020

VARSITY

