

# 2024-25 WIAA DIVING FORM

For Eleven Dive Competitions

( Dive #'s, Descriptions and DD Values are listed in the NFHS Rule Book )

<b><u>Diving Order</u></b>
Prelim
Semi
Final

Name \* \_\_\_\_\_

School \* \_\_\_\_\_ Grade \* \_\_\_\_\_

Date \* \_\_\_\_\_ Meet \* \_\_\_\_\_

<b><u>Final Place</u></b>

1A/2A	*
3A	*
4A	*

DIVE #	A B C D	DIVE DESCRIPTION (as listed in the NFHS rule book) (PLEASE PRINT)	JUDGES SCORES							TOTAL SCORE	DIVE D.D	Final Dive Score
			# 1	# 2	# 3	# 4	# 5	# 6	# 7			
<b>PRELIMS</b>			<b>2 VOLUNTARY 3 OPTIONAL</b> (circle the Dive # and DD of the Voluntary dives)									
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
<b>SEMI FINALS</b>			<b>2 VOLUNTARY 1 OPTIONAL</b> (circle the Dive # and DD of the Voluntary dives)									
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
<b>FINALS</b>			<b>1 VOLUNTARY 2 OPTIONAL</b> (circle the Dive # and DD of the Voluntary dives)									
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.

**TOTAL POINTS** | .

Diver's Signature \* \_\_\_\_\_

Coach's Signature \* \_\_\_\_\_

Referee's Initials (Pre) \_\_\_\_\_ Signature (Final) \_\_\_\_\_

TOTAL D.D. VOLUNTARY DIVES \* \_\_\_\_\_

TOTAL D.D. OPTIONAL DIVES \* \_\_\_\_\_

**DIVER / COACH PLEASE COMPLETE ALL AREAS MARKED (\*) IN PENCIL - PLEASE PRINT**

		CTUCK B PIKE A STRAIGHT D FREE					CTUCK B PIKE A STRAIGHT D FREE				
<b>FORWARD DIVES</b>		1.2	1.3	1.4	—	<b>TWIST DIVES</b>		—	—	—	2.3
101 Forward Dive		1.2	1.3	1.4	—	5124 Forward 1SS, 2 Twists		—	—	—	2.3
102 Forward 1SS		1.4	1.5	1.6	—	5126 Forward 1SS, 3 Twists		—	—	—	2.8
103 Forward 1 1/2 SS		1.6	1.7	2.0	—	5131 Forward 1 1/2 SS, 1/2 Twist		—	—	—	2.0
104 Forward 2SS		2.2	2.3	—	—	5132 Forward 1 1/2 SS, 1 Twist		—	—	—	2.2
105 Forward 2 1/2 SS		2.4	2.6	—	—	5134 Forward 1 1/2 SS, 2 Twists		—	—	—	2.6
106 Forward 3SS		2.9	3.2	—	—	5136 Forward 1 1/2 SS, 3 Twists		—	—	—	3.1
107 Forward 3 1/2 SS		3.0	3.3	—	—	5142 Forward 2SS, 1 Twist		2.6	2.7	—	—
112 Forward Flying 1SS		1.6	1.7	—	—	5152 Forward 2 1/2 SS, 1 Twist		3.0	3.2	—	—
113 Forward Flying 1 1/2 SS		1.8	1.9	—	—	5211 Back Dive, 1/2 Twist		—	—	1.8	—
<b>BACK DIVES</b>		1.5	1.6	1.7	—	5212 Back Dive, 1 Twist		—	—	2.0	—
201 Back Dive		1.5	1.6	1.7	—	5221 Back 1SS, 1/2 Twist		—	—	—	1.7
202 Back 1SS		1.5	1.6	1.7	—	5222 Back 1SS, 1 Twist		—	—	—	1.9
203 Back 1 1/2 SS		2.0	2.3	2.5	—	5223 Back 1SS, 1 1/2 Twists		—	—	—	2.3
204 Back 2SS		2.0	2.3	—	—	5225 Back 1SS, 2 1/2 Twists		—	—	—	2.7
205 Back 2 1/2 SS		3.0	3.2	—	—	5227 Back 1SS, 3 1/2 Twists		—	—	—	3.2
<b>REVERSE DIVES</b>		1.6	1.7	1.8	—	5231 Back 1 1/2 SS, 1/2 Twist		—	—	—	2.1
301 Reverse Dive		1.6	1.7	1.8	—	5233 Back 1 1/2 SS, 1 1/2 Twists		—	—	—	2.5
302 Reverse 1SS		1.6	1.7	1.8	—	5235 Back 1 1/2 SS, 2 1/2 Twists		—	—	—	2.9
303 Reverse 1 1/2 SS		2.1	2.4	2.7	—	5251 Back 2 1/2 SS, 1/2 Twist		2.7	2.9	—	—
304 Reverse 2SS		2.1	2.4	—	—	5311 Reverse Dive, 1/2 Twist		—	—	1.9	—
305 Reverse 2 1/2 SS		3.0	3.2	—	—	5312 Reverse Dive, 1 Twist		—	—	2.1	—
<b>INWARD DIVES</b>		1.4	1.5	1.8	—	5321 Reverse 1SS, 1/2 Twist		—	—	—	1.8
401 Inward Dive		1.4	1.5	1.8	—	5322 Reverse 1SS, 1 Twist		—	—	—	2.0
402 Inward 1SS		1.6	1.7	—	—	5323 Reverse 1SS, 1 1/2 Twists		—	—	—	2.4
403 Inward 1 1/2 SS		2.2	2.4	—	—	5325 Reverse 1SS, 2 1/2 Twists		—	—	—	2.8
404 Inward 2SS		2.8	3.0	—	—	5331 Reverse 1 1/2 SS, 1/2 Twist		—	—	—	2.2
405 Inward 2 1/2 SS		3.1	3.4	—	—	5333 Reverse 1 1/2 SS, 1 1/2 Twists		—	—	—	2.6
412 Inward Flying SS		2.0	2.1	—	—	5335 Reverse 1 1/2 SS, 2 1/2 Twists		—	—	—	3.0
413 Inward Flying 1 1/2		2.7	2.9	—	—	5351 Reverse 2 1/2 SS, 1/2 Twists		2.7	2.9	—	—
<b>TWIST DIVES</b>		1.6	1.7	1.8	—	5411 Inward Dive, 1/2 Twist		—	1.7	2.0	—
5111 Forward Dive, 1/2 Twist		1.6	1.7	1.8	—	5412 Inward Dive, 1 Twist		—	1.9	2.2	—
5112 Forward Dive, 1 Twist		—	1.9	2.0	—	5421 Inward 1SS, 1/2 Twist		—	—	—	1.9
5121 Forward 1SS, 1/2 Twist		—	—	—	1.7	5422 Inward 1SS, 1 Twist		—	—	—	2.1
5122 Forward 1SS, 1 Twist		—	—	—	1.9	5432 Inward 1 1/2 SS, 1 Twist		—	—	—	2.7
						5434 Inward 1 1/2 SS, 2 Twists		—	—	—	3.1