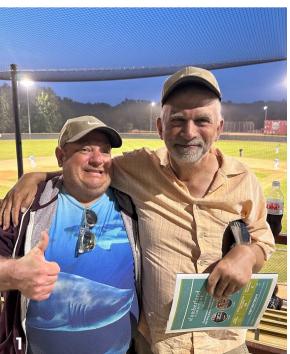


RED WING COMMUNITY EDUCATION & RECREATION

PHONE: 651-385-4565 WEB: WWW.RWPS.ORG







WHAT IS AIM TO ACHIEVE?

Aim to Achieve promotes lifelong learning and community involvement for adults with developmental, sensory, cognitive and physical disabilities by providing classes focusing on educational, recreational and social opportunities and adapted to individual abilities.



A NOTE FROM THE COORDINATOR

Spring is here and the Aim to Achieve program is back in session! We have some great classes to look forward to, some new and some old favorites.

Bingo and Bowling will be offered once a month for those feeling lucky. We will also be cooking up fun food-themed celebrations! Sweet and savory pies as a nod to Pi Day and a delicious but easy brunch. We will also get outside for a Red Wing Aces game and for a walk along the Cannon Valley Trail.

Make sure to mark your calendar for the Leprechaun Jig (Mar. 27) and the Under the Sea Prom (Apr. 24).

However, this year the fun won't stop when spring comes to an end! We will be holding one event each month over the summer to help make the wait for fall programming just a little easier.

Whatever Aim to Achieve classes you choose to join us for this session, we hope that you have fun, discover something new, and connect with others.

Maddie Dubois-Clinton, Program Coordinator

MEET THE STAFF



MADELINE DUBOIS-CLINTON
COORDINATOR



NOAH BEIERMAN STAFF



NAOMI MCCORD STAFF



JANET SQUIRE STAFF



JENNIE WENDLAND STAFF



JULIE BRUNKHORST STAFF

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HOW CAN YOU SUPPORT OUR PROGRAM?

DONATE YOUR TIME



ASSIST WITH AIM TO ACHIEVE CLASSES, ACTIVITIES, AND EVENTS

DONATE SUPPLIES/MATERIALS



DONATE SUPPLIES AND OR MATERIALS FOR AIM TO ACHIEVE CLASSES

DONATE FINANCIALLY



YOUR GIFT WILL
HELP OFFSET CLASS
COSTS FOR
INDIVIDUALS WITH
FINANCIAL NEEDS

LEARN MORE ON PAGE 8

BOWLING

LOCATION: BIERSTUBE BOWL "Spare" a little time and "strike" up some fun bowling at Beirstube. Have a great time and develop your skills while socializing with friends and being active.



MONDAY, MARCH 4 4-5PM \$6 TRANSPORTATION \$4



MONDAY, APRIL 1 4-5PM \$6 TRANSPORTATION \$4

MONDAY, MAY 13 4-5PM \$6 TRANSPORTATION \$4

BINGO

LOCATION: RWHS CAFETERIA DOOR 40 It's time for B-I-N-G-O! Join your friends for a night of fun and your chance to win some tasty treats and fun prizes! Feel free to bring your own snacks and/or beverages to enjoy during the program.



MONDAY, MARCH 18 6-7:15PM \$6

TRANSPORTATION \$4

MONDAY, APRIL 15 6-7:15PM \$6

TRANSPORTATION \$4



MONDAY, MAY 20 6-7:15PM \$6 TRANSPORTATION \$4

COOKING

LOCATION: RWHS K102 KITCHEN, DOOR 11



Pi Day Celebration!

Savory plus sweet pies equals a deliciously fun celebration of this mathematical holiday! We will make veggie potpie casserole as our main and mini cherry pies for dessert.

WEDNESDAY, MARCH 13 6-8PM \$6

TRANSPORTATION



Brunch Bake

Learn how to make a tasty brunch just in time to treat an important lady in your life. We will make a breakfast bake and cinnamon rolls.

WEDNESDAY, MAY 8 6-8PM \$6

TRANSPORTATION \$4

DANCES

LOCATION: RWHS CAFETERIA, DOOR 40 We welcome walk-ins at our dances! You can pay the fee at the door and we will provide a receipt. Light refreshments are provided for participants, Preregistration for the Prom Dinner is required.



Leprechaun's Jig

Come practice your Irish dancing at the Leprechaun's Jig dance. Make sure to wear your green!

WEDNESDAY, MARCH 27 6-8PM \$7

TRANSPORTATION \$4



Prom: Under the Sea - Wednesday, April 24

It's time for a special evening where you can get dressed up and have dinner with your date or your dear friends. This year's Prom theme will be Under the Sea! We will be offering a dinner before the dance. Everyone who will be eating dinner (staff/participant) must preregister at least 2 weeks prior.

DINNER AND DANCE \$12 PARTICIPANT \$12 STAFF *PLEASE ARRIVE AT 5:10PM DANCE ONLY 6-8PM \$7 - NO STAFF CHARGE TRANSPORTATION

MISCELLANEOUS CLASSES

LOCATION: VARIED



Aces Game!

Cheer on the Red Wing Aces, Red Wing's own hometown amateur baseball team! You will receive a ticket redeemable for a hot dog, popcorn, and soda for you to enjoy as you watch. Enter the Red Wing Athletic Field Grandstand using the entrance along Bohmbach Drive where our staff will greet you.

FRIDAY, MAY 24 7:30-9:30PM/END OF GAME TRANSPORTATION

\$4





Trails and Treats: Cannon Valley Trail and McDonald's

Let's get outside and smell the spring flowers! We will take a lovely stroll/roll along the beautiful Cannon Valley Trail. After our stroll, we will stop over to McDonald's to grab a treat to enjoy with friends. Don't forget to bring money for your treat! We will meet at the Old West Main access point.

WEDNESDAY, MAY 27 6-8PM \$6 **TRANSPORTATION**

\$4



Pizza and Picture Show

Get dinner and a show! Before the movie, we will enjoy a couple of slices of pizza and then settle in for a good film. Check-in time is at 5:20 and pizza will be served around 5:30. The movie will begin promptly at 6:05 pm so that we are finished by 8:00pm. This event is held at the Red Wing High School in the cafeteria.

WEDNESDAY, APRIL 10 5:20-8PM \$7

TRANSPORTATION

\$4

ARTS & CRAFTS

LOCATION: RWHS CAFETERIA, DOOR 40



May Day Baskets

We will learn about the history of May Day baskets before we make our own paper basket that you can choose to hang on the door of a friend, neighbor, or loved one on May 1st.

WEDNESDAY, APRIL 29 6-7:30 PM \$6

TRANSPORTATION

\$4

SUMMER EVENTS



June 19: Summer Cookout

Let's get together for a good old-fashioned cookout along the Mississippi! We will meet at the Memorial Upper Quarry to play lawn games, listen to music, and make hotdogs and s'mores over the bonfire. Don't forget to bring your bug spray! Feel free to bring your frisbees and hit the frolf course before or after.

WEDNESDAY, JUNE 19 6-7:30PM TRANSPORTATION \$4

\$10



<u>JULY 24, 11AM-5:30PM</u> \$30 PARTICIPANT \$30 STAFF

*PLEASE ARRIVE BETWEEN 10:30-10:45AM AT RED WING HIGH SCHOOL FOR THE BUS

July 24: Saints Game!

Take us out to the ball game! Join us on a trip to CHS Feild to watch the Saint Paul Saints take on the Omaha Storm Chasers! We will have reserved infield seats in section 114 near third base. The bus will leave from the Red Wing High School near Door 40 at 11:00am sharp. Please arrive between 10:30-10:45am to get checked in and prepare to board the bus. The game will run from 1:07pm to approximately 4:00pm. We should return to Red Wing around 5:30pm. The trip cost includes your ticket and the bus ride. CHS Feild is a cashless stadium so please plan accordingly if you plan to buy snacks. There are ATMs onsite and cash can be exchanged for Saints bucks at the ticket window or at fan services. Bags are allowed along with bottled water but no other outside beverages or food are allowed.

TRANSPORTATION TO RWHS



August 7: Waterpark Party

We're going to soak up some sun at the Red Wing Water Park. Noah and his staff are going to give us the VIP treatment and we will have the water park to ourselves from 6:15-7:30pm. We will also enjoy a sweet treat in the form of a Dilly Bar from DQ. Please let us know what flavor you would like when registering. The Red Wing Water Park has a zero depth entry so fun can be had by all even if it's just getting your toes wet! Wear your suit and pack your towl we will see you there! Staff must accompany their clients in the water.

WEDNESDAY, AUGUST 7 6:15-7:30PM \$11 PARTICIPANT \$11 STAFF

TRANSPORTATION \$4

6

REGISTRATION South Country Discounts Available Participants may be eligible for a discount on all classes in this catalog!

You must include the ID number at the time of registration. We will then send you an invoice with the adjusted total.

Start Date	Class Name	Participant	Transport	Staff	Participant Information
March	า				NAME:PHONE:
3/4	Bowling	\$6	\$4		ADDRESS:
3/13	Pi Day Cooking	\$6	\$4		PRIVATE ADDRESS GROUP HOME:
3/18	Bingo	\$6	\$4		STAFF/GROUP HOME CONTACT:
April					PARENT/GUARDIAN CONTACT:
4/1	Bowling	\$6	\$4		EMERGENCY CONTACT:
4/10	Pizza & A Movie	\$7	\$4	\$7	Payment Options
4/15	Bingo	\$6	\$4		PARTICIPANT TOTAL \$
4/29	May Day Craft	\$6	\$4		
May					PAYMENT CASH
5/8	Brunch Bake	\$6	\$4		CHECK NUMBER:
5/13	Bowling	\$6	\$4		SOUTH COUNTRY #:
5/20	Bingo	\$6	\$4		WE WILL SEND YOU AN ADJUSTED INVOICE AT A LATER DATE DISCOVER MASTERCARD VISA
5/24	Aces Game	\$6	\$4		CARD #:
5/27	Trails and Treats	\$6	\$4		EXP. DATE:
Sumr	ner Events				SIGNATURE:
6/19	Summer Cookout	\$10	\$4		CARD HOLDER'S PRINTED NAME:
7/24	Saints Trip	\$30	\$4	\$30	INVOICE GUARDIAN
Ω / I	Water Park Party	\$11	\$4	\$11	ADDRESS:
Dance	es				PHONE:
3/27	Leprechaun's Jig Dance	\$7	\$4		STAFF TOTAL \$
4/24	Prom - Dinner & Dance	\$12	\$4	\$12	PAID BY PARTICIPANT PAID BY HOUSE/AGENCY CASH CHECK
4/24	Prom - Dance Only	\$7	\$4		CREDIT CARD

How to Register



BY MAIL: 2451 EAGLE RIDGE DRIVE, RED WING, MN 55066 ATTN: COMMUNITY EDUCATION



BY PHONE: 651-385-4565



IN PERSON: 2451 EAGLE RIDGE DRIVE, RED WING, MN 55066 ENTER THROUGH DOOR 10A

AIM TO ACHIEVE PROGRAM INFORMATION

REGISTRATION AND GUIDELINES FOR PARTICIPATION

WE ENCOURAGE YOU TO ENROLL IN THE CLASSES OF YOUR CHOICE. TO REGISTER, FILL OUT THE REGISTRATION FORM INCLUDED WITH THIS FLIER OR CALL 651-385-4565. REFUNDS WILL BE GIVEN ONLY FOR CANCELLATIONS RECEIVED TWO DAYS BEFORE A SCHEDULED CLASS. PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES, ACTIVITIES AND TRIPS. WALK-INS WILL BE ACCEPTED FOR DANCE AND BINGO CLASSES ONLY, BUT PAYMENTS AND RESERVATIONS ARE APPRECIATED. PARTICIPANTS MUST BE ACCOMPANIED TO THE CLASSROOM. THE INSTRUCTOR OR STAFF WILL BE IN THE CLASSROOM NO EARLIER THAN 15 MINUTES PRIOR TO CLASS.

TRANSPORTATION

WHEN POSSIBLE, WE WILL PROVIDE TRANSPORTATION FOR PARTICIPANTS LIVING IN DOWNTOWN RED WING TO AND FROM CLASSES.

TRANSPORTATION AVAILABILITY IS LIMITED AND IS FOR INDIVIDUALS LIVING INDEPENDENTLY WITHOUT MEANS OF TRANSPORTATION.

PLEASE REQUEST TRANSPORTATION AT LEAST ONE WEEK BEFORE CLASS BEGINS BY INDICATING ON THE REGISTRATION FORM OR CALLING 651-385-4565.

PARTICIPANT ASSISTANT REQUIREMENTS

ANY PARTICIPANT THAT REQUIRES ASSISTANCE WITH THEIR PERSONAL, PHYSICAL AND BEHAVIORAL NEEDS MUST PROVIDE THEIR OWN STAFF OR ASSISTANTS. AIM TO ACHIEVE INSTRUCTORS ARE THERE TO INSTRUCT AND PROVIDE A FUN AND POSITIVE EXPERIENCE FOR ALL PARTICIPANTS. WE ARE UNABLE TO PROVIDE ONE-ON-ONE INDIVIDUAL PERSONAL, PHYSICAL OR BEHAVIORAL ASSISTANCE TO PARTICIPANTS.

PHOTO POLICY

THERE ARE OCCASIONS WHEN REPRESENTATIVES OF DISTRICT #256 AND/OR MEDIA PHOTOGRAPH OR VIDEOTAPE STUDENTS WHILE IN THE PROGRAM OR ATTENDING/PARTICIPATING IN SCHOOL DISTRICT/AIM TO ACHIEVE SPONSORED FUNCTIONS. PARTICIPANTS/STAFF NOT WANTING TO BE IDENTIFIED IN PHOTOGRAPHS, VIDEOTAPE OR THE COMMUNITY EDUCATION AND RECREATION BROCHURES SHOULD NOTIFY. IN WRITING, THE COMMUNITY EDUCATION AND RECREATION OFFICE.

SCHOOL RULES

ALL AIM TO ACHIEVE CLASSES AND ACTIVITIES ARE SCHOOL-SPONSORED; THEREFORE THERE IS ABSOLUTELY NO SMOKING, ALCOHOL, OR DRUG USE PERMITTED DURING ANY AIM TO ACHIEVE CLASSES OR ACTIVITIES. THIS APPLIES TO PARTICIPANTS, STAFF/ASSISTANTS, FAMILY MEMBERS. AND DRIVERS.

SOUTH COUNTRY HEALTH ALLIANCE INSURANCE

IF YOU ARE A CURRENT SOUTH COUNTRY MEMBER, THEY WILL PAY UP TO \$15 PER CLASS WITH A LIMIT OF FIVE CLASSES PER YEAR. IF YOU'D LIKE TO USE YOUR AVAILABLE FUNDS TO PAY FOR CLASSES. PLEASE INCLUDE MEMBERSHIP NUMBER WHEN REGISTERING.

PROGRAM FEE TUITION ASSISTANCE

IF YOU ARE HAVING DIFFICULTY FITTING PROGRAM FEES INTO YOUR BUDGET, CONTACT MADELINE DUBOIS-CLINTON AT 651-385-4523 TO FIND OUT IF YOU QUALIFY FOR TUITION ASSISTANCE. PLEASE INDICATE WHEN REGISTERING IF YOU ARE IN NEED OF TUITION ASSISTANCE.

CANCELLATION OF CLASS DUE TO WEATHER

AIM TO ACHIEVE CLASSES ARE AUTOMATICALLY CANCELED ON DAYS WHEN RED WING SCHOOL DISTRICT #256 BUILDINGS DO NOT OPEN OR CLOSE EARLY DUE TO INCLEMENT WEATHER OR FOR OTHER UNFORESEEN CIRCUMSTANCES. IN THE EVENT OF A LATE START, CLASS WILL BE HELD AT ITS NORMAL TIME. WE WILL BE CONTACTING THE PHONE NUMBER LISTED ON THE REGISTRATION FORM WITH ANY CHANGES TO ANY CLASSES. PLEASE MAKE SURE ALL CONTACT INFORMATION IS COMPLETE AND UP-TO-DATE AT THE TIME OF REGISTRATION.

HOW CAN YOU SUPPORT AIM TO ACHIEVE CONTINUED...

VOLUNTEER OPPORTUNITIES

AIM TO ACHIEVE WOULD LIKE TO INVITE YOU TO SHARE YOUR TIME AND TALENTS AS A VOLUNTEER. YOUR COMMITMENT AND SUPPORT WILL ALLOW INDIVIDUALS WITH DISABILITIES TO EXPAND THEIR LEISURE AND EDUCATIONAL INTERESTS THROUGH PARTICIPATION IN COMMUNITY EDUCATION CLASSES. IF YOU ARE INTERESTED, PLEASE CONTACT MADELINE DUBOIS-CLINTON AT 651-385-4523 OR MDUBOIS-CLINTON@RWPS.ORG

SUPPLIES AND MATERIALS DONATION

TO HELP KEEP OUR FEES LOW WE LOVE DONATIONS FOR CLASSES! SOME OF OUR MOST COMMONLY USED ITEMS ARE: DISPOSABLE 120Z CUPS AND BOWLS, BINGO PRIZES, INDIVIDUALLY WRAPPED SNACKS, LITERS OF POP, CANDY, SUNSCREEN, STUFFED ANIMALS, CRAFT SUPPLIES, ETC.

FINANCIAL DONATION

MANY OF OUR PARTICIPANTS HAVE FINANCIAL BARRIERS. YOUR FINANCIAL GIFT CAN BE ALLOCATED TO HELP PROVIDE SCHOLARSHIP DOLLARS TO INDIVIDUALS IN NEED. YOU COULD ALSO INDICATE IF YOU WOULD LIKE YOUR GIFT TO BE USED TO OFFSET CLASS COSTS TO KEEP OUR FEES LOW. WE MUST REPORT ALL DONATIONS THAT WE RECEIVE, PLEASE INDICATE IF YOU WOULD LIKE TO REMAIN ANONYMOUS AT THE TIME OF YOUR DONATION. ALL DONATIONS CAN BE BROUGHT TO THE COMMUNITY EDUCATION OFFICE.

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
BOWLING 4-5PM BIERSTUBE	5	6	7	8
11	12	13 PI DAY COOKING 6-8PM RWHS- K102	14	15
BINGO 6-7:15PM RWHS- CAFETERIA	19	20	21	22
25	26	27 LEPRECHAUN JIG DANCE 6-8PM RWHS- CAFETERIA	28	29

APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BOWLING 4-5PM BIERSTUBE	2	3	4	5
8	9	PIZZA & A PICTURE SHOW 5:20-8:00PM RWHS- CAFETERIA	11	12
BINGO 6-7:15PM RWHS- CAFETERIA	16	17	18	19
22	23	24 PROM DINNER AND DANCE 5:10-8PM DANCE ONLY 6-8PM RWHS- CAFETERIA	25	26
29 MAY DAY CRAFT 6-7:30PM RWHS- CAFETERIA	30			

MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	BRUNCH BAKE 6-8PM RWHS- K102	9	10
BOWLING 4-5PM BIERSTUBE	14	15	16	17
BINGO 6-7:15PM RWHS- CAFETERIA	21	22	23	24 ACES GAME 7:30-9:30PM OR GAME END RED WING ATHLETIC FIELD
27 TRAILS AND TREATS 6-8PM CVT - NEAR MCD'S	28	29	30	31

4			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10	11	12	13	14
17	18	19 COOKOUT 6-7:30PM MEMORIAL UPPER QUARRY		21
2 4	25	26	27	28

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24 SAINTS GAME 11:00AM-5:30PM MEET AT RWHS	3	26
29	30	31		

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				2
5	6	7WATER PARK PARTY 6:15-7:30PM RED WING WATERPARK	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30