


## WHAT IS AIM TO ACHIEVE?

Aim to Achieve promotes lifelong learning and community involvement for adults with developmental, sensory, cognitive and physical disabilities by providing classes focusing on educational, recreational and social opportunities and adapted to individual abilities.


## MEET THE STAFF



MADELINE DUBOIS-CLINTON COORDINATOR


STAFF


NAOMI MCCORD
STAFF


JANET SQUIRE
STAFF


JENNIE WENDLAND STAFF


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## HOW CANYOU SUPPORT OUR PROGRAM?

DONATE YOUR TIME

ASSIST WITH AIM TO ACHIEVE CLASSES,
ACTIVITIES, AND EVENTS

DONATE SUPPLIES/MATERIALS


DONATE SUPPLIES
AND OR MATERIALS
FOR AIM TO
ACHIEVE CLASSES

DONATE FINANCIALLY


YOUR GIFT WILL
HELP OFFSET CLASS COSTS FOR
INDIVIDUALS WITH FINANCIAL NEEDS

LEARN MORE ON PAGE 8

BOWLING
LOCATION:
BIERSTUBE BOWL
"Spare" a little time and "strike" up some fun bowling at Beirstube. Have a great time and develop your skills while socializing with friends and being active.


MONDAY, MARCH 4
TRANSPORTATION 4-5PM \$ 6

MONDAY, APRILI
TRANSPORTATION 4-5PM \$ 6

MONDAY, MAY 13
TRANSPORTATION 4-5PM \$ 6

## BINGO

LOCATION: RWHS CAFETERIA DOOR 40

It's time for B-I-N-G-O! Join your friends for a night of fun and your chance to win some tasty treats and fun prizes! Feel free to bring your own snacks and/or beverages to enjoy during the program.


MONDAY, MARCH 18
6-7:15PM
\$ 6

MONDAY, APRIL 15
6-7:15PM \$ 6

MONDAY, MAY 20
6-7:15PM
\$ 6

TRANSPORTATION \$4

TRANSPORTATION \$ 4

TRANSPORTATION \$4

## COOKING

LOCATION: RWHS
KlO2 KITCHEN, DOOR 11


## Pi Day Celebration!

Savory plus sweet pies equals a deliciously fun celebration of this mathematical holiday! We will make veggie potpie casserole as our main and mini cherry pies for dessert.
WEDNESDAY, MARCH 13
6-8PM
\$ 6
TRANSPORTATION \$4


## Brunch Bake

Learn how to make a tasty brunch just in time to treat an important lady in your life. We will make a breakfast bake and cinnamon rolls.

WEDNESDAY, MAY 8 6-8PM
\$ 6

TRANSPORTATION
\$4

## DANCES

LOCATION: RWHS
CAFETERIA, DOOR 40

We welcome walk-ins at our dances! You can pay the fee at the door and we will provide a receipt. Light refreshments are provided for participants, Preregistration for the Prom Dinner is required.


Leprechaun's Jig
Come practice your Irish dancing at the Leprechaun's Jig dance. Make sure to wear your green!

| WEDNESDAY, MARCH 27 | TRANSPORTATION |
| :--- | :--- |
| 6-8PM | $\$ 4$ |



## Prom: Under the Sea - Wednesday, April 24

It's time for a special evening where you can get dressed up and have dinner with your date or your dear friends. This year's Prom theme will be Under the Sea! We will be offering a dinner before the dance Everyone who will be eating dinner (staff/participant) must preregister at least 2 weeks prior.

| DINNER AND DANCE | DANCE ONLY 6-8PM |
| :---: | :---: |
| \$12 PARTICIPANT | \$7-NO STAFF CHARGE |
| \$12 STAFF | TRANSPORTATION |
| *PLEASE ARRIVE AT 5:10PM | \$4 |

## MISCELLANEOUS CLASSES



## Aces Game!

Cheer on the Red Wing Aces, Red Wing's own hometown amateur baseball team! You will receive a ticket redeemable for a hot dog, popcorn, and soda for you to enjoy as you watch. Enter the Red Wing Athletic Field Grandstand using the entrance along Bohmbach Drive where our staff will greet you.

FRIDAY, MAY 24
TRANSPORTATION
7:30-9:3OPM/END OF GAME \$ 6

## \$4



Trails and Treats: Cannon Valley Trail and McDonald's
Let's get outside and smell the spring flowers! We will take a lovely stroll/roll along the beautiful Cannon Valley Trail. After our stroll, we will stop over to McDonald's to grab a treat to enjoy with friends. Don't forget to bring money for your treat! We will meet at the Old West Main access point.
WEDNESDAY, MAY 27
TRANSPORTATION
6-8PM
\$4
\$ 6

## Pizza and Picture Show

Get dinner and a show! Before the movie, we will enjoy a couple of slices of pizza and then settle in for a good film. Check-in time is at $5: 20$ and pizza will be served around 5:30. The movie will begin promptly at 6:05 pm so that we are finished by 8:00pm. This event is held at the Red Wing High School in the cafeteria.

WEDNESDAY, APRIL 10
TRANSPORTATION
5:20-8PM \$4 \$7

## ARTS \& CRAFTS

LOCATION: RWHS<br>CAFETERIA, DOOR 40



## May Day Baskets

We will learn about the history of May Day baskets before we make our own paper basket that you can choose to hang on the door of a friend, neighbor, or loved one on May 1st.


TRANSPORTATION \$4

WEDNESDAY, APRIL 29 6-7:30PM \$ 6

## SUMMEREVENTS



## June 19: Summer Cookout

Let's get together for a good old-fashioned cookout along the Mississippi! We will meet at the Memorial Upper Quarry to play lawn games, listen to music, and make hotdogs and s'mores over the bonfire. Don't forget to bring your bug spray! Feel free to bring your frisbees and hit the frolf course before or after
WEDNESDAY, JUNE 19 TRANSPORTATION 6-7:30PM \$4 \$10

## July 24: Saints Game!



JULY 24, 11AM-5:30PM \$30 PARTICIPANT \$30 STAFF
*PLEASE ARRIVE BETWEEN 10:30-10:45AM AT RED WING HIGH SCHOOLFOR THE BUS

Take us out to the ball game! Join us on a trip to CHS Feild to watch the Saint Paul Saints take on the Omaha Storm Chasers! We will have reserved infield seats in section 114 near third base. The bus will leave from the Red Wing High School near Door 40 at 11:00am sharp. Please arrive between 10:30-10:45am to get checked in and prepare to board the bus. The game will run from 1:07pm to approximately 4:00pm. We should return to Red Wing around 5:30pm. The trip cost includes your ticket and the bus ride. CHS Feild is a cashless stadium so please plan accordingly if you plan to buy snacks. There are ATMs onsite and cash can be exchanged for Saints bucks at the ticket window or at fan services. Bags are allowed along with bottled water but no other outside beverages or food are allowed. TRANSPORTATION TORWHS \$ 4


## August 7: Waterpark Party

We're going to soak up some sun at the Red Wing Water Park. Noah and his staff are going to give us the VIP treatment and we will have the water park to ourselves from 6:15-7:30pm. We will also enjoy a sweet treat in the form of a Dilly Bar from DQ. Please let us know what flavor you would like when registering. The Red Wing Water Park has a zero depth entry so fun can be had by all even if it's just getting your toes wet! Wear your suit and pack your towl we will see you there! Staff must accompany their clients in the water.
WEDNESDAY, AUGUST 7 TRANSPORTATION
6:15-7:30PM
\$11 PARTICIPANT
\$11 STAFF

REGISTRATION
South Country Discounts Available
Participants may be eligible for a discount on all classes in this catalog! You must include the ID number at the time of registration. We will then send you an invoice with the adjusted total.



BY MAIL:
2451 EAGLE RIDGE DRIVE,


BY PHONE:
651-385-4565


IN PERSON:

## AIM TO ACHIEVE PROGRAM INFORMATION

## REGISTRATION AND GUIDELINES FOR PARTICIPATION

WE ENCOURAGE YOU TO ENROLL IN THE CLASSES OF YOUR CHOICE. TO REGISTER, FILL OUT THE REGISTRATION FORM INCLUDED WITH THIS FLIER OR CALL 651-385-4565. REFUNDS WILL BE GIVEN ONLY FOR CANCELLATIONS RECEIVED TWO DAYS BEFORE A SCHEDULED CLASS. PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND TRIPS. WALK-INS WILL BE ACCEPTED FOR DANCE AND BINGO CLASSES ONLY, BUT PAYMENTS AND RESERVATIONS ARE APPRECIATED. PARTICIPANTS MUST BE ACCOMPANIED TO THE CLASSROOM. THE INSTRUCTOR OR STAFF WILL BE IN THE CLASSROOM NO EARLIER THAN 15 MINUTES PRIOR TO CLASS.

## TRANSPORTATION

WHEN POSSIBLE, WE WILL PROVIDE TRANSPORTATION FOR PARTICIPANTS LIVING IN DOWNTOWN RED WING TO AND FROM CLASSES. TRANSPORTATION AVAILABILITY IS LIMITED AND IS FOR INDIVIDUALS LIVING INDEPENDENTLY WITHOUT MEANS OF TRANSPORTATION. PLEASE REQUEST TRANSPORTATION AT LEAST ONE WEEK BEFORE CLASS BEGINS BY INDICATING ON THE REGISTRATION FORM OR CALLING 651-385-4565.

## PARTICIPANT ASSISTANT REQUIREMENTS

ANY PARTICIPANT THAT REQUIRES ASSISTANCE WITH THEIR PERSONAL, PHYSICAL AND BEHAVIORAL NEEDS MUST PROVIDE THEIR OWN STAFF OR ASSISTANTS. AIM TO ACHIEVE INSTRUCTORS ARE THERE TO INSTRUCT AND PROVIDE A FUN AND POSITIVE EXPERIENCE FOR ALL PARTICIPANTS. WE ARE UNABLE TO PROVIDE ONE-ON-ONE INDIVIDUAL PERSONAL, PHYSICAL OR BEHAVIORAL ASSISTANCE TO PARTICIPANTS.

## PHOTO POLICY

THERE ARE OCCASIONS WHEN REPRESENTATIVES OF DISTRICT \#256 AND/OR MEDIA PHOTOGRAPH OR VIDEOTAPE STUDENTS WHILE IN THE PROGRAM OR ATTENDING/PARTICIPATING IN SCHOOL DISTRICT/AIM TO ACHIEVE SPONSORED FUNCTIONS. PARTICIPANTS/STAFF NOT WANTING TO BE IDENTIFIED IN PHOTOGRAPHS, VIDEOTAPE OR THE COMMUNITY EDUCATION AND RECREATION BROCHURES SHOULD NOTIFY, IN WRITING, THE COMMUNITY EDUCATION AND RECREATION OFFICE.

## SCHOOL RULES

ALL AIM TO ACHIEVE CLASSES AND ACTIVITIES ARE SCHOOL-SPONSORED; THEREFORE THERE IS ABSOLUTELY NO SMOKING, ALCOHOL, OR DRUG USE PERMITTED DURING ANY AIM TO ACHIEVE CLASSES OR ACTIVITIES. THIS APPLIES TO PARTICIPANTS, STAFF/ASSISTANTS, FAMILY MEMBERS, AND DRIVERS.

## SOUTH COUNTRY HEALTH ALLIANCE INSURANCE

IF YOU ARE A CURRENT SOUTH COUNTRY MEMBER, THEY WILL PAY UP TO \$15 PER CLASS WITH A LIMIT OF FIVE CLASSES PER YEAR. IF YOU'D LIKE TO USE YOUR AVAILABLE FUNDS TO PAY FOR CLASSES, PLEASE INCLUDE MEMBERSHIP NUMBER WHEN REGISTERING.

## PROGRAM FEE TUITION ASSISTANCE

IF YOU ARE HAVING DIFFICULTY FITTING PROGRAM FEES INTO YOUR BUDGET, CONTACT MADELINE DUBOIS-CLINTON AT 651-385-4523 TO FIND OUT IF YOU QUALIFY FOR TUITION ASSISTANCE. PLEASE INDICATE WHEN REGISTERING IF YOU ARE IN NEED OF TUITION ASSISTANCE.

## CANCELLATION OF CLASS DUE TO WEATHER

AIM TO ACHIEVE CLASSES ARE AUTOMATICALLY CANCELED ON DAYS WHEN RED WING SCHOOL DISTRICT \#256 BUILDINGS DO NOT OPEN OR CLOSE EARLY DUE TO INCLEMENT WEATHER OR FOR OTHER UNFORESEEN CIRCUMSTANCES. IN THE EVENT OF A LATE START, CLASS WILL BE HELD AT ITS NORMAL TIME. WE WILL BE CONTACTING THE PHONE NUMBER LISTED ON THE REGISTRATION FORM WITH ANY CHANGES TO ANY CLASSES. PLEASE MAKE SURE ALL CONTACT INFORMATION IS COMPLETE AND UP-TO-DATE AT THE TIME OF REGISTRATION.

## HOW CAN YOU SUPPORT AIM TO ACHIEVE CONTINUED...

## VOLUNTEER OPPORTUNITIES

AIM TO ACHIEVE WOULD LIKE TO INVITE YOU TO SHARE YOUR TIME AND TALENTS AS A VOLUNTEER. YOUR COMMITMENT AND SUPPORT WILL ALLOW INDIVIDUALS WITH DISABILITIES TO EXPAND THEIR LEISURE AND EDUCATIONAL INTERESTS THROUGH PARTICIPATION IN COMMUNITY EDUCATION CLASSES. IF YOU ARE INTERESTED, PLEASE CONTACT MADELINE DUBOIS-CLINTON AT 65I-385-4523 OR MDUBOIS-CLINTON@RWPS.ORG

## SUPPLIES AND MATERIALS DONATION

TO HELP KEEP OUR FEES LOW WE LOVE DONATIONS FOR CLASSES! SOME OF OUR MOST COMMONLY USED ITEMS ARE: DISPOSABLE I2OZ CUPS AND BOWLS, BINGO PRIZES, INDIVIDUALLY WRAPPED SNACKS, LITERS OF POP, CANDY, SUNSCREEN, STUFFED ANIMALS, CRAFT SUPPLIES, ETC.

## FINANCIAL DONATION

MANY OF OUR PARTICIPANTS HAVE FINANCIAL BARRIERS. YOUR FINANCIAL GIFT CAN BE ALLOCATED TO HELP PROVIDE SCHOLARSHIP DOLLARS TO INDIVIDUALS IN NEED. YOU COULD ALSO INDICATE IF YOU WOULD LIKE YOUR GIFT TO BE USED TO OFFSET CLASS COSTS TO KEEP OUR FEES LOW. WE MUST REPORT ALL DONATIONS THAT WE RECEIVE, PLEASE INDICATE IF YOU WOULD LIKE TO REMAIN ANONYMOUS AT THE TIME OF YOUR DONATION. ALL DONATIONS CAN BE BROUGHT TO THE COMMUNITY EDUCATION OFFICE.

## MARCH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 |
| $\begin{array}{\|l\|l\|} \hline 4 & =E \\ \text { BOWLING } & = \\ 4-5 \text { PM } \\ \text { BIERSTUBE } \end{array}$ | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 PI DAY COOKING 6.8PM RWHS. K102 $\pi$ | 14 | 15 |
|  | 19 | 20 | 21 | 22 |
| 25 | 26 |  | 28 | 29 |

## APRIL

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 1 <br> BOWLING 4-5 PM BIERSTUBE | 2 | 3 | 4 | 5 |
| 8 | 9 |  | 11 | 12 |
| 15 <br> BINGO <br> 6-7:15PM <br> RWHS-CAFETERIA | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 PROM DINNERANDDANGE 5:1-8PM DANNE ONLY 6-8PM RWHS CAFETERIA | 25 | 26 |
| 29 <br> MAY DAY CRAFT <br> 6-7:30PM <br> RWHS-CAFETERIA | 30 |  |  |  |

## MAY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 |
| 6 | 7 | $\begin{array}{\|l\|l\|} \hline 8 \\ \text { BRUNCH BAKE } \\ \text { 6-8PM } \\ \text { RWHS } \text { K102 } \end{array}$ | 9 | 10 |
| $\begin{aligned} & 13 \\ & \text { BOWLING } \\ & 4-5 \text { PM } \\ & \text { BIERSTUBE } \end{aligned}$ | 14 | 15 | 16 | 17 |
|  | 21 | 22 | 23 |  |
|  | 28 | 29 | 30 | 31 |

## JUNE



## JULY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | SAINTS GAME 11:00AM-5:30PM MEET AT RWHS |  | 26 |
| 29 | 30 | 31 |  |  |

## A UGUST



