

Lake City Girls Varsity Track and Field Records

100 Meter Dash	Christy Peterson	12.4	2000
200 Meter Dash	Natalie Bremer	25.84	2022
400 Meter Dash	Jamie Wenzel	58.43	2004
800 Meter Run	Jody Buck	2:15.87	1989
1600 Meter Run	Olivia Yotter	5:17.	2025
3200 Meter Run	Kristen Flugstad	11:16.66	1986
100 Meter Hurdles	Ashley Veronen	15.43	2019
100 Meter H (30)	Mary Nelson	15.0	1977
300 Meter Hurdles	Ashley Veronen	46.53	2018
200 Meter Hurdles	Paula Heise	33.2	1983
4x100 Meter Relay	Grayce Adler Bailey Cronin Victoria Corey Braeden McElmury	50.36	2015
4x200 Meter Relay	Liz Leaf Jody Buck Tracy Beltz Niki Link	1:45.77	1988
4x400 Meter Relay	Kim Klauer Niki Link Tracy Beltz Jody Buck	4:01.89	1989
4x800 Meter Relay	Lee Langdon Sue Solarz Kristen Flugstad Jody Buck	9:34.9	1985
High Jump	Lee Langdon Maranda Dohrn	5'6 5'6	1987 2008
Long Jump	Kathy Heitman	17'7	1980
Triple Jump	Angie Albers	35'5.5	1996
Shot Put	Anna Rye	39'1	1997
Discus	Anna Rye	127'6	1998
Pole Vault	Kristine Novak	10'9	2011