



## What's Inside:

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- T-Ball, Baseball, & Softball**
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- & Swimming Lessons**

**DEPARTMENT INFORMATION**  
 KMS Community Education  
 302 N 15th St  
 P.O. Box 168  
 Kerkhoven, MN 56252  
[www.kms.k12.mn.us](http://www.kms.k12.mn.us)  
 Telephone 320-264-1927  
 Fax 320-264-1410

**COMMUNITY ED BOARD**  
 Paul Trudel, *Chairman*  
 Kyle Anderson, Alan Bauman,  
 Angie Beyerl, Pam Mansfield,  
 Carlton Nelson, Kristy Nystrom,  
 Jean Rustad, Debbie Trudel

## KMS Marching Saints

The KMS Marching Saints, under the direction of Nate Sikkink, are gearing up for another great season with an all new show—Beyond the Stars!

You'll hear them around town in early June as they prepare for the parade circuit. Make time to get outside this summer and support your band!

### Parade Schedule:

- Monday, June 12—Montevideo**
- Tuesday, June 13—Litchfield**
- Wednesday, June 14—Benson**
- Thursday, June 15—Milaca**
- Sunday, June 18—Hutchinson**
- Friday, June 23—Sauk Rapids**
- Saturday, June 24—Willmar**
- Sunday, June 25—Alexandria**
- Monday, June 26—Stingers Game**
- Saturday, July 29—Kerkhoven**



## COMMUNITY ED REGISTRATION

Fees are payable at the time of registration. We have moved to primarily online registration. Go to: [www.kms.k12.mn.us](http://www.kms.k12.mn.us), click on "Community Ed Registration" on the left and follow the instructions.

If you do not have access to a computer, this can be done on your smartphone. Computers are also available in the high school and elementary offices to use for registration purposes.

If you do not have a credit card, you may come in to any of the offices and register/pay in person.

## REFUNDS

Refunds will be made if we are unable to hold the class, but will not be given if you choose not to attend the class.

**To register for these and all future Community Ed activities:**

- Go to [www.kms.k12.mn.us](http://www.kms.k12.mn.us)
- On the left hand side under Quick Links, click on Community Ed Registration
- Follow directions on screen to register for activities, found under corresponding categories

**New accounts** can be set up at this point. There is also an option for forgotten passwords. Please do not create a new account if you believe you already have one.

If you have trouble accessing your account, contact Annette in the district office at 264-1932 or email [afernholz@kms.k12.mn.us](mailto:afernholz@kms.k12.mn.us).

If you do not have access to a computer, you may stop in to the elementary or high school offices and complete registration. If you do not have a credit or debit card, you must stop in one of these offices and pay with cash or check.



# Preschool, Library



## KMS Preschool Registration

The 2023-24 KMS Preschool Registration is open!

**Now taking registrations**

[www.kms.k12.mn.us](http://www.kms.k12.mn.us)

This is the first chance to secure a spot in the 2023-24 preschool class of your choice!

## Class Offerings

There are several options for preschool students at KMS! In the fall of 2015 we moved into the new wing added onto the KMS High School. We have classes for 3-, 4-, and 5-year olds, as well as an option for being in a mixed age group. Students also have the opportunity to attend the Norwegian-infused preschool located in Sunburg.

Schedules vary with students being able to attend two or four days, and half or whole days. Please consider carefully what would work best for your student and your family—switching schedules mid-year may be difficult.

## Tuition/Scholarships

In addition to the regular rates, we are happy to offer different scholarship options that provide students with free tuition and the same quality classroom experience. Information and applications are available now. Contact Becky Carlson, KMS Preschool Coordinator, for more information — [rcarlson@kms.k12.mn.us](mailto:rcarlson@kms.k12.mn.us).

## Thrilling Threes, Kerkhoven

*(Child must be 3 by September 1, 2023)*

A class for 3-year olds only! Children spend time learning about group dynamics, independence, self discipline, and developing social skills. Activities are fun so children are improving their pre-literacy skills and academics without even knowing it.

## Fantastic Fours, Kerkhoven

*(Child must be 4 by September 1, 2023)*

This is just for the 4-year olds! Typically for children who have a year of preschool behind them, but could also be the first setting for 4-year olds who haven't yet attended. Continued encouragement to do things for themselves while learning to work together and prepare for kindergarten.

## The Mighty Mix, Kerkhoven

*(Child must be 3 by September 1, 2023)*

A multi-age group of 3 - 5 year olds. Elements of both the Threes and Fours classes are utilized. Younger students learn from older ones, while the older students model for those who are new to preschool. Students can experience the same teacher for two years, allowing familiarity and routine to build a comfortable foundation for learning.

## The Barnebage, Sunburg

*(Child must be 3 by September 1, 2023)*

We offer a multi-age classroom of 3 - 5 year olds based on preschools in Norway. In addition to traditional academic and social skills, students learn about the language and culture of Norway. Visits from the staff of Kultur Hus as well as baking, singing, crafting, and playing outside bring in many concepts carried out in Norwegian preschools.

**Preschool screenings set for October 12 & 27. Children need to be screened within 60 days of starting preschool.**

## Kerkhoven Public Library Summer Reading Program

### FIND YOUR VOICE

**JUNE 1—JULY 31, 2023**

Participants will receive a reading log when registering, and can turn in the completed log for a prize! Additional logs may be received, and each completed log will earn a prize. Each completed log will also be entered into a drawing at the end of the program.

We will also offer opportunities for participants to attend weekly activities at the library or receive free Take & Make craft kits. Please contact the Kerkhoven Public Library @ 320-264-2141 with questions or stop by the library to register.

Upcoming Programs: *Check the Kerkhoven Public Library website or Facebook for updates.*

### June 6, 4:00 p.m., Kerkhoven Public Library, Summer Reading Program Kick-off:

Homeward Bound Theatre presents "DonB: Reading is FUNdamental", Unicycle Tricks!

### July 12, 2:30 p.m., Pillsbury Park in Kerkhoven (Tentative)

CLIMB Theatre presents "The Ant & the Grasshopper". A mini-play that supports literacy and reading readiness.

### August 1, 3:30 p.m., Pillsbury Park in Benson, End of Program Celebration

Outdoor Concert: The Pearson Players. Find Your Voice through Music



# Youth Enrichment

## Fun with Mrs. G

May 5

### Sunflowers

All of our stories and activities will be related to these big yellow flowers!



May 12

### Happy Mother's Day

We'll be making keepsakes to give to moms on their special day.



May 27

### Fun Friday

'The last Mrs. G's class of the school year. We will do all of our favorite things and have a few "guests" join us!



Open to all students in grades K—6. All classes include snack, stories, games, and LOTS of crafts.

Parents, please bring a box at pick-up; lots of projects going home, some involving wet paint.

**3:00—4:30 p.m.**

**KMS Elementary Cafeteria**

**Cost: \$8/each**

**Instructor: Annelle Guillemard**

## Camp Invention



Camp Invention™

At Camp Invention, children are empowered to have big ideas while they take on challenges that inspire them to question, brainstorm and collaborate with teammates and build amazing invention prototypes.

This year's Camp theme: Explore. All four of these modules will be completed during this week long camp, and students take home everything they create!

**Build Big Ideas with Pop-up Venture™** Children become innovative entrepreneurs as they design their own mini pop-up business!



**Create and Skate with Catching Air™**

As children build their own mini skate park with ramps, bowls and rails, they take an exciting ride through physics, design engineering and art!

**Show Your Style with Mimic Bot™** Children investigate the inner workings of their own MimicBot — a robot that mimics sounds — and transform it into a one-of-a-kind animatronic stuffer!

**Party On with Invention Celebration™**

To create the best celebration ever, children become confident event planners! Camp Invention is open to students who are **entering** grades 2—7.

**June 12—16**

**9:00 a.m.—3:30 p.m.**

**KMS Elementary, Murdock**

**Cost: \$60**

**Instructors: KMS Staff**

*Space is limited but we need a minimum to hold the camp—register by Friday, May 19, to ensure this exciting opportunity takes place!*

## Driver's Training

Eager to get your license? It's time to start the process! Students must be at least 14 years old to take the classroom portion, and can take the written test at an exam station when they turn 15 if they are not 15 at the end of class.

We are excited to offer two classroom sessions this summer—pick the one that works best for your schedule! Each session consists of (10) 3-hour classes for a total of 30 hours. We will need 10 registered students to hold a session.

### **Classroom session 1:**

**Monday—Friday, June 5—16**  
**9:00 a.m.—12:05 p.m.**

### **Classroom session 2:**

**Monday—Friday, July 31—Aug. 11**  
**9:00 a.m.—12:05 p.m.**

**KMS High School**

**Cost: \$300**

**Instructor: Larry Hastad**

**STUDENT DRIVER**

### **Behind-the-Wheel**

Students who have completed the classroom session and passed the written exam are eligible to begin behind-the-wheel training.

Students must complete three behind-the-wheel training sessions with the instructor over the course of at least three days, for a total of six hours.

Contact the high school office at 320-264-1921 for scheduling information.

**REGISTER  
ONLINE**  
[www.kms.k12.mn.us](http://www.kms.k12.mn.us)

# Youth Recreation



## T-Ball/Little League K—2

Participants will learn the fundamentals of the game, rules, and work on basic skill development—throwing, catching, hitting, and fielding.

Bring a water bottle, your favorite bat and a glove, and put your name on each piece of equipment you bring.

Open to boys and girls who have completed kindergarten through grade 2. Scrimmages with neighboring towns may be scheduled for grade 2.

**Mondays/Wednesdays, June 12-28**

**Kindergarten: 5:30—6:15 p.m.**  
**\$20**

**Grade 1: 6:15—7:00 p.m.**  
**\$20**

**Grade 2: 7:00—8:00 p.m.**  
**\$30 (includes shirt)**

**KMS High School, far west baseball field (Wally World)**

## Open Gym, Weight Room Access

Open to everyone who is **entering** grades 7—12 in the 2023-24 school year.

Stay on top of your skills in the off-season and workout with friends!



**Monday—Friday,**  
**June 19 - 30, July 10 - 20**  
**Weight Room Access:**  
**8:00 a.m.—11:00 a.m.**

**Open Gym:**  
**9:00 a.m.—11:00 a.m.**

**KMS High School Gym**

**Cost: FREE**

**Supervisor: Justin Johnson**

## Youth Softball 3/4

The first six practices (three weeks) will consist of softball skills: throwing, fielding, catching, hitting, base running, and learning the game. The last two weeks we will play four games against area towns. For girls in current grades 3 & 4.

**Cost: \$35**

**Tuesdays & Thursdays**  
**June 13—July 20**

**5:00—6:30 p.m.**

**JV Softball Field, Murdock**



## Youth Baseball 3 - 6

...Is for boys who have **completed** grades 3 - 6. Players will be divided into teams by grades. These traveling teams play games twice a week at home or at a neighboring town, based in Kerkhoven and Sunburg. Practices start in May, with schedules to come.

**Cost: \$40 (plus T-shirt jersey)**

## Rookie League

...Is for boys who have **completed** grades 7 - 8. Traveling games begin in early June and take place on Mondays & Thursdays, playing one home game and one away game each week through July 22. Practice schedules will be determined in May.

**Cost: \$40**

## Youth Softball 5/6

Traveling softball league for girls in current grades 5 & 6. Games will be Monday nights at 6:00 p.m., practices held once a week in June on Tuesdays. Teams will play against other area communities (Benson, MACCRAY, LQPV, BOLD, RCW, Hancock, and others). First game is June 5; league will wrap up July 17.

Practices will begin in May after school to prepare for the June 6 game, and will be planned around varsity games. Stay tuned for practice schedule!

Same shirts used as in the past - can use one you already have or a big sister's. If you need one, order it now through this registration.

**Varsity Softball Field, Murdock**  
**Cost: \$40 (plus T-shirt jersey)**

## Next Level ~ Youth Baseball/Softball Skills Academy

Students are invited to participate in this skill-building session with Coach Luft, Coach Johnson, and the KMS Saints Varsity Baseball Players. Players will be taught the fundamentals of baseball to form the foundation for a successful season. Players will be taught the proper mechanics for batting, throwing, and fielding as well as fielding strategies.

Open to boys and girls in current grades 3—6.

**Tuesdays & Thursdays,**  
**June 6—July 27 (off July 4 & 6)**  
**Grades 3/4 12:30 pm ~ 1:30 pm,**  
**Grades 5/6 11:15 pm ~ 12:15 pm**  
**Cost: \$60**

**Ryan Luft, Justin Johnson, KMS Varsity Baseball Players**  
**High School Baseball Field**

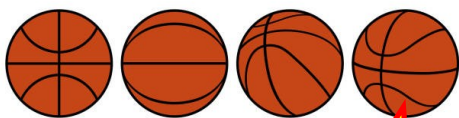


# Youth Recreation

## KMS Basketball Camp, Boys & Girls

Participants will spend their day with warm-ups and learning stations that include: offensive moves, rebounding, dribbling, shooting, and passing, and other individual and team drills.

Open to boys and girls who are *entering* grades 1-12 in the 2023-24 school year.



## Next Level ~ Shooting & Dribbling Academy

Players will be taught the fundamentals of shooting and dribbling a basketball and progressing to individual shooting moves. These session will be more intensive and focused than the general skills sessions. For boys and girls entering grades 3—8.

**Wednesdays,**

**June 7—July 19 (off July 5)**

**Grades 9—12: 8—9:00 a.m.**

**Grades 6—8: 9—10:00 a.m.**

**Grades 3—5: 10—11:00 a.m.**

**Cost: \$40**

**KMS High School**

**Instructor: Ryan Luft**

**Grades 1—3 Boys and Girls:**

**June 6—9**

**9:00 —10:00 a.m.**

**Cost: \$15**

**Grades 4—8 Boys:**

**June 6—9**

**10:00 a.m. – 11:00 a.m.**

**Cost: \$15**

**Grades 4—8 Girls:**

**June 13—16**

**9:00—10:00 a.m.**

**Cost: \$15**

**KMS High School Gym**

**Instructors:**

**Matt Fragodt & Justin Johnson**

## Next Level ~ Youth Basketball Skills Academy

Players will be taught the fundamentals of basketball to form the foundation for a successful season, as well as the proper mechanics for shooting, dribbling, passing, and defense through direct instruction and play-based sessions. For boys and girls entering grades 3—8.

**Mondays & Wednesdays,**

**June 5—July 20 (off July 3 & 5)**

**Grades 3—5: 12:30—1:30 p.m.**

**Grades 6—8: 11:15—12:15 p.m.**

**Cost: \$60**

**KMS High School**

**Instructor: Ryan Luft**



## Next Level ~ Agility & Strength Program, or Advanced Agility

Next Level Agility is offering an opportunity for students/athletes in grades 4 ~ 12 to become quicker, faster, and stronger for their next competitive season.

Mr. Luft will be implementing the latest movements that will give the KMS athletes the foundation to be successful. Students will be challenged through high-level agility movements that focus on the ability to rapidly change body direction, accelerate, or decelerate and be introduced to low impact, highly effective resistance and weight training sessions.

If you are looking to improve as a team or your individual position within a program, this program is the right fit for you.

For boys and girls entering grades 4—12. Advanced option for grades 7—12, for students who have been through Next Level Agility or are looking to be pushed.

**Mondays, Tuesdays, & Thursdays**

**June 5—July 27 (off July 3—6)**

**KMS High School Gym and Weight Room**

**Agility & Strength—\$60**

**8:45 a.m. or 10:15 a.m.**

**Advanced Agility & Strength—\$100**

**7:15 a.m., 8:00 a.m., or 9:30 a.m.**

**Instructor: Ryan Luft**

**KERKHOVEN ARTS  
COUNCIL PRESENTS:**



**Thursday, July 27**

**Friday, July 28**

**7:00 p.m.**

**Pillsbury Park, Kerkhoven**

**(Town & Country Days)**

**Free will admission**

**Bring a lawn chair or blanket!**

# Youth Recreation

## Pillsbury Pool Opens June 10

### Pool Hours

June 10 – July 31

Monday – Saturday: 1 – 8:00 p.m.

Sunday: 1 – 5:00 p.m.

Closed July 4

August 1 – August 29

Monday – Saturday: 1 – 7:00 p.m.

Sunday: 1 – 5:00 p.m.

### Prices

Daily: \$3

After 5:00 p.m. \$2

Observer: \$2

### Memberships

Family Monthly: \$60

Single Monthly: \$30

Family Season: \$140

Single Season: \$65



Children under 7 must be accompanied by someone 13 years old or older.

All lessons are subject to changes and modifications at ANY time.

Thank you for your understanding and support!



## 2023 Swimming Lessons

**Tadpoles** — TBD at this time.

**Level 1** – Skills taught will include: Entering and exiting water safely, swimming on front and back using arms and legs, floating, going under water. It is easier if students can touch in the 3 foot end.

**Level 2** – Skills taught will include: Front and backstroke legs, floating, rolling over from front to back, front and back glides.

**Level 3** – Skills taught will include: Jumping into deep water, survival float, tread water using arm and leg motions, backstroke, dive from standing position, use rotary breathing, front crawl and back crawl.

**Level 4** – Skills taught will include: Improve front and back crawl, scissor kick, breaststroke, swim underwater, and perform open turns.

**Level 5** – Skills taught will include: Tread water with two different kicks, breaststroke kick, survival swimming, standing dive, front flip turns, tuck surface dive and side-stroke.

**Level 6** – Skills taught will include: Improve all strokes and endurance, swim 500 yards, obtain an object in 10 feet of water.

**Private Lessons:** Contact the pool directly at 264-2222 for inquiries on availability—cost is \$90.

**Cost:** GROUP Lessons \$45 (Refunds not given after first day of session)

All swimming lessons students **MUST** be registered. Please register by the Wednesday prior to each session!

**NO** same day registrations accepted.

Please contact Shawn Finstrom with questions:  
218-428-2160

Time	Session 1	Session 2	Session 3
	June 19—June 30	July 10—21	July 24—August 4
9:00 a.m. – 9:40 a.m.	Levels 2 & 6	Levels 1 & 3	Levels 2 & 4
10:00 a.m. – 10:40 a.m.	Levels 1, 3, & 5	Levels 2, 4, & 6	Levels 1, 3, & 5
11:00 a.m. – 11:40 a.m.	Levels 2 & 4	Levels 1, 3, & 5	Levels 2, 4, & 6
12:00 p.m. – 12:40 p.m.	Levels 1 & 3	Levels 2 & 4	Levels 1 & 3

# 2023 Pillsbury Pool Swimming Lessons Registration Form

**\*Information must be completed for each swimming lesson participant \***

**Mail registration and payment to:**

**Pillsbury Pool**

**P.O. Box 263**

**Kerkhoven, MN 56252**

**Cost: Levels 1-6 \$45**

Print out this form and use for registration.

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Name \_\_\_\_\_ Age \_\_\_\_\_

Important Health Information:

Session:     1     2     3

Level:         1     2     3     4     5     6

Time:          9:00     10:00     11:00     12:00

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Name \_\_\_\_\_ Age \_\_\_\_\_

Important Health Information:

Session:     1     2     3

Level:         1     2     3     4     5     6

Time:          9:00     10:00     11:00     12:00

---

Name \_\_\_\_\_ Age \_\_\_\_\_

Important Health Information:

Session:     1     2     3

Level:         1     2     3     4     5     6

Time:          9:00     10:00     11:00     12:00

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Parent/Guardian Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ Phone \_\_\_\_\_

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**Pillsbury Pool is always taking donations of new or gently used lifejackets, pool noodles, toys, etc.!**

## Summer Mileage Club

Do you like to run? Do your friends like to run? Do you wish you had more friends that like to run? Do you need some motivation to run? Then this is for you! Full details online.

This summer we will be running together, tracking our miles, having fun, and maybe winning something sweet for your efforts (i.e. PRIZES!)

**Open to students entering grades 5 - 12.** You don't have to be in or join cross country to participate in the summer mileage club! Running is good for everybody!

**Group runs all start at 7:00 p.m.  
Mondays, June 12—July 24**

**Ambush Park Benson**

**Thursdays, June 15—July 27  
Pillsbury Park, Kerkhoven**

**No tracked miles or group runs July 1-7**

**Cost: \$15     Instructor: Samantha VanHeuveln**



## Fitness Foundations

This is an opportunity for students/athletes to learn and strengthen the building blocks for movement mechanics. The focus of this class is to train **MOVEMENTS**, not individual muscles, and to train the body in **ALL THREE** planes of movement (sagittal, frontal, and transverse). More details online! **Open to students entering grades 4—6.**

**Monday, Tuesday, Thursday, June 12—July 27  
(off July 3, 4, 6)**

**7:30—8:15 a.m.     KMS High School Gym**

**Cost: \$50**

**Instructor: Riley Burgstahler**



## Endurance Program

This is an opportunity for students/athletes to learn about and strengthen their cardiovascular endurance. "Cardio" is not just for runners or the cross country team. It's an important building block for any activity. Heart rate training using the Heart Zones Technology will provide students with in-depth knowledge of how their body responds to work. More details online! **Open to students entering grades 6—12.**

Also, If participants attend at least 10 of the sessions, they will receive free registration to the Pillsbury Push 5k or 10k on July 29

**Monday, Tuesday, Thursday, June 12—July 27  
(off July 3, 4, 6)**

**6:30—7:15 a.m.     KMS High School Gym**

**Cost: \$25**

**Instructor: Riley Burgstahler**

KMS COMMUNITY EDUCATION  
ALISON NELSON, DIRECTOR  
302 15TH ST N, Box 168  
KERKHOVEN, MN 56252

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