

# Red Wing Public Schools Position Description

## Swimming Instructor / Lifeguard

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### General Information

Department:	Community Education and Recreation
Unit:	Program Assistant
Immediate Supervisor:	Community Recreation Coordinator
Grade Placement:	7
FLSA Status:	Non-Exempt

### Position Summary

The Swim Instructor/Lifeguard is responsible for teaching swimming basics to community members and maintaining a safe and healthy swimming pool environment.

### Essential Duties and Responsibilities

1.	<p>Protects the health and safety of each person using the facility.</p> <ul style="list-style-type: none"> <li>a) Enforces rules at all times.</li> <li>b) Keeps constant watch over pool area at all times.</li> <li>c) Knows, understands and uses all rescue and emergency procedures.</li> <li>d) Guards against drowning and accidents.</li> <li>e) Gives CPR and First Aid care when needed.</li> </ul>
2.	<p>Prepares and teaches individuals how to swim in accordance with established water instruction curriculum. Demonstrates, monitors, and coaches patrons in swim techniques and methods. Tests and passes out certificates to patrons who have passed approved curriculum and lessons.</p>
3.	<p>Supervises locker rooms. Removes any hazard or mess</p>
4.	<p>Supervises the general care of pool and outdoor equipment.</p> <ul style="list-style-type: none"> <li>a) Repairs equipment when needed.</li> <li>b) Instructs students of the proper use of equipment.</li> </ul>
5.	<p>Performs other duties of a comparable type or level as apparent or assigned by his or her supervisor(s).</p>

## **Required Education, Training, and Work Experience**

Required Education / Training:	Less than high school diploma
Degree Information:	Not applicable
Major Field of Study or Degree Emphasis:	Not applicable
Required Work Experience:	None
Licenses / Certifications Required:	<ul style="list-style-type: none"><li>• Current Red Cross Lifeguard certification</li><li>• CPR/AED certification</li><li>• First Aid</li></ul>

## **Essential Knowledge Required to Perform the Essential Functions of the Position**

- Application of lifeguard rescue techniques.
- Water safety instruction and lifeguard curriculum.
- Swimming techniques, including different swim strokes.
- Facility's customer service standards and procedures.

## **Essential Skills Required to Perform the Work**

- Ability to break down swimming techniques into understandable steps.
- Ability to react calmly and effectively in emergency situations.
- Ability to practice good decision-making.
- Ability to swim 500 yards non-stop, tread water for 2 minutes without hands, back-boarding skills and water rescue. Will be tested before employment.
- Physical endurance and agility.
- Responding to life safety emergencies involving water rescue, first aid or CPR.
- Instructing and presenting water safety and swimming techniques.
- Communication skills to deal effectively with patrons, staff, and district personnel.

## Typical Physical Demands for this Position

Summary of Physical Job Requirements:

Physical requirements associated with the position can be best summarized as Medium Work: Exerting over 100 pounds of force occasionally, and/or up to 25 points of force frequently, and/or up to 10 pounds of force constantly to lift, carry, push, pull, or otherwise move objects in the performance of the job.

Physical Job Requirements:

	Amount of Time Spent			
	None	1/3 or Less	1/3 to 2/3	Over 2/3
<b>Physical Activities</b>				
Stand				X
Walk				X
Sit		X		
Use hands to finger, handle or feel				X
Reach with hands arms				X
Climb or balance		X		
Stoop, kneel, crouch or crawl				X
Talk or hear				X
Taste or smell	X			
<b>Lifting / Forcing Exerted</b>				
Up to 10 pounds			X	
Up to 25 pounds			X	
Up to 50 pounds		X		
Up to 100 pounds		X		
Over 100 pounds		X		

Unusual or Hazardous Working Conditions Related to Performance of Duties:

Duties are performed in a pool setting and the nature of the work requires that the incumbent be physically fit and be able to demonstrate and perform water safety and water instruction to patrons. Duties may involve some possible risks in responding to emergencies related to rescue or first aid response. Potential hazards from slippery pool decks and floors.

## Classification History and Approval

Created: 7/2014 by Bjorklund Compensation Consulting

Revised: 4/15/16