

# Lake City Boys Golf

## Team Handbook



*"You get out of Golf, what you put into it"*

# Lake City Golf

## Team Handbook

**Purpose of Handbook:** The purpose of the Lake City Golf Parent Handbook is to share important beliefs, expectations, and details about the Lake City Golf program.

**My Purpose Statement:** I coach Golf to help young men enjoy a game they can play the rest of their lives.

**Philosophy of Program:** Practice doesn't make you perfect, but if you come to practice prepared, focused and with a strong mental approach, you will improve your game immensely.

**Coaches Contact Information:**

- Varsity: Coach Thornton (651-246-5599)

**Roles:** We all have different roles in any athletic program. It is important that everyone understands their role and the expectations in their role.

**Expectations of the Coaches**

- Be Positive
- Be Committed
- Show Cooperation
- Be Supportive
- Encourage Participants
- Demonstrate Leadership
- Help Set Goals
- Communicate Effectively
- Address Issues
- Be Loyal

**Assistants**

- Help teach the fundamentals of Golf
- Communicate with head coach
- Help set-up drills, teach and run drills
- Meet with players who need extra help outside of practice time
- Fill-in for Head Coach when needed

**Golfers' Roles:**

- Be POSITIVE in everything you do
- Be SUPPORTIVE of your teammates
- Be COMMITTED to your growth as a player
- Be CONSISTENT with your emotions
- Be PREPARED for practice and meets
- Be PROFESSIONAL in everything you do

**Parents' Roles:**

- SUPPORT the entire program: players, coaches, athletic director
- ENCOURAGE golfers before and after meets
- COMMUNICATE with your child about how you are proud of them, regardless of their role on the team
- ASSIST your child to put in extra effort to improve their skills, especially in the off-season

**Varsity:** The goal of Varsity Golf is to put the most competitive team on the course. The golfers with the most commitment, best skills, best teamwork, and strongest work ethic will have the best chance of playing time at the Varsity level, it will be EARNED, not GIVEN at the Varsity level. The decisions of the coaches will not be debatable, and these decisions are at the coaches discretion.

**Communication:** We will do our best as coaches to communicate information to players and parents as soon as possible. Coaches will let the players know about changes as soon as

possible. Here are some specific instances that involve communication, and then our policies for each instance:

- **Excused Absences/Sickness:** Attendance at practice and meets is mandatory unless a player is ill or has cleared it with the coach. Unacceptable reasons to miss a practice include haircut, work, etc. Players with unexcused absences will not play in the following meet. Players must be in attendance for a full day of school or have an excused absence in order to practice or play in a meet that evening.
- **Riding Home After meets:** All Varsity players are expected to ride with the team home after meets. If there is a situation when a player needs to ride home with a parent from a meet (family emergency, other school activity, etc.), the player will be excused to leave with a parent only if a parent provides a written signature to the coach at the event.
- **24 Hour Rule:** Coaches will not talk to disgruntled parents or players immediately after a meet verbally or via email. Any player or parent not following this rule will result in the player not playing in the following meet.
- **Chain of Command:** Players and parents are expected to follow the proper chain of command when dealing with a problem or concern:
  - Player talks to the coach at their level (7th, 8th 9th, JV, V)
  - Player and parent talks to the coach of their team
  - Player talks to the varsity coach
  - Player and parent talks to the varsity coach
  - Player and parent talks to the athletic director

**Expectations and Policies:** The following is a list of expectations and policies specific to the Lake City Golf Program.

1. Academics Supersede Anything to do with Golf
2. Be a Good Teammate
3. Show Commitment
4. Conduct Yourself in a Positive Way
5. Social Media Posts will be Positive and Appropriate (see Athletic/Activities Handbook)

**Lettering:** In order for players to earn a varsity letter, one of the following requirements must be met:

- All seniors on the varsity roster who have played all six years of their junior high/high school career will letter.
- If a player appears in at least 4 varsity meets during the varsity season, he will earn a letter.
- A letter can be earned by the coaches discretion for a significant contribution to the team.

**Meet Day Attire:** Each player is expected to follow the attire that has been decided upon for meet days. Lake City Golf players will look sharp, appropriate, and together on any attire that is decided upon by the team concerning meet day attire.

**Varsity End of Season Awards**

1. Leadership Award
2. Golfer of the Year
3. Most Improved
4. Coach's Award