



DCSAA STATE ADOPTED PITCHING LIMITATIONS

*(Penalty for violation – forfeit game in which illegal pitcher was used):


- a. The pitching limitations rule is in continuous effect between the regular season and playoffs.
- b. All contests, including suspended games, shall use current pitching limitations.
- c. It is the responsibility of the coach to have all pitchers, with their pitching limitations, listed on the lineup cards presented to the umpire and opposing coach at the beginning of the game. If they are not listed on the score card as a pitcher they will not be allowed to pitch in that game.
- d. All pitchers who are on “Rest Day” Limitations must be listed on the lineup card with the days of rest required that match the Pitch Log Book for that player.
- e. The calendar rest begins on the day following the date on which the game began or a resumed game began regardless of the conclusion time of the game.
- f. The pitch count is based on pitches thrown for strikes (including all foul balls); balls; balls in play and outs.
- g. A pitcher at any level who reaches the daily pitch maximum limit in the middle of an at-bat will be allowed to finish that hitter.
- h. Warm-up pitches allowed before each inning, warm up pitches allowed by the umpire in case of injury or game delay, and plays attempted against the batter-runner or any runner at first, second or third base do not count against the limit.
- i. All NFHS Substitution and Pitching Rules must be followed.
- j. The Pitch Count Log of both teams from prior contests is to be presented to the opposing coach BEFORE the game for review.
- k. During the game, pitch counts will be recorded by an official Designated Pitch Count Recorder (DPCR) supplied by the home team. The visiting team has the option of providing an additional DPCR to sit with the official DPCR to assist in pitch count recording. Any discrepancy shall be settled by the DPCR and coaches without umpire involvement and that record shall be considered final.
- l. The DCSAA will supply a neutral DPCR for State Semifinal and State Championship contests.
- m. At game’s conclusion, the DCSAA Pitch Count Log Form will be signed by both head coaches or designated representatives and the Umpire.
- n. Both schools have the responsibility to maintain every Pitching Count Log Form for each game until the school season is complete.
- o. Any discrepancy found during/after the game will be reported to the local school system for review.
- p. A hard copy must be available upon Local School System or DCSAA request at any point during and following the season.



DAILY LIMITATION

The limit on the number of pitches is based on the level of pitching. Specific rest periods are in place when a pitcher reaches a threshold of pitches delivered in a day. The rest periods required during the regular and postseason are listed in the table that follows.

DCSAA PITCH COUNT LIMITS AND REST REQUIREMENTS

	(Pitches in Game)	Required Days Rest (Pitches)					
	Daily Max	0 Days	1 Day	2 Days	3 Days	4 Days	
	125	1-25	26-50	51-75	76-100	101-125	
Sample Pitch Log - Rest Day							
Pitch Count	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	
1-25*	Pitched	Pitched	Rest	Rest	Pitched	Pitched	
26-50	Pitched	Rest	Pitched	Rest	Pitched	Rest	
51-75	Pitched	Rest	Rest	Pitched	Rest	Rest	
76-100	Pitched	Rest	Rest	Rest	Pitched	Rest	
101-125	Pitched	Rest	Rest	Rest	Rest	Pitched	
<p>*If a Pitcher throws his Max Pitch Allotment on consecutive days they will be required to “Rest” two consecutive days before their next appearance. (Example: Day One 25, Day Two 25 = Two Days Rest).</p> <p>If a pitcher reaches any level of the Max Pitch Allotment during an at bat, they will be able to complete that batter and maintain that Max Allotment regardless of the final pitch count for that batter, if they are removed following that at bat.</p>							